

TEACHERS OF THE LIGHT BY JIM CLEVELAND



A MISSION OF LOVE TO OUR PLANET

Light and Life JOURNAL AN EXPLORATION OF THE SPIRITUAL UNIVERSE

TEACHERS OF THE LIGHT

A Mission of Love to Our Planet

We hope you enjoy this online history of the early years of the Teaching Mission, a dynamic Urantia Papers-based collaboration of humans and celestial teachers, accessed through a daily Stillness time with God.

For more information on the Teaching Mission, the Stillness Foundation and the Urantia Papers, other readings and an archive of issues of the Light and Life Journal, access www.lightandlife.com or email jcleveland@erinet.com

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This collection includes transcripts from 52 celestial teachers.

1

SPIRITUAL TEACHERS ARE HERE

A spiritual renaissance dawns. Humankind stands on the brink of planetary change, massive in scope, touching every human heart.

It has been called a New Age ... a Second Coming an Apocalypse ... the coming of Light and Life. All these things are relatively true, depending on one's perspective, and the terminologies they're used to.

We will see values under challenge, institutions crumbling, crying for reformation. But even as flowers wilt and fall, new ones spring forth. Disintegration is seen before new growth.

As great changes sweep our small planet, there will come a higher collective consciousness to deal with it for those who are spiritually attuned.

This eventful epoch of change has been anticipated as a final judgment by Christians. Hellfire threatening. The Righteous carried away from this evil place to a Heaven with streets of gold.

Other spiritual seekers of today see these eventful years as an awakening, emphasizing inner healing and regeneration in order to cope with the traumatic and transforming environmental tragedies that are predicted to sweep the globe. A reckoning for our excesses. A price for rampant greed. The spiritually strong will survive to re-build.

We are truly of many spiritual paths on this small planet, constantly changing and evolving as individuals even as the world changes and evolves.

No matter your spiritual path, no matter what you believe to be true or not true, there is a truth you can rely on today. The spiritual renaissance of our world will encompass all human paths — every one. Everyone who is searching for God can be assured that God has already found them.

You can believe with confidence in an awakening to truer and higher values, higher consciousness for all humankind. It's coming. The evidence is mounting.

And the exciting thing is that you can help bring it on in the pivotal years ahead, most likely in your lifetime.

You can learn to radiate unconditional love energy wherever you go, and by giving thus receive.

You can discover for yourself that spiritual assistance is here in the form of celestial teachers and guides — arriving in ever-greater numbers to teach basic spiritual truths, and to help humankind progress spiritually.

It is only a beginning, a modest one. This is the way evolution is. It starts with simple things — cells, words, a new insight into critical relationships. It grows. And as unique personalities, we each grow with it. From amoeba to mammal to mankind we go.

Here in the new millennium, spiritual energies have been opened that are allowing the truth seeker to receive stronger and more direct spiritual guidance. God has heard our calls of suffering. And on the spiritual side, an important adjudication of the “war in heavens” has been made. This opens the celestial way for teachers of many personalities and one message to come to us for what is called “The Correcting Time.”

It is a time for us to work cooperatively with our spiritual teacher-guides to help correct humankind’s errors and evil, forge a new direction. It is a major first step in delivering our beleaguered planet to a higher purpose — of joy in spiritual loving. This massive movement is making its small beginnings now, opening new spiritual energies to each and every one of us who seeks God in sincerity. Personal celestial teachers are here to help us achieve this divine contact with the God spirit inside us, and to be our personal spiritual friends and guides.

It’s true that spiritual seekers today are expressing this idea in other ways, using different terminologies, coming from different perspectives. They are feeling the expanding energies in their own ways, responding in ways which are true to them and their understanding. This growing idealism, altruism is taking root in many places, even within the most seemingly conservative environments. Many kinds of people are yearning individually and collectively for a deeper spiritual purpose. In the suburbs and the ghettos. In churches, halls of government. A higher level of human consciousness will come is already breaking out in glimmering shafts of light here and there.

Within the Correcting Time, a colony of celestial teacher personalities are now descending to befriend and guide us, eventually to help us make of ourselves AllOnePeople in spirit.

They come from God. They are here to help you find God — and in a very simple way — by looking inside yourself in a daily stillness time — for worship and prayer, and to get assignment of a personal guide who will be your own unseen helper from now on, throughout your incarnation here and even a friend in the beyond.

This will be the goal of this volume — to get you involved in a personal relationship with the light, the spark, the spirit of God that lives inside you — which will be your daily inspiration, encourage you to choose an active role in the Correcting Time, to choose spiritual growth while still here in the flesh.

It is time to quit reciting our litany of complaints about society and get busy fixing them. How better to do so than by actively serving spiritual ideals in our everyday lives? The celestial teachers of the Teaching Mission will help you do that.

But Working for God? What is God to you? To me? Perhaps we should find some common ground with that concept.

However you think of the mighty First Source and Center in your free will mind will suffice. As Universal Father. The One. Prime Creator. Universal Source. In this volume, this is the God that we mean, your God. And we regard you as being a unique expression of that God, so you have your own minds and paths, and that’s okay.

