

WILL & CO. LESSONS

FOREWARD

There comes a time in many of our lives when we experience what has been called an epiphany or a spiritual awakening. For some people this comes when they are at their lowest and recognize that they cannot go it alone. For some it occurs when they have reached their material goals, only to be frustrated by their lack of satisfaction after having reached that goal. For some it is just a gradual process while for others it is a dramatic event.

The results of such a spiritual awakening are often disruptive to the former lifestyle of the awakened. Most of the time this manifests itself as a change in priorities, for no longer do the same goals serve to motivate the individual. Generally, a true spiritual awakening also transforms the individual into a happy person, one not prone to judgment of others, to anger or hatred. Love begins to dominate the lives of those awakened and active.

What you are about to read, the Will lessons, are part of a course of instruction designed to assist in the enlightenment of the student. It has already transformed those who were in attendance during the delivery of these lessons. The lessons may be helpful on your spiritual path. Read and analyze them for truth content according to your own spirit of truth. If indeed they ring true for you, then attempt to put the lessons, especially the exercises, into action in your own life. If you do, you may find that you, too, begin your own spiritual transformation and have become an active participant of The Correcting Time.

Be careful about reading these lessons, for they may well change your life. But then, that is why you are here, isn't it?

The following introduction was included in the transcripts of the Will lessons that was originally included when interested parties requested copies. It has been included for your benefit. Also, the Will transcripts have been edited by excluding the portions of the discussions which did not include lessons. They are in chronological order so that you can see how all this developed. Enjoy!

-Fred Harris-

INTRODUCTION

Greetings! In October, 1991 a provocative message was delivered to a Urantia Book study group in Tallahassee, Florida by a person that they had just met. The message was that a celestial teacher named Will (a female from another planet in her mortal life) would be the teacher for the group. The messenger had been to Woods Cross, Utah and had spoken to a celestial teacher named Ham who had introduced him to Will, who had, in turn, given him the message to deliver to the Tallahassee group.

Background. The teachers represent that they are in the service of God and are part of the first phase of a "correcting time". This period began as a result of the adjudication of the Lucifer rebellion (Lucifer lost the trial because of his total rejection of the divine scheme, as might be expected). The universe circuits were being re-established and there was to be a general spiritual upliftment of the planet. Readers of the Urantia Book will remember that when the Lucifer rebellion was initiated, the universe communication circuits were cut to isolate the rebellion. The teachers - ascending personalities who themselves had been mortals on other planets - propose to spread out across the planet to teach groups of interested people (not just Urantia Book readers) about living their lives in accordance with the Father's plan for human spiritual development.

Many in the Tallahassee group and, indeed, in the Urantia movement were skeptical of this entire affair. Some people published reports claiming that these teachers were in cahoots with Caligastia and Lucifer (the devil) and personally attacked those people who chose to listen. The Tallahassee group decided to see what would happen and embarked upon a weekly meeting schedule to facilitate the contact with their teacher, Will.

Teachers communicate through mortals who have the ability to "hear" them. Soon two of the Tallahassee members heard from Will and the group immediately invested in a recording system so as to better memorialize, transcribe and study the teachings. Skepticism still existed but it was openly aired and discussed in the group. A funny thing happened in this process. The Tallahassee group began to act more and more like a family. A bond grew, a loving bond. The teachings were encouraging a personal relationship with the Father, living day to day life in accordance with the highest ideals, becoming a conduit for the Father's love and treating everyone as a child of God.

No one shaved their head, wore saffron robes or tried to give out books at the airport. In fact, all members of the group seem to be level headed working people - family people. The common denominator was the interest in seeking out the Father's will and acting upon it.

Highlights of the first twenty five months of Will's teachings are included in this package. We feel that the best method of evaluating what is going on and the truth or falsity of the teachings is by reading them and making up your mind for yourself. Since

Will arrived in Tallahassee, the number of groups has dramatically increased. We are aware of groups in California, Illinois, Oklahoma, Arizona, North Carolina, Idaho, Utah, Florida, Hawaii, Oregon, Maryland, Washington, Ohio, New York, Pennsylvania, Texas, France, Columbia, South America, and New Zealand. I'm sure that I am missing some groups and some groups have been promised teachers who have not yet arrived. It is likely that there are some groups under instruction who have not yet announced that to the world as they try and determine the veracity of what is happening. After all, it is a rather unusual method of communication and critics abound. We prefer the teachings stand or fall on their substance rather than their form of delivery. The teachings from all the groups we are aware of are consistent with those we have received from Will.

The Tallahassee group did not release its transcripts until five months into the experience because of the concern for the privacy of its members. We decided to do so in an effort to allow others to see what is being taught and to allow a comparison among Will's teachings, other teachers' teachings, and each individual's highest understandings of spiritual concepts. We hope these teachings will enlighten those who read them or, at least, focus the reader on spiritual concepts which can be accepted or rejected as they see fit.

A few ground rules. The names of our members are generally the spiritual names given to us by Will, although not always. We never became too enamored with spiritual names and we don't generally refer to ourselves by them.

Will and all the other teachers are ascending mortals who are not perfect. They make mistakes just as we do. This was a little hard for us to accept because of a commonly held belief that celestials know everything, even the future. Free will of humans tends to make predictions difficult and so the teachers attempt to avoid them. Their predictions have proven generally unreliable anyway so we also encourage them to refrain from making predictions. You will notice that teachers are more interested in having their students develop personally rather than try to directly change others. It's not easy to do so when you are excited about the ministry, but the teachers correctly tell us that the only way to influence another is by your actions, not just your words.

Conclusion. We hope you enjoy the transcripts. We love Will and feel very close to her and we hope, after you finish reading these transcripts, that you, too, will feel an affinity for her. If you are ever in our neighborhood, we would love to hear from you. We would love to hear from you in any event, even if you think we have lost our marbles and are playing with less than a full deck. We won't be insulted if you are on a different path than we have chosen. As the celestials are fond of saying, "There are as many paths to the Father as there are people to walk them."

The First Lesson: The Father's Love

[Note, Will usually begins her lessons with some variation of the following salutation.]

Will: God the Father surrounds us, God the Father supports us, the love of the Father protects us. Where ever we are, He is.

Our Father loves you more than you can ever know. He is aware of your dedication to the doing of His will and urges you to seek His will in your lives daily. Take time every day to call upon Him and His guidance. He will always be there with you. Be responsive to His guidance in all things and He will show you the way.

Lesson Two: Rely upon God

[Two points here. First, as the teachers so often remind us, God is neither male nor female, but an embodiment of both. God is referred to as "Father" and as a male only because that is how our culture has historically referred to God. Secondly, God has granted each of us free will and so you will see humans described as "will creatures" here and in other lessons.]

The Universe is designed so that those will creatures who have chosen the path to the Father may have every opportunity for growth and development. It is necessary at times to place before them challenges that require decisions that nurture the soul within them. They make decisions that make the soul grow if they decide to do the will of the Father in Heaven.

We watch urgently as one of you falters and then finds a firm footing on steady rock. It matters not that the footing was shaky at first; what does matter is the final outcome. Be patient with yourselves as we are patient with you. God only knows how long it will take for you to acknowledge your own weaknesses and turn to Him for support.

Some of you think you have the ability to tread the waters alone. Such is simply not the case. You must learn to rely upon the Father in all situations. Lean not to your own understanding, but call upon Him while He is near. He will be ever vigilant in helping you. Be not afraid, but rather be confident in His love for you and His ability to see you through all problems you may face.

Once you are finally aware of the reliability of your Heavenly Father, you will turn to Him first. There will be no need to spend even a moment in fear. Anxiety will pass you by and you will no longer be concerned about the future. Be not anxious about tomorrow; sufficient is today and the troubles thereof. He is with you always.

DAVID: What is the one most important thing I can do to get my spiritual life in order?

WILL: As always, seek to do the will of the Father in Heaven. It is a daily task that should be the number one priority for everyone. Those who seek His will find their way. It is not something that is a difficult task; it merely requires daily time.

Each day draw away from the world in silence and in prayer. Your world is far too busy for most people to be able to find that time. It is, however important that it be done on a daily basis. Do not forego any chance you have to commune with your Father. Nothing else should come first. Look within and you will find Him waiting. There is never a time when He won't be there - of that you can be assured.

Lesson Three: Anger as a Spirit Poison

KATHY: Will, this is Kathy. I have been working on this idea from the Urantia Book that there are spirit poisons, anger being the one that I would like you to address. The Urantia Book says that anger is like a stone thrown into a hornet's nest and that it is a spirit poison, yet modern psychology encourages us to deal with our anger. I would like to hear your comments about that.

WILL: Anger is indeed a difficult emotion for humans to handle. It causes you great difficulty in your everyday life and can indeed be a poison which wreaks great havoc upon the body. Attempts should be made at alleviating this instead of turning it inward but at the same time, socially accepted methods must be found to release it. Merging these two aspects is often difficult for you. We find as we look upon all of you - not just here in this room, but the human race - there is so much hostility and anger. All of this is very difficult for us to understand because we who are spiritual beings do not possess the same ego problems that you struggle with. Only by working daily to overcome these issues will you finally master them. They must, however, be released from the body and not allowed to be absorbed by it. It is necessary for you to understand that all emotions that are negative are indeed poisons. Spiritual emotions are necessary for you because they will always feed the soul and provide for you greater living patterns in your daily life. Because of this we encourage you to seek calm times throughout the day to be by yourself. It all goes back to what I have told you before, that finding a time to be alone with the Father is the only way for you to deal effectively with your daily earthly life. It is the only way to master the stresses that drain you. Find a few minutes every day no matter how busy you are. It just has to be done.

Lesson Four: What is Grace?

RON: Will, this is Ron. The Urantia Book really doesn't address the concept of grace in any great detail. Can you define for us what grace is and how we can obtain it?

WILL: Grace is that contact with the Father that allows each of us the ability to go forth in our lives completely in tune with His will. It allows us to go forward daily, mindful of His thoughts, to do what is expected of us - to go forward in the midst of strife, to go on when we want to give up. It is best expressed in those qualities the man Jesus presented when he came to your earth, in his personality. It allowed him to spend time with his disciples and those people around him, to so cherish them, to work with them, even when they did not understand him. He always had patience with them even when they might possibly, on a human level, not have deserved such incredible patience. That same grace you are asked to express with your brothers and sisters. You are asked not to strive with them but to love them as Christ did. Behold the man, behold the Christ within him. Behold His teachings. Go forth to emulate Him. Outside of the tuning of your will to the Father's, there is no higher duty. We ask that you patiently pray each day for the ability to do so. Wait quietly. Walk with God and allow Him to guide you in all your relationships with all mankind. His grace He will shower upon you so that you may shower it upon your brethren. I hope that has answered your question. If the channel is closed, grace cannot possibly flow so that you may feel His presence. Again I say, find a time each day.

Lesson Five: The 1-2-3 Exercise

[Note: As part of the lessons imparted, Will would also give the group spiritual exercises to attempt during the week.]

Will: Number one, "Assume that Jesus is constantly standing next to you all day and you are demonstrating to him by every word, act and thought that you understand his teachings of living totally in accordance with the Father's will."

Number two, "Consciously spread divine love to everyone you come into contact with. It does not come from you, but flows through you to another person. It is a divine love that you may channel as a gift to that person."

Number three, "Be totally sincere and direct whenever speaking to another; that is, no wisecracks, no sarcasm, no teasing, just say as directly and clearly as you can what it is you wish to convey."

Lesson Six: Spiritual Aerobics

[One student described his experience of receiving a private message from the celestial teachers.]

They said, "We would now like to talk about 'arrow'." I was having trouble getting the subject word. It sounded like "Aerobics". I asked again just to make sure that I had it right. Yes, they wanted to discuss aerobics.

They went on, "As you know, an aerobic exercise in itself is not a difficult thing to do. The many repetitions are what builds systemic strength. It is the same for spiritual aerobics. Many repetitions of a small action are far more valuable for growing spiritually than attempting one gigantic feat all at once. If, for instance, you hop up one step at a time, you will eventually reach the top of the Empire State Building. It would, however, be impossible to leap from the sidewalk to the top of the building all at once. The quickest way to reach the kingdom of Heaven is to start walking in that direction. Not in the geographical sense, but in taking the behavioral steps that will get you where you want to go."

Lesson Seven: Take Risks In Each Encounter

[This is another exercise given to the group to try for the next week.]

Rather than dealing with people in a stereotypical or habitual response pattern that you have grown comfortable in, we ask that you take risks when you encounter your brothers and sisters. We ask that you bare your soul and speak to them as if they are creatures of the Father in Heaven. By now I'm sure you have surmised that each of your brothers and sisters live in the palm of God's hand, as do each of you. Do not rely on habitual patterns of interpersonal relationships in encountering your brothers and sisters. Try your best to greet them as people you have never encountered before and may never encounter again. Try to use each occasion as a demonstration of your understanding of the teachings of Jesus of Nazareth. It is good practice, and we recommend it to you not only for the potential spiritual development involved, but also because we know you will like it. There is a vitality and a growth experience in relating to others in this fashion that is not achievable through any intellectual exercise or course of study.

Therefore we ask you to take risks. Talk to people with whom you would not normally speak. Interact with people you would not normally engage. Treat them fairly and honestly, and allow them to share their problems with you, if they wish. Lighten your brother's load, lighten your sister's load. Show them that God's shoulders can support all. It is not necessary for you to reject other people's problems. With God's power behind you, you can absorb an infinite number of other people's problems and you will be providing them a good service that is a growth experience for each of you. That will be your exercise for the coming week.

We have great confidence in you. We know that, barring lapses of memory, you will each do a good job at attempting to carry out this exercise. Remember, if you get a good start at things, they develop much faster. So rather than putting this exercise in the back of your mind after you leave tonight, determine that beginning tomorrow morning, when your feet hit the carpet, it will be the conduct of the day. Write yourself a note if necessary, and put it on your bedside table. Look at that note upon arising. Try to keep a single conscious thought in the front of your mind.

Some of you may find remembering to be a more burdensome task than relating truthfully and faithfully with your brothers and sisters. That is why we suggest that you write it down. Lapses of memory are one of the difficulties we have to deal with when doing this exercise. There are ways around it. [Laughter] I didn't intend for this to be so humorous, but it is all right. It is this kind of spontaneous interchange that we relish when dealing with groups like yours.

So for this coming week, you have a job. Good luck. We know you will be more successful than you estimate, even at this time.

Lesson Eight: What is Stillness Practice?

Your stillness practice is for you a matter of discipline. You will find that as your practice progresses, it is one of the respites from the abuses of daily living and, if for no other reason, the quiet time itself could be one of the most valuable features of your daily life. It is simply impossible to hear the voice of God with the chatter and drivel of modern society's daily life. It drowns out the faint beginnings of spiritual awareness, although in all fairness we must say that it is not how anything begins, but how it ends that counts. But for all things a beginning is necessary. Therefore we ask you to try to compose yourself. Clear your mind. Don't think about anything. Don't think about not thinking. I like to use the example of the water in the glass. The more you try to calm the water, the more it is stirred. Just allow it to fall into the bottom and come to rest naturally and you will find that there is a stillness which has great vitality. You will be able to discern the vitality of God, even in what you formerly thought were the empty spaces. Those who can find meaning in the empty spaces are truly on the right path.

Lesson Nine: Let God's Light Shine Through You

Work with the 1-2-3 exercise and work at letting God's light shine through you. If you can accomplish this, you will have accomplished much. I do not ask that you be on guard at all moments, because truly at this point in your life that may be an impossible request. But try your best. Do whatever you can to tune in. Do the best that you can and the results will be rewarding. During those times when you are not able to live up to these standards, just carry forward anyway and the next time you will find it easier to recognize when you have fallen short. At that time, you will have another opportunity to approach your brethren in love and to act in a more spiritual way towards them.

Jesus was always ready and willing to say a kind word to anyone he saw. He was constantly in tune with the Father. That should be your ultimate goal, but also recognize that Jesus was masterful at the art of dealing with people. He was well-skilled in the art of making people feel good and at drawing people to him. So in time will you be if you continue to strive with the highest spiritual values you can achieve, to constantly pray for guidance, to seek God in your lives and to call upon Him in every opportunity that you have. He is always with you, always present, always by your side, and all you have to do is receive Him.

Be open, open your hearts, open your minds. Let Him fill you with such love as you have never known before, and you will find that you can go forth and pass that love on to others. He will renew your faith daily, energize you where you have felt wanting. You need not be concerned for the future, for He is with you. He cares for you. Be at peace.

Lesson Ten: More on Taking Risks

You have asked whether Jesus of Nazareth had some particularized ability which allowed him to communicate on a spiritual level with his associates, or whether, like you, he began roughly and made steady progress. The short answer is, he had no more ability than any other person on this planet. That is elementary to the requirements of his mission. However, as a youth, and because of the living circumstances in his village, he had many opportunities to speak with people who traveled through Nazareth, his home being on the outskirts of town. Many people stopped by, if only to ask to water their stock or themselves, and he had many opportunities to speak to people who traveled the crossroads of the Near East. This is where he learned to develop his curiosity about the greater world outside the confines of his village. But the main point is, just like you, he had to practice.

His wholehearted practice led him to make rapid progress so that he was able to begin his private ministry while yet a young man and far more advanced spiritually for his age than many among your society. Therefore we encourage you, as we did last week, to take risks. Begin to talk to people you would not normally talk to on the streets. As you wait at the bus stop, as you encounter them in the elevators - that is an excellent place. Although the available time is brief, no time is too brief to make human-to-human contact. When you take the chance, God is there with you. Never forget that God is working through the other person, too, although that person may not be aware of it. You can cause them to respond. You can help their progress by taking the small risk that we ask. God cannot do His good work if you back off into the zone of safety. So we encourage you to continue the assignment. You are all making good progress. We are encouraged by the wholehearted efforts with which you have undertaken this task, and you will soon see that it is rewarding, even for the good feelings that are derived from the acts themselves.

Until next week, persevere in your regular practice. Talk to the people you meet. Open yourselves to those you engage in conversation. Instead of wasting your time talking about the typical things you would normally discuss, talk with them boldly about something that matters. You will be surprised. They are all ready. You will see. I will see you again next week. I leave my blessing on you.

Lesson Eleven: Live in the Present

We have recently made some comments on the topic of living in the present, attempting to emphasize the fact that God is capable of working directly with you only when you live in the present. It is one of the problems of modern life - you tend not to live in the present. Some choose the past, some see only the future, but virtually all deny the immediacy of the present, and yet, the present is all that is. Without a present, there is neither future nor past.

Try to live in the present. That is where the life is. That is where God's love is. God cannot love you in the past. God cannot love you in the future - although it is certain that He will. The future is in a state of becoming; it is not a fact of universal life. God's love is right now. Try to open yourself to it. In the stressful times that accumulate, particularly in holiday seasons like this, when emotions run high and your lives seem like a mess of things yet to be done, and things undone, and missed chances, let the love of God fill your lives and wash away the problems.

I pride myself in the quality of my companionship, but there is no companion like the Father. The Father will never leave you, although many times you may leave the Father. His love is secure. It is the perfect, straight arrow. A beam of light which never bends, never stops, never ends. As far as we know, it has no beginning. It has no end. It is perfect. Hold fast to that. God's love cures all.

Lesson Twelve: Treat All as Your Brother or Sister

You are all doing well. But I advise you, keep working at your assignment. Don't forget. I suggested that you write it down at your bedside table. I quote "when your feet hit the carpet" - remember that? "Determine to do the Father's will." This we ask, that you engage your fellows and that you act as the channel for divine love. Do so in a wholehearted and sincere manner, without effacing the purity of God's message with any jokes or wisecracks, or making light of the importance of God's love. Jokes are all right among yourselves. You do not need to take each other to task over the jokes amongst the members of the group. It is good sport.

Keep working at your assignment. It is important work, and we know that you will see this when you meet people and truly deal with them as brothers and sisters, person to person, God-spirit talking with God-spirit directly, no shields, no filters, no barriers, no defenses. That is the vitality of life, which God inhabits. We are not yet done with this exercise. So we ask you to continue steadfastly. You are building a body of experience, so do not cut corners. We assure you that this experience will be useful in the future. Cutting corners now will only cheat you in the future, although the truth is, it all gets easier.

Everything gets easier, when you walk down God's path. It is not as rocky as the preachers make you think. It is actually a fairly smooth road. I one time described it as a wide path, "so broad that many are lost upon its surface." This is true, but God's path is intentionally wide enough that many can wander about back and forth. It is part of the variation that is allowed in the plan. No one has a timetable for progress. There are people alive on your planet who are barely above the animal level. Their spirit quality is vastly different from someone else's - for example, certain members of this group. Yet God loves them as dearly as any other. The Master spoke truly when he related the story of how the shepherd is more concerned for the sheep that was lost.

There is no justification for discrimination against your fellow men. I know that is a difficult statement for you to incorporate in your daily lives, but begin working on it. Try to incorporate the God - like attitude. See those against whom you would discriminate as the sons or daughters of God Himself-for He certainly views them in exactly that way. Each is as valuable to Him as your own children are to you. The Father is personally concerned for the survival of every creature. God loves even the defectives.

Many Await the Good News

Until I see you next week, chin up. Keep up the good work. Many are waiting to hear the good news of the kingdom. Don't despair yourself in presenting the news. You will be surprised, the people who are waiting to hear. You will see the light in their face. You will perk up their whole lives. You have opportunities there that we do not. Most of those people would not listen to us. They would think that we are figments of their imagination, overheated, over stimulated. But they will listen to you. What a great advantage, so don't sit there on your hands. Get busy. Start talking to people. You will find that it is enjoyable. You will be able to tell. It is easy to distinguish the people who are the seekers, and those whose minds are closed, whether temporarily or permanently. It does not matter. You do not need to concern yourselves over whether the message is clearly or poorly received. It will all work out.

It will take a long time for everything to be made perfect. You are the ones that are living in the exciting times. You have the kind of opportunity that celestial personalities beg for. They would give everything they have for the opportunity to do what you are doing- what you can do every day. You are lucky, for many reasons. That is only one.

So this week, determine daily to start off on the right foot with the proper organizational concept in mind for each day's activities. Remember: It must be conscious, otherwise, it is not really working. Until next week then, I leave you all, basking in the Father's love. You are doing good work. He is aware of it. He likes it. He is paying attention, and we hope that you get out there and do more, so that we, too, will have more to do. We are not running full throttle yet. My peace I leave you. Good night.

Spend Time Daily with God

This is truly a great time for you all. We are moving forward with such incredible speed. Far better than I ever could have expected. This can only have happened because of your dedication to the process at hand. It is so important that we continue at this rate, for there is much work to do. Grateful are we all that you have chosen to come and share this time with us. To share the activities that truly must be done in order to bring this planet into the Ages of Light and Life. For without such help, your world cannot progress as it needs to. I have many times watched as you all struggle to take on the responsibilities of those things that we have asked you to do. We asked that you continue with the 1,2,3 exercise and exercise each day as you go through your daily life, always be ready and willing to work for God. Be ready for whatever circumstances are provided for you to show His love to others. He is there for you always and He will be there to assist

you even in the circumstances that you may find difficult. Pleasing it is to Him when He looks upon His children and finds that they are struggling to find Him in their lives.

Continue your prayers, your meditation and, each day, take time to spend with Him, so that He may help you lift your burden. It is not a difficult thing to do. It only takes a few minutes, and you would be surprised how much easier the rest of your day would go and how much the stress that you have during the day would be alleviated, if you would only take the time that He has asked you to take. Your world is far too stressful to think that you can get away without calling on Him. Those of you who are still not practicing daily, I urge you, please take the time to do what we ask you to do. In this way, too, you will find that you will be attuning yourself more and more to the Adjuster within. We can help you and the Adjuster can help you find your way. Life can be made so much easier and all those things that you would like to have in the way of spiritual growth will come your way eventually.

God Loves You

This is a time for all of you to rejoice, for so much has been accomplished. It is the Father's love that moves you. It is the Father's love that fills you all with such joy, so that you may accomplish your daily tasks. So it is with each of you, as you deal with other, as you deal with your children, your co-workers, your family. Your Father asked that you call upon Him, for indeed He should be the center of your life. The pressures that you feel to conform to the modern world should come second to God, for He should be highest priority in your lives. There are many temptations on your world, many things that draw you away from His presence, but if you have your mind focused on Him at all times, then other things would have little chance of calling you away from His presence. He adores you. You are His children. It is so easy in your world to forget that the Father loves you more than you can possibly love anyone else. If you can possibly have that understanding, then that would give you the strength and the courage that you need to carry out your daily life.

Your Life Will Show Your Path

BENJAMIN: Should I continue to encourage my wife to read the transcripts, or leave it alone and let her do it at her own rate?

WILL: My son, no one can push another into the spiritual kingdom. That person can only be led. As she sees the changes within you, she will be drawn back into the group. She knows the struggles which you have been going through and, as she sees you change, she will want to come back. You will not have to say anything to her. Be patient with her. Her time may not be right. There is always later and she is a loved child of God just as you are.

Speak to Others of Spiritual Matters

Any time you have the opportunity to relate to people on items of a spiritual matter, it always enriches them and you as well. You may not always know if your words fall upon fertile ground, but you are asked to take the risk just the same. You have lost nothing and you may have everything to gain. There are many lost sheep on your world and what we need are more shepherds to show them the way. You may all be shepherds of one sort or another, each one with your special gifts. There are many gifts of the spirit which have as yet gone undiscovered--time will tell. For now it is enough that you study and prepare yourselves for what lies ahead. The future looks bright for us all as we work together for our Heavenly Father. He looks with favor upon any steps that foster spiritual awakening within the soul of mankind. Nothing the Father does in you will go wanting. At some time it will all bear fruit. Many times He wishes he could just give you the tools you will need to find your way, but you must find them yourself. You have help from within from the Adjuster and from without from all the spiritual helpers like me.

It behooves all humans who claim to love the Father to seek Him and to find time to pause during their day to pray and reflect upon their relationship to Him. If you are completely honest with yourselves you will find that the time you spend on those activities that really don't matter would be better spent in reading the Urantia Book, or in other activities that would foster spiritual growth.

Have No Fear

This stage of instruction involves two major areas. The first area is: God is active within every person, therefore there is no reason to fear your brothers and sisters that you encounter in life. We have asked you before to take risks, to bare your chest. It is not so bad when you think about God being on the other side. He has bracketed the field. You have no more to fear from your neighbors than they have to fear from you. What we are really asking is for you to take the first step. Our 1-2-3 exercise is coming to a close. Not long now and we will have a new assignment for you.

The second major aspect of our teaching at this point is the importance of the Father's ministry through the Adjuster and the fact that we perform only some expeditious services on the periphery of that ministry. The Father's personal ministry is the fundamental program for all the universes. After all, He has set all this in motion. Everything that exists reflects His hand at work. The scope of Creation is so vast that no mind but His can seriously entertain what His purpose is. We see but a glimmer of it and consider ourselves enlightened and lucky. We say to one another, "We have been allowed a glimpse of the divine plan," and we glow in gratitude, yet it is but a grain of sand compared to the whole of His vast creation. By the time we all make it to Paradise, we will know something. Therefore I encourage you, commune with the Father daily. No one in this room is doing anything more important than that. Set aside the time. Your

lives are far too busy. You should begin resisting all this wasteful activity, even if only for itself. But better than taking a rebellious attitude, use the time profitably. There is no life wasted in contemplation of the Father.

If you do not listen, how will you ever hear His voice? So as you go through your daily duties, look upon your brothers and sisters. Try to discern the God-fragment in them. You can get close to that. Have no fear of crowding them in that regard. You remember two and three months ago when all of you sat around this table and thought to yourselves, "Why is it that life has little real meaning?" And now look at us all tonight. Now life has real meaning, does it not? Now think about your brothers and sisters. They are now where you were then. They are all wondering, "When is life going to begin for me?" Well, here is the answer: when you open up to that person and speak to him as if Jesus of Nazareth is standing next to you, and by your words and thoughts and every move, you are demonstrating to him that you perfectly understand his teachings, then you will have introduced that person to the Father's banquet hall where the table is always set with delicacies that we do not even recognize. And the best part is, all of our friends will be there to enjoy it with us. It is not a lonely experience. We will all be together for eternity.

We will have a new exercise soon. We are all doing very well. I can say that with great confidence because I see the results of your attempts in your hearts. Be yourselves now. It is the best feeling that there is. Carry the good news of the kingdom to those whose lives are empty and full of hunger. As they gain perspective, the light begins to grow. The flame cannot be extinguished. Take a chance. They will get in line on the sidewalk. They are all hungry for the good news. Give away all that you have daily; whenever you look for more, it will be there. Don't be afraid to tell the people. The message is not beyond their comprehension. With a little practice, you will know who the seekers are at a glance. You already know many of them personally. So open conversation with them and share your understanding with them. The Father is at work all over the world. Suddenly the fruits of His labor are about to be known. We are on the brink of the most positive decision making opportunity ever presented to humans. With a minor change in perspective, your country could live in a virtual paradise.

The Father has stirred Himself. Sweeping changes are imminent. You are on the crest of a wave. Ride it all the way around the world to Paradise.

Allocation of Time

Here is the framework which we propose as a hierarchy for application of our teachings: (1) communion with the Heavenly Father; (2) family time; (3) application of our instruction to your daily interaction with your earthly brothers and sisters; (4) the ordinary maintenance of material concerns. This is a hierarchy of quality, not total hours -- in some cases, minutes -- spent in these activities. But you will soon see that God's work can become quite time-consuming, indeed, it is intended to become ultimately all-

consuming. We realize that this thought might be disturbing to many, especially those who have accumulated substantial material wealth. It takes much effort to maintain such extravagance; it takes work, and therefore time, to so support these possessions. If they are productive of beneficial developments in your lives, then by all means continue. If not, jettison them. There are better uses of the time -- even if you do nothing more than watch the clouds sail across the sky. Materialism is a deadly trap, in which many are ensnared, and the most pitiful victims are those clamoring to be let into the trap.

We do not ask you to withdraw from the world, as the monastic orders do, for that is the polar opposite of our intent. You already know the tenor of our instructions. I mention this because your teacher Will has referred to an upcoming exercise, and such will be an expansion of the work which you have already begun. What we raise now, as an idea, is the notion that you must look forward to converting your daily activities from sweat-of-the-brow labors into opportunities to put the Father's love in action. We will together subvert the exploitation of men, and use the existing structure to begin building a just and loving brotherhood. We specifically will not "plow it all under, and replant," as Eric has frequently suggested. Things do not work that way in the divine scheme of development. To do so would be a tacit admission of lack of value, and this is simply not the case. We will, however, hijack the mechanisms which exist, for the greater glory of God. That is a good and useful pursuit, and far less disturbing to those both intimately concerned and those insensitive to the subtle movements of the Father. The Father is clever; He is sly. He will attract humans to Him by all honorable means. His movements are so subtle that even we are overtaken by the repercussions of His actions. We admire Him -- worship Him.

Unconditional Love

You must start today considering yourselves as a family--one that encompasses love--that unconditional love with which the Father would love you. You must bring forth in each other the best that is there by genuinely appreciating those qualities about each other that are there. There may be times when you may not see all that is there to see, so I encourage you to pray concerning this matter and let the Father show you what He would have you see. Walk in each others' shoes and see through each others' eyes; for only in this way can you begin to understand each other.

