

# VERONICA

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**SEPTEMBER 22, 1994**

**FEAR**

Volcano, Hawaii - #14

My dear beloved friends,

I bestow my love and warmest affection to all who receive my messages, and give you my continual reassurance to inspire confidence in all your endeavors. Fear is a many-faceted antagonist whose illusory essence needlessly squanders energy better used for positive purpose.

Distressful worry obscures truth and renders you incapable of selflessly serving the Source of your divine inspiration. Insecurities are a natural outgrowth of fear that negatively influences all your actions and strains your ability to generate love and acquire inner fulfillment.

You can begin to recognize your fears by identifying the escape mechanisms that surface repeatedly in your time spent in avoidance. Procrastination is often a symptom of subtle fear that stifles clarity of perception that keeps your sources of anxiety veiled from your recognition. It takes a great deal of courage to confront insecurity because you often perceive a loss of safety; however, focusing on the Father's love in these times of imagined threat will provide you with undaunted bravery in combating these fabricated demons of your thoughts.

Seize opportunities to face your uneasiness when you feel most nourished by the Father, and you will learn to eradicate these conjured thorns that forestall your proficiency in becoming more like Him. You are the creator of your fears and conflict, and you can choose to formulate eloquent and loving substitutes to renew your energy and reinforce your zeal for higher aspirations.

I assure you that my love will shower you with intensity in all your conquering attempts and assist you in recognizing the beauty of every present moment.