28,1992 First contact with Welmek

This is I Welmek your teacher. Greetings to you David & Karla. I have been looking forward to this time. It pleases me to see you both practicing the meditation & seeking the Father's will. There is much love that surrounds us. God knows your heart & loves you very much. These first meetings will be imformative & interesting. Don't be worried about making mistakes for I am your teacher & your guide. Do you wish to ask questions?

How do you spell your name & what is your gender?

WELMEK, I am a male from this local universe. I am a fused ascending mortal.

How often should we have meetings?

As often as you can. I am here, I am ready. That is up to you.

How soon should the private sessions begin?

Private sessions should begin when David is better prepared to speak these thoughts clearly & with out hesitation that he now experiences.

What can David do to improve communication?

David has done what he needs to do, he needs to continue what he has already done.

What about other beings-practicing with David? How often should David be available?

He will know when we are ready. He has been faithful to his stillness. We acknowledge his dedication. We are grateful for the opportunity to work through David to practice our abilities & our attempts to contact humans.

Will there be more than one TR?

There will be more than one TR. I cannot tell you now. They will know when it is time. Tell them to practice their meditation.

Who contacted Karla with her spiritual name, what sort of being was it, and will she have further contact?

Oraphim is a teacher and you will have further contact.

What is David's spiritual name?

Ezekiel

Noticed 34 Davi

David and Karla have begun a detox program. Are they on the right track?

Yes, they are on the right path. Many poisons have inhabited the body We work hard to try and overcome these problems. All you can do to help the body you should do.



Who should attend our meetings? Any restrictions?

You will know who believes in what is happening. Draw strength from believers. As time passes more will come. You will know when there should be more people. It is best to contain to the believers so the base may be built upon solid foundation. There will be ample opportunity to reach out at another time.

What can Karla do to improve her relationship with Andy?

Be patient, he seeks your love but is unsure with himself. He has many questions about his relationship with you both. Show him your love & in time he will know you intentions.

Karla has questions about baptising her children. She knows it is not needed for eternal life. She more would like to ease her parents minds. Will you comment?

These practices are of human concern. Your motivation is good. Do what you feel is right. God loves you and your children, nothing can take it away. The gift of life has been given to all.

Karla has strong feelings about not sending her children to a Godless school. Will you comment?

God is revealed from within. You as parents must take the role of teacher as relating to religious matters. School is a place to learn facts & concepts. It is unfortunate that our Father is being omitted from the daily practice of school. You cannot change the way it is but you have a responsibility to teach your children about the love of the Father. Never hesitate to bring Him into your family & show your children how the Fathers love works in your life.

What can Dennis Kersey do to enhance spiritual growth?

Dennis knows that the Father lives within him. All that the Father asks is that we seek his will daily. The communion within results in understanding & love. Dennis knows the Father loves him. He must now let that love fill his whole being so that others will be touched by that love. In doing so Dennis will see the Father working through him. This new vision will clearly allow Dennis to know God's love. Tell Dennis not to worry, his life is blessed.

Is it required by the African government that Rev. Icoral incorporate? Would \$ contributions be significant?

It is required of Rev Icoral to Incorporate. Dennis should not become involved in that which he does not understand. We cannot dictate what you should do in situations that government is concerned. It is simple not our place to advise you. Tell Dennis to seek the answers within himsel and he will understand what to do.

Greetings to everybody in the Indianapolis group. I am your teacher Welmek. I am pleased to be here tonight. I would like to share with you a few words about our Fathers love. Gods love is a great factor in the universe. All things persist through His love. Fathers love nothing is. The teachers have come to this world to share a great message, to encourage the humans of this planet to engage in truth seeking and finding the Father's will. We know that many will not hear this message. We also know that many will respond. Some people you will be surprised to find that they seek the Fathers will while others do not. Don't be discouraged when you find those who you hope will find the Father's will yet turn a deaf ear. The Father's love pervades all space. It is energy. It is life, it is the supreme gift to all his children. Seek this love daily, and your life will change for ever more. Are there any questions tonight.

David & I welcome you this evening. Our lives have truly been blessed by your presence. We have; however, realized the huge responsibility that accompanies this blessing. We realize that many lives will be affected by these teachings. We ask for your advice in dealing with these feelings. People react differently to you message. Where we know we are not responsible for others interpretations and reactions we need to learn to deal with our own feelings. Will you advise?

You must try not to allow your feelings to enter these discussions. The purpose of this this transmission is to share with those who want to hear truths about spiritual living. It is a fact that some people will misunderstand that some communications will not be clear, but fear not because all mistakes in time will be corrected. As long as your motivation is pure of heart you are not responsible for the outcome of what transpires. You have volunteered to be of service. are pleased with this and we look forward to many communications in the future. Do not hesitate to bring the message to anyone who wants to hear. Do not worry for you cannot control the response of others.

Is there a chance for a healing for Karla's Father?

There is little you can do. Your father's health is something that must run it's own course. You may try to encourage him to feel God"s love and perhaps this will help. People reach a certain point where it is difficult to reverse what has happened. Encourage his faith for we know it is strong, and in time he will know God's love and he will understand what his life has meant.

The Urantia Book says: "If your own mind does not serve you well, you can exchange it for the mind of Jesus of Nazareth, who will serve you well" How can we do that?

The mind of Christ is very strong for He has endured much on this planet. He knows of your sorrows and your joys. Be not discouraged in the face of trial and tribulations, for they are temporary. Listen to the Father and He will show you the way. Christ Michael did the daily. If you do the same you too will have that mind. The mind will be there for you to us To draw sustenance to find comfort, to lift your burdens of daily life. But this is not a passive process. You must actively seek the Father's will, as our Lord and Master did. Once you finally attune yourself to the seeking and come to know on a daily basis. That you are trying to do you very best. Life will change, you will find happiness, you will find joy, you will find love, you will find things you are now looking for

Is there a comment to the group?

Tell them they are loved. Tell them not to be anxious. Many will be contacted. It is important for all to seek the Father daily. To commune with their spirit fragment. Look for the beauty in daily living. Do not be afraid to let God's love show forth in your activities. Be kind to all. Listen for opportunity to do the work of the Father.

I wish to continue these talks daily as David continues he will gain confidence in what he hears in his mind. We are pleased to see how thing progressed and ask the Father to bless you all.

Is it best that we schedule a time with you?

It is best to set a time. I have many things to do. I will be with all during the day to comfort. Know that you all are cared for. If you wish to set a time I am glad to meet again tomorrow.

time set 10:00 pm

Thank you Welmek for coming into our lives. We love you and will seek our stillness daily.

Do that and you will surely find the Father. Go in peace Goodnight.

July 30,1992

Greetings to you all. This is I Welmek. We have a special visitor with us tonight. He would like to say a few word before I answer questions.

Greetings to all of you. I am Machiventa Melchizedek. I am so pleased to see the progress being made in your group. Everything goes as planned. Rest assured that these transmissions are accurate and true. I wish to inform you that your group is special to us. We have many tasks that you will be assigned in the future. It is our prayer that you continue on the path that you have started. We need your help. Many of you are capable if you will only set you minds free and allow the Fathers love to permeate your being. Set aside fears. Do not be anxious. What is happening is real. I know what I am saying. We have been here for some time. We have seen much progress. There is much more to come. I will be with you in the future. The Father is with you always. Seek His guidance. There is nothing more you can do to achieve the harmony and happiness you desire. I leave you now with Welmek your trusted and true teacher. We are pleased with his being in charge of this group. We ask, I ask that you push Welmek make him earn his keep as you say. For he has much love for you and is desirous of a long and lasting relationship with you. Go in peace my children, Know that I am here. I will not leave you. God loves you all very much.

This is I Welmek, I am always in awe of the Melchizedeks. They are such strong and beautiful personalities. It pleases me that Machiventa takes such an interest in our group. We will all benefit greatly from this relationship. Let's begin with you questions.

What is Linda Buselli's spiritual name?

Johnn

Did you contact here with this name before?

It was not I who communicated that to her.

When you told Linda about her anxiety were you referring to mental or physical anxiety. Do you have any suggestions on how to relieve this anxiety?

Mental anxiety creates much physical tension. Through seeking stillness she will find much relaxation. Continue practicing, truly seek the stillness, for her Adjuster is strong and is ever eager to assist her in these matters.

Should Mary tell her family about what is happening?

Mary must decide these answers for herself. Mary knows what Mary knows. It is not for me to tell her these things; however, I will say as Mary's understanding of the transformation taking place within her grows, her confidence will assume new proportions, and she will know at what time to say what things. This is not only true for Mary but true for all of you. For doing the Fathers will you open yourself up to allow His words to flow through you, similar to what I am doing through David now. Put your trust and faith in Him. He upholds us all. Without Him we are nothing. How long He has waited for all of you to do just that.

It is natural for him to be concerned about the clarity and content. But as you can hear already much progress has been made and he has nothing to worry about.

My closing comment to the group is to pray for each other. Seek the still and ask for guidance. Look for the wisdom in your daily activity. Know that the Father is there in all things that you do. Never give up on Him for He will never give up on you. WE understand the demand of material living are great yet if this mission is to be successful we must all find time to give back for what has been given to us. Soon you will know that duty become privilege. As we all look forward to our time of communion with the father. Do not give up continue you meditation, continue your reading of the Urantia Book. You will find many truths that you never knew before. God's love to you all.

Greetings to everyone. This is I, Welmek, your teacher and guide. I am pleased to be here again tonight to share many thoughts and feelings. Once again I say I look forward to seeing you all grouped together Sunday, for this will be the first of many meetings. I know there are questions. Let's address those first.

