

THE TEACHING MISSION
and
TRANSMITTING/RECEIVING

IS IT PRAYER?
IS IT COMMUNICATION?
IS IT HYSTERIA?

by PATIJE

THE TEACHING MISSION and TRANSMITTING/RECEIVING

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RE: CELESTIAL COMMUNICATION IN THE URANTIA COMMUNITY
by PATIJE

In this day and age, there seems to be an urgent need to seek for something beyond the world we see. Always man has been aware of a "something" which is greater than he is -- an inborn acceptance of "God" or that which is known by so many different names. Every religion and philosophy on the planet agrees about one fact: whatever this spirit is called, it is always with you...it is recognized by religionists everywhere. Regardless of the religious denomination in which one has been raised, a new energy is surging through mankind. An energy seeking release -- from tyranny of governments, civil, societal, religious -- which questions the deep restlessness within! People are entering a "new age" of wanting information about concepts, teachings and possibilities, the information to allow one to "make up one's own mind" about what one accepts as basic life truth. Is it because we have inherent within us a new "urge" to explore and find "something" greater than we see around us? Are we evolving to the point that we want answers for the concepts that have lain dormant within mankind for many generations -- no longer able to let others think for us, is that why there is so much change going on in the world today? The general populace is now eager to learn more, to be open to possibilities, to explore origins and destinies, and consider philosophies that were at one time considered dangerous, heathen, even evil witchcraft! The fears that inhibited many generations right up into the twentieth century no longer seem to stultify this generation of the "new age." Some are researching and studying the ancient lore of ancestors -- some practiced thousands of years ago! Ancient religious records of church archives and museums are being dusted off and approached with an open mind ready for new discoveries! What are we gaining by this fury to dig up and learn? Is mankind gaining something of eternal value or spinning on a wheel that never stops turning? What is this "new age" people are talking about? Could these phenomena occurring on this planet in our times mean that we have actually entered a "new" age, or dispensation?

The planet seems to be on the brink of a new consciousness -- a higher consciousness. New revelations of "Truth" are being "discover-ed" by individuals "listening" to the "Indwelling Voice" of God. Perhaps the "new age" is really just the "old" age being seen and heard by "new" consciousness?!? It seems to be a "collection" of many ideas, theories, and truths from a variety of ancient and newly rediscovered "methods" of religion, philosophy, and even science! As we all know, the long standing, major religions of the planet are almost all "frozen" and unwilling to evolve as rapidly as the concepts on the planet are evolving. So, perhaps if "higher Beings" -- or even God --were trying (without compromising our "free Will") to tell us new Truth or grant us a new understanding of Truth, would our "religious trappings" (traditions, rituals, fears, perceptions) allow us to accept it? Would we even listen to, or consider it? Since the majority of us on this planet would not easily accept any new revelation, it seems reasonable that we must carefully inspect the teachings and separate the "wheat from the tares" and harvest whatever truth is there.

We are told that the authors of the Urantia Papers are *still here on Urantia* to oversee the fruition of their work? Did you know that the "thousands of study groups" will happen -- with or without, the help of the Urantia Foundation? Perhaps this is an answer to the many prayers for our Unseen Helpers to do something about the Foundation/Brotherhood split. Perhaps they (Unseen Helpers) have chosen to just *bypass* them both and go directly to the study groups which is where the ultimate sharing is anyway. By this time, it was originally projected that there would be thousands of study groups around the world. The "teachers" have told us that this is the continuation of the 5th Epochal Revelation which was not revealed to the Forum because they may have gotten in their own way trying to "help" -- the direction was to go out and encourage thousands of study groups.

Since the Teaching Staff of Machiventa Melchizedek contacted us, there is a new hunger and thirst for more information from the Urantia Book and better understanding of the Urantia Book teachings. Also more interest in LIVING THESE TEACHINGS in one's

total life experience! Other groups having never heard of the Urantia Book are being guided by their unseen helpers to find and read the book! And, this often brings them into contact with us.

In February 1991 there were 2 groups known to be communicating with the Celestial Teachers, in February 1992 there were at least 5 known groups. By July, 1992 there were more than 20 and by October there were 34 known groups. We are aware of groups in Utah, Florida, Oregon, Illinois, Indiana, Oklahoma, Missouri, Arizona, Colorado, Idaho, California, Pennsylvania, Texas, New York, North Carolina, Canada, France, Columbia, and New Zealand. I suggest that there are many more groups who are being taught by these teachers from Edentia under the supervision of our Planetary Prince, Machiventa Melchizedek. Mockery and disbelief has inhibited a great number of readers who are personally communicating with the teachers but will feel extremely vulnerable for some time to come. This may result in a reluctance to publish their identity until suddenly this phenomena is accepted by all of the readership.

"Sincere, honest, prayerful asking of the Father, or Christ Michael, will bring a teacher to anyone? For me, (and others experiencing this communication) there is only my (our) trust of Father God and Christ Michael who would NOT send Caligastia in response to earnest, sincere, faithful, prayers!"

We in Sarasota heard about the "Woods Cross" group in January 1992, and decided that if these teachers who came with Machiventa from Edentia were really authentic, we wanted one! We agreed that we would welcome additional teaching from the Father, or from Michael, and asked for protection against any entity not acting on behalf of Deity. We prayed to the Father and told Him of our willingness. Amazingly, within days, we had a teacher!

