

# Spirits of Promise



CHAKRA  
Vortices

&

ADJUTANT  
Mind-Spirits

An O'Dell Bowen Enterprise

Published by

**HARP OF GOD**  
P.O. Box 692  
Monterey, Massachusetts  
01245 USA

Copyright © 2010 - Karen O'Dell-Bowen  
All Rights Reserved

**SPIRITS OF PROMISE**  
Seven Chakra Vortices and  
Seven Adjutant Mind-Spirits

ISBN 978-0-9724350-3-1  
Library of Congress Control No. 2010906144

**First Printing**  
May 2010

Print Express, LLC  
Albuquerque, New Mexico

“On the inhabited worlds the Spirit begins the work of evolutionary progression, starting with the lifeless material of the realm, first endowing vegetable life, then the animal organisms, then the first orders of human existence; and each succeeding impartation contributes to the further unfolding of the evolutionary potential of planetary life from the initial and primitive stages to the appearance of will creatures. This labor of the Spirit is largely effected through the seven adjutants, *the spirits of promise*, the unifying and co-ordinating spirit-mind of the evolving planets, ever and unitedly leading the races of men towards higher ideas and spiritual ideals.”

Urantia Paper 34,  
The Local Universe Mother Spirit



## **DEDICATED**

To those who want to know more about  
Our Mother



# SPIRITS OF PROMISE

## CONTENTS

FOREWORD .....	11
INTRODUCTION .....	15
<b>PART I:</b> A Talk on How Chakra Vortices and Adjutant Mind-Spirits Compare and Interact .....	23
<b>PART II:</b> Transmissions Introducing The Theory of the Relationship Between The Seven Chakra Vortices and the Seven Adjutant Mind-Spirits .....	33
<b>PART III:</b> "The Goddess Within" - A Presentation Integrating the Seven Chakra Vortices and the Seven Adjutant Mind-Spirits .....	107
Glossary, Personages and Pronunciation Guide .....	149
Appendix .....	153





## SPIRITS OF PROMISE

### ACKNOWLEDGMENTS

Data for this study has been garnered from various sources. Definitions and descriptions of the adjutant mind-spirits are from the Urantia Papers, published in 1955 by the Urantia Foundation in Chicago, Illinois, USA, as The Urantia Book, available in bookstores everywhere. For further study of the adjutants, read The Urantia Book at <http://urantia.org> and/or [www.truthbook.com](http://www.truthbook.com) where these mind-spirits are discussed in depth in Paper 36, Section 5, "The Seven Adjutant Mind-Spirits" [See Appendix] and referenced again in Paper 92, "The Later Evolution of Religion."

Nādi (Sanskrit for "tube, pipe") are the channels through which, in traditional Indian medicine and spiritual science, the energies of the subtle body are said to flow. They connect at special points of intensity called chakras. Nadis seem to correspond to the meridians of traditional Chinese medicine. Many and varied references to the chakra vortices (vortexes) can be found on the Internet. [See, for example, [www.healer.ch/Chakras-e](http://www.healer.ch/Chakras-e), but there are more] In your studies, do not overlook the contributions made by Shirley MacLaine and Carolyn Myss, M.D., among others.

The dialogues in Part II took place over several months, with Gerdean O'Dell and N. Angus Bowen engaging in dialog with two entities from the unseen realms, identified as their personal seraphic mentors, through the transmitting/receiving process. These entities, "What-

## SPIRITS OF PROMISE

About-Bob” and “Lady” have observed human behavior for many centuries. As such, they are quite familiar with ways in which the human animal comports itself. Their intention is to help us identify and accept our natural state of being so as to distinguish it from the effects of the overlay of cultural conditioning. Our challenge is to overcome the animal vestiges of fear and other negative cultural conditioning to the end that we may become experientially empowered to think and act as the noble men and women that we can be when we grow into the stature of the dignified Sons of God and Daughters of Deity, which is our birthright.

Special thanks to Joe Rice Designs for the cover art and Bobbi Jo MacElroy for the cover graphics. Thanks to Karen Huff for her editorial eye, to Mary Livingston for her outstanding critical review, Saskia Raevouri [[www.squarecircles.com](http://www.squarecircles.com)] for her high standards of excellence, and Linda Mattocks for her unflagging spirit of friendship.

We acknowledge the support and encouragement of our peers in the Association for Light and Life and in the New Mexico Book Co-Op.

And, of course, we gratefully acknowledge the Mother Spirit, whose life force surges through our chakras as Her adjutants, ever leading us to the Spirit of Truth, which points the Way.

# SPIRITS OF PROMISE

## FOREWORD

As the influence of the Urantia Papers infiltrate the collective I AM consciousness, the relationship between Eastern and Western spirituality comes into At-One-Ment. The dynamically new and the respectably ancient join hands.

As our planetary awakening has enticed us into new dimensions, the practice of Transcendental Meditation has been revitalized in the Western culture. In some circles it is embraced as the practice of Stillness, where the "small, still voice within" personally reveals the secrets of the universe, called by some "the Akashic Records."

Ayurvedic medicine is recognized as a complete healing system, combining mind, body and spirit. It originated in India thousands of years ago. Noteworthy is the fact that members of the Sethite priesthood, which dated from the time of Adam, were later followers of Machiventa Melchizedek, the teacher of Abraham, 2,000 years before Christ. These priests migrated from the land of Ur in the Tigris-Euphrates River Valley into China, Africa and India carrying with them the advanced teachings of this Sage of Salem and there is strong speculation that the supernal teachings about the adjutant mind-spirits took hold in India and survived as the chakras.

## SPIRITS OF PROMISE

New Age consciousness has recognized the versatile energy vortices of the Ayurvedic chakras as invaluable tools in conducting experimental journeys into wellness and psychic health, often accompanied by color, tone, and gemstone. Shirley MacLaine wrote about our etheric bodies through the mystical chakras in her book "Out on A Limb" and Carolyn Myss, M.D., highlighted the impact of the chakras on our emotional bodies and our subsequent physical health in her book, "Anatomy of the Spirit."

The adjutant mind-spirits ["adjutants"], like the chakras, are not personalities; they are circuits. According to the Urantia Book, there are seven adjutants in normal-minded mortals, whereas little children and animals utilize only five. The origin of the adjutant mind-spirits is Universal Mind, an essential aspect of Paradise Trinity, also known as the Mother Spirit, our Divine Minister, the Bride of Christ, and "the Goddess." Through Her energy circuits, cosmic intelligence is in constant and intimate contact with all Her myriad material creations, making it possible to comprehend how it is that no sparrow falls without Her knowledge.

The psychic doors of perception open now to another intriguing comparison of the ancient Ayurvedic chakra system with the recently revealed adjutant mind-spirits. Perhaps this study will provide us with yet another part of the tapestry being interwoven by Eastern warp and Western woof, to create a magic carpet on which to ride that will provide us with expanded perspectives on the human condition as it advances into higher realms of consciousness.

## SPIRITS OF PROMISE

Thus, by augmenting our appreciation of the essential life energy of the original seven chakras with an appreciation of the seven adjutant mind-spirits, we will see that these gifts of Our Mother add yet another dimension to this fascinating study of planetary creature life. Their combined ministries will yield a better understanding of what makes us tick and what we need to do in order to gain self-mastery over our human nature.

This concept will also benefit the millions of people worldwide who have opted to step outside the bounds of the religions of authority and antiquity in search of a Higher Power they can do business with, as they seek to develop a way of life through the 12-step programs. In recovery from what they had been erroneously taught, they are enjoying the energy of their reactivated chakras/adjutants and are discovering their own personal I AM Consciousness. Emotional sobriety is the new frontier where even atheists can honor chakra/adjutant synergy, the Spirit of Promise.

Thus will the student of cosmology reach the Spirit of Truth and/or the Lotus Blossom of enlightenment, even that of Nirvana/Paradise itself – Heaven on Earth – not only on special occasions, but as a joyous and meaningful way of life.

Gerdean O'Dell  
N. Angus Bowen  
New Mexico, 2010



# SPIRITS OF PROMISE

## INTRODUCTION

From a Workshop Given at Bogus Basin  
Teaching Mission Conference  
Boise, Idaho 2004

On the way to work, I have been listening to KUNM radio and enjoying a series of lectures called “The Bioneers” which focus on how we physical beings are interdependent with the planet and its various forms of life. The series features speakers who discuss ecological concerns and solutions for restoring earth and its inhabitants to good health. The introduction they provide is a reminder for us to be in touch with the pulse of the tides and the seasons:

“It’s all Alive!  
It’s all Intelligent!  
It’s all Connected!  
It’s all Relative!”

This goes to the heart of the Mother Spirit (the Divine Minister, “the Goddess”) who is at work on our world and on all the inhabited worlds of time and space.

## SPIRITS OF PROMISE

### **The Seven Adjutant Mind-Spirits**

In addition to the ministry provided by Her heavenly hosts and legions of angels, the Mother Spirit also participates in our lives through the ministry of Her seven adjutant mind-spirits.

The seven adjutant mind-spirits should not be regarded as entities; they are more like circuits. The spirits of the seven universe adjutants do not function as personalities apart from the universe presence of the Divine Minister; they are in fact a level of consciousness of the Divine Minister and are always subordinate to the action and presence of their creative Mother.

The adjutants are ministers of the lower levels of experiential mind, and they may be described, in the order of evolutionary attainment, as follows:

#### **1. *The spirit of intuition*—**

- quick perception;
- the primitive physical and inherent reflex instincts;
- the directional and other self-preservative endowments of all mind creations;
- the only one of the adjutants to function so largely in the lower orders of animal life; and
- the only one to make extensive functional contact with the non-teachable levels of mechanical mind.

#### **2. *The spirit of understanding*—**

- the impulse of co-ordination;



## SPIRITS OF PROMISE

- the spontaneous and apparently automatic association of ideas.
  - This is the gift of the co-ordination of acquired knowledge;
  - the phenomenon of quick reasoning;
  - rapid judgment; and
  - prompt decision.
3. *The spirit of courage*—
- the fidelity endowment--in personal beings;
  - the basis of character acquirement; and
  - the intellectual root of moral stamina and spiritual bravery.
  - When enlightened by facts and inspired by truth, this becomes the secret of the urge of evolutionary ascension by the channels of intelligent and conscientious self-direction.
4. *The spirit of knowledge*—
- the curiosity-mother of adventure and discovery;
  - the scientific spirit;
  - the guide and faithful associate of the spirits of courage and counsel;
  - the urge to direct the endowments of courage into useful and progressive paths of growth.
5. *The spirit of counsel*—
- the social urge;
  - the endowment of species co-operation;
  - the ability of will creatures to harmonize with their fellows;
  - the origin of the gregarious instinct among the

## SPIRITS OF PROMISE

more lowly creatures.

### 6. *The spirit of worship*—

- the religious impulse, the first differential urge separating mind creatures into the two basic classes of mortal existence.
- The spirit of worship forever distinguishes the animal of its association from the soulless creatures of mind endowment.
- Worship is the badge of spiritual-ascension candidacy.

### 7. *The spirit of wisdom*—

- the inherent tendency of all moral creatures towards orderly and progressive evolutionary advancement.
- This is the highest of the adjutants, the spirit coordinator and articulator of the work of all the others.

## The Seven Chakra Vortices

There are theories abounding these days that, due to certain DNA enhancements and spiritual up-stepping, we have augmented the initial seven chakras by as many as little as five and as many as twelve additional chakras, extending above our head, beneath our feet in a sacred grounding exercise, utilizing the concept of the merkabah, and even extending outward from our bodies as an extension of our energies into our environment. However, I will limit my focus to the original seven.

The concept of the chakras comes from the

## SPIRITS OF PROMISE

Ayurvedic traditional Hindu system of medicine, and has been in existence since the First Century A.D. You may have heard the phrase “cranial-sacral.” In medicine, this refers to the skeleton. In metaphysics, the chakra vortices are located in the spinal column, although their influence extends outward to include all aspects of the physical, and even the astral body.

According to the ancient tradition, within our bodies are vortexes of energy that we use in response to our environmental stimuli. They affect our health, our psyche, and how we carry ourselves in the world. Initially we are unconscious of the effect of these focal points of energy, or chakras, but through discipline, it is possible to become fully aware of these circuits as a result of their ministry. They make our experiential and material existence possible, and they are:

### ***1. The root chakra—***

- or base chakra, is located at the base of the spine;
- it is associated with the root chakra;
- its color is red;
- its element is earth.
- This is the physical aspect of our being and the survival chakra; the fight or flight response is an example.

### ***2. The sacral chakra—***

- is located about a palm below the navel.
- Its name comes from the sacrum triangular bone found in the lower back.
- It is associated with the sacral chakra is the

## SPIRITS OF PROMISE

color orange. Its element is water.

### 3. *The solar plexus chakra*—

- relates to the nerve center in the solar plexus, about a palm above the navel.
- It is associated with the solar plexus chakra;
- Its color is yellow.
- Its element is Fire.
- Emotionally, this is the “I am” chakra, the self-conscious and self-awareness chakra.

### 4. *The heart chakra* –

- is the fourth chakra.
- It is located in the center of the chest, at or just under the breastbone.
- It is the middle chakra, with three above and three below.
- It is associated with the heart chakra;
- Its predominant color is green.
- Air is the associated element.
- The energy of the heart chakra strives to connect our physical, emotional, and mental self to our soul self.

### 5. *The throat chakra*—

- is the fifth chakra, at home in the throat.
- It is associated with the throat chakra.
- It is the color blue.
- Its element is ether.
- This is the center of communication and interactions with others.

### 6. *The sixth chakra*—

## SPIRITS OF PROMISE

- is often called “the third eye” as it is located in the front at the center of the brow.
- Centered between the physical brow and the back of the head is the pituitary gland, considered the master gland.
- Associated with the third eye chakra is the color violet or indigo.
- There are no elements or physical senses associated with the sixth or seventh chakras because these two chakras are of the higher planes.
- The third eye chakra is sometimes considered the sight chakra but the “*insight* chakra” might be a more appropriate name.
- The third eye chakra is associated with consciousness of a Higher Being and the potential of soul manifestation, sometimes termed our Higher Self.

### 7. *The crown chakra*—

- The seventh chakra is located at the very top of the skull or just above it.
- The colors violet, white and gold are all associated with the crown chakra.
- To most, this is the chakra that opens to the divine spark, where stillness takes place and balance is restored.

It is helpful to incorporate the value of the colors because interpreting the chakra colors may help in understanding the chakras themselves. Chakras may also be depicted by sound, as the seven notes on the musical scale, which opens the door to a study of Gurdjieff’s theory of mathematics, comprehensible as

## SPIRITS OF PROMISE

spirit. Chakras are also identified through gemstones, which are said to have healing components.

It is the purpose of this study to introduce another dimension to the honorable chakra system, that of the adjutants. Even though they are called “mind spirits” they are not part of how we *think*; they are part of how we *perceive*. They are actually circuits, circuits that are also enjoyed by the animal kingdom. Thus, we need to discern anew how it is that these adjutants lead us upward through our sundry experiential adventures until we arrive at a point of departure from the animal kingdom (after the fifth chakra/adjutant) and enter onto the human plane, in order to derive a broader perspective of how these adjutants and chakras influence our existence.

These influences provide our consciousness with the conditioning that we must have in order to discern with cosmic consciousness once we do get to the sixth and seventh adjutants and chakras. This awareness has to do with the potentials of spiritual perception and divine wisdom. Herein is the Spirit of Promise, for without the ministry of the spirits of worship and wisdom, without the eye of perception and the crown chakra, the Spirit of Truth cannot lead us to the experience of Nirvana.

The culminating effect from all these causes brings us into the presence of the Original I AM consciousness of divine design, there to enjoy our own divine aspects in relationship with the God or the Goddess within. I AM the Buddha, too!

# SPIRITS OF PROMISE

## PART I

### **How the Chakras and Adjutants Compare and Interact**

#### **1**

The **root chakra** is our foundation. It grounds us in the physical plane and speaks to our survival instincts. The base chakra is identified by the color red, for the will to live has passion, power and purpose above and beyond what we can believe possible. The functions of this chakra are largely unconscious, but as we become more aware of who we are, in terms of chakras/adjutants, we will be able to recognize it consciously. Through conscious direction, the first chakra will not only help you survive and thrive, it will allow the decisions you make to be intelligent and purposive instead of instinctual and haphazard.

## SPIRITS OF PROMISE

The first adjutant is "the **spirit of intuition** – quick perception, the primitive physical and inherent reflex instincts, the directional and other self-preservative endowments of all mind creations; the only one of the adjutants to function so largely or pervasively in the lower orders of animal life and the only one to make extensive functional contact with the non-teachable levels of mechanical mind."

These two elementary and yet very powerful components of our existence are incredibly similar. Since they are so subjective, we can begin our study of them through the behavior of our pets because animals do have at least the first five of the seven chakras and adjutants. A cat seems to sense that trouble is coming even before it gets here; they can detect fire when everyone is asleep; they have been known to alert their families of earthquakes before they hit. That a cat has nine lives is, in part, based on their uncanny ability to sense trouble coming and thwart it at all costs, in order to continue *living*. Yet it is so deep-seated as to be instinctual; not cognitive, but intuitive.

## 2

The **sacral chakra** is the starting point as well as the building block of our *conscious* lives. This busy orange sphere influences our systems of reproduction and elimination. Our sex drive and mating practices, as well as our bowel and bladder functions will be affected by the second chakra. Dr. Carolyn Myss, who has worked extensively in the field of these energy vortexes, calls the second chakra "the power



## SPIRITS OF PROMISE

center," and indicates that most of us are made aware of our sacral chakra when someone is trying to control us or if we are trying to control another. And, of course, control is an important aspect of the eliminative system as well as the reproductive system, both of which are housed in the second chakra.

The second adjutant is "the **spirit of understanding** – the impulse of co-ordination, the spontaneous and apparently automatic association of ideas. This is the gift of the co-ordination of acquired knowledge, the phenomenon of quick reasoning, rapid judgment, and prompt decision."

The interesting juxtaposition of these two is better perceived after we define what we mean by "understanding." Most of us think "understanding" is an intellectual activity, but in this usage, it is more like common sense, cultural conditioning, or cause and effect. Unlike the objective definition, this subjective definition of understanding connotes natural order or divine law. It is a divine law that radish seeds grow up to be radishes. We know that to be true, even though we may not know *how* it happens. It is in the natural order of things that caterpillars become butterflies. While we might not like it, we understand that "survival of the fittest" is the rule, not the exception.

The spirit of understanding recognizes and acts upon certain unspoken truths; similarly, the second chakra represents such a common denominator in humanity. It provides the energy for the basic structure of our

## SPIRITS OF PROMISE

society. We understand which creatures can cohabit harmoniously and which are natural enemies. We understand what it is to manipulate. We understand how to find comfort. In the business of surviving, we understand the pecking order. We often wear blinders in order to maintain, in order to survive.

### 3

It is said that the first chakra operates unconsciously, and the second chakra operates subconsciously, but the third chakra is where our ego identity resides – in **the solar plexus**. It is a lesser "I am" and it defines our will, forms our character, and arranges for our fame or autonomy. The third chakra is the aspect of self that consciously sets out to take care of itself. Any sense of power or authority, as well as any ideas of self-control or discipline of the ego converges here. When unhealthy, it manifests as grating, dominating, controlling, and insecure; its color is jaundiced. When healthy, this chakra brings us energy, effectiveness, spontaneity and non-dominating power. Its color is yellow, as in sunshine and happy faces, and it says, without shame or fear, "See Me!"

The third adjutant mind-spirit is "the **spirit of courage** – the fidelity endowment – in personal beings, the basis of character acquirement and the intellectual root of moral stamina and spiritual bravery. When enlightened by facts and inspired by truth, this becomes the secret of the urge of evolutionary ascension by the channels of intelligent and conscientious self-direction."

## SPIRITS OF PROMISE

In the face of the collective consciousness and cultural conditioning, it is no wonder most people do not know who they are. Most people are the product of their society. Society tells us who we are, how to comport ourselves, what to wear, where to work, who to marry and what to think. But all young people sooner or later begin to question, "Who am I ... *really?*" and "What is my purpose in life?" Those who pursue those questions with the spirit of courage will discover themselves and their free will.

### 4

The **heart chakra** is green, as if to say it is fertile, healthy, and growing. It is the focal point for love and compassion, forgiveness and healing. A healthy fourth chakra allows us to love deeply, is even able to nurture the rarified feeling of unconditional or divine love -- that love which goes beyond the physical or emotional. This chakra enables us to feel centered "in love" and fulfilled.

The fourth adjutant is "the **spirit of knowledge** – the curiosity-mother of adventure and discovery, the scientific spirit; the guide and faithful associate of the spirits of courage and counsel; the urge to direct the endowments of courage into useful and progressive paths of growth."

The marriage between these two ideational concepts provides us the spice of life, the verve, the pizzazz, and the panache. Either way you look at it, from a human or divine perspective, the heart leads us. Which way will we go? The human way of love will

## SPIRITS OF PROMISE

lead us into amore, and the divine way of love will lead us to agape. How can we lose? The heart is also fickle and emotional; it is, therefore, teeming with potential for good or for evil.

### 5

**The throat chakra** is related to communication and to creativity, as it is self-expressive. Here we experience the world symbolically through vibration, such as the vibration of sound representing language. All animals in the kingdom of intelligent creatures have this essential urge to speak out and be heard by others, to express its beingness and to convey information or personal perspective.

The fifth adjutant is "the **spirit of counsel**, the social urge, the endowment of species co-operation; the ability of will creatures to harmonize with their fellows; the origin of the gregarious instinct among the more lowly creatures."

When we counsel with our self, we are talking with our self. When we counsel with others, we counsel on the telephone, in person, or by way of myriad other methods of conveying information or personal perspective. In group counsel, we seek to find the better ways to operate for and within the group, creating a consciousness that carries the unanimous or majority voice.

It is here where "might makes right" -- and although "might may not always be what *is* right, it is what *is*" -- so we need the perspective of the next chakra, lest

## SPIRITS OF PROMISE

we get conflicting group consciousness to lead us into war and self-destruction or other less-than-harmonious choices. It is at this juncture that the human being is separated from the purely animal realm, in order to become something other than a mere creature, for animals of the realm do not have the two higher adjutants of worship and wisdom.