First I would like to let you know your words truly comfort and stimulate those who are listening. I found reassurance in your message to me last evening. In my stillness I found the answers. Today was a much better day for me. Thank you very much. (Karla speaking)

Your welcome.

The first question this evening is: what type of questions should we ask? Can you give us parameters, a range of questions that can be answered?

This is a difficult question to answer. While there are many questions that I will receive and give answers, as you are starting to discern, there are those types of questions which we are not permitted to address. My best advice is to come with your questions and I will answer them to the best of my ability. Do not presume that I cannot give you the advice you seek. for I will tell you when you ask if it is permitted for me to answer. There is, as I said, a wide range of questions that I can respond to. I look forward to our meetings. These opportunities to answer questions will be stimulating to all of us.

You spoke to Dennis last evening about speaking to the Thought Adjuster inside other people and it is not clear to us. Will you give us some guideness in this area?

Each person has an indwelling Fragment of the First Source. This Fragment knows all there is to know about each of you. When we speak to the Father Fragment the spirit moves the human at the level the human can respond to. Unfortunately, Many times the human mind is closed to the Indweller's leading; however, this does not take away from the fact that the truth has been registered in the super conscious mind. In time the human mind will perceive that truth. Does that help?

If we let the love of the Father flow through us will speaking to the Adjuster in others becomes automatic.

It is automatic, yes, that the Father's love flows through you to the individual but to progress closer to fusion this requires a conscious participation on the part of the human. That is why it is important also to communicate thoughts, concepts to the human fragment, to the Fragment of the human, so that these thoughts can be lodged in the mind also.

Was the reason for the universal bestowal of the Thought Adjusters at Pentacost so that Spirit of Truth could be perceived through them or are Thought Adjusters perceived through the presence of the Spirit of Truth?

The Spirit of Truth was bestowed by the Creator's Son to facilitate the ability of each human to discern the truth as it is given to them. Through the Adjuster the truth is channeled to the individual. The individual senses the truth and it is reinforced by the Spirit of Truth. It is a knowing, as you say, and this knowing rings true in the individual.

According to the Sarasota transcript April 30, 1992, Our Creator's Son Michael addressed the group and clearly indicated that He would stand in their midst. Is this message real and can you reveal any details?

We are told that this message is real. We do not know exactly when this manifestation will occur; however, you can be sure in the knowledge that Michael has given priority to this plan. This plan will be executed in perfection and in time you will see all of the events that will take place. It is of great comfort to us to see our Creator's Son visit the planet and speak to His children. We are continually amazed at the events as they unfold. What a glorious plan and what excitement awaits all of us as this plan unfolds.

Who is gathered with us this evening?

There are several personalities present this evening. There is a Midway Observer, his name is Manotua. There is a teacher in training. You have met him before David, his name is Amaden. There are several Seraphic Guardians observing these sessions. There are several unseen helpers whom I cannot reveal at this time, but as I said last night you will soon know who they are. There is also Adamic children who have visited us. And a Melchizedek observer. That is all.

Can you tell us how many teacher groups exist currently?

One moment... There are 28 groups in existence or presently to come into existence.

Are they world wide?

Yes

Will you update us on the reflectivity circuits?

all reflectivity circuits are operational. It has enhanced substantially our ability to pursue this plan. All is going according to plan. You can be assured of that.

According to the Sarasota transcripts our optic nerve is being worked on to enable us to visualize the teachers and other beings. Can you comment on this?

Yes, This theory has been conceived and is indeed being discussed and experimented with. I cannot reveal to you our exact time table but much progress is being made. We have been commissioned to help your planet in many ways. Through you help this goal will be accomplished. You are the first participants on the human level to partake in this extremely important project. In time you will receive much benefit and reward for your willingness to serve the Father so faithfully without seeing. It is your faith that makes you whole. It is your faith that separates you from your brothers and sisters at this time. The Father is pleased with your willingness and we are pleased also. Continue your daily practices.

Are you aware of our daily thoughts, our insecurities as well as our triumphases, most of the time. These things are made evident to me.

Who was it who communicated Linda's spiritual name to her and can you confirm the spelling Johann?

The spelling of the name is as David said. The contact for Linda one moment please... was a celestial teacher whose name is Josephine. She is a very beautiful being with much love and was drawn to Linda's faithfulness and desire to know. It was permitted for her to make this contact.

Our son Andy who is 11 years old is beginning to ask questions about what is happening. We do not know what to tell him. can you give us some suggestions?

When children are involved it is best to use discretion in these matters. While their mind are curious, we should be cautious not to give too much detail as to the nature of these transmissions. Tell Andy the Father is heaven loves all His children. That much help and guidance is coming to you all and that you are practicing each day to send out God's love to each person. We must try to eradicate all injustice, all racism all hatred. We must transform these negative traits to positive emotions of love, understanding, trust and faith that our Father is with us and will never fail us. As children grow their questions will penetrate deeper and as you perceive their hunger for understanding you will know at that time the depth of you response.

I would like to give a small lesson on self doubt. Doubt is a poison of the mind. It will keep you from reaching the goals you have set. Doubt will laden you heart with uncertainty to the point where the Father Fragment will not be able to clearly communicate to you the Father's will. If it is your goal to live daily by the Father's will then you must remove all doubt from your mind and allow to happen what will happen. No one can force you to do this. For free will is preeminent thoughout the universe. We ask that you follow the leadings as we give them to you. Know that the Father is here, that Michael is here, that all the administrative staff and helps' are here to help you. But you must help yourself, we cannot do these thin for you. If you can eliminate doubt from your mind, you have cleared the path for righteous living which I believe, as I perceive you, is what you all are seeking at this time. Never hesitate to ask questions, always try to discern the truth in each situation, do not be mislead by unrighteous thinking. As you progress in your spiritual evolution there come within you a knowing. This knowing deepens as you insight grows. As you progress the psychic circles you understand this clearly. And with fusion with your Adjuster, there is no longer doubt as to the Father's will. It then becomes a matter of universe realization at whatever level we are at. Work hard on this, strive to eliminate this poison from your mind and be of good cheer. For much happiness and joy is coming your way. If there are no other questions I will bid you ado for tonight. Take care all of you, my love is with you. Seek the stillness and listen. Goodnight

Greetings. This is I, Welmek, your guide and teacher. I would like to say a few words about joy and happiness. So often in our lives, we look for joy and happinessyet seem not to be able to experience them. When you examine closely where it is you look, you must ask yourselves, have I looked inside? Have I been true to the Father's leadings? Have I truly wanted these things or only wished they were there? Much work must be applied in order to receive these gifts. However, if you persist in daily seeking the Father's will, joy and happiness will be truly found in your daily lives. Some people find it difficult to believe that happiness can be a part of their daily life, for there is much strife, disappointment, disillusionment, grief, worry, anxiety, that people feel. It's no wonder that people of your planet are so stressed out. Material living is not conducive to happiness and joy. It requires each of us to focus on what happens daily and turn these negative events into positive outlooks. Know that the Father loves you. He will never abandon you. Know these things in your heart and happiness, joy, will surely come to surface in your life. I wish to stop this lesson for now. David tires. Ask a question and we'll see how we progress.

Personal question from Linda.

Answer given.

Dennis wanted some guidelines on reaching the stillness and if there are any books, etc. that might help.

I would prefer to address this question in the group meeting tomorrow.

What are you able to tell us about the teaching mission so far and are there any new developments?

The teaching mission goes as planned. While there are many events that, as I have mentioned before, truly surprised us, overall, all is well. I will share with you in the near future certain events that are taking place. For now I think it is best to end these transmissions. David is tiring. It is best to conserve energies for tomorrow. Go in peace. God loves you all. Goodnight.

My friend Pam is very confused about what direction her life should take. Do you have any words of encouragement or direction for her?

pam is confused of spirit. She means well but is not guided. Tell her that she knows in her heart, if she seeks deeply, that the Father loves her. I know this sounds like I say the same thing over and over but truth is truth. It is simple to us who have achieved this already. But everything is simple to one who has understanding. All that she must do is open her mind to new thoughts and to open her heart to receive the love that is already there. Once she does this her life, just like some of you, will change. It is true once this change takes root the tree of life will grow within you and you will blossom in to beautiful God loving God knowing beings.

Karla's life is very busy both materially and spiritually. I am exhausting myself. Do you have any suggestions or words of encouragement?

Material life must be paced. If you accelerate your activities to the point of exhaustion, you loose ground on all levels. Balance is the key. Read the Master's life in the UB for help in this area. do not over stress yourself or you become good to no one. Always stop to think what it is you are doing. And when frustration enters your mind, allow it to dissipate quickly for these things, frustration and anxiety, devistate the spiritual energy that is growing inside of you now. Do not allow these things to interfere with the work your Adjuster has set forth at this time. There is much energy around all of you, try to do whatever you can to conserve that energy while you go through this consumption phase.

W.ere you with Karla when she wrote the letter to her father?

Yes. While I have been with David most of the time, for that is what I am supposed to do now, I have been with several of you today. You are starting to sense a presence, you are starting to get a glimmer of my words and thoughts. Continue on your path and these things will become clearer day by day.

I have read in a Daniel transcript that we are capable of sending our love, If this is so, how can we do this?