Have the teachers helped us understand, live the teachings, and experience spiritual growth toward recognition of our cosmic citizenship? A resounding YES! Not a single person involved will deny amazing personal growth, better understanding of the purpose and teachings of the Urantia Book. They constantly comment about it -- usually in wonder and awe! We do not quite understand what is happening, we only know our sincerity and the fruits of the teachings which **are demonstrating** in our life experiences.

I know this as I knew the Urantia Book the first time I read it. There is no doubt for us that the teachers are here with Machiventa. There is no doubt that we are in a new dispensation. In my honest, sincere, evaluation, there can be no question that the fruits of the transmitted communications with the teachers of Machiventa's staff can, does, and will enhance our ability to live in this world of Urantia, understand our part in the experience, enlighten others, and disseminate the teachings of the Urantia Book, as well as help our planet stretch into the beginning age of Light and Life.

Our teachers constantly and consistently reinforce the Urantia Book teachings and encourage us to demonstrate it in our living daily experiences where we can. Everyone "will have a chance to know, and make a decision," about this phenomena? If you have knowledge of a wonderful great event about to happen and you were given directions to tell only so much about it, wouldn't you try to expose as much as you could? Try reading the Urantia Book as if the authors knew this great secret and are hinting in any way they can for you to discover the full impact of the information. Everything is *in the Urantia Book* You will find information about this in the Urantia Book if you read it from a balanced "heart level" and scientific mind, to find these passages.

One must look to everything with an open mind, study it and judge it *by its fruits*. These communications seek to give us more knowledge about God, spur us to greater

service to God and our fellows, and to seek quiet time with our Father and Michael. How can they then be anything but good? How can our Father God answer a prayer by sending Caligastia? Keep an open mind! When you pray to the Father, does he send Caligastia as answer? *Anyone* can sincerely pray to the Father for a teacher, or assurance of authenticity, and they will receive an answer!

Perhaps this stimulation is God's opportunity to awaken and "stretch" us to a higher consciousness. Each of us grows into new revelation of Truth as we are *individually* ready for it ... so no one has a "corner" on revelation. Blessings in your journey!

INCENTIVE

All of us are receiving the benefits of the efforts of these teachers from Edentia in this Correcting Time. *Some* of us recognize it. *Some* of us suspect it. *Some* of us don't want to think about it. *Some* of us deny it. But *all* of us are touched by it. More and more I see it moving out from music, poetry, and art into politics, education and daily living.

Perhaps this is my way of helping it to move out of entertainment and ego trips into the main stream of your life experience! Perhaps I intend for this to be an answer to those of you who search the deeper meaning of the phenomenon of the Teaching Mission. Perhaps I want to stretch you into thinking in less limited terms. Perhaps I am not writing this book at all, but only transmitting it from one or more of our many Unseen Friends!

Whatever my intention, you have different intentions for reading it. What is your purpose for reading it? Are you trying to prove something to yourself, to someone else? Are you seeking answers to the phenomenon of your own experience? Are you hoping to find relief from your personal insecurities? Or are you truly intending to do the Will of the Father, live the teachings of the Urantia Book and begin loving service to your brothers and sisters upon this planet.

QUOTE IN UB;

"You cannot truly love your fellows by a mere act of the will. Love is only born of thoroughgoing understanding of your neighbor's motives and sentiments. It is not so important to love all men today as it is that each day you learn to love one more human being. If each day or each week you achieve an understanding of one more of your fellows, and if this is the limit of your ability, then you are certainly socializing and truly spiritualizing your personality. Love is infectious, and when human devotion is intelligent and wise, love is more catching than hate. But only genuine and unselfish love is truly contagious. If each mortal could only become a focus of dynamic affection, this benign virus of love would soon pervade the sentimental emotion-stream of humanity to such an extent that all civilization would be encompassed by love, and that would be the realization of the brotherhood of man."


Perhaps I am stimulated with the inspiration to write this book by our Unseen Helpers to reach you! Perhaps this is an answer to *your* prayer!

Have you, like me, reached out in prayer to know the Father better? Do you, like me, desire to love your brothers and sisters more. Have you committed yourself to align your Will to the Father's Will? Are you looking for your life's work or how to use your talents and abilities to serve the Fatherhood of God and Brotherhood of Mankind?

I believe the final goal of the TR is to communicate for himself and not be forced to rely on someone else. In the meantime, we each have to help one another free the old tapes of fear, and support one another in the attempt to learn to do this. I wrote an article for a newsletter about the responsibilities of the group to the TR. I wrote another article about TR groups. I wrote about the "Hot Pen" method of communication. Then, I was inspired to use these as chapters in a booklet which I have been encouraged to

write for all beginners and for all groups volunteering for the Reserve Corps of Destiny.


In the meantime, of course, the ultimate goal of the TR Mission during this Correcting Time is to begin to sow the seeds of Light and Life by giving away kindness everywhere we are.



PLANT SEEDS OF LIGHT AND LIFE

The seeds of your planting will be nurtured and spring into life by the ministrations of the Father and His helpers. You can do nothing, but plant them and trust the process. This is your assignment. wherever you go, whatever you do, consciously sow seeds of Light and Life where you can. Be that which you are in truth, beauty and goodness and block not the Light which shines through you in radiance of the Father's love! This is all that is asked of you, of anyone, desiring to be part of the Correcting Time Mission.