Some of you still feel distanced from the others in the group and you need not feel that way. That is what this is all about--learning to love each other. If you are truly able to look at each other through the eyes of the Father, then you will begin to appreciate each other more and want to spend more time together. If only mankind were to at some point begin to feel this same love--what a wonderful world this would be. In the mean time we will work to bring about whatever peace and love we can just in our little group.

Go now and practice this in all your affairs, not just in this room. The skills you

learn here will carry you far in dealing with others, even those who are difficult to love. There must be a change in your perception of all mankind in order for you to truly love the Father. For as you love your brethren you show your love for Him. It is not enough that you merely speak the words, you must speak with actions. The Father knows what you feel even before you are able to verbalize your feelings.

If you can begin to change your attitudes about others about you, it will begin to show in all your relationships--your spouses, children, extended family, friends and co-workers. Even the stranger on the street will notice there is a glow that emanates from you. That glow is intoxicating and will lift the spirits of anyone within sight of you. Our Father's love is powerful. He does incredible work, all you have to be is the conduit for him to bring His love to others. Only in this way can some people feel his presence. They have never had anyone be kind to them and they are unaccustomed to the truth of God's love. They have simply never been shown. Those are the lost souls we seek to reach, those who will respond to what you have to offer.

Your bounty is so great, can't you afford to be generous? You have been given so much and to those whom the Father has given the most, the most is expected. Be attuned always to ways you can help another. You must, of course, take care of your own family and their needs first, but there is always time to take the time to love another.

Prayer time is a time for being especially attuned to others. If you are aware of another's struggle, pray that they may have the strength to deal with their problems. Pray that their hearts may be open to the Father that he may show them the way. Pray that they may be willing to reach out for spiritual help so that it can more easily be there for them. Open the floodgates of love from the Father that comes from Heaven. You do not yet realize all that is available to you in the way of resources. Some day you will. Pray that another will be open to new teachings. Pray that another will absorb the teachings you have already given them.

There is much to learn and much to give. Only in this reciprocal process can the Father's work be accomplished. He loves each and every one of you, He asks that you in turn love each other. See that you try this and you will be amazed at the results. For now I will close. My peace I leave with you.

Your Path will Illuminate the Path of Others

Many will walk the path with you for but a little way, for they will expect to see great works. Nothing has changed in that regard over the thousands of years since I walked the sand and rocks of your world. Your people are insensitive to changes occurring within them, even less sensitive to changes taking place without, but I assure you they will more easily see the effects of this new revelation in your life than they will see and feel it in their own hearts. Yet this external perception will be the light that they

have long waited for. It will be the seed crystal that causes the unavoidable precipitation of their spiritual yearning. And they will be brought into the fold.

You and your friends will not live to see the results of your deeds on your world. More time is required to set things aright. We cannot push, nor drag, we can only open the door. You will be the light within, cascading out, proof of the Father's love and concern, to shine fairly and consistently on all who enter -- or so much as pass by the door. Gone are the days of the elect. You are fortunate that by genetics and training you have boldly entered the doorway. We invite you to explore yet further.

Take the Time

Take time to extend to each other the kindness that you would like to have extended to yourselves. Take time each day to find the Father. Neglect not your own prayer time, for it is vital that you continue in this exercise. If you will do what you are asked to do, then gradually it will not become the task that it is presently. It will be a joy and a privilege--one that you would not think of going without during the day. Our Father loves each one of His children and seeks to reach out to them. All you have to do is be there, to be open, to be the receptacle in which He can pour His love. In this way, you will have the love that you need to extend to others. Right now it is more difficult for some of you than others, but it will not always be so. Step by step, you will learn the way and in that way, you will find the teachings of the Father more easy as you go about your daily work. Continue to practice the 1, 2, 3 exercise and open yourselves to other opportunities to find a way to express the Father's love to others. We ask that you do so. There should be never any doubt that the Father is working through you. You have a lot of work to do. We ask that you cooperate, that you give your spirit in completing the task. We ask that you afford yourself every opportunity to cooperate in every way with what you have been asked to do.

Obedience

When most mortals think of the concept of obedience, they think of their childhood experiences, when it usually meant doing something they did not want to do, or not doing something they wanted to do. This is reinforced in your culture by the scene of Jesus in the garden of Gethsemane, apparently being forced to do something that he does not want to do, to be obedient to the will of His Father in Heaven. Spiritual obedience is not like that at all. It is a process of whereby individuals make value judgments by making decisions, and determining what is really the most important to them. As long as they continually choose their highest value choice, they will be progressing towards the behavior pattern that would be called totally obedient to the will of God. It was more important to Jesus to act in accordance with what he perceived to be the Father's will than it was to escape the cross. It was a powerfully positive voice. Does the man Jesus in the

Urantia Book appear to be someone who has forfeited the power or the right to do what he wants to do of his own volition? And yet, as an adult, he was totally obedient to the will of his Father in Heaven. Obedience to God is never demanded. It must always be freely given.

Will's Mortal Sphere

WILL: A world much like your own. I had a mate and a family just as Eric told the group. I enjoyed the association of others and friendship and was a worker who helped my family economically just as you do. On my world, all people work who are able, unless they are ill. In that case, the government made provision for them. Our government was very much kinder to its citizens, and we had reached the point where we didn't have any more wars. It had taken our world eons to reach that point. Disease was almost nonexistent because so much of our tax dollars had gone to medical research. We had long since eliminated plagues that your world still struggles with. We had learned through many years of hardship to focus our attention back onto the family. Gone are the days of materialism. We, too, had gone through difficult days before we came to the realization that the family structure is the most important unit necessary for survival of all mankind. We weep when we see so many families falling apart on your world. If only humans would work harder, trying to preserve the most precious commodities that they will ever truly possess. So many let it slide by. Too many people become involved in other activities which take their energies away from the most valuable source of strength they will ever have, their family.

Many Paths

JUDI: Will, this is Judi again. This group has stayed together over the years because we have been touched by the teachings of the Urantia Book. I have friends who are spiritually receptive but they have never read the Urantia Book. Instead they have elected to express their spirituality through other means, such as East Indian religions. My question is, will the spiritual mission which we are about to fulfill soon, or some day, come mainly from readers of the Urantia Book or are there people who pursue other spiritual paths being contacted as well?

WILL: My answer to this question is short and not meant to be curt, for it says in the [Urantia] Book, there are as many paths to God as there are souls to walk them. It is a good try. Beyond those words, there is nothing more to add. That thought encapsulates all there is to say.

Practice Communicating with God

JUDI: Good evening Will. I was going to ask how to get the gate open, but I guess your answer is that I should be patient. I sure have enjoyed this spiritual presence that I have felt this week and stand ready to start the path. I am beginning to understand, I think, a little more about the role of insight in spiritual guidance, but I would appreciate if you could comment on that, particularly how much faith we should have in our own insight.

WILL: Certainly the presence that you have felt this week has served to steer you in the right direction, and it will continue with great force if that is the path that you have chosen. The insight that you have will continue to get stronger and stronger as you seek to find a way to communicate with the Father. Like anything, it will just grow stronger. As you spend each day communing with the Father, the pathway will be more open to you and you will see with clearer vision what is available to you. Reach out and accept what is there. If you feel that you are receiving an intuition or guidance from us, we invite you to write it down. This way you can begin to practice on your own. You might be surprised at what happens. We encourage you to do so. Have your pad and pencil ready. Be aware that in God's realm, anything is possible. Practice, practice, practice.

Growth Opportunities

JUDI: As I look back over the last five years, I can point to a number of events in my life that have made me ready to accept this new spiritual teaching and especially my willingness to participate in this group. Are those things that have happened coincidences, or are they shaped by spiritual forces?

WILL: You ask a very good question. Many times those of you in the physical realm do not see all that is being done for you. You have no idea of the times that opportunities are placed in your path for you to make decisions that will influence your lives. The choices are always yours, of course. The opportunities that we place there are decided on a much higher level. Those at that level are able to look within your heart and see what you are capable of doing and then an opportunity is presented to you. If you take up the opportunity and act on it, then you move ahead spiritually. If you decide not to take the opportunity, this is your choice and down the road if we feel you are ready, the opportunity will again present itself. Sometimes it may be as simple as moving a person into your life who would not ordinarily have been there. We can plant a suggestion in someone's mind that they go to a certain place or say a certain thing, but it is up to that person whether they want to respond and how much they want to respond, just as it is with you when we ask you to go out and say kind things to each other and show forth the Father's love. Everyone has the right to say yes or no. That is your privilege. You have been given many opportunities in life and you have acted upon them and brought yourself into this realm, here tonight with your friends. Can't you look back in your life and see for yourself what events have lead you here? You would not have chosen this path if you

had been a different person or if you had been brought up in a different environment or if you had not the intellectual ability to absorb the Urantia Book. You are a seeker of knowledge, a seeker of truth, and that in itself has carried you a long way toward finding the Father and seeking the knowledge. I congratulate you, that you have been able to stay on your path. Sometimes that path has not always been easy, but you have maintained it just the same. Be ever aware that the Father will continue to uphold you, to lead you, to guide you in all things and in this manner, bring you to Him. You need not worry, my child. Everything is as it should be. Be at peace, for you have learned well and while there is much more to learn, you are well on your way. Be not concerned.

Don't Worry

You needn't be subjected to anything that would take away from your spiritual growth and worry is one of the things that will surely separate you from the Father. Far too many times you have a tendency to fret about things that never come to pass. It is a very bad habit--one left over from your childhood. Perhaps after a while, you will learn to put total trust and faith in the Father so that all these fears will dissipate. For now I ask that you refrain from worrying whenever possible. It wastes a lot of energy and you need that energy for the work you have been asked to do. You are very important to this whole movement and we need you in top form without all the extra baggage. Relax, the way of the Father is one of enjoyment, not one of anxiety and trouble. You may be assured that the Father loves you and will do everything to help you overcome these character flaws. It will come, you need not be concerned. For now, do your best. That is all we ask of you. You can be no more than you are--no one can.

Love All God's Children Today To The Best Of Your Ability

Be prepared to be the tool used for whatever He calls you to do. You will never know what special tasks you may be called upon to do and there is always something that can be accomplished in His name. Even the smallest daily task can be dedicated to Him and be done to His glory. Not one of you need feel like your work is unimportant. It all helps you to grow. The Father will find a way, if you let Him, to use what you do to glorify the kingdom.

There are few workers who truly have His love in their hearts. You need not be shy about exhibiting that love for your fellow man. There can only be a positive response. Certainly one must always be cautious not to give the wrong impression of friendliness that will be taken wrong by some people, but usually you will be safe if you are just natural with your delivery of His love.

Act as though you have all His love possible stored up inside you and it just keeps overflowing. It need not be an act for long, for shortly it will become the real

thing. God doesn't like pretend Christianity, but for a while it will be acceptable. After time and much practice--genuine practice--you will find yourself relaxing and smiling, exhibiting that same love on a more natural basis. It won't take long. Many of you are well on your way. It is just a matter of time.

Our Father's love is very powerful and it carries with it the power to overcome any circumstance. You should be well advised to draw on that power when you need it. It is always with you and you need not feel like there is any end to the supply, for surely there isn't. Prepare yourselves each day by saying these words, "I will love all God's children today to the best of my ability". This should go a long way in getting your day started in the right direction. If you run into difficulty, then just reinforce these words upon your mind. Make it listen.

Perhaps in this way we can all achieve a closer relationship with each other. It will certainly go a long way to preserving peace on a world that has already been ravaged with havoc. You in your little group can just begin to undo some of that damage. It may seem monumental to you, but the task can only be accomplished one step at a time, one person at a time. Then and only then can our Father's love be with everyone.

Continue your prayer time. Continue contacting each other during the week. It is only natural to want to be with those you love--you will see. It won't be long before this is all very natural. Rest assured all is well and we are on schedule. There is much work to do and we are here to help you as much as we are possibly able to so.

Ask for God's Guidance

You must be ready to do anything that the Father asks you to do. He will be ever at your side with whatever strength you will need for the task, so you never need feel like you are alone in your pursuits. It only takes a minute of your time for you to ask for the Father's guidance and He is right there giving you whatever you need. Be aware that the Father will have many tasks for you. Some you may feel are more difficult than others, but if you sit down and ask for the help you need, it will always come, whether related to work, family or recreational activities. You may not always win, but you will have a much better attitude about the whole activity. Rest assured that the Father is guiding you, and you need not be concerned about being led astray. You have much more help than you could ever imagine. He is everywhere guiding, correcting and urging you to take the risk to try new things.

There is nothing wrong in attempting to enlighten yourself about things spiritual if your heart is firmly planted in the soil of life. Our Father will water those ideas and give you sustenance while you germinate into a full blown bulb. One flowers only under the Father's guidance, and He will bring you forth from the darkness into the light with your blossoms ready to behold the rays of day. Those rays contain the teachings of the

Father and, if you are persistent, you will find that you will clearly be led to find the Father in a way unimaginable to you now. You have not yet begun to even scratch to surface of what is waiting--it is all so exciting.

Forever is your journey made progressive by the way you strive to know the Father yourself. The harder you work, the more will be revealed to you. Those who are on a spiritual path will be given every opportunity to find what they seek. It will be a labor of love. Rest assured the Father loves you. Rest assured that He will take every opportunity you give Him to build a closer relationship with Him, for only in this way can you truly understand what lies ahead and the glories of the One who loves you the most. If you love the Father, love those who are His children. If you truly love the Father, love those who strive with you and you will find that all things will open up to you in a very special way.

God is with you--never forget that. Be conscious of this every minute of every day and that will help you to radiate that love out to others you meet. It is difficult to contain such love when it is overflowing in your own countenance. Rest assured you are loved. Pass that love on to others and watch their reaction. You will be amazed. Lift the spirits of those around you and you can help them in a very special way. Love others always.

Spread the Good News

Soon we will make a transition from our 1-2-3 exercise. We will do a supplementary exercise that is somewhat more service oriented. I was concerned to see that some people perhaps feel this experience is not to be shared with people outside the group. That is the silly part. The good news is to be spread among all. People are waiting to hear these words. They are waiting to see the result of this communication and this connection in your daily lives. You have nothing to conceal. You would be concealing the best part of yourselves and this is unnecessary and unproductive. Take care that you do not compartmentalize these experiences. These developments are not to be kept only within the family at large. They are not to be shared only with the people who are meeting here tonight. We must all see the outworking of these teachings. As David pointed out only weeks ago, the main mechanism of spiritual growth is to share your advancements immediately and spontaneously with those nearby. Much can be gained from reflection upon developments and insights, but there is no reason to withhold this information. There is never any reason to withhold the good news. Just as in Jesus of Nazareth's day, the people are waiting to hear some good news. You may share it with them freely. I commission you.

So shortly, we will make the transition to a service exercise where you will be asked to deal with people's problems. That is why we are gaining the body of experience that we are developing right now, through the exercise instruction first, to treat each person as if Jesus of Nazareth was standing next to you and, by your words and deeds, you show him that you fully understand the import of his teachings and, second, to open yourself as a channel of divine love from the Father in Heaven directly to the person with whom you are engaged and, third, that you do so in a sincere manner, making no jokes or wisecracks. That is the part which everyone thinks is the toughest, but sincerity is a necessary component of this exercise just as consciousness is a necessary component of the stillness exercise. Otherwise, you could reduce yourself to a state of blissful demise as indicated with too much alcohol or too much television or any number of unproductive pursuits. So we will ask you to be sincere as well as conscious. And we recommend it to you because we know that you will enjoy it. It is growth experience. I find it rapturous myself. I have spent many days discussing the nature of the Father's love.

God Stands Ready to Help You

The Father's defenses are deep. He will help you through the Adjuster inside. He will help you from without through the midwayers, the seraphim, and all the other angels, occasionally through the intercessions of teachers like myself. From time to time, He will request through Michael that certain things shall develop and they will. He will open the pathways. He will open the pathways to allow you each to travel His road--the road that stretches across eternity itself. He always stands ready to assist you. No problem is beneath His notice. So in doing your daily activities, when you feel distressed or frustrated or cornered, you may find it helpful to take your nose out of the immediate problem. Take a moment and request assistance. A generalized request for assistance is good enough to mobilize legions to your rescue. No one will do the work for you. But we will all work and do our best to help you see your way through the problem. For that is truly the best way to work through problems. See through them yourselves. Many are transitory and none are insurmountable. Some seem to be knotty. All you can do in that case is set them aside and tackle them again some other day. It is the fate of those living on material worlds to live with much inconsistency. I have commented on it before. The most important thing is that no sincere request for assistance is ever ignored. The results might not be what you initially preferred, but we think that with your growing awareness, you will see that the action taken is justified. After all, we are here to help you. That is the substance of my message tonight.

Worldwide Spiritual Upliftment

Urantia Book readers are a natural pool of allies and recruits for efforts such as this. They are favored because they have developed a basic knowledge of the mechanisms, and some of the terminology used. But our efforts cannot be limited only to

Urantia Book readers. There are simply not enough. So when you speak to people about the possibility of such developments, for example, using phrases like, "Do you think it is possible for the Father to be active in a human's daily life?" Try to measure your listener's reaction. They will not necessarily respond immediately. But many people in your society have a good foundational base and have been raised in the Christian traditions. They are somewhat familiar with concepts of the Father and His son, Jesus, the ministry of angels, and the generalized notion that God can be active even on a planet such as this. It is not a big surprise to them. So I recommend that you do not limit your search for interested parties only to Urantia Book readers. Approach many people. You will make some mistakes. That is unavoidable. You will irritate some people. You will scare some people. Those things are inescapable. You are not personally responsible for the spiritual development for every person that you encounter. The Father's defense-in-depth is designed to compensate for such errors.

Your job now is to talk to people. Your job in the future will be to talk to people. You will become adept at learning and teaching, learning and teaching, learning and teaching. That is the heartbeat of spiritual progress. We all walk that path. Those of us who know everything are already with the Father. Learning and teaching is our role.

There is No Purer Love than the Love of the Father

MACHIVENTA MELCHIZEDEK: I will ask you all to call again on the love of the Father. None of this would exist except for His desire to share Himself. He is truly the First Source and the Center of all that is. His love flows out like a river. All who are bold enough to set forth within it are washed clean. A truer and purer love exists nowhere. Truly there is no other "where". The Father's love washes out over all the worlds, over each life. It finds its expression in the relationship between people, between parent and child, even in the soft touch of affection between a human and an accompanying animal. In our view this expression of love is worthwhile.

There is only a certain amount of time allotted to each of us in the material life. Who knows when this exercise shall end? It is wise and productive to conduct yourself as if there is no tomorrow. I know whereof I speak, for I am the Melchizedek who once strode your planet. Do not waste the days that the Father has granted to you. I, Machiventa, say so. Do not hang back, there are only so many opportunities. The doors are open to you all. Make sure that you pass through. Riches await on the other side.

Good evening to you all. I see your work and I see your intentions and they are good. We who direct this program are happy at these developments. I speak for Michael and he is pleased. He is pleased with you all. He offers you his hand. When you need his help, he will extend it. That is enough for tonight. I shall visit you again soon. I will leave you as always cradled, surrounded, engulfed in the Father's love; subject to His ministry and the object of all His love and desire. Amen.

Serve God Wherever You Are

It is unnecessary to travel about, in search of the Father's work. An abundance surrounds you. The people will come to your door. See that you are there to receive them with a true heart. And as for those who are inclined to shrink back from the unfortunates, encourage them to step forward in the company of a friend, in the loving brotherhood of the community which will give them the strength and courage to master their fears, and glow in the bright light of God's love. Let them not pass the cup; they shall drink deeply, or not pass the gate.

This you shall teach to the people -- to open their hearts to their brothers and sisters, those living in the woods and byways. Provide them shelter, and hope, and the example of the Father's love brought to life on earth, as it has [been demonstrated] from time to time in the lives of the prophets and teachers and great men and women of your history. Teach this to your people, and their names will be recorded on the rolls as citizens of the Kingdom, and you will have honestly performed the work you were called long ago to do.

Teach this, and the gates will swing wide.

Evaluate Spiritual Teachings by Their Content

All spiritual teachings must be evaluated by their content, and not followed or rejected because of the celebrity of their supposed source. The time is long past on this planet when religion can be promulgated by asserting the authority of the teacher; that system of religious instruction was effectively demolished by the Master in Palestine and the later Protestant reformation in Europe. Neither do we seek to create a "Star System" of religious instruction; "If He said it, it must be so!"

Such acceptance of any teachings does not lead to the kind of sincere searching and proving for one's self that we seek to promote. Again, it must be the teachings themselves and the effect they have on the students' lives, and not the claimed authority of their source that must be the final determinant in evaluating any spiritual teachings.

Your Father Always Listens

There stands between you and the Father a vast space of knowledge--one that can be supplied only by daily prayer and involvement with the Thought Adjuster and all the other spiritual help available to you. We work from without, and the Thought Adjuster works within. He is the one to connect you immediately with our Father. If you have concerns, take them to the Adjuster, who is the Father in you. He will hear your petition.

Always does the Father listen to His children. The answer may not be

immediately forthcoming, but it will come nonetheless. Those who are diligent in their prayer life will find the rewards great, for our Father is generous in His support of love and nourishes His child with all things on a spiritual level. Nothing is wanting and He will always be there--God is never absent from His post. While you humans have forgotten Him in your daily life, He never forgets you. After your day is over, think of all the ways during the day He was with you and you were not even aware of it--in the smile of another or in the kindness of a stranger. Our Father makes time for us, let us make time for Him.

Your day would go much smoother and you would find your stress greatly reduced if every day you would spend time with our Father.

Smile on Your Brother

With every opportunity that you have to lighten the burden of another, I invite you to do so, for we all know those who need our assistance, who need a kind word, who need the closeness of another because they have no one who can give them that reassurance that they need from another human being. They have not yet begun to find the Father, and in reaching out to those, you will help them to begin to find that which they have not yet had. Return to the Father all that love that He returns to you. Guide all those around you, to bring them to a closer walk with Him. He reaches out for all those who are searching for Him, and you can help in whatever way that is possible. We invite you to stay fast in your efforts, and be open-minded to whatever our Father brings your way.

It is a joyous experience that we are on, and we have a joyful opportunity to work His will on this planet, to work with others and to do His bidding under whatever circumstances He has asked us. Forever keep in mind that He is with you, watching over you and giving you whatever support you will need to do His bidding. Never forget that He loves you. He cares deeply for you in a way that you cannot yet understand. Never in your imaginings could you understand such a love because even in your earthly journey, you cannot love another with such love. It is powerful. It is never ending. It is all encompassing. It is unrestrictive and allows opportunities for you to grow, to be joyful and to have the things spiritual that you would have. Work with Him on all levels. Be always diligent and ready to do whatever He bids you do. I invite you to ever stand ready at the door of opportunity, for you never know when our Father will ask you to do something in His name. Opportunities come every day and many are passed by, because you are too busy doing something else. A gentle kindness, a kind word, a favor done out of love, not because it was asked, will show your love for that person and allow you to exhibit God's love through you. He needs many like you who are willing to pass on His love. There are too many who need it.

You must be the shepherds going out to His sheep, bringing them in one by one,

just as we will in this group go out one by one and bring in those who need the understanding that we have to offer. You have so much to give and our Father will let you know the knowledge that you will need in order to perform what He will ask. You need not fear not having the knowledge to do your assignment. It will be there, and you can rest assured that our Father will give you all knowledge and all patience to carry that out. For some of you having that patience is the hardest thing that you struggle with, for you want all that knowledge right now and you may have to wait. "All things come to those who wait," you have heard said and that is truly so, but don't be so impatient that you lose other things along the way.

There are many skills that you must acquire to be a full citizen of the kingdom and as you acquire these skills you will become a more effective worker, for God needs you fully trained, fully effective to carry out all the tasks that He has for you. Calm yourselves and take the time to study and learn. Be patient with your brethren as well. You are not all growing at the same rate. Some of you have more time for study than others, and some of you are more willing to grow than others--even though some have the time, so much of that time is put into other activities, ones that are not exactly of a spiritual nature. While we understand that leisure activities are important and that reversion is necessary in your world and in your life, so is your spiritual life. At least as much time should be put into your spiritual life as in your reversion. Can you not give the Father as much time as you put into your television or whatever activity that takes you away from Him? Isn't it enough that He asks you for so little and yet some of you are not even willing to give Him on a daily basis what He asks. Communion with Him would do much to advance your spiritual growth and to daily keep you growing in the right direction. Spend that time each day that is necessary to keep you on track and stress-free and in communion with the Father, with the Thought Adjuster, and with all the spiritual help that you have.

I Commission You

I commission you to go among your friends and invite people to come in and hear the word of the Father revealed in love, not dictated, not filtered through the mouths of the priests. Let them hear the thoughts of the Father. Let them see the creation that He has caused to roll forth. Let them feel His love and concern brought to realization in their own hearts and their own lives, without the dictates and interference of mortal men. They will soon see. I commission you to go out among the rocks, into the scrub, find the people who wish to hear these words. You will know them. You know many already. Bring them home. Bring them home to the Father's family gathered here tonight. Show them the message of love and opportunity and hopefulness that is inspired by these events which you have witnessed here in your lives. They will see. I commission you. Go forth in his name. I, Machiventa Melchizedek, say so. So be it. God bless you all.

Love All as Family

Love each other as a family and over time you will find that, as the affection grows, you will be perfectly in tune with each others' needs. First in a family situation is the concern of taking care of each other; then you will find yourselves automatically loving each other. It doesn't take much effort to love someone that you see as a child of God, for our Father will help you pour more and more love through to that person. He has no limit on His love, therefore there can be no limit on yours. Be aware of what you can do for another and our Father will show you wondrous things that may be accomplished through sharing His love with others.

Go forth and shine like a beacon to show others that He is in you. That way you may know for certain that there is much more for you to receive in the way of His love. You are not the only ones giving love--His love--there are many others; and you will be the recipient of much love from others. Go forth in love and spread forth His love to all the ends of the earth.

Brotherly Love

I have some words to say tonight on the topic of brotherly love. In olden times on your planet, the families were ruled by the men with the strongest arm and the men who ruled the family might also rule a clan, and when the clans clashed seriously, not over issues of territory, or hunting rights, but with malice, and attempted to destroy one another, a clan leader might become the leader of the tribe by absorbing the subject defeated clan members. And from those tribes ultimately came nations. Tonight you sit here, the product of those conflicts. Much has changed over the history of your planet. In the days of those with strong arms, few people received a Thought Adjuster. Now all do who are capable of making a moral decision receive one.

The Father's ministry and, by extension, the Father's participation in your world, has grown from the days of the first human pair. Now the Father lives in the hearts and lives of all normal-minded people since the day of the pouring out of the Spirit of Truth upon your world. The Father has participated fully by His own laws. He has shown His personal solicitude and His loving expression of concern for all the people of your world no matter what their color, their economic status, their political stripe, their goals and schemes in the material life. The Father is personally present and active in each human being's life.

This brings a new dimension to the instruction to love your brother as yourself. For you may feel from time to time that you yourself are not all that loveable, and yet we say, the Father loves you dearly as His own special child. How can we then say that you are not loveable? Your worth has been proven through the Father's participation and so has that of your neighbor.

Those persons sitting to the left of you, to the right, before and after are all the recipients of the fragment of the Universal Father, who has chosen to participate personally in the furthest realms of His own creation so that He might understand things that He could not otherwise understand. This participation is imbued with many qualities, some subtle and fine, others coarse and obvious. But the Father says through His son that your worth is proven so too is the worth of your neighbor proven and in a similar fashion, the worth of those unmet is also proven. There is no person you may encounter upon the streets, in your work environment, around the world, those you see on television, in wretched circumstance, hopelessly trapped, or living lives of luxury, all have the imprimatur of the Father's approval stamped upon their spiritual potential.

If you ponder this instruction, you will see that it changes your perspective on things. For this reason, we ask you not to clash with your brothers, neither clash with your superiors or inferiors in the hierarchy of your work situations. It is not necessary that you bend your knee to those above or show unnecessary solicitude for those below. You must honestly and forthrightly defend what you know to be the highest teaching so far presented to the people on your planet: those teachings related by the man Jesus and those teachings contained within the text of Urantia Book. We ask that you rely upon those sources of information. You are unlikely to stray far from the path by following the wisdom and guidance contained in those revelations.

You will show more love for your brothers and sisters by dealing with them honestly than you will show by demonstrating insincere compassion or unjustifiable concern or an unnatural degree of personal interest in their lives. Those things are unnecessary and will arouse the suspicion of those who you wish to ultimately embrace. Just be honest and forthright with the people. They are certainly that intelligent. You do not need to couch your ideas in clichéd phrases. You do not need to sugarcoat the Father's message. To some it shall taste bitter, to others sweet and light. The message is the same. It matters more the posture of the person who is receiving it. The Father's medicine is good for all. Therefore we lay this charge upon you. In order to love your brother, speak honestly. Portray your highest understanding, even better, exhibit through your actions your understanding of the Father's love and His daily concern for your brothers and sisters who are your companions in this life.

I commend you all for your progress in the 1-2-3 exercise. This very progress has allowed a further development of our charge to you. We would like you to speak more boldly. We would like you to speak more candidly. We would like you to take more chances. You all know by now that there is little or nothing to fear. Who among the people can deny the truth? Still, it is of concern in untested relationships and in long-standing relationships that new and profound developments such as those we have incorporated might be threatening to one or more of the parties involved. Yet all who know you, each of you, are capable of absorbing increasing steps towards perfection. Every day is an occasion to be about the Father's business and His main business is perfection. There is always a better way-that is the salesmen's rhetoric of your society.

Your job is to demonstrate that better way. Your job is to challenge the people, show them, lead them. They will follow along after you shortly. You need not be overly concerned for the immediate product of your example and teaching; the people will follow along. They are afraid to walk out upon the untracked grass. Your footsteps will be the footsteps that will bend over the blades of that grass, and others will follow until it becomes a trail and then a rut of another kind. The Father will then blaze a new trail through you or such as you. But the people will follow along. You will see. So I encourage you to challenge them. Challenge them to move towards perfection. Challenge them to embrace the better life. There is no occasion from turning aside from the better way. Hardly an argument can be raised against it.

There has been much discussion and much thought tonight on the topic of how the Father proposes to accomplish all of this. You people are coming close.

I will reveal something to you. You will use the tools that you already have. You will sharpen and polish them until they are more effective than they were ever intended to be. For the Father's hand will be along side yours on the handle. When you set your hand to the Father's work, you are never alone. He works within you. He works without you; the Father's grasp is firm. We believe that He can make no mistake. Certainly we have never seen evidence of one. The Father sees, He knows the necessities that are required for each of you to do His work. You have but to embrace that work. The Father will see that you have the tools.

Each of you right now is developing the abilities, and when you lay down your hand, you will find the necessities within your grasp. Do not trouble yourselves overly over how things will be accomplished. The Father's plan is unstoppable. Certain people may turn aside from the path, but the Father's plan will never end. He has work for you all, beyond Paradise. You will not be spending eternity eating grapes. He has the most difficult tasks imaginable waiting for you. He keeps a large book and for each of you there will be a task, waiting for just the right person.

