

VERONICA

DECEMBER 20, 1994

LIGHTEN UP

Volcano, Hawaii - #45

Verbal transmission: Arlene, Kimo, Pati, Paul, Sonny, Woody

Loving cultivators of joy - this is Veronica,

Think of every moment as a new beginning and integrate the element of lightness in every aspect of your life. Focus your lens of creativity and maintain the inner calm that will direct you toward divine imagination. You are the creators of your thoughts, beliefs and choices so remember to create them from a center of love.

Many mortals create resolutions at this annual cycle of time, but they erroneously resolve in deprivation, self-castigation, and rigidity. Create your visions of renewal with joy, happiness, growth, kindness, harmony, and infinite possibilities. Renew your childhood with the loving Father Fragment that lives in your heart, and your spirit will blossom with delight and enthusiasm as you create new ways of expressing His love. Attune your imaginative abilities with inner peace and this will inspire you with divine beauty and hope.

Although this message is not new, it is my hope that you will grow in joyful wonder and spirit light as you realize your eternal purpose. Thank you for this loving access to your hearts and minds. Good evening and Merry Christmas.