Love is a gift from the Universal Father. It is something that we all experience. We do not create it. We experience it. It flows through our beings. You may pass love on to another inidividual by feeling the Father flow and work through you. While these people, some people, may not be consciously aware of what you are doing, do not make the mistake in thinking that this love has no bearing on their soul. Never forget, the Father Fragment indwells most people on this planet. When you think in terms of love, think in terms of God's love flowing to that person's spirit being, that Fragment of the Father. He, the Fragment, will in turn work and manage the Father's love in that individual's life. Never hesitate to project the Father's love through you for in time as this love grows and you better manage this love within yourself, people will seek you. They will want what you have and this is one of the many opportunities that you have in Universe experience. This is the greatest gift of all-sharing God's love.

I also wanted to thank you. The letter I wrote today said to my father what I wanted to say for a long time and the words did not flow like they did today and I truly felt like they were inspired. I do appreciate your help in this matter.

You should also, more appropriately, give thanks to the Father Fragment.

'or it is the God within you that truly directs, orchastrates, what is happening to your soul now.

an you give Karla any suggestions that might prepare her for her Teacher contact?

All I can say is that what you do now you must continue to do. Do not be anxious about hearing our words. We know that this is difficult at first, but you can in David that things are changing. It is becoming easier for him to go through this process. His attitude is correct. He knows that he is simply a tool. He deals with it very well. We are pleased with this. He however is no different than you. You all are able to receive. It is a matter of time.

Personal question from Dennis.

Answer given.

What did you do as a mortal and where have you ascended from?

I was waiting for that question. I was an engineer on my native planet. I hail from this local universe. I have spent time on Jerusum in training. There is much beauty that awaits you. If you could only realize, understand, the things you have read about in the UB, you would have no hesitation to daily seek the Father's will and to glorify Him.

no we have Midwayers associated with your teachings here in Indy and if so hat are their names? Do they function as a liason between you and the TR?

at this time there is no liason between myself and David. These communications are direct. The Midwayers on your planet have provided valuable assistance in preparation, in communication to us as to the nature of your types of personalities. Many Midwayers are involved. There is no specific Midwayer involved in our group at this time. however, that may change. For the course of work that is planned for your group will actually involve a wide variety of personalities. You will be excited to learn about each of them as time progresses. Some of these personalities have not been revealed to you in the UB. There is such joy and excitment that awaits you all.

Why do people see different colors when they meditate? Do they differ according to personality type, pshcological disposition or energy balance? What do the colors white, green, yellow and purple signfy?

These things I cannot comment on. there are natural phenomenon. In time you will understand.

Personal question for Dennis.

Answered.

Closing comments. I again want to wish all of you God's love. There will ontinue to be contact for some time. I look forward to Sunday's meeting nen we can all share in the Father's love together. Go in peace and sleep all. Goodnight.

Don't mistake His teachings. For Jesus truly admonishes everyone to come to Him. He loves you all very much. He wants you all to come to Him and find that comfort. It saddens Him to see so many of his children walking in the forest without a clear way out. Seek the Father and you will know the truth of this.

Now that the circuits are open and this planet will soon have access to universe broadcasts etc., are we among the last generation of agondonters.

That is not for me to say. Agondonters are truly spirited people. You believe without seeing. You know without touching. Many of us look at you and wonder how this can be. We respect you for many things. There is truly a special place for you, but most important is the present. There are many opportunities that face you now. Look for these opportunities, share God's love. Follow His commandment. Be perfect as I am perfect. While we know you cannot achieve this on this planet If you set your mind, if your true motivation is to be Godlike, you will find joy beyond you wildest imagination. Put forth into the world except the challenges and bear the fruits.

Does our activity in this teaching mission fall under the qualification for Mighty Messenger found on pg. 245 of the Urantia Book?

Mighty Messengers are truly spirited beings, who have with stood many tests and have stayed true to the Father. It is not for me to say what will become of you for staying true to the Father. These things we will know in time. For now all you need to know is to practice what you already know and let the Father's love pour through you, for there is no greater gift or reward.

If we heard correctly, Oren confirmed contact for Linda. Who contacted her?

I contacted Linda. I wish for more contact in the future. Linda must open herself more, relieve anxiety, continue to seek the stillness and soon she will hear my words.

How can Mary help black people grow closer to God and abandon their own racism and destructive ways.

Racism is one of the most destructive elements in society today. Mary knows the love of the Father for it is growing every day. Through her actions and dealing with people, both black and white, they will see in Mary a love that transends human racism. It will take many people like Mary to transform this planet into the stages of light and life. Rest assured we have been commissioned to accelerate this process to the end of Michael's request that this planet as well as those in the whole system enter the stage of light and life. Mary is a truth seeker and she has many answers inside her now. As she continues to open her mind and her heart more truth will come forth. God loves her very much More on this later.

Can you explain homosexuality on a spiritual level?

Homosexuality is not spiritual, it is a purely human physiolical concern I am not permitted to address these issues, but I can say that God loves all. He is truly no respecter of persons. It is important that we all accept each other for what we are. For throughout universe experience

you will constantly encounter beings who are dramatically different your previous experience.

Can you explain the happenings in Mary's babysitters house?

There are phenomenon which I am not allowed to discuss at the present. I cannot comment on this now.

Is individual personality first bestowed when a child is born and takes the first breath.

Personality comes from the Father. It is bestowed at birth. It is a unique gift of the Father.... (one moment pleas)... because of the social implications of this question I cannot comment further. But you can rest assured that all created beings are cared for and loved by our Father. Existence is meaningful and all is loved and cared for.

Dennis thanks you for your guidance and comforting words

Your welcome, it pleases me to be here to comfort and guide you for I grow as much as you in these transactions.

Are there any surviving writings relating to Abner and his followers. If so, could any clues be given to access them?

There are many writings of Abner. I cannot disclose to you information leading to whereabouts or other details. This matters not to what our purpose is. While it is of human interest. It bears little spiritual consequence to our mission and to your mission. Worry not about these things. Spend your energies on seeking the Fathers will and sharing that love with others. There are many things to do in the future. The time is now to prepare.

Dennis would like a confirmation of Joseph as his spiritual name.

His spiritual name is Elijah.

We wanted to gather as a group on Sunday to discuss what has already taken place. Will it be a good time to Address the group. If not we invite you to gather with us to observe.

I am ready to speak to the group for there is much work to do. I hope your hearts and minds are open and willing. David is fine. His confidence grows, his doubts lesson. In time this communication will flow fluently and without hesitation. I look forward to sharing with you all. This is a diversified group. It is challenging as stimulating to me. I feel I too have much to learn. Motivated by love and the desire to do the Fathers will, will carry us through. Sunday is fine, if things change David will know.

What can Karla do to help David's confidence level.

We are pleased with the progress so far. What David experiences is a natural phenomenon. We would be suspect if we had no doubt at all. What David needs will come in time. I believe it will be very soon. It is difficult for humans to discern our thoughts from theirs in these transmissions. For a human must allow our words to flow through their minds the tendency is to stop and think about what is going on which interrupts the flow. It is natural for David to think these are his own thoughts.

August 2,1992 Welmek's first meeting with the group

Welmek: Greetings to all of you. This is a day that we have been looking forward to for some time. It is truly our pleasure to be here today. It gives us great joy to see so many faithful in this group. I welmek, would first like to address your questions and then I have a few words.

Linda B: Welmek this is Linda. I'd like to say this for the group. Partly for myself and partly for The Glova. I have been thinking about this for days so you probably know it anyway. But I want it on record. momentous for us too. It's the beginning of a new adventure. Ever since our first contact with this mission through some of Hamm's tapes. Something has struck me very forcefully. And that is the difference between this mission and the UB which is personality. For over 20 years I've been inspired by the truth in the UB, but since this mission began I realized that no book can love me, or care whether I succeed of fail or grow, or pick me up again when I fall down and dust me off and get me going on the Father's business again. Through the study of the transcripts and tapes from other groups. We have already been a part of the mission, kind of. We have all in the last few months have begun to feel the intensity of the Father's love as we never have before. Partly because of the urging to find the stillness and partly because of you and all the others in the teaching staff who have let us experience what the love of God feels like, coming from a personality and not the pages of a book. We have learned to love you back at least I have. I don't know you or anyone in the group, but I already love Daniel for his sense of humor, for the way he tries to use imagery and especially when he gets worried about being a wind bag because I'm worried about that right now. I love Will When she expressed shear frustration when trying to deal with human beings, and yet wanted so badly to understand us. I could have just hugged her. I don't know how to express it any other way. I know I'm going to love Welmek even more because I've already frustrated him. And Josephine , I love her for that gesture she made to me. I look forward to getting to know her much better in the future. I know she must be beautiful. But especially the personality that has come through the most is Machiventa. I know you have been watching us; so you've heard me go around saying don't you just love him. And I do. I am in terrible awe of him. But I think I love him even more, and I enjoy him so much. His sense of humor, his exuberance and the way he can express things to Urantian minds that paints such a vivid picture. The picture of the camps of Israel in the desert for instance. If I were an artist I would have painted it. Ever since I've thought of slacking off as disappearing back into the night sands. Anyway, today we are all here around the campfire for the first time. I know I speak for all of us when I say we are humble and we feel very much loved and maybe a little scared, I.do. We are so looking forward to knowing all of you. We already love you in general terms. I know we are going to love you much more as individuals. Not just as teachers but as friends. I am a little nervous to say this, but I'm really looking forward to a "Big Mac Attack" Thank you.