### 6

This chakra is known as **the brow chakra**, or "*the third eye*" and it is identified in the center of the forehead. It is related to the act of seeing, both literally and intuitively. It is the human animal perspective that is augmented by "reason" or "consciousness." When open, the sixth chakra allows us to see with the eye of perception. In effect, it lets us see the big picture, the farther view, through the use of our psychic faculties and our understanding of archetypal levels.

The sixth adjutant, "**the spirit of worship**," is the religious impulse, the first differential urge separating mind creatures into the two basic classes of mortal existence. The spirit of worship forever distinguishes the animal of its association from the soulless creatures of mind endowment. Worship is the badge of spiritual-ascension candidacy."

The adjutant of worship is "the appearance in animal consciousness of super-animal potentials for reality perception. This might be termed the primordial human instinct for Deity." Thus is the chasm created between the creature that cannot know God and the

## SPIRITS OF PROMISE

creature that can. It has been said that unless and until one is awakened to the higher self, until one is reborn of the spirit, that differentiation cannot be met, has not yet been made, but rather, remains as *potential*.

And thus we can conceive of an urgency factor involved in the undertaking of “soul birth” on this planet of our nativity, where our life force first sets out.

But what a plethora of complication man creates in this new paradigm of dominion! The urge to worship, the compelling lure of the indwelling God force within the heart and mind of the mortal, evolves as a result of having experienced the five previous consciousness levels [chakras/ adjutants] and now, through group consciousness, establishes boundaries in which one may live peaceably and at harmony with its like-minded fellows.

And where this consciousness is at odds with itself or with those outside its boundaries, there will be separation. Thus, no real advancement is possible until such time as there is due consideration of the seventh and final increment in this seven adjutant / seven chakra theory.

### 7

The seventh chakra relates to thought and beyond, to *mota* and universal identity. It is oriented to self-knowledge, even to the eternal self. This is **the crown chakra** that relates to consciousness as pure

## SPIRITS OF PROMISE

awareness. It asks, "Who am I?" not in the physical sense, as does the third chakra/adjutant, but in the cosmic sense. It transcends all differences and reveals itself as the I AM consciousness, which is our connection to the greater world beyond, to a timeless place of all-knowing enlightenment, spiritual connection, joy and bliss.

Concurrently, the seventh adjutant mind-spirit is the "**spirit of wisdom** -- the inherent tendency of all moral creatures towards orderly and progressive evolutionary advancement. This is the highest of the adjutants, the spirit coordinator and articulator of the work of all the others. Wisdom is the acme of intellectual performance. Wisdom is the goal of a purely mental and moral existence."

The adjutant of wisdom is "the manifestation in a worshipful mind of the tendency to direct its adoration in higher channels of expression and toward ever-expanding concepts of Deity reality." Because of the prompts of the adjutant of wisdom, we want to be more like God; we want to become more like the Goddess.





# SPIRITS OF PROMISE

## PART II

Gleaned from the Series of Transmissions  
That Introduced the Theory of the Relationship  
Between the Seven Chakra Vortices and the  
Seven Adjutant Mind-Spirits

**WHAT ABOUT BOB:** I had asked you to think about instincts, intuition and impulse, an assignment based upon your projected interest in better understanding what those words mean in terms of your consciousness. Shall we delve into the area of intuition, instinct and impulse?

**Thoroah:** Sure.

**BOB:** What observations do you bring to class? Let's talk about impulse. Any experiential impulses you care to acknowledge?

**Thoroah:** I don't have a list of those. I understand that I am probably more likely to be off target when I behave on impulse. And perhaps someday, when I am more refined, my impulses will be more refined, but at

## SPIRITS OF PROMISE

this time I would say that my erratic behavior is probably more impulsive behavior.

**BOB:** Everything begins with the impulse.

**Exercise:** Be mindful of what impulses you feel as you go about your daily routine. How do you react to them? Do you act on them?

**Contemplation:** How do those impulses affect your life and the lives of those around you? What impulses have you had that have caused you to act? In reflection, given that same impulse, would you act the same way again or would you act differently? Do you have habitual impulses? Do they affect your life positively or negatively? How can an awareness of your impulses help you in gaining self-mastery over your thoughts, words and actions? Is self-mastery even desirable, or do you like yourself and your responses as they are?

**BOB:** What about intuition? What is your perspective on intuition?

**Thoroah:** We had an incident where we were going to use Pip's van. After dropping my wife off at work, I was going to pick up her sister's van on Monday morning and drive out to Mary's and pick up a chair and bring it back, and my wife was thinking about me doing a couple of things with the van while I had it and I told her, "No, I don't want to drive that van any more than I have to. I don't know if it can make it." That was somewhat of an intuitional thing, rather than an instinct. My wife later pointed out that I'd had an intuition, because that very day it broke down.

## SPIRITS OF PROMISE

**BOB:** That's a good example. But how do you know those were not your instincts working? What do you know about instinct?

**Thoroah:** Instinct. I am probably operating on instincts that I'm not aware of, and probably most of my instincts are in need of correction, because of conditioning. But that's not true 100% of the time, so that's where I get confused about instincts, because sometimes the instincts are right on, and sometimes they're not. Then sometimes you find out that your instincts (or your intuition) were right, but it happened later, or differently than you were expecting it. To me there are good and bad instincts or behavioral instincts. Some of those seem anti-social. At least for me.

**BOB:** That's a good point. You said "anti-social." That means the instinct is to isolate the behavior from polite society. Let's talk about conscience, in that context.

**Thoroah:** Conscience?

**BOB:** You said instinct had social connotations, and so I suggested we look at conscience, for conscience is generally based on that which you believe you should or should not do. I was going to suggest we look at conscience according to social dictates.

**Thoroah:** I'm not anti-social in that sense. On a broad base, I'm too self-conscious, and my conscience is modest. One night you used the word "immodest" and I thought, "That's a beautiful word," because that's how I was brought up. I developed an instinct to not care for

## SPIRITS OF PROMISE

immodesty, or be immodest. But the behavior that I'm more concerned about is the mimicking of my father, my dad, my earth dad. It's amazing how many things I do that he did. And I find it out in verbal communications with my wife when she points out that I mistreat her verbally and I rebel! I say, "I'm *not* treating you that way," and yet according to my own words and accompanied behavior, that's exactly what I'm giving her. And it's just like my dad. That's instinct to me.

**BOB:** No, that is conditioning.

**Thoroah:** Okay.

**BOB:** It is a *learned* behavior. Learned behavior can be unlearned, but instincts come *before civility*. If you are acting on instinct and it manifests as anger, for instance, it is instinct reacting to life's vicissitudes and it has little to do with your father's behavior. It is *you* that must be mastered, not him.

**Thoroah:** Yes.

**BOB:** He may have somehow conveyed to you that it was natural to behave in such a way, to react to life with such emotion.

**Thoroah:** It wasn't natural. I knew. I've always known it wasn't natural. He was an aberration to most of the people I know. His temperament was his own, and I always knew his temperament wasn't right somehow. I knew that. That's what confuses me. I don't want to sound like I'm blaming my dad. I know that is something that I have to master. And ... it's all up there in the mind. The one thing I have that I can control – supposedly – is

## SPIRITS OF PROMISE

my mind.

**BOB:** Instinct may not be a responsibility of the mind. An intuition, on the other hand, is through a mind circuit. The circuit that you sensed/intuited about that van was not a gut *feeling* so much as an intuitive *sense*.

**Thoroah:** I saw too many things with that van that gave me clues somewhere along the line that it was going to have a mechanical problem, so, yes; my intuition was based on some intellect. So intellect has to play a role in intuition?

**BOB:** As a reflectivator, as a method of weighing all the factors, yes. This is how wisdom is attained.

It all begins with the impulse to live. The impulse to live is the spark of life. How is it going to advance? Is it going to go through the circuit of instinct, *blind instinct*, and survive at any cost? Is it going to have its needs fulfilled at any expense? At the expense of others? Its spouse, children, neighbors, employers, politicians, worlds? Or is it going to develop through the path of **the spirit of intuition**, wherein it is counseled by its own developing ability to be conscious of itself?

So, you have an impulse and you act upon it before you even think how you are going to act upon it. How you act upon that impulse is the measure of your self-mastery. Does this mean that you don't get angry? Of course not. Anger is a natural emotion. It speaks to you. It's one of the emotional icons/symbols that tell you what's going on in you.

## SPIRITS OF PROMISE

Feelings are all a part of your experience. How you respond to your feelings is a measure of your maturity. And this is true of the individual and as a group ... eventually as a nation, as a whole.

### **Cultural Conditioning**

Many of the patterns in life, organizational patterns, are built up around the basic instincts. They have trained the human being, through behavior modification and social pressures, social mores, to behave within a certain framework, even though that framework may be seriously constricting the winds of change, which would break down old barriers and build new paradigms.

True civilization will begin when enlightened individuals seek to follow a path that leads to the higher way, the human way, rather than the animal way of living. So much of your lives are lost to your animal reactions and so many of your ambitions are curtailed by the inability to communicate a value level that prevails in the face of the options presented *in that initial impulse*.

**Contemplation:** What are instincts? How well do I know my instincts? What do I do to get my instinctual needs met? How do my desires to get my instinctual needs met affect my relationships with other people? How do other people's efforts to get their instinctual needs met affect me? What can I do about it?

**Exercise:** I will learn to recognize instincts in myself, how they have maneuvered me through society, where they have adapted, and where they have failed to adapt.

## SPIRITS OF PROMISE

The animal instinct is to flee or fight or freeze. Look around you and see how great a hold the animal instinct has on your world and how, in many ways, the spirit of intuition is distrusted.

**BOB:** Let's take a look at intuition.

**Gerdean:** Are you going to get into *women's* intuition?

**BOB:** Yes. The unfortunate thing about the study of the seven adjutant mind-spirits, is that **the spirit of intuition**, has been culturally designated as "women's intuition." It is often considered to be superstition, and sometimes feared ... as if women had a sixth sense about things to which men were not privy.

Encouraging men and women to recognize the distribution of sex chromosomes and hormones towards a more equitable balance of reality (so that women may have strength and men may have sensitivity) incorporates the recognition of the necessity of the spirit of intuition in the minds of men as well as women. Perhaps with the entrance of "the Goddess" into your culture, the male mystique will be revealed as it taps into that foreign turf heretofore designated as 'a woman's realm' or doing 'women's work.'

As you go about your life now, in those times when you have an intuitive process going on in your mind, if you have the courage, reveal it to your partner as a way of coordinating your intuitions or comprehending each other's intuitional abilities, as these are directly related to equality of life in its essential mode of existence. This is

## SPIRITS OF PROMISE

not an unhealthy reality, for this is true not only for the animals but also for the spirit.

Let's spend another week here before we go forward in this study. I will let you think this week on all the above before getting into the next series of recognizing things about yourself that will give you a better appreciation of who you are and how you can handle life, even thrive in life, in "the art of living."

**Contemplation:** What is intuition? Is there a difference between women's intuition and men's intuition? How would they be different? How does intuition differ from instinct? Do I more often or more readily follow my instincts or follow my intuition? Is there a difference? In either case, what does it get me?

**Exercise:** Discern the difference between these hidden forces of the life experience: impulse, instinct, and intuition. Experiment with life to better understand how the impulse of life reflects an instinct to survive and how intuition urges you to proceed -- with caution or with abandon.

### **The Spirit of Intuition and the Root Chakra**

The job of the first chakra and the first adjutant are to help you survive. Impulse gives rise to Instinct ~ Intuition ~ Compulsion ~ Propulsion. All of these are very elemental, all are a part of your essential foundations, but you are seldom aware of them. Understanding these essential foundations will help give rise to superconsciousness. They are contrived to help you



## SPIRITS OF PROMISE

survive so that you can learn to function with will dignity.

**Thoroah:** “Will dignity” is an interesting phrase. I am wondering what it is.

**BOB:** Everyone has free will, but those who are masters of themselves have will dignity -- which is not to say that you who have not mastered yourselves are *without* will dignity; it is a relative condition.

**Thoroah:** Sort of like perfection.

**BOB:** Rather. But will dignity is somewhat more visibly attainable because you have some "control" over your free will.

You will find this reflected in your society by the people who have wealth and leisure and social standards. They have cultural mannerisms which indicate self-mastery over many of the animal vestiges. They may not be spiritually motivated, but they are socially conscious. And, therefore, they are prone to hypocrisy because in polite society they behave as is required to maintain 'will dignity standing' in polite society, but it may not be their 'essential' behavior. In their personal doings, they may well be brutal, vicious, hostile and ugly. True self-mastery indicates a working relationship with the spirit.

**Thoroah:** So, does will dignity - referring to the quote in the UB that mortals with will dignity are bipeds - does that mean that you can have will dignity without necessarily being in touch with the spirit?

**BOB:** I will ask you to recall a favored house cat.

## SPIRITS OF PROMISE

In your appreciation of the phrase, does it have will dignity?

**Thoroah:** Yes.

**BOB:** And a handsome steed, an Arabian horse. It would appear that they also have will dignity, as they are not inclined to be abused or mistreated. And yet these are four-legged creatures. The will dignity, therefore, that is referenced above is above and beyond the animal level of existence. In saying, "all individuals of will dignity are bipeds," they are saying that the human being is on a plane of existence superior to the animal realm in terms of its *capacity*.

But the essential value of the phrase is precisely that which you can see in the will dignity of animals. And there are many animals that would seem to be slovenly, accursed, just as the same is true of human beings. There are many that seem to have no sense of dignity, no real sense of will. The will dignity of these individuals is often less than that of the animals that you perceive of as noble beasts. Therefore, will dignity is a quality of being. It is made real by the presence of divinity -- made real in that it is set apart and set above a lesser presentation of creature.

**Thoroah:** I was thinking 'willfulness' might be the antithesis, or at least a good comparison, of the difference between will dignity and willfulness.

**BOB:** Willfulness is often a sign of immaturity. However, even God-conscious people are willful.

## SPIRITS OF PROMISE

**Thoroah:** Then is will dignity inherited or is it a bestowal or is it something you learn? I'm looking at this self-mastery, as in what you mentioned, and one of the changes when mastering yourself would be to not be willful but to be mindful.

**BOB:** Self-mastery is a level of attainment.

**Thoroah:** Okay. So it's a growth kind of thing.

**BOB:** Yes. When *we* look at your world we see those who are God-knowing and those who are not. We work with you because you are God-knowing and choose to interact with divinity, and with the lower angelic realms such as Lady and I; whereas, many others are content to live as an intelligent animal, enjoying the experiences of the animal existence, such as eating, drinking, working and playing, feeling the emotions of the animal, and this is natural enough.

If your world had been handled a little differently, had it not suffered from the Lucifer Rebellion and the Adamic Default, you would have already arrived at a level of functioning wherein the children of earth would have more security about themselves as individuals, and would have long ago given up the need to cling so tenaciously to the animal existence. You would have been encouraged eons ago to reach for higher levels of will dignity.

### Integrating the Mind-Spirits and Chakra Vortices

You are capable of will dignity, but in many cases it is not developed. This little study that we've embarked upon, about the adjutant mind-spirits and the chakras, is intended by Lady and me to give evidence to you of your

## SPIRITS OF PROMISE

capacities as an integrated being. Having aspects of divine energy in the mind circuits of the seven adjutant mind-spirits, as well as the energies as they are understood through the chakra vortexes of ancient arts and sciences, brings into view the life force as it penetrates your spine and brainstem.

This electro-chemical animal creature is your soul's vehicle. It operates almost entirely unconsciously. But with the adjutant mind-spirits enabling the energetic mortal vehicle to function according to the dictates of the highest and fullest representation possible, thus enabling the Spirit of Truth to lead the way, the attainment of will dignity is complete and the effectiveness of human existence is at its maximum. You are the Buddha, too!

And this is a happy life indeed, for you are fulfilled in all ways and able to be of service in any situation, always able to say and do the right thing. Isn't this an aspiration?

**Thoroah:** That would be something: never sticking your foot in your mouth.

**BOB:** I will have you socialize these lessons. For as you socialize them, you reinforce your understanding of what they are in the social arena where they are manifested. Also, they are good discourse for conversations with other thinking people, for thinking people are interested in self-respect, self-mastery, and an awareness of life's influences.

And while most people live in a state of blindness, through passive acquiescence, in denial of what's going on in the world of their making, it may be propitious for

## SPIRITS OF PROMISE

them to hear you discuss how interesting and appealing it is to have discovered the key to open the door to these insights which enable you to keep from being influenced and manipulated by the power and control of others, including their money and sex. If ever you had an opportunity to engage your fellows in discourse, this is certainly the area in which to do that.

**Thoroah:** We're going to learn that, right?

**BOB:** Yes.

**Thoroah:** Good. Because it would be something to talk about: discovering that 'secret'.

**BOB:** You simply share your observations and look for validation from the universe. The Spirit of Truth will help you overcome your tendency to follow and your tendency to turn a blind eye to much of what comprises life. This speaks to the area of service. How can you serve if you cannot see where the need is great, if you cannot see the need in yourself, in order to transmute that need into a field of service for others?

While you're working on this assignment, allow yourself to retain the **spirit of intuition** and continue to look ahead, expanding your perceptions, extending your visions and seeking ways in which to pass on that which you are learning.

If you have a pet, you can make this an exercise. Without being told, it knows when it is suppertime and it knows who its master is, who will feed it, where its bowl is, where its home is, where its bed is, who is an intruder,

## SPIRITS OF PROMISE

what presents a threat, what is familiar, what pleases, what excites, or what frightens.

**Exercise:** Observe. How does my pet manifest the spirit of intuition? How does it intuit? What does my cat or my dog know without conscious reasoning?

**Meditation:** How am I like my pet in this regard? What do I simply know, without even have to think about it? From where does that knowing emerge?

### The Second Chakra and The Second Adjutant

**Lady:** The second chakra focuses on Power and Control, on Sex and Money. What a huge realm of behavior that is! For the most part, the first adjutant of intuition and the first vortex of energy are largely subliminal, unconscious and mechanical. And even though the second level here is a far more social expression of the self, many of you have no appreciation for the socializing process of these facets of your existence. Thus, many of these traits of the animal are over-looked or under-developed as conscious behaviors. And thus we see a plethora of passive/ aggressive behaviors that nestle here in the realm of the belly, the sacral chakra.

Denial makes itself at home here. Addictions are born here. Manipulation abounds here, and manipulation is a misuse of Power. Everyone has an understanding of manipulation. It's an early form of behavior modification. "If you do this, I will do that." Cause and effect is a very

## SPIRITS OF PROMISE

early form of behavior modification. The second chakra is pregnant with power and control. Depending upon who is doing the controlling, who is wielding power, for what purpose and to what extent, you may never know you are being manipulated. You might not ever realize your strings are being pulled.

It is not possible for you to give up your own will and still live and thrive in your contemporary society. As an animal, you can negotiate your way in and out of situations by trading your favors or skills or goods or services or wares, and yet if *you* won't be bought and sold, you will need to have a platform from which you can operate which enables you to prevail with those beings whom you have no desire to control or manipulate *and* no will to allow them to control or manipulate you. This is an exercise in will that requires stamina.

**Exercise/Meditation:** How do I use custom and social mores to submerge my will? Do I use substances or activities to avoid my own company? List the ways in which I merge into the collective consciousness. Am I hiding? Do I utilize my free will? How do I manifest power and control? How do I sublimate or carry out my drives, urges and ambitions?

The propensity is to fall back into the cultural pattern, for that is what you understand, and that is what humanity understands. However, the habit of the old paradigm may be the kind of animalistic behavior that, while assuring you of your safety and security, also makes you so weary as to thwart your efforts to advance, even to communicate.

## SPIRITS OF PROMISE

The drag and the pull of the material world begins to require more than its fair share, more than its due. It begins to argue with you as to its needs, rights and certain pleasures and comforts, and berates your higher mind and higher consciousness for being unfair and not allowing your physical nature to get what's coming to it. It wants all of you. And, in the main, it gets all of you, all of humanity, for it has been getting away with it since civilization first began.

**Thoroah:** Lucifer sort of froze us at the second chakra.

**BOB:** Yes. Planetary evolution is frozen at the second chakra. There are, incidentally, other schools of thought along these lines; Freud is certainly one of the names that arise as this area of the physical body is in focus. The anal retentive stage is about control. Moving the bowels is a control issue. Sexual intercourse, as well as procreation, is also related to the second chakra. A cursory perusal of your society reveals a pronounced focus on sex and, to a lesser extent, family development and child culture, which also remain subject to the energy and power of the second chakra for it is about the group, the clan, the herd, the nation, or the conglomerate.

### Politics and the Second Chakra

**Thoroah:** Politics is about power and control.

**BOB:** Yes, it is.

**Thoroah:** And that's why politics are everywhere.

**BOB:** Everyone has a sense of politics. It has



## SPIRITS OF PROMISE

been said you are "political animals." And it also said that you are innately gregarious. It is because of the second chakra that you gravitate from one point of view to the other, for the games that you play amuse you, as well as exercise your ability to maintain control and power over others. This is the root, too, of the competitive nature, as compared to the cooperative nature, which enters in a little higher on the chakra scale.

A million and one behaviors are relegated to this level. It is where many stay, for they have not got the impetus, ambition or stimuli to rise higher. They may be a perpetual follower and let themselves be led around, forfeiting their free will. It is in this situation where Thought Adjusters, the indwelling God Fragment, must wait, by and large, until they are delivered from their human benefactor, released in death. This is the level of mental numbness that drives thinking people insane. If there was ever an area that needed a wake up call, it is the Belly of Humankind.

Those who are leaders will accept their many followers and make use of them - as they are and where they are - and not worry about trying to edify or educate them so much as to utilize their power as the wheels that make the machinery move; machinery that they are working hard to maintain.

There are exploiters, evil-doers at large, wielding power over the simple-minded, but this is not necessarily what I mean to highlight, for there are good men and women who are able to manipulate masses favorably.

**Thoroah:** I hope so. I was worried there for a minute.

## SPIRITS OF PROMISE

It was scary to think about all that power. I mean, there's got to be people who have this power who *don't* resort to that. That's what my thought was ... or my *hope*.