If you think you have a difficult life on this planet then I say to you that you are blessed. We have discussed tonight many features of the worlds of Light and Life; the type of world from which I came. The people on the worlds of Light and Life make rapid progress. They know the Father. They do His work. Many embrace Him while they are yet alive in the material life. Yet those people lack an important quality. They are not toughened. They are not tested. They have not suffered--oh, they have their difficulties and they have their choices to make, but I assure you that their choices are much more palatable than the choices which you are offered.

When the Father has a difficult task-one that requires someone who is true and capable of working alone amid doubts and negative influences and isolation-He picks people like you because you know. You know what faith is. Before any of this, there was the faith in the Father. That faith cannot be trained into a person. It must be earned. Therefore we have said many times, you people are favored in Heaven, that the people of

your planet and planets similar to yours, have earned a rugged constitution that cannot be achieved any other way than through a difficult contrary material life experience. Certainly none fall through cracks in the Father's plan.

The Father's defenses are deep. All potential events are compensated for. The Father will ask that each of you live long and productive and occasionally difficult lives. One day you will see the benefit of this experience. For myself, I envy you. You have opportunities to display your understanding that never existed on my planet in my lifetime. We read about the challenges that you face daily as if it were a long-lost history, much the same way as you look back upon the mythological times, the ancient eastern societies, or the ancient Greeks, the times of heroes. Those are the days in which you live today. Notwithstanding your extravagant material progress, you are still living in the time of heroes. So when I hear you say, "Ah, this is getting too difficult," I say to myself, "What an opportunity."

There is no other place to gain such experience as the experience gained on your planet, or those like it. So I may with confidence say that you are blessed, to have trained in a difficult school. I assure you, you are prepared for anything after this experience. When people such as you walk by, we take off our hats. We respect you. We envy you. The spiritual beings assigned to ministry on your planet are frequently confounded by your activities, your perceptions. They do not understand how it is you do some of the things that you do. They set a high goal and you fall well short. Next they set an easy mark and you so exceed it as if to catch them asleep. They never get the hang of your capabilities.

People from a planet like mine are much easier to estimate. We provide few surprises for them. Those surprises which we have sprung on them were more in the nature of timing surprises. But you people astound them. It is why it is a difficult assignment for the celestials and why they compete for a posting in an assignment such as this. It requires all the skill available to them. Only experienced ministers are considered and, even then, many must request guidance. They fail to estimate the difficult conditions under which you labor, and none of them have lived animal lives. Few of them have ever lived material lives. When they have a question, they go and ask someone. When you have a question, who should you ask? Your Adjuster, yet you typically cannot communicate with the Adjuster, so you must tough it out. They do not understand that. They don't understand how you can have such a resource available to you and not purposely access that source. So even those things which you accomplish in furtherance of the Adjuster's leading are basically of your own volition and understanding, and that is when you catch the ministers unaware. They do not understand you. They can never understand you, and in the moment you understand them, you will be ready for the next, and that is the day upon which you pass them by on the journey to Paradise itself. Therefore they remove their hats when you pass by.

Seek Out Others in Pursuit of Spiritual Enlightenment

I have a task which we would like for you to perform. We wish for you to be keenly aware, to observe and note the activities and posture of people who meet by ones and twos and in larger groups, attempting to develop their love for the Father in Heaven and His son, Michael. It will be useful for you in your ministry, which is yet some distance away, to understand the activities that people are presently engaged in, in this genuine search for the Father. For this reason, we have asked Vincent to initiate a survey of the ministers who preach openly in the churches in your area. It is a large task. Any of you are welcome to assist him in this project. But each of you has contact with one or more groups who are seeking to deepen contact with the Father in Heaven. Go visit them, see what they think. Be keenly aware whether they are deepening their personal relationship with the Father or developing the programmatic pursuit of intellectual or spiritual enlightenment.

Watch for God's Activities in Others

Many of you think that your stillness practice is unproductive, yet I say to you that this sincere worship of the Heavenly Father rockets straight to Paradise, with no intervening interpretation. This sincere act of love and respect falls directly upon the Father's ears. The Father will change your world, one person by one person. In order to do this, it is necessary for people, one person by one person, to embrace the love of the Father, therefore we ask that you go out and, as opportunities present themselves, expose yourselves to these groups, whether they are small or large. Try to gauge their concept of the Father's activity in their lives.

Truth is Where You Find It; Love is Where You Give It

It is not necessary for any of you to go anywhere or do anything in order to do the Father's work. The very notion is counterproductive -- that the Father's work must be done in some special place. Opportunities abound within arm's reach daily, yet you do not perceive them. While specifically disapproving the concept of isolationism, as expressed in the popular bumper-sticker philosophy of Fix America First, we will say that you need to concentrate your resources rather than scatter them. By this, we do not deny that valuable lessons and insights and the ever-growing simple joys of service are to be gained through such missionary acts. These things are equally true no matter where they are learned. The lesson is no less true for the locality in which it was learned. But I say to you again that it is unnecessary for you to go to any place to be about the Father's work.

Balance Your Lives

In your material careers, you must learn to say no to many temptations. When work demands become unreasonable, you must likewise learn to say no to that also, else you will be ensuring a repeat demand on the morrow. Your North American civilization has progressed so far in so short a time chiefly on the contributions of its casualties and not on the abilities of the successful. This unrestrained consumption of the participants, typically labeled social Darwinism, is better named by its more virulent critics: dog-eat-dog. This is no path for aspiring or enlightened seekers to continue to tread. While it is useless to rewrite history, it is equally useless to repeat it. We say to you that it is fundamentally inconsistent with the true search for the Father to tolerate or contribute to the exploitation of the people -- and this is as true where you yourselves are exploited as it is of your brothers and sisters. There are only so many days allotted to each and it is piracy to take away all of the people's time.

For months now we have requested you, generally and specifically, to make time in your lives for the Father. Only 10 minutes of daily silent prayer has been asked, although those with spirit minister communication will know that such dialogues typically consume triple that amount of time. Finally, after months of interaction, we see that you are all practicing daily -- for the most part -- and that is good to see. Yet it can also easily be seen by all involved that there is insufficient time available in your lives to engage in the Father's good work, if such an opportunity presented itself. It is enough, then, to say that problems exist over the horizon.

We ask that in order to prepare for the time of activity, you begin to decrease the time demands on your daily lives. This will not be easy for any of you, but it must be done. If we never exchanged another word, by letter or meeting, a decrease in your time commitments would still be necessary. This development is yet in the future for your world, especially your modern societies, but it will come to pass.

This Path is an Adventure

For now we work within the group because that is the best way to accomplish what we seek to do. Later as all of you have strengthened your skills, you will be asked to go forth into the world and reach more people. For the moment, however, it is sufficient that you pay considerable heed to the messages delivered.

There is much to learn and you all have very busy lives. It is good that you are taking time out each day to attach yourselves to the spiritual realms. You cannot do anything effectively without the Father's help. You may think that you can, but in the long run, you could have finished things much more smoothly with His help.

My congratulations to you all for the time spent concentrating on the steps of 1-2-3 that we have requested. It is a part of your character that should be ingrained over time

and, with practice, will become permanent facets of your personalities. We here look forward to that day because we know that the task that we have set out to do is being accomplished.

When we began this adventure, we had no idea how you would respond. Now it has become clear to us that you were eagerly awaiting the challenge. It pleases us that you were at such a point that it made our job so easy. Continue as you are and measure for measure, your rewards to you will be great, both as individuals and a group. Already we see the changes in many of you. Because of the strides you make in your personal lives, you are affecting your work atmosphere.

Like a pebble in a pond, the ripple goes out and carries with it the wave. So too does the love of the Father emanate from you. Go forth in love. Go forth in peace with His Son at your side in a loving way. He surrounds you with His love, it is there for your taking. Peace be to you all from One who loves you.

Watch for Opportunities to Show the Father's Love

Many of you are beginning to understand the full message of what we were all about and, for that, we are grateful. It is most essential that within our plan, we all learn to cooperate and work together for the greater good, for it is in doing so that we provide a way for the greatest connection between the Father and all of His children. By being available to lending help to all who come within your contact, you pass on help to those around you. Some of you have already begun to experience within your daily lives the opportunities that you have to show forth the Father's love, yet within those times, there are opportunities which are missed and I urge you to seek even further for those small opportunities. Be aware for even the slightest ways that you can show forth the Father's love. It does not take much and those you come into contact with will know that there is something special. I have given you this message before and I will continue to give it until it becomes such a natural part of your daily lives that you no longer have to think about it.

Express love daily to all about you. Walk with God on a daily basis and find an opportunity each day to live within the laws of our Father. Don't let any temptation pull you away from that which the Father has given you. Working within the realm of the Father requires many responsibilities. It requires the setting aside of the time for your meditation. It requires the treating of others with love. It requires the time spent reading and studying and in association with your fellows here. You have all been asked to call each other, to support each other and you are beginning to do that. We look with pleasure upon the times when you are in need and you call upon each other. A witness to the Father's love moving in your lives is the way each one of you is changing. You look at how you were even just a few months ago and compare you to the way you are today.

Some of you have made grand strides in areas we never would have thought you would have made. You are to be applauded. In others, there is still more work to be done. You know more than anyone what that work is. I do not have to tell you. All that we ask is that you continue to strive, to continue to do your best. To continue to love the Father above all else in your lives. By loving the Father, that will naturally put everything else secondary and everything else will fall into place. By putting the Father in the primary place in your lives, all the other problems that you have had will find a way to work themselves out. You need not be concerned with anything. There may be things that you do not like the way they go, but you will be able to handle them just the same. There may be people that you do not like, but you will be able to get along with them better. There may be days when nothing seems to go right, but because of your new attitude and the help that you will receive from the Father, it will not seem to matter. This change of attitude will grow stronger as you attune more and more to the Father. For surely, it is His will after all that is more important, not ours, for your ultimate prayer should be, "It is my will that Thy will be done".

My will for you is that you live the life of peace, one of joy, one surrounded by the Father's love, one surrounded by the love of your friends and the communal spirit with the Father. He will show which direction to go. You need not be concerned about that. Some of you have many questions that we will put off until another time. For now, just continue focusing on the assignments that you have been given. Reread the literature that you already have. Read the Urantia Book. If you can, attend the study group and never, ever, forget your private time with the Father each day. That is of utmost importance, for in doing so, you keep open the channels between you and the Father and the more those channels are open, the easier it will become for you to know the will of the Father in your lives. It will be easier for you to find peace, to free yourself of stress during the daytime. It is such a short time, but I urge you to spend that time each day. Some of you know what it is like to neglect that time, so you know how important it is. Only the results from this connection with the Father can be known over time, but I can assure that the results will be well worth the time that you spend now. The Father awaits you. He is ever at hand to embrace you. All you have to do is reach out. For tonight I leave you, my peace I leave with you.

See Each Person as a Child of God

Take a moment and evaluate where you are, where you personally are, not within the group, but how you relate to the Father and to your fellow man. If someone approached you today, how would you handle it? Would you reach out and give them a cup of cold water for Christ's sake or would you close up not allowing that water to flow through you? What a great opportunity would be lost, for the Father may have set that time up for you and you would have let it pass by. It may have been a good learning

experience for you. There will always be opportunities and there will always be people to reach out to. Be aware of every time that opportunity comes your way, for just as the water flows from the Father, it flows from you to another.

Hold back nothing. Remember always to put forth every effort to communicate with another person that love that the Father has given to you. Examine your lives. Build on what you have and be willing to pass that along. It is of little consequence for you to hold on to what you have and not share it. Love is for sharing and the Father's love knows no bounds. Only you can create the barriers that would keep the love from going any further.

I would like for you to do the following: From this day forward, I would ask that you look upon each person you come into contact with as a child of God. See that person as nothing else, but as someone who needs an avenue of love to them. React only in love and display yourselves as persons of tolerance, of love, of a high spiritual nature, one that the Father can be proud of. You are citizens of the Kingdom and with that carries tremendous responsibility. You can no longer afford to be lazy of thought, of mind, and certainly not of character. You cannot afford to let anything go undone that you ought to get done. There is too much work to do. We all need to work together and henceforth that cohesiveness will begin. It will take on a new energy of its own, but always remember, you are not alone in any of the things that we ask you to do, for as you have been told, the Father walks with you. No matter what you are asked to do, you have His guidance, His thoughts, and His energy to carry you all the way. You are full of His love. Some of you do not yet realize that, but it is true. Do not dwell on the past. Do not dwell on those things that you cannot change. Look forward to the future. Look forward to what God can lead you to.

Our basic tenet henceforth shall be carrying the message to others, to those who cannot read it for themselves or do not have access to it. Talk to those around you, and for Heavens sake, do not be reticent about what you know and what you have been asked to do. As Machiventa Melchizedek has told you, only good can come from this. You are not to be concerned with the outcome, just do what you have been asked to do. If the harvest is to take place, there must be many workers and the workers must be willing just as the planter goes out into the field, you must work hard, and you are asked to do the same. In working hard, you will find the results that you seek by getting rid of those things in your life that really do not bring you closer to the Father, then you will have more time for reaching out and doing the Father's work. How much better your lives would be if we could all remember that. Some of you naturally have such busy schedules, especially those of you that have young children. It is harder for you and we understand that, but if you can, make whatever time you can. Allowing yourselves to be open to the Father's leading will at least allow yourselves to be in His presence throughout the day. Be willing to work for the Father at any given moment. Work for

the Father with great joy in your heart for coming into the Kingdom is a joyful occasion. Work and working for the Father can be fun because the rewards are so great. You have already discovered that even sitting in your group the laughter that is so nurturing to your souls. You need this. Our world is far too serious with all its problems and as you gather together once a week, the laughter is a very important part of your nurturing. I invite you to continue doing this. Don't feel overly concerned about being irreverent. We understand. We find it amusing and you needn't be concerned about hurting our feelings. We know you do not mean it. We know it is in jest and when you say "having a Big Mac attack," believe me, Machiventa Melchizedek takes no offense. He is very, very amused. So, we laugh again. I think upon that note, we will close for tonight. Go out light-hearted. Carry your message to the world. Remember the Father goes with you and I love you.

Just Act

The Father's light shines upon saints and sinners alike. What will you do with the gifts of the Father? Well, the short answer is, you will honestly represent your understanding at the time of the event. We are each growing in our understanding. I am happy to see that you are all progressing. There are no laggards. Try to focus a little more awareness each day on the opportunities that are presented to you. You are not being tested, but you are being presented with opportunities to demonstrate your understanding such that it exists.

There is no such thing as, how to put it, an insufficient level of appreciation. Everyone has an idea how the Father would like for them to react. That is what we wish you to act on. You do not need to think about it. You need to act. You worry too much about what kind of job you are doing. That puts distance between you and the other person and, by definition, that puts distance between you and the Father. The Father is operating through that fellow human just as He is attempting to operate through you. He is trying to bring His spirit into force and to vitality and to direct contact and all will benefit. So don't rationalize over much about what it is you might do, what you should do, what you could have done, just act.

It is an irony that in your language the closest expression is, try to be spontaneous. If you were trying, it could not be spontaneous. Just act. Following the leading. It is subtle. You can feel your Adjuster pulling you like a magnet. Just act. Make the contact. Drop the defenses. Step forward. That act of trust will inspire a mutual reaction and then things can happen. You will be surprised. We are certain you will learn to like it.

Invite God into Your Life

Be kind and don't let yourself be absorbed in your own path, but rather continue prayerfully resting assuredly that the Father knows what He is doing. You don't have to know everything to be a true child of God, but you do have to have total faith, for without it you will never know the real joys of the kingdom. The best is yet to come. Enjoy what you have and don't become overly concerned about the future, it will take care of itself. If you are true to what you believe now then everything else will just fall into place later.

You need not concern yourself about what you perceive to be deficiencies in your character, you will in time cast off these and they will be replaced with more spiritual thinking. In time all things eventually become spiritual. It is the natural way. You will come to understand this in time as you see the changes in yourselves. You will begin to cast off what you do not need in favor of higher values and thinking. Only the Father can make this happen with your cooperation.

Invite Him into your life and into your thinking to so uplift and spiritualize your thoughts that you see from this day forward the changes in your life. The difference will be evident to those around you, but you should not be overly concerned. Over concern with your own spiritual growth would tend to bring unnecessary fodder for the ego and unnecessary tension between you and the Father, neither of which is needed.

Take each day as it comes and do the best you can. That is all anyone can ask of you. You will not be able to perform at your best every day, just do the best you can. Anywhere there is joy to spread, spread it. Anywhere there is love to be sown, sow it. If you can lift the burden of your brethren, lift it and show forth the Father's love. If you only knew how it makes the Father feel when He sees the good works that are being done in His name; there is love and He knows it.

Walk with Him on a daily basis and be ready at any given time to do whatever it takes to minister to one of His other sheep just as the Master did when he was here on earth. He was always ready to do whatever it took to spread forth the word of God. He treated all within his care with such tenderness. Whenever it was appropriate, he was not afraid to rebuke those who needed it, but it was still done in love. He always remembered that he was, after all, the creator son of this local universe. He could have abused his power at any given moment, but always was he aware that his power was given to him by the Father to be used in love, therefore was it so used.

We entreat you to do the same as you go about your day. Keep in mind that you have the same kind of power to go about spreading joy and love. Do so and watch the reaction. Most people don't take the time. Watch for opportunities daily, there are many and many are passed by. Be aware of peoples' reaction and you will be surprised.

Relax and find opportunities to be children of God. It's fun. Play with it. Don't consider it a chore as something else you have to do during the day. Smiling should make you feel better, too. Think of it as your spiritual vitamin. Each day this wonderful pill, filled with enthusiastic living, can be swallowed to give you energy for the day ahead for all the many problems that you face.

It is not easy being human, I know for I once was one. I know whereof I speak. There are many pitfalls, but you always know that the Father is with you in everything that you go through. He is your maker and counselor. Bring your burdens to Him and let Him lift them from your shoulders. Too many of you try to carry on alone, and you do not have to. All you have to do is to ask for the help you need and it is there. We are always here as well--as close as you can imagine and we are able to help.

The time spent in prayer each day draws you closer and closer to the Father. That is why it is so necessary. Without it you won't progress as quickly spiritually and you will be left behind. Those may sound like harsh words, but your group is moving forward now very rapidly and we need everyone on board the ship. We have sailed off on an incredible adventure and all aboard are hailing the time when we see the fruits of our labors. We eagerly await times like this together when we are able to pass on what we can to you. We implore you to continue your studying and reading of the papers you have already been given. Your association with each other is important. Love each other as I love you and we will go far. For now I will leave you.

Father, We Thank You For Your Blessings

WILL: The kingdom of God is like a mustard seed. It rests upon the soil hoping to be germinated and bear fruit. At times we all must reach beyond ourselves and find that seed that is ready to bear fruit. It is an act of faith that brings that seed to full season and replenishes the supply for another season's growth. Over and over again the cycle is repeated until the cycle is completed and the plant withers and dies from old age.

Mankind is like that in that you all have a season to be born, to reap the harvest and a time to die. Within that time, there are many opportunities to furnish the life cycle with nourishing seeds of understanding and growth. We live such a short time as humans, that every opportunity is precious. If we lose a chance there will always be another, but why waste the ones we have? It is fully nourishing the spirit of the Father.

He provides all your spiritual needs and walks with you all the way, whatever your cares. You need not fear, for God is with you. You need not walk alone, for our Father walks with you. You need not ever want, for the Father is able to provide all things necessary for your spiritual life. You need not awaken to any temptation, for the Father will heal you. You will grow daily, those who place their faith in God, for He will provide the way to walk. His path is made clear to all who care to take it up. Only look

to those around you to see how your faith can be expressed. See all God's children as just that, an expression of His love. It matters little your human conception, for truly in God's eyes they are blessed. We are our brothers' keepers. Our Father made us a family and created the family concept as the highest order upon which to found the Kingdom.

Father, we thank thee for all your many blessings, for all those gathered here. For all those who have chosen to follow on this path. Give them strength, give them wisdom, offer them your peace in all that they do. There must be harmony in all things and to that end will we all work. While the rest of the world strains with it's problems, in here, at least, we will have our time together in total compatibility. We will come together in your name and for this purpose we ask your continued love and guidance.

We who strive to do your will understand how important total dedication is, for without it we have not truly cast our selves upon the path we choose to walk. Without it we have not totally dedicated ourselves to the doing of everything to further your kingdom on earth. As your children we need your love for the tough times we face. There are times of doubt, times of discouragement, times of assurance that we have your love no matter how we have behaved. We too often become caught up in our own lives and forget that you are there - that you are bigger than the petty things in our day.

Help us remember to turn to you every day when we need help. We need to know that we are not alone. How often we forget that you are nearer to us than we realize, ever ready to lend a helping hand. All we have to do is ask. Let us remember to turn to you first before any of our problems get bigger. We need your love. We need to know you are there. Please help us to remember that your love is forever in every way. Thank you Father. Amen.

Be Joyful

You can know no greater joy than serving the Father in Heaven who is with you at this present time. The message that He sends to all His children is one of joy and of peace, of good will, and He wishes for all of you to know that He loves you. His love is with you always even to the end of the earth.

Spend More Time With the Father

You are now asked to upstep that meditation, spending more time each day with your Father. He needs to know that He can communicate with you on a more active level. Some of you are already making that attempt. Those of you who are not, we ask that you make every stride to do so. The open path to the Father is there. It is for you to make yourself available to Him.

The Father's Love Warms All

The campfires of your world, whether on plain or forest, warm their visitors on one side only. But when you stand by the fire of the Father's love, it warms through and through. The Father's flame is a flame that you may carry with you in your hearts no matter how far you travel from your fuel source. You may share its warmth with all who you encounter. As that flame transfers itself from one fire grand to another, so shall the Father's flame transfer itself from one heart to another. Nothing more is required from each of you than a degree of proximity. We ask that you approach near enough to your neighbors that the Father's flame is allowed to pass.

The question arose at our last-week meeting about the meaning of the expression "make ready" I say to each of you that "make ready" means that you shall live your life so that upon turning the next corner, you might encounter me, or the Maker, or the man Jesus, or the most remote stranger. Treat us equally, for you never know which one it will be. Make yourselves ready in that fashion and you will be ready to teach the word of the kingdom - pass it on to your brothers and sisters. I, Machiventa Melchizedek, say so. Put these words into action. Soon enough we shall meet in just such a fashion. I bid you good night and I will leave you walking in the Master's footsteps.

Call On God

Call upon Him while He is near and He will bring you peace. Ask for His peace and He will bring you forth upon the shore of a sea of bliss. Ask for guidance and He will guide you on the path of righteousness. Our Father is a God of love and He lets nothing befall His children that He does not know about. Our Father is a Lord of peace and brings to you that which He spreads over all the earth - His love which has the ability to calm men's' souls and heal all wounds.

Our Father is a great God. Let us turn to Him in times of trouble and in times of peace, in times of hunger and in times of saturation, in times of love and in times of want, in time of barrenness and in times of fulfillment. For every time in our lives when we have turned away from the Father, we could have had an easier day, our nights could have been shortened and our years could be lengthened upon the earth. Go in peace, spreading peace through the land. I greet you in love. My love to you all.

Share Love with Others

WILL: The love of God rains down from Paradise on all of the worlds of time and space, on those worlds both inhabited and uninhabited. God's love penetrates all of the shadowed spaces and pervades all. Good evening to you all, my friends and students. I welcome our communication. I am your teacher, Will, who loves you.

We have spoken much about how we would like your dealings to develop between yourself and your brothers and sisters, those known and unknown. We have touched on the topic in some detail about how a Thought Adjuster is active in each person. The Adjuster fragment is only capable of living in the present, not the future, and not the past and in order for you to communicate well with the Adjuster, by thought or deed, it is necessary for you also to live in the eternal present. When you live in the present, you are living much closer to the knife edge for things happen spontaneously. We have also developed to some extent the concept that the Adjuster is active in every person and the same rules hold for others whether those rules are known or unknown, but that the ideal contact between two humans on this planet is for those two humans living in the present and following closely the Adjuster's leading meet face to face and deal with each other spontaneously in truth, love and trust. When such an event occurs, there is no way to estimate the results which are possible. For when God mind meets God mind, great things can happen. That is the ideal situation.

All of us know that the fact is that the ideal happens rarely and most human interactions fall well short of this ideal. This leaves each of you with the puzzling question of what your responsibilities actually are when you are clearly incapable of estimating the preparedness or receptiveness of the other party and also when you are in fact unsure where you stand with God at any particular moment.

It is easy for us to dispose of your side of the equation. Your personal relationship with God is what this movement is all about. You already know more than you could possibly put into action. There is nothing for it except practice and I am gratified to see that each of you engages in such a practice from time to time.

Our topic tonight is about your responsibility towards the other party. What then are your responsibilities? In our view, you are not responsible for how the other party reacts to this prospect of direct and unguarded communication with another human nor how they should react to the presence of the almighty Father in you. We think that they should naturally find such occasion tantalizing but that is not always the case. On occasion, your fellows may shrink from such contact. They may be confused by such contact. They may find it irritable or an intrusion upon their normal thought patterns and habits of association. What then is your responsibility to your opposite party in such event? Press forward as we have said before. Bare your chest. Do not allow their unreceptiveness or natural human caution to cause you to dampen your enthusiasm to

doing the Father's important work. We trust that the Father is right in this ministry which He has reserved for Himself. It is easy for us on the outside to see it is the ministry that is not without problems. The chief problem, of course, being the unwillingness or the stubbornness, or the ignorance of the humans towards whom this ministry is aimed. But those are just the normal working problems of dealing with humans. It is no different on other planets. Even on the advanced planets, humans still have a natural tendency towards truculence, aggressiveness, stubbornness and independent thinking. It is very difficult for any of you to imagine something seriously greater than yourselves. Typically, your notion of God amounts to little more than yourself glorified but the great God is much more than you could possibly imagine. He who hung the stars has powers that not even we know of.

You are not responsible for accommodating yourself to the exact frame of reference of your listener or your opposite number in any human to human meeting. Just as we challenge you, so we recommend that you challenge people. Yet we wish for you to challenge them with notions that are rooted in their own understanding so that before talking, you must do some listening. You should do as the Master did. Ask questions not to gain information, but to elicit understanding. Draw out your opposite number through the use of your questions. Find out what the other person thinks. Particularly, you should find out how they feel about things which is even more important with most humans in their conscious thoughts. Their conscious thoughts are often times poorly composed and inarticulate but all have feelings. Therefore, endeavor to challenge them with the highest possible interpretation of their own present concepts. Use their thoughts to compel them to further enlightenment.

You are not responsible for the effect of your touch offered in healing or in friendly communication. One of the unfortunate side effects of your extremely independent and individualized societal values is discomfort with human contact, physical contact. Many people, even those among the membership of this group, have had unpleasant offensive or damaging human physical contacts. Yet we say to you that you are not responsible for the reaction of the other person. If you touch them honestly and lovingly and fondly, it is their business as to how they shall react to such information. Some will be overloaded, others surprised, perhaps made uncomfortable and, in certain cases, the other party may feel panic at the prospect of human contact in this fashion. But you are not personally responsible for how they react. Your responsibility is discharged and you have honestly allowed yourself to serve as a conduit for the Father's cosmic love and the spirit of brotherhood and sisterhood which should exist among all people. You are not responsible for the things that people do and say with the words and thoughts that you have shared with them. Many are the opportunities for them to misinterpret or to recall incorrectly or to misunderstand the elementary meaning of the words which you offer them in the spirit of brotherhood. It is like passing them a tool. It is not your responsibility how they employ that tool. Your responsibility is to distribute as many

tools as possible. The product is theirs. The opportunity is yours. You are not responsible for the effect that an awakening of the power of spiritual beneficence may have in people's family or marital relationships. Each person in this life is building the value of that life in every passing moment. The best way for each of you to conduct your lives is to see each moment as the next opportunity to begin adhering to the Father's love. The moment yet to come is the next best opportunity to adhere to the Father's love. There is no profit to be gained in putting off the Father's good work. Just as Tuesday is better than Wednesday and Monday better than Tuesday, right now is much better than any other time. To live in the Father's love and light brings a certain kind of power to a human's life. It changes all relationships. Nothing in life will ever be the same. This is occasionally disturbing to people's marriage partners. Apparently nearly always to their adolescent children and typically noticeable to their friends and companions, but like most things involving faith, they all have a way of working out for the best. Therefore there is no way that you can be responsible for the effect of your words and deeds upon some other person's relationship with third parties.

There is a practically infinite list of things in this life for which you are not responsible. We don't have enough time tonight to cover all the things in which you are not responsible, but I think that those are the major things. Probably the things that would come up most often if you should trouble yourselves to think about the repercussions of this modest ministry. No matter what it is that you are not responsible for, there is no changing those things for which you are ultimately responsible for. To feel the Father, the God of Heaven, alive and active within each of you saying, "This is the way" and to share that joy, that stimulation, that lives in the eternal present with your brothers and sisters as if Jesus of Nazareth was standing by your side and, with your every act, you intend to demonstrate to him the perfection of your understanding of his teachings. That you allow yourself to be the connection, the focus point to which the paradise Father's love flows directly from Him through you to every person you meet and, lastly, that you do so in the most sincere manner without unduly tarnishing the seriousness and sacredness of this mission. That is my lesson for you tonight.

Your Duty is to Spread Love About

[In response to a question regarding Chinese immigrants]

There are two things to keep in mind with this kind of contact. The first is that people rarely make themselves available for life in a foreign society without being unhappy with their own society in some fundamental way. The second important factor is never forget that people will be drawn to you. The degree to which you go to them with the message is the precise measure of your failure. These fundamentalist churches have built their power on their ability to answer every question based on some interpretation of the holy scripture. We, here, gathered in this room and those watching

from above are not bound by scripture. We are bound by the stream of love that flows from the Father. Our duty is to spread love about, not to correct mistaken notions. Reveal the Father's love in your life, in your actions and in your highest thoughts. Do not trouble yourselves with trivia like church policies and dogma. Those things will wither and fall by the wayside of their own accord. They have not enough inspiration to carry them into perpetuity. In every vegetable patch a few weeds spring up. You might manicure it daily but it won't make the tomatoes taste any better. If you go toe to toe with the people who have memorized every line in the Bible, you will lose. You deal from love, you will not go wrong. Rise above those kinds of interpretations. The Father's gift of love cannot be captured on a page of any book. The Father's love fills the inner spaces. The interstices between people cannot be captured and coded or reduced to ink and paper. That is why He has created this tremendous bureaucracy. If it were not a personal relationship, He could pelt you with books from above and bruise it into your heads.

Minister To Those Damaged In Spirit

MICHAEL: Greetings to you, one and all, my sons and daughters gathered here in loving respect. I am Michael. I look upon your deeds and I say to you that whenever you approach the least of your brethren with loving respect then you have done so to me. You have performed a deed that is measured in Heaven. Seek not the approval of the rich and the powerful. Seek, instead, to minister to those damaged in spirit and mind as well as body. Your duty is greater to bring those sheep into the fold. My concern flows to them. Those with greater resources are more capable of looking after their own concerns. If you would serve me, serve your brothers and sisters. You need no instruction in identifying those who need the help.