Transmitting/ communication with the Unseen Helpers and Friends is an added bonus. This is not something you can "conjure up" or "fall into." Each successful person is well prepared by the adjustments made through the years of faithful prayer and meditation. First they learn to enter the Stillness from that point of meditation, then they begin to become aware of an otherness, a knowingness, then they are ready to begin to attempt to TR. All motives of self-aggrandizement, specialness, ego-centered control, and imbalanced emotions must give way to the all powerful Love Energy before this becomes successful. The teachers do the "works." It is your responsibility only to attain the Stillness, be willing and practice expressing love - love energy, not emotion.



OVERCOMING INSECURITIES

First and foremost above all other methods of contact or reassurance is to regularly and frequently and consistently go into the Stillness! The validity and relevance of the "contact" impression will be authenticated for you there.

To become secure in what is happening, we must first be secure in our own minds. Do you know the difference between being awake and dreaming? Do you know what you believe and what you are superstitious about? Have you faith in good winning over evil? Do you know your own mind? Do you hide from your reactions to life's experiences if they are uncomfortable? Do you turn to face them and analyze them? Do you ask yourself why you react as you do? Do you think about what you are thinking about? Do you trust yourself to recognize valid experiences from imaginary ones? Do you have a sincere desire to find and follow the Father's will for yourself? Do you want to serve the Father and your brothers and sisters on Urantia? Do you have ulterior motives or a desire to receive material gain from any contact? What is it you want from contact? What is it you fear from contact?

Work on this first. Know thyself. Know what is in your heart and in your mind. Balance your emotions and neutralize your expectations. Pray for enlightenment and discernment and go into the Stillness.

In the privacy of your own prayer life, attempt these exercises and discover for yourself without distraction of another's beliefs or non-beliefs!

Become familiar with the different methods of contact by reading transcripts and discussing other people's experiences with their contacts. Look for the message among the words or vision. Write down your impressions of an experience.

Ask the Father for contact if you sincerely want it with all of your heart and mind. Do not ask for contact just to authenticate its possibility. This is not a game or entertainment. There is a reason for the contact. Ask yourself why you want contact. Ask yourself what you are willing to do if contact is made.

POSSIBLE CONTACTS

Although many of us think we began by using the "Hot pen" or "keyboard" method, as we look back many of us will see it began a long time before the "hot Pen" or "keyboard" but wasn't as discernable.

Remember those irresistible "urges" to change jobs or move to another location? Remember those inspirations which caused you to take an unusual risk - perhaps to help someone else? Have you thought about the chance meetings, the way you found the Urantia book, how you first heard of the TR Mission?

Have you ever been in a crises situation and thought you heard a voice tell you "do this" or a person appear out of nowhere to give you assistance and then disappear as quickly? Perhaps this indicates earlier contacts and having had minute adjustments in your ability to accept small "miracles" without loss of emotional control, more were made and you were gradually brought to this point of contact?

Become aware that each of us will be contacted only at those points where we will allow it. Will you wait to accept contact only when you are involved in a crises situation, or grieving for a loved one, or hopelessly out of control of your life?

I challenge you to begin to be aware of the small contacts you have experienced and become alert to the opportunities of contacts in your daily experience. If you truly wish to move forward in this process, I purpose that you do everything possible to initiate awareness of contact, then relax and allow your thought Adjuster, a midwayer and perhaps a Celestial Teacher to do the work of contact!

You can do all you can by 1: being aware of other's contact experiences (read transcripts of other's contacts, discuss the process with them), 2: put yourself in the position (stillness, recording of thoughts) of contact and 3: express your desire for contact to the Father. Then trust the process of contact and begin to record your "impressions" - if it occurs to you to be aware of it, then it very well may be a "contact" or adjustment for contact. Trust yourself to know when you are sincere, truthful, loving and in service. When contact comes, use it wisely and it will continue and become more clearly defined.

Perhaps by reading my experiences and those I am aware of others having in the following pages, you will suddenly become aware of a reverberation of truth in your own knowingness. I invite you to read these pages with an open mind and a willingness to investigate the possibility for yourself. Set aside your preconceived ideas about the TR mission and your part in it and just allow the thoughts presented to enter your consciousness and perhaps gather some of your own subconscious and other-consciousness thoughts which will support that which you are becoming aware of and - just maybe by the end of these papers you too, will have a new perspective on the phenomena of TR communications with the Father, Thought Adjuster, Midwayer and other Unseen Helpers - and maybe even Christ Michael!

FEARS, EMOTIONS AND TRANCE-CHANNELING VS TRANS-MITTING
by Patije

There is some insecurity amidst the flurry of activity happening in groups of Urantia Book readers. Among far-flung and unknown groups of Urantia Book readers is occurring the phenomena of Transmitting/receiving by so many within the brotherhood of readers. Why is there so much doubt, insecurity and even fear present if this is what it purports to be?

If this is of the Father and celestials are being sent here in conjunction with Machiventa Melchizedek's assumption as Planetary Prince, why can there be so much wide-spread doubt and insecurity about it? Does the insecurity come from our disbelief that this could happen in our lifetimes upon this planet? Or does the insecurity come from the many generations of superstitious fear of the occult, of witchcraft, of the unknown? There are very few "elders" or "ministers" of churches on the planet who will tolerate, much less encourage individuals from their congregations to accept this as normal. Most fear it is "of Satan." Even if we did not grow up in the churches, there is some residual fear based in our genetic memory inheritance which causes us to feel insecure. If we are free of experiential and genetic fears, there is the fear of "being different from our peers" which can inhibit our growth, as well as stimulate us to move away from that which is dangerous! Is the fear our "thermometer" for gaging the truth of what is happening? What do we do with the fear?