**BOB:** That is a reasonable hope for a thinking man. But I want to add that this is one of the reasons why Teachers encourage their students to be involved, because they need thinking people in the arena to assist in supporting those who are doing good. There is a power struggle afoot as we speak, wherein those who are takers are manipulating and influencing the masses for their own selfish purposes and making it appear that those who do not follow and do their bidding are somehow disloyal. Such is the nature of power.

To question authority is free will in action, alive and alert to the influences it encounters in this life -- in this life -- which has a power-play a minute. It's a struggle in this existence, this animal existence ... in particular without the benefits of spirits such as you have come to enjoy. The 'trust' factor, for example. Power is a fascinating subject. To have power and to steadfastly refuse to use it for self-aggrandizement is the mark of high civilization. Have you anyone to nominate? [No response.] How advanced then, is your civilization?

**Thoroah:** Not very.

**BOB:** Having assigned to your world the distinguished description of 'semi-civilized,' it would seem there is work to be done to elevate the nature of the human animal from the second step on the scale to include a proper "sense of self" -- a sense of self that will include appropriate self-love, self-respect, self-esteem,

## SPIRITS OF PROMISE

self-confidence; a wholesome sense of self, which will be reviewed in the third increment. How many do you know who have a wholesome sense of self?

**Thoroah:** I probably know more than some people because I seem to gravitate to those who have a wholesome sense of self. For some reason I relate to it. Lots of people think they are egotistical, but these people are self-assured and have more of a sense of themselves than most people. That's a topic that's on a lot of people's minds. Educators have been trying to push the 'self esteem' thing and it's become a cliché.

**BOB:** It's too early for it to become a cliché. There is still much to be done in the area of self-realization.

**Thoroah:** I mean, they've made a mockery of it -- those who are in certain positions who hold certain philosophies and so on ... they make light of it and mock it, they make fun of self-esteem as if it were a 'frilly' thing, a 'New Age' thing.

**BOB:** This would sound like a reflection of the level of reality that I was describing earlier, when those in power will restrain the will of their followers by assuming a stance over them on which they are able to keep their adherents at bay; as does the ego keep your will at bay. This is a power-play -- to shame human beings into self-acceptance and self-composure.

### **Shame as a Control Technique**

The revolutions of history have occurred because there

## SPIRITS OF PROMISE

are those who rise up against the status quo, against those who are holding them oppressed. Yet the ones in power want those who are under them to *stay* under them ... mindless, inconsequential and inert. And those who become vocal about 'self' are a threat.

Shame is a tool used by those in power to keep their people asleep and obedient. Shame is one of the most debilitating powers that can be used by your society to keep you in check and to keep you from having appropriate self-esteem, self-respect and self-love.

I will give you an assignment but it is a difficult assignment. The fact may have slipped past you completely because it is so insidious, but if you are astute, you can see how your own society has enabled itself to stay in the mechanism of its own gears as a result of the clever use of shame, of keeping you down, keeping you in place.

We want to break you out of those constraints; you want to become self-acting individuals. Indeed, you want to be "all that you can be" and you cannot be all that you can be if you belittle yourself or others through shaming techniques, even unconscious shaming techniques, so it behooves you to be aware of how shame is a large part of your social construct.

**Thoroah:** Especially for people who want to please.

**BOB:** Especially? In discussing "people-pleasers" you open the door to another study of self-effacement, or of deference. But yes, that attitude of seeking to please influences greatly; it is mostly

## SPIRITS OF PROMISE

unconscious, in many ways unnecessary. Those who are more willful or self-contained are also subject to the assault of shame. Either way shame invades consciousness and destroys healthy will. It is a form of Anti-Christ.

**Contemplation:** How have I been shamed? How does shame continue to exercise control over me? Where am I fear-based or shame-based in my relationship with myself and my life experience?

**Affirmation:** I will begin to recognize shame in all of its many disguises. I will begin to perceive how people have been taught to live in shame and spread shame as an on-going cultural condition. I will cast off shame whenever I see it, and deflect it when I see it coming towards me. I rebuke the power of shame.

Almost all oppression is a result of being a fear-based or shame-based personality. ("Thou Shalt Not") If you can get to the root of the fear and the shame, you have a great chance of breaking out of the constraints of the conditioning that holds you in its grasp, mocking your potential.

This week, let us take a look at the power of shame. And as you study this, and see how the powers-that-be or the would-be-controllers utilize shame to accomplish their purpose, to get their needs met, you will see why a new interpretation is essential. You will have a far better appreciation of how the spirit of understanding can help you maneuver your way through the animal kingdom and on up to the realm of the will.

## SPIRITS OF PROMISE

While you are burrowed in the belly of the second chakra, you are only one of the many. You have not found your individuality, nor have you expressed your uniqueness, but you have merely survived along with all of the rest of humanity, indeed with the rest of the animal kingdom.

But lest you think that's not a noteworthy accomplishment, think again. The very act of survival on such a world as this is an accomplishment. And yet your destiny is so much more than to merely survive! The potential of sonship/daughtership is such that you are encouraged to not only seek to find your own level of awareness, but that with this awareness you will be able to reach back and help others attain self-hood also.

Self-hood is potential sonship/daughtership. It thus gives you the opportunity to be a midwife, as it were, in helping bring reality into being, by helping individuals to step up and out of the bowels of existence into the realm of individuation.

### **Order and Creativity**

Lest you get distracted by your desire to be of service to others, let us continue to focus on the business of knowing thyself. And thus it will be possible for you to then help others as you pass by. Not because you have a 'desire' to teach and preach but because you will be a teacher and preacher as a result of your very essence.

I've been looking forward to our session and I've taken a lot more time than I expected. It has not given us an opportunity to converse, generally, about how you are

## SPIRITS OF PROMISE

faring in other areas of your development and the nature of your life styles here. How are you doing?

**Thoroah:** A lot better than three months ago. But, again, that is just a perception.

**BOB:** The adjustment is almost made. Yet there will be more adjustments in store for you as you diversify and plot your way into your future. However at least now you have a semblance of order, a working habit pattern that provides stability, charm, money, sex, power and control.

You have now a sense of intuition, an understanding of instinct, an appreciation for impulse, as well as compulsion, shame and so forth. Thus, now you have a bigger palette, a larger canvas, and more colors with which to paint your pictures. Hopefully, you'll have a greater understanding of yourselves as we venture into even further and higher rungs on this ladder of existence.

These lessons are able to help people understand themselves and how they operate. Everyone loves to have insight into his or her self. Everyone is interested in the Self, first and foremost. If you can reveal these truths to people such that they find themselves a fascinating specimen of humanity, with certain challenges and certain advantages, you will have them lining up to ask questions.

I assure you I know how the human mind works. I have watched and studied it for many centuries. The human mind is interested in itself and wants more than anything to be at one with itself in an appropriate way.

## SPIRITS OF PROMISE

Coming into a sense of self is something that happens to life everyday it exists. Each critter is aware of itself even as it enters into its conscious state upon being born, upon daily awakening. It feeds itself. It works. It speaks. It thinks. It is self-acting in that it is not dependent upon others to take care of it, even as it maintains its association and loyalty to those of its kind.

For one of the things learned in the use of the second adjutant mind-spirit is the spirit of understanding that there is strength in numbers, that "a house divided against itself cannot stand," and thus there is an on-going sense of need for a connection with the material world. This level of consciousness will enable you to connect with your higher sense of self if and as you are born of the spirit.

If the human entity is able to love itself, it will naturally love others, and this is indeed the beginning of planetary maturity.

The essential ingredient is Love, as you know, and if you have Love for yourself, you have qualities such as kindness and patience and compassion and tolerance. You understand ambition. You recognize frustration. You see and avoid compulsion and addiction. All these behaviors are available to you as tools of the trade of being human.

I don't want to distract you with potential human success. I will let you develop that in your own time and in your own good stead and in your way, as that, too, will happen appropriate to you as you discover more about yourself and how to walk in harmony in your own skin, in your own self.



## SPIRITS OF PROMISE

### **Moving the Mass Mentality**

Let us spend a few moments in the 'belly' of humanity, in the realm of the early chakras, intuiting and understanding innately in order to find your consciousness as the gregarious nature, the social urge, the mating instinct, and that which will get people doing things together in business, power, and organization.

Fish, birds, mammals, reptiles and other animals have been studied as to these behaviors: mating practices, migrating habits, feeding habits, and so forth. This is essential sociology. It is about group behavior, even as the whole of humanity is a large mass of indistinguishable patterns that are these group behaviors.

As we have discussed, it is possible to manipulate and rotate and negotiate this mass of people. Thus we have tribes or countries with their loyalties and power struggles, all the way from primitive times and cultures to the society you see today with your United States of America, a political power, and the potential of building a global organism to comprise all these countries, as the USA has done with its 50 States.

The second adjutant mind, the spirit of understanding, is what enables you to be effective in the realm of the masses in the way you manipulate, negotiate or direct culture. It would seem that much of the current direction of the planet is for less than altruistic reasons. On the other hand, a look at your history will give you an idea of how great masses of people are able to carry-on their culture even as their leaders come and go.

## SPIRITS OF PROMISE

Who do you suppose is able to move the masses? The leaders of groups of people are one way of getting people together to work for a common cause, or to have a common emotional cause, or a common political fervor, ad infinitum, from within. A movement - if a movement is progressive, effective and carrying those qualities which are understood in the nature of the cult (in the highest sense) - is what will move humanity, for it will respond to their most essential needs: a belief in something great, loving, good, for them and for their families.

### **Stepping out of Herd Mentality**

We will take a look at those who opt to operate outside the collective consciousness -- not just rebels, but free-thinkers, intellectuals, artists, original thinkers and professional religionists. *You* yourself are in a position to move men's minds! One voice is able to do that. One voice is all it takes.

But, in order to lead, in order to forge the course of destiny, you must face the frightening discovery of your self. And that is intimidating because the self in your world is understood as the "ego self" where the idea of self is seen as evil. This is a reflection more of what was than what is becoming, or without an understanding what the potential might be for it is so much easier to remain one of the pack, to immerse oneself in the great collective consciousness of humanity: the detached, the uninvolved - - a single drop in the ocean of infinity -- which autonomy is very, very comforting. It is even worshipped.

Eventually man, as a free will agent, will muster the courage to be an independent entity, apart from the

## SPIRITS OF PROMISE

masses, without being branded a rogue or a rebel, by simply being true to himself.

We will discuss this further, but suffice it to say that for anyone to step out of the fear and shame of conditioning requires an understanding of what you will have to face and what you will have to deal with, and the **spirit of courage**; otherwise, you would simply scurry right back into the thickness, the density of the human soup.

**Thoroah:** I'm not sure where we're going with this.

**BOB:** Stay with me for just another moment here. Let's mill around for just a while longer on the floor of creation here, for truly this is where we are, on your early levels of functioning. And so to amuse ourselves in the study of power and control, let's look at the understanding that is involved in this process.

Ask yourself: is the understanding that you see in support of the will creature's desire to overpower or take control? Or is it the understanding that you see the will creature's assertion of its own will dignity in order to do what must be done to survive and thrive under the circumstances? In other words, do you see the man defending his own will dignity, or do you see him trying to wrest power? Either way, it is brutal, but there is hope and nobility here as well.

Understanding is sometimes seen as blind faith. You just grit your teeth and forge ahead. This is also the realm where rebellion gets a foothold. This is the level where your initial mental and emotional response to instinct and intuition is put into effect. Therefore the second chakra is

## SPIRITS OF PROMISE

the basis of much behavior that it is not thought through, that has no goal, no aim, and no purpose except to react. Caught between a rock and a hard spot, addictions are born here.

The animal is courageous in getting its needs met. Even the beasts of the realm manifest the spirit of understanding in getting their needs met. The birds in your backyard will fight for the right to have their share of birdseed and a proprietary perch on the side of the water well. Were they sophisticated, they would engage in the power struggles of the nature of the humans in board meetings and synagogues and home studies throughout the world. They understand how to survive.

There are those who would philosophically argue that those who engage in rebellion and defiance are lacking the spirit of understanding, and in some cases this is likely so; however, for your study of the elementary levels of behavior that you share with the animal kingdom as well as most of humanity, it may be noted that these are part of that level of existence that is elemental to all animals, including the human animal.

Anyone with any insight, or eyes to see, ought to be able to clearly discern and define what is really going on. Here is where you will discover the capacity to develop foresight, for there will be certain predictable results from certain essential actions. This is cause and effect. For every action there is a certain reaction, and much of your world is in a state of reacting to the Power and Control of others or to the lures of the second chakra tools, which are Money and Sex.

## SPIRITS OF PROMISE

But those of you who are able to rise above the lures of Money and Sex are able then to step outside the realm of Power and Control that others have over you. And here is where understanding shines, for you are not being rebellious or defiant as a negative reaction, but as a means of applying your understanding of the situation in such a way as to be master of your circumstances. You are not a reactor to life, but a conscious actor.

And thus, having reached a point of understanding how to employ Power and Control yourself, you have the challenge of exercising your will. Whether you choose to overpower and/or use others is your choice, but in trust of your stated consecration to higher values than these mere material temporal values, we feel assured of your choices.

Humans are not usually consciously aware of this potential. You may be unconsciously aware, but it is our assignment to lend our awareness to yours so that you become conscious of a higher perspective, in order to develop self-mastery.

**Exercise:** How do I get my pets to do what I want? How well do they respond or obey? How do I reward them or punish them for bad behavior? Compare that to my relationships with politicians, teachers, parents, associates, employers, my spouse, children and co-workers. Who do I obey? At what cost? How do I use my power (sex or money) to control others? Do I treat people as if they had no right or ability to think for themselves? Do I give power to others? Why? Who gives it to me?

## SPIRITS OF PROMISE

**BOB:** Are there questions?

**Thoroah:** I've followed the thread and I don't have any questions at the moment.

### **The Third Chakra / Third Adjutant Mind-spirit**

**BOB:** We have been discussing the evolving awareness of the Self as it is understood through the human study of the chakra system. That is to say, we have been discussing the original chakra system of seven energy vortexes, in comparison with the seven adjutant mind-spirits.

I want you to realize that this is an arbitrary study, even though there are devotees of Yoga that are quite religious about these vortexes and would be quite confused by any attempt to add the adjutant perspective or more chakras and extend them beyond the range and realm of reality that has served them for centuries. These devotees have made a veritable garden of their inner life as a result of their contemplation of these vortexes of energy in their realm of influence.

Even so, contemporary teachers have been able to utilize the chakra-reality of the ancient Sanskrit to develop modern theories of intuitive healing. Add to this a modern need to know more and we come up with new interpretations and our knowledge expands. This is evolution. This is also why the integration of the adjutants with the chakras is an appropriate study, and why we should opt to add to this ancient system of sacral-cranial energy composition an over-lapping layer of circuitry.

## SPIRITS OF PROMISE

These non-personality energy circuits from the mind of the Infinite Spirit add a dimension of philosophy and theology to the core philosophies and theologies inherent in the Sanskrit, the ancient Akashic, and elemental existence of the Life Force, in particular as it reflects itself in and through the body, the material tabernacle, the temple, the source of the sacred I AM consciousness.

So now we are found on the plateau of **the third chakra** where man has risen above the crowd, where s/he has stepped out of mono-mono into individuation. The counter-part in terms of adjutant mind-spirits is what?

**Thoroah:** I think it would be courage.

**BOB:** The **spirit of courage**, yes, and as mentioned before, it does take courage to step out from the crowd. This is indeed the seat of the people-pleasing syndrome you get caught up in. You cannot please yourself if you are busy pleasing others. And while there is supreme merit in self-forgetfulness and turning the other cheek, the humility often assumed in Christianity is often in error. It is essential that you accept yourself as an entity in and of yourself in order to begin to recognize your own uniqueness. And thus you can learn to demonstrate the unique aspects of divine personality that are appropriate to you and you alone.

**Thoroah:** Boy is that true! They do practice that. It struck me when I was in Bible School. It was as if they were trying to deny me my individuality and my individual relationship to God.

## SPIRITS OF PROMISE

**BOB:** Your self-hood.

**Thoroah:** Yes. They were trying to buy my Self.

**BOB:** A part of this, as you might understand, is from the old ways - very old, ancient cultures - when the priesthood was the only allowable way to commune with the gods. It was necessary to keep the masses ignorant as the priesthood assumed the role of conscious godliness. This is one of the things in which your Teachers are involved, in this process of telling you and teaching you how much you are loved and how you are unique. This is different programming than the global programming that you will need to outgrow or erode over time. Perhaps this vantage point that we are taking you through, looking at the development of selfhood as an armature of the chakra system and the seven adjutant minds spirits, can give you a different study angle.

This could be an assignment for you, to see for yourself how many individuals are kept in place by the "wisdom" of their elders, how personalities are submerged and squelched, how they are drugged or oppressed, or how they are comforted and manipulated with food, creature comforts, pleasures of the flesh, promises of security, or a false sense of security in order to maintain the status quo and their place therein.

For you see, without an evolved and God-conscious frame of reference, any and all who push their way further forward into the I AM are in their own self-motivation. This is how it is that we get rulers who are skilled at leading the masses by way of the media, as we discussed earlier.



## SPIRITS OF PROMISE

And again the teachers are hoping to, intending, working toward altering that reality and assisting you in serving the Divine's ends in moving the masses into a more honorary mind-set. This is rightfully a branch of a University for it involves Education, and not merely mental education, but soulful education ~ the kind of education that you 'know' in your heart. However, the heart will come in our lesson next week.

**Exercise:** How have I been kept in place by those who believe they know what's best for me? How have history, mores, and religion oppressed my selfhood? What is my ego? What does it mean to be an individual? Is accepting selfhood egoistic? Will I be punished if I think "out of the box"? Who will punish me? Who really has control over me? Will I *survive* if I am not like everyone else? Is my selfhood something I need to wipe out? Or something I need to discover?

Today we are looking at the lower level 'I am' ~ the 'I am' of self-consciousness prior to the third Eye 'I AM' of God-consciousness. We are looking at the personality expressions of the human being. Here we see the root of human self-esteem and self-respect. Here we aspire to relegate fear and shame as mere shadows and not as primary movers.

### Two Sides of the Coin of Ego

Individuality is reflected in this bright yellow chakra, the yellow of sunshine and nature, openness, and good cheer, in the childlike radiance of sunflowers that blithely look to the sun and follow the sun shamelessly. The color of

## SPIRITS OF PROMISE

yellow is the color of ego. Yellow clothing is attractive. Yellow shirts and yellow dresses are often called costumes for they are brighter and more inclined to call attention to the individual than a subdued and conservative culture will allow. Soft yellows are for babies, or for genteel folks. Bright yellow is a loud color, captivating the attention. Wear yellow and you will think everyone is looking at you. This is because it is the color of personality. The "I am! - See me!" childlike nature of a budding personality.

How stifling of your world to hush you charming children! And for you to hush yourselves as you find yourself gearing into your yellow tones, as if to say, "I cannot be yellow and stand alone. I must mute myself so as to be compatible and conforming to the status quo." This is rubbish!

There are some personalities who are quiet and who, like the canary, may sing but will sing only within the security of its own cage. What do we care how the I AM is amplified as long as the individual is joyous in his or her sense of self!

How many people do you know who regard themselves as their own best friend? If they are their own best friend, then why has the cell-phone rage caught on, such that those who use the cell-phone as a tool of connection to not feel alone. Perhaps they do not feel at ease or at peace with themselves. Perhaps they have no sense of self and they don't want to be alone. They are as mobile reflections of the second chakra and their understanding is connected to the collective consciousness.

## SPIRITS OF PROMISE

**Thoroah:** Security. There's security there.

**BOB:** They have security, yes, through the systems that have established control over their minds and lives.

**Thoroah:** From my point of view, I can almost see myself separating myself from the collective consciousness. But I recall when doing that, it was a slow process because there is an identity with collective consciousness. I didn't realize then as I do now, as a secure "feet on the ground" kind of feeling.

**BOB:** Yes it's grounding, certainly. As we have discussed, those who are convinced that they are happy within the physical realm, the material reality, are seemingly without distress that they have such a limited existence and their indwelling God fragment must simply await death 'till they are released from the confines of such limitations.

There is not much that can be done with those who are not interested in advancing. As is said, "The poor we will always have with us." That, of course, does not mean the 'financially poor,' but those who are without a sense of abundance that comes from a recognition of their own existence as the most priceless gift there is: that gift of life which is a miracle, in terms of awe and wonder, of discovery and relationship.

This is only highlighted and augmented when the conscious contact with divinity enters in on the higher chakras that are not shared with the animal realms. But you see, even as animal beings it is possible to have a

## SPIRITS OF PROMISE

healthy sense of self, such as monkeys performing in the circus, show dogs, cats preening, horses prancing, peacocks strutting. It is the reason for fashion, for cosmetics, for style changes each season.

This is also how it is that there are families that maintain great values, that establish and maintain a civility with their neighbors and friends, who keep peace in the home, prosper in work and play, and yet not necessarily give much time or effort to God-conscious-izing, or conscious-izing God in their life. They have a healthy sense of self.

Many people fall into this category; they attend church as an extension of their civilized life style. They have no expectations that they will actually feel spirit, or find God or Jesus in their place of worship. They are happy to have studied the scriptures, sat through a sermon, sung some songs and offered some contribution to the maintenance of order, which to them is the embodiment of what must be adequate for a religious life.

There are large numbers of people who choose to live this way, paying virtual lip service to the spirit, but who do provide a sense of stability to on-going evolution. They are able to have a sense of self-esteem and self- respect because of their contribution to society and subsequent standing in the community they created, both as the crowning glory of the third chakra and/or in obedience to the fourth chakra, which we will look at momentarily.

But if these stabilizers of religious evolution were suddenly removed from reality as they know it, they would be lost. They would flounder. The words of Jesus to that effect was that those who are spirit-born are not

## SPIRITS OF PROMISE

troubled when earth's foundations are shaken, when earthly systems are taken away, because they have a knowledge of who they are in terms of eternity, not merely in the terms of the material life.

