

**Lessons from the Half Moon Bay, CA Teaching Mission Group  
transmitted by Susan Kimsey**

**A lesson on Acceptance from Olfana**     Mar. 19, 1994

I am Olfana. I wish to discuss concepts of acceptance. Turning your thoughts to God means allowing his peace to descend upon you. Only from this state of mind can his words ring clearly in your mind. Acceptance of this as a condition of communication with the Father allows you to proceed in peace. Acceptance can also mean a peaceful passivity, allowing those around you to express their own perceptions first. You become a repository for these perceptions of others. Only then, perhaps, comes the further insight from God, which allows you to form perspectives on what you have received from them. Acceptance involves bending, flexibility, a humble approach to the resistance you may feel from others. [TR sees image of two men bowing to each other, dressed in beautiful robes] We bow in respect to each other, acknowledging that neither is superior. This bowing is a mark of acceptance that each is a force, a unique personality of God, coming together and bending in unison. Such acceptance for each other's path of growth toward God needs encouragement, development, promotion on your planet. Can you accept each other's hearts? This is where the power of love truly resides. Acceptance from your hearts allows the energy of each to flow to the other in a balanced and harmonious pattern. [Olfana touches her heart.] Here is the brotherhood, here is kinship, here is the power of our at-one-ment! We can blend our energies in a beautiful, twining, cord of love which reaches toward God, made up of each unique fiber of individual spirit. Think of this cord of love bending, turning, twisting, combining in beautiful patterns of spiraling growth as we all move back toward God! [TR sees image of a golden cord glowing with light, spiraling up into the clouds.] This is my lesson for this evening.