I'll admit for me the transformation was gradual and natural. For many years I kept a daily journal. In this journal I wrote my prayers out in detail. In this journal I practiced praising God for all things in my life, I noted my angers, fears and other emotional imbalances as they occurred. In this journal I kept track of activities, inspirations, dreams and experiences. In this journal was a record of my life. Once in a fundamentalist setting I participated in a "fun exercise" of having God write back to me. I didn't take it seriously until after the "*Adventures in Living*" pre-conference retreat at Snowmass in 1990. Then I began to do this regularly. Much to my surprise, as I began to do this regularly, I began to feel as if God really was writing back to me through the Thought Adjuster. Sometimes as Jesus.

Finally one day I could no longer write fast enough or long enough to receive "the message" and was directed to the computer where I continued with my written prayers, stillness and then messages. A few months later I began to get an occasional message from an "unseen helper" 6 months later, I discovered that "teachers were on the planet from Edentia and trying to find groups to work with" and volunteered myself - as long as it was really from the Father. My journal messages changed very little. They became longer, with more general information and less specific personal information and began to be identified by others than the Father, Thought Adjuster, Jesus and an Unseen Helper.

The transfer to oral transmitting was very difficult for me. Allowing it to flow through my fingers on a computer keyboard was very easy for me. With the support of a few individuals, I was able to transmit orally, but the slightest disagreement or attitude of dismissal caused me to become silent again. To this day, I prefer transmitting through the keyboard. Sounds of my speaking voice distract me somewhat. Sounds of others sighing, coughing, moving about or spontaneously interjecting disagreement also distract me considerably.

Because of this, I asked why this was so difficult, why they couldn't just set my mind aside and speak through me without my conscious awareness of what was happening. The answer I was given to understand is that this is not to be mistaken for the *trance-like* dream state which allows information to come through the subconscious, but rather a *trans-like* conscious state of focused attention which allows the information to come directly through the superconscious, and allowing the mind (on loan from Infinite Spirit) to coordinate the memory banks (subconscious) and cosmic consciousness with intellectual meaning and eternal value.

Love energy must be present at all times for this to happen easily. Whenever there is any motive other than altruistic service to the Father and to our brothers and sisters of Urantia, we slip out of love energy and into psychic energy which is less reliable and more easily causes emotional imbalance.

Love casts out Fear according to Matthew 5 (Bible). There can be no fear where love is. Psychic energy embraces *any* emotional state. Love energy can only embrace intentions for altruistic and selfless service.

As you begin, or practice your ability, to receive and transmit communications from the Unseen Helpers, become alert and aware of your frame of mind. According to Teacher LorEl, the chemistry of our brain is thrown into chaos by emotional reactions and it is harder for them to do the work of communication then, than when you have eaten improperly for your body's needs. Food can send your chemistry off but emotional out-of-balance can cause the chemistry to fluctuate even more.

Again, I invite you to call or to write to me if you have a need to confidentially discuss your experiences with someone. I am fascinated by the various methods used to get our attention and move us through the *process* of this contact.

HOW CAN YOU HELP THE TR?

by Patije

All of us are receiving the benefits of the efforts of these teachers from Edentia in this Correcting Time. Some of us recognize it. Some of us suspect it. Some of us don't want to think about it. Some of us deny it. But all of us are touched by it. More and more I see it moving out from music, poetry, and art into politics, education and daily living.

You are part of a group who has received a teacher and at least one person has the ability to TR. What can you do to help? Even if you also have the ability to TR there is much you can do to help the others become comfortable.

Even as one who has been TRing for 2 years, I remain somewhat insecure of what I hear coming out of my own mouth because of the "otherness" of the source of my voice. Sometimes when I speak a word or a phrase, I don't know what the next word or phrase is going to be. (This is not the old Scout motto of "Be Prepared!") Someone who is beginning for the first time is even more conscious of the insecurity and fear of making a mistake. Consequently, something to relieve the stress and pressure is always comforting.

Each person attending a TR session has a responsibility to support the TR with thoughtful listening, encouraging the TR to speak whatever it is and judgement will be made later - on the basis of that which is spoken, not the person who is TRing. Learn to recognize the message, not the words used to convey the message. The message will reverberate within the one who hears (discovers) it and will be personalized for that person. (I believe the Thought Adjusters are coordinating their work here.) If your intentions are loving service then you will hear the message. If you have any other intentions, such as intentions to find fault with what is spoken, you will find what you are looking for. The ability to transmit- and the ability to receive what is transmitted- is a process and you must be aware of your intentions if you are to find the process comfortable.

In our group, we encourage everyone who attends to share (speak out loud) what they "hear, feel, visualize, smell, and that which they become aware of thinking" - and then use caution about taking it literally. Before we begin a TR session, we each offer our willingness to be in the group, willingness to share that which we are aware of, willingness to support one another, and offer our thankfulness for any help the Father, or Unseen Friends give us to live what we know from the progress we make personally through the process of these sessions. It helps the listener to remind yourself that you know the TR is trying to be honestly candid and give an accurate translation of that which is received! It helps the TR to know that each person in the group accepts that he is trying to be honest, candid and give accurate translation of that which is received! Know that the TR intends to transmit communication from an Unseen Helper and not project his or her own beliefs, but this is an interconnected process.

When you hear a lesson, think about it, reflect on any intellectual meaning, how it can promote spiritual or eternal value in us, then use love energy to balance this discernment. Know that the talent of the TR is only as good as the openness and willingness to serve is in his heart and mind. If you disagree, fear or resent what the TR is doing you will thwart some of what the teacher is

trying to give you, as the listener.