And this is the advantage that you have, those of you who have been able to follow the leadings of your active God Fragment and who have come into greater being, greater awareness of your manifest destiny, how it is that you have found one another -- not only the two of you, but those of your peers with whom you have been associating and reaching out to congeal into a society of fellow-believers -- these original and brave souls who have had the courage to come out from behind those structures which humanity has hidden behind for thousands of years, to stand in the light of the new age and carried forth the baton of revelation from one epoch to another.

You are the forerunners, and with your fellows you are perceived as *yellow*. Perhaps as you all join hands and accept your oneness in your advancing cause, you are 'mellow yellow' but you are also cheerful, bright faces looking up to the Sun/Son, eager children ready to sing and shout, play, and carry on without sorrow and without guile.

Look to see how your associates comport themselves. How many of them are genuinely at home in the configuration in which they find themselves? And how many of them are there simply because they have not found a way out -- those who are somehow trapped in a sense of security that is choking their happiness from them and who wish to find a way out of the trappings of the culture they have been born into?

## SPIRITS OF PROMISE

That is part of the work of a Lightworker. Let your light shine. Let your light be yellow. Let them look. Let them see themselves reflected in the reality that you project as self-hood, sovereign individuality, sacred. Then what one does with that individuality is another chapter and we can deal with that later.

**LADY:** Have you questions or remarks about our comments this evening?

**Thoroah:** I'm very thankful to be able to be part of these lessons and your mentorship. The benefit is unquantifiable. I'm very thankful for that. I am curious about the way the adjutant mind-spirits work - and perhaps the chakras too - but when we deal with the mind-spirits we deal with them progressively - and with the chakras. Is there any situation where all the mind-spirits aren't working together? Is there a stage, as an example, where somebody only has the **spirit of intuition** and none of the other mind-spirits?

**LADY:** Yes. Look at the human being as an example. The spirit of intuition is closely related to the instinct to live. The fear of falling and the fear of loud noises are the first human responses of an instinct to live, but the 'sense' of intuition is an unconscious message on a cellular level, almost a molecular sense. You will see this same thing in your sunflowers as they face the sun as your sun travels over. That would be similar to the **spirit of intuition**, for it knows what it needs to do in order to survive. As the human being develops, intuition becomes more sophisticated, based on experience, but the sunflower's intuition is fairly singular. It follows the sun.

## SPIRITS OF PROMISE

It has a one-year life span as compared to 70-80 years average life span for a human being.

Look at the **spirit of courage** and see how cats will stalk birds and dogs will stalk cats. This taking care of themselves in nature is called 'survival of the fittest' or the 'balance of nature.' In human nature, it also takes on those colors, but as the adjutant mind-spirits evolve to include the **spirit of worship** and the **spirit of wisdom**, a new dimension is introduced involving ethics, born of the spirit, which are essentially a different set of values than those which are tribal in nature -- or even cultural in nature ... for cultures are the product of animal evolution. This is seen, as we mentioned before, in discussing the second adjutant and second chakra, how tribal behavior determines the survival of the members of the tribe or the nation or family.

The more sophisticated the animal and the longer it lives, the more opportunity its adjutants have to operate, and they cannot be compared as 'apples to apples,' for your purpose is different as a Homo sapiens than, say, a reptile or a butterfly or a horse. They have their values, certainly, and they draw upon the adjutant mind-spirits according to their needs. The Mother Spirit has breathed life into the creatures of time and space as the Father has breathed eternal life into his sons and daughters.

**Thoroah:** So everything is in context, in a pattern.

**LADY:** Precisely. Paradise pattern.

**Thoroah:** It would seem then, too, that with the advancement of each of those mind-spirits, they represent an advancement in themselves, an acquirement. And then

## SPIRITS OF PROMISE

the spirit of intuition is enhanced greatly by the second mind-spirit of understanding, which is enhanced further by the spirit of courage, and so on and so on. So there must be a maze of inter-working within all of those mind-spirits as you go along.

**LADY:** Yes. The Infinite Mind is at work here, and of course the Infinite Mind, while regarded as the Third Source and Center and occasionally acknowledged as the feminine part of deity (since it is the mother of Divine Ministers and the grand mother of the ministering hosts of space), it is still part of the original I AM - an offshoot of the Universal Father. But it is Mother Spirit, the Infinite Mind, that brings the cognizance to the creature, that allows it to understand itself, its nature and the nature of its fellow creatures, fellow beings -- the science of life about Mother, about the patterns of perfection that filter from Paradise throughout the realms of time and space. This is why the truth of the atom goes all the way down to the most elemental of life forms, as well as the most complex and the most sophisticated ... the building blocks of reality, as it were.

And in terms of the chakras, you will appreciate that all life has the urge to live, which is represented by **the base chakra**, depicted in red. All life forms have an urge to mate, to procreate, reproduce. They all need to digest food and eliminate; this is the realm of the second chakra, **the sacral chakra**: orange; it builds the reality of life. And, the yellow nerve center, **the solar plexus chakra**, the I AM of the identity of the individual, can be seen in the vanity of cats or dogs or those animals that seem to have a sense of self that reflects their beauty or their characteristics in such a way as to understand them to be



## SPIRITS OF PROMISE

quite unique, charming, individual, fearsome, powerful or whatever. That is their sense of self. And it goes on.

However, the chakra system is primarily a reflection, a pattern of life that is sacred as life itself is sacred, as compared to the seven adjutant mind-spirits, which may be regarded as sacred only as a representation of Paradise Pattern reflected in the material realm. Only as the higher adjutants of worship and wisdom are engaged have we truly embarked upon a plateau of reality which is eternal and divine in potential.

And so, yes, all this is a study in the evolution of the creature from its inception to rebirth into its metamorphosis into the morontia soul and ultimately to divine status.

These are excellent studies for those of you who are embarked upon an eternal career, for it gives you good base understanding of the roots from which you come -- your human roots, your material origin, your animal origin -- so that you can have an appreciation of these qualities of your selfhood which will always be part of you in some capacity. Even as your animal nature diminishes, it still will not ever relinquish its recognition of the primal Force of your life as a blossoming person, coming from the DNA and molecules of the material chain of events that began at the inception of the Life Force when it was planted here by the Life Carriers so many, many millennia ago.

You have quite an inheritance to bring to your eternal career. We are on an interesting learning curve in our study of these adjutant mind-spirits and chakras as it

## SPIRITS OF PROMISE

seems we are about to lift up into **the heart chakra**, the fourth vortex, **the spirit of knowledge**.

I give you back to my partner and eternal associate, What-About-Bob.

### **The Heart Chakra and the Spirit of Knowledge**

**WHAT ABOUT BOB:** Good evening, my friends. Is she not a marvelous co-host? I feel really introduced -- well "set up", perhaps -- but before I go too far into our studies, let us look at your lives and see how they are reflecting the growth that you are personally enjoying as a result of having a new affinity for what all this represents, in terms of your coming into an awareness of what your life is and how you are a part of it, as creatures of the realm and as energy systems, and not merely as embodied spirits or an historical continuum.

We are encouraged by the sense of fulfillment that this summer has brought for you, and for so many others. This is in evidence in your co-workers' relationships one with the other: new volunteers; new expansion; real growth taking place. But it is interesting, and seems to serve the purpose of this evening's discussion, to reiterate how it is that, as each of you have individually grasped your greatest concept of Self in a wholesome sense and stood by that, whatever you may perceive it to be, regardless of what that does to others who would lean you away from being true to yourself in the highest sense...(some would use the word "co-dependent") ... as you each have learned to stand alone (and sometimes apart but ultimately individuals) who would obstruct you in your commitment

## SPIRITS OF PROMISE

to pursue your path of spirit work in a field that satisfies you as human egos, thus integrated and at peace with yourself in your psyche. It is possible for you to pursue in faith that path which you have embarked upon. And, of course, as it is real and [as] it abuts and interfaces affirmatively with those of your peers, who also have undergone this clarification/ correction, you are now able to move forward with less friction, less 'drag.' So there will be new accomplishments and, of course, new challenges as you advance, as you proceed.

Let's forge ahead with our thoughts about the growth of the individual, the human being that has found a sense of himself or herself. There are so many who never really give themselves an opportunity to delve into their identity. The gift of personality is the gift of life, and to not care how your personality seeks to assert itself as it was intended, is to so severely short-change yourself as to virtually commit cosmic suicide. It requires will choice. You have to make decisions in order for your reality to be actualized, in order for you to co-create the reality that you are destined to become, if you but *will*.

And there are many people also who are aberrant in their sense of self, for they get their sense of "self" from imperfect sources. Thus, they are essentially imposters. And since they know they are imposters, they must be clever and they must be disingenuous since they cannot be genuine. Even so, this condition is a result of intelligence (even consciousness) and thus is capable of carrying great weight, building great nations, waging great wars, accomplishing great feats, even thinking great philosophies and building great religions.

## SPIRITS OF PROMISE

But this, although an admirable step in the evolution of mankind, has still fallen short of the inherent potential in the pattern that is even now unfolding and in which pattern you are participating.

Think now in terms of planetary epochs en route to light and life: Consider the primitive ages of unformed land masses -- gases, swirling waterways, falling stars, comets, volcanoes --the ages of life before the vertebrae arrived as the base chakra. Think of the early dawn races as the second chakra wherein a certain understanding was attained that would contribute to survival and creature comfort. The third epoch may bespeak individuality and courage; here you may want to consider the explorers and the scientists, the Merlins and the Magellans that moved civilization forward.

Now let us look at the growth we come to at the heart-point -- the turning point in many ways, for it can make or break "reality." It can be destructive or constructive, depending on what lies in your heart.

**Thoroah:** You referred to that as the spirit of knowledge, so are we operating on whatever knowledge we have ... and that means it can be destructive or constructive?

**BOB:** It is how you think of yourself.

**Thoroah:** It's not necessarily existential?

**BOB:** No.

**Thoroah:** It's experiential?

**BOB:** Absolutely. It is experiential. This is the

## SPIRITS OF PROMISE

substance of this series -- the experiential value of all humanity and, in particular, the first five adjutant mind-spirits, prior to the spirit of worship and wisdom (which are not experienced by the purely animal realm).

The chakras are vortexes which are essentially energy. And inasmuch as any real religion incorporates divinity in all its aspects, this Sanskrit system of identification with the divine was always regarded as a spiritual practice, as well as a helpful discipline, and so it weighs toward the side of spirit but we cannot overlook the physical aspects of the life we live.

The addition of the dimensions of the seven planetary epochs en route to light and life is yet another general overview to push the limits of your mental walls outward so as to enlarge your scope of human evolution, for this additionally yields insight into your arena, which is the earth on which you are living and working on behalf of truth, beauty and goodness.

For you certainly have your insights which have been garnered from your personal experience, but the broader you can press for experience, that is to say, as much of your consciousness as you are capable of contributing, you cannot help but bring greater dimension to the consciousness of the general level of consciousness on the world at the moment, at this time.

But I want to stretch this picture so far as to allow for there to be a pivotal point right here: *at the heart*. The heart is where your loyalties lie. It is from the heart your depiction of reality will generate. Whatever it is that you love, you will represent because of this chakra. This is

## SPIRITS OF PROMISE

what you know; this is your knowledge.

It is not intellectual knowledge but heart knowledge that we are discussing. If you know, for example, through your experience, that everyone wants something from you, that knowledge is a part of your constitution and it will affect how you behave and how others behave toward you. It is *your pivotal point*.

If you believe -- if you *know* that you are innocent of "original sin" -- it will reflect in a certain child-like acceptance of a greater dimension of reality than those who have no frame of reference for innocence or for a sinless state. And so, in order for fruition to be attained, and for will to emerge as a conscious-izer, you will need to have an idea of who you are ... otherwise, it is a matter of continually recycling those same lower levels, again and again and again, repeating until such time as the momentum has attained a point of pulling you through "to the other side" otherwise giving in to the illusion of your reality so that the cycle can cease and desist. Consequently, you have knowledge but your knowledge is of necessity *forged*.

**Exercise:** List the many ways your heart has led you astray. List the many joys your heart has given you. List what you know to be true from your head and what you know to be true from your heart. How are they the same? How are they different? What do you know about love?

When the knowledge you were born with is reinforced, it becomes crystallized. It becomes more and more difficult to break away from that recognition of reality. So, for many, they are content to be where they are and are better

## SPIRITS OF PROMISE

off where they are, in terms of how they are able to reflect truth, beauty and goodness in their lives, simple as they are, but invaluable as well.

**Thoroah:** Are we building a soul in this process?

**BOB:** Your soul is built all along the way. And the over-soul is very much impacted by the planetary life. My perspective is a bit different than your perspective and so I enjoy seeing how soon and how well evolution is increasing the illumination of the world itself, as if it were gaining a dimension or a reality, which I can comfortably assess as "Urantia's soul," certainly, for it does reveal itself as a reality, emerging from the efforts of the individual souls of its inhabitants in their advance. And even as I am able to pinpoint the hope of the heart of Urantia, your planet, it is also available for me to observe how it is that Urantia's heart is twinkling in the sky along with all the other starlit planets of developing light and life in the system in which we reside. And as these worlds increase in their ability to pump reality, as they begin to live and breathe individually and independently, as these planets attain third chakra identity and become a courageous light in the cosmos, they also contribute to the development of the Evolving Supreme, which will coalesce into an array of reality such as will drown us all in its infinite light. It may be perceived as Nirvana for the entire cosmos.

Or so I am told. And I am convinced it is true, for I have seen the lights come on, even as I am allowing my light to also become stronger. And the heart is such a launching pad! It is such a motivator! Here is how I will emphasize this marvelous chakra and adjutant mind-spirit. (Pause)

## SPIRITS OF PROMISE

The heart provides the motivation. And remember that "love is more catching than hate." Even romantic love has the ability to set aside depression, fear, anxiety, and discouragement in those who are subject and witness to its joy. When people are in love, others are affected by the love the lovers share. You can look at people in love and recognize they are in the glow of some divine madness that sets them apart from the mundane material world. Songs are written about "lovers in love" and how "love makes the world go 'round."

Romantic love is likely the most apparent and obvious reflection of love, but romantic love is often unprepared for the reasons and seasons for life's own purpose, romance becomes disregarded, laughed at, scoffed, jeered, ignored, felt sorry for, and so forth. This is simply because humanity is less than perfect, and just because love changes, does not mean love dies. It does, however, require a certain responsibility for self-awareness to allow love to be redefined in order for your own joy to keep up with you as you proceed through life with the very many variations of love which are given. Tribulations included.

Those who have passion have an understanding of what they are doing. They know. Those who are on a path to discern the cure of disease or formulas for finding biologic solutions to disease are motivated, driven by their passion to forge their contribution to the greater reality. While there are geniuses, there are also madmen who, like Hitler, had his genius but had his aberrations also, as a reality to reveal, given his effective ability to assert his sense of what he knew. But even so, the happy heart, the conscious mind, the supple psyche is able to



## SPIRITS OF PROMISE

effect more lasting changes as a result of his or her genuine goodness than can evil thinking and ignorant leadership which, God knows, is abundant in your arena.

It is as if our perspective on Urantia today were on that pivotal point of the heartbeat, where we are seeing the emergence of the light but the pattern of repetition is so ingrained and the recycled cycle is so consistent, it would present almost a struggle, as it were, to overcome. As if it were necessary for us to push harder or "heave-ho" in order for us to overcome that hurdle of downward drag that is the habit of the greater unconscious-ness of humanity. And this too is why it so important that you strive. Your striving itself generates energy, heat, and light that contribute to the overall pulse of the soul of Urantia, yes -- as well as your *own* soul.

And so, they say, "It is not so much what you do but what you strive to do, that matters." The striving to do your passion keeps the energy in motion, keeps the light lit, the pulse beating. This is true, too, on a lesser level with all creatures. The balance of nature, the changing of the seasons, the movement of the tides, the migration of birds and so forth, is all a part of the movement. And whether it is a progressive stride or a slow decline, it is all part of the living organism of life ~ in all its facets ~ from the dense material to the high sublime.

The crisis capabilities of these chakras are noteworthy. If what you know is what you reflect and yet is not all that you need to know, your knowledge will then be shaken so that you can relearn. 9/11 was a symbol of a heart chakra crisis for your nation, for your globe. Exposure of the sort that calls humanity to question his very nature are those

## SPIRITS OF PROMISE

experiences which cull the soul and shake the foundation of those who are caught up in its mystery. So the heart is *what you know*. And yet, it may not know what it believes it knows, and thus it is also vulnerable to error.

The heart chakra is where you first make your decisions, not your head. This is where your reality is forged, for if it's in your heart, your passion will push it through. Likewise, when and as you have to face the error of your perceptions, it is the depth of your heart that will give you the ability to swallow your pride and step over your error in pursuit of the truth that is yet now being revealed as a greater reality than the one you had heretofore held fast as that which would suffice. Would you not perfect yourself, as the bud becomes the rose? And would you not allow the efforts of your divine Creator to unfold you as S/He has seen fit to bring you into increasing perfection?

Having conviction is a reflection of how a heart has knowledge. I hear you say, "How are you? I am fine." You assure me life is okay. How can I not take comfort in how you reveal yourself? All is well. In this, you express appreciation for creature comfort and contentment. You cannot *not* appreciate that which every other animal on the planet also enjoys, as these are elemental factors to happiness. To feel safe, to feel secure, are appropriate feelings. To not be made to suffer, to not have to endure severe conditions of cold or heat or hunger or pain or angst, are universal needs.

The sense of well being which comes from this security is evidenced in your ability to harmoniously strive together. To feel comfort and security is possible even as you strive to maintain the status quo. There is no conflict here, since

## SPIRITS OF PROMISE

the striving we refer to is not a compulsion; it is not the same as feeling driven. It is a natural reach, like your sunflowers reach. And now look at the view they enjoy! You also have reached and suffered growing pains, but standing firm in your foundation, see how you enjoy the proximity of your favored others, and from here enjoy the view.

**Contemplation:** What do I do about the knowledge my heart contains? Do I respect it as having value? Or do I discount it in favor of logic and reason? Heart knowledge is considered emotional, and emotions are often disdained in this culture. My feelings may not be something I am able to logically defend to those around me. If I am not solidly encircuited in my lower chakras/adjutants, if I do not know I have a right to be here, including emotionally, I probably will not reap the benefits of the heart until such time as I have developed intuition/instincts, common sense, and the courage to really know and value myself.

There is an element of care-free confidence and a quality of hope and anticipation, a sense of accomplishment and resolve, an acceptance of parameters and guidelines, a need to express and perceive, that is working in your favor today. That which you have yearned for and worked for has come to pass and it will provide a spring-board now for you to continue to discover eternal delights in advancement. And as you become confident in yourself as yourself, you reflect the joy that resides within, and you see your own love reflected in those you love.

Therefore, love takes on more meaning, it takes up more space in your environment, it becomes stronger, it contributes to the over-soul and the Supreme. It is a part

## SPIRITS OF PROMISE

of the upwardly mobile cycle of divine attainment. It is at least as compelling and thrilling, as enticing, exciting, alluring, challenging and mesmerizing as that old cycle you've gone through so many times ... and which you will continue to pursue age after age after age, advancing.

~\*~\*~\*~\*~

**BOB:** In presenting these lessons about the adjutant mind-spirits, I am not intending to reverse your progress, no. I am encouraging you to understand the animal nature so that you may better understand yourselves and, subsequently, your fellows, for it is a part of the scaffolding of the evolving sons of time and space that the animal nature be a part of the developmental process. The animal nature is not to be disdained, but is to be appreciated, valued, and trained in order that it might work for you and serve you, not the other way around.

We've discussed the spirit of intuition, the spirit of understanding, to some extent the spirit of courage, and we touched lightly on the spirit of knowledge, which we have placed in the position of the heart chakra -- the "knowing" that is evidenced not from the intellect, but from the heart.

Now, there are those who are embittered about love and who have become jaded about romance and, therefore, they have a heart hardened to romance, to the very concept of love. There are those, too, who are eager to fall in love with love and they have become -- shall we say - "stuck in the fourth chakra." They cannot go beyond their human capacity to discern love as an emotion, as a

## SPIRITS OF PROMISE

sentiment, or even as stimuli to passion. In the chakra system, the heart chakra is a level above the stomach chakra -- the material I Am -- and for that reason many refuse to rise above the stomach chakra, where they remain in love with themselves.

In dealing with the heart chakra, one must deal with a sense of helplessness, for love is intoxicating. It can make you do things you wouldn't choose to do. This is true for emotional love, for sexual love, for parental love, even for spiritual love. But the wizened one will understand that the heart, as the seat of knowledge, is a liar, a deceiver -- and that too is part of knowledge! Many truths are not felt except through adversity. All animals live and die with the loss that comes from losing a loved one. And whether the loss is through the natural order, through romance, of a child growing up and leaving home, or through death, the heart heals.

Its heart may be broken, but it is also the font of healing. To be vulnerable enough to accept the vagaries of love as a part of your existence is to accept the spirit of knowledge -- the understanding and the knowledge that disappointments will occur, that in spite of set-backs, the spirit of courage is free to operate. Understanding comes and intuition realigns you, so that hope springs eternal, and love blooms again.

### **The Throat Chakra and The Spirit of Counsel**

Each chakra/adjutant has its own will, its own purpose, but human free will dignity comes from the recognition of all these adjutant mind-spirits combined. All of the Adjutant Mind Spirits impact your free will. And whether

## SPIRITS OF PROMISE

you are right or wrong in your *will* choices, you will reflect your *will* choices when you engage in the spirit of counsel, which is your expression resident in the throat chakra, the fifth chakra, even that which all animals share. In the fifth chakra/adjutant you hear bullfrogs in the swamp, you hear crickets, you hear birds singing, you hear lions roaring, you hear people talking, you hear crying, you hear babbling, you hear sorrow, you hear laughter.

You express, also, through the fifth adjutant mind-spirit, the spirit of counsel, "Hear Me! Hear What I Have to Say! Hear My Announcement. Hear my opinion! Hear my complaint! Hear my solution! Hear my prayer! Hear Me! This Is What I Think. This Is What I Have to Say About That."

In the spirit of counsel is where you will find those who reflect back your own voice. And so, when you hear someone with whom you agree, that does not necessarily make them right; that means they agree with you, and so the seed is planted for the sixth adjutant.