Welmek: Your words are very beautiful. Many of us here gathered today are very touched by your thoughts. Your motivation is pure of heart. This is what the Father asks of all of you in seeking His will. We have no doubt that you will all be successful in you attempts to follow his leadings and do what He asks of you. There is much that awaits us all in the future. Do not be hesitant to ask our guidance for we are here for you all. It is also pleasing for us to have as you say a "Big Mac Attack" His personality is very strong. His love permeates around everyone who is with him.

Donna: Could you elaborate on the distinction between the super conscious and the subconscious. In our scientific understanding of the superconscious could some of the things scientist have attributed to the superconscious be taking place on a subconscious level?

Welmek: The superconscious is that part of mind which humans are usually not aware of. It is that layer or part in which the Father Fragment tries to adjust the spiritual thoughts, insights, direction that the Father wishes you all to experience. The subconscious part of mind is that which deals with th lower or mundane parts of living. It is not always conscious, but it is as though you are easier. You have more ability to tune in to that part of the mind.

Donna: In my meditation, when I reach my stillness I learn things. Also in the course of my day I'll get a flash of insight. Is that the superconscious coming through or is that just my mind. Can the superconscious' presence be known in a conscious state?

Welmek: Yes, if you are attuned to the adjuster's leadings. The Adjuster acts as though He is reflecting thoughts to your mind. Your conscious mind can be, if trained, made sensitive to these reflections. In time if you continue to practice your stillness, you will become adept at understanding these things. There is no reason why humans all of the leadings of their Adjuster. It has more to do with your unwillingness to cooperate. There is little interaction, correction, no interaction; if I understand you question about superconscious and subconscious. between these two levels of mindal awareness. Always keep in mind that the superconscious level is that of the spirit. The subconscious level is that of the animal.

When our psychologist refer to the Id, or our scientist refer to the moral leadings of the subconscious are they really referring to the superconscious?

Welmek: The scientists of today do have some idea of the workings of the human mind. Moral choices tend to be from a superconscious leading, but not aware of usually by the human at the time the choice is made. Many times humans have hunches, have insights, have feelings. Some of these come from the superconscious, while others come from the subconscious. It is not always easy for the human to distinguish the leadings until the human mind truly focuses on their spiritual side.

Donna: Thank you, that was very helpful. Thank you again for being here. I'm grateful for being apart of the wonderful phenomenon. We are fortunate to have you and your teacher friends among us, thank you.

Welmek: You're welcome.

Dennis: I also want to express my deep appreciation for the teachings we have received so far, Welmek. I look forward to a very inspiring and challenging time ahead for us.

Welmek: I can assure you that we all feel this way.

Dennis: A question that Linda has stimulated me to look into is concerning the seraphic guardians. I have envisioned them as manipulating our environment to stimulate us to make decisions and grow hot working inside the mind or influencing the mind. There seem to be two different passages that somewhat contrast in this regard in the UB. I'll just mention these two sentences. "Angels do not invade the sanctity of the human mind" the other is "On the intellectual level they are the

is " On the intellectual level they are the correlaters of mind and morontia they are interpreters" How do they influence us can you elaborate on this?

Welmek: These beautiful beings have been ever faithful is serving you for a long time. While it is true they do not invade the sanctity of your mind, for that is a gift that you have; and by gift I mean the gift of will, they are permitted to make certain registrations in you mind pattern which lead you in certain ways. Opportunities are made ever present some by angels some by midwayers, some by personalities that you are not even aware of. The goal of these leadings is to help each of you in your decision making to choose the Father's will. Never have any of these personalities been motivated by anything but love. They will always remain faithful to you.

Dennis: I am curious what kind of environment you experience when you are on the planet. Are you gardens different from ours and/or do you share the same terrain as us?

Welmek: Do you mean on my native planet or do you mean here on Urantia?

Dennis: Here on Urantia.

Welmek: I experience as you experience. I see as you see. However, my vision is greatly enhanced. We can see things far beyond you visual spectrum. There is so much beauty on you planet. It is truly a sacred place. If you could only appreciate how much we care for you sphere. It is after all the world of our Son Michael. As your consciousness is increased in these things, your attitude towards your loving home will change. You will surely appreciate more the beauty, the grandeur in just a simple glimpse of each day.

Dennis: It is mentioned in the paper on the Seraphic government about a planetary headquarters. Is this a morantian building or some other kind

Welmek: If you could see with morontial sight you would see many structures that exist on you planet. There is much activity for there are so many beings here. This is a central point in the local universe; for Michael has made several appearances already to this planet. As we understand, many more will come. The circuits are fully operational as I have said. It is quite as AN interrelationship. You will is time know more about these things.

Bob: I have a few questions to ask. When each of us are meditating at our different times, are you present at these meditations.

Welmek: Not always, for I cannot be at two placed at once. However, never forget that the Father Fragment is always present. It is the indwelling spirit that is trwly your guide. This Fragment will lead you throughout eternity. All the way to Paradise if you so choose. Whether we are with you of not is not as important as your efforts and trying to understand and hear and feel the Father's spirit inside of you.

Bob: Above and beyond getting in touch with the Father's spirit: several of us are still making attempts to contact you, Welmek. Is this still possible?

Welmek: Yes, there will be contact. While it is difficult to penetrate your mind for several reasons, I admonish you all to continue; however, the most important thing I can share with you now in this regard, is to relax. The harder you try sometimes the more mental stimulation and the hore difficulty I have in trying to make contact.

Bob: I've noticed that a few of the TR's communicate through the fingers. via the computer. Is this a viable method with you and would you suggest that some of us try that?

Welmek: There are teachers on the planet who are better adept at this technique than I. My training is more proficient in mental contact as you are all witnessing. However, that does not preclude the opportunity for this to happen in your group. If there are any of you who wish to attempt this please advise me, and I will make this known in our circles.

Bob: At what point were you assigned to this group?

Welmek: It was approximately six months ago that I was given the indication that I would be coming here. It was at first temporary because I had things that I had to finish in my training before I felt qualified to be a full teacher with the personalities of this group.

Bob: Do I understand that you knew beforehand that we were going to make contact with Woods Cross and request a teacher?

Welmek: The Father and Michael know, have known, for a long time which would be receptive to these teachings. Much preparation has already taken place in your minds. Yes, this was known. I was given this assignment for my personality, my training seems to correlate best with the minds of your group.

Bob: Welmek, do you see David's Thought Adjuster. Where is his Adjuster during these teaching sessions?

Welmek: We only see a light. We do not totally see as what I believe you mean as seeing. There are times when his Adjuster is not present. There is much going on, some of which I cannot tell you now. However, the light that is within him centers in his heart area. However, it emanates throughout his whole body. When you have morontial sight you will be able to see a light also. There is so much you will see when you are given this new vision It will surely validate to you what your faith must now except.

Bob: The other evening Karla described David's reaction when Machiventa spoke. David's leg was shaking and I can understand this. Was this David's reaction or your reaction that David was sensing?

Welmek: It is solely David's physical response to the energies felt. There is certain mechanical functions that he cannot completely control. We are working on this, however.

Bob: One of the Teachers, I believe it was Will, made a statement that she didn't know about sense of humor until she got on the Morontia world From your native sphere was there sense of humor? Does Welmek have a sense of humor?

Welmek has a sense of humor. Mine is somewhat like Will's. My planet too was fairly well settled in Light and Life. A sense of humor as you know it is derived from having contrasts in daily living. We on our planet did not have the contrasts as you have, that is why we, through the Reversion Directors, have learned better how to appreciate humor.

Bob: You stated the other evening that there are 28 groups in existence or coming into existence. Of these, how many are Urantia study groups? I would like to make an attempt to communicate with the other groups to exchange experiences and perhaps form a social organization. Can you provide us with information as to how to get in touch with these groups including the non-Urantia groups with active TR's?

Welmek: We can give you information in this regard. Most of the groups now in existence have experience with the Urantia Book. Some do not activly read at this time, however most do. There are a few groups who exist that have not as yet come into contact with this book, but they will shortly for we know that the information contained within the Urantia Book is of vital importance for you to fully understand and help us with this mission. I do not at present have a complete list of all of the locations, but I will be in touch with David as to where and how you should proceed. We are anxious to have communication begin on a more you can give each other is needed. There are some groups that are still unsure of the nature of these transcripts and they need to hear from those who are more accepting of them.

Bob: Do I have a spiritual name and what is it?

Welmek: One moment... John, You shall be known throughout eternity by that name.

Gina: My name is Gina Buselli. First of all I would like to know if I have a spiritual name?

Welmek: One monent...Your name is Rachel.

Gina: Thank you. I have some things I want clarified. While I don't meditate I have sometimes come to Urantia meetings but in my spare time I don't read the book. My mother told me that when this all started that at night before she went to sleep she said to Thought Adjuster or God that You can take over and do what You need to do to answer some of the questions that I have. If I do this maybe I'll get answer to the questions that I have for myself. I did this a few nights ago and I did receive something. I'm not sure if this came into my head or if my Thought Adjuster answered. I've been having some sort of frustration with my coach told me that she believed in me. She believed that I could be whatago is that I have to believe in myself first. Was that my imagination or was it my Thought Adjuster?

Welmek: I cannot say the source of that particular thought. However I would like to say that, and I would address this to the whole group, you must first know God loves you. God knows you are capable of doing whatever you set your mind to. First accept that, then accept yourself for what you are. We all have shortcomings, we all have strengths. Do not be discouraged when you came across those things which frustrate you. Always look inside first. Your mother is correct in what she says as far as you turning your thoughts over. Ask your indwelling Spirit to become more of a Thought Controller than a Thought Adjuster. Your spiritual progress will hasten the more you are willing seek His will and activly pursue righteous daily living. You must accept these things on faith now, but surely I tell you in time all things will be made known to you. You, Gina, should be proud of what you have accomplished so far. Many people your age are not even thinking about God to the depth you have started. If you pursue this course, you will surely find happiness and joy in your life and you will bring much happiness to others for, barring accidents, you will be a long time on this planet.