The TR is only limited by his memory banks and by his or her perceptions and opinions. If the TR is not willing to open to all ideas, then the TR becomes dangerously close to circumventing the exact communication and substituting an interpretation of it. If the TR knows the terms in the UB the teachers can use them, if not, they use other words which may be available from other studies. This does not mean it is inaccurate information, it means only that the communication is limited by the concepts available in the one used as TR and the one who listens. There is more "work" involved by everyone to glean the message and not take the words used to convey the message literally. If you dismiss the message because of the words it comes clothed in, then you interfere with the process and your own progress of receptivity is slowed. However, if you take the message out of the words and rephrase it according to your inspired impression, then you are also TRing - if your motive or intention is to lovingly serve the community and not self-aggrandizement. The TR must have confidence that those for whom they TR are accepting the risk of vulnerability, the attempt to put aside personal fears and insecurities, and that they are free to say what they "hear" or "see" and not think about each word before speaking it. Be aware that having to protect themselves from criticism can cause distraction to the TR and lose the link of communication with your unseen teacher! It is each and every person's responsibility to encourage this link not to be broken when it is established!

The teachers have often told us that in the process some mistakes will be made. However, unless they are minor, they will be corrected. But the teachers correct gently - they do not alarm us and cause us fear of future mistakes. They help us all - TR and listener - to listen to the message, disregard the disharmonies and then in our own time of stillness to contemplate the intentions of the message. The truth will usually come then and it will be found that the mistake was minor and did not really interfere with the truth of the message - if it had been rightly understood.

When the group consists of loyal and committed individuals working together through this process, the group loyalty and support will automatically support the TR. When the TR is supported by the encouragement and commitment of the group, the TR feels joy in serving the group. But if the individuals do not display loyalty and commitment to the group, and the group displays this disloyalty and lack of commitment to the TR, then the TR feels used. The joy evaporates and serving becomes an ordeal, regardless of the commitment to the Unseen communicators. By attending the meetings, attempting the assignments, participating in the activities, being aware of individuals who need some assistance and offering yours, you can support your TR and develop a loving community in which the process of communication can expand and each member will grow to heights of superconsciousness. You are indeed creating Light and Life right in your group - which is the beginning for the entire planet of Urantia!

Personal reluctance to make the decision when not feeling the emotions of wanting to serve, is detrimental to the community/group, whether you are a TR or a listener. **The TR is only as good as the group in which he or she works!**

Remember this is a process and we are all learning. some of us are learning to TR, some of us are learning to listen and discern. all of us will one day be TRs because I believe the Unseen Teachers do not want to make "gurus" or

"special ones" out of a few, but to teach us all how to relax and let this communication occur within our own minds and knowingness. The TR is limited by the limitations of the group in which he or she works. I repeat: This is a process and we are all part of the process. We get out of the process what we are willing to put of ourselves into the process!

Each of us should ask ourselves: What are we willing to give to the Unseen Teachers, to *our group*, to our TR and to the Reserve Corps of Destiny? Based on our answers to these questions, what is our value to the group? Perhaps our value is to be the listener, the loyal one, the committed one, the reliable one? Only we can answer these questions for ourselves. Only we can give our support to our community/ family/ group. What will we do?

TEACHING GROUPS

The unseen helpers are *not here to entertain*, nor excite us. They are here to offer *guidance for those who sincerely want to create Life and Light* where they are, *in all that they think, say and do!* It is easy for our egos to get ahead of us when we look for the excitement, the thrill, or begin to feel as if we are very special and personally handpicked to participate in this Correcting Time. I believe "it is time" and the call went out to everyone who would hear it and act in faith to answer it! And, they are working with those who answer the call - regardless of "credentials."

I believe that in the near future, a significant number of humans on Urantia will be awakened to an awareness of superconsciousness. Then, perhaps like the monkeys in the *HUNDREDTH MONKEY SYNDROME*, all mankind will move into superconsciousness! Those who do not will cease to exist - like the missing link between the original primate and Andonites. I believe that we who are hearing the call and answering will be the "first monkey to wash our yam" and as one-by-one and two-by-two the others follow, the right number will be reached and !bingo! All of mankind will move into superconsciousness!

I do not believe that all there is to it is to awaken. We are awakened and therefore responsible for *something*. What is it we are responsible for? Is it *only* to help awaken others? What then can we do to help? How will others be alerted to the news that something is about to happen and want to be a part of it?

As we awaken we *seem* to be led to others who are awakened. The teachers seem to want to work with us in groups. Why? Is it because the human mind is so often controlled by the animal emotions of fear and fanaticism? Is the group concept necessary to keep us balanced emotionally so that we do not become feverishly fanatic about what is happening to us? I wonder.

Many Celestial teachers are fused before they come here in this Correcting Time and they are coming from Edentia. When Caligastia brought the "100" he brought with him unfused ascenders from Jerusem. Why the difference?

We see already how many times our celestial helpers have under/overestimated our reactions! These missed guesses at our emotional reactions to what they tell us has resulted in many of us believing they make mistakes! We even tend to try to correct them, or coerce them, into making decisions for us which we are afraid to make ourselves. This is a planet which has been quarantined for 150,000 years, gone into default at least once, is populated by evolutionary humans who live amidst the superstitious traditions of our ancestors even in the twentieth century! Wouldn't it seem wise to send fused beings from Edentia, with more experience to help us than unfused ascenders from Jerusem?