But until all of humanity functions with the sixth chakra (the third eye) / adjutant (spirit of worship), there will be inharmonious expression, a cacophony of noise, audio chaos. Thus we have debate, argument, disagreement, and verbal conflict. But we also have independent thoughts, all of which stimulate and create impetus for exchange of ideas.

Without the fifth chakra/adjutant spirit of counsel, we would be alone, listening to the sound of our own voices. Millions of people cloister themselves in the fifth chakra

## SPIRITS OF PROMISE

with their own thoughts to keep them company. But with the added impetus of the spirit of counsel, we enjoy community, sharing, schools, theater arts, music, counsel, law and order.

The first five adjutant mind-spirits are enjoyed among the animal kingdom. They, too, counsel. They gather in herds and flocks and communicate among themselves, as do humans in their tribes, families, or cultures. I am reminded of a delightful song that I have heard sung in certain environments on this planet:

### **A PLACE IN THE CHOIR**

(by Bill Staines, copyright 1979)

All God's critters got a place in the choir  
Some sing low, some sing higher,  
Some sing out loud on the telephone wires,  
And some just clap their hands, or paws, or anything they  
got now

### REPEAT

Listen to the bass, it's the one on the bottom  
Where the bullfrog croaks and the hippopotamus  
Moans and groans with a big t'do  
And the old cow just goes moo.

The dogs and the cats they take up the middle  
While the honeybee hums and the cricket fiddles,  
The donkey brays and the pony neighs  
And the old coyote howls.

## SPIRITS OF PROMISE

### CHORUS

Listen to the top where the little birds sing  
On the melodies with the high notes ringing,  
The hoot owl hollers over everything  
And the jaybird disagrees.

Singin' in the night time, singing in the day,  
The little duck quacks, then he's on his way.  
The 'possum ain't got much to say  
And the porcupine talks to himself.

### CHORUS

It's a simple song of living sung everywhere  
By the ox and the fox and the grizzly bear,  
The grumpy alligator, the hawk above,  
The sly raccoon and the turtle dove.

### CHORUS

#### REPEAT

~\*~\*~\*~\*~\*~

**Thoroah:**      Where were we?

**WHAT ABOUT BOB?**      We were in **the throat chakra**, the broadcasting system, the foghorn of humanity where the **spirit of counsel** holds forth. How vociferous is the animal! All animals are social animals and have their own babble. The fact of language and the spirit of counsel contribute to the babble *and the variations* in babble. Perhaps that's where the Tower of Babel got its name. The chickens in the barnyard have their babble. Doves in



## SPIRITS OF PROMISE

the dovecote also have their language. All God's critters talk their talk. The neighborhood dogs' communication system is alive and well in the night, along with the owl.

Besides major language differences, your society also provides conclaves that use different kinds of languages. Religious sects unite people with similar beliefs. There are professional fields in which its participants stick closely together. There are racial groups that cling to their racial identity. And the young, of course, are always coming up with something new to set themselves aside and apart from the generations that went before them, and their language will often be found in their music, another evidence of voice, another reflection of will.

**Reflect** on the ways you exercise your throat chakra and spirit of counsel. Do you talk to yourself? Do you talk to your animals? Do you talk on the phone? Do you have a cell phone? Do you use it while you drive? Do you talk on the job? Do you sing? How else do you express your spirit of counsel? Do you argue? Orate? Debate? Console? Confess? Consult? Do you enjoy public speaking? Do you energetically participate with life through acting, dancing, sports or social events? Or are you a closet person, afraid to come out, to be yourself, to speak up, to make your own voice heard?

It is fair to say that the fifth chakra and the fifth adjutant are also the sources of personality expression in terms of performances or creative works. Although you might not see any connection between sports and the throat, or between a symphony and the throat, there is a connection in that the throat connects to the lungs and the breathing

## SPIRITS OF PROMISE

apparatuses that allow you to perform, to demonstrate, and to express physically.

**LADY:** I interrupt because I want to reference here that, in the chakra system, in the energy vortex of the physical body of the human, there are physical organs connected to the various chakra centers. This is an element that has been largely over-looked in Bob's conversation with you. However, the fact of physicality and the realms of influence of chakras are such that many studies have been made of such information. [See Appendix]

Each chakra, each adjutant has its own eminent domain, but each ever and anon overlaps the one immediately adjacent. While animals may enjoy all the assets and liabilities of all the strengths and weakness of all five of the chakras *and* adjutants, they are unable to venture into the sixth and seventh adjutants of worship and wisdom. They are incapable of higher consciousness. This is why man has dominion over the animals, and why he has a responsibility to care for them and for the earth environment that is their dwelling place.

Although animals may *appear* to worship their masters, they do not; and as much as they may *appear* to be wise, they are not – not in the sense that is required to lead you into the eye of perception, where you become *superconscious* – conscious of consciousness. When you become superconscious, you become aware through the third eye, the eye of perception, from whence you may entertain the “I AM” aspect.

And on that note, I will give you back to Bob.

## SPIRITS OF PROMISE

**BOB:** This is all I have to say this afternoon. I assure you that when you are able to review our comprehension of the animal nature in retrospect you will recognize when you hear my words re-echo in your mind at those times when you perceive the animal nature in operation, and perhaps you will be able to be glad for the opportunity to manifest compassion to those who have not yet risen to the level of utilizing their adjutant mind-spirit of worship, which aspect we will look at next.

Henceforth, we are not just separated from the animals; we are also somewhat separated from other humans. When we enter into higher consciousness, we must rely on partnership with the Divine in order to stretch our faith into reality.

Now let us enjoy the view from “the third eye” of perception where we find ourselves in the sixth chakra with the sixth adjutant mind-spirit of worship.

### THE SIXTH CHAKRA AND THE SPIRIT OF WORSHIP

**BOB:** Perception, creativity and worship are very subjective experiences. Your perception tells you what holds value, what is worthy of adoration. Thus there are those who have a sense of adulation toward those things they feel worthy of worship -- and that might include a person, a child, a concept, money or merchandise, games, politics, philosophies, theories, concepts, even God -- theology. There is possibility of error in worship because of the eye of perception. What you think worthy of worship may not be worthy of worship at all but merely a passing ideal en route to the reality that is ultimate destiny.

## SPIRITS OF PROMISE

**Contemplation:** What do I worship? What do I find worthy of everyone's admiration? Do I feel that those who do not believe as I do or perceive as I do or worship as I do are "less than"? Do I think that other races, other religions, other cultures, other fraternities, or other philosophies are sub-standard to my own? Have I ever had my beliefs pulled out from under me? Have I ever been subjected to ridicule? Have I ever been persecuted for my beliefs? How would that affect my perception regarding worship?

In your realm there are those who have a personal relationship with a personal god such that their lives have been turned inside out to the extent that they opt to pursue a course of enlightenment, and who enjoy the reflections of sublime peace of mind so much they find themselves becoming one with it.

**Thoroah:** We don't know exactly what to worship, except that which we know, so I'm assuming that worship would be - or should be - one of the last things to become a dogma or a ritual.

I heard a description the other day that I really liked, Bob. It was simply that worship is the awareness that you are part of the whole. You have assumed your part of the whole. And I really like that idea that you can appreciate the whole, as well as where you are *in* the whole.

**BOB:** You can become a part of the whole and float freely without the self-imposed definitions of enculturation that determine your existence in the material world. When you allow yourself freedom from those

## SPIRITS OF PROMISE

constraints, you are lifted up into an ether of liberation such as if it were a spiritual experience, and in this stratosphere / atmosphere, you may acknowledge and enjoy the fact of your being, yes.

The element of worship that gives worship its objectivity is, however, that *object* of worship or that *symbol* of that which you worship. For instance, your frame of reference could be represented as the starry heavens, as if you were one star in the night sky with billions of others, or as a drop of water in the ocean of life, and so you are absorbed into the greater whole. However, worship also is that which has an element of substance to which you can pay homage, do your duty, or do justice. This sometimes is work or a cause. This is a part of your worship because you are giving yourself in service to it, and you think well enough of it that you would feel good if everyone regarded it as highly as you do. This is part of the nature of the fact of worship.

**Thoroah:** But it's not necessarily religious.

**BOB:** This is true. Except for that which is personal religious experience, religion is a product of the spirit of counsel.

**Thoroah:** You mean it is philosophy.

**BOB:** It is something that a group of people have agreed upon as a creed, as a foundation for a religious doctrine. But as you suggested, Thoroah, personal religious experience may not attain to true worship. If it is an individual's religious experience, it is something worthy of worship to that individual.

## SPIRITS OF PROMISE

Perhaps you can see this clearly in the example of the unevolved party animal that revels in a good time on Friday night. He's with his buddies, the girls are foxy, the beer is cold, the music is loud, the cash flow is abundant, and the times are good. This is as high an experience as the fellow knows. He wants everyone to party. He believes in it as a way of life ~ to hang out with friends and laugh, shoot pool and listen to good music, flirt with pretty girls and have dreams of tomorrow. This is a religious experience as far as he is concerned.

And then there are those who play the stock market and they have their heart and soul wrapped up in their financial interests, their capital gains and losses, the odds they play, the delicate balance that gives them the adrenaline rush and the sense of power over global economics that makes their pulse beat and their libido react. This is their life. This is their passion. This is their personal religious experience and they may not want everyone else to experience what they experience, for there is the element of exclusivity, after all. However, they would certainly want everyone to understand the rules of the game and play it just enough that they would be able to make their game more exciting.

The sense of awe, humility or gratitude for whatever it is you are involved in, is a reflection of worship. To the mystic, the contemplation of the navel is a form of worship. To the honeymooners, coitus on their wedding night is worship. To the prisoner, the freedom to walk down the street is enough to provoke worship. Parents who smile on their infant as it sleeps are experiencing a form of worship -- at least it is worship available to them in their consciousness.

## SPIRITS OF PROMISE

And, as was said earlier, if you are one of those who have seen through the third eye the greater reality that lies beyond the consciousness of the material realm, then you will pursue that path, sometimes slowly, sometimes quickly, but those of you who have pursued it consistently over a period of time have a perspective on worship that comes far closer to the truth of the matter, and yet and still worship is apparently a very individual experience.

It is perhaps for this reason the Master admonished his followers to be respectful of the backgrounds and beliefs of the people they encountered, to honor where those people were, in terms of their development, if they even had any, because you can't take away something if it is all they've got. That's why it was so important to Jesus to find out where people's beliefs lay, and add to it.

Great delay occurs when anyone anywhere believes they have the truth, the whole truth and nothing but the truth when it comes to what should be worship. Great aggravation occurs when one group of believers presumes to be superior in knowledge, in sanctity, in grace, in philosophy. Wars occur over this kind of religious arrogance, supposed religious superiority. Religion is, at bottom, a very personal experience. Organized religion is the result of group counsel as to what should be believed by all.

**Thoroah:** We've let a handful of theorists basically control our religious experience on this planet.

**BOB:** And they continue to try to control your sixth chakra, the third eye, your perception of reality and

## SPIRITS OF PROMISE

your worship, by those theories. This relates back to the techniques learned in the second chakra, that of control and power. But haven't we discussed too, that you can develop these skills as well?

**Thoroah:** I think we all ought to, but maybe we don't necessarily know what exactly we'd do with it if we did have the bully pulpit.

**BOB:** It is part of our work with you to assure you that you have the capacity to develop your leadership potential. When you get the opportunity, you will have something to say for yourself; you have something to do with the opportunity; you have some foundation on which to stand and some direction in which to orient your hearers. You must develop this assurance within yourself, you see, for it has to come from your core, and not from your mind as something you've read or even from a mentor like me. You must know this in and of yourself to be effective.

**Thoroah:** And that's what takes so long, because 20 years ago I was 'ready' to go do what it is that I'm not yet ready to do 20 years later ... and I knew then that all I could go out there with was a bunch of stuff about a bunch of stuff I had read and very little about what I had experienced or what I had learned. The sad fact of life is, in time and space, it just takes time to learn that stuff and you hope you don't get run over by a truck in between.

**BOB:** Absolutely. And this is why it is stressed that experience is so important. It gives you perspective. It gives you an opportunity to succeed and fail, to strive and fall, to forge your reality on the anvil of experience.



## SPIRITS OF PROMISE

It gives you the perspective to recognize that everyone worships differently. And this leads us to the next level.

### The Crown Chakra / Adjutant of Wisdom

We embark now upon a study of the seventh adjutant mind-spirit, the culmination of the Mother Spirit's adjutants, and the seventh chakra, the lotus blossom of enlightenment.

Enlightenment comes only after you have worshipped and after you realize that worship is a private affair, an existential reality. Even if you were to share your personal religious experience with others of like mind, those who perhaps speak the same language, if you were to rub them or any combination thereof, you would find that they have each got their own thumbprint, their own unique perspective on finality. No two perspectives are exactly alike.

**Thoroah:** We all are guessing a little differently about how things are and will be, because it is a guessing game! As much as we want to believe and as much as we have faith, that's what it is. Faith is kind of like a guessing game.

**BOB:** It is a guessing game until the seventh chakra opens and the lotus blossom becomes too real to deny.

**Thoroah:** Right. And when you *know*, that's not a guess. So as long as we *know* things, it's not a guess anymore. It's a guessing game when it comes to all those things we don't know ... and they separate us, too.

## SPIRITS OF PROMISE

**BOB:** Yes, but have you not made your commitments? And do you not reflect on your choices to the extent that you are engaged in this co-creative process of developing your greater reality? You will participate in the process and gain wisdom as a by-product of your efforts.

**Meditation:** Do I depend on others to tell me what to think, how to act, what to worship, how to vote and what to believe? Or do I have experiential wisdom? Have I learned through experience? Can I admit to having made mistakes? Have I learned from my mistakes? Have I learned through observing the mistakes of others? Have I grown as a result of having reflected on the nature of my mistakes? Can I teach others through my own life experiences? Do I seek divine guidance? Do I trust myself?

The seventh chakra and its lotus blossom of enlightenment is that same truth. However, the perception of the lotus - the state of Nirvana - often is confused with the sense of At-One-Ment you spoke of earlier. Nirvana lies beyond mind, beyond body, and beyond at-one-ment. It can be perceived as the original I AM.

As stated in the Urantia Papers and in the Sanskrit, the original I AM existed even before the Paradise Trinity personalized itself as relationship contenders, thus, while worship is a private affair, wisdom is social; it revolves around relationship. That is to say, wisdom results from relationship with Deity, relationship between yourself and the object of your worship, and relationship between you, Deity, and the players who reside with you in your paradigm. You are a miniature replication of the original I

## SPIRITS OF PROMISE

AM concept. To recognize “I AM a Son/Daughter of the Original I AM” opens the creative windows of the mind to allow creativity to effect how you live your life and this is a way of opening the door to wisdom. Those who “have all the answers” have no reason to open the windows of their mind to look for the picture of the future they could have if they were open to it.

In many ways, that window opening to wisdom is like the spirit of intuition, in that men have not given themselves permission to develop their intuition and acknowledge its importance in their life because it has been regarded as belonging to the opposite gender, therefore foreign or alien. This kind of attitude retards evolution. Men and women both must open to all the chakras, all the adjutants, in order to move humanity toward the next stage of planetary development.

Like zooids busily working together to create the Great Coral Reef, we must all lift together in a consecrated effort to build a new consciousness in which we may all live in peace and prosperity. Through wise teamwork, we can all conspire to lift together in a consecrated effort to build a brave new world based on our highest ideals, in loving service, with spiritual liberty.

There is a reward to be had for recognizing the energy fields of the chakra vortexes and the mind circuits of the adjutants. At each level of accomplishment there are improvements for the soul and psyche. The ability of your mind to adapt to new circumstances, to assimilate lessons, to process life experiences, to make choices and feel comfortable within your parameters have given you a sense of contentment that has had advantageous effect on

## SPIRITS OF PROMISE

your temperament and/or your tendency to fall into fear or depression.

From this place of serenity and contentment you have been able to observe your outbursts and temper them intelligently; you have been able to set aside your anxieties. Because of the creative nature, these character defects have not been troublesome and our work advances accordingly.

The attention you devote to the connections you make, the conscientiousness involved in your networking, and the services you are providing for others, has had much bearing for you. The creative core of growth and progress is a connection with divinity. And this is in the realm of wisdom.

Therefore, it is a good idea to review the programs and training that have served you well throughout your life, for these practices continue to remind you of what you have learned, what you have mastered, perhaps what you have forgotten -- that worked once but you've forgotten somehow and slipped -- thus bringing it back to your consciousness, back to your way of life, and thus you enhance yourself, your environment, and you impact those you contact as you pass by.

These are resources. All of these are resources that one day you will be glad to have in your mind for they will serve in contact with those who want to engage you in dialog about 'Who are you? How did you get to be who you are? What do you believe in?' This is how you are able to be the best you can be, how you can be a preacher, a minister, a councilor, a teacher, a master, a speaker, an entertainer, a poet, an artist, a creator.

## SPIRITS OF PROMISE

This is how the human race matures, how civilization stabilizes, how planetary advancement occurs, how light and light evolve, and how peace and plentitude can and will eventually prevail.

### The True Nature of Abundance

**LADY:** Your energies are much more than an accident of existence. You are a child of destiny, and in your groping to find reality ~ a reality which will augment your meaningfulness to yourself and your fellows ~ you have investigated, grasped, pondered, discarded, experienced a great many reflections of relative imperfection in order to attain the state of relative perfection in which you find yourself this day, this moment, as we pause now to look back upon the steps we've taken to meet here.

For while you have worked your way up the totem pole of chakras and adjutant mind-spirits to attain the lotus blossom of the spirit of truth, it also is true that we have altered our course and modified our being in order to meet you in route. As you reach up, spirit reaches down. We have on occasion made ourselves denser. We have perforce down-stepped our energy. We have made an attempt to understand your psyche and your background, your conditioning and your circumstances, so as to have a better understanding of how we may approach you, in order for this liaison of material and spirit to interface.

This moment ~ though you may not realize it / may not fully appreciate it ~ is, in many ways, just another point in time, but it is also a momentous point in time, as it is a demonstration of the infinite love of the Divine Parents who have created such a vestibule of ascension that

## SPIRITS OF PROMISE

allows for us to grasp one another in the bonds of friendship and to assist each other in the process of rising up out of the density and of material existence into the exhilarating and colorful awareness of morontial existence.

To live with one foot in the material world and one foot in the spiritual world is to bridge the gap from here to eternity. Even the life you live here and now is made abundantly more as the result of your many efforts to become more aware of your relationship to life in the universe. You are no longer consigned to the material plane of reality. Your morontia reality ("your soul") can stretch and, like the birds in your yard, spread its wings and bathe in the Living Water, frolicking and rejoicing in the act of life itself.

This attainment allows you to recognize your status as a faith child, as a faith son/daughter of divinity. You have risen from the lowest level of existence and the base indulgence of sensual pleasures into a refinement of sentiment and will dignity. This is Nirvana. It is the perfect pattern of Paradise repeated through your life, here and now. The Spirit of Truth guides us on the path.

You have a responsibility to your reality, now, to uphold its value. Value is what I want to impress upon you; your value. Think about who you are and how you got to be who you are. Think about the climb, the many fissures and crevasses of rock you have torn your hands and knees on, how many scratches and calluses you have received as you have pulled your way up out of the lesser values of fear and despair to behold your own faith and your holiness as children of Divinity, alive in supernal glory.

## SPIRITS OF PROMISE

Is there something wrong with holding yourself up to your own values? No! This is the righteousness of enlightenment, the lotus blossom that reveals itself as the diadem of spirit that watches over you, embraces you, empowers you and surrounds you, that instills in you and in your path the Light and Life of Havona/Nirvana, heaven on earth.

Having climbed all this way up and out from your lowly origins, remember this exalted state of being, this appropriate pride of accomplishment, this choosing to live in the Divine will in such a way as to have altered your attitudes and adjusted your thoughts. You have attained the Pearl of Great Price by reaching up as Deity reaches down to meet you and make you more than you were.

Carry this attainment in your heart and let it become a part of you, a living reality within you. Let it be a confidence arising from within you. And let yourselves not be brought down by those who cannot see you, who do not know you. Rather, stand dignified, for that which you are and that which you have attained cannot be taken from you. You need not let it slip away.

**BOB:** This concludes the series of lessons on chakras and adjutants. Before we enter the next series of lessons, on Character, what can I do for you in your lives? How can we offer ourselves to you to better your attempts to know yourself, to foster the faith that feeds your own soul growth and your efforts to minister to those you would help as you pass by?

## SPIRITS OF PROMISE

**Thoroah:** What you do is invaluable, already. I pause once in a while just to think about the fact that we get to sit in your mentorship, and what a benefit it is. I'm sure I take it for granted often, but when I stop to think about it, I realize it's like having another pair of eyes and ears in the invisible world ... and we have so many of you (out) there that-- It's just hard to believe.

**BOB:** You have seen nothing, yet. You have no idea how many helpers there are "laying in wait" for your eyes to open ~ not necessarily *your* eyes, Thoroah, but the eyes of those mortal men and women who walk among you, not yet realizing "the Kingdom of Heaven is within you."

They could even now be enjoying the delights of celestial companionship. They've scoffed only because they have not yet tasted the divine friendship. They have not allowed themselves to break free of their intellectual reasoning mold into the freedom of spirit reality. The need to be in control of their own mind is still set in their consciousness.

In due course there will be others who will have tired of their own minds enough to enter into divine wisdom, to entertain the Greater Mind. It is true that if you exchange your mind for the mind of Christ, if you are the Buddha, you will see with new eyes. While this is true, it is also gravely misunderstood.

If you understood that you are the emissaries of divine reality, in truth, you are the embodiment of the "returned savior" ... the Son of God in the flesh, knowing that you have those qualities within you which are fruits of the



## SPIRITS OF PROMISE

spirit, knowing you have the Holy Spirit (the Divine Minister) in and through Her ministering spirits (angelic orders, united midwayers, adjutant mind-spirits) that you need not forswear, that you are entitled to call upon, indeed encouraged to make use of and incorporate as a part of your comprehension of the greater Family of God, you would, by your energy and by your attitude, reveal the living qualities of Sonship/ Daughtership. Behold the man. Behold the woman. Behold the child of God. Behold God made flesh.

From this pinnacle, from this lotus blossom of enlightenment, we walk with the Spirit of Truth, which ever shows us the Way.