Michael B: Greetings Welmek, I am Michael Buselli. I have not been able to have much time to think about questions I will ask you so I just want to say today that I'm glad that you are here and I look forward to future meetings like this. The only question I ask today IS, what is my spiritual name?

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Welmek: One monent... Your name is Jeremiah. You will be known by that name for eternity.

Michael B. Thank you, Welmek.

Welmek: Your welcome.

Mary: Hello Welmek, this is Mary. I've been kind of shy about talking to you. This is very emotional to me. I do have some questions I would like to ask you. I just came up with them for I have been real busy too. My first question is about the spirit of truth. What I understand in the Urantia Book was not real clear to me. Is the spirit of truth a personality or is it or He a part of Michael that He bestowed upon all of the worlds when He acsended?

Welmek: The spirit of truth is a part of Michael's personality. It reaches everyone who seeks truth. This is how we are in touch with Michael constantly. Through His spirit we can know Him. We can love Him and we can serve Him. If you allow your mind to attune to this spirit, you then have the mind of Michael. Does that help?

Mary: yes, that helps alot. Have you been made familar with each of us In your preparations for coming to this group?

Welmek: I have spent much time with each of you. Although you are unaware of these events, much preparation had to take place before such an occurance as this can happen. While it may seem easy, you can rest assured we have spent much time and energy in preparation for today. However, this brings us so much joy because we too, like you, seek to do our Father's will. In doing what we are doing we are fulling our own desires. That is the beauty of doing the Father's will.

Mary: Thank you. This is a historical question. The Midwayers and Angels who originally went over to Lucifer, when Lucifer was ajudicated and Satan and Caligastia and all those guys what happened to the lesser beings?

Welmek: All who seek salvation were saved. Many were reassigned to different spheres throughout the universe. There were however some who did not seek to exist and therefore they no longer do. This saddens us to see this for them. However we rejoice in the fact that the wisdom of Michael and the Father have prevailed for much of the turmoil that was caused by the rebellion has resulted in so much understanding for those of us who witnessed this experience. Although that is difficult I'm sure for you all to appreciate because you cannot see, in time, again, you will know the true depth of my words.

Mary: Thank you. How old are you?

Welmek: It does'nt matter my time of existence. I know there are many questions you all have in reference to these things. However you will find that we do not answer all questions pertaining to our personalities.

Mary: Thank you. I do want to say that this has been a very strange and wond ful week for me and I appreciate everything that has happened within my life.because of the experiences that have been happening. The communication that I have been able to make at some points with the Father, not really communication, maybe I feel communion. I know that the Father hears me and I thank Him for this but I also want to thank you for your efforts. Thank you for being here today.

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Greetings to everyone. This is I Welmek your guide and teacher. We had much to discuss today about yesterdays meeting. Your reception was very much appreciated. All of the kind words, thoughts and feelings of love cheered us on greatly. We appreciate your desire to seek the Father's will for this will make our work much easier. Know that we are with you and we are desirous to help each of you in achieving your Father's will. Let's address the questions first.

Jean Painter wants to know if her constant desire to move to Colorado is actually a message from a teacher or her thought adjuster.

Jean knows in her heart what she knows. Her spirit grows daily for she senses her Adjuster inside her now. I cannot say for it is not my place to give advice concerning human matters. I can say; however, that what she feels in her heart is more than herself. Express to Jean that we know she feels at a distance at times. She must realize that our Father is ever present. That He loves her as He loves all His children. She should seek the Father daily. And in His words she will have the answers to her questions. Know this and accept the leadings as you feel them.

Donna Painter felt you were trying to communicate with her today. Was she correct?

Donna is beginning to experience contact. Although it was not I who made this attempt. It is someone who is drawn close to her. Someone I believe she will have a long relationship with. Tell her to relax and to continue her progress. For much happiness will come her way if she but persists in her daily seeking of the Father's will. I sense that several of you are feeling similar thoughts that contact is approaching. I can assure you these are real feelings that you are experiencing. You must continue and in you faithfulness our Father will answer your prayers.

Is it possible to tell Donna who contacted her?

Yes, there is another teacher who is trying to also to learn these techniques. We felt in her heart and mind that this would be acceptable. The teacher's name is Aflana. She hails from her group in Florida. She is visiting momentarily and felt a desire to make contact. I feel it should be clarified, when I said teacher in training, for Aflana is very active in her group and is not training there. Aflana is training in other mindal techniques and wished to experience a time with some of our group and this was permitted.

I wish to say a few words about hope. Hope is the ever leading desire to achieve all that we can. While we recognize certain limitations that we have, hope is the ever leading desire to stimulate the mind and spirit to achieve greatness. When you hope for material things, little is accomplished unless you set out daily, expend much time and energy to achieve these things. It saddens us as it does our Father to see hope spent so foolishly on things that have little meaning. Hope is the bridge between reality and material life. Without hope there is little that we can look forward to. Hope is a great motivator. It turns mediocrity into activity. It guides the feeble mind of man to seek the greatness of Christ. Never give up on yourselves. Always have hope. Hope will lead you to kingdom. Hope will inspire you for greatness. Remember, our Father lo us all. He too knows these things. He knows your weaknesses. He knows your longings. He hears your hearts speak. Always have hope. Always show love. And in time you will see what we see. You will know what we know. And together we will traverse our universe, even beyond

Welmek: You're welcome. The Father does hear your cries, your prayers, your words and your thoughts. He is forever with you. He will never leave you. Never hesitate to seek His guidance. We all have to be reminded of that. Remember that it is by your decisions that these things happening t you now are being made real in your awareness. You must make decisions. You cannot escape this process. If you dedicate your will to seeking His, if your decisions are based on that motivation, more joy, happiness and understanding will come to you than you can ever begin to imagine.at this point in your life.

Mary: Thank you.

Welmek: You are welcome.

Karla; Welmek, this is Karla. I don't have any questions. I just want to thank you again for your beautiful words and encouragment to me last night. It meant a great deal to me to know that you were there with me and those few words made such a difference in my life. And I look forward to continuing the conversation.

Welmek: Remember in reading the Urantia Book you are told that whatever you do for the Father you will receive tenfold in return. What you did for your father, Sarah, is something that had true spiritual significance and you were rewarded by being made aware of that.

Karka: I think we are ready for your words now.

Welmek: There is much anxiety on your part to hear my words within your-self. I understand this. While I cannot snap my fingers to make this happen, I can promise you that I will do everything in my power to facilitate these contacts. Stillness is what is required on your part. You must be able to find the time in your busy days to take the opportunity to seek Him. While I can do things on a physical level with other helpers, I cannot make you take this time. Many are trying and we recognize this. However you must be totally dedicated to seeking His will and in time more will come.your way. The Father is truly a glorius being. We are all in awe of His presence. Relax your minds for a moment now. Seek the stillness with all that are gathered here and I believe you will experience a very loving feeling. I will leave you now in your silence. Let me know when you want to make more contact as a group and I will be there for you.

And one day we'll stand in His presence. To know him as complete as we can. And then to seek new adventures beyond that which we cannot now even imagine. I am looking forward to wednesday's meeting. As well as being with several of you tomorrow. Do not hesitate to ask questions if you have things on your mind. If there are no more questions, I wish to send God's love to you all. May tomorrow start you journey on happiness. Go in peace. Good night.

8-4-92 WELMEK

Welmek: No message. David is very tired.

Michael P.: Personal message

WELMEK - AUG. 5, 1992

Greetings to all of you this evening. We are truly pleased and honored to be in your presence. We cannot tell you how excited we are that so many have come to share in the beautiful message which you will receive tonight. It does us...it pleases our hearts greatly to see so many willing and faithful to hear these words. Our mission moves forward with much progress. Many things are happening at a pace even faster than what we have anticipated. Know that the Father loves you, that He is ever present and He is desirous of you all to turn to Him.

I have a special message to share with you tonight. It is true as some of you have heard that Gabriel himself has shared a special message with us and wishes us to share it with you. Gabriel himself is not in your presence, but his words will nevertheless make the same impression on your minds and hearts.

(Gabriel's message) Greetings children. You are witnessing a time of much love and joy on your world. Our Lord and Creator Michael sends his personal greetings to you all. If you could but imagine the love that surrounds you, you would not hesitate at all to return it to your brothers and sisters. It pleases me deeply to see so many faithful gathered in His name.

As you know, much work has already transpired on this world. This is just the beginning. Michael has commissioned myself and others to follow through with a program that would bring your planet into an era that has never before been known. It will truly liberate the minds and souls of the people who live here. It is such a time to rejoice. Open your hearts and your minds to the Spirit of Truth which has been intensified greatly.

We wish that you know with the oncoming birth of our master that there will be additional information forthcoming. It is my honor to address this group tonight and my special message for you all is that I personally will, in time, speak to each of you if you so desire it. The wonderment of these proceedings has yet to dawn on your minds. However, this can change quickly. We cannot make this happen. You must want this to happen. If you could but see with morontial vision, you would see a planetary administration that is beyond anything we have witnessed to date. The Father indeed stirred Himself years ago and now we are witnessing the outworking of His plan. Glory be to our Father in heaven, for in Him we all have our being.