Sending fused beings from Edentia, suggests that something really big is afoot! This is bigger than anything we can imagine! It is as if Urantia is an infected "stubbed toe" of the universe and every possible thing is being done to keep from allowing the infection to cause gangrene and surgical removal! What is our responsibility as we learn how to communicate? Begin to allow our "light to shine" and work altruistically with others.

The family is the cornerstone of civilization and will be its salvation. Working with a group allows the energy of the group to achieve much more than the sum total of the individual members. Remember what the UB states on 1477:

"A social group of human beings in co-ordinated working harmony stands for a force far greater than the simple sum of its parts."

From cleaning up pollution to scientifically finding a cure for our most dreaded diseases, we work better as a team than as a loner.

Yes, our efforts, talents and abilities, harnessed with the energy, talent and abilities of other awakened beings, helps promote that which is initiated as well as offers us the balance of the combined discernment of all individuals and it becomes more difficult to go off on a tangent. To retain our individual integrity through personal communication with our Thought Adjusters and the celestials among us, while working within the support of a group/ community/ family/team may be the pattern for the future.

It is easy for our egos to get ahead of us when we look for the excitement, but difficult when we remain within a group/ family/team who all sincerely want to work for God, unconditionally!

What are you doing to promote *Light and Life* where you are? In your family? In your group? in your community?

METHODS OF CONTACT VARY GREATLY

When I first began this process in the midst of a group, I was aware of a "blob" of light which became a series of multicolored concentric circles and seemed to float down around me and encircle me. I felt a warmth. And, I felt very loved and protected. Then they would just disappear.

Sometimes when a question was asked, I saw a series of written words move across a moving narrow screen (like the words moving around the New York City Music Hall building). Other times I would feel an awareness of a word in my mind - but it didn't seem to come from my thinking processes. There was an otherness attached to it which could not be defined. There were times when the impressions of the word was so poignant and penetrating that it sounded as if it were spoken aloud to me.

As I focused on the process, I would become aware of having spoken a series of words and not be able to recall any of them nor where the continuing words were leading. I had no idea if what I was saying was making any connected sense - or if I was just rambling through a series of disconnected words with no focus or purpose of having said them! If I spent even the briefest of moments analyzing this, I would lose the contact.

I did not think my vocabulary was very broad, having spent many years with children and those with limited vocabulary. It was quite amazing that words I seldom, or never used (but knew them if I ran across them when I read something) began to be spoken by me! My vocabulary has broadened considerably since this phenomenon occurred in my experience. One word I could not even pronounce: "*Vicissitudes*" and wasn't quite sure what it meant, has become a familiar friend in my conversations in the months since this contact began!

Visions or pictures in my mind became common - sometimes instead of telling us with words, a picture would be given, and sometimes, many of us would get pieces of 1 picture which we put together, or we would get different pictures which all gave the same message! For instance a message of "you have different talents and need to work as a team but need to harmonize your efforts because you are all needed" would be given as a picture of a ball field with a player dressed in baseball clothing with a baseball and another player in football gear with a football and another with a basketball dressed to play basketball, but all gathered on the same diamond or court or field to play together. We would get the message!

Another picture of the same message received by another person would be of a three legged stool with all the legs on one side and it would tip over whenever it was used - even though it had the right minimum number of legs, they weren't cooperating in balancing their energies to work harmoniously.

Another picture given to yet another TR was that of two very tall players tossing a beanbag back and forth over the heads of other shorter players who were trying to reach for it instead of quietly playing with a ball on their own level. They were stepping on the ones who were sitting and playing marbles at still another level. Those trying to play marbles were yelling at the ones jumping to catch that which was not their's to catch and the tallest ones were becoming more and more agitated at the ones who were trying to take their beanbag away from them and began throwing it higher and higher, causing those who were shorter to jump into the middle of the marble game more and more often and causing more and more unhappiness and frustration to the marble players! Each were playing a game, and you might say they were making a cooperative effort, but at what cost to the whole? Would it not have done better for each to concentrate at their own level with their own tools or toys and in their own space. Each could be occupied with a game, each could easily play the game for

which they were equipped, and none would interfere with the progress of the others.

Many months before, in the same group but with different people present, one had received a picture of linked up tinker-toys while another saw a pattern of lines like several spider webs which were interconnected.

To emphasize how important it is to share things we become aware of, one night somebody mentioned that as they sit and read or watch TV they catch movement out of the corner of their eye...like a mouse running across the floor, or a person darting across doorways...and as one by one we shared, all of us had experienced similar awareness. Were we beginning to see "shadows" of our unseen friends? It was quite funny to suddenly realize that what was being shared had some reality to all of us! The funny things we personally tried to do to stop the phenomenon for ourselves became hilariously funny instead of frustratingly defeating!

One time one person said she smelled burnt cigarettes everywhere there should not be cigarettes or anyone smoking. Another said they had noticed a burnt match smell. Another said he smelled burnt cinnamon, and yet another had smelled burning hair. The important message here is "burnt" or "burning" but we never managed to figure it all out.

For over 3 weeks we began to notice that others were also trying to move cobwebs, spider webs, a hair, or slap a mosquito or something away from their faces as we set in our study meetings! We began to share and realized that this also had something to do with the teaching mission - but we haven't had a specific answer as to what it was. It stopped as abruptly as it began.