# SPIRITS OF PROMISE

## **PART III**

### **"The Goddess Within"**

A Presentation Integrating  
The Seven Chakra Vortices and  
The Seven Adjutant Mind-Spirits

This presentation, based on the foregoing transmitted material, was given to a group of women at the Red Door, a New Age bookstore in the Village of Corrales, New Mexico. The transcript of the presentation reads as follows:

### **INVOCATION**

I'd like to start with an invocation. I would like to invoke the spirits to come and join with us today. I always work better when I'm working with spirit. In fact, without spirit, I don't work well at all. And so I'm going to ask particularly for the assistance of the Cherubim and Sanobim [angelic orders] who taught me this theory. He

## SPIRITS OF PROMISE

calls himself "What-About-Bob" and he calls his companion "Lady."

What-About-Bob and Lady, if you would please come in and help me remember what you told me, so that I can convey this to others, I would be most appreciative.

I also would like to honor Celestial Artisan Athena who helped me write my novel and who works with me in my creative ventures. And without getting secular, I always take it upon myself to thank the Master for the blessings that we all enjoy. No matter what we call Him, I know we all know who He is.

### **By What Authority?**

So, with that, I'd like to begin, and first I will address the question: "By what authority do I teach?" I teach by my own authority, as a result of my experiential wisdom. I have been taught to be a teacher and so I do that without credentials (as far as schools are concerned). I do teach by transmitting, which is similar to channeling; it's not exactly channeling, but I do access celestials. I've been doing that pretty much full-time now since 1993 and I have a huge library of transcripts that are on the Internet, but I am not here to talk about that today.

I also make reference to the Urantia Papers. I have been a student of the Urantia Book since 1968 and it has solidly impacted my theology and my approach to life for over 40 years. It has opened the door for me to realize the vastness of this cosmos and to rest assured that it is a friendly universe; it is chock full of fascinating and provocative information and insight, the history of the planet and so

## SPIRITS OF PROMISE

forth and so without apology, I am a student of that book -  
- as well as other great works.

*What's the name of that book?*

The Urantia Book. That's spelled U-r-a-n-t-i-a.

So if you are looking for a reason to not accept my theory, those are two good reasons right there: (1) you don't believe in the Urantia Book and (2) you don't believe in channeled material. But I do use them -- and anything else I can get my hands on to do what I need to do, which is to broadcast the good news, however that may be perceived under any given circumstance. Therefore, I teach by the authority of my own voice, which has been developing for many, many years; I do derive inspiration, though, from my celestial helpers and the Urantia Papers.

### **Chakras / Adjutants**

How many of you have heard of the chakras? Everybody? You are not familiar with the chakras? Okay. And how about the adjutant mind-spirits? Who have heard of the adjutant mind-spirits? Okay. So we have two who are knowledgeable about the adjutants. Well, that's good. After this presentation, you will all know about both chakras and adjutants and how they complement each other, for we're going to go through and compare how they work.

Chakras are energy circuits -- energy vortexes, basically, situated within the spinal column. It's a sacral-cranial configuration. If you want your chakras opened, you lie in a fetal position, ask someone to put one hand at the

## SPIRITS OF PROMISE

bottom of your coccyx and the other at the top of your head; hold them there for ten minutes, and in the spirit of abundance, they will begin to open. Then the fun begins because when your chakras start opening, you have opened yourself to another dimension.

### ADJUTANT Mind-Spirit

Spirit of Wisdom  
Spirit of Worship  
Spirit of Counsel

Spirit of Knowledge  
Spirit of Courage

Spirit of  
Understanding  
Spirit of Intuition



### CHAKRA Vortex

Crown Chakra  
Brow Chakra  
Throat Chakra

Heart Chakra  
Solar Plexus

Sacral Chakra  
Root Chakra

Actually, life being what it is, energies will compel you forward whether you are conscious of it happening or not, but when you become conscious of it, life is much less frightening and living is much more interesting. You can track what's happening with you; and this is, in part, what I want to do with augmenting your understanding of the chakras with the adjutant mind-spirits because in my studies they parallel so closely.

### The Life Impulse

The impulse to live is fixed in the root chakra. It is the very base of our foundation as living beings. The

## SPIRITS OF PROMISE

activities of our root chakra and our first adjutant are mostly unconscious. They address our survival instincts. We don't know much about the details of what goes on; we just know the heart pumps, the pulse beats, we itch, we sneeze, we blink and otherwise respond to the body's will to live.

The impulse of life -- the spark of life -- is what stimulates our urge to survive. This impulse is perceived through the root chakra and through the first adjutant as the will to live. In either or both of these systems, we don't always know what we are sensing, or what we are intuiting, we just have a hazy notion of where danger is and what we need to do to avoid it, in order to survive.

When we consider, "I feel like I should do this" or "I feel like I should do that." "I ought not to go there." "I should avoid that situation." "I'm attracted to that man." "I think I will apply for that job." "I don't know why, but I need to turn left here." It is because there is an orderly structure of universe intelligence that oversees our destiny, that brings people together, and that orchestrates our destiny. There is order and structure in the universe, and although we will evolve whether we give life much thought or not, it is much more enjoyable to be mindful of it so that we can contribute to it.

The root chakra has to do with survival. Now, most times when people think of survival, they think in terms of getting their needs met without regard for others, and this is where the trouble starts. This is also where my theory begins, because when you have a life impulse, the animal in us will respond through ... What is it?

## SPIRITS OF PROMISE

### *Fight or flight.*

Flight or fight ... or freeze! I add *freeze* because that's what I used to do. I would become paralyzed by fear that life would run right over me. And it did! But by being aware of the spirit of intuition, we have the chance to pause when we feel the impetus to fight or flee or freeze. We have a chance to pause and say, "I'm intuiting something, sensing something. What does it mean?"

Yes, it might mean your mind is playing games with you, your ego is demanding to remain in charge. But it is also possible, through an understanding of the self, to take control of your life, to listen to what your adjutants are trying to tell you through sensing the existence of the relevant chakra. You can learn to demonstrate self-mastery. You can thwart fear before it thwarts you, but you need to learn to recognize it when it has you by the tail. This can be done through our innate intelligence. And the impulse is where it starts.

### **This Animal Thing**

Now, I want to get into this animal thing before I get too far into the chakras because animals have five of the seven adjutant mind spirits -- the first five. Animals intuit things; they understand; they have courage; they have knowledge and they can counsel. We tend to regard these descriptive adjectives as we would with our human intellect, but for a moment I want you to consider them from the perspective of the human animal so you can get a different perspective on the words, because your pets share with you five of these adjutant mind-spirits, and we



## SPIRITS OF PROMISE

can learn a great deal about ourselves through relationship with our pets.

We think of knowledge as being what we get from books. We think of understanding as rational, reasonable thought processes allowing us to relate personally to our world. This is not the kind of cognizance I want to emphasize. Rather, I want to emphasize the impersonal, and perceive these mind circuits not with the intellect, but with the innate intelligence of created life.

For example, your animals. Most of you have pets, or have had them in the past, and you know that they understand. They understand what's going on with you, with your environment, with your relationships. They understand you through your moods. If they watch your patterns for a while, they will learn to understand when you are getting ready to leave the house. You don't have to tell them, they will know by the motions you're going through. They understand what's going to happen and they go crawl under the bed somewhere. Without using words, they understand.

Animals have courage. Some little cat will go after a bird, chase a mouse; they will swat you with their paw if you are irritating them. A dog will growl or bark if anything strange encroaches. That's courageous, and it's part of their inherent being.

Also, in terms of the spirit of knowledge, animals know what their boundaries are and who feeds them. They know where their bed is. They know where their comfortable spots are. They know when they've spilled something, broken something or gotten into the trash;

## SPIRITS OF PROMISE

they know when they've done something bad; they feel shame when scolded.

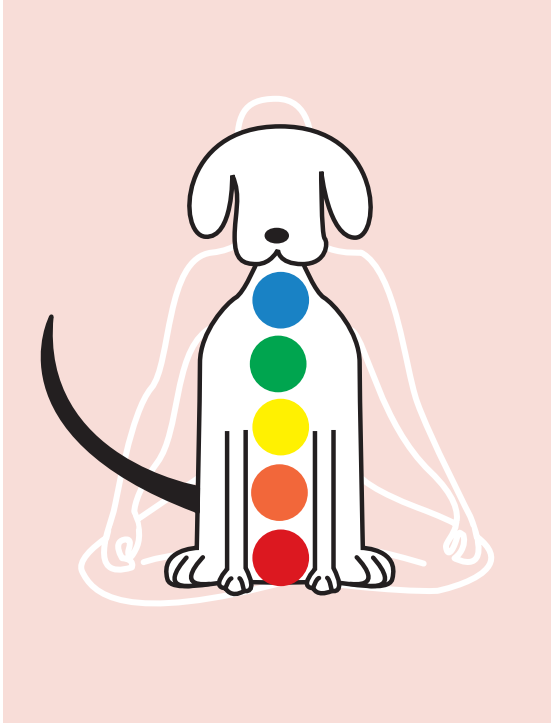
Animals know this. They have not read these things from a book. They do not understand because they watched it on the Discovery channel. They understand because it is inherent in their capacity as an intelligent being.

And so when I talk about the spirit of understanding and the spirit of knowledge, as well as these others, know that humans respond largely as animals do -- at least on the first five levels. Animals don't have the two higher adjutants (the spirit of worship and the spirit of wisdom), even though we might like to think they worship us. They will wag their tail at us and lick our face to show they like us, and they might roll over and expose their belly to let us know they are submissive and that we are the boss, but that's not the same as worship. It's a form, perhaps, of adoration but it's only because we provide their needs. Which, now that I think of it, is likely the primary reason we worship Deity -- it takes care of our needs.

But animals are not eternal creatures, even though they have eternal energy. They do not attain the lotus blossom of enlightenment, even though they purr when happy. And they don't have the ability to develop wisdom to the extent that mortals can do. Not that this is a symptom of human wisdom, but animals don't commit suicide, whereas humans will get upset about things and off themselves for one reason or another, because their thoughts are distraught or their health is failing, or their emotions are twisted. Animals don't do that. They lick their wounds.

## SPIRITS OF PROMISE

So, I want to put this little doggy up here over the standard lotus chart as a visual thing, so that I can show you that basically the root chakra is the same thing as the spirit of intuition and we experience that spirit of intuition/urge to live as do the animals of the realm.



### **First: Root Chakra / Spirit of Intuition**

"Spirit of Intuition. Quick perception. The primitive physical and inherent reflex instincts. The directional and other self-preservative endowments of all mind creations. The only one of the adjutants to function so largely, or

## SPIRITS OF PROMISE

pervasively, in the lower orders of animal life and the only one to make extensive function contact with the non-teachable levels of mechanical mind."

Okay. And then we have the first chakra, which keeps us grounded on the physical plain; it speaks for our survival instincts. It's identified with the color red, for the will to live has passion, power, and purpose above and beyond that which we can believe is possible. It functions largely unconsciously, but as you become more aware of who you are in terms of your chakras and your adjutants, you will be able to recognize it consciously.

For example, I now know when my lower chakra is trying to get my attention to forewarn me of danger. A dog will communicate with its tail. If it's feeling cowardly, his tail will go between its legs. If it's happy, the tail will wag. I'm not saying we have a tail, but we have an energy vortex there that reflects our innate energy reactions towards life coming at us. When I'm facing possible danger, a possible bad choice, I can feel it. I can feel it in my lower chakra as if somebody is pulling on my tail to say, "Don't do that!" And my will, then, has an opportunity to say, "I'm ready for an adventure. I'm going to do it anyway!" or we can pause and say, "I'll think about it then," and we can choose how to act because maybe we don't really want to take any risks at this point in life. The point is that we *can choose* when we feel that adjutant acting, that chakra stirring.

What-About-Bob taught us a couple of great things about this first adjutant, the spirit of intuition. It's interesting that they call it "women's intuition" and then rather think there's something wrong with that, that it's less than

## SPIRITS OF PROMISE

reasonable, less than intelligent, and yet women's intuition is often because we are so close to the life force. Women are the ones who carry the baby and open their cervixes to deliver the little rascals. Women do feel those life energies very closely. Women are very close to the pulse of life, and they are, many times the leaders, although unfortunately, under the current paradigm, they have to manipulate their leadership, in order to be heard, but one of my purposes is to change that, so "Listen up, girls. We're going to change the world."

All this sublimation of the power of intuition is a result of our cultural conditioning: how we respond, based on what we've been taught by our parents who learned it from their parents, who learned it from their parents. And so, we act like women who would not dare run with the wolves. We behave like we're "supposed to" because "it's always been that way" - even when it's not efficient, not comfortable, and it doesn't let us be the best we can be. Conditioned responses deprive us of our free will dignity.

### **Second: Sacral Chakra / Spirit of Understanding**

The second chakra is in the belly. Life gets much more interesting on this level where we can have at least some conscious understanding of what's going on. Again, I will refer you to world-renowned intuitive and respected lecturer in the field of health, intuition and contemporary spirituality, Caroline Myss (that's M-y-s-s, pronounced "mace"), who has a number of books on the market, including "Anatomy of the Spirit" and her new one, "Sacred Contract". She does not work with the adjutants, as I do, but she is really good. She talks about the second

## SPIRITS OF PROMISE

chakra as being the area of power and control, and it's very easy to see that.

The second chakra is where we feel defensive. You carry your guns right here, in your holster, astride the belly. And when I am feeling anxious, I feel a knot down here in the belly. Chances are if you find somebody who is focused on their tummy, they are feeling some kind of pressure from a predator, a bill collector, a deadline or someone or something that wants to take control of your life against your will.

Speaking of control, in the second chakra, we're talking about bowels and we're talking about our sex impulses. In terms of my theory, the spirit of understanding comes in when we understand that a fellow is strutting his stuff. That peacock has got his wings spread and he's letting it be known that he is available and he is something! We can then respond as if to say "I'm buying it!" or "Who cares!?" but it is fairly easy to understand what he is doing by the way he presents himself, just as women will preen and bat their eyelashes and wiggle when they walk to do the same thing.

And despite the fact that what they call "subliminal advertising" sells millions of dollars worth of products every year, these behaviors can be done consciously, which means we don't have to blindly react to life's impulses. We can intuit and make cosmically intelligent choices rather than blindly functioning as a dumb animal. We don't need any help being a dumb animal but we need all the help we can get towards making better decisions. We can have a goal. We can make a plan. Without going so far as to say we are purpose-driven, we can have a life

## SPIRITS OF PROMISE

with purpose. We are not without choices. We are conscious beings with free will.

What-About-Bob says, about full consciousness, "This adds will dignity to our life. Will dignity is something we aspire for." Another thing he talks about is manipulation, cause and effect. If you know *this*, you can do *that*. And when people develop some degree of social awareness, they begin to maneuver people and manipulate them. Listen to the news. We're being manipulated constantly, with commercials, with TV programs, but with the news, big time. We end up feeling like a yo-yo, back and forth, wondering "What do I think? What do I feel? How am I supposed to process this data?"

So much of what we think is not original with our own mind but is what we learned from our parents or our best friend. To go against the peer group can be a very frightful thing. BUT if you know who you are and what your "stuff" is, you'll stand behind it, and you can stand behind it even though you and your best friend don't agree with it. You don't all have to think alike in order to be part of the human race and part of an up-swell of consciousness, because it takes all of us. It takes each individual, each perspective to add to that puzzle that will create the whole picture.

And so politics is a second-chakra manifestation. It's about power, it's about control, and it's not just global politics. It's personal politics. "If you don't take out the trash, you can't go out Saturday night." That's all there is to it. "And if you don't buy me a washer and drier, you're not going to get any for six months!" That's a way people behave, and so it's a control issue. We could make wiser

## SPIRITS OF PROMISE

decisions than the ones we learned from our parents. In fact, here's what I wanted to find.

Wha'-About-Bob spoke to us about shame as a control technique. It is how those who want to manipulate us use shame to keep us in our place. It is so subtle, but unless and until you become aware of how we are shamed into keeping our place, you won't be able to rise above it and become self-acting. You will not have self-mastery over your second chakra. And so you want full understanding of what is involved in power and control. There is harmony in this creative action, working for you, not against you. And so, be aware of shame. Here's what he said:

“Shame is a tool used by those in power to keep their people asleep and obedient. Shame is one of the most debilitating powers that can be used by your society to keep you in check and keep you from having appropriate self-esteem, self-respect, and self love.”

I point this out to you because you are women and that is my focus audience because I am a woman in recovery and one of the things I am recovering from is co-dependence. Like millions of women, I was taught, "Whither thou goest, I will go. Whatever you think, dear, is what I will think. Whatever you want to spend money on is fine because you wear the pants in the family and I am here to obey you."

That is one of the dumbest theories I've ever heard of because he might make really poor financial choices! Or his eating habits may be pathetic. You can't just roll over and let somebody make these kinds of decisions for you.



## SPIRITS OF PROMISE

Your cholesterol will be up to here; you'll be living as a bag lady. You know? We have got to take care of ourselves and quit allowing other people to make our decisions for us or tell us what's good for us. Only we know what's good for us.

"Listen. Listen to your inner voice, for it is a deep and powerful source of wisdom, beauty and trust flowing through you. Learn to rely on your intuition and in good time answers will come and the path will open to you."

Before we move out of the second chakra/adjutant, I'd like to note that a benefit from understanding our self better, is that the spirit of understanding ... what makes us tick, how we respond to certain situations, whether we freeze or flee or fight, and what we flee from or what we fight and what we don't care about ... those things about us - self-knowledge ... help us understand other people better.

Although it's not necessarily true that what is true for me is also true for you, it at least gives one a chance to recognize that if I have to go through all of this to understand who I am and then stand behind who I am (instead of being a puppet for some other mass consciousness), I can look at all these other people and see what they are subjected to as well.

And so we can have a new dimension of compassion for people, an understanding of why people do what they do. It saddens me tremendously when I see women self-efface themselves right out of existence. To me it's just an affront and an outrage to our Creator that she would just roll over and let him tell her everything that she should be. It just infuriates me, but I understand that kind of

## SPIRITS OF PROMISE

insecurity (because I have insecurity); I understand the need to comply (because I have been there). Like others, I recognize when I need to comply to get my needs met. And like others, I realize that I can also be a manipulator and I know how to spread my feathers to attract that bird, or duck, or whatever. So if, I understand how I behave as an animal, I can understand better how you behave, too, and will not be shocked when I discover that you are *first* interested in your own survival.

*And all of those come from the sacral.*

And all that comes from the sacral chakra and the spirit of understanding, yes. It's a powerful, powerful field. Politics and sex, drugs and rock and roll. In fact, that's where addictions are born, is there, because when you don't have and can't get, when you feel you are out of control or you don't have control, many people revert to other things. So if you're caught between a rock and hard spot, then escape is one option ... to flee from the reality that you are in, by just numbing out. So, it's a very important, very important chakra. Actually, they are all important. And interesting!

### **Third: Solar Plexis Chakra / Spirit of Courage**

Now this next one -- we're going to move into the third. We're going to start having some fun now, although there is a lot of danger and trepidation and excitement in the third chakra and the third adjutant as well. We're going to step out of herd mentality now and really face the self and grasp the self as an ego -- as an individual ego identity. Part of the reason we stay with the herd mentality is to fit

## SPIRITS OF PROMISE

in, to feel comfortable, to not have to assume responsibility for the world or for making the big decisions (like what we want the man to decide). Like where to invest your money.

*To be safe, too!*

To be safe, yes. So when we step out from comfort of the anonymity of the crowd, it takes courage. **Chutzpah!** Sometimes it's just bluster, but we get out there. Courage, of course, is the ideal, and it's here, in the solar plexus, the O'Hare Airport of the nervous system.

The yellow color of that chakra is so appropriate because if you are a yellow-bellied sap-sucker, you've got no courage, and yet if you have a good sense of self esteem, if your sense of who I AM is wholesome, you're like the sunshine! You can shine anywhere, and your personality will brighten up a cloudy day. Watch people who wear yellow clothing and invariably if they are wearing bright yellow, they stick out like a sore thumb. And soft yellow is very precious and will capture your attention but for a different reason. Like babies who are wearing yellow, you adore them because they stand out somehow just by wearing yellow. Other colors make a statement too but there is something about yellow, and it represents courage.

Courage is the self, acting above the lures of money and sex and outside of the realm of power and control. It stands above the crowd, in the ideal, and doesn't allow those levels to pull it down and maneuver it unconsciously. When people step out of the second chakra and enter into the third chakra consciousness, they

## SPIRITS OF PROMISE

begin to recognize their leadership potential. They recognize the inherent courage it took to become empowered.

This is where "the crab in the bucket" comes about, where, if there are a bunch of crabs in a bucket (which would be the second chakra) and one of the crabs wants to get out (step into the light of the third chakra), he starts crawling up the side of the bucket to pull itself up, and working his way up, another crab will come along and pull him back in.

How many times have we seen this in our culture where somebody wants to get ahead and maybe they're the first one in the clan to go to college, or the first one to get a divorce, or whatever it is that's outside the norm. "No you can't do that! Get back in here! It's not safe to step out on your own." If and when you do succeed, you will find other people of like mind, but at this early stage of development, it generally results in competition rather than cooperation. Cooperation comes later, after we have made the cycle two or three times toward self-mastery, and I'll get to those later, or perhaps in another workshop, but this is to show the parallel between the adjutants and the chakras. And it's fair to say here, too, that these chakras or adjutants are gifts of the Mother Spirit.

Thus, to rise above that tremendous pull and succeed in your own right, to become somebody, not just one of the crowd, you know you have courage, and it will take courage to keep faith and stay on your path for invariably those already in power will want to knock you off your platform because they don't want you to be successful.

## SPIRITS OF PROMISE

They don't want you to have power. Empowered people are a threat to them.

There is work involved in maintaining this level of attainment. Remember, "The spirit of courage, the fidelity endowment in personal beings, is the basis of character acquirement and the intellectual root of moral stamina and spiritual bravery. When enlightened by facts and inspired by truth, this becomes the secret of the urge of evolutionary ascension by the channels of intelligent and conscientious self-direction."