I wish you all the best. I give you my love and look forward to meeting with you again. Go in peace, God bless you. I now turn this meeting back to Welmek, your teacher.

Greetings. This is I, Welmek, your guide and teacher. We cannot begin to tell you what impact these words have on us, just as we can see in your hearts the impact it has on you. Yes, we too cry joys of happiness....we too cry tears of joy and happiness. It is something that never ceases to amaze us when beings like our creator, Michael, and his assistant Gabriel, as well as the Melchizideks come to these sessions, either in person or in spirit and share these messages. We do not always know the exact meaning of everything that is being said. However, I can assure you that if Gabriel says he will attempt to make contact, and there will be additional messages in the future, you can put your faith in him.

I would now address questions and would like to say a few words before adjourn the format meeting. Let's begin.

- Q. This is Dennis. Welmek, I was wanting to ask about the meaning of the following quote from Jesus: "As prayer may be likened to recharging the spiritual batteries of the soul, so worship may be compared to the act of tuning in the soul to catch the universe broadcasts of the infinite spirit of the Universal Father." I would like you to discuss guidelines on how we go beyond taking in energy to tuning in.
- A. Tuning in is an active process that you must engage daily if you are to seek accomplishment. The fragment, the spirit that dwells within you is your access to the universe broadcasts and circuits. He will forever lead you faithfully and guide you to the Father. His spirit is so great you can put all of your faith and trust in Him. We have asked several times that you give your heart and mind to the spirit fragment, and in doing so, He will adjust and later, control your thoughts to the point that your own mind becomes the mind of the Father. When this happens, you will achieve the fusion that the Urantia Book references.

I said it is an active process. There is no short-circuiting this. You must want it with your entire being. You must practice as you must practice in everything you do that you want to achieve. Does that help?

- Q. Yes. One further question in this vein. Would it help if we...to tune in to Michael or the Spirit of Truth or is it only necessary that tune directly in to the Father?
- A. As a suggestion that I gave to Sarah the other night, I would encourage you to focus on Michael, for it is his mind that you ultimate seek throughout the local universe experience. Focus on Michael's love, read his life with eyes you have never had before, read between the lines. As you seek the Father daily, your life will assuredly change. Your outlook will become positive; and as this progresses, when you read the life and teachings, you will understand so much more than you ever have before. By attuning yourself in this way, you facilitate your spirit fragment to reflect or refract, in a sense, the messages from him to your mind.
- Q. We have two guests from out of town this evening, that you're probably not familiar with. They are Jeff Lomax and Jane Woods who traveled all the way from southern Indiana to be with us.
- A. Greetings. However, I would say that we are familiar with Jeff and Jane.
- Q. I'm Jeff.
- A. Greetings, Jeff.
- Q. What is the correcting time?
- A. The correcting time is that time when all of the inequities of this world will be corrected, to eliminate the negativism on this planet. We have been commissioned to initiate these changes by Michael himself. We will not fail in this mission. We are encouraged to see so many in this area willing to participate in these activities.

I will say that we must have your help, for without you, we cannot make these changes occur as rapidly as we want them to. Next question?

- Q. Are these changes, then, going to occur from spiritual pressure from above or from mortal activity from below?
- A. Both. The mortal activity will be initiated by the spiritual pressure from above. We constantly make contact with those who are open and willing. However, you, for the most part, are unaware of this contact, for your minds have not yet been made ready. Actually, I should say, your physical brain mechanism has not yet been made ready. But, more importantly, your commitment to the Father's will has not yet been dedicated fully. Once you dedicate yourself daily to seeking His will and sharing His love with your brothers and sisters, you open the channels so that we many better communicate.
- Q. Hi Welmek, I'm Scott.
- A. Greeltings, Scott.
- Q. Is there spiritual name for me?
- A. One moment, please.... Your spiritual name is Jerome.
- Q. Thank you. You spoke of the correcting time, and I am not fully conversant with what the Urantia Book says about it. My question is, granted this time will come, how, more specifically, will these changes occur? What are these changes going to be?
- A. I am not permitted to go into great detail on many of the specifics. There is much information that is already available to you through other transcripts. Most important for us now is to daily attune ourselves to the indwelling leading. Once you have achieved some success with that, you will be in a position to receive our thoughts.

I can share with you, however, a few things. First, there is an attempt heing made, and I will say, with certain success, that many of you will actually achieve a vision beyond what you can see now. While I know this sounds far-reaching to your minds, you must understand and believe that what Michael has said will be so. And with his permission, many things can transpire that heretofore you have not been able to either know, understand, or even imagine.

There is a tremendous circuitry that has been put into action on your world. The administration is unbelievable, even to myself; for we, as Gabriel said, have never seen the outworkings of such things before. I have no doubt in my mind that we will be successful, and that in time, your planet will be purged of the strife, hatred, war, poverty...all of the things which so sadden us and our Father. We truly weep over these things, and you must know that with our very being, we are here to help your brothers and sisters overcome these tragedies.

We also can share with certainty that within most of your lifetimes, barring accidents, there will be incarnations of the Melchizideks. The statement made by a teacher in Florida is accurate, that Machiventa himself has made several appearances throughout the world, unannounced. We don't know specifically all of the reasons why he has yet to be fully materialized. However, the power directors have enabled him to make certain specific contacts.

Again, I cannot stress the importance for each of you to not overly concern yourselves with the outworkings of this correction time. Bet you can be made ready to work the plan that we have for your group, which, by the way, each of you will have specific tasks to perform if you are willing, you must first make yourself ready to receive contact, for each of you will be .. have been assigned a guide.

- Hi Welmek, I'm Marty.
- Greetings, Marty.
- You say each of us has been assigned a guide? Q.
- Yes.
- Already?
- Yes.
- Are the guides present this evening?
- A. Most are here observing. I can also share with you that there are many personalities witnessing this event. It would ... boggle, as you say, your mind?...if you could but perceive the number of beings who are pouring out their love for you now. You should know that, as our Father knows all things, as Michael knows all things, you being here tonight is no mystery to them. Next question? Q.
- Hi Welmek, this is Linda.
- Greetings, Linda.
- My daughter and I are planning to attend a conference this weekend. Should we share what's happening in our group?
- A. You may share what is happening with our group to anyone you feel that you would like to share that with. We are to a point in our group, even though it is still so very young, that we are moving forward irregardless of other's perceptions of the truth or realness of what is happening. When you share your thoughts and feelings, always focus on the Father's love when you address the people you talk to. Through His love, they will know, perhaps not at the moment that you speak; but always remember, they, too, have spirit fragments. They, too, are loved by the Father; and they, too, in time, will know these things. Next
- I'm interested in what my spiritual name is.
- One moment, please....your name is Sheila. You will be known throughout eternity by that name.

I would like to add a comment here, if I may. Many people have asked questions about their spiritual name and the significance of it. While you hear your name in your language, it is truly not the way it is heard throughout the universe. We cannot impart to you the exact sound and meaning, for there is no reference in your mind for these things. It is also true, as Johann pointed out, that there may be many people who apparently have the same name, but to us it is uniquely yours.

- G. I have been feeling some different energies recently, and actually tonight while we're meeting. Is this significant?
- A. Yes. It is literally true, if you desire to do the Father's will, you will know many things yet in your lifetime. I know I say these things to you again and again, but I don't know how else to impart the truth. If I could but make myself present, perhaps some would believe deeper. But we have seen throughout history that this technique is not always useful, for many who have seen these things still do not believe in them. You will know the truth from within, and in time, you will literally see the truth.
- Q. Has contact been attempted with my person?
- A. Contact has been attempted with all the personalities in this room. The children present are less contacted at this time than the adults. However, be not dismayed or feel anything other than the Father's love because of this; for right now the adults in the group have more specific tasks at hand. The children are the future. They will carry the torch as you pass on. They will, in time, also see and know many wonderful things.
- Q. Hi, this is Amber.
- A. Hello, Amber.
- Q. I want to know what my spiritual name is.
- A. One moment....your spiritual name is Ambrosia. It is very beautiful to us. When you hear with morontial ears, you will find the depth beyond what you can imagine now.