The Father's way is the way of love. You will not be covered in glory except among your brothers, the angels. Your names are known to us. We invite you to join us. We realize the restrictions on your time. Soon enough I will walk among you. I well know your experience. I say in clear conscience that I have lived the full range...born among you and departed. I thank you and I thank your fathers for the wealth of experience I have gained. If you would be counted among my ministers, I ask you then not to concern yourself with those of station in your society. Seek rather the halt, the lame and the damaged. Those with no home but their garments to stand between them and the winter winds and the heat of summer.

The Father's way is the way of love. My love is freely given to you. Turn about then and share it with your brothers and sisters. The best way to earn love is to give away all the love you have received. When you look again, you will have received another measure. Go forth then in confidence and love. Soon we will meet. Between then and now nothing stands in your way. Take my commission, walk forward into the light. I

will be waiting there to receive you. The Father has willed it so. In the Father's name, so be it.

Progress Through Communication with God

It seems that the research on the teaching posture of ministers in your local area has generated a good candidate. Someone in our group is responding to urgentness. The solace to be found in personal relationship with the Father in Heaven. It is good to know that we are not alone. Is it not? It is also a lesson that certain persons not under formalized guidance reacting only to the leadings of their Adjuster have reached such an appreciation. This kind of rapid progress is accomplished by communion with the Father. There is no other. We urge you all not to neglect precious time that you spend daily with the Heavenly Father. There is no substitute for it. It is the bond that heals all wounds. Close and frequent communication with the Heavenly Father is the secret of the Master's success. Though divine, he exercises fully human capabilities in his early and frequent communications which led to the production of his sterling character and the kind of self-confidence that was unknown on the planet until his life revealed the Father's will. The Master was never lured off the true path because he consciously, consistently by his every thought and deed, dedicated himself to will of the Heavenly Father. He avoided consistently a trap of extramalities of the material life. He concerned himself with only the basics, divining the Father's will in each situation and followed that course of action. Therefore his faith was never shaken and he made no mistake. There is a lesson in the Master's single-mindedness. When you are assailed by the events, by the events and circumstances of the material life, look within, seek the peace that exists for you within - it is freely given to you - and request instruction in determining the ways available which best serve the Father's will.

By practicing this, you will find that your life too, more closely adheres to the ideal of perfection and you will find that the 1-2-3 exercise flows much more naturally. It requires no conscious direction. The Father lives within each of us. He has sparked us to life and bestowed Himself as our compass. His compass always points true and no matter how far off the path we are, if we but follow His guidance, we will arrive at the proper destination. He is our compass and He is sufficient. You need no other guidance. In following the leading expressed within, we can make our every footstep a step forward in the Father's service. When it is known that the Father desires service to our brothers and sisters wherein we shall find the occasion for the service that is requested. Not to worry, we will find our brothers and sisters alongside the path. You need not search high and low or back track. This is known to each of you, intellectually and spiritually. Take the wayfarer's hand. Lift them up. They may walk with you but a ways. More help is in store for them. Never dispute the compass. His compass is always true. Follow then the Adjuster's leading. There has never been a failure by an Adjuster. In all the universes,

their service is flawless and, as you encounter your brothers and sisters along the way, step not over them, but offer your hand in brotherhood. Allow the Father's love to flow through you and shine upon the unfortunates. The rest is well known to you. Embrace your enemies. Set aside your grievances, prejudices, long-standing conflicts. Shower love upon the children. Show patience towards the young. Respond not to criticism. Look to your compass. It will become brighter and clearer and more convincing upon each occasion and you should return to it. By and by, it will become all that is inside until one day, you embrace the Adjuster with all of your being and that moment, a true miracle occurs, and there will be no within and no without, all will be one.

Stay in Tune with the Father's Will

Doubt not that the work will continue for there is so much to be done. There may be times when you will have doubt, but we encourage you to trudge forward and never wane with the spirit of what we are doing. For what we are trying to accomplish is to stay in tune with the Father's will and His will is that we provide an avenue for each one of you to open your hearts, to open your minds, to have the opportunity to come into the presence, His presence, and give of yourself whatever you can give. He offers you the opportunity daily to give forth in small measure that which He has given to you for there are many opportunities for you to bestow upon your fellow man that which our Father has bestowed upon you. Look forward each day to the opportunities that you have and seek for the opportunity, for in doing so you will find that many more floodgates will open as the Father provides many more opportunities for you to serve. It is in doing so that each one of us finds a closer relationship with our Father and as He brings us closer to Himself we then find a closer relationship to each other. We work hard but in the long run the outcome will be so great that you will be glad that you have taken the path. It is a great opportunity to work for God. It is no small measure that the outcome will be one of sincere gratitude.

Each one of you here tonight brings to this group very special gifts and each one of you are very dear to our Father and He loves you. Some of you do not yet realize how close you are to Him but in the future you will feel a closer relationship. All we ask is that you continue to work on the exercises that you have been given and in doing so you will daily find your relationship with the Father increasing until at some point you will feel His presence. You will not have to question whether He is there or not. You will know and that knowing will give you confidence to go forth into the world - to speak to others knowingly about your relationship and to know that God is with you. All doubt will be stricken down and in its place will be confidence such as you have never known. Those of you who doubt even your own faith will have the opportunity to know for certain that all avenues will be open to you. You need not stumble along the way, for you have help at every turn. Some of you feel that you must walk cautiously now and that's

understood. Faith is something that builds over time and as your faith begins to strengthen you will know for certain that you are not alone. Your brothers and sisters already feel it and you will over time.

Our Father spares nothing from His children. Ask and you shall receive. Seek and you shall find for in searching for the Father's love surely nothing shall be withheld from you. Those of you who are in doubt, I say to you, have confidence and doubt not. Love all and let that love come from the Father and let it be shed on all others, for once the Father's love is flowing, there is no way to stop it. Those who are truly seeking to do the Father's will act as a conduit for that love. All other activities seem to be less important because the doing of the Father's will is of primary importance. Nothing else matters. The only thing that matters is finding the Father's will and doing it. You have begun and you will find, within time, that that will will be made known to you. It is not necessary that you concern yourself about it at this point in time; all will be revealed in good time.

I ask that you have patience, for not only is it a virtue but it is the only way for God's children to truly carry out that which needs to be done. Have patience each day as you go through your life. God will show you what He wants you to do. Love each other. Spread that love to others. Show them what you have learned. Part of passing on the kingdom is to show to others what our Father has taught you. It is one thing to learn the facts but to be able to live the life is another. You know what is expected of you. You can never go back to the way things were. Too many of you have changed and for you that would be an impossibility anyway. Not that any of you would want to. The strivings that you have made, the longings of your soul provide an easy opportunity for the spirit to speak to you and growth will be imminent. You want so much to do the will of the Father and it is such an easy step. You need only to open the door to be led. Given the opportunity, wouldn't you rather do the will of the Father?

Looking back over your lives haven't you seen the change that has come over you? Taking a look over the last few months, you see the changes in each other. Look forward then to the times that are ahead for surely there are joyful times. There is yet so much that you do not understand, so many opportunities that are yet unopened for you and yet they are there just waiting until the time you are able to grasp them. Keep working. Keep praying. Keep your silence treatments each day and within that time ask our Father to guide you. Our Father is so close to each one of you. The Adjuster within is a sure-fire way of always being near you. If you can pray for His guidance, that connection should never be broken.

Discovering God's Will

WILL: The love of God enfolds us. The power of God supports us. Wherever we gather, He is. Good evening. I am your teacher, Will, who loves you.

There are many distinctions between yourselves, ordinary humans of the realm, and Jesus of Nazareth. For example, at a rather young age, he was fully cognizant of his dual status as an ordinary mortal and also his position in the spiritual bureaucracy of creation and his role as the creator of a local universe. Such differences caused him to be unique as a human living upon this planet and caused, for example, his decision, choice, not to defend himself since such defense might result in death or damage to a human under his dominion which would be inconsistent with his role as the creator of this local universe.

Numerous factors similar to this cause the man, Jesus, to approach his policies in a manner which is fundamentally different from the choices which you must make in conducting your earthly lives. However, there is one similarity that bonds you so closely to him that it was a valuable experience to live his life among you. It is the mechanism of communication between the human and the Heavenly Father through the ministry of the Thought Adjuster. In the fundamentals of life, Jesus, in no way differed from you in your relationship with the Heavenly Father. We often wonder how is it that he could live an absolutely blameless life. How is it that his life could perfectly conform to the will of the Heavenly Father? And the answer to these questions is deceptively simple. He could do so because he never concerned himself with superficial matters. When any choice presented itself among multiple options, he concerned himself with only the fundamental issue which was determining which path most closely conformed with the will of the Father in Heaven. We feel that this technique is of valuable import to you all and the basic rule which we divine from the circumstances of Jesus is this: by concerning himself only with the fundamentals, he never made a mistake. By having as his source of true concern only the discovery of the Father's will, he was assured that he would never stray from the path. This technique is open to you. We encourage you to embrace it. Incorporate it in your daily lives, in your dealings with your friends, your enemies, with strangers, and family. Try to look through the smoke and the veneer and sense the fundamental issues at hand. This will require great listening skill on your part for you must listen to your neighbor before you can understand their meaning.

Ah, but then you ask, how can I listen more closely? We think we know the answer to your question. Our advice is, don't think about what you are going to say in response. Pay your companion a compliment of actually listening to what they have to say before you begin composing your response. Hear them out and you will find that you will be a much better listener and you will hear with more than merely your ears. You will hear the pauses and the spaces, and the changes in tone. You will hear all of the things that you are unable to discern when you spend your valuable time thinking what

you will say in response before the person has yet finished. Armed then with that valuable information and having quieted your own mind, you are much better prepared to dive deep and determine the fundamental issues presented. You will have then passed through the veneer, through the smoke and the dust and arrived at that situation which Jesus so naturally dealt with. If you practice this technique, you will be successful among your fellow men and they will notice that there is something different about you. They will be drawn to you and you will once again have an opportunity to demonstrate with every thought and deed, the degree to which you understand the teachings of Jesus of Nazareth as if he were standing by your side. You must know by now that that is surely so and you will once again have an opportunity to allow the love with its source and the Father in Heaven to flow through you to your conversations, and you will have an opportunity to do so without jokes and wisecracks and to making light of the opportunity of which you are engaged. When you do this, you will be doing the Father's will. The consequences then are within your realm to shape. Now, compared with that, of what value is it to be able to speak with me or any other personality amongst the ministering spirits?

I beg you, do not aim low. Raise your sights. Beyond the work of Jesus, to the work of the Father. Let your life be a reflection of the understanding of the Father. He is freely available to you. He is always on duty. He has done all that He can at the moment to reveal Himself to you. Most of Himself which He has so far revealed has been disregarded. He is not fully appreciated by any person alive on this planet, in this day. Yet He has not abandoned you; far from it. He waits for you to contact Him. We recommend that you take the time to do so, first on a regular basis and, second, whenever you feel the need for a true friend, for pure, honest guidance and for the inspiration of your eternal souls. It is astonishing to us that you do not take more advantage of this gift, yet it remains yours to freely embrace whenever you so choose. We think you will like it. It takes a little getting used to, but the result is good. That is my message for you tonight.

Live Life to the Fullest

We urge you also to take the long view. Live your life to the fullest. Listen to your brothers and sisters. Respond as the Father would have you respond and then act on that highest understanding. That is the path across the high ground. Many of you will travel where no blade of grass has ever bent. It is an exhilarating experience. We envy you. None of us can ever go back and here are you...with more opportunities daily than we can count in a month. We envy you.

Listen to Your Brothers and Sisters

Each of you has reached the point in life where now spiritual concerns are predominant. The skills that you have applied in your lives to this point are but the foundation from which you will construct a new understanding; a new life in the light. Nothing is wasted but neither is any position static. We think that if you but try moving forward in an orderly manner, you will like the result. We think you will find it pleasing even if it is not possible for you to understand with much certainty your role in the scheme. So we request that you apply yourselves to the assignments so recently rendered, that is, to listen. It is a fine skill. Each of you already knows that few people are genuinely interested in hearing your stories anyway but you can provide them a good service by listening to theirs. We are quite certain that by listening, you would learn things that you would not otherwise know.

The knowledge of the species is not contained in books. The life essence of your people is also too large to be encompassed by any description. You can kill it and disassemble it to its parts and you can record those parts. You no longer have a viable product. Disciplines are devoted to exactly that process in your society. We think it is better that you simply listen and bypass the steps of categorization and ranking. We think that, by listening, you can learn something about the Heavenly Father's plan and about His participation in your neighbor's life, much the same as His participation in your life. The Father works through all instruments. No tool is too crude to be turned aside for His purposes and, by listening, we think that you will better be prepared for the intersection of God fragment with God fragment for, in that spark, there is mystery. Therefore, we simply ask that you listen. It is a good and durable skill. It will serve you throughout your universe career. In fact, it is indispensable and barring that development, you will each have grave difficulty making further progress anyway.

Converse on Spiritual Advancement

Each of you has been alerted to situations and opportunities to actually listen rather than to pronounce your own opinions in conversations and meetings with your earthly brothers and sisters over this past week and that is good to see. Though you may oftentimes feel that it is necessary to stifle your own opinions when you feel such a circumstance has arisen, we call also upon you to exert your judgment. You should not allow the listening exercise to so take up your thoughts as to deny your companions in conversation and life experience the benefit of your own spiritual insights. We suggest that the wisest course for you to follow is to do as we suggested months ago and attempt to turn the focus of the conversation to matters of spiritual advancement. This listening exercise is an adjunct to the work that has gone before and it is not a wholly secular exercise. All of our previous instructions and suggestions are as valid today as they were in the past and more so. I simply point out that by listening and restraining your own ego

based commentaries you are turning an encounter into an opportunity. We remain convinced if you allow your Thought Adjuster to make direct contact with your conversant's Thought Adjuster then something special will happen. I suggest to you that this event is worthy of observation. Your ability to concentrate your attention on the encounter itself and minimize the extraneous thoughts that arise with egoistic need as their source you will better be able to discern contact between Adjusters. Regrettably, this is a rare species of event on your planet, although not unknown.

By marshalling your resources we think the Heavenly Father will arrange for you to keenly observe Him as He reveals Himself by His favorite method. We think that you all realize what an unusual occasion this will be. We think you will like the result. We think you will enjoy the experience. We are confident that you will learn a great deal each time this occurs. Therefore we suggest that you rule yourselves as it says in the Urantia Book. He who can rule his own self is greater than he who takes a city. Prepare yourselves to see something momentous. By and by pursuing this course you will notice you have entered upon a new life. A life of the love of the Father made flesh in the life of His son known among your people as Jesus of Nazareth. So do not become myopic about this exercise. Use good judgment. That's what we've been working toward. You will make your mistakes. That is an inescapable aspect of life on a material planet. We are with you. Do not trouble yourselves overly about any possible damage that you might cause to your conversant by making errors of ineptitude. As we have repeatedly commented, progress is the way. Therefore go forth boldly and listen and apply what you have learned. If you listen closely you will find that you are always learning from every source. That is all I have to say.

Time is Short - Be About the Father's Work

This life is but a fleeting shadow. A moment irreplaceable in experience. Although no road is foreclosed, never again will any experience exactly the same be presented to you. So in one way, or one approach, you have but a single opportunity to pursue the work of the Father. Those of us who are fused mortals at one with the Adjuster look on your lives and wish that we could intervene. Indeed, even live your lives for you for we think that we know a better way, but it is not to be. We would live your lives in a fashion markedly different from the fashion in which you prosecute your daily activities.

When you read the papers in the Urantia Book describing the life and teachings of Jesus of Nazareth, you will quickly deduce that the Master was constantly aware of the passage of linear time. He was constantly aware that he had but a short time available to him to gain the necessary experience required to discharge his responsibilities. He well knew that he had but a few years and that his time was limited and would one day abruptly end in a whirl of events beyond his control. He had elected years before

purposely not to control such events; to live out his life as an ordinary creature of the realm; not to intervene with his many supreme powers. Well he knew that his time was limited, that his days were numbered and he lived his life knowing that he had not much time, that every day was precious and a gift from the Heavenly Father.

Each of you also know as well that time is short, yet you steadfastly refuse to act upon that knowledge. You dispute it. You deny it. You avoid it. You temporize. You makes excuses and have more important things to think about. All invalid. No man or woman knows when they will depart this life. Look upon those known to you who sense an imminent departure. See how their lives are changed. You would do well to live as if there were no tomorrow. Every moment is precious rightly to be turned to the Father's work for the door to the after life is a one-way door. You shall not pass it again. It is an extraordinary dispensation that any creature shall live two lives on the material planets. There is no school like this school. The experience gained here can be approximated; schools exist on the mansion worlds for that very purpose, yet this experience cannot be duplicated. This experience is a once in a spiritual lifetime opportunity. Oh, it is difficult, troublesome, confounding and vexing. We well know. We are informed by humans on a regular basis the difficulties involved. But you would be surprised, perhaps, to know that that is not the bulk of the information which we above receive. Many are the days spent in the glorification of life. The love of family. The concern for neighbors, friends and kin. The physical and emotional love showered upon the children, the fond thoughts for elderly parents. The longings for distant friendships. You know not how the Father counts that love. It is what makes you human.

Now we are past the solstice in the cycle of nature. The days begin imperceptively to grow short. So, too, have many of you passed the half-way mark. The light is no less bright. The love is showered upon you freely. It is a well from which you can draw without end, but mark well, there will be no day ever again like today. No moment like this moment. No such person shall approach you again in exactly the same way with that particularized need that only you can satisfy. Yes, we would live your lives differently, but that experience is denied. We have said before that God can love you only in the present, not in the future. He is not bound by time, it is but one of His tools. Wherever He lives is the present. If He would divert His attention away for one moment, all of this would cease to be, yet He will not, for He loves us and He is fond of us despite all of our failings. He likes to see us progress. We are His children and He loves us. We should help each other like brothers and sisters sharing the benefits of our experiences with each other without attempting to replace our judgment and wisdom for that of the others.

We are all family - you and I, those not present tonight and those unknown to us. But in order for us to know the Father intimately, we must forego our near obsession with planning for the future which may never arrive. It is not how well we have planned for

some distant future that counts in Heaven, it is the history that we accumulate living moment by moment in the present where the Father fragment can communicate with us. The Adjuster cannot inhabit the future. He can arrive only when we arrive. He cannot live in the past. It is a closed book. The Adjuster's realm is in the present, the right now, the this moment, in the thoughts and the urgings, in the deeds performed with His leadings. If you will make progress and you wish to know the Father, you must know Him right now. It is the limitation on the material life creatures. You are not time fluid. Those moments you spend living in the future and living in the past are lost forever. Pay attention to today. The future will take care of itself. It is in God's hands. You can bring no great influence to bear anyway.

We have spoken before about the operation of the Adjuster. The Adjuster can act only at the knife's edge, where it is risky, where things are not under control, where the sparks are likely to strike. If you back off into the realm of safety and failed communications, then you immediately raise barriers not only between yourself and your opposite number, but also between the Adjuster resident in you and that Adjuster fragment which inhabits the other party. Therefore, we have exhorted you to take chances, to speak candidly, honestly, forthrightly and genuinely with those you encounter for that is where the Adjuster will have his way. You can feel His pull. It is like a vortex. You are drawn up and forward and out. It is exhilarating. You must take the chance. We think you will like the experience. You must live in the present in order to do so. When you live in the present, you live in the realm that God inhabits. That way lies salvation.

Variety is the Divine Pattern

The prayer of a mortal human is a perfect statement, a moment in time captured forever which reflects the exact degree of that mortal's understanding of participation in and concept of his relationship with the reality of the life in the spirit and his identification with the Heavenly Father. When you pray, you show the Father exactly where you are and provide him with information that he could not gain in any other way exactly the way that you would convey it. The Father's creation is full of majesty. Variety is the divine pattern just as each of you here tonight is completely different from the other. So does His reality reveal Him to favor exactly that variety. If the Father were truly interested in perfection, He could have endlessly replicated the Universe of Havona. It is certainly within His means, yet perfection and perfect balance exists only in reality in order to demonstrate to such creatures as yourselves that it can be done, that there is more to reality than the imperfect sharp edged situations in which you find yourselves on a daily basis.

The Father is in the business of sweeping up every experience which can be had, only then will He be truly understanding. There are aspects of the Father which are

becoming. You help Him with this although that is not your purpose. Your purpose is actually independent of the Father's purpose. Your purpose, one-in-all, is to obtain perfection through the mechanism of self-improvement. It is my purpose also and the proper purpose of every creature I have ever encountered in my experience. Search for perfection is a force loosed upon the universes. It is unstoppable, much like the force of evolution which proceeds in the face of all obstacles and recognizes no impediment. Search for perfection is the source of the inspiration which originally caused you to pray. It is the soul's method of reaching out to make a connection to something greater than itself to identify with and to lead it further upward. It is impossible to pray without baring yourself and telling God what you really think. In general, He already knows what you think, but He doesn't know how you feel about things. Those feelings are constantly changing.

It is possible to live your material life in constant communication with the Heavenly Father. It has been proven already. Witness the lives of the prophets, the truths they spoke. All those prayers are in response to the urging of the Father fragment which exists in all normal minded humans from childhood on. It is His gift to you so that your search for perfection will not be a blind search, so that you will not be reliant upon the words of a priest, so that it will not be necessary for you to go to some other source to experience for yourselves the perfect union of identification with the Heavenly Father. No tools are needed. The road lies open and your acts of prayer tell the Father that you are ready to listen and hear His voice. It is true enough that it is an unusual thing to hear the voice of God, to hear the Father's voice and to understand. It is normally the end of the mortal's life in the material phase. But the Father fragment from within is in constant communion and will ever lead you if you but open yourself to that leading. The Father fragment speaks not a word but acts always and, by friendly cooperation with the Adjuster's leading, it is possible to attune yourself perfectly to the Father's same leading. Therefore we have spent several months discussing from one viewpoint or another the necessity that you each live in the present, neither in the past nor the future, that you devote yourselves to here and now, that it is impossible for the Father to communicate with you if you are not present. The Father fragment is awake, is functioning now and in the present in every one of your brothers and sisters and if you will follow the Father's lead, things can truly begin to happen in the meetings between people. When Father fragments meet with the cooperation of their human partners, great things are noted in Heaven. There is no greater opportunity to know the life of the Father than in the meeting of two such mortals. It is the word made flesh, the promise fulfilled and you will know that you are truly not alone in this world. In order to get to this point, it is necessary to pray and to act on prayer so that ideally, your daily life becomes a continuous expression of your understanding of the path of spiritual growth.

Those of us, the celestials, exist as servants to this ministry. It is our job to provide you the opportunities that will challenge you, provoke you, irritate you, and

console you. We are always on duty and it is an unusual occasion to communicate directly as we are gathered tonight. It is an impossibility to arrange that one group, under celestial instruction, could be identical to any other group. The simple variety of the universe makes that impossible. We wish for you to individually and as a group engage in regular daily silent prayer. Prayer which has nothing to do with this communication such as we are enjoying now. We ask you to set aside time for the Heavenly Father. It is right. It is just. It is necessary and it is the way. All prayer is answered. It is answered in God's style and frequently somewhat mysterious even to most of us. He has some way of knowing. Of course we do not know what His method is, but He knows. God's answer has always appeared right. Certainly we have never seen any other indication, but we feel somewhat confident that you will never know His answer unless you continue to pray for it. It is unlikely that His response will entail the mechanisms of the material life. Perhaps He wills such things from time to time, but even if He did so, we would not know it and it is widely believed that the Father never breaks His own laws. So we feel confident in instructing you that in order to hear the Father's answer to your prayers, it is necessary to pray. There are no magic words. No special thing that you must do to gain His attention. His attention is always there. He is waiting for you to stop talking, to stop daydreaming, to stop shorting out with random electrical brain activity. He is a patient God and He will never turn His face away from you. He has promised that. We believe Him. His love and attention is unending. Were He but to shift His attention but for a moment, all would cease to be, yet He plies us with His concern and His love for each of us, you and me, those we share our lives and growth with. He cares about us for some unfathomable reason. We are His children and He loves us. We are far away and have much to grow, but we will all get there and He knows it. He is a good Father to us. He is always willing to hear our words, to share His time and to teach us the things that we are capable of learning. If you would participate, then prayer is asked. That is all I have to say. We have some minutes remaining tonight. I understand that there are questions. I will take one question from each person willing to offer.

Questions and Answers

JUDI: Will, this is Judi. Will you take a question and a request? First my request is, I was reading some of the transcripts to my son and daughter this week from Daniel and they were interested but, I realized that they were directed towards adults and not children, and so my request is that sometime in the future, would you give us a lesson, please, for our children, that they can understand in their terms? Now my question. We were talking earlier about the separation of church and state and since I am ever involved with working with schools, one of the things that I am doing is working with designing the schools for the future of Florida and I realized in designing those schools that one of the things that we can't tread upon is the separation from church and state in our country. Are there things that we can still do in school beyond the academic kind of things that are normally spiritually to help kids grow spiritually?

WILL: Answer 1, yes. Answer 2, of course, and if you are not already doing them, what are you waiting for? I will say that the so-called line, defined by the legislatures and courts of your society, attempts to delimit something that cannot be limited. There still exists fundamental confusion between a concept of religion and the physical manifestations of the bureaucracies necessary to administer those religions, material business. From our perspective, it is an artificial and inept distinction. The opportunity for prayer is open to you and to every school child every waking moment. It cannot be caused. It cannot be stopped by any force outside yourselves. The recent debate about school prayer seems to us to be foolishness. You gathered here tonight to each lead souls to the Father by your example. No other way will suffice. There is nothing you can say. There is no program you can author. There is no trickery you can employ to cause people to embrace the Father's path, neither can you frustrate their efforts. Next question.

FRED: Will, thank you for those comments and I have one other quick request. Since, as I mentioned earlier, that this phenomenon is beyond my understanding, we are obviously very lonely in Saudi Arabia for some of these meetings which we cannot have, and so, if it is at all possible, at some stage, for either you or some other teacher to contact us in our home at Riyadh. It would be beneficial to both of us. I thank you for your time and we look forward to communicating with you at some later date.

WILL: Regular daily silent prayer and things will develop. There are always new teachers. There is always new interest. Throughout this ministry and these meetings, we have emphasized the personal nature of the Father's love and His independent ministry to His children. Our Father chooses personally to participate in His creation. We do not know why He has chosen so, but we think we appreciate some of it. He appears to be in the business of refining individuality into a more productive work performed in concert through the mechanisms of the partnership between God and man and the partnerships which can exist between individuals, members of the brotherhood of man. Word of this ministry is carried by individuals. It is not spread by radio or television or by letters to the editors of newspapers. Only occasionally does the word spread through the dissemination of the written works due to the many problems inherent in that form of communication. Don't forget to say your prayers when you go home. Things will begin to happen. They always do when man and God are partners. We welcome you. Next question.

JOAN: Will, this is Joan. If the Thought Adjuster speaks not a word and these times are not normal, could you describe the nature of the communication with the Thought Adjuster?

WILL: The Thought Adjuster's realm is not limited to either action or reaction. The Adjuster is always on duty. This Father fragment exists to provide a bridge between God and the human. In numerous places in your Urantia Book, the Adjuster is also called

the mystery monitor for it is also by this mechanism that the Father knows for Himself what goes on in creation. Adjusters do not have personality. To do so, by definition, would be intrusive upon the human development of character and of the free will and personality expression of the human. The Adjuster's service is spent in turning the course into fine, in capitalizing on the best available method to shine light into the dark corners. The Adjuster is a great card player. He can make a hand out of practically anything. You provide Him the cards. He makes the best out of what He has got. The Adjuster is far down the road of perfection, therefore, it should be easy for Him to entice you to follow the most productive path, but the fact is, few humans are listening. They frustrate even their own aspirations because the Adjuster's leading does not come in a form that is recognized by the material world and therefore His actions and urgings tend to remain on an ethereal level as if they were outside the bands of ordinary human consciousness. This is an abnormal situation. Communication with the Father through the Adjuster is not what you think it will be. It will not be in a form that you will immediately recognize except in the feelings that it evokes in your human heart and the instantaneous response of your developing soul and that Father fragment is your guide, your compass. My teaching and the activities of the instruction group and this group meeting here, that is all frosting. The Adjuster is the compass. It always points North. Next question.

VINCENT: Will, very quickly, we have been your students for a few months and I would like a report card on how we are doing so far.

WILL: You fail miserably every day. [Laughter] You are blind, obstinate, insulting, frustrating, deluded and abusive of your brothers and sisters, yet you make progress even based upon your failures. There is no sin too low for the Father not to capitalize upon it and turn it to some good ultimate service. We are pleased with you.

VINCENT: We love you too, Will. You can't fool us talking bad to us, we know what you mean.

DAVID: That'll teach you to ask for strokes.

SUSAN: It's quite true, in my case, anyway. I know I fail miserably every day.

MELISSA: It's true for us all.

WILL: [continuing] We are pleased with you because, in general, you mean well and you gather faithfully for at least an hour or so each week to hear our comments meant to increase your understanding by some degree and to share the fellowship of your friends and family. We are pleased with you because you have each made the transition from the wholly animal to the potentially spiritual. Because you have chosen to hear the word of the Father. Because you are making progress and showing respect for the dignity of your brothers and sisters whom you meet upon the street. Because you are growing in

the love and tolerance that you show toward your children. Because you are learning to rule your animal passions and divert that vital energy to things of higher and more important concerns.

Know that, unlike other members of this teaching group, I once lived a life on a planet somewhat similar to yours, although vastly more advanced in virtually every sense. Perhaps our weapons technology was not quite as advanced as yours. Its hard to say. Those were historic materials by the time I lived my life. Our society was much more integrated. People tended to work in groups and teams. We did not have the raging cult of individualism which flourishes in your North American society, yet all of us faced uncertainty. For the life of the spirit does not completely intersect with the life of the animal and each of us on our wonderful world still faced the same definitive human experiences that you have all faced and will face. It is a great gulf between the material and the morontia. The transition is made as smooth as possible, but the fact that a transition is necessary should indicate that there is quite a difference.

We look at each of you gathered here tonight and we can see that each of you is becoming progressively real. Each of you started as an animal and upon the event of the first spontaneous moral decision you created something for yourselves. Simultaneously indwelt by the Father and another path to perfection was begun. It is a long path. The longest any of us will ever tread. It is a path across eternity itself. It is a path that transcends time and space - every concept of reality that you can imagine. Each of you is on that path. Each of you is moving forward. That is the most important thing of all. As to where you are on the path, you are just beginners. I am a beginner. Beginners should help each other. It is inhumane not to do so when it is within your resources. We have just begun.

Shalom.

Michael's Gospel is a Living Gospel

WILL: The love of God surrounds us. The power of God enfolds us. The thought of God supports us. Wherever we gather, He is.

Good evening. I am your teacher, Will, who loves you. Thank you for your kind attention tonight. For myself and the members of my team, we appreciate you gathering on this regular basis to hear our words. We enjoy hearing your words.