Some began realizing that there were colors to enable us to recognize the various unseen helpers. As one began to be aware of a message and identify the being, another "saw" a color and another confirmed it. Gradually we began to see that certain colors seen by one person in the group tipped us off as to which beings were present when the TR couldn't be sure who was giving the message! Gradually a cooperative effort was being developed among those who attended the meetings. One might be susceptible to emotions or attitudes of the message giver, another of the color which represented the order of being, still another may "hear" and transmit the message! The process was developing for a community effort at affirming the messages!

Several of us had the experience of "seeing in negative" that means that as an old black and white negative of a photograph the image appeared dark where the white would be and white where it would be dark after it was printed! Then color negative began to appear to some.

There are as many manifestations of impressions as there are people to receive communication contacts. The co-operative group will blend the visions, the words and the intuitive feelings into a series of messages and learn from them. The individuals who will not make the commitment to work as a team to decipher the messages, and begin to live the teachings, will probably become uncomfortable with the lack of repetitive pattern and withdraw from the group, causing unrest and distrust for those who are left in the group.

Some first contacts may be "urges" to read a particular book and a tingling excitement about one sentence or idea which will be pulled from the book into an experience with others. Each will know if the contact is real and none can judge the intensity or the importance of the contact except that one who experienced it! Remember you cannot dictate the kind of contact, only your acceptance or rejection of it! If you are open and willing, something will register in your conscious mind and if you think about it and pursue it, you will make beginning contact.

A REVEALING EXPERIENCE IN THE LIFE OF A TR

Many have asked how the TR "hears" the communications from the Unseen Helpers. I have tried many ways to demonstrate or describe the process but it is so often different for each new TR coming on line. Some of us "hear" but it is not usually like "hearing" and repeating a telephone conversation to a third party; some of us "see" - either ticker-tape type or visualizations which can be interpreted with a meaning; some of us "smell" - perhaps the smell brings up a memory from our memory bank (subconscious) which means something to us which we can describe to others; some of us just begin thinking a few words very strongly that seem out of sequence from our other thoughts - a thought transference perhaps; and some of us "feel" a *knowingness* within; and some actually hear a quiet voice speaking to them!

Remember that we are humans and we learn through different means - some of us think by using our eyes to read, some of us use "touch" and some of us have to "hear" directions to remember them. This is true also for the TR. While you are learning this process, the Unseen Helper is probably also becoming familiar with our language, your memory banks, your perceptions and opinions, strengths and weaknesses of character and your activities and interests!

This is going to be like learning to think in a different language for them - and for the TR to understand the meaning behind the few words you understand. Have you ever begun learning a new language and know a few vocabulary words when you visit a place that speaks and uses that unfamiliar language and not the one you are think in? You overhear a conversation and you know what they are talking about, but you don't know exactly what they are saying about that subject. You can read a sign by knowing 3 or 4 major words and have to guess at the others until they make sense? Well, perhaps this is the way Receiving the communications begin also. My experience after arriving in Quebec on our way to IC93 demonstrates how the "words" of communication began for me.

We were on our way to IC93 in Quebec, and my high school French vocabulary began to surface in my conscious mind as we rode the 65 miles to the convention center. As I read the signs, some of them I recognized easily, and others I could make out the main words and then fill in the small words to make sense of them! As people spoke in French I could pick up a few words here and there and begin to get an idea of what they were saying. I could repeat the meanings I thought I gleaned to my husband.

Almost instantly, as I realized this, I also realized that this was the way the TR experience had started for me! One word, then two words, and then three words, and finally a phrase or a short sentence! As I thought about it, this is what happens to many new Trs I had counseled with. They repeat one word at a time and hesitate before the next word is given. Then as they become experienced at trusting the process, they speak 2 or 3 words at a time and hesitate before 2 or 3 more are spoken. In the beginning I think the Unseen Helpers communicate the most important words of a thought first - in words, thoughts, visions, or whatever manages to break through the conscious minds of the receiver. In the beginning it is almost necessary for a TR to fill in the words like "the, is, they, was, you, me, we" etc. Finally their experience enables them to kind of just *know* when to speak a word. As they open their mouth and speak, more words follow. The TR seldom knows where the words are going but speaks them as he or she becomes aware of them. Sometimes the word is basic with no suffix like "ed" or "er" or "ing" or "'s".

We had a person in our group who was a policewoman for more than 15 years. She found when she went to speak words like "go forth" she would hesitate and have difficulty choosing whether to use "go forth" or "proceed" - her police

"language" - so this sort of clued us in that the choice of the word is often ours - the *knowingness* of the meaning being communicated enables us to choose the word best suited to our understanding of what is being interpreted.

Don't allow this to alarm you and think all communications are this helter-skelter. They are not. This is a slowed down process of the beginning attempts at learning to be a TR! With confident practice in a "safe" surrounding before long both the TR and the Unseen Helper trying to communicate become adept at this operation. This becomes a very rapid process and the TR doesn't think about it - it is like an automatic reaction. And, Viola! A new TR is born!

Perhaps this will help someone just beginning the process to understand what is happening and feel more confident about continuing in the attempt! If it helps even one, I will have served the TM community by writing this! Feel free to call me, or write to me, if you wish to talk to me more about your efforts and your successes! I enjoy hearing the experiences and episodes of the learning process of others who have gone through these traumatic unbelievable moments where you think your sanity is hanging on a thread! Remember it is a process and you can't usually learn it in an instant!

ANOTHER VIEWPOINT
or
DESCRIPTION OF PROCESS

Sonny Schneider (Hawaii) has granted me permission to use the following steps which were impressed upon him and shared with me. They helped me formulate my thoughts about this process and may also help you.