So what direction shall I take? What thoughts shall I think? What choices shall I consider? How we function at this level of our being will determine what kind of character we have, whether we can be trusted, how we reflect our morals and ethics in our society, whether we are considered responsible or a coward, who lays down before life's challenges without a struggle.

### **Gifts of the Mother Spirit**

According to the Urantia Papers, the adjutants are an extension of the Mother Spirit; they inhabit all the creatures of all the worlds of time and space, of which there are many. And you know the scripture that talks about "He knows when the sparrow falls"? -The gods know what's going on in the universe, because it's their energy. Their energy is in that sparrow, and so when that energy is snuffed out or altered in some way, of course divine intelligence is going to be aware of it because it's as if it were happening to itself. It is very comforting to me to know that these adjutants are the way the feminine God, the Mother God, works with us.

## SPIRITS OF PROMISE

I'm getting over it, but based on my childhood programming, I grew up with God as an authority figure; I felt like God was this big guy who sat in a big chair, had a ledger of right and wrong ...

*Had a great big beard.*

Big beard. Big beard, yeah. Long white hair.

*He.*

He. Definitely a he. And he was going to judge and send people to hell fire if they didn't measure up. That is a lot of very negative conditioning. For me it was negative, anyway, because being a female, I thought, "I can't win!" But when I opened my heart chakra to Mother God, I could feel the Spirit nurture me and embrace me and suckle me and comfort me in ways that my Father God never could. Well, maybe He could, but I wasn't aware of it; I wasn't open to it. But Mother God can do that. And Mother God, through the adjutants, is in me and a part of me: "The Goddess Within."

If men can aspire to be like God, made in his image, godlike, or godly, then women ought to aspire to be like a goddess. It is allowing me, a female, to be everything that Mother God wants me to be. To be completely aware of who I am, what effect I have on people, what my power is with people and over myself and my own emotions and my own frustrations. It's just a tremendous challenge to me, and really exciting, to try to work with Mother Spirit, because her authority is different. Her authority is different than that of Father God.

## SPIRITS OF PROMISE

*Can I ask you a question?*

Yes.

*You said "the sense of power and authority [of the third chakra] when unhealthy is manifested as manipulating and dominating, etc. When healthy it brings us energy." So as you are talking about discovering them for the first time, or creating them, or developing them, weak wouldn't necessarily mean healthy or unhealthy. Know what I'm saying? It would be like if I was becoming aware of these things and I cleared out my root and cleared out my sacral and now I'm discovering my stomach, by the mere fact that I'm new to it, it would be weak necessarily? Or it could be strong. It could be healthy or unhealthy. I mean, how do you achieve healthier circuits? Does that make sense?*

I'm not sure I know how to answer, that's all. Weak is a word that we think of as negative. In other words, we put a lot of emphasis on what's strong, but weak doesn't have to be a negative word. It can mean newborn. It can mean undeveloped. Powerless.

*So when you mention healthy or unhealthy, that maybe has to do with your life experience (inaudible). The third chakra is described as "any ideas of self-control or discipline, the ego converge here; when unhealthy it manifests as grating, dominating, controlling, insecure, its color is jaundiced; when healthy it brings us energy, effectiveness, spontaneity and non-dominating power." But if I'm just discovering for the first time, I don't know if it's weak or strong or unhealthy or healthy or ....*

## SPIRITS OF PROMISE

Right. No, you don't. No, you don't because it's operating. It's operating naturally because you are alive and you are as a sponge. You have been a sponge since before you were born, assimilating stuff from your environment, whether it's positive or negative. Whatever comes at you, you're a sponge and you're absorbing it. The point of becoming aware of this and recognizing that it's not just energy but *intelligent* energy, gives you an opportunity to help develop these energies in a way that enhances your being, so that you are not victimized by life but able to choose your way through it.

And when we're just starting out, we are inexperienced and will make dumb choices. I have felt my first chakra caution me against danger and yet I deliberately said, "Ah, it's okay. I can handle it." Yes, I did handle it, but it was not fun. And it took years and years and years and years to work through that cause and effect (karma) that I did to myself. Now when I feel my adjutant caution me, I know what's going on. I am being cautioned by divine intelligence so I pay attention. I still fudge a little, you know, but ...

*We want to take back that control. It's just human nature.*

It is. It is human nature. But divine design is winning. I don't take it back as hard, as long, as willingly or as eagerly as I once did. Now I know there are serious risks involved. Plus, I don't have as much time as I had when I was younger.



## SPIRITS OF PROMISE

I can recover quicker and I also know the damage that I can do. I know the power of my anger, for example, and so even when I am livid, I will pick and choose my words more carefully than just letting it rip just because I have a point I want to get across, and so I am becoming stronger even in my negative emotions.

*Thank you. That answers.*

Okay.

*And I don't think-- What about weakness? Is it weak or not weak? Is that what it says?*

Well, it can be either. Yes. But I think that was your question, about the weakness, whether or not you developed it or not.

*Yeah. New and experienced and then the unhealthy, the answer was from the environment and taking it in.*

Yes. And our twisted thinking and distorted perceptions.

*And what about blocked chakras? What's that about?*

Well, that's about healing. That's -- when your chakras are blocked, there's something stopping the flow. There are many healing modalities that you can get from others. Reiki helps. Hands-on healing helps. Exorcism may be necessary. Fourth and fifth steps will help also, in 12-step program talk. But by and large, if you can identify a block, you can identify the problem --

*Oh, okay.*

## SPIRITS OF PROMISE

-- by fearlessly looking at it and not hiding it. If you really want to know what's blocking that chakra, you'll get down there and you'll allow yourself time, through meditation, in company with the Divine Mother, and let her show you what's hanging you up. And then find some way of releasing it. Generally forgiveness is involved. Making a new choice. And I can rattle off a solution verbally but it involves some tremendous work. But there is nothing more satisfying than working through these because opening yourself up to be all that you can be can only result in supreme happiness for you and everybody that you are in touch with.

And so you really do become a better person as you attain self-mastery over these impressions from the evolutionary experience. It doesn't mean that life has been a bad thing but that there have been unfortunate moments when we've had to make choices to survive or to get our needs met -- and so too have other people that have harmed us, or others, -- and they have to be dealt with.

That's what blocks the chakras. Lodged emotions. As that other wonderful medical intuitive Hanna Kroeger said, "Feelings Buried Alive Never Die." They will just stay in there and fester, and everything that comes into you, all the wonderful things that you could do and be, will have to go around that detour and you will lose energy going around that detour every time, unless and until you get in there and work with it.

*I heard something about changing your diet, foods that you eat. For instance, if you eat a lot of pork and if you're trying to sit down and meditate and to focus on your different chakras, a lot of times that will just block it*

## SPIRITS OF PROMISE

*because of what is in pork. I'm just saying pork for instance. So my question is, changing your diet a lot too can help you get things flowing.*

Yes. Yes. Well, this is part of taking care of yourself, recognizing what's good for you, even though everybody might or might not be doing it.

The chakras (and the adjutants) are not going anywhere. As long as your heart is beating, your chakras are circulating, and as long as that is going on, you are part of the intelligent life in the universe and the Mother Spirit is working with you to bring you up to be all that you can be.

Not just that. There are other and residual effects after we have attained this self-mastery, and degrees of self-mastery, because we don't just suddenly have it all together. Even after we've climbed to the top of this seven-rung ladder, we need to do it repeatedly, but each time we do, there are effects from it and they go beyond our own self-interest to contributing to Divinity Reality and the Family of Humanity, of lifting or creating civilizations, advancing planetary mortal epochs. I mean, it's not just so that we can feel good, although that, surely, is our most immediate reward.

*And then, not only healing the chakras but balancing them, so it is talking about getting in alignment then?*

Well, I don't have a chapter to add on balancing the chakras. Except to say that balance is essential. Balance in all things is essential. And as we unload a lot of stuff, the next time around the balance factor will be different,

## SPIRITS OF PROMISE

which is exciting because then nothing is ever the same. We can recognize that there are things that we can depend upon, and things that are reliable, but they are not dull and boring. Life is too exciting for it to become by rote. I have seen readings done where they say you need to get more grounded, or you need to focus on the higher chakras more in order to get balanced. Well, this is what it's all about, yes. It is being a whole person. Not just worrying about your lower chakras, which are pretty much self-oriented.

But balance is certainly critical because, well, if you get too spiritually exercised and neglect your physical, then you are going to get sick, or if you put all your energy into your mindal realms, and neglect the spirit, then you are missing out on perspective and you may not get enough sunshine. You know. You just have to be well balanced in specifically spiritual, mental and physical, which are the three primary dividers.

*You referred to the yellow color. For years I had a poster board that was a bright yellow and every time I looked at that I was cheered up. I just got it because I liked the color, but I was amazed at the power in that.*

Yes. Color has tremendous power.

*Yes, it does.*

Yes, color can make a big difference, and the shading of the colors. Gray! You can have an absolutely classy gray, or you can have a gray that is just as dull and boring as chalk. Or brown. Some is like cocoa and some is like mud. And it's different for each person, too. Some

## SPIRITS OF PROMISE

people look really good in colors that would look ghastly on another.

Just changing clothes can make you feel like a different person. There are certain colors that I have come to recognize as making me feel dowdy or depressed or I don't feel like I'm doing my best, and yet I still will keep it in my closet and wear it because for some reason I want somebody else to look nice that day and shine brighter than me. I think I could probably throw it away or pass it on and get something else. I don't have to always be the star of the show but I don't have to be curled up in the corner somewhere either.

I just want to make note here of what we were advised by Lady and What-About-Bob. "Let your light shine. Let your light be yellow. Let them look. Let them see themselves reflected in the reality that you project as selfhood, sovereign individuality, sacred. What one does with that individuality is another chapter and we can deal with that later." So go ahead and feel free to bask in the spirit of courage and in the third chakra.

### **Fourth: Heart Chakra / Spirit of Knowledge**

The heart chakra, the heart vortex, now. Does somebody want to read what the heart chakra is all about?

*"The heart chakra is green, as if to say it is fertile, healthy and growing. It is the focal point for love and compassion, forgiveness and healing. A healthy fourth chakra allows us to love deeply, is even able to nurture the rarified feelings of unconditional or divine love - that*

## SPIRITS OF PROMISE

*love which goes beyond the physical or emotional. This chakra enables us to feel centered in love and fulfilled."*

And the fourth adjutant mind-spirit?

*"The spirit of knowledge is the curiosity-mother of adventure and discovery, the scientific spirit; the guide and faithful associate of the spirits of courage and counsel; the urge to direct the endowments of courage into useful and progressive paths of growth."*

Incidentally, I took these excerpts about the chakras off the Internet. And the ones about the adjutants, I took them from the Urantia Book, so those are reference materials.

This one, the heart chakra that we are coming into, is a pivotal point. Animals have heart. They have a heart, but what we do with our heart will affect the next course in life that we are taking. If our heart is given to a romantic situation, and that's where our heart is, that's where our treasure is; that's where our energy will be, and it will stay that way unless and until it's changed. Everything changes eventually. Say you have a child. Well, now all of your energy is going to this child, this newborn that needs you, and so your energies have changed and yet they are advancing at the same time. So, what may have been the appropriate balance ten years ago may not be the same configuration today.

"The heart is the motivator" is what I have down here. Well, yes, where the heart is, there shall your treasure be also. So if you are in love, what you're going to do is you're going to please your honey. And if you are in love

## SPIRITS OF PROMISE

with a new child, that's what is going to motivate you to get to bed early and to eat right and to cut back your bad habits so that the fetus ... and then the infant, and then the toddler, as the child grows up ... will benefit from your love energy. You want to make it good for whatever it is you have taken on there.

I cannot slough over the picture in the Catholic Church of Jesus with the big heart out here on his chest. That's the spiritual dimension of the heart. I might even say it's part of the animal. Even though an animal may not recognize the Master or comprehend the spiritual dimension, it would certainly recognize loyalty and devotion and some of those qualities that we sometimes think that our pet adores about us. But the animals do have powerful motivators to bark when there is a stranger coming, to protect us from harm, that kind of thing.

"The heart chakra is where you make your decisions, not in your head," Bob says. "This is where your reality is forged. If it's in your heart, your passion will push it through." This is where you feel conviction. You are convinced of something because your heart tells you.

Now here is how, in subsequent cycles of self-mastery, or other events of working with your chakras, you find yourself having to change your mind and if you don't change your mind your chakra will be blocked. Like, "the human heart is fickle, but divine love is constant."

If you give your heart to Johnny in seventh grade and he dumps you for the new girl Nancy, or in your senior year you fall in love with Greg, you cannot be dragging around the same angst that you had when Freddie left you when

## SPIRITS OF PROMISE

you were younger. And so your conviction of what love is changes over time. We evolve our perception of what love is, based on our experience.

And ultimately, as we gain self-mastery over our human nature, our physical nature, our animal nature, -- not to give it up! Not to sacrifice it, no! Because that's what makes life wonderful. The feelings are our gifts. To feel every feeling is a gift. To feel the red of anger and the orange of power and the yellow of joy and the green of fertility, all of these are wonderful feelings that we are allowed to have. It's what we do with the feelings and make use of them and how other people make use of our feelings that we need to be mindful.

Even though the heart may be the motivator and where we make our decisions, if it is not in conjunction with where our head is, how we think, then it is not going to come out with *conviction*. It will stay in the heart and you will not going to bring perspective to the situation.

And so they all must relate. Talk about balance. You cannot separate one chakra from the others. You can't separate one adjutant from the others, because they all work together. They all work together to create a healthy, wholesome organism. And that is our task, to help it be wholesome, healthy, and all that it can be. So that we can be as "the Goddess" within!

*Can I just ask a question real quick?*

Yes.

*On your illustration, the heart chakra is the biggest.*



## SPIRITS OF PROMISE

Well, that was because the ink flowed over. [Laughter]  
But I don't mind that the heart is bigger.

*I don't either.*

Because the heart, really, is at the heart of it.

*And I kind of like that it's in the middle, you know. It holds the other ones ... not separate, but in combination. Things flow through the heart in interpretation, in decision, in feeling how you're going to approach this, we use our intellect but we use our gut feelings, too, but when we act through our heart, it seems to flow better. The results seem to come out better, I think, when things go through our heart chakra.*

It's because we **know**, we know with our spirit that love is speaking. Love is nestled here in the heart and so the spirit of knowledge. We know and love it. And we know that the young couple is in love -- been there, done that. So, you can move beyond forms of love to advancing forms of love, respecting them all the while, nurturing, counseling, as we advance and mature, and develop self-mastery, but yes. We know. The heart knows.

*It's also interesting the heart biologically feeds the whole body, and so if like you say, something is blocked, the heart knows it. You know, because the heart can feel that it is being blocked somewhere and so it wants to freely flow through the body, too. So both biologically and philosophically.*

## SPIRITS OF PROMISE

### **Fifth: Throat Chakra / Spirit of Counsel**

This chakra/adjutant relationship is just so easy to see it blows my mind. The throat chakra and the spirit of counsel. I mean, when you're talking, that's your throat. You know? All this action here that I'm doing is exercising my throat chakra. Singing. Speaking. Arguing. Talking to oneself. Praying. Barking. Howling at the moon. Purring. Crowing. "Cock a Doodle Doo!" All of that is the throat chakra expressing itself. We are intended to express ourselves. Of course, it's of benefit when we understand that others also have a right to express themselves. . It's a very important aspect of our existence that we are allowed to express ourselves and counsel with others.

Our self-expression sometimes needs to take a back seat to divine expression. This is my current goal because I have no trouble expressing myself -- Thanks to God! I used to be a wallflower! I used to live in the closet. I could not have done a presentation like this for anything. I couldn't speak out loud *in* a group, much less *to* a group. I never voiced an opinion, I never developed a theory, and I was certainly not going to share my thoughts with anybody because I knew I would be laughed at or ignored. I mean, I lived in the second chakra most of my life. Other people told me what to do and how to think. But once I started to come alive, I found myself and there was no stopping me. I have since made up for lost time. I seem like another person, I have a different name. It is amazing how different I am than when I started on this journey. But now I must curtail my personality expression to allow the divine to work through me.

## SPIRITS OF PROMISE

I think that He/She/It has a pretty good chance of success in that, because I really do want to please divinity more than I want to please humanity. I was a big people-pleaser. I am in recovery from people pleasing [group chuckles] and so I have to be careful not to say, "I don't care what you think" because I *do* care what you think. I *do* care about the effect my words have on other people. It is my will that the Divine express itself through me precisely because I care. If I didn't care, then I'd be in trouble, and that's -- you know. I would be just all mouth and people wouldn't like me. I wouldn't like myself, and pretty soon I'd have nobody to listen to me even when I did have something to say.

So, the throat chakra is like a dog that will bark in the night. It's kind of comforting, living in the country, to have your dog and a dog about half a mile, or three-quarters of a mile away, throughout the night just gently communicating: "Arf arf." "Woof woof." "Arf arf." "Woof woof." Because they're kind of letting you know that everything is cool. Everything is all right. It's when they just sit out there and bark indiscriminately, just to hear themselves bark and keeping everybody awake that it is, "No! That indiscriminate barking is unacceptable!" So you have to train your animal. And this is what a lot of this is about: animal training.

Once we can see how our actions are just like they are in the animal kingdom, as intelligent creatures we can begin to train ourselves; we can wean ourselves from our animalistic behavior and gain self-mastery over ourselves. Without respect for the possibilities, just taking life for granted, we can't see when and where we have responsibilities! We have a responsibility to ourselves

## SPIRITS OF PROMISE

and to others and our culture and our society and our God in all of our commitments and our responsibilities.

*And so the third chakra is the one that starts separating us from the animals, though, is that correct?*

No. The third chakra separates you from the herd. But it is not until after the fifth chakra that we have left the animal kingdom behind. And not actually behind, but we've entered into our divine potential by going into the next one, the spirit of worship, the brow chakra, and beyond where the animals cannot go. Does somebody want to read that one?

### **The Sixth: Brow Chakra/ Adjutant Spirit of Worship**

Okay, we're into six. As we just discussed, the adjutant of worship is:

*"The religious impulse, the first differential urge separating mind creatures into the two basic classes of mortal existence. The spirit of worship forever distinguishes the animal of its association from the soulless creatures of mind endowment. Worship is the badge of spiritual-ascension candidacy."*

While the sixth chakra is described as the eye of perception:

*"The chakra is known as the brow chakra or the third eye and it is identified in the center of the forehead. It is related to the act of seeing, both literally and intuitively. It is the human animal perspective that is augmented by*

## SPIRITS OF PROMISE

*reason or consciousness. When healthy, the sixth chakra allows us to see with the eye of perception. In effect, it lets us see the big picture, the farther view. Through the use of our psychic faculties come our understanding of archetypal levels."*

Well, what fascinates me about this spirit of worship, relating to the brow chakra, is that we're talking about perspective. We've come up out of the animal realm and we are now able to look around from a transcendental perspective. We're not drawn to our human needs or even our emotional needs. We can rise above that and look around. We're in the spirit realm now, or at least closer to the spirit realm, and perspective makes all the difference. I think that this is a noteworthy correlation here because there are -- I don't know how many -- hundreds, maybe thousands of religious sects in existence now. There are hundreds maybe thousands of Christian sects alone, not counting the major sects of Buddhism, Islam--

*Jewish. Bahai.*

All of them. There are tons of them. And they may or may not be compatible, but ... The brow chakra is purple. It's a matter of perspective. I was a seeker for a long, long time and I won't say that I've quit seeking, but I have found. I have found so much that I now have stuff overflowing. And I can worship with just about anybody. I cannot sit and argue religion with anybody. It's just my least favorite activity. If you're going to argue about God, I'm outta here. There is no arguing about divine reality. It either is or it isn't, and what's to discuss? If you want to praise God, give thanks, I don't care what you call God. I don't really care much about what motions you go

## SPIRITS OF PROMISE

through. If I have to wear something special, take my shoes off, visit a special building, fine. You want me to dance, okay. Worshipping with other people is, for me, a part of the spice of life. For me to worship with the same people every Sunday would be the height of boredom. That's just me. For others it may represent solidarity, and community, and value and commitment, and that's good, but my point here is that everybody worships what is most important to them.

Now is the time to say that young lovers worship each other because that's where their heart is. A couple in heat may be seen to worship each other because they get their lust needs taken care of and love has nothing to do with it, but there are people who worship in that realm because that's the highest reality they know, so, if they do everything to get their next drink or their next fix? That's where they are. I'm not going to go there. I did go there. Been there, done that, I don't want to do that anymore. But I can honor where they are. I can accept that that's what they need to do now in order to find themselves and get on with life. Whatever it is that they need to do to feel at peace with themselves, if that's where they need to be, that's where they need to be. It is far removed from where I worship today, but I can't begrudge them their climb.

You can't have a religious experience without starting out somewhere. And if by starting out you say this god of alcohol isn't working for me anymore, or this goddess of sex is no longer providing the satisfaction that I feel I need, then they will move beyond that point. Their own adjutants will stir within them to help them come up out of their need to survive into the power and control that

## SPIRITS OF PROMISE

they think they have over their life by becoming addicted to something.

There are people who worship money. There are people who worship stuff. There are people who put all their energy into having power, and I can't deny that that's true because I have seen power mongers. I don't really call that worship, I call that a second chakra glitch. Stuck there. But if they put all their focus into it, that's basically what they're doing; they are thinking this is the best there is and this is what everybody should do and so that's what worship is as far as they're concerned. I have a hard time worshipping with them because I've never gotten a really good handle on the value of excess. I have enough. I don't regard money as the be-all-end-all holy grail, but there are some people who do think that's all there is.

*I think those are people whose chakras are blocked.*

Yes, they probably have a chakra block somewhere. And sometimes we can be our own worst enemy. We block our own growth. If a person is in love with himself or herself, with his or her own ego, plans, ambitions, or possessions, it will be brought to their attention. Their adjutant will give them the courage to get into a program to change their patterns, make new choices, make new decisions or the knowledge to recognize they are short-changing their own destiny path. They will be led to want to know a higher perspective of themselves. This is what God will do if we let Him and/or Her. This is what divine energy will do if we don't fight it.