Michael's gospel is the living gospel. It cannot be captured on paper. It can rarely be communicated in words. Michael's gospel, the gospel of the life and the love of the Heavenly Father can only be experienced, never described. It does not lend itself to analysis. Michael's gospel can be found in the experiences between people and the

experience between persons and their Maker. It is an insight into life itself that glimpses into eternity and in experience and the realization of the essential nature of the Father. Little that we can say in meetings such as this is useful to you in that regard. Your regular stillness practice is like a vehicle to seize you and guide you for this experience. Our weekly meetings are like a huddle before the big play. We all gather together, contribute our thoughts toward a cooperative venture with responsibilities equally shared between the human and the celestial all in pursuit of the divine. This interaction is unusual for this planet and it is new in each of your personal experiences and it has its weaknesses. These weaknesses are well known to you and we observe that they are the source of some frustration in your spiritual development. We will say in an attempt to provide some solace that the process of spiritual growth is akin to the process of seeing with new eyes, hearing with new ears, smelling with new noses, tasting with new tongues. It is as if you have been schooled and then asked to perform in an arena for which all your skills are useless except the essence. The method of learning is the piece which you take forward with you. The way of thinking about things and how to approach people, how to solicit aid from the Father, how to resolve the practical difficulties of life.

When Michael walked upon the planet, his apostles and disciples and their families went through the exact experience of which you are now engaged. It is trying. We know that you often feel unfit, unprepared, inept and unguided. Yet we say that this is not so, that you are as well and as lovingly prepared as any creature, for the Universal Father has bestowed to each of you individually and as a group all that is necessary for you to arrive and grow. We have said repeatedly in these meetings that our contribution by comparison is trivial and we believe that that is so. Stillness is the method by which you will save yourselves. Stillness is the method which will bring calm and composure to your daily lives. Stillness will give you courage. It will give you a thick skin, strong heart and a well organized mind. Stillness will make you fully human-the proper launching pad from which to soar to Heaven. Therefore, we are gratified when we ever see you people gathered individually or together and take a few moments from your earthly exertions and reestablish communication with the Universal Father. We urge you to look to this mechanism.

It should be becoming painfully clear to all by now the limitations of the type of communication which we are now presently enjoying. However, this is the vehicle that is authorized and no other. Many among us, the teachers and instructors and facilitators, feel that certain aspects of this communication could be improved but so far it is not authorized. We are keenly aware of your comments and your desires but it has been proved many times in the history of your own planet and many times moreover among the other inhabited planets that individually initiated attempts to improve upon the divine plan always end in unhappiness. We believe that there is no way to improve upon the divine plan. This plan is authorized on high. It is fairly serviceable. Yet communication has been promised to each of you - it is in the offing. Stillness is the way to achieve that

communication. The two who presently serve to facilitate this communication have begun to rebalance from the initial rush of enthusiasm; first, for purposes of self defense and second, at our instruction. Yet we foresee that this communication will continue unhindered. It cannot serve as the bridge for each of you. You must set about building your own connection through regular stillness practice. The Father will show you. He is a gentle father and a good teacher.

The celestial instructors possess a quality that you would call single minded. They are devoted to their respective tasks. It is the reason for which they were created. That is how they render service. They are performing that which was asked. But the Father's ministry is personal and each Adjuster is keenly attuned to the indwelt human. We cannot fathom how He does it. Some of His choices are surprising, but we must admit that it works. It seems to be an absolutely successful program. There is no other program that has achieved this rate of success. So, we say again for the hundredth time, the thousandth time, regular daily silent communication with the Heavenly Father will illuminate your path - the path that is right for you. This life is a worldwind experience yet with the Father as the polestar and the Adjuster as your compass you may pass through the maelstrom undisturbed while you earth brothers and sisters and the celestial ministers crash and bang around you in pursuit of their own individual objectives you may serenely walk into the Father's light. He is the way.

These are my words for you tonight. Heed them. Time is slipping away.

Allow the Father to Assist You in Communicating with Others

We have discussed many nights and in many ways, the different permutations of interacting with our brothers and sisters. Lately we have concentrated on listening skills and all of us have grown in our ability in that regard, but it is a hard thing to know what to do next. Although a person may be a keen and perceptive listener, it is difficult to know what the next step is. Our suggestion to you is to begin by thinking of yourself not as the responsible party for this interchange. In the beginning think of yourself as the delivery system. You are delivering a Thought Adjuster. The Father hopes to make contact. You are providing Him a service. We have said before that "when Thought Adjusters meet, great things will happen". Therefore, after you have done your duty, step aside and see what happens. Let the Adjuster take over. We think that you will like the result. We are certain you will find it an informative experience. We believe that it will be strengthening for you; invigorating and lead you to devote your lives wholeheartedly to the service of the Father. Let the Adjuster take the reins. He knows what He is about. He is always about the Father's business. With a little practice you will become quite skilled until one day, somewhat surprisingly for you, you will realize that it is no longer the Adjuster holding the reins. It is you. And the reason that

that will be surprising is that there will be little difference between you and the Adjuster. That is always a surprising development for humans. Identification with the Maker, adherence to the true line, the pure line and synchronicity with the Father fragment is always surprising. Most mortals feel that it is an unattainable goal in the material life but we state here that that is not so. That this garment is available to you freely. It is yours. You may wear it whenever it pleases you. And on that day it will not be the garment doing the speaking; it will be you, for you will be clothed in the majesty of the Father. Then go forth doing works in His name.

This World Will Be Saved One Person at a Time

MACHIVENTA MELCHIZEDEK: We serve Michael whose will is a perfect reflection of the will of the Heavenly Father. This world will change. It will not always be thus. This change began long ago. It has progressed ever since. You feel it. You all know. Things will never be the same. I, Machiventa Melchizedek, say so. We teach in the Father's name. We minister in Michael's name. It is our work. It is your work, too. We count you among ourselves. This world will be saved, one soul at a time. It is not simply a matter of turning up the temperature. It is, however, a matter of increasing the activity which you have seen. Yet we do not wish to go dashing off without having measured those changes which have occurred on the planet since our departure. Someday soon you will see. For now, you are not alone. This is an interactive relationship. We say you can count on us and we say we are counting on you. Never forget that the relationship with God is an exchange. He has gone to great effort to arrange for you to know all. No other creatures are graced with this opportunity. We know that this is difficult. We know that it is too difficult for some, however we believe that as Michael taught with a helping hand, all will make it to Paradise and eternal glory with work yet to do. Therefore we commend you and we challenge you and we welcome you. We welcome you and count our success on the day you surpass our ability.

Well, let us be about it then to the glory of His name forever and ever. Amen.

Now get out there and get out of the way. [laughter] Goodnight. God bless you. His love lasts forever. It is showered upon you freely. His reality knows no beginning and no end. Let us venture forth. I leave you for now.

Allow God to Lead

Good evening, I am your teacher, Will, who loves you. I have heard many worthy ideas expressed in your group tonight; reaching out across the generations, individuals to embrace each other; returning good for evil, I commend you. I commend you further on your efforts over the past two weeks to listen perceptively to those you

meet, to observe the requirements of our ever expanding assignment, to honestly engage and love those we meet along life's path. You are all making good and sturdy progress in your ability to listen and we see signs of new growth in your efforts to allow the Adjuster to lead. It is not an easy thing to do. Particularly so when mortals tend to interpret their roles in the cosmos as individual sovereign and yet you are all growing daily in the understanding that renunciation of sovereignty is not what is asked. What is asked is the new and growing faith partnership with the Father fragment that indwells each of you. You all know intellectually that you are not being asked to forego anything. You are asked instead to expand your powers, to adopt a higher and more noble means of negotiating your way through this life.

There is no instruction available on how to more closely attune yourself to your individual Adjuster's leading. Response to that leading does not lend itself to mechanistic type descriptions and terminology such as a process, it is rather a relationship. Each of you has a relationship with God who remains unseen, who speaks not to you in words that you understand. The Heavenly Father reveals Himself by methods which suit His purposes, yet His influence colors your every waking moment and fills your dreams with desire for attainment of perfection. Each person on this planet is on a unique path following the blazes laid down by his or her Adjuster far ahead, out of sight. We, the members of your instruction team, your humble teachers, have consistently encouraged you to follow the Adjuster's leading, to aim high.

By your consistent and strenuous effort, some little opportunity may develop for one of us, one of the celestial ministers to slip through and say a word or two within your realm of conscious understanding. Last week we had just such an exercise. We counted it as quite fruitful. Now we ask that you seriously consider taking this up, every mindful of the fact that two things are required-ability and conscious willingness. This communication cannot take place with only one. Both are required. Enough of that for now.

All humans of the material worlds are faced with two apparently irreconcilable demands. Those who know God and would live the life that He has made possible are faced with the competing and conflicting demands of the material world. Compromise with the material world is inevitable, yet compromise from the path of spiritual progress is impossible. You must each be mindful of the fact that you pass through this life with two minds. You are growing and when you find yourselves in compromising situations, remember that you are becoming increasingly spiritual creatures and you are using this material life experience to become progressively spiritual. It is not the other way around. You are not growing in spiritual strength to become more successful in any material sense. This material life experience is denied to most of the orders of creatures in the Universe. You are those selected by the great God to see the entire scope of creation-from the lowest to the most infinite. The fact of material life inevitably creates some

severe restrictions upon your time yet, particularly in your modern society, we feel that sufficient time exists to devote meaningful units of daily organizational time to spiritual growth and honest, direct, loving service to your fellow humans as the opportunity arises. We say to you that you need not go to any particular place to be about the Father's work. There is work to be done here in this room. How much more so there is beyond the door. You are lucky that Michael has passed this experience. You are lucky that he has grown in the character in which he possesses. You are lucky that he chose to live his life in a darkened world such as yours. Never again to be shrouded in blackness. We have not time enough to list all the reasons you are lucky. Use this material life to advance your spiritual growth. The Creator will be happy. Take time during the week for daily silent prayer. The Adjuster does great work during the week while you sleep, yet true spiritual growth requires conscious endeavor. By your regular stillness practice, you are opening a door. The light of your life is not yet strong enough to fill the vastness beyond the door. What matters is that you have opened the door. That is all I have to say. I am gratified that you all approached our experiment last week in good humor. God bless you and keep you.

Shalom.

Work Together

Good evening. I am your teacher, Will, who loves you. Now that was almost too easy, wasn't it. [Editor's note: Will is talking about the group's present to Michael for his birthday on August 21 - that is, preparing a dinner for the homeless and serving it to them, which the group did prior to the meeting] There is a lesson contained therein. It is a lesson that we wish for all to learn, one we have been edging closer to in our teaching group. One person alone against the forces of the world is frequently overwhelmed. Sharing the load two-by-two is a great relief and a solace to all. But when we see you people get organized, it seems too easy. A little food here and there will not be the answer to the world's problems, but it is a good step along your personal paths of spiritual development. We think that this group has the resources to transact rather sophisticated relationships with those in need of the solace of the Heavenly Father's love.

[Unknown speaker]: This is Michael's message. Those things that you do in my name are seen by the Father. Service is the way to show your love for one another, your respect for and your desire to be like the Universal Father. There is no way but His way. We thank you for the deeds which you perform in our place which demonstrate that you are beginning to understand how light is the Father's yoke. Amen.

This Ministry is about the Relationship Between God and Man

MACHIVENTA MELCHIZEDEK: Although legitimately and continuously open to challenge and question on grounds of accuracy, we think the ministry stands solidly, unassailably secure on the grounds of faith progress. It emboldens the people, and makes them feel closer to their God. Therefore we freely admit the problems of accuracy, colorization, and consequent error. We are, after all, engaged in a ministry -- not a Restatement. Books lend themselves to static policy statements of principle. This ministry takes advantage of a quality only hinted at in books -- the dynamic, ever-growing, thrilling nature of the relationship between God and human. We make no attempt to secure ourselves from error.

You people question Perfection itself. Why should you take faith-offense at inaccuracies of communication? How reliable are your own scientific communication systems? Very -- in theory and design, but putting such designs into service introduces undreamt complications. So it is with us. It is the price of forward motion, friction. It is a law of Nature. If the friction is unbearable, retrogression is an option. So far, none have elected to abandon for reasons of too-offensive error.

We are far from the realms of Havona. Our efforts are inescapably rough of technique, yet ever pure of intent, and productive of progress toward Perfection.

Press on, then, in search of your own destiny of glorification - identity with the First Source and Center.

Aim High

MACHIVENTA MELCHIZEDEK: You must live your own life, most especially must you fully live and control the material aspects of your life. We will not guide you, nor will your Adjuster guide you, in [material] decisions.

Still, the developments which you seek are legitimate and are implicit in the path of spiritual progress, but only as incidental benefits - not as achievable goals. They are by-products of a more complete, more spiritual, and more fully human life. You yourself seized on this idea in the past with the expression Better to aim high, if then falling short the result will still score higher than if the original point of aim was excessively modest. More simply, aim high, and even if you strike low, you still hit high.

The high mark for you people is to maintain the spiritual presence of mind that allows you to remember to appeal for illumination of the better choice. The Adjuster's work is effectively blocked by the animal responses of fear, anger, and combat stress. None of you are capable or ready yet to hear the Adjuster's voice. You should work, for now, on

achieving the equanimity and faith that replaces your typical descent into emergency status when you encounter some impediment or threat in daily life. The universe is not so unfriendly that every situation screams crisis. Try to lift your sights a bit.

There is another perspective available -- a grand horizon -- if you are only bold enough to peek over the walls of your prison-rut of habit. Make an effort, now, to break the habit of dealing with people and problems in the same tired, unproductive manner. Live a little! You are all young in the spirit, no matter how many aches you count in the mornings. You are too young to settle on policy practices, especially where human relations are concerned.

We have covered this before, in the guises "Bare your breast", and "Not problems, but opportunities". Pull the curtains back, let some light flood in. Work in tolerant combination with your brothers and sisters.

Get control of yourselves -- it is not a static thing -- you can feel your [spiritual] muscles flex and relax, flex and relax. And when you can maintain a stable point of view for a few moments, then ask about the higher path. First things first.

In order to be fully human, you must build on the animal foundation -- not deny it, not repress it, not disguise it. You can see the trail in your own physiology: first, reptile brain; then mammal brain overlying; finally, homo sapiens structure atop all. Get your hands on the wheel, then start looking for signs. It cannot work in reverse order.

This is my advice for you: Govern yourselves, only then are you participating fully with God, in partnership.

Faith and Service

WILL: The love of God surrounds us. The love of God enfolds us. The love of God supports us. Wherever we gather, He is.

Good evening, I am your teacher, Will, who loves you. Tonight we have a new friend to join our group. One who comes wholeheartedly and enthusiastically. You are welcome here.

Faith and service are what we are about and we have spent many weeks now discussing what is faith. Perhaps we should take a few moments and discuss what is not faith. The idea of faith is not fully satisfied by a mere belief. For example, if a person should say, "I believe there is God. He lives in Heaven far away." That is not faith. Or if a person should say, "I have felt the presence of God in the church or one time when I was alone in the mountains." That is not faith either. Faith is walking down the street

and knowing that no matter what happens, you are in God's hands. Faith is assigning all your cares and problems and letting go of them forever. Faith is when you go to sleep at night with a free and relaxed conscious knowing that you will wake up again tomorrow and it will be the same world. Faith is having goals that are worth working for and improving yourself, for your own benefit and for the benefit of others. Faith is having the doorway swept so that you would not be ashamed to invite God in any time. Faith is allowing God in by the back door as well as the front. Faith is calling on God for company not because you have some problem, but just for the companionship. Faith is showing your true self candidly and sincerely to your companions in the life experience because you know God would not turn out a bad product.

In the old days, there were ecstatic descriptions of God. People would go on for pages and pages about His fine qualities. Everything that was good, everything that was just. They call Him omnipresent and omniscient and all forgiving. All those things are true. But He is a personal God also. He desires your company. Although admittedly, it is not easy to discern exactly when, from what we can tell, He desires our company always. He is actually interested in the things that we are learning, the thoughts that we have, the insights that we have gained. He especially likes our exhilaration with a new discovery. He is apparently always thinking of us. His kind and indulgent attention supports the smooth operation of entire universes. He hangs the stars in the sky and yet at the same time He desires to live in partnership with us every moment even while we sleep. All these things are expressions of His kindness and His love for us.

By faith we open the door to His love and let the light come in. He is a generous God. He is kind to even those who deny His existence. He is fair to those who work against all that He stands for. He desires us as His partners; just Him and you, two by two. He has time enough for all. The trick for you to take advantage of all of this is to attune yourself to the better way. You can think of it like tuning a radio. This time, to the goodness station. No bad news, only good or even the bad news seems good. This is what Melchizedek was referring to about maintaining the certain presence of mind. It takes some effort. All of us go through life in the state of diminished presence like a daydream denying many things. Our Father would have us open our eyes, look around, listen to birds. Don't just shuffle along with your head down. It is possible to be alive and awake and in partnership with God even on a sweltering muggy Friday afternoon at 3:00 out on the sidewalk. You should try it. We think that you will like it.

He has given this chance at life even though this life is clearly not the perfect life. We are not ready for a perfect life. You should enjoy the life that you have. Make living an active event, not just something that happens to us. It is not a passive process. We should live our lives affirmatively and in order to do so, it is much easier if we invite God to share it with us. He relies on us to show Him things that He would not otherwise experience. So during this coming week, let us all try to spend more time alert and alive,

a little closer to the edge and, by living our lives this way, we will be demonstrating faith.

Ability to Hear Teachers is No Indication of Spiritual Status

MACHIVENTA MELCHIZEDEK: My words today are meant for all who carry the message of this ministry to the hopeful souls who desire to know God. Experience has shown us that there is an inherent problem in the structure of the teacher groups as we originally intended. The problem essentially is one of modesty, with attendant practical consequences. We have observed that the transmitters of our teachings are reluctant to organize groups around themselves, no matter how inspiring or change-provoking these teachings should prove to be. It is correctly observed by the transmitters, or channelers, that their fellows naturally assume that there is an inside track freely available to all who are capable of such activity.

We are gratified to see that the transmitters perceive this phenomenon and seek to avoid cultivating the devotion of their companions through the use of undue influence. Simultaneous with this gratification, however, we also note with dismay that it is common for the transmitters to attempt to distance themselves from the celestial teachers, primarily through non-cooperation in our fundamental recommendations for continued individual spiritual progress -- daily silent prayerful communication with the Heavenly Father, and candid forthright interaction with the earth brothers and sisters of the material world experience. They forgo their own spiritual developments in a sincere attempt to avoid misleading their fellows. This situation mixes elements of both tragic and noble conduct, and evinces concern and respect for the sovereignty of others. You can only guess at our reaction to these developments.

This situation is noble for it indicates that -- even in the North American obsessive individuality cult -- there is a marked preference for brotherhood as equals. It is tragic because the perception that transmitters possess some special spiritual quality is itself invalid. There is no difference whatever between the teacher group member who provides us with transmission service and any other group member, other than the normal variation found in any comparable random assembly of humans. Ability to channel or transmit this teaching indicates nothing other than that fact itself. We have frequently said, apparently without effect, that the reason that certain persons can deliver this message is brutally simple -- because they can. There is no deeper meaning. The transmitters possess no special spiritual power that qualifies them for service. They are qualified by only two elements: they are capable of the activity, and they are willing to serve. In all other respects, they are just as thick-headed, truculent, selfish, sullen, resentful, and controlled by their animal natures as their companions, but we see potential in them, just as we see potential in all seekers.

Choose the Highest Path

WILL: The love of God surrounds us. The love of God enfolds us. The power of God supports us all. Wherever we gather, He is.

Good evening. I am your teacher, Will, who loves you.

We have recently returned in our teaching messages to the theme of faith. A theme which we find inspiring and peculiarly applicable to your varied situations, so for some weeks into the future we will be offering our view on the topic of the life of faith.

It is inescapable that life has its ups and downs. The grand variety of the universe is expressed on the disorganized planets largely in the guise of chance. We realize that this is a source of frequent frustration for you who are attempting validly to organize your lives and grapple with the circumstances of life and in an attempt to hammer out a viable form of spiritual understanding and progress. Yet, I think I can assure you that, in many respects, if you were to be transported to one of the more advanced planets, you would find it to be a chafing experience. True, things are more organized, more reliable, as certain as things on the material planets can be, and it is a consistently better situation for the people as a whole as regards their personal spiritual developments, but I think I can safely say that you would be bored there. For, though those planets are well ordered and productive, there is a vitality to a planet like yours that is largely lost through the very process of settlement. This is not to diminish the rewards consequent upon such developments, but when we look upon the product of those planets compared with the product of, say, a backward and brutal planet such as is this, we find that the people who have graduated from those systems are not as hardy, not as tough minded, not as reliable as you people are proving yourselves to be. Therefore we say, you are the lucky ones. If it were possible to reproduce the personality qualities which you people carry forward into eternity, then people like you would be in demand throughout the universe. You are the lucky ones.

This is not the case now that your enviable qualities lend themselves to merging with the other positive qualities of people who have arrived at a similar point by way of different experiences, so I expect that you will not be able to fully comprehend my complement to you, but it is nevertheless sincere. You people arrive on the Mansion Worlds with plenty of sharp edges and a lot of hard bark upon you. That is good. That is good. It gives you a certain kind of advantage. I am forbidden to reveal the consequence. It will suffice to say that it gives you a kind of advantage [dog howls loudly] [laughter] Here is a fine example of what I am talking about. A peculiar spark of tenacity and disrespect has, as we have described in the past, its upside and the positive side of the qualities which you find so troublesome in your lives are the very qualities that will serve you so well in your transit across eternity. You are the lucky ones.

Therefore we can say to you, as a general instruction, have faith, walk forward boldly. You are far more capable than you give yourselves credit for. You spend far too much time agonizing over mistakes and the possibility of mistakes. As it says in the Urantia Book, what is a mistake in the service of God? Each of you must be in full the person whom you were born to be. If you but have faith in the Father above, the Adjuster within and your fellows without then you will achieve the full measure which the Heavenly Father intended before you even came into existence. Have faith, you will not go wrong so long as you listen and think and observe the respectful opinions of your brothers and sisters. You will not go wrong. It matters not whether the world showers you with gold and jewels or reviles you as a meddling troublemaker and a gadfly to all things which they consider important. True, it is seen that the middle road is the preferred in all but one area -the middle will never serve you as the path to spiritual progress. We exhort you. Always choose the higher path, the rarified path, the path with no marks upon it, the path with heart. Your faith will guide you. That is all I have to say.

CHICK: Will, are you willing to entertain questions about your lesson tonight?

WILL: Yes, state your question.

CHICK: In choosing the higher path, the path with heart, the path untrodden, are there additional signposts you can provide to help us discern when that path is right? And when that path may be a dangerous path or an ego path?

WILL: In the oceans of your planet, until just a few years ago your scientists thought that there were a handful of deep ocean currents which flowed in a regular fashion. For example, the Gulf stream current which circulates the Gulf of Mexico in a clockwise fashion and then turns back upon itself to flow northward along the North American coastline thence across south of Greenland past Iceland and the British Isles. However, recent advances in both thinking and measuring equipment have proved that this model was overly simplistic. While the original idea was correct, the ocean is not a homogeneous place. This discovery was principally logged by the submarine services of your military organizations who noted temperature oriented strata called thermoclines which were bodies of water at a certain temperature which flowed in a certain direction and were identifiable discreet units of water movement within the greater ocean. I use this detail to illustrate my answer to your question. Certain thermoclines travel in one direction; the one immediately adjacent to it, the one below or above may travel in a complete other direction. Now, when you are walking forward in faith, you are traveling in the right direction by definition. It is as if you are traveling as part of a thermocline. There are boundaries of your latitude and when you pass through the boundary you will begin to encounter resistance. You are able to feel that suddenly the flow is no longer with you. Does that help?

CHICK: That is a beautiful analogy. Can we move from one thermocline to a more elevated one and find a different direction that is apparently in conflict with our previous flow which is, in fact, the higher will of God?

WILL: The general answer is yes. I will have to reflect before I can answer more specifically. [pause] We will say that, as a general rule, encountering spiritual resistance, most particularly a sudden evacuation of faith assuredness, is a definite warning sign that you have transgressed the border. What you choose to do at that time is within the realm of human will. You might, for example, in the simplest scenario elect to return or you might adapt yourself to the new situation. That is an area within the individual's discretion. So long as you are conducting yourself with proper mind, you are relatively safe. Each of you already knows this. Next question.

Coat of Many Colors

WILL: Father, thank you for your love which you rain upon us freely, which falls alike on the just and the unjust. Thank you for your forgiveness and your understanding and tolerance of our mistakes which can never effect you, only ourselves and our brothers and sisters. Thank you for breathing life into us and giving us a chance to learn everything now and forever until we are finally qualified to stand before you. The love of God surrounds us. The power of God enfolds us. The thought of God supports us and makes our very existence possible. Wherever we gather, He is.

Good evening, I greet you again so soon. I am your teacher, Will, who loves you.

ALL: Good evening, Will, and welcome.

WILL: It is always a pleasure to meet with this group. Even more so now that we have developed some history and come in some degree to know one another even amongst ourselves. It is apparent that the Father has willed that we shall assemble our lives, in this particularly our spiritual lives, from a vast array of experiences which He has thoughtfully provided for us. It is difficult sometimes to know how to incorporate such experiences into a useful whole. Often it does not appear that there is a consistent theme, at least, a recognizable consistent theme. Whenever it seems that our unconnectable experiences cannot be assembled in any meaningful way, I like to think of Joseph's coat.

Where with loving kindness and thoughtfulness towards the end product, the odd bits and pieces, the snatches of fabric found upon the thorns, the dust rags, the castaways, and the rare bits of jeweled cloth were assembled lovingly into a whole that was stunning to behold. I think that with some examination you will find that it is possible for each of you to make just such a coat. A coat of many colors. It is a special garment. Whenever

you think to wear it, you will feel the Heavenly attention directed upon you. The fact that most recommends this technique of assembly, no pattern is necessary. It solves itself. The fit is always custom and the wearer is always bold, noticeable, set out from his or her fellows, noteworthy, unique, and filled with faith, not this thin shallow faith of the mind, not the faith of fondly cherished principles, not the hopeful faith in the great scorekeeper in the sky, or the universal rescuer. None of the kind of faith of the owner of such a garment would possess.

The kind of faith that the owner of such a garment would possess would be the type of faith that allows the wearer to openly solicit attention. A person whose every action, whose very clothing says to the world, "My feet are on the right path. Come and walk with me a ways". The faith that such a person possesses is strong enough to see him or her through the times of aloneness and intellectual doubts, ego inspired objections and the occasional scorn of companions in the life experience, but that garment made up of bits and pieces feels like a kind of armor. It does not weigh much. Only good ideas penetrate it. In fact it is a magnet for continually better thoughts and appreciations. The person with the faith of many colors like this is capable of honestly meeting all comers. The owner of such a garment should be somewhat familiar with different kinds of life experiences that other people have and is capable of encouraging the other person's understanding upward with ever a mind towards God. You will attract people's attention. They will want to know, where did you find something like this? Where do you have the nerve to wear this? They will admire you or even if they do not admire you, they will certainly be fascinated and they will wonder what it is that motivates you. You can answer their questions in a single word. Say it is easy: faith. That kind of living always breathing faith inspires confidence in all who encounter it. It is one of the forces loose in the world, not recognized by many, but you yourselves know the power it has. It is a magnet that people cannot resist. Knowing nothing else about you, they will wonder what it is that makes you so special.

It is the life of faith. The faith that when you go to sleep at night that you will wake up tomorrow. Faith that the day's work will be productive. Faith that the person walking down the sidewalk besides you not only means you no harm, but is your brother or sister. Faith that your labors will be rewarded, that your children will grow up with the skills to make their own way in the world. Faith that one group of people cannot impose their arrogant will on some other group of people. Faith that liberty is increasing rather than decreasing. Faith that understanding and appreciation are growing rather than becoming repetitious. Faith irradiates everything we do, asleep or awake. That is a life of faith. A life dedicated to respect and love for God in Heaven, for all His servants and all our companions in life.

So I think that if you examine your experiences, you will find that in each act at the base underlying all, is a fundamental faith that in fact all these years, you have been

living a life of faith perhaps not even knowing what to call it and, yet, it is counted in Heaven.

Now, since you so often request tasks, for the coming week, I ask that each of you make an extra effort to acknowledge every person whom you encounter as you go about your daily business. If you feel especially bold and faithful, we encourage you to open conversation, ask questions, make a joke, try to communicate person to person and when you have secured their attention, then demonstrate as if Jesus of Nazareth unseen were standing by your side, by your every thought, word and deed and that you understand his teaching and are capable of acting on it and that, while you are so demonstrating, you allow yourself to function as a channel for divine love to flow from Paradise through you directly to that person and that you do so without employing any irony, sarcasm or joking manner that would diminish the validity of your efforts. It begins with acknowledging the humanity of those whom you meet. They are out there waiting. Good luck. Shalom.

Put Your Ego On Hold

Welcome to all tonight. We welcome our new one and all those who come week to week to learn of the word of God, to learn to develop the relationships with each other and to strive to become a family, one with the other. It doesn't take much to see that each one of you are developing in your own unique ways. You've come a long way and in that way you have shed off many of the old ways that were unnecessary. Just as it is necessary for you to shed those layers to become new and, in doing so, become a new child of God. You will be ever shedding those layers all the way to Paradise and your growth is even more certain because you have the desire to learn and to grow. Hearken to the voice of God and listen to that voice within you that calls you inward for, in doing so, you will find that higher and perfected part of yourself.

You who must quibble with day-to-day problems, the only way to rise above these problems is to spend the amount of time in meditation that has been requested of you for, if you do not do so, surely you know that the problems will weigh you down. This life you live is far too heavy, far too burdensome for you to carry alone. And you face far too many problems and you simply must turn to each other and turn to our Lord for help. Whenever you find the opportunity to give of yourself you find another layer which you didn't even know was there for this is just another way that our Father's love can shine through you.

As your assignment was last week to go through your week and find people to talk to and express our Father's love to them, you have found interesting results and it is good to see that you have expressed your results within our meeting tonight because it is important to relay back to each other and, in that way, boost each other so that you can go out and find the strength that you need to carry that on from day to day. While I will

admit that some of you have more courage than others, it is necessary that you all try. Put yourself aside. Try not to walk through the day with your ego out front. Put your ego on hold and let God walk through you for only in walking in this way will you truly walk in peace and in harmony with not only your fellow man but with all things.

So, for this following week, that will be your assignment - put your ego on hold. It's not going to be easy. Every time you find yourself reacting with ego, try to catch yourself and remember your other assignment from long ago and ask yourself, "What would Jesus do? What would he do in this same situation?" When you come back next week perhaps you will find some interesting events to relay to the group. It is an interesting enough assignment and one that you will have not only this week, but throughout the rest of your life. As in all things, we begin with tiny steps and then it becomes more of a habit. In the future it will be an ingrained part of your personality and will help you to become more loving and, in doing so, God's love can shine through you in an all encompassing way and you will be astounded at the love for your fellow man that you will feel, love that you have never felt before. For it is written that if you have done it unto the least of these, my brethren, then you have done it unto me. And if you reach out to anyone no matter what their life circumstances, it is the same as you have done it unto the Father. Watch for those little instances. It doesn't matter whether you are in a store or in your business or on trips or just to the passerby on the street or certainly within your own family. Family situations are often the hardest to deal with. But remember, God loves all people. You don't have to understand why. You don't have to like their personality, God does. He understands them and He loves them and, sooner or later, you may too. Don't worry about it if you don't now. That's not your problem, just act as if you do. Love is a very powerful force and, whenever we've seen it throughout the universe, it can change people. It can modify their behavior in incredible ways. And, in loving someone, you also change yourself. For there is a full circle created in love, as you give it out so it comes back to you. You lose nothing.