Sonny says:

"I was asked by many how do I get myself out of the way so that I can allow the teachers to come through me? My answer was that we were an intricate part of the processes of bringing the message to fruition, and it was our words or expressions that allowed the process. Here is a picturization of the process as I see it. The four stages of concept transfer:

1. Seeing the concept presented by your Teachers, Angels, or Thought Adjuster, with your inner superconscious mind's eye.
2. Superconscious mind receives spiritual concept and presents to personality through mind the most appropriate set of concepts (recognizable/ understandable to you) to describe the spiritual concept.
3. Personality chooses to use mind's choices or substitute with other words or silence.
4. Chosen words are spoken, written, or typed, by command of the personality.

Note: The concepts the superconscious presents to personality can come in multiform such as: Music, pictures, feelings, intuitive senses, mathematical expression, athletic creativity, and words."

DO YOU DESIRE TO COMMUNICATE WITH YOUR THOUGHT ADJUSTER?

This is for those who have become aware of new levels of communication with the Heavenly Father, Michael, or teachers sent from Edentia to help us during this Correcting Time on Urantia. I will attempt to share the "HOT PEN" method of communication with you.

This method is one way to free your mind from judgement and remove the blocks to communication, which we have all inherited through genetics of living on a quarantined planet, or "old tapes" of past experiences. There is nothing "dangerous" about this exercise. Love casts out fear, so allow your Love of the Father, and desire to communicate with Him through your thought adjuster allow you to try this with an open mind, free of fear. Learning to communicate is a process and in most instances, the "work" is done by the Thought Adjuster in liaison with a Midwayer, and/or a Celestial Teacher. You need do nothing but relax and be willing. Knowing it is your choice to never share your experience with this exercise with anyone - ever, *TRY IT!* You might be surprised at the results.

Before you go into the Stillness for Worship of the Father, make sure you have a timer, a paper and pen nearby. (or computer keyboard) Going into the Stillness to worship the Father is the first step of all communication, and if you never experience anything else you have found the major key to your new consciousness!

HOT PEN" METHOD

I suggest you set a timer for 5 to 15 minutes, and spend this time in worship of the Father *in the Stillness*. Your thoughts will slow down and seem to go to a higher in consciousness, more in touch with cosmic Truth, Beauty and Goodness.

Again, set your timer for 10 minutes and then pick up your pen and paper and begin to *write a letter (or prayer) to your Heavenly Father*. Start out:

"Dear Father, this is..(your name)...and I love you. Thank you for hearing and answering my prayers. I am willing to consider this method as an authentic way to communicate with you"

and continue writing anything and everything which comes into your mind.

Just as fast as you think it, write it down, always keeping your pen in motion on the paper (or your fingers moving on the keyboard)! That is why we call it "hot" - it is constantly moving as fast as thoughts come to you to write. During this process do not concern yourself with spelling, grammar, or punctuation - just write down the thoughts. You can go back later and correct spelling, etc. but trying to get it right now may cause blocks while you are attempting communication with the Unseen Friends.

When the alarm sounds (10 minutes) briefly read what you wrote and reset the timer for 10 minutes.

Put your "hot pen" on the paper and this time begin writing a letter to *yourself from the Father*, beginning:

"Dear (your name), I am your Heavenly Father and I love you..."

and just continue writing *each and every thought* as you become aware of it. Record your thoughts as fast as you can get them down. If all that you are aware of is "the clock ticks loudly" write it! Just keep writing! Don't hesitate. Don't stop to think about what you are writing. Don't take your pen off the paper. Don't reread. Don't concern yourself with the authenticity at this point. Just write. Continue writing everything that comes into your awareness during the 10 minutes. (Later, you can take out the "clock ticks loudly" and other phrases which have nothing to do with communication.)

We are told each one of us who desires to have a personal teacher will receive one. If you desire to have a personal teacher, ask for one during your prayer time, before you go into the Stillness, or when you begin your "Hot Pen" letter to the Father. Then when you start your "hot Pen" letter *from* the Father, you may get the name of your teacher, or the teacher may just begin to introduce him or herself! If not, after you finish your "HOT PEN" *from* the Father, reset your timer for ten minutes and begin again with:

"Hello, (your name) I am your teacher. I am here to introduce myself to you...."

keep your "hot Pen" writing and watch what happens! Probably the first "name" you are aware of is your teacher's name - although it may be only partial or an Americanized sound of the real name. Or, it could be your "fused name which may be the name your Thought Adjuster is using" It will be made clear to you if you ask and wait for the answer - but keep on writing!

Usually, the first few minutes are "atta boy" reassurances of the Father's or Teacher's love and "you are ok" type phrases which a modest person blushes at. Keep on going. Eventually, you will begin to notice another type of conversation. The longer you stay with it, the more "logical and amazing" things you will begin to write! If you do this regularly, several times a week for 10 minutes or so, it will begin to be easier, and you will begin to look forward to this time with the Father and the Unseen Helpers which he has given us.

It is my suggestion that you do this daily at approximately the same time to form a consciousness of communication. Remember to *listen to the message, not the words used to convey that message* and give this exercise time to prove its authenticity to you. To do it one time and come to a final conclusion is doing yourself and your thought adjuster a disservice. Practice in privacy and don't expect to feel comfortable talking about it or sharing it for several weeks, or even months.

I will make myself available for you to confidentially discuss your experiences, if you feel a need to talk it over with someone. Do not judge yourself until you have given yourself time to adjust to the insecurities of crossing the bridge of faith on a new adventure. Until you are comfortable, my invitation stands to call or write to me.