It is true that oftentimes, spiritual names are not given to people until they have reached a certain point of spiritual understanding of knowing our Father. However, the children present here are very fortunate that their parents love them so much and are willing to share with them their lives. By doing this, you open the hearts and minds of your children to receive the many special gifts that the Father has waiting for all. Continue in your searching, Ambrosia, for the Father is truly within you. You have many years to progress on this planet; and if you are willing, you can believe me when I say we have your work cut out for you. (group laughter)

- Q. This is Gina.
- A. Greetings, Rachel.
- Q. I would like to know if seeing children here pleases you and the other teachers. Does it?
- A. My first response was to say you know that you know. However, you are...such wonderful experiences for us because, in you, our mission will come to more fruition than your parents' generation will see. Not only will your work be important, but your children and their children must also have this light that is starting to glow within you now. It is your duty, as well as your privilege, to serve the Father and Michael in this way. While we recognize the pressure that you are undergoing, never forget that our Father upholds us all; and when you think times have

treated you poorly, never forget that He is waiting to take this burden from you. Yes, it pleases us beyond your understanding that you are

- Hello. I am Jane.
- Greetings, Jane.
- Q. I would like to know what I can do as a teacher and environmentalist that I am not doing now to spread the love of God.
- A. There will be more instruction later as to specific tasks that we would like for each of you to perform in areas of specialty or areas that you will find will be your specialty. You can rest assured, Jane, that we have something very specific in mind for you. However, in the meantime, we also admonish you to continue on your path. You have sensed a certain feeling. You know of our presence, and we are very desirous of you to listen to our words. As a teacher, you are in a position to touch many lives. As you grow in the Father's love, share this love with the pupils, students, that you come in contact with. They will see in you a light that will draw them to you, and you will have an impact on them beyond what you can imagine now.
- Q. Is there anything that I can do that I'm not doing now to awaken reverence in the people I work with, my spouse and children?
- A. Our master said "By their fruits you shall know them." There is nothing more powerful for a doubtful person to actually see another fellow's life, attitudes, hopes, desires, commitments change in front of their eyes; for while they may not fully understand all that is happening, they surely see that you have something they don't. Through your actions you will have the most impact on them. Do not hesitate to share with them what you perceive to be what they need at the moment. Always remember, the Father is within you. If you are willing to do His will, He will speak through you, similar as to what we are doing with David. I think you have, most of you have had experiences in your past where you have said something to someone and later wondered where those words came from. I can attest that these are definitely the leadings of your Father fragment, for at that moment your mind was open, and the Father flowed through you. Continue, Jane, on your path of seeking the stillness, opening your mind and heart; and soon, more answers to your questions will follow. Q.
- Hi, Welmek. My name is Ann.
- Greetings, Ann.
- Q. I had an experience a couple weeks ago that really scared me, and maybe you can enlighten me a little bit about that. I felt the presence of an entity, I sensed this a couple times real strongly, and I felt very uncomfortable with it. I meditated to get in touch with it, but it scared me because it was such a strong presence. Can you tell me, is that
- A. No. The feeling that you felt was somewhat real. By that I mean, when Caligastia and Satan and Daligastia and the rest of the unbelievers were allowed to roam your world, many negative life-threatening situations were allowed to occur. There were many events that they put into motion that caused harm on many levels. What you've sensed is the

aftermath of their presence. This presence can no longer do anything to harm you; you simply felt it in your being. Know, in time, that this will all be eradicated; for God's love is so powerful that within all human minds these things will no longer be experienced.

- Q. That is a big help to me. At the time that I was meditating, I asked to be surrounded with the light like in Josus Christ's consciousness and nothing of negativity be surrounded by me; and that presence stayed by me until I had instructed that I only wanted information to come through my higher self and then it was gone. Can you give me any information beyond what you just said?
- A. Your psychic attunement to the presence is strong. However, your will is more powerful. If you do not wish to feel or experience these impressions on your mind, all you must do is seek inside to the Father, and these things will be as though they were not.
- Q. So I can receive information through my higher self about your mission? Is that correct?
- A. You can receive information directly from us about this mission if you attune and desire contact. You receive information, guidance, leadings, feelings, thoughts, a knowing, in a sense, from the spirit fragment. As you attune yourself, as you make yourself sensitive to these leadings, the contact with us for humans seems to be easier at present than contact with the spirit fragment. However, I must say that contact with your fragment is the most important mission that you have; for it is this guide that lives within you that will literally take you to the Father and experience His immediate presence when you reach Paradise. He will never fail you. He will always uphold you. He will always love you, and in time you will know this and you too will love Him, fully.
- G. One thing that makes me feel a little bit uncomfortable is that I've always felt that information that came through my higher self could be trusted purely, but that information from another entity, I felt more uncomfortable with. Can you...if I ask for information through my higher self, will I be blocking other information that I should hear at this time?
- A. No. Always seek information, contact from your higher self; for our role as guides and teachers is to simply uplift your spiritual awareness to the point that you can finally attune to this guide and then you will be on your way, as it were, in understanding and communicating with the fragment. Once you have achieved that, there will no longer be a need for this type of contact. We are, so to speak, helping you bridge the gap.
- Q. I've felt led recently to take on a new type of work, and I'm wondering if there's something real specific that I should do at this point to try to help further this mission.
- A. The most specific thing that you should do now is to seek the stillness, remove the doubt that you have in your mind about the realness of our mission, and allow us to do the rest. Actually, what we ask of you, although seemingly difficult, really is not, for we are here to do most of the work. You must make this commitment and in time you will hear our thoughts and words; and I can even say, in time it may come to pass that you may even see us.

- And this comes through greater faith in God.
- A. This comes in a complete and total dedication to do His will daily, to fee! His love flow through you, and to share, express this love with Q.
- Hello, Welmek. This is Mary.
- A. Greetings, Mary. We are pleased that you were able to join us
- Q. Yes, me too. I have several questions; I'll try to keep them brief. I guess the most important one for me it seems is, how do those of us who are, like, emotionally so responsive, control these emotions so that we can martial our energy and sort of pool our resources?
- A. It is a natural experience to feel emotions, deep emotions, when you start to actualize the Father's love in your life. Allow this for a time, for it is a cleansing and healing experience. As the conscious awareness of these events start to manifest themselves in your daily life, the emotions will come under control themselves.
- Q. I notice that whenever someone asks their spiritual name that you pause and seem to go away or something. Are you seeking for translation, or are you going through a reference of some sort?
- There are records that must be checked, for I do not have all answer to all questions. I, too, am a mortal ascender. While I have fused and I have spent time on Jerusem, I, like you, have so many things to experience. During this time of delay, I am seeking information from sources available to me that one day will be revealed to all of you.
- Would you tell me my spiritual name?
- A. One moment....your spiritual name is Sha-ra-lee. You would spell it
- Q. Thank you. I was wondering, when I read some of the transcripts from the Will group in Tallahassee, I think Will gave specific instructions on how the group could most benefit from her teachings. I was just wondering, do you have any guidelines for us? When you give a lesson, what should we do so that we can become more cohesive as a group, and work together better, and help each other more?
- A. As our weekly meetings progress, there will be lessons given. would ask each of you to ponder the lessons and return the following week with questions. On the intellectual level, that is how you will grow. On a spiritual level, you will grow as you share with each other. The more you are willing to give, the sooner trust will grow. As trust grows, friendship, companionship and love will flourish. In time, you will perceive yourselves as a family; and as this family grows, you will receive more people in the group. Those of you who have started must take care in making your new fellows welcome. I have no doubt with the love in your hearts that anyone who comes to this group will immediately feel welcomed. In time you will see this happen as you say, right in front of your eyes. For now, know that I am with you. Others are with you. The Father is with you. I cannot seem to say this enough, for it is the mnost important message I can share with you at this time.

I would encourage you to limit your questions, if it is acceptable, for David is tiring and I have a few parting words for you all.

- Q. Good evening Welmek.
- A. Good evening, Brenda.
- Q. My earthly name is Brenda. My teacher, whom I call Samuel, has always called me Sarah. What name would you give me?
- A. (long pause) Yes. This is how you will be known. However, when you hear with expanded vision, you will see, hear, your name more beautifully than you can now.
- Q. Thank you. I have no question. I just want you to know that, for what it's worth, my heart is just wild with joy that we are finally on our way.
- A. I can tell you with complete certainty, that all present feel this love and joy. It touches the Father and Michael himself. There is much in store for you all.

## (Question session ended)

WELMEK: It is important for us to see you here as I have said. In the weeks to some our first priority will be to gel as a group. I will request and appreciate that you bring your questions so that we may all hear the answers together, and for you to discuss these transmissions afterwards.

It is literally true that we are here after we have finished speaking. We do listen to what you say. It give us an indication as to where we need to pick up with in the week following. There have been several lessons given to date for this group. I ask each of you to read these lessons. Feel within your heart the truth. Bring to the group meeting any questions for clarification or a broadening of understanding. It is advisable and permissible for you to have individual sessions at this point. However, there will come a time when this will not be necessary, if you make it so.

We have witnessed many things here recently, tonight's greeting from Gabriel and encouraging words, all of the personalities who have visited us and will be here for a while. There is so much that I wish I could just lay out in front of you. I must admit at times I, too, get frustrated because I know your heart and I know you want to hear our words, see us and better understand how to feel the fragment within. All that I can say is what I have already said. Go about this week. When you wake in the morning, rededicate your will to His. As the day progresses, take a moment to think about what your priorities are; and as you interact with your brothers and sisters, let the love of Him, our Father, flow through you to touch them. In this way, you will find much happiness and joy, for as you look upon the master's life, that is exactly what he did.

Go in peace. God bless and love you all. We will be with you this coming week. Good night.

Greetings. I would like to say a few words about our Father's love. Our Father, the upholder of all that is, the First Source and Center, the Great One, the I Am, however you wish you wish to refer to Him, is trul the First Source and Center of all that is, was, and ever will be. His love emanates from Paradise. It is a vibration that prevades all space. It is distingishable from all other energies. It is something that we all experience at different levels. Know that His love is not deminished. It is free for the asking. It cannot be bought, it cannot be manufactured, it cannot be based on false hope or pretense. It is truly a free gift. Those of us who have learned to accept this gift have fulfilled our lives completly. While this does not pre-empt continual experience, for indeed our journey to Paradise will be filled with many experiences. Nevertheless, once we understand and know that the Father's love flows through us continually, we no longer have to search or seek for this divine gift. Part of your task is to find this love. Do not only personally experience it in your daily life, but to freely allow it to flow to those that you come into contact with. This is really an easy task although, as with anything new, at first it is difficult. It is all a matter of adjustment or tuning yourself into the Spirit within. We will talk much about this over the next few months. For now the purpose of this group is to become unified as a family. And as a family to feel the Father's love flow through you all. Once you are all together in this thought, in this feeling, it will then be time to undertake your mission. Until then we must work together to know each other, feel this love, and freely give it in our daily activities. God is all that there is. We are an expression of that all. Love Him , learn to know Him, and you will find rewards beyond your imagination. Are there any questions?