Who Am I? Why am I Here? How Long Have I Got?

MACHIVENTA MELCHIZEDEK: Good evening, I thank you for your kind attention and your expression of loving fellowship gathered together tonight in this regular expression of your concern for one another.

All through the ages men have asked three classic questions: Who am I? Why am I here? How long have I got? We observe that you are all growing in the spirit. You are each learning the answers to these questions. For us, at this juncture, the question is not how shall we change the world, the question is rather how shall we change ourselves. We think that it is readily observable that no one person acting independently will have great sway on the course of events on this planet. True, it is possible through the combination of chance and circumstance someone, even someone of this group, might be

thrust momentarily upon the world's stage so to change the course of history yet we all know that this is unlikely.

Therefore we should concern ourselves with not how we will change the world but how we will perfect ourselves. The answer satisfies the plaintive questions, who am I and why am I here. We think that this is becoming progressively clear. We are here because we have a long road ahead. We are all preparing for that road. We are each seeking to encounter God and to make ourselves more like Him. That is our path. This leads us then to the consideration of the third question, how much time have I got. Better put, how shall we dispose ourselves of our remaining time. The answer is essentially the same. We will continue the path which we find productive, set our feet on God's road. We will absorb the good scientific data that we have amassed. We will gratefully accept professional advice so long as it proves productive. We will daily attune ourselves toward the Father with the goal of one day hearing His voice clear, unfiltered and personal.

How much time do we have? As much as it takes. Our God is a generous God. He has provided for us. I think I can assert these opinions with some validity. I am Machiventa Melchizedek who once had the honor of living human life, now to serve as a teacher. We are pleased with your progress. We rely on you to move this ministry forward. Nothing can happen without human initiation. Our job is to teach and guide, teach and guide. Without you, no progress would take place. This is not our ministry, we merely serve it. It is yours. No coach has ever won a game. It cannot be done from the sidelines. We participate to the extent allowed under the rules of engagement for this ministry. You do the work. We are happy with your performance thus far. We are gratified to note that the majority of your growth takes place earlier in the evening in meetings such as this where you trade your ideas, your setbacks and accomplishments freely among yourselves each to take away some grain of understanding and incorporate that into life. We are all here for the experience with each other as brothers and sisters it should, over all, be a good and pleasing experience. Growth is sometimes uncomfortable but the result is good.

Self Perfection

WILL: The love of God surrounds us. The love of God enfolds us. The majesty of God supports us. Wherever we gather, He is.

Good evening, I am your teacher, Will, who loves you.

Attempts at self perfection on your planet I think basically fall into three categories. Those which attempt to reach perfection through exterior behavioral modification. At the opposite extreme those which attempt to purify thoughts. You

might call it the "thought police" approach and third, of course, those which use some of both techniques.

Probably the best example of behavioral modification widespread among people all over your planet is the experience of military service where human physical appearance and individuality is caused to conform to a recommended ideal which is thought to render the human malleable and more likely to entertain delivery of the desired service. The thought policing methods are probably best exemplified by the monastic orders which saturate the targeted individual in an atmosphere where his or her mental capacities are completely taken up with the concerns of the teachings of the group in isolation from all worldly temptation.

I think you can see where I am going with this. We will practice the in between method if it is all right with you. Extremes are not recommended for productive spiritual growth. But I will say that of the two methods, I think we shall concentrate the more heavily upon perfecting ourselves from the inside out. For what we are about, what our proper goals shall be, is not to change the world upon which we live, or our society, or even to influence the sanctity of our own homes. What we are about as an assemblage of individuals dedicated towards spiritual progress is perfecting ourselves so that we are one day worthy to stand in the place of the Universal Father and meet Him personality to personality. This goal cannot be gotten to by works.

We recommend, once again, the never ending process of daily spiritual communion with the Heavenly Father facilitated and expedited by the Indwelling Adjuster's actions and moved forward by the human partner's free will exercise of desire for perfection. Along the way, we will have jobs for you, but that is not the main thread of this development. Even if we were to assign no tasks whatever, chance would provide a near infinite number of opportunities for you to go about the Father's service. Your world is densely enough populated enough now to insure that no humans live in isolation. Rather the opposite is the case. They provoke and irritate one another from too close proximity. So, opportunities abound and in each case the Father with all His servants look on, their attention focused upon the chance encounters of two indwelt sons, the observers hoping that a spark might arise. We think that we have provided the tender. You must provide the spark. We will assist you.

That is all I have to say. Until we meet again next week, keep up the good work.

Lesson For Young People

In the beginning, or maybe even before that, there was always God. He was perfect: smart, wise, fair, kind, and able to see into the future. There was this one thing, though, that He thought would make everything even better -- someone to share with --

so He filled Heaven with companions, angels and such. They are pretty much like us, with a beginning, and they live forever. They have jobs, like us, only they do God's work.

The great gift He made to them and us is free will, the chance to make up our own minds, even if we are mistaken or if we want to do wrong. He trusts us to learn from the bad feeling of our mistakes. Angels make mistakes sometimes. The Lucifer story is the story of a bad mistake.

But God thought it through so far that He made a creature so different from Him, so almost-opposite, that it is almost an animal. That is us. Of all the smart creatures, spiritual and physical, He gave us a chance to get better and better, never stopping, until we make it to Heaven. And He made a special gift to each of us, to make sure that we can make it with or without extra help. He gave us each a little sliver of Himself, to give us a taste of perfect. That's what really makes us different from our animal cousins -- not because we live in houses, they do that; not because we wear clothes, they do that; not because we talk to each other, they kind-of do that; not because we think, they probably do that. What makes us different is that we always know that there is a right thing to do. We can't always see it; sometimes we never find it; sometimes we don't care about it; sometimes we refuse it; but we always know there is a right way. That's why we're not animals any more. It's the Father-fragment, that sliver of God, that makes us know about right.

Everybody knows about right-and-wrong. Grownups talk about it, tell you what's right, what's wrong. But grownups are wrong sometimes, sometimes they're mostly wrong. And even then each person knows what is right -- no matter what other people say. That's why we are human. That's why God loves us. That's why some people say we are God's children, and He is our Father.

A good parent lets you do things for yourself. A good parent lets you make your own mistakes, and lets you learn at your own speed. A good parent shows how it's done right, then gets out of the way. A good parent teaches about the important things, and lets the little things take care of themselves.

God is always busy, but never so busy that He can't listen to us. What He says is hard to understand. Most people think He has never spoken to them. But He helps us from the inside. If we trust ourselves, and work at what is right, everything will work out. We won't need to speak in words. We will be living with God -- always a happy feeling.

That doesn't mean it will be easy. We are not like Him -- not yet anyway. And He knows it's hard. So He sent His son, so that we would have an example to look to.

His son was born as an ordinary person. He gave up all his God-powers, and was born into a human family as a little helpless baby. He was called Jesus, just a regular boy in a regular village, with parents and brothers and sisters in a stone house with a dirt floor. He didn't grow up rich or spoiled or fancy. He didn't go to private school, or get special treats because he was smart or handsome. He was just a regular kid, with all the problems of every other kid, and maybe some extra. His mother told him one thing was right, and his father said something different. But he made it through all right, just like everybody else. He had friends that helped him, and bullies that picked on him, and girls who liked him and others who didn't. He never had a lot of money, and he always had a lot of work to do. But he had one thing that he paid special attention to: he felt sure that there was always a right way, and he worked on that, thought about it, talked to teachers and old people about it. And later on, when he was older, after thinking for so long about what was right, he found out who he was. All the things he did, up to that point, are the things we should all do too. That's just ordinary stuff, for every one of us. Jesus proved that any ordinary person could know all about God, just by what was inside.

And if he could do it, so can each of us. He went back to his place in Heaven, and when we feel like we can't take it any more, we can always speak to him. He knows. He understands. That will help us get back on track.

Well, everybody gets to make up their own mind about these things. You might think this is baloney, or some dumb grownup stuff, but it's not. It's everybody's stuff, and it doesn't matter if you are a kid or a grownup, this stuff never changes -- you just get busier. Pretty soon, you can train yourself never to think about this stuff, but it's always there. It sneaks out, and you find yourself thinking about right again. Can't stop God, you can only look away for a while. Maybe when you find yourself wishing for something right, you'll feel that connection. Know what it is? It's God calling. And if you do right, it can change everything.

Getting Serious About Stillness Practice

We are approaching our anniversary passage. We used this long stillness exercise to attempt to examine your practice. I think that this would be a good point to exchange questions and answers about individual stillness practice since that is the key to our entire effort. If every person chooses to participate, it will take at least two Sunday meetings. So during this coming week please make an extra effort to attempt the stillness and compose a question relating to your own practice. We will begin next week.

Its not always comfortable being alone with God. The experience is usually full of intrusive thoughts. You wonder where to put your feet, how you should hold your mouth, if you should think some certain thing or not think some certain things. It is difficult to instruct people in what they should do. We have had almost a year of

discovery. I think it is a good start although I will tell you frankly that regularity is more important than success. It is never time to sleep on your awards.

The stillness practice, in one way, is going into the quiet place in yourself. Many people find this place to be theoretical. They agree that it must be somewhere but all the doors look the same. For most people, successful stillness practice means marking the door. Once you move away from the door you are subject to all of the other factors of life. The times that you are excited, the times that you are relaxed, the times that the pressures of daily life catch up, the times that they are discharged. The times that you worry about the things that have yet to pass and those that already have. When you find the door with the mark on it, straighten your back and open it. You see nothing. This is frustrating to most people.

I think the best description of it is standing on the bow of a large ship so far above the water and so far projected forward that even the ship's prow, cutting through the waves makes no sound that reaches the listener. You look out into the fog, all your senses keen and there is simply no information. No thoughts, no vision, no smells, no sounds, no feelings. And yet, you are surrounded with concern and love and guidance. We are prohibited from interfering with the time you have with the Father.

Communication, when it develops, is not at all like this experience. True stillness identification and soul connection with the Heavenly Father. Communication with one of us is a busy affair. It's full of mistakes, suggestions, ineptly phrased remarks and information that generally leads the human immediately off upon unproductive tangents. Stillness is pure. Communication is like a library in a foreign country and it is not quiet. It is a messy business. Stillness is asked. Communication is offered. They are not the same. In fact, they have virtually nothing to do with one another. Stillness will prepare you for communication. It doesn't work the other way around.

So, we approach an anniversary. It is time to get serious. That doesn't mean we won't have jokes. It doesn't mean we won't make mistakes. It is time to get serious about stillness practice. Next week we will begin discussions. This week try to get a mark on the door that will last so that you can come and go as you please. Finding your way back is always a problem. Until next week, Shalom.

Questions and Answers on Stillness Practice

WILL: The love of God surrounds us. The love of God enfolds us. The power of God supports us. Wherever we gather, He is.

Welcome and good evening. I am your teacher, Will, who loves you. [Telephone rings, answering machine answers, caller leaves a message.] There's always

communication. Thank you with your indulgence with our long stillness session tonight. For some of the group members it is the only stillness practice that they do, so, since this is a powerful setting for stillness practice, we like them to have good and deep experience. We have observers tonight; many spirit teachers are interested in our group as they would be in any group which approaches an anniversary date. A measure, by some standard, of how far all of you have traveled in approximately one earth year. We know that all of you feel that this is so. Your presence proves it.

Well, there is no particular way that we should go about this commemorization of this milestone. Any method that you prefer will be acceptable. We will try to respond within our limitations. As you have probably discerned by now through your stillness practice, the limitations are becoming progressively few. You are earning your way toward Heaven. For the moment, I would like to limit our question and answer discussions to those matters directly related to stillness practice since that is the thrust of our ministry. You have all developed far enough that private meetings, properly recorded and made available to other group members, will be suitable as methods of inquiry into private areas of interest. For now, the floor is open. Question away.

HAL: OK, I'll kick it off here. I've noticed in stillness practice two different feelings or two different feeling qualities that stillness tends to have and each one seems to have a characteristic, I guess I would call it a spatial orientation. One of those is more of an inward going feeling maybe centered roughly around the heart area. It often seems very stable and calm, a relaxing experience.

The second kind of feeling is more of an outward and upward feeling roughly centered around the forehead and then up and out. It often seems to be sort of a, something like approaching a worship experience sometimes, often high energy, feeling of energy coming down or into you, things like that. I was wondering if you could comment on these feelings. What they correspond to in reality, if anything. If one is better than the other, that sort of thing.

WILL: Second scenario first. The sensation that you perceive connected to your head with an invigorating quality is the spirit gravity pull centered in the Son - the Eternal Son of the Trinity. Many people understand the concept of spiritual gravity as a one way, mono directional, flow, but this perception overlooks the fact that there is a feeling of discovery and a feeling of momentum connected and those feelings cause invigoration of the human who experiences connection with spiritual gravity.

Scenario one, second. The Indwelling Adjuster, though not possessing qualities which we would describe as personality qualities, is nonetheless cut from the cloth of the Father. The Father, primarily, is a loving creature. It is inescapable that the fragment separated from Him which lives in you should cause profound feelings of oneness and identification, openness and love. Does that answer?

HAL: Yes, that is very helpful, thank you.

WILL: Next question.

JOAN: I have combined some prayer and visualization at the beginning of my meditation then basically done TM without the mantra. Biofeedback has shown that this produces alpha waves and a feeling of deep relaxation. Is this deep silence a suitable platform from which to focus a reaching to God without and the fragment within and is the purpose of this practice to grow closer to God and synchronize my will with His? And can I use this same silence platform to focus on listening for inner guidance or would it be better from a shallower level of meditation?

WILL: Transcendental meditation and similar techniques of meditation are recommended except to the extent that they lead to obliteration of consciousness. Obliteration of consciousness is a difficult concept to convey. So long as your transcendental meditation does not fall below the state of relaxation with a feeling of readiness to it, with a feeling of potentiality to it, you do well. An absolute requirement of stillness practice, as taught in this ministry, is consciousness. You must be conscious. Therefore we attempt to discourage people from becoming entangled in elaborate schemes of self projection or identification with natural phenomena or celestial bodies in the astronomic sky. Or practices such as astral projection. Where you are, who you are, is always good enough for God. You need not remake yourself. God loves you anyway.

God's communication with you is not conveyed with human words; certainly not in the English language nor any language that we recognize. God's communication is spirit to spirit; spark to spark; forehead to forehead; palm to palm. You are becoming progressively spiritualized. As you make progress, your communication with the Father is more complete, has more depth, more breadth of front. You are increasing your contact area at the point of intersection with results that I will leave to your imagination. That, too, is part of the experience.

It is not necessary to think certain thoughts or to listen to certain sounds or even to hope to identify and repeat certain feelings which are naturally spawned by the active communication, person to person, with the Heavenly Father. It is enough for you to earn all the necessary stripes simply by making yourself available. That is the most important part. Make yourself available for God. What you do or don't do or try to do in addition to that simple fact of availability is trivial. I can say with absolute authority that God appreciates you. He is waiting to share Himself. He is ever polite in His mannerisms. By making yourself available, you invite Him to enter your life.

Through the process of age and the normal ups and downs of life which vary from hour to hour, great variety is experienced in the type and tenacity of connection available with the Heavenly Father. It is meant to be so. Jesus of Nazareth did not have a certain mentality or point of view which he maintained all through life. He lived the full range as a human and he experienced exactly the same surge of emotions, joys and disappointments, irritations and happiness that each of you experience every day. It was not necessary for him to go to any particular place in his personality in order to communicate with the Heavenly Father. To the extent that you somehow identify a practical and productive place to which you go to make yourself available to the Father, then we encourage you to utilize that, yet we will say that it is not exclusive. The Father is always there. The only limitations on your communication with Him are those which you impose upon yourselves. This doesn't have to be a dreary exercise. There is no reason why communication with the Father should not be lighthearted, happy, full of snickering and jokes. Availability is the key. Is that satisfactory?

JOAN: That is a beautiful answer, thank you.

SUSAN: I think many of us, on occasion, are disgruntled when we try to practice stillness, which implies, no, which specifies stillness. We close our eyes and lots and lots of other thoughts come in and the harder we try to keep from thinking of daily things the more they intrude. We begin to feel like we are not getting anywhere and we give up in self disgust. I don't think that I am alone in having that feeling on occasion. Do we just keep sitting there and hope for the best?

WILL: You know, by design, you are intended to be thinking creatures. Your thoughts are one of your chief products. I heard many good thoughts tonight. Traded. Traded up, improved upon, so that they became sort of a currency amongst the members of the group tonight concerning death and the afterlife. You might even say that thoughts are a part of the currency of the universe. You know, in the afterlife, people are not exclusively limited to profound thoughts. [Laughter] It is the interchange of ideas expressed as thoughts that provides the vehicle for people to gain experience, to gain understanding, to gain a modicum of wisdom without having to endure the necessity of individual discovery of every facet of the universe. In order to arrive on the shores of Paradise, it is necessary to have seen all and to have grasped all, but you all also know that you have but one material life to live and so you are not chained to the personal experiential collection of all evidence in order to reach the ultimate goal. That is why I can say that thoughts are part of the currency of the universe.

So we do not prescribe that you attempt to stop your thoughts. Stillness, like life in general, is about keeping your mind on the most important thing. It is not necessary to root out all your thoughts. Simply let them pass through. They are only bit players on the scene anyway. One of the design flaws of the ego is that it attempts to organize things for which it is unfit. The ego tries to extend its authority into areas of the

personality where it is not properly designed for preeminence. The human ego will attempt to organize and thereby inescapably trivialize spiritual experience. It will seek to categorize and pair off in polar opposites those experiences which might otherwise be quite productive to you. The ego does this any time you focus attention and is naturally intended to function in this manner. If, however, rather than focusing your attention upon any particular thought, which the ego naturally interprets as needing some organization, then that thought will float past and off the stage. Do not vex yourself over your thoughts. We recommend that you attempt stillness practice for ten minutes at a time. Twenty minutes at the outside extremity. If you find that you are burdened with extraneous thoughts during your stillness practice at a regular time each day, experiment with the time frame in which you practice your stillness. You might find a certain time of the day more conducive. Does that address your concern?

SUSAN: Yes, thank you and I have found occasionally that trains of thought lead to insights sometimes so, yeah, thanks.

WILL: Next question.

KATHY: Could you address the phenomenon of pressure that some of us experience.

WILL: The pressure that you feel is a physiological manifestation in changes in magnetism which are occurring as a part of the reencircuiting process. Because of the large salt water content of your blood stream system, your bodies are peculiarly sensitive to ionization and subtle changes in the magnetic surroundings which are manipulated from time to time mostly as a result of the comings and goings of certain spirit personalities. [Dog barks, laughter] The simplest way to describe it is as if a magnet is passed through a field of charged particles. Every particle in the field feels the pull of the passage of the magnetically charged object depending upon proximity. I do not believe we have caused any pain to anyone and I can see that it might be somewhat disturbing but I assure you that it is not biological manipulation of individual humans. Rather it is a consequence of other personality activities. For the moment that is all I can say on this topic.

KATHY: While you are on physiological things, the second thing I experienced at one time, especially when I was practicing more regularly, was a sort of a G force and a feeling of going upwards and it was always followed by definitely a quickening and a better feeling at the end of that. Is that also included in that sort of thing or is it strictly a psychological phenomena?

WILL: No, I would not describe it as a psychological phenomenon. I am fairly certain that what you are experiencing is the same as your colleague, the connection with spirit gravity to which all self aware creatures are subject flowing individually to them

from the second person of the Trinity. One more question tonight.

SUSAN: A quicky. This seems maybe real simple but are prayer, stillness and attempts to be available for communication three separate entities? Yes or No. If so, we set aside more time.

WILL: [Loud dog howls continue] Creatures are stirring.

Readers of this transcript will be puzzled if we do not define our terms. For our present purposes, stillness is a technique of prayer. Prayer is an awfully large concept. Ideally it should subsume our entire lives. For purposes of this discussion though, we should perhaps call stillness a subset of prayer. Stillness not being anything concerned with petitions or supplications or entreaties or attempts to solicit favor or benefits for yourself or anyone else. Stillness is communication with the Father. He talks, you listen.

Making yourself available for communications with other personalities is supplementary to stillness practice. It is possible to forgo stillness practice and only communicate. Most of you will find this very difficult and I think I can assure you that you will not find it particularly satisfying although I do not expect you to believe me. Communication is generally puzzling, disruptive, disturbing and the cause for more doubt than previously existed. It simplifies nothing and usually complicates everything. However, communication is essential to the progress of this ministry, at least until members of this group begin to have some preliminary and reliable communication with their individual Indwelling Adjusters. So, the short answer is yes.

My connection grows thin. Let us continue these discussions next week. I hope you have found our exchange tonight productive.

ALL: Yes, very.

WILL: Until next week then, I wish you well and encourage you to return to regular practice so that we can all get on the train together. I love you all individually and collectively you amount to far more than even you estimate.

Shalom.

More Questions and Answers on Stillness Practice

WILL: The love of God surrounds us. The love of God enfolds us. The power of God supports us. Wherever we gather, He is.

Good evening once again. I am your teacher, Will, who always loves you. I enjoyed your comments tonight. I found particularly instructive your comments on the

dearth of comments from last week's meeting. I will say that it does not indicate anything particularly valuable that people should have immediate comments or immediate perceptions responding to the teachings offered in our meetings. There is great variety among people. We are particularly pleased with this group simply because of the variety of people gathered here tonight. I have great confidence in the teachings we present in these meetings yet I am unable to calculate their effect upon the individual members of this group. That work is in the realm of the Adjuster.

If it is alright I would like to describe, in some detail, what I consider to be the human problem each of you faces when intersecting with the spiritual world. If we look at the material universe, the worlds of trees, animals and planets, as a horizontal universe extending out in every direction to infinity on a flat plane. By contrast, we might see the spiritual universe as a universe intersecting the material at right angles. You might think of the material universe as a stage and the spiritual universe as a column of light shining down from directly above. You are on the stage. Where do we see the light? Where it intersects the stage. How do we know it is light? Because it intersects the stage. The onlookers from a similar horizontal perspective cannot see light falling directly upon the stage. Occasionally they get glimpses, motes of dust and smoke which happen to pass through the beam of light, but, for all practical purposes, the light can be seen only where it strikes the stage. That is you.

Each person's life is the intersection of that column of spirit light with the horizontal stage of the material life. You are creatures of the horizontal universe. When you look out, you look out upon a horizontal universe. It is really all you know. Yet the ministry of the Adjusters, kindly and lovingly provided by the Heavenly Father, is the hint that another universe lies beyond having virtually nothing whatever to do with the horizontal and material universe. If you but look up, it is blinding. It is all encompassing and it draws you on like a magnet. That is the function of the Adjuster, to reorient your awareness from the strictly material toward the purely spiritual.

Well then, where are we, personalities such as myself? We are out there in the ether. We are the dust. We pass through and, occasionally initiate some effects. The fact of material life among humans, the human species, blessed with a gift of personality lends itself to a kind of fortification of the characteristics of personality is to define the beam of light, at least at the point of intersection. And the personality tends to fort up within its own illuminated space. We call this selfishness. We call it introspection. It is a natural process. It has occasional negative effects, however. The chief negative effect is the isolation from companions in the material life experience. Therefore we have emphasized in the past a concept of assigning interpersonal communication responsibilities to the Adjuster, an active neutral. We have encouraged you each to allow your Adjuster to lead interrelationships with your brother's and sister's Adjusters. Even though it is true that you can know God as He is meant to be known, as He desires to be

known, solely upon your own interconnection by means of the Thought Adjuster, that is not all there is to the spiritual universe. For your place in time is but one beam of light and there are countless. It is necessary for each of you to go beyond the walls of the court and walk out into the dark. I think that you will find when you attempt this that the light will travel with you. These are my words for you tonight.

I understand that you have questions. Let us proceed as we did last week. First question, please.

DENNIS: Will, I have a question. Last week you mentioned that when we meditate we should meditate for no more than twenty minutes. Sometimes I meditate in a darkened room and I am not always aware of how much time has transpired. Is there any danger in getting too much of a good thing?

WILL: The term "danger" would be inaccurate to use to describe the situation. Let us describe it like this. We are just beginning. Availability for the Heavenly Father is what is desired. Next, regularity is desired. By this we do not mean any specific frame of mind or attitude or mind set nor do we mean any particular time of day. By regularity we mean only a good and faithful ordinary attempt to practice on a regular basis. Because we are beginning, we feel that modesty is an appropriate goal. Ten minutes is asked, twenty minutes at the further reaches. Our experience in observation of people in your society in this period of history is that substantially more than twenty minutes is likely to be unproductive. This does not mean that to practice longer will be offensive in any way. It is just that statistically it has been shown to be unproductive. We have experimented with this at great length. Do not trouble yourself over the amount of time. The Heavenly Father is always willing to communicate. It is not necessary that you should say any particular thing or think any particular thought or pursue any particular notion. Your simple availability is how it all begins. He appreciates it. There is no point at which the Heavenly Father will turn His face away from one of His children. You can do no damage. Satisfactory?

DENNIS: Yes, thank you.

WILL: Good. Next question.

HAL: I was wondering, Will, if you have any comments about physical posture during silence practice.

WILL: There are a few parameters of psychological and physiological character which have effect upon stillness practice. We prefer, for example, that you do not attempt stillness practice when you are near the extreme reaches of physical effort. At such a time your body needs sleep, rest at the very least. The Father will not interfere with that. Neither should you take on a large dose of stimulating drugs, such as tea or

coffee. That situation would be equally unproductive as a polar opposite. Nor would it be especially effective if a person was in a great agitated emotional state, although we will say that stillness is generally the proper remedy for agitation and should work to swiftly bring you back into balance with your normal self. Such does not equal communication with the Heavenly Father, however. To answer your question, then, I will say that the ideal would be an attitude of relaxed alertness. We have many times remarked that stillness practice must be conscious and in simple fashion it is easy to figure out that certain body positions are more productive of relaxed alertness. In a general sense body positions that tend to interrupt the flow of physical energy also tend to produce - I am searching for a word - impairment of the flow of energy. This will cause a necessary diminishment of the available body energy with a negative effect upon relaxed alertness. We have no preference for body posture but in its most basic form I would say a person should maintain an erect position, relaxed with the limbs in some natural resting position and not twisted, tied or knotted in any particular mystical fashion. Does that answer?

HAL: Yes, thank you Will, that's helpful.

WILL: Next question.

JUDI: Will, this is Judi. I'm sorry I couldn't be here last week but I did listen to the tapes and read the transcripts so, as a fellow teacher, I just wanted you to know that I had prepared for tonight's lesson. As I was reading over the transcript I came up with four statements that I think are true and I would like to check them out with you. So, I have four statements that I would like you to respond to and then I have two questions.

The first statement is that our vehicle for spiritual growth is stillness, our connection with the Father.

The second one is that by making ourselves available to the Father, that's the key to the stillness but it doesn't have a specific form or format.

The third one is that the more we can listen to our Indwelling Adjuster and be sensitive to guidance the more we might be able to trust our own insights about our daily lives and get our lives more in tune with the Father's will.

And the last one is that as we approach the anniversary date of this group it occurs to me that we have spent a great deal of time trying to understand communication because it is a phenomena that's novel to us but we are just now beginning to realize that stillness should be the important focus of our attention. Can you comment on my four thoughts?

WILL: I embrace themes two, three and four exactly as you have stated yet I will

offer a refinement about stillness practice as the method of spiritual growth. Long ago on your planet people in the Northern Hemisphere recognized that although the picture presented among the stars in the nighttime sky was changing throughout the course of the night, there was one star around which all things rotated. That one star was reliable. It appeared every night in exactly the same place and, no matter the motion of the other stars, that polestar could be relied upon until the morning sun dawned. The polestar is not a bright star. It is rather dim, but it is just as reliable. Knowledge of the polestar made life more reliable for those people. It did not make it any easier. They had a more sturdy tool for navigating the passages of life but it did not take them there. They had a method of transiting from one learning experience to another, but the polestar itself did not provide the experience. The polestar provided the opportunity.

You are responsible for your spiritual growth. The First Source and Center has provided you an opportunity. He is reliable. He is always there. Even when the blazing sun rises, He is still there, you just cannot see Him. Your reliance upon that polestar is a tool for navigating the passages of life. It is not life, itself. That is necessarily within your realm.

Questions?

JUDI: My first question is, I appreciated your distinction between communication and stillness and your analogy of standing on the bow of a large ship with an image of a fog around me, was helpful. I have tried to visualize during stillness times and I've tried to concentrate on things inside my head. How can we measure success? How do we know we if we've made the connection with the Father, so that we can attain it again?

WILL: I will say this, and I do not mean it to be harsh. To recapture, to repeat experience, in general, is a bad idea. The necessary function of ego will overtake the repeated experience and trivialize it for you. There is no way to know whether a person is making fast progress or slow progress or progress on a tangent. Even if I were to counsel you, it would be worthless. What you seek is in the realm of the Adjuster. The Adjuster is your guide. The lessons presented may or may not prove productive. But I think I can guarantee that the method in which the Adjuster operates will always contain an element of surprise. The Adjuster, by nature, can be nothing but spontaneous. This is a discomfiting situation for the human and explains, in large measure, why people have created bureaucracies to administer the relationship between man and God. There is no such thing as comfortable spiritual growth. It is always disturbing. It is always provocative. But the result is usually happy. Does that answer?

JUDI: I think so. I'll have to think about it and read the transcript. My second question is, last week you addressed the pressure that some of us feel and I found that to be helpful but what I feel is a tingling especially in my forehead. At first I interpreted

that as celestial presence and I wanted to know if that was the same thing as the pressure that some of my friends feel. Sometimes I feel it in the middle of a meditation and sometimes in the middle of a busy day when I'm not necessarily thinking of spiritual things and I would like to know if I should I pay attention to it or is it just something that is hanging around?

WILL: [pause] Adjuster activity is the cause for your sensations. Because your preferred method of interaction with the world outside is through an intellectual format, your Adjuster is attempting to create additional access space for brain function which is under your control. As opposed to the general undirected and unused brain potential, which most people never properly organize. [pause] The Adjuster is trying to facilitate your preferred method and deliver to you all the thinking power you desire and more. Your Adjuster intends a lesson. But, of course, it is an experiential lesson. You do not find these changes threatening, do you?

JUDI: No, I generally find them pleasurable and comforting.

WILL: This is an area in which I am not fully informed. Let's take a short break.

[Discussion ensues about ending the meeting at the break because of the lateness of the time. It is decided to get Will back to say goodbye to her before we leave.]

WILL: I thank you for your thought. Goodbyes, like introductions, are important. The Father does not desire a great deal of ceremony; loving attention is enough, but greetings and partings are important. So I thank you for the opportunity to say goodnight and we will continue our question and answer sessions until every member in the group has had an opportunity to ask at least one question regarding their personal progress and any questions they may have about experiences, sensations or insights.

