## VERONICA

## SEPTEMBER 15, 1994 BEHAVIORAL CHANGE

Volcano, Hawaii - #9

I love you all very much and want my guidance to take root and blossom into loving manifestation.

Behavioral change and spiritual growth go hand in hand, but you must provide ample opportunity and be open to learn. Think righteously, act lovingly, and speak gently; and you will become perceptive of intuitive knowing. Examine your daily habits to see, by virtue of frequency, which ones you place a great deal of importance on by how often you repeat the behavior. Can any be replaced by actions of increased value?

Be gentle with yourself and attempt only small changes at first, so that your successes will be steady and guided. Think of the lessons of the Master Son and all the underlying messages of His parables and how these can translate into your life.

Identify behaviors that are harmful, recognize thought patterns that stagnate your ability to mature; and ask for guidance in discarding these shackles of true freedom and manipulators of soul formation. You will know which ones must take priority in eliminating from your daily agenda.. This is truly difficult to achieve when resistance and complacency have strong footholds in your spirit motivation center of your mind.

I strongly recommend persistence and patience as you are also receiving assistance from others on this side who want you so much to succeed and who have used unlimited continuity in their attempts to help you see. My purpose is to provide poignant guidance and flashes of divine insight to enable you to receive instruction and begin to tend to those areas you are neglecting.

You are so loved and even your smallest successes provide us with delight and thrilling desire to uplift you even higher in your inner journey towards the Father. We can only help show you the way; however, you must walk the path and "follow Him" towards your heavenly home.