Karla: First thing Welmek, on behalf of the Indpls. group, we would to invite Grabriel, you and all other celestial beings to our Jesus' birthday celebration on Aug. 21. It will be in the evening. This is a very special day and we would like to share it with all of you.

Welmek: We appreciate this thought. I cannot personally represent Grabriel's attitude about this. However I can assure you that your petition will be recorded and sent to the proper authorities. I, as you know, as well as others in my command will be present. We look forward to celebrating this very special day with you. We too have our own way of celebrating our Creators birthday and we will give you some of that insight the day that we get together. Last evening Gabriel did indicate that there would be next Wednesday's meeting I will have another message for you. Until then we must wait and see.

Karla: Personal question from Bob B.

Welmek: Answered.

Karla: Personal question from Linda B.

Welmek: Answered.

Karla: Personal question from Donna P.

Welmek: Answered.

Welmek: God's love to youall. My love to you all. Goodnight.

Welmek: Greetings. This is I, Welmek, your guide and teacher. I know of the question at hand and will address it first.

Personal question from Bob B. Answered.

Welmek: The lesson for tonight is about timing. Timing is the most important element in your conscious awareness of spiritual insight and growth. You cannot rush things. It is human nature to try and short circuit or circumvent the natural process of things. This cannot be done. Each step along your spiritual path must be fulfilled. You cannot bystep what must be experienced each day. Many of you are seeking the Father's will and this is acknowledged. I feel that some are trying to press the issueas it were, in achieving communication. There is anxiety, there is frustration, there is concernthat this might not be achieved. In time you will have what you seek. You cannot rush this. It must be allowed to happen. You will reach a certain level of insight and at that point these things will come to you. As I have suggested and as David has suggested also, when you seek to make contactdo not try to think of a personality or who is doing the contacting. We will advise who it is. Know that you know when it happens, for it is indistinguishable. At first it sounds like your own mind, your own words, your own thoughts. This is normal for how else could it possibly be. However, as with David now, communications will become automatic. We encourage you to speak aloud when you feel any mindal impressions. If you practice this you will prepare yourself for the role that David now has. We feel that several are very close. You must just continue to do what you have been doing. If you desire this we will take care of the rest. I can't stress this enough. As you progress in your spiritual development you will find that timing is still critical for your understanding of events. Even though this contact has been made through David now, he is not exempt from waiting for certain things to happen just as you are waiting for contact now. There is a plan in the universe. There is a method to all that happens. While your will may alter certain chain of events, nevertheless the overall plan that your spirit fragment has set for you in motion will be fulfilled. It is this plan of your Fragment that must require time for you to see the unfoldment thereof. Be patient, for when you think about it time is what you have an abundance of. I know it is easy for me to say because I have spent more years in existence than you, but you are witnessing that is life changing. And timing for you in a sense has been accelerated. This is due to your, our Father and Michael Himself. Be of good cheer. Enjoy each day for the time you have. Give time back to Him who has given you everything. Timing is necessary for experiencial creatures to consciously fulfill existence. Know that you cannot really change anything that has been set in motion.by this Fragment. You may choose not to accept this plan and cease existence, but if you choose eternity, then allow time to unfold as it should. In closing I would say to all of you that we are very pleased with the progress of this group. We are excited about the potential and we are experimenting with certain things that I cannot detail at this time. However you are all loveddeeply by those who are around you. Know that we care for youand we watch out for you. Be of good cheer. While your daily duties seem routine and boring, know that even in the slightest thing you do joy can be found. As you become more aware of the spiritual leading, you will see that this timing that I am speaking of will occur at the time that it should. As you progress you will begin to anticipate with some accuracy certain things that will happen. Be lighthearted. Love one another as the Father loves you. Go in peace. I will have another message for you tomorrow. Goodnight.

David: Tonight I am going to try something different. I will keep my eyes open during Welmek's transmission. I will also share with you my prayer before I start speaking.

Father Micheal, I stand before you humbled in Your presence. I send my love, my thanks to You for being allowed to participate in this mission. I ask that you clean my thoughts and emotions so that I may not be a part of these transmissions. I ask that the messages are truly those of the teacher's and that I am not a part of them. I love You and I thank You for all You have given me. I look forward to the time I can put my arms around You and hold You as I would if You were in the flesh. I truly love You and want nothing more than to help with Your mission. Welmek, my teacher and guide, I thank you for all that you have done for me and the group. We all look forward to your teachings and words of inspiration. I am ready when you are.

Welmek: Greetings. I first want to say that I love you all very much. I have been with you for a short while and yet I already feel so very close to many of you. My love will grow as I spend more time with you. It is my wish that each of you take a few monents each day to spend with our Father. During these times reflect as to what has happened during the day and give thanks for that which has been given to you. We are in this together. No one will be left outside. There are many who do not believe in the validity of what is happening. This is fine. Do not be discouraged for nothing will alter that which Micheal Himself has set in motion. Go forth in your daily life and seek to do His will. Follow the guidence you receive form within and in time you will know many of the truths which I, and other teachers, as well as the Spirit have tried to impart to you. In the Book it says be not discouraged when you realize that you are human. This is very helpful for it is very true. Often times when we strive for perfection we fall short. In falling we tend to introspect and believe that our shortcomings will prevent us from ever achieving that which we desire. This process of achieving is continuous throughout eternity for as I have said, even after Paradise, when you reach out to the far flung universes of time and space, you will continue, I should say we will continue, to experience new realities. Go forth in your daily life with enthusiasm. It is best that you seek the correct motivation rather that always being right or wrong for in time the rightness or wrongness of a situation will be made known. All mistakes will be corrected in time. The Father will judge you by your motivations and intentions. For now focus on this. Be not dismayed when you fall short of your goals. Stand up, start over, and try again. In time you will make steps toward perfection that will eliminate many of the imperfections you now experience. The Father loves you very much. He always has and always will. Never doubt this. When times of discouragement are facing you, look to Him for support. If you feel down and out go to Him for comfort. Worship is one of the most refreshing experiences any of us can have. When you think about it, it humbles us when we don't give back much time or thought to Him. Look at it as part of your daily routine. Manage your time so that you will be able to spend a monment in private communion with the Father. By doing this you will re-energize the soul. You will find new levels of physical and emotional stability. Do not hesitate, this is important. The sconer you proceed in this fashion the sconer you will know the truth of what I'm saying. The lesson I shared on self doubt has meaning beyond what many of you know. I encourage you to read this lesson again and ponder on the words. What I share with you is not something miraculous. It is something which you need to know and experience in your daily lives. The Father says come with Me, I will show you the way. When you

think of those words, I ask you what comes to your mind? Beyoun understanding, does it compel you to activly seek Him daily? If not, ask yourself, why not. When you have discerned the answer to that question you will have an insight into yourself that you have not had before. I can say with surety to you that if you step onto the path of seeking His will, righteous living, you will never look back. Think about what I have said. Worship Him daily. Do not let anything come between He and you. If you could only know the real truth of what I say you will do these things. I love you. I want only the best for you. I am here for you. I want you to know what I know. Love one another as Jesus Himself loves you. Go in peace. God bless you all. Goodnight.

8-10-92 WELMEK

Greetings. I wish to send my love to all of you. I would like to talk briefly about tomorrow. Our Master said, fear not for tomorrow for there is enough in today to concern yourself with. It is important to think deeply on these words. Many of you constantly think of what you can do tomorrow when time passes you by now. The longer you postpone your practices, your sincere practices, the longer you postpone what it is you seek. When the time comes during your day where you have decided to meditate, to worship, do your best not to let anything interfere with this. Do not think I can do this tomorrow for I am too busy now or I am too tired now. For surely tomorrow will come but no one knows exactly what it will bring. Start now, start today, to bring the spiritual light into focus. The Spirit Fragment longingly awaits your participation in the unfoldment of His grand plan. Why do you postpone that which is inevitable? On the one hand you say that you want happiness, you want to do the Father's will, you want to help in this mission, yet on the other hand you refuse to give the supreme dedication that you must in order to achieve these things. I am your teacher. I have volunteered to serve on this planet in this time in this fashion. I know of your natures more now than when I first came. I understand the difficulty you have at times in fulfilling your commitment. But you must know that the most important thing in this life is for you to discover our Father. To feel Him in your being, to know Him in your mind and to love Him in your heart. All else will come to pass. By knowing the Father you will know yourself. You will know your brothers and sisters. You will have unravelled the greatest experience of material living. Do not worry about tomorrow for our Master told you that His Father knows you have need of many things. The Father loves you and will provide for you. Make your decision, stand firm in your resolution and go forth now-today. Make this commitment. Burn it in your mind. Whatever you must do, do it. I am here to help. You only have to ask. It is my wish that you practice these things on a daily basis for if we are to grow as a group, there must be a cohesiveness that borders on the sublime. Your dedication must be parallel, your intellectual understanding will vary, you will not always agree on issues but you must always agree on intent, on love, on dedication to seeking and doing His will. Michael has promised many things for those who wish to become involved in this mission. But in order to reap these benefits you must first sow the seeds. You must cultivate them, you must water them, you must nurture them. The plant will surely grow but only inch by inch. Be not impatient. Be not fretful about what tomorrow brings. Tend to your plant today and let tomorrow take care of itself. Go in peace. I love you all very much. Goodnight.

8-11-92 No meeting.