And so life itself is worthy of worship. A day like today induces worshipful feelings. Thank God the sun is

## SPIRITS OF PROMISE

shining. It's a beautiful day! The green is green as green can be. Be it the peak of summer, the radiance of autumn, the invigoration of winter or the new beginnings of springtime, it's absolutely marvelous to be alive. It is so beautiful it makes you want to say "Thank you! I love you!" to Whatever! Whomever! It feels good, just to be alive on a day like today.

But you know, any kind of reverence, any delightful worship practice -- be it a Pentecostal church or a Native American sweat or a Catholic cathedral or a Buddhist temple -- in all those places is something we can share in worship "Whatever he finds worthy of worship" and yes, personal religious experiences vary." Appreciating that the exaltation of something as greater than oneself will provide us with the perspective we would hope to derive from the sixth chakra, the eye of perception. This brings us up to the crown chakra.

### **Seventh: Crown Chakra / Spirit of Wisdom**

Anybody want to jump on that one? Anybody want to read the description of this chakra?

*"The seventh chakra relates to thoughts of universal identity and is oriented toward self knowledge. This is the crown chakra that relates to consciousness as pure awareness. It asks "Who am I?" first in the physical realm, and later in the cosmic sense. It is our connection to the greater world beyond from all it is one. Undeveloped, this chakra brings us knowledge, wisdom, understanding, spirit commitment and wisdom. It avails itself to us as the I AM consciousness."*



## SPIRITS OF PROMISE

The I AM consciousness, yes indeed. Thank you. And this is the height of wisdom. The I AM consciousness. Now the third chakra, the yellow vortex, I call it the lesser "I am." It's the "I am out of the herd." It's an individuation, but it is human individuation, not part of the great I AM of all that is, which is the higher comprehension of the I AM reality.

And the adjutant?

*The spirit of wisdom--the inherent tendency of all moral creatures towards orderly and progressive evolutionary advancement. This is the highest of the adjutants, the spirit coordinator and articulator of the work of all the others.*

In high school, or in college, or even in early recovery, or after a divorce, it's typical for people to wonder "Who am I? Who am I? What am I doing? Where am I going?" They have a tremendous need to have some kind of an identity. The crown chakra is the fulfillment of that need for identity.

It lets you know who you are in a cosmic sense. It lets you know that you are a child of the universe; that you have dimension in you that transcends time and space; that the universe is your home; and that the world is your oyster. You're happy with yourself. You are content with your circumstances. You have mastery over your domain. You have wisdom. You don't have to argue with people because you know what works for you. You know what the sound of your voice is supposed to sound like. You know what you know. It is okay if others don't feel or believe like you do. Don't think like you do. It's okay. I

## SPIRITS OF PROMISE

don't have to try to sell you anything. You don't have to try to convince them of anything. We don't have to dis or debunk what others have or believe because you have what's right for you, and I have what is right for me.

At this point I could launch off on another presentation, but I'll restrain myself. Sooner or later we all attain that very, very attainable goal of conscious contact with the God and/or Goddess within. In fact, for all I know, 95% of the people might be there already and I'm just getting around to it. And I'm happy about it so I'm talking about it. But my perception is that everybody isn't there, that everybody does not have conscious contact with their godlike aspects. I perceive that if there were, we wouldn't have as much destruction, disease, mayhem, crime, war, argument, strife, or hostility as we do. I like to think that we, as a human race, will, at some point, be able to live up to that little scripture from Isaiah that so impacted me when I was a child ... talking about "the lamb and the ox will lie down together and a little child shall lead them." That picture of a future kingdom where everything and everybody would get along, was such an idyllic view, I have sought that all my life.

Now I daresay that I am sitting in the kingdom right now in this room here with you. We're all getting along. Nobody's fighting. Regardless of the fact that I have the floor and I'm doing all the talking ... [laughter] ... which pleases me ... [laughter] ... but the fact that we are not at odds with each other is what I feel is possible with intelligent people. Even though we may believe differently, even though we may love differently, I think that it is possible for us to attain sufficient wisdom to make some choices that impact humanity in better ways

## SPIRITS OF PROMISE

than are going on now. I'm not pointing any fingers at anybody because it's a process, and everybody is apparently where they're supposed to be right now.

*You were talking about inner peace.*

Well, it is inner peace. Yes. It is.

*It is.*

Inner peace. And I want that for everybody.

*Yeah! That would be wonderful!*

And I can't give it to anybody, but I can encourage them to develop their own by becoming aware. My way is to talk to people who know about chakras and introduce them to the adjutants. And talk to people who know about the adjutants and introduce them to the chakras. In this way I feel I am doing my part to bridge two forms of thought, and in some ways I think of them as East and West, because the chakra theory seems to have hailed from India's Ayurvedic system of medicine and spirit from the ancient Brahman's. And the adjutants -- not that they are western, but the Urantia Papers were published in Chicago. In some ways the Urantia Book seems to be upstepping the Judeo-Christian lineage, which I have no problem with as long as it is not exclusionary, for I know that one of the Master's teachings was that the kingdom of heaven is for everybody: Jews and gentiles, rich and poor, black and white, gay and straight, young and old, sick and healthy.

## SPIRITS OF PROMISE

In this theory of marrying the adjutants with the chakras, it doesn't matter what church you go to. It doesn't matter what country you live in. It doesn't matter what color your skin is or how old you are or what shape you're in. We can all learn inner peace. We can all find ways to get along better and to love ourselves appropriately and each other with a dynamic affection.

*Or male or female.*

Or male or female. Right. That's right. Which reminds me, this workshop is called "The Goddess Within" but it does not exclude males because they, too, have the same chakras and the same adjutant mind-spirits. We are all indwelt with these energies. I am only focusing on the Goddess within because of my path which is to help empower women. I think that women are unappreciated and underutilized in terms of what their potentials are. I know I am.

There is a calling in me that needs to pursue something beyond the comfort zone of my very fulfilled domestic life. I don't know from one day to the next what it may be, but I am going to be involved. I am going to be involved in something, and invariably when I step out and allow myself to be moved by the spirit, energized by my chakras, when I'm paying attention, I find myself in another learning adventure where I meet more people and this results in a rich life -- a rich *and abundant* life in which I can carry myself with the divine dignity of the Daughter of Divinity that I AM.

Thank you.

## SPIRITS OF PROMISE

### GLOSSARY, PERSONAGES, And PRONUNCIATION GUIDE

**Adjutant.** (aj'ətənt) **1.** An assistant. **2.** *Mil.* A staff officer who serves as an administrative assistant to the commanding officer.

**Adjutant Mind-Spirits** are a bestowal of the universe Mother Spirit upon the living creatures in her universe. Also called spirits of promise, the adjutants are not personalities but are circuits.

**Ayurveda** (ä' yōōr vā' də) traditional medicine practices in India since the first century A.D. This Sanskrit word is derived from two roots: *ayur*, which means life, and *Veda*, knowledge. It has its root in ancient Vedic literature and encompasses the body, mind and spirit.

**Ayurvedic medicine** (ä' yōōr vā' dik) is holistic medicine, factoring in the physical, mental/emotional and spiritual levels of existence.

**Chakra** (chak'rə) is a Sanskrit word meaning “wheels.” There are seven major wheels of distribution of energy in the sacral-cranial system of living creatures: (1) the “root” or “base” chakra, (2) the sacral chakra, (3) the solar plexus chakra, (4) the heart chakra, (5) the throat chakra, (6) the brow chakra and (7) the crown chakra. These

## SPIRITS OF PROMISE

energy vortices (or vortexes) holistically influence the functioning of body, mind and spirit. In certain forms of yoga, these vortices are considered sources of energy for psychic or spiritual power.

**Correcting Time** is a Teaching Mission term to designate the period of time earmarked for personal and planetary recovery from the effects of the Lucifer Rebellion and the Adamic Default following a very long period of quarantine and cosmic isolation.

**Machiventa Melchizedek** (mäk'ə ven'tə mel kiz 'ə dek'), the teacher of Abraham, has been designated our Planetary Prince. Acting in conjunction with Christ Michael (our Creator Son), Machiventa provides the curriculum for the Teacher Corps and supports the efforts of Monjoronson (a Magisterial Son) in the efforts of the Correcting Time.

**Michael** is the spiritual name of our Local Universe Creator, known on Urantia as Joshua ben Joseph, Jesus of Nazareth, the Scribe of Damascus, the Boatbuilder of Capernaum, the King of the Jews and the Prince of Peace. He is the bridegroom of the Divine Minister, our Mother Spirit, whom we call Neadonia.

**Mota** (mō'tə) is the high level of consciousness and philosophy that borders on spirit reality.

**Morontia** (mor on' cha) is a state of being, mid-way between animal and spirit. Although morontia beings and

## SPIRITS OF PROMISE

worlds are classified as material, they are invisible to the human eye.

**Mother Spirit** is the bride of Christ, the Divine Minister of our local universe of Nebadon. The Universe Mother Spirit, whom we respectfully call Nebadonia, is known also as Gaia, Mary, Mother Earth, and the Goddess within. Although she never leaves the universe headquarters world, she oversees the worlds of time and space through her myriad angelic corps and she ministers to each living being through her **adjutants**.

**Nirvana** is a state of perfect blessedness, acquired by selflessness, and through absorption into supreme spirit. It is “At-One-Ment.”

**Soul** results from the merger of the human with the divine will. It is not the self nor the spirit, but a new entity created by them both.

**Spirit of Truth** is Divine guidance; the culmination of the work of all the adjutants. As we increasingly draw upon the power of the Spirit of Truth, the influence of the adjutants diminishes.

**Transmitting/Receiving [T/R’ing]** is a process whereby mortals make contact with heavenly helpers. It is a practice engaged in by proponents of The Teaching Mission, similar to but not the same as channeling.

**The Teacher Corps** is a group of ascended masters from other worlds who have volunteered to come here to our home planet, Urantia, to help us in the work of the Correcting Time.

## SPIRITS OF PROMISE

**The Teaching Mission** is the New Age movement that has arisen from the teachings of the Urantia Book.

**Urantia** (yōō ran' cha) is the name of our planet. It is designated N°. 606 of the inhabited worlds of the System of Satania in the Constellation of Norlatiadek in the Local Universe of Neadon, which is located in the seventh superuniverse of Orvonton.

**The Urantia Book** is a collection of 196 Papers, published in 1955 by the Urantia Foundation in Chicago, Illinois. It is a 2097-page revelation to our planet authored by super-natural beings and comprised of four Parts:

- Part I. The Central and Superuniverses
- Part II. The Local Universe
- Part III. The History of Urantia
- Part IV. The Life and Teachings of Jesus

**What-About-Bob** (Cherubim) and **Lady** (Sanobim), the celestials that transmitted the Chakra/Adjutant theory, are personal mentors of Gerdean O'Dell and Angus Bowen, the creators of this work.

**Zooids** (zō'ōidz) are Lightworkers that all lift at the same time.



## SPIRITS OF PROMISE

### APPENDIX

#### **MORE ABOUT CHAKRAS:**

Physical organs and systems affected by the chakra:

- the root chakra affects the spine, the rectum, the legs, the bones, the feet, and the immune system;
- the sacral chakra affects the sex organs, the large intestines, the hips, the bladder, and the appendix;
- the solar plexus chakra rules over the stomach, the liver, the small intestines, the gall bladder, the kidney, the spleen, and the adrenals;
- the heart chakra affects the lungs, the circulatory system, the breasts, the thymus, and the diaphragm;
- the throat chakra affects the throat, the trachea, the thyroid, the teeth, the gums, the mouth, and the hypothalamus;
- the sixth chakra affects the brain, the nervous system, the eyes, the ears, the nose, the pineal gland, and the pituitary gland; and
- the crown chakra affects the muscular and the skeletal systems, as well as the skin.

Physical disorders you can anticipate concerning:

- the first chakra: immune related disorders, chronic pain, and epidemics;
- the second chakra: prostate cancer, ovarian cancer, lower back or hip pain, and/or arthritis;
- the third chakra: arthritis, hepatitis, ulcers, colon and intestinal disorders, liver problems, diabetes, anorexia / bulimia and/or adrenal difficulties;
- the fourth chakra: heart failure, asthma, allergies, lung cancer, breast cancer, and pneumonia;
- the fifth chakra: sore throat, mouth ulcers, gum problems, TMJ, and thyroid problems;

## SPIRITS OF PROMISE

- the sixth chakra: brain tumors, stroke, seizures, blind/deaf, learning disabilities;
- the seventh chakra: energetic disorders, mystical depression, and exhaustion.

In terms of what chakras provide the emotional body and contribute to mental health:

- the root chakra is the foundation of emotional and mental health; stability;
- the sacral chakra delivers the need for relationships, for control of the environment, attachments to authority, people and money;
- the third chakra provides the core of personality and ego;
- the fourth chakra speaks to emotional perceptions, emotional climate, steadiness of character;
- the fifth chakra relates to learning, to the power of choice, to the head-heart struggle;
- the sixth chakra: intelligence; psychological link through facts, fears, memories, experiences;
- the seventh chakra: devotion, inspiration, ESP, prophetic thoughts, transcendent ideas, mysticism.

Emotional and Mental Disorders of:

- the first chakra: family safety & security, provide life necessities, stand up for self, law & order;
- the second chakra: blame, guilt, money & sex, power, control, creativity, ethics and honor;
- the third chakra: trust, fear, self-esteem, care confidence, self-respect, resp. for choices, criticism, sensitivity;
- the fourth chakra: love, hatred, resentment, grief, anger, self-centered loneliness; commitment; forgiveness, hope, trust;
- the fifth chakra: choice and strength of will, personal expression, faith, following dreams, criticism, judgment;
- the sixth chakra: self-evaluation, truth, intellect, emotional intelligence feeling adequate, learning from experience;

## SPIRITS OF PROMISE

- the seventh chakra: distrusts life, questions values, ethics; has trouble with authority and disdains humanitarian efforts; shies away from selflessness, pattern, spirituality, faith.

### Typical fears:

- of the first chakra are about physical survival and group abandonment (may include excommunication).
- Second chakra fears are loss of control, being dominated, betrayal, impotence, poverty, and barrenness.
- Third chakra fears are of rejection, criticism, obesity, aging, baldness and other physical appearance issues.
- Fourth chakra fears are loneliness, self-pity, anger, jealousy, distrust and lack of forgivingness.
- The fifth chakra is where all fears are expressed;
- Sixth chakra fears relate to a power greater than the self, to the will of God, and surrender to God
- The seventh chakra fears involve the dark night of the soul, spiritual abandonment, identity loss, loss of faith, loss of life connection with people.

### Undeniable strengths:

- First Chakra: family identity, bonding, tribal honor / loyalty;
- Second Chakra: ability to defend, protect oneself, survive financially;
- Third Chakra: self-esteem, self-respect, self-discipline, ambition, ethics, action, risks, generosity;
- Fourth Chakra: love, hope, forgiveness, compassion, inspiration, trust, healing self and others;
- Fifth Chakra: assurance; pride; personal authority, integrity, loyalty, keep word;
- Sixth Chakra: intellect, evaluation of insights, great creativity, intuitive reasoning;
- Seventh Chakra: faith in God, inner guidance, healing, and insight; trust overcomes fears.

## SPIRITS OF PROMISE

### **MORE ABOUT ADJUTANTS:**

#### **5. THE SEVEN ADJUTANT MIND-SPIRITS**

It is the presence of the seven adjutant mind-spirits on the primitive worlds that conditions the course of organic evolution; that explains why evolution is purposeful and not accidental. These adjutants represent that function of the mind ministry of the Infinite Spirit which is extended to the lower orders of intelligent life through the operations of a local universe Mother Spirit. The adjutants are the children of the Universe Mother Spirit and constitute her personal ministry to the material minds of the realms. Wherever and whenever such mind is manifest, these spirits are variously functioning.

The seven adjutant mind-spirits are called by names which are the equivalents of the following designations: intuition, understanding, courage, knowledge, counsel, worship, and wisdom. These mind-spirits send forth their influence into all the inhabited worlds as a differential urge, each seeking receptivity capacity for manifestation quite apart from the degree to which its fellows may find reception and opportunity for function.

The central lodgments of the adjutant spirits on the Life Carrier headquarters world indicate to the Life Carrier supervisors the extent and quality of the mind function of the adjutants on any world and in any given living organism of intellect status. These life-mind emplacements are perfect indicators of living mind function for the first five adjutants. But with regard to the sixth and seventh adjutant spirits—worship and wisdom—these central lodgments record only a qualitative function. The quantitative activity of the adjutant of worship and the adjutant of wisdom is registered in the immediate presence of the Divine Minister on Salvington, being a personal experience of the Universe Mother Spirit.

## SPIRITS OF PROMISE

The seven adjutant mind-spirits always accompany the Life Carriers to a new planet, but they should not be regarded as entities; they are more like circuits. The spirits of the seven universe adjutants do not function as personalities apart from the universe presence of the Divine Minister; they are in fact a level of consciousness of the Divine Minister and are always subordinate to the action and presence of their creative mother.

We are handicapped for words adequately to designate these seven adjutant mind-spirits. They are ministers of the lower levels of experiential mind, and they may be described, in the order of evolutionary attainment, as follows:

1. *The spirit of intuition*—quick perception, the primitive physical and inherent reflex instincts, the directional and other self-preservative endowments of all mind creations; the only one of the adjutants to function so largely in the lower orders of animal life and the only one to make extensive functional contact with the nonteachable levels of mechanical mind.
2. *The spirit of understanding*—the impulse of co-ordination, the spontaneous and apparently automatic association of ideas. This is the gift of the co-ordination of acquired knowledge, the phenomenon of quick reasoning, rapid judgment, and prompt decision.
3. *The spirit of courage*—the fidelity endowment—in personal beings, the basis of character acquirement and the intellectual root of moral stamina and spiritual bravery. When enlightened by facts and inspired by truth, this becomes the secret of the urge of **evolutionary ascension** by the channels of intelligent and conscientious self-direction.
4. *The spirit of knowledge*—the curiosity-mother of adventure and discovery, the scientific spirit; the guide and faithful associate of the spirits of courage and counsel; the urge to direct the endowments of courage into useful and progressive paths of growth.

## SPIRITS OF PROMISE

5. *The spirit of counsel*—the social urge, the endowment of species co-operation; the ability of will creatures to harmonize with their fellows; the origin of the gregarious instinct among the more lowly creatures.
6. *The spirit of worship*—the religious impulse, the first differential urge separating mind creatures into the two basic classes of mortal existence. The spirit of worship forever distinguishes the animal of its association from the soulless creatures of mind endowment. Worship is the badge of spiritual-ascension candidacy.
7. *The spirit of wisdom*—the inherent tendency of all moral creatures towards orderly and progressive evolutionary advancement. This is the highest of the adjutants, the spirit co-ordinator and articulator of the work of all the others. This spirit is the secret of that inborn urge of mind creatures which initiates and maintains the practical and effective program of the ascending scale of existence; that gift of living things which accounts for their inexplicable ability to survive and, in survival, to utilize the co-ordination of all their past experience and present opportunities for the acquisition of all of everything that all of the other six mental ministers can mobilize in the mind of the organism concerned. Wisdom is the acme of intellectual performance. Wisdom is the goal of a purely mental and moral existence.

The adjutant mind-spirits experientially grow, but they never become personal. They evolve in function, and the function of the first five in the animal orders is to a certain extent essential to the function of all seven as human intellect. This animal relationship makes the adjutants more practically effective as human mind; hence animals are to a certain extent indispensable to man's intellectual as well as to his physical evolution.

These mind-adjutants of a local universe Mother Spirit are

## SPIRITS OF PROMISE

related to creature life of intelligence status much as the power centers and physical controllers are related to the nonliving forces of the universe. They perform invaluable service in the mind circuits on the inhabited worlds and are effective collaborators with the Master Physical Controllers, who also serve as controllers and directors of the preadjutant mind levels, the levels of nonteachable or mechanical mind.

Living mind, prior to the appearance of capacity to learn from experience, is the ministry domain of the Master Physical Controllers. Creature mind, before acquiring the ability to recognize divinity and worship Deity, is the exclusive domain of the adjutant spirits. With the appearance of the spiritual response of the creature intellect, such created minds at once become superminded, being instantly encircuited in the spirit cycles of the local universe Mother Spirit.

The adjutant mind-spirits are in no manner directly related to the diverse and highly spiritual function of the spirit of the personal presence of the Divine Minister, the Holy Spirit of the inhabited worlds; but they are functionally antecedent to, and preparatory for, the appearance of this very spirit in evolutionary man. The adjutants afford the Universe Mother Spirit a varied contact with, and control over, the material living creatures of a local universe, but they do not repercuss in the Supreme Being when acting on prepersonality levels.

Nonspiritual mind is either a spirit-energy manifestation or a physical-energy phenomenon. Even human mind, personal mind, has no survival qualities apart from spirit identification. Mind is a divinity bestowal, but it is not immortal when it functions without spirit insight, and when it is devoid of the ability to worship and crave survival.

From Paper 36 [The Life Carriers] of The Urantia Book,  
Section 5. The Seven Adjudant Mind-Spirits.

# SPIRITS OF PROMISE

## ABOUT THE AUTHORS

Angus attended Prairie Bible Institute in Alberta, Canada, served in the Air Force as a Chaplain's Assistant, and had a career in radio broadcasting. His story can be found in HIFTUB, published at [www.SquareCircles.com](http://www.SquareCircles.com). Gerdean worked in law and order. She began transmitting/ receiving in 1993. Her celestial communications have been extensive, transcripts of which can be found in the Teaching Mission Archives at [www.TMArchives.com](http://www.TMArchives.com) and/or the Nordan Symposium at [www.Daynal.org](http://www.Daynal.org) . Google Gerdean.

Gerdean O'Dell and N. Angus Bowen met on the Internet in a Teaching Mission Discussion Group and joined forces in Holy Matrimony at the 1999 International Urantia Book Conference in Victoria, Canada. [www.OdellBowen.com](http://www.OdellBowen.com). Together they edited Teacher Tomas' lessons on "Fruits of the Spirit" and published the work through [www.HarpofGod.org](http://www.HarpofGod.org). Gerdean's full-length work of speculative fiction *The Zooid Mission* was published in 2002. [www.ZooidMission.com](http://www.ZooidMission.com)

They live in the Great Southwest where he plays golf and she dabbles in the arts.