The Oneness that becomes reality with ultimate truth is what matters. Knowing that God is One and we can be one with God, that his scattered sparks of life in time and space will eventually return to the eternal source. The spiritual quest toward perfection. Our various perceptions of the truth are only way stations in the time and space experience.

But the “where” is important to the knowledge. Some people see God as a lofty ideal, so far removed from human reality as to be virtually unknowable, undecipherable. Not true at all.

The distance to God is not as far as some people think.

God is inside you.

The spirit that lives within your life experience. God lives with you, every moment of every day.

This spirit of God indwells each of us like a piloting light — beamed from a loving, benevolent Heavenly Father. “Father” is a most common title for God here, defining a father as one who often visits his love from afar and is the source of life. Certainly this “source of life” appellation for the Father is beyond sexism in your mind. We here are the material sex creatures; indeed, the Father as Creator is above and beyond this material expression of the concept. The beauty is that you can visualize God as you wish, the kind of First Source and Center that makes you feel comfortable and at peace.

The new wave of celestial teachers of today and tomorrow will help you find an even deeper connection to this fragment of God, this indwelling spirit, that lives inside you. They will speak to you directly of these things in this volume. You will come to know through the divine grace of the message that they bring that they are indeed even more than spiritual. They are celestial. They are commissioned to do God’s work.

Working with them and others of the Universal Father’s incoming legions, we will eventually change the world. Save it.

At some time in the future, in ten years, a hundred, a thousand, the Correcting Time will bring all spiritual searchers together on our small planet and we will be unified under this One God reality — a reality always expressed in one way — in LOVE.

Universal, unconditional love. Which invariably leads to loving service. Which activates the God powers of the universe. Which then propel us forward in our ascension toward perfection.

You will come to personally know some of the celestial teachers in this volume, all serving together gloriously to help bring forward those immediately behind them (us), as per divine plan. The teachers are mostly “morontia” formed personalities — once mortals, now ascending on the heavenly path Godward that we will take upon our graduation from here.

In our lives here, we often think of ourselves as bodies which have spirits. In the beyond, we might well consider that we are emerging spiritual personalities who have bodies, streamlined ones, without the need for waste disposal systems and requiring different kinds of energy nourishment.

The celestial teachers still have this “morontia” form of body for they, like us, have not fully

evolved into spiritual beings. However, as with spirit, they are quite invisible to our mortal, material eyes. We most often call them “unseen friends,” for they are quite friendly, lighthearted, always patient and kind.

Yet they each have unique personalities as we do. In their own personal way, they each exude the same, compatible messages, whether in Oregon or Texas or Florida — basic spiritual truths that will help us get started helping in the Correcting Time — bringing our world, our children’s world ever closer to Light and Life.

We are still exploring how these morontian perceptions of the celestial teachers are somehow blended co-creatively with the human mind, the raw material that is already here. The teachers have told us that we have our own streams of consciousness, like a river, maybe muddy, loaded with sediment from this imperfect place. They would seek to bring into our stream their own purifying waters of spiritual truth, making us much cleaner of mind and spirit but nonetheless sometimes contaminated too.

Transmitters should eternally be diligent that they are being truly released in faith, providing fully open vessels into which the teachers can pour these purifying, inspiring, instructive, quenching, enabling, enobling waters. In their purest form, these droplets of spiritual insight are ultimately from Christ, Jesus, Christ Michael, this great personage who is truly Son of God and Son of Man.

Our children and their grandchildren will appreciate us making this great start — human and celestial working together to heal the planet, co-creatively, under the aegis of a major celestial force. Of course the reclamation of our planet will take much time as we perceive time, more than our lifetimes. When we die and are resurrected, we will monitor the continuing progress here from the Mansion Worlds that Jesus promised for us.

They are truly schools, as is our planet and all others of time and space, classrooms, or laboratories, of material experience. In a sense, the whole universe is one big educational panorama for learning and growth. It is ultimately all a University.

Who are the immediate leaders of these teachers on Urantia? We will also hear from them in this volume. They are:

- Michael of Nebadon, a Creator Son of God, the First Source and Center. We know him from his incarnation here as Jesus. In one personality, he was both Son of God and Son of Man. In this volume, we will come to understand the latter more fully, so that we may better understand the fullness of this magnificent personality.
- Machiventa Melchizedek, already once materialized here to serve as mentor to Abraham and keep the planetary one God concept alive. This mighty member of the Melchizedek teaching order, very familiar with our evolutionary history, is back again to bring about a planetary awakening for Michael/Jesus, to prepare the way for his Second Coming.
- Abraham, who continues to work with his friend-mentor through the ages. He was the first to come forward and introduce the Teaching Mission — in New Zealand. We will review his transmissions from there and some new ones.

Along with a full entourage of celestial personalities

The brilliant Ham, who introduced the Correcting Time and Teaching Mission to a Los

Angeles gathering , signalling a nationwide expansion— and also