I relish your company. I look forward to our next meeting. Until then, may God keep you and walk with you.

Shalom.

First Anniversary Message

October 25, 1992

MICHAEL: One year ago only a few feet from the spot where we are now meeting a group of long known acquaintances sat. You each knew, in some detail, the history and irritating characteristics of your fellows. You welcomed a stranger who brought my message, a message designed to serve as good news, to lift your spirits, to set

your feet on the higher path. You welcomed that stranger. You listened to my words. Then, in turn, you welcomed my teacher, a daughter of God named Will who has faithfully served me and you as a presenter of my humble message.

I see now that your feet are firmly on the path. I see that you have the beginnings of understanding of my teaching. One thing remains. I ask you to pick up my lamp and hold it high, the better to illuminate the way not only for yourselves but also your companions, those yet unknown to you whom you chance to meet along the path. I ask this of you because I know you are up to it and, as you pass me, I shall hold the doorway open for you. Your journey is just beginning. It is the only path with heart. You are remaking yourselves with the goal of perfection itself. I salute you. Godspeed.

Until we meet again, I am Michael and I understand.

Don't Neglect the Father

Most people on your planet are not focused on the spiritual, but are more attuned to the material aspects of life. Many times it is hard to know what to do or how you do whatever it is you are lead to do spiritually. We are all just becoming. It is of no great import that you perform an act on occasion that is consistent with the Father's will. It is much more noteworthy when you are able to do so on demand, as a matter of course - in every situation. While it is true that you do not earn your way to Heaven, your actions are evidence of your spiritual progress, your level of understanding.

It is hard to recognize a spirit growth opportunity and that is why I have described such opportunities as situations that demand. We've said before its like rounding a corner or stepping out into the street. Suddenly, there is a choice to be made. Skills developed by the material mind are not always applicable to the confrontation demanded by this choice. That is the importance of stillness practice. The material mind begs to be instructed. The material mind insists on an example. The material mind asks for leadership. You all know by now that it will not be the way you desire. That is the value and importance of stillness practice. In your time with the Father you are plugged in to the whole. Make yourself available for whatever light and love He can shed on you.

Look how we fill a container. No matter how much medium, it always fills from the bottom up. You are like that too in your spiritual development. Frequently your practice is irregular, intermittent because you don't see that you are topped off; that you are being filled from the bottom up, as your opportunities arise. You have no appointment. No briefing, no warning. Suddenly its there, a choice. How will you conduct yourself? We suggest the example of Jesus of Nazareth who showed the world that the Father's currency is love. That coin is spendable throughout the universe. When confronted with a choice, elect the option that has the most love to it. That will always be

the Father's way. It is the essence of the Father's will. To love one another wherever and whenever possible. There is no abasement to do so. Treat each other with loving concern. Help one another, respect one another, acknowledge one another.

Where the path forks, the way with the most love to it will always be the Father's way. The society in which you live is a busy one. People crowd in above and all around. I detect that it is frequently a lonely society. People are isolated. They feel unwanted. They feel that no one really cares. True enough, isolation is not good for people. Fellowship and kind regard is the way. There is a fork in the road. It's not what we will do. The doing only contributes to our becoming. Our deeds are merely demonstrations. They are not tests. They indicate to our brothers and sisters where we stand on the path. They are helpful to us so that we can sometimes see the progress that we have made. So let us think about what we shall become. Let's think about what we will become on demand. Let's tune our antennas to the choice in the path that has the most love in it, that way we can't go wrong.

Don't neglect the Father this week. He's waiting. He's always willing to modify His schedule. He has an infinite amount of time anyway. These are my words for tonight. Let us play question and answer a bit more. I open the floor to any who have not yet asked a question in this round.

VINCENT: Will, this is Vincent. I have a question on the stillness. I believe that as we do the stillness, whether we feel any sensation or not, that it is contributing to the construction of the spiritual foundation within us. Am I accurate on this?

WILL: Absolutely correct. Sensations are likely to be misinterpreted anyway. Spiritual growth will find its out in the mental processes in your approach to your brothers and sisters and in the expansion of your capacity for love and kindness toward all with whom you share the material experience. The pursuit of sensations in no way differs from the ecstasies sought by the mystery cults of times past. It is a byroad. It is not necessary for you to feel, see, hear, smell, or shiver with any sensation to hear the word of God ring true in your heart. You are opening the door. What lies beyond the door is unfathomable except with spiritual eyes. Your material body is of no use whatsoever.

SOLDETTE: Will, this is Soldette and, at the risk of sounding like I'm whining, I don't know what I am supposed to do. I know that you probably know that I have been inconsistent with the stillness practice and I try to stop the thoughts. Am I just supposed to sit there and try to void everything?

WILL: At this stage you will benefit more from regularity than from the application of any particular technique. Do not attempt to rule your thoughts for you will merely be combating one thought with another thought which is parried by another

thought and thrust across with another thought. And in only a moment or two you will have sunk into a morass of warring thoughts. I prescribe regular practice first. Everything will settle down. It takes time. I do not mean this to sound harsh, but those who will not take the time will find the way going very difficult indeed. It is human skill to calm yourself. It is a human reaction to fill up all the empty spaces with chatter. It is merely your soul desiring company. You can get control of it, but you will not control yourself by warring upon yourself. Sit quietly and wait. Peace will come. Do you think you can do that?

SOLDETTE: Yes.

WILL: That's the spirit. It will all work out. Everything works out anyway, but time is wasting. Next question.

SUSAN: This is Susan. Vincent's question and your response made me think of something and I wonder if this is correct. You talked about not seeking sensations and so on and what it made me think was, do we go into that stillness somewhat on faith that God is talking to us whether we are understanding at that point or not. Is that a correct interpretation?

WILL: Heaven speaks not a word but acts always. God cannot be limited by an earth language. He sent His son to show. He will communicate to you spirit to spirit. There is no other way. That communication takes place by the rules of the universe of which you are only rudely acquainted. It is fine for you to speak to Him in words. What comes back to you is love. Is that any better?

SUSAN: Yes, I think I understood that.

WILL: Next.

Deanne: Will, this is Deanne and, although I almost prefer to remain anonymous on this question, I want to ask for the benefit of myself and maybe others who wouldn't be brave enough to ask. I need to know if a person is under the influence of alcohol or marijuana or some other drug, and I don't mean to the point of being totally mindless, but that they use to relax, does that interfere or somehow hinder your ability to receive spiritually if you are doing stillness during that time period or any time close to that? Can it enhance it, although I am more concerned with the fact that it is possible to have a negative effect on it.

WILL: Considering liquor as a type of drug, the effect of all drugs upon the human is to render the human more or less senseless. You're not damaging the Heavenly Father and the effect on yourself is only temporary but your ability to recognize the results is hampered. The short answer is, the process continues unabated. The time is the

most important thing. Functionally there is little difference between stillness approach from an attitude of natural excitement or natural depression or unnatural sedation. The river of love flows over all. It is unstoppable. Your ability to perceive it, perhaps diminished. The Father prefers that, when humans report for duty, that they bring with them their full complement of wits, but the most important thing is that they are on duty. I think that is good enough. Another question.

[long pause]

We will continue this next week. When your opportunities arrive this week, it is the path with more love in it. That will always be the Father's path.

Shalom.

Open the Door to the Father Through the Stillness

WILL: Several of the Christian churches recognize the glorified man, Jesus of Nazareth, as the prince of peace. It is not by accident that he is so known. For the peace of the Universal Father is an elementary part of the bestowal of the Father's love. After the Master's departure from the life in the flesh, after the bestowal of the Spirit of Truth, his followers were possessed of a desire to go out and speak to the people. What was the nature of this desire? It was not a compulsion. We know that God does not work like that. It was not a command. God doesn't work like that, either. Those men and women were filled up to the very top, to overflowing, with the Heavenly Father's love. The possession and realization of that love engenders peace in the human heart.

There is no description for it, yet when you open the door to the Father in stillness practice, you are inviting the reception of the love and the peace that flows from it. Those men and women were made bold because they were so secure, so certain, so sure of the rightness of the knowledge of the Father and the teachings of the Son that they could not sit on that knowledge because they were sure and secure and at peace with the cosmos, they could go out into the streets among friends and enemies and speak of God and His affairs with authority.

One of these days you will be like that too. The day will come when you too will be filled to the point of overflowing with God's love and the peace that flows from it. That is where we are headed. We have the luxury of time. It is no good to rush into these things. Some Sunday evening when we share reports it will come out. A certain person did this or that and this was the result. We know from our reading of the Urantia Book that where great change is experienced, transition is required. Some of our first attempts might be a little rough, but we will keep on. It is what we are here to do - to share the good news. Stillness makes it all possible. It is a good feeling to be filled to

overflowing.

Most humans have the opportunity only during the raising and training of their natural children to experience such an overflowing love. That is the best example there is of serving as a conduit for God's love. A pipeline straight from God to the other person. It is just what Jesus would have us do. Some day we will be able to feel that same love for all people. That's where we are headed.

Pay Closer Attention to the People You Meet

WILL: The love of God surrounds us. The love of God enfolds us. The love of God upholds us. Wherever we gather, He is. Hello and good evening to you all once again. I am your teacher, Will, who loves you.

Where does the web of human relations begin and end? For each of you individually and for this group collectively it is your history and it is your future, but most importantly, it is your eternal present. I complement you on your daily interactions with people. Do not let the results of those interactions fall below the threshold of your awareness. I think you will find if you examine your past experiences that spontaneous enlightenment frequently comes from the exploration of those chance encounters with those to whom you are a stranger or merely an acquaintance and are not limited to conversations with people whom you know well. Over this coming week pay closer attention to the people you chance to encounter. The bank teller, the waitress, the clerical staff in your offices, the people you meet or whose paths you cross on the street, your colleagues with whom you would scarcely exchange a glance or a word. Each person whom you meet is an opportunity for the Heavenly Father to flex His muscles, to develop Himself and yourself in the world in which we live more richly and more deeply and more completely. By making the human connection you begin to build that network of human relationships which is the foundation for the ages of light and life. Light and life is not imposed upon a planet from above. It is not a program which begins with administrative coordination. Light and life begins with you and already has. It cannot exist except with the knowing acknowledgment of brotherhood and sisterhood of all persons.

In order for this to become more than potential, in order for it to become actual, you must become more than passive. When you avert your eyes upon encountering a new person or encountering a known person in the same old way, you are exerting the many leveled denial. You are denying yourself the human connection with that other person. You are denying the Thought Adjuster connection between you and that other person. You are denying that person full participation in the brotherhood in humanity which is the necessary first step toward progress among nations. It takes no special expertise for me to point out that following this recent political change that there appears

to be substantial desire for betterment of things between peoples, yet it cannot be achieved by means of elected officials. It is up to you all to do the work or else there is no structure for the leadership on which to operate.

It is the old situation of openings and closings. Open yourself to people. You don't need to become mushy. You don't need to become chummy with them. But it is necessary that you acknowledge them, for we are all in this together and until every person is fully allowed into the brotherhood of man, the brotherhood remains incomplete. We think you will be pleasantly surprised if you will just exert yourself just a little bit. Open the door and let God pass through. This is the meaning of step two in our three step exercise. The brotherhood that Michael has in mind embraces all. No one is left outside.

So make an extra effort this week to respect the strangers. Mend the relationships with those with whom you work and play. Be alert to the stresses and strains of home life, with the children and elders. Their membership and full participation is just as desirable. No one is to be left out. This is my message for you tonight.

Well, according to our slightly interrupted schedule, this would be the close of question and answer sessions, temporarily. Are there questions among the group members.

JUDI: I have one that I want to ask. If the stillness practice is so important in our establishment of our relationship with the Father, why was it not addressed in the Urantia Book?

WILL: I think I can answer that based upon my own knowledge. The Urantia Book is a revelatory text. It both implicitly and explicitly counsels direct personal relationship with the Father, yet it was thought that the prescription of mechanisms already widely known by several cultures on your planet would cause the Book to be received and analyzed as a manual and not a text. The Urantia Book is for all people. Many readers approach and utilize the Book from an intellectual perspective only. Others find its lessons too profound and disturbing. Others find that it is just right. Everyone finds God, it is just a question of when.

At the time the Urantia Book was compiled and published, this planet was isolated. Under a special dispensation the work continued on the Urantia Book. It was decided ultimately to go to publication in the hopes of providing the cornerstone which would be a valuable reference point for all persons and all cultures, therefore no mechanisms other than the recitation of the techniques utilized by Jesus of Nazareth were included in the text. Individual instruction of humans on the planet has always gone forward on a case by case basis and the Father's Adjuster ministry has continued unimpeded for all time. But it was thought and is still accurate that many techniques exist among the several religions of your planet which are very close to the stillness

practice and it was believed that people would, in a natural fashion, discover those techniques and begin to apply them.

This has not happened to the extent we desired, but then, what has? And so when this ministry began it was felt that rather than offering personal guidance, the correct thing to do, the most productive thing to do, would be to emphasize stillness as a technique for finding the Father individually and in group settings and we have met with some success with this. But we must admit that humans are creatures of habit and regular stillness practice still meets with resistance and the apparent human typical intransigence. Those who are sincerely interested in stillness practice manage to muddle through somehow whether or not their questions are answered. It is not important to understand how and why stillness works. It is only important to do it. It does not even matter what the mental attitude of the practitioner happens to be. It can be no more sophisticated than the burning of incense.

Stillness is about making yourself available to God. He is always available to you. It is not too much in turn to offer Him a few minutes. Even if it rises to nothing more than a gesture of respect, it still works. It is all that is requested. You need do nothing more. But, of course, life can be much more rich and the participation of the living spirit brings its own rewards. Therefore we daily, weekly, from within and without, hammer and chisel and lever and sandbag people with suggestions designed to reveal to them the feeling that comes from greater participation in the Father's creation and in the life experience on the material planets and the feeling of love that flows vertically from the Father above and horizontally among the humans alive. It can be a grand experience. It is not all wailing and suffering.

I do not know to what degree this was all planned. I suspect that it unfolds somehow similar to a great work of music. What is not corrected here is corrected on some other level. We all labor under restrictions. Complete latitude is not thought best for creatures at our level. Stubborn willful expression seems to be as much as we can handle. I could go on at some length, as I have, but I think that answers. Other questions?

HAL: I have a question. Before you talked about how we can allow Thought Adjuster communication to take place in our social encounters and I was just wondering if you could give some suggestions or impressions on how in the hustle and bustle and distraction of those encounters we can allow that process to take place.

WILL: It has been asked as part of your standing charge that you serve as a channel or a conduit for the celestial love to flow. Love is the currency of the universe. It spends everywhere. Not everyone is equally interested in receiving the benefits of Heavenly love or even human love. We all know this from our experiences. But a kind word, a thoughtful gesture, a genuine expression of interest were rugged techniques relied

upon by Jesus of Nazareth to open the doorway between people. I recommend these to you. There is something irresistibly seductive about the company of a person who actually cares about you. It is hard to resist. I think that every person in this group is experienced enough to deal with this in a mature fashion. Not glom it on or come across too syrupy. Subtlety is appreciated. It is a many faceted connection between people.

I often think of it in the way your culture represents fairy tales. The fairy with the magic wand and the touch of the wand leaves the recipient glowing; that glow to be passed on and on to the other people who the recipient sequentially contacts. The Father connection, a gesture connection, the human connection. That's the course outline.

It runs in all directions, like water seeking an outlet. Love is always willing to travel. Its bags are always packed. It's a useful practice to talk with strangers. You will be called upon to utilize this technique all through your universe career. Opening the human connection with strangers and with acquaintances. It is not as tricky as it seems. You can get good at it. Once they respond, then you know that the door is open. That is when the Adjuster can begin. He relies on you getting the ball rolling, then He takes over. He can't do much with inertia. Besides, I'm rather surprised to hear a question like that from someone in a pack of jokers like this group. Humor breaks down many barriers. It is admired. I should have said jokesters, not jokers.

I passed up an opportunity to say earlier, these acknowledgements and these connections between people are the primary vehicle for spreading peace among people. It is the peace of eternity that finds its fulfillment. It is the peace of eternity that finds its expression in the ever widening network of relationships. That is the result of the touch of the wand. That peace is contagious. This world cannot progress without it. And peace among all the people is the foundation for greater intellectual, scientific and social achievements which cannot move forward while rivalry and defensiveness are rampant. If fear is the greatest impediment to progress, then peace is the greatest facilitator. That is all I have to say. Is there one more question?

LOREN: Yes, Will, this is Loren, I perceive at work as I gain and radiate the Father's good will and presence that black people seem to recognize this far more than white people and the response is much greater. Is this because they are attuned with the Father more or just perceptive?

WILL: They have something special. Everyone knows this. Their time in the sunshine has not yet come, but it will. And the very qualities that you detect in them will be their strengths, given new rein, new expression. They have great vitality and an ability at immediacy that many others envy. I won't say more except to encourage you and all of you to develop the relationships that you have begun, to the extent possible. All there is is the people and the potential for growth that they represent. Growth for you and for them.

The hour grows late. I have enjoyed this interchange. We will do it again soon. For the coming week, pay closer attention to those opportunities that you might have passed by. Don't sluff off the people that you always see. They are all family.

Shalom.

Establish a Human Connection With Those You Meet

WILL: The love of God surrounds us. The love of God enfolds us. The love of God supports us. Wherever we gather, He is.

Greetings. I am your teacher and your guide, Will, whose privilege it is to serve with you.

You may be certain that the fact that the Creator Son's bestowal life took place on this planet guarantees that there was no rougher example, no more spiritually bereft or morally adrift planet than this. It has its compensations, however. From the view of an eternal this planet presents the greatest range of opportunity known within this local universe. There is more barbarity, more inhumanity, more desperate poverty on this planet than on any others in this universe excepting those that are equally as bad. We call this an opportunity.

It is difficult for you in your North American society to imagine the circumstances of those living on the perimeters of your planet, those people whose very existence is peripheral, those people who are counted by no census, whose families and names will never be known outside their own kinship groups, who may survive and may not. In your television sets and radio broadcasts and your printed material distribution networks you may be often confronted with depictions of the poverty and desperation of certain parts of your planet, yet I will say that there is no desperation equal to those who are the castaways of your own society.

The people whom you propose to serve through your plans this evening [editor's note: the group planned to feed the homeless the next night] are the rejects of your own society. They know that they are not wanted. They know that there is no place for them. They know that the curtain has come down for them in a way that is different both in degree and in nature from the ordinary tragic desperation of poverty. The people you propose to serve know that they will not ever receive the degree of attention that your own cats and dogs receive as a matter of course. It is difficult for them under these circumstance to maintain any desire for further connection with the human race. Their circumstances compel them to live in their own separate society surrounded by wealth and opulence with full knowledge that they will never participate.

Therefore I direct you, should the occasion present itself, do not satisfy yourself

with the thought of providing them a meal, use the meal as a vehicle and attempt to establish a human connection. Offer them the opportunity of humanity. Let them know that they are not adrift and completely cut off and that they have a place in the human race, straightened as it may be, then you will have performed the work of the kingdom. And I commend you. These are the people the Master referred to when he described the poor in spirit. It is not limited to someone having a bad day or someone who is ready for supper. You are referred to those like these who feel that they no longer belong to the brotherhood of man. Well, let's see what we can do about that. I will accompany you in your labors. Until our next meeting, shalom.

Spiritual Progress Is Like Rock Climbing

WILL: Good evening to you all. I am your teacher, Will, who loves you.

Our God is a great God. We marvel at His wisdom, His insight, His consistency, His thoughtfulness, His rectitude. He has planned well and thoroughly for the progress, not only of humans, but also for other ascenders. The speed of your lives is not the speed of all lives on all planets. Just as a day on Jerusem varies from a day on Urantia, so too do days on other planets vary. The very pace of life is completely different as well as the concerns, the traditions and the approaches. All paths lead in the same direction ultimately. Our Father has thoughtfully provided that even in the process of change from the most base components to the most rarified and pure components, transition is preferred. Never forget that our Father is eternal, that He never violates His own plan or the laws of nature even at the extremities of the universes. Neither do His sons violate the laws of nature. One of the laws that is not violated is that progress shall be sound and steady. It is clear from everything that we have observed that the Father prefers substance over speed. You will note that even that the passage from the material life to the morontia life provides nothing in the realm of revealed knowledge, no challenges to overcome, no information imparted. All that occurs in the transition from the material life to the morontia life is the fact of the survival of the material death. In all other respects you pick up your life again at the exact point that you laid it down in the material realm only the knowledge of the reality of survival has been added and you go on from there.

Compare to this scheme. What can we look for in this life to indicate our progress? You should approach your challenges the way a rock climber approaches a steep rock face. The rock climber doesn't have time to think about how glorious it will be at the top. He or she must get there first. And getting there is what being a rock climber is all about. It is not possible to skip over any of the steps, neither the easy ones nor the hard ones. It's not possible to think your way up or to have your way drawn up with good intentions, or to clamber up through the use of outside devices. You must climb the rock face yourself and it is a matter of small things, tiny toeholds, rock ledges, finger holds

and cracks, some of them perilously temporary, yet they will all be traversed in time. And the ascent is a slow and difficult process requiring great fortitude, great opportunism, planning and courage and the reward is worthwhile. Skilled climbers can do the apparently impossible and they make it look easy. But there is nothing speedy about the process. There is nothing flashy about any of the moves.

It is the same story as always, step by step, opportunity to opportunity. No rock face, no matter how sheer, is a total blank. They can all be scaled. The lives in front of each of you meeting here tonight present varying degrees of difficulty. No matter the degree of difficulty imposed, it is still necessary to scale to the height. Each of you is on your own. We think that each of you has the basic tools and the range of skills necessary and your technique gets better. In fact, it gets easier. But it is not speedy and in order to gauge your progress you must look back. You may be surprised how far you have come, inching along, exploiting those opportunities which have presented themselves to you. Taking advantage of those opportunities which you have developed for yourself.

We are not offering sweeping change. We are not offering dazzling revelations. We are offering solid, laborious progress. But the result is good and the passage is not nearly as dangerous as it would be if we were attempting something foolish, whimsical or immature. When you look back at your lives you can see what great progress we have made in only one year, it will be something like that. This is my lesson for you tonight.

The Melchizedek says, we thank you for your work with the shelter people and commend your efforts in that regard. This week, more challenges. Keep climbing. The Adjuster works inside always to assist you with your thoughts.

Shalom.

How Should You Conduct Yourselves?

WILL: The love of God surrounds us. The love of God enfolds us. The love of God supports us. Wherever we gather, He is.

Greetings to you all and good evening. I am your teacher, Will, who loves you. Over the remaining days of this holiday season each of you should have ample opportunity to come into contact with those who, for reasons ranging from superficial to deep, are open to the communication of the Heavenly Father's love and devoted intention. That is what I would like to speak about tonight.

We have been meeting now for some time and it is worthwhile to discuss the purpose of our continued association. In the past the concept of the Indwelling Adjuster had nearly disappeared from this planet and, for that reason, as an experimental move, the

text now known as the Urantia Book was revealed having that as its primary purpose and, secondarily and most productively, to teach the lesson that every normal person - man, woman or child - can live a life in complete harmony with the Heavenly Father's desires. That the life of His son, Michael, known among you as Jesus of Nazareth, proved that this was ever and forever so. Each of you has found the teaching presented in the Urantia Book to be a solace, an anchor and a base from which to make forays out into daily life. To represent and exemplify your highest understanding of the Heavenly Father's wishes.

Now we have this effort, this communication which has as its purpose the schooling of individuals in a group setting with the aim of preparing each individual to better deal with timely challenges placed before you by the fact of material life in continuing to reveal to your brothers and sisters the Father's love and beneficence. Some of you are eager to be about your own private ministry. Others pale at the suggestion. This communication is designed to accommodate both extremes. People will graduate from our group. New members will arrive. It is conceivable that some may lose interest. But it is thought helpful that we should continue to talk and to meet, to firm up your understanding of what it is the Father asks. It is so simple, yet so difficult to put into action.

The Father stands for everything good. How, then, shall you conduct yourselves? In accord with your knowledge thus far gained. You should treat each other fairly, with good humor, rewarding the higher thoughts, not challenging people's backward beliefs - some of which you also possess. The Father stands for love, kindness, justice, mercy, concern for the children, concern for relations between antagonists and the preservation of old friendships. The Father stands for harmony of the marital home. Harmony between neighbors, nations and planets. Harmony between competing and contentious ideals. But we state now, and positively, that each of you is capable of living your life continuously in the Father's love. We ask, as always, that you devote a minimum of ten minutes of daily silent prayer.

Although your world suffers from tragic consequences of others' past activities and choices it is not we who will overhaul your world. You will. And the only way to competently do so is in accordance with your highest understanding of the Father's essential nature. You cannot go wrong. That is all I have to say. Until our next meeting, God go with you always.

Shalom.

Remember How Much You Are Loved And Love Others Accordingly

WILL: The love of God surrounds us. The love of God enfolds us. The love of God protects us. Wherever we are, He is.

Good evening to you all. I am your teacher, Will, who loves you.

As you go forth this next week and on into the next year, I want you to remember one thing. You are to remember how much you are loved, how much you are cared for. You are to remember how to care for each other. Take that love on to your extended families, to your workplace, to those you meet, to those at the shelter, to the strangers on the street. These are not lessons that are new. They are things we have talked about throughout the year. But it's good to be reminded of them because, from time to time, it's easy to slip back into old habits. If we keep ever mindful of God's love, then it is so much easier to pass that love on to another. It's so much easier to get through a difficult day, when we think everything around us is falling apart. Some of you have had difficult years, a difficult year, but that's now behind. And, as always, staying centered in God's love will ease the pain of whatever you are going through.

It's easy to get upset and forget to stay centered but remember to pray each day. You've already been asked many times to spend that ten or fifteen minutes with the Father. It's so vitally important both for your spiritual health but also for your emotional health. Your society is much too busy to give you the support that you need and you have to pull away from the world in order to maintain your balance in it.

Lean upon Him. Call upon Him. Trust in His love, for you are His children, those He loves. I ask you now to take a moment and as you are sitting here with your friends and think about how much they mean to you and send those feelings throughout the group. For within this group you will find your strength, your companionship, and your help when you need it.

This next year we will forge ahead. It is my privilege and it has been so over the last year or so to be your teacher and I will remain with you as long as I am able to serve you for we will work together for the common good, that of finding God and bringing Him forth in our lives.

I bid you this evening a very happy new year and, from the bottom of my heart, a very kind and happy shalom.

The Beneficial Effects of Stillness Practice

WILL: The love of God surrounds us. The love of God enfolds us. The love of God supports us. Wherever we gather, He is.

Greetings and good evening to you once again. I am your teacher, Will, who always loves you. Now that we have some grasp of the meaning and the purpose of stillness practice, I would like to say a few words about the beneficial effects of regular

stillness practice as an enticement to those who of you who are not practicing regularly or are not practicing as often as you would like.

We could refer to stillness practice as Adjuster tuning. It's like tuning a radio to God's station. God doesn't always come through loud and clear. It depends on the quality of the tuner. But with regular practice, it is easier to find the mark. Before long it becomes an increasingly worthwhile experience. The Urantia Book teaches that the presence of the Thought Adjuster is the source of all human desire for perfection and I think that this is so. Any savage in the forest can distinguish between the relative degrees of utility offered by a stone ax head and a steel ax head. Or be able to distinguish between overripe food and ripe food. At the other end of the scale it's also possible to distinguish between a service which is provided for immediate selfish gain and one provided out of love and respect for the Heavenly Father's desires. The presence of the Adjuster makes all these things possible in a human, for even though it is theoretically possible for an animal to distinguish between good and better, they have no need to. It is not a gratifying distinction for them and this is what, in part, sets humans apart from the animals - the gratifying knowledge of the ability to discern the more perfect.

This is only part of the gift that the Father has bestowed upon you, for an increasing awareness of the beauty of perfection is its own reward and provides the incentive for human conduct with or without any connection to any community, with or without any material reward, with or without any conscious thought whatever. And so I can say with confidence that when you tune yourself to God's voice, you will receive direct and palpable rewards. You will know that they are spiritual rewards because no other person's approval or pronouncement is necessary for you to substantiate the experience. Having once bestowed the spirit of truth upon all men and women, the direct and personal experience of truth is freely available to all. Yet this perception can be improved.

The method which we recommend for increasing understanding of perfection is regular stillness practice. By quieting yourself and making time available for the Heavenly Father in your busy schedule you are allowing, even soliciting, Adjuster tuning. The sad fact is that for most humans on your planet, the Adjuster is capable of acting only during periods of great distress or the cessation of conscious human activity, specifically sleep. And, although a great deal of your earthly life is taken up in sleep and rest periods, it is not the perfect situation. There is no substitute for the conscious embrace of the Heavenly Father's love and beneficence. None of you would go your entire lives without an expression of love and compassion and respect towards your earth parents and yet many people on your planet would treat their Heavenly Father in just such a manner. Worse yet, this phenomenon is observed most intensely in the most technologically and materially advanced societies on your planet.

By this we are not saying that you owe God anything. What we are saying is, you will benefit from the contact. You will benefit with time spent with the Heavenly Father. You would benefit if all you ever did was cease the human chatter for some period of time. This fact is known to many cultures and has been known for many centuries. What we ask is that you consciously make time for God. Make yourself available to hear His voice, to feel the pull of His magnetism, to feel the flow of His love and to attune yourself, however imperceptibly, closer to His plan which only a few personalities in all the universes can comprehend.

Our God is a good God. Friendly. True. His love is limited only by justice and, even then, it seeps through in viewing all His other qualities. Our God, as we understand Him, is primarily love to be shared equally among all His children. By consciously stilling yourself, you make it possible for the indwelling Thought Adjuster to go about the Father's work in a new atmosphere in an arena not available otherwise. And we ask that you view our request, now standing for over a year, for ten minutes of daily silent prayer, as a minimum both in terms of occasion and length of attention. We ask you to consider stillness practice twice a day for the same ten minute period. You are welcome to exceed this. At the moment I think we can safely say that this will not take over your daily life. That none of you are in jeopardy of devoting your entire earthly lives to the Father's service. It is early yet and the road in front of us is long. We make a modest request.

All of you are in the habit of looking for results immediately, but only those results which take time to achieve are really worth pursuit. You should deduce now from your reading of the Urantia Book that there are no quick fixes. Therefore we encourage you to apply yourselves with an increasing appreciation of the amount of time required to effect any substantial change. We think that the indications of this truth are all around you yet many humans fail to perceive this lesson. Everything in the Urantia Book counsels evolution not revolution. Everything in the book counsels transition, not sweeping change.

Our ministry is intended to provide long service. To outlast, if necessary, the material life itself. We shall be working together an awfully long time. I am happy about that prospect and I hope that you are also. But for the immediate future and, at least until we meet again next week, take some time to reflect on the distinctions that you make during the week between good and better, and better and best, which are clear indications to you and to those around you the presence of the indwelling Adjuster and your ability to follow that lead.

Greetings to our visitor tonight. We are pleased that you have joined us both on this plane and on the spiritual plane. The harvest is great. The workers are too few. We congratulate you and welcome you into this brotherhood. That is all I have to say. Until we meet again next week, I love you all.

Shalom.

Something Is Leading Us All To A Greater Appreciation

WILL: The love of God surrounds us. The power of God supports us. The love of God enfolds us. Wherever we gather, He is.

As word spreads, many will be attracted to the promise implied in this type of communication. A good percentage will be disappointed. We are not in the business of providing entertainment for that segment of the spiritual searching community which seeks immediate answers. Speaking for the teacher group, I think I can safely say that we can rely upon you to accurately represent the occasions of frustration, miscommunication and inapplicability of human expectations to this ministry.

In spite of its shortcomings on both sides of the fence I think that all will agree that there is something of value, indefinite and unshaped though it may be, which is leading us all to a greater appreciation and providing the impetus and encouragement necessary to attempt, from time to time, to place our inner understandings of what is right into practice rather than to enshrine those same notions as mere aspirational, but unattainable, goals of conduct and thought. We see sweeping changes in your lives and, while we are not complacent with the results, that is reason enough for us to feel great happiness in the progress that we have made thus far. For any movement to take root, it is necessary that a stable base which is likely to endure is first formed. We think that this group is such a base. You know not what you provide.

You Are Called Into Service

MACHIVENTA MELCHIZEDEK: Certain persons in this teacher group have on numerous occasions expressed the view that the proposition of changing the world one person at a time is too implausible to be realistically achievable within any timeframe conceivable by humans. It has been posited that one teacher group per town will be insufficient, that a teacher for each neighborhood would be insufficient, and even that a teacher for each household would be insufficient - witness the resistance of certain members' lifemates to this effort.

While I am personally affronted by this expression of doubt, I am not personally **offended** by it. In fact, as you might guess, I welcome this as an opportunity to teach, for there is a lesson to be gained here. You humans forget that this one-person-at-a-time restriction works on both sides of the equation. It affects our efforts to carry on this ministry - it is a two way street.

Each of you can thank me later, as I am sure you shall, for here is the gift of my lesson to you: you are not personally responsible for the success or failure of this ministry. Neither are we teachers personally responsible for any failure. Nor shall any of us be covered in glory for its successes, however modest or extravagant. All of us - both sides - are in the same boat. Our obligation, each of us, is limited to serving the Father as we honestly divine His will to work through each event in life.

Do not trouble yourselves as to whether the Universal Father's plan will ultimately succeed, or whether its completion meets your personal assessment of timeliness. If you can do this, if you can accept the Father's pace, then we have some assignments for which you would qualify as candidates. If you can make your business God's business, then we have challenging opportunities in store for you.

Do not presume to measure God's progress; look rather to your own house. You fail to realize, because of your physical situation, what we know: **You** are the ministry. You are called upon in service to God and mankind. We are doing little. We expect you to do nearly everything.

We have only begun, and things are going well - look at the frankness and honesty of the exchanges we have developed at this shallow point. Now go and make mistakes in His service.

Leadership Through Service

WILL: The love of God surrounds us. The love of God enfolds us. The love of God supports us. Wherever we gather, He is.

Good evening to you all once again. I am your teacher, Will, who loves you. For several weeks now we have been practicing on an exercise designed to make the initial step from the passive to the active, from observation to interaction. I think you are doing well. We are pleased with your response - when you remember. But then that is what this ministry about. Each week we gather here for fellowship, exchange of information, exchange of insights and, occasionally, another assignment which builds upon the last.

I think it is clear by now that our endeavor in the Sunday teacher group is about the general. We would be doing you a disservice if we caused you to become dependent on anything other than the Adjuster's guidance. This kind of activity is the ultimate in personalized activity and it is not possible for us to say, "What you need is a cashmere sweater of a certain size and cut," because the business upon which we are now engaged is slippery business. The high ideals and the general ideals are those that will service in the long run, which is all that really matters.

Over the past year, we've seen very encouraging developments in each member's ability to respond to their Indwelling Adjuster's leading. First, thoughts which break through the chatter and actually make it to the surface as an inspired vehicle for insight and participation in the wrestling and turmoil of daily life on your planet. Second, from time to time, we see you act upon those leadings and this is particularly gratifying to us, for the leadership of the spiritual life is a leadership by service. Not even by example. Only service. With or without an audience. The feeling, the intent, the devotion, and the interaction is the same.

Leadership through service is what we are after. We think that some day in the future each of you will be leaders. It is impossible for us to forecast, at the moment, the number of lives that your service may touch. So I congratulate you. I think you are doing well. I exhort you to spend more time with the Father. I encourage you to deal with your brothers and sisters one by one, taking them as they come without any intention to convert them, to guide them, to provide for them, only serve them. Respond to the needs of the moment. And having satisfied the bread of this world, provide the bread of the afterlife for you well know a hungry belly is an effective blockade to the Father's voice.

The shift from observation to interaction takes courage. Courage is not born of resolution. It is born of practice. It is born of devotion in spite of failure. So we will be at this assignment for quite some time. On those occasions then when you feel like you've lost the thread, stop. Close the door. Unplug the phone. Take a few minutes for communion with the Heavenly Father. He has a way of setting people's feet back on the right path. We don't know how He does it. It seems to be His business alone. But we will continue to work with people, one by one, mirroring to the limits of our capacity, the very interaction which the Heavenly Father practices in His personal ministry throughout all the universes. We take them as we find them, provide them a service, share a kind word and an uplifting thought. That's our work.

This is my message for you tonight. We will talk on this again. Until our next meeting, shalom.

What We Ask

MACHIVENTA MELCHIZEDEK: All honor and profound respects to the Most Highs and to Michael, the perfect expression.

A few more subtle points I wish to touch on briefly. The purpose of this mission is not to proselytize the words which are written in the Urantia Book, although we obviously embrace and wholeheartedly incorporate the entire set of teachings presented in the Urantia Book, still those teachings expressed in that book are not to be invoked by

you or anyone else as a justification for your own conclusions and your own presentations to your brothers and sisters. While we are always willing in the teacher mission to speak reverently of Michael and his role, the simple fact is that the mention of the life and death of the man proves a barrier. We are not here to overcome barriers. We are here for bridging. We need only erect enough of a structure to go across.

We have also observed the use of the teachings of the Urantia Book as a method for people, individually and in groups, to maintain a kind of thought discipline over their brothers and sisters and that is why in this teaching mission we have little to say about the rivalries and disagreements between different groups charged with the dissemination or preservation of the Urantia Book teaching. It is not relevant to our mission. It is not irrelevant to our mission. We are here bridging the gaps between people. That means no doctrines, no teachings, no credos, no tests, no money, no taxes, no requirements [pause] other than you people gathered here tonight dealing wholeheartedly and openly with your brothers and sisters of the material life whenever and however you encounter them as if Jesus of Nazareth was standing by your side and by your every thought, word and deed indicating that you understand the full import of his teachings and that you do this, not for the aggrandizement of yourselves, but as a conduit for the Heavenly Father's love to flow through you unfiltered, unchecked to the person with whom you are engaged. And, lastly, that you do these things with appropriate reverence for the activities upon which you are engaged.

That is all we ask.

You do not need to know even the name of the book. There are no holy words which you or anyone else must utter. There are no correct thoughts. There are no correct actions. There is only service. And when you do these things, do them in memory of the love of God which has been freely shared with you and with all your brothers and sisters. Freely has it been given to you, freely shall you distribute it, in kind, untampered. Pure and undiluted.

I am Melchizedek. This is what I teach.

There Are Many Paths

JUDI: Will, this is Judi again. This group has stayed together over the years because we have been touched by the teachings of the Urantia Book. I have friends who are spiritually receptive but they have never read the Urantia Book. Instead they have elected to express their spirituality through other means, such as East Indian religions. My question is, will the spiritual mission which we are about to fulfill soon, or some day, come mainly from readers of the Urantia Book or are there people who pursue other spiritual paths being contacted as well?

WILL: My answer to this question is short and not meant to be curt, for it says in the Book, there are as many paths to God as there are souls to walk them. It is a good try. Beyond those words, there is nothing more to add. That thought encapsulates all there is to say.

Stillness Practice - More Questions and Answers

WILL: The love of God surrounds us. The love of God enfolds us. The love of God supports us. Wherever we gather, He is.

Good evening, I am your teacher, Will, who loves you. Material human eyes are excellent for some applications. They are excellent for judging midpoints. They are excellent for judging the distances between things. They are excellent for zeroing in on brightly colored objects. But, as in all things, there is a tradeoff. Human night vision is not so great. The arrangement of the particular cells which makes human eyes so useful during the daytime is itself the cause of humans' poor night vision. When you try to locate a dark object in a field or even a luminescent body in the nighttime sky by looking right at it, it is difficult to see. The harder you look the less sure you are that it is even there. But if you relax a bit, look off to the side just a little, then you see that it was there all along.

There is every kind of way doing stillness practice represented in this group. Some people go at it as if it was a daytime vision exercise. They pursue it relying only on their strong stills. Others attempt day and night practice, with mixed results. Yet others are pursuing so single mindedly with the kind of vision analogous to night vision. They can't see what it is they are after and begin to question what they are doing there in the first place. I think some of you might fall into these categories and so, for this reason, we welcome the visit recently of one of our daughters. I will say to you now that we approve of her technique. It is a good technique for beginners, especially for those people who are staring harder and harder, feeling less and less sure. It is a useful technique. That should bring back a little balance into the effort. That is all I have to say. Perhaps you have some questions.

JUDI: Will, this is Judi and I wanted to ask a question specifically about my stillness practice. I seem to have divided it into three parts. The first part is I'm thinking about the day and thinking through what all needs and how I would like to meet those needs. The second part is listening and trying to be still for any impressions or any insights I might receive. Third, inviting the Father to be with me in the stillness. It seems pretty comfortable but I would like some feedback on my technique.

WILL: In an ideal situation our lives would be geared towards preparing ourselves for an opportunity for one-to-one communication with the Maker so that as the appointed hour drew near we would find our worldly concerns falling away layer by

layer, issue by issue, and when the time had truly arrived we would feel peace within ourselves that would be ideally suited for linking up with the eternal and cosmic peace of God Himself. That is not our situation here. Each person is on his or her own resources to develop the techniques which suit the moment and the situation in preparation for communication with the Heavenly Mystery. There is no such thing as a right thing or a wrong thing. There are only practices which, plotted on a number line, would be seen as more productive or less productive. But then, the fact is that your very lives are so very inconsistent, so very changeable from hour to hour that the differences between weeks encompass shifts in mental attitudes not commonly found on other planets which would occur over years.

This is the long way of saying, whatever works for you is fine. I know that your question is sincere. I will say that until some orderly pattern of thought progress is adopted by each of the members of this group, it is impossible for one of us to say, well you should apply this technique with regularity. If by review of the day you mean the productive events of the day, those with any spiritual component whatever, then, by definition, that would be a productive technique. On the other hand, a review of material events having no spiritual value would be unproductive. If by review we are talking about opportunities for kindness, for service, or for insight of our place in the scheme, then that would be useful. Recently the reading group read the story of Bartimeus, who called on the Master in spite of the efforts of bystanders and other disciples to silence him. His voice was heard. The Father hears you. This technique can be useful.

But communication between human and Creator may be likened to tuning of a musical instrument. It takes practice. It takes precision. I'm searching for a word. It takes composition or triangulation, just as the notes played upon the scale. The Father's scale is vast and takes in every potentiality and, for this reason alone, communication will not always feel comfortable or even recognizable, but that type of tuning is communication nonetheless. Our visitor made a good point last week when she described this process as cumulative. That you work away trying to cause yourself to be still, perhaps achieving some success and no matter what the time length set aside for communication it is always in the last few moments that you feel - it's always in the last few moments that you feel something happening, some bond, some contact however fleeting, some identification, as if you had a visit and then it's back to the ordinary work until next time. Is that helpful?

JUDI: Yes, but there is one point I would like you to clarify. What did you mean by "an orderly pattern of thought process"?

WILL: A unified method of dealing with the vicissitudes of life. A way of approaching problems. An organizational scheme for dealing with personal or professional difficulties rather than winging it. Clear enough?

It Is You and Not The World We Seek To Change

WILL: The love of God surrounds us. The love of God enfolds us. The love of God supports us. Wherever we gather, He is.

Good evening and greetings to you all. I am your teacher, Will, who loves you.

I commend your efforts to understand our purposes. But because of your inexperience and your insistence on interpretations which suit your human views of the world in which you are actors, you overrun and pass by the true goal. It is not our purpose to change your world. It is our purpose to change you. By initiating changes in each of you and all your brothers and sisters by faith and by the example of service, it will thereby change your world. But the modification of worlds is not within our job description. We work one person at a time. That's the Father's desire.

A life lived in faith is a life of change - ever upward. Do not aim at communication with us for, from time to time, you will fall below the mark and this will be an additional burden on your lives. Aim for communication with the Heavenly Father. Then when you fall below the mark, you can communicate with us and it will not be such a burden to you. There is no substitute with time with your Father. He who ordered a universe, Michael of Nebadon, concerned himself with nothing but the discernment of the Father's desire in every proposed course of action. You would do well to follow his example. We recommend it to you.

The Father's way has no error in it. You will change based upon your own initiatives. You will change based upon the accidental and opportunistic improvements suggested by the Indwelling Adjuster. You will change from observation and association with others who have preceded you on the path and you will change from the leadership from those who follow on behind you. Do not trouble yourselves about when the world will be changed. For each of you it will be sufficient when you are changed. When that change takes place it will seem like a new world to you anyway.

This is my message for you tonight. God loves you. You love God. Show Him by loving each other. That's all there is to it.

Many Small Steps Start the Ball Rolling

WILL: The love of the Father surrounds us. The love of the Father enfolds us. Wherever we are He is.

Good evening. I am your teacher, Will, who loves you.

There is a songbird singing, yet many do not hear him. Still he sings proclaiming his song to those who would hear. Many long to hear this song yet do not put aside time. The song still is there. There is a difference between wanting to hear this song and actually acting upon that wish.

In your world you see many things you want to have changed but feel that there is nothing that you can do. There are steps that can be taken, plans that can be formed, and yet so few choose to do so. It is easier to recognize the need for the change than to recognize your ability to help change it. The collective will of mankind can exert a tremendous amount of assistance in this matter. The strength that each of you possess, when joined with others, has a much stronger impact than if you act alone. Remember this. Reach out to your fellow man for help when you need it. By strengthening and uplifting another, you are also strengthened and uplifted. There are many small steps that can be taken to start the ball rolling.

Sometimes you feel it necessary to stand alone. Remember that you are never truly alone. The Father is always with you and He is ready and willing to help. There is more strength in Him for you to draw upon than you can imagine. The Father knows each one of you and loves you. He is there for you always. Take strength from this. Know it and dwell on it. And you will be helped.

Rely On Faith In All Matters

WILL: The love of the Father enfolds us. The love of the Father uplifts us. Wherever we gather, He is.

Good evening. I am Will, your teacher, who loves you.

The time is coming when soon there will be much rejoicing among all involved. There is much occurring in your world that we feel encouraged by and we think you see it also. The world is changing bit by bit through the transformations of mortals such as yourselves. This is the good news. We are encouraged by these changes, the glory is to God, that He is becoming glorified once again on Urantia.

I would like to welcome our visitors tonight. We are always pleased to see new faces amongst the group. The word is spreading out, people are being touched and feeling the hunger for spiritual knowledge of a God, a being with whom they find a purpose to their lives. Many are being touched now and we commend your efforts with the many ways you are able to reach out to others. So many are seeking and you can help them find... (family disturbance occurs in other room) ... the disturbances of daily life should not disturb your peace for this is life on this planet full of chaos and confusion, many starts and stops, rarely easy. But you will rise to the challenge with your Father by

your side to strengthen you, uphold you, love you and assist you. We are there lovingly urging you onward upward on your path. The path may cause you to stumble and fall for it is filled with many rocks and sharp edges but you are best sustained when you recall your faith in God. He will never let you fall too far, but is always there to reach out, strengthen you and uphold you, set you back on the path.

These are my words to you tonight that you rely on faith in all matters, for it is only through faith in the Father that the path is traversed with the least amount of trouble and the most amount of growth. You sometimes will be presented with choices, two or more tasks to choose from. Sometimes it's frightening, sometimes paralyzing, yet if you step off in faith on the path you feel inside is the right one, you cannot go wrong. The trick is stepping out in faith. Fear can be your worst enemy, stopping you from taking any action at all. Faith in God requires you to believe that He will not let you fall, but if you are acting to the best of your knowledge and abilities, that only good can come of it.

These words I share with you tonight. If you doubt it for a moment, it is still true. The Father loves each and every one of you. You may forget about Him, periods of time may pass that you do not give Him a second thought, yet you are always uppermost in His mind. There is no greater truth than the Father's love. It is there, it is real. It belongs to each of you for the asking, to feel it. He is always present. Those who have not experienced much love on the material plane naturally find it harder to believe that such love exists for them. Therefore, make it your life's work to any and all you come in contact with. Truly, we never know who needs it the most.

This is my message for you tonight. Love one another, share the love you have found in the Father. Its supplies are abundant. By the process of giving it away, you can receive even more, more than enough, more than is necessary to give it away. Again I say, it is good to be among you again. I have missed our sharing time together. I send you my love and assurances that I am still with you throughout the week observing and visiting each of you. Continue with the Father's work, your efforts are pleasing to Him and us.

Until next week, I bid you all Shalom.

You Are Often Unaware of Your Spiritual Growth

WILL: The love of the Father enfolds us. The love of the Father upholds us. Wherever we are gathered, He is.

Good evening, I am Will, your teacher, who loves you.

It has been said that man has the ability to believe in only what he can see with

both eyes/hold in both hands. The capacity for doubt is great. We do not find it unusual that you should experience such doubt as a part of your normal mortal existence. The fact that you freely share your doubts with your fellow believers is a sign of your capacity for growth. The doubt itself should be of little bother to you. It can ebb and flow like your tides. When you find yourself being pulled by the ebbflow of your doubt, we ask that you remember that even the tides are in the hands of the Father. He is always there watching you observing with love and compassion your struggles with the life you lead on Urantia. Do not fear that your faith will evaporate with your doubts, you are stronger than that. The Father has well provided you the tools necessary to complete your journey. He is well aware of your struggles, of the trials you face and He sends His strength and love to you at all times. There has never been a generation who was not filled with doubts when they thought of their Creator. The tangible life you lead can be a stumbling block if you allow it to be. Faith transcends the material world bringing you to a place of security in the knowledge of the Father's plan.

There is much still to be experienced on your spiritual journey throughout time in the realms of space. You will in time accomplish all that the Father has in mind for you. Be patient, growth is sometimes cumbersome and time-consuming.

There is a question tonight that needs addressed. Nadine has indicated her willingness to try in this capacity. I now open the floor to questions.

JUDI: Our conversations earlier were about many of us feeling like we had reached a plateau and, perhaps, like unmotivated students of yours. We are not worried or complaining because we all know that we have made tremendous spiritual growth over the last year and a half. But, we wanted to know if you have any strategies or ways of helping us to catapult ourselves up to the next level and become re-energized spiritually.

WILL: The days and nights flow into one another so quickly yet the time can seem long, the days passing slowly as you enter a phase wherein you are not capable of detecting growth. This does not mean growth does not occur. It is a subtle thing. Just as you are not always aware of the passage of time, so also are you not aware of the growth process. It is natural to seek validation of one's own growth much as you mark a wall to see your child's growth. This is tangible proof to a mortal mind that such growth has occurred. To believe that growth is occurring when one is not aware of it -- many suggestions have been spoken aloud tonight among the various group members regarding ways in which to feel a certain connectedness and the joy that comes with that connectedness with the Father. There are many ways to revitalize your energies in carrying out the task of following the Father's will. Which you choose should be an individual choice as not all share the same methods of reaching the Father just as He has many methods of reaching His individual children. Does this answer suffice?

JUDI: Yes, that is very helpful. One other question. We also have been

discussing, jokingly, singing together or doing something different at our weekly meetings. We have settled into a kind of routine. Would you suggest, or should we think about, varying our adopted routine or do you think the way we have settled in conducting our group meetings is conducive to spiritual growth?

WILL: This is a two-fold question. I would address the first part regarding various practices which can be introduced as new group activities. The playing, hearing, and participation in music is a common method of attaining a joyous state of being in which many mortals find their way closer to God. Music has the ability to truly inspire the soul to great heights of joy and ecstasy that are possible to feel in your current life on Urantia. Group prayer can also be very beneficial as the energies released are multiplied in such a way as to enhance the experience beyond what one feels alone. All of these suggestions, and perhaps others, are acceptable ways of raising your threshold for joy, the capacity to feel the love of the Father.

In response to the second part of your question, I would say that the choice is yours. There are many cups to drink from. You are free to choose from as many as you wish. It is not I who should suggest one particular method over another, but you who should discuss and decide what particular methods may be helpful. Trust in your own judgment in these matters, they are of importance to you and they will bring you to a place above the plateau you feel you are on. Any one of the methods will work, there is none greater than another, just what you find inspiring. Is this satisfactory to you?

JUDI: Yes, thank-you.

The Spirit of Truth

Those of you assembled here have shown your ability to disseminate information and discern the truth found therein. I have listened to your discussions tonight regarding many varied aspects of life on your planet. Your abilities to discern these truths is certainly one of God's greatest gifts to mankind. Without the Spirit of Truth enveloping your world, it would indeed be a darkened and fear-ridden planet. You would do well to utilize this ability at all times, in all circumstances. It will save you from much fear, much wasted time.

The many choices facing your planet today have varying degrees of impact on the spiritual level. How mankind chooses will ultimately affect him not only on a physical plane but also on his spiritual journey. It is not the choosing of whether your planet will survive or not. This is beyond your means to choose. However, decisions must be made that will affect mortals world-wide. I desire to tell you that it is worthwhile to contemplate these things. Perhaps in doing so, a better solution will be found. It is beneficial to you even if no solution is found. Changes can only occur on a personal level one by one by one. The individual who will spend time even contemplating these

problems will grow from the experience and become more loving of his fellow man through this process. I do not believe this will be difficult for you as you are all seeking a higher path by your own freewill choice. Because you are seeking, you will find many answers that others may not be aware of yet.

It is through this seeking that you attain spiritual growth though not always discernible to the mortal who is experiencing it. Rest assured it is occurring, however. I would leave you with this wish. That you continue to seek and grow for it is in the Master's plan that many workers in the kingdom will be necessary. You are his workers. Remember this as you go forth each to his own world of personal circumstances in the days to come. Thank for your attentiveness and for your dedication to the Father's work. I bid you all farewell.

Feel The Joy That Comes From Knowing The Father

WILL: The love of the Father enfolds us. The love of the Father uplifts us. Wherever we are gathered, He is there.

Good evening. I am your teacher, Will, who loves you.

The Father sends forth His love into the world to be shared freely with all. Although many may never hear Him, there are those such as yourselves who not only know of Him but go forth into the world with their feet firmly planted on the path of service. It will take many more to accomplish His work. As we know it to be truth, it is sometimes easy to share in your experience with Him. The wonders and joys can be gained by a life lived following His will. As each of you sets out of His path of service you should remember most of all that He is there with you, over every hill, through every forest, to the very end. You are all seeking ways in which to serve Him. All are needed, as it will take many individuals to effect the changes that are necessary. We see the work you have done already and we are pleased, however, this is not a time for rest. Much effort is still needed, not only on this level, one on one contact, as the work progresses. I foresee a time when things will be much better for all mortals living on Urantia. This will only occur after much work and effort has been expended. We are here to help as much as we are able, but it will not be us who accomplish these changes.

The time will come when each of you has moved along on your individual path to a point where you will be of great assistance in the ongoing mission to bring Urantia to the time of Light and Life. No small deed goes unnoticed. All work for the Father aids in the accomplishment of this goal. Therefore, I propose that as you go forth this week, to be more mindful of the small deeds of good that you are able to do. Each of you is capable of working within the environment in which you're placed to effectuate good during many moments of your day. This is what I would ask of you as you continue to

climb upward, struggling, perhaps, against the mainstream of thought, sure of your purpose. Do not neglect your own spiritual feeding. You can more easily share from your plate when you are full.

That is all I have to say. I wish for you all to feel the joy that comes from knowing the Father, living in His light, striving to do His will. His love for you is so great and it knows no barrier. Until we meet again, I send you my love as well. You should know that I look in on all of you throughout the week and I care about what happens to you. God's peace be with you.

Take The Faith Step

WILL: The love of God surrounds us. The power of God upholds us. The light of God enfolds us. Wherever we gather, He is.

Good evening. It is I, Will, your teacher, who loves you.

This evening's lesson will be a restatement of an individual's need to take a faith step. We have spoken before on the topic of faith poisons. They include anger, despair, as well as doubt. These poisons have the ability to arrest spiritual progress. One of your greatest strengths on this planet is your ability to believe. It is this trait, this ability, that allows for such strong spiritual growth. It is good to question. It helps to stretch those faith muscles. I would ask, as you go about your daily struggles, that you reaffirm your trust in Michael's plan, that you reassess your part as an individual kingdom worker.

I leave you now with much love and appreciation. Live in His light each hour, each day, and know that we all look in on you during the week.

Shalom.

Take This To The World

WILL: The love of God surrounds us. The love of God enfolds us. The power of God supports us. Wherever we are, He is.

Good evening. I am your teacher, Will, who loves you.

My lesson for you tonight is to take with you the understanding of each of your hearts and show this forth to the world. Those that you encounter when you have made the effort to reach out to them will be touched in a manner not always visible to you. Your sincere efforts to do the Father's will have far reaching effects. Like the pebble on the pond, they ripple outward and beyond the original contact point.

The Father is with you always. You cannot escape His presence and His love showers down freely upon you every moment of every day. Let this sustain you in your moments of doubt or weakness or fear.

And now I send you off with the admonition not to forget about the Father. You may, for periods of time throughout the day, lose your sense of His presence with you, but He is there nevertheless. He longs for your companionship, your turning to Him in need and in joy. Do not forsake the time you spend together. I leave you with His blessings and mine. Remember to walk forth in joy. It is your birthright.

Shalom.

Do Not Forsake Your Time With The Father

WILL: Good evening. This is your teacher, Will, who loves you.

My reminder to you this week is to not forsake your time with the Father. The brief amount of time we have asked you to set aside gives both short and long term benefits to aid you in your work. Your day is made up of many small parts. Remember that each small thing that you do fits into the larger mosaic of the day, the week and of the overall plan the Father has in mind. Do not downplay the importance of each small thing that you are able to do. It will not be overlooked. Go forth now into your week, strengthened each day by the Father's love. Take time each day for this refreshment of yourself. It is imperative.

I enjoy being with you again. As always, our time together is special and meaningful. I continue to visit with each of you during the week to observe and aid you, if possible. Go with the Father's peace and my love in your hearts.

Shalom.

Plain Speech Is Best

HELEN: Will, we have talked about saying to persons, "I'm praying for you" and different reactions to that phrase. Can you tell me something of the appropriateness, or how you relate to someone that you care about and whom you would like to be involved in what is happening to them?

WILL: You are not responsible for how people react to the words that you say to them. You are not responsible for the feelings which your intentions evoke within them. You are not responsible for the transgressions and excesses of their past history with

which they have freely indulged themselves or which they have been subjected to by outside forces. What you are responsible for is to measure your words carefully with careful solicitude for the feelings and most likely [tape turns] To rephrase, [What you are responsible for] are the predictable feelings and obvious predictable reactions to persons with whom you are engaged particularly where you possess special knowledge of their sensitivities. Where most people run afoul in their relationships with others is when they adopt a stylistic approach and set of vocabulary which they intend to uniformly apply to all persons without proper regard for the individuality of the people with whom they are speaking. Plain language is usually good enough. It is irksome to many, offensive to a few, when well meaning truly religious people adopt a vocabulary and a manner of speaking to others which seems to imply that they possess some holy knowledge, some special spiritual favor which then becomes a barrier between people. If it is sufficient to say that you care for another person, what profit is there in aggravating them and invoking deep seated prejudices by portraying your concern for them as a religious expression? Your responsibility to yourselves and your demonstration of the Father's love is fully discharged by the simplest and most efficient expression of humanity and loving concern. Plain speech is best. Does that answer?

HELEN: Yes.

This Is Service

WILL: The love of God surrounds us. The thought of God supports us. The love of God enfolds us. Wherever we gather, He is.

Good evening and greetings to you all. I am your teacher, Will, who loves you.

Many times we have spoken about the openings and closings between people but the path across the heavens is also filled with the meetings and partings between people. It is a part of the price of the path of progress. We have called you agondonters because you act without seeing the consequences and rewards of your acts. You love without any reasonable expectation of having that love returned. You believe where there is no basis for the belief. We value you because you are capable of working alone unlike most other order of beings. And when we say alone, we mean alone.

Because of your setting, your background, your experience and the numerous negative influences which are a part of the formation of your character, each of you is of particular value to the Father and His eventual plan. Each of you, at some point in your spiritual progress, can face one or more postings in which you will receive no support whatever, no communication, no encouragement beyond the product of your own activities. We think that you will be well schooled for those postings because of your experience here.

Your poets call this life a "veil of tears", but that is an incomplete description, for with disappointment and mistakes, the path becomes more clear to those capable of learning the lessons which this life has in store for them. Not every road is a productive road and the partings are as many as the meetings. Learn what you can. Do no harm to one another. Contribute for mutual benefit. Seize what opportunities arise in the Father's service and you will not long stray from the proper path. The only thing fore destined for all of you is success in your attempts in spiritual achievement and growth in spiritual attainment. Those who part will meet again. Isolation is an unusual experience. But the skills gained from operating independently are valuable to your future progress. Just as the equanimity of the general group is not seriously jeopardized by this parting [editor's note: Will is talking about the impending divorce of a couple who are members of the group, both of whom are loved by the group and both of whom desire to continue to meet with the group despite the divorce], neither is a more spiritual and complete self jeopardized in its equanimity by similar and later occurring partings. In the end, all is perfection. That is all I have to say.

Soon arrives the ritual celebration of Michael's incarnation in human flesh. Notwithstanding commercial exploitation, many human minds are open to the suggestion that there was in fact validity and meaning and a special purpose in the birth and life of the teacher of Nazareth. Your job is to recognize those openings and, when they occur, to respond as though Jesus of Nazareth were standing by your side silently and, by your actions, you demonstrate to him your understanding and grasp of his message and all that he lived for and, in so acting, you abandon thoughts of yourself and serve as a conduit for the light of the Father's love to flow through you so that the Father may interact directly with the person and that you allow the Father's light to shine neither filtered nor refracted by any inappropriate attempts at levity or deprecation. When you can do this, then you are doing something worth counting. That is service.

Shalom.

CONCLUSION

This completes a little over two years of the highlights of Will & Co.'s lessons. Will is only one of many celestial teachers that are involved all over the world today as this planet continues to progress through the Correcting Time toward the ages of Light and Life. All people interested have celestial guidance and, of course, all people have a fragment of God residing within them.

We hope that these excerpts of transcripts have resonated truth within you. If you take the lessons to heart and try the exercises in your everyday life, we believe that you will experience recognizable results. We ask that you join in the upliftment of the planet

and spread love wherever you go. We hope to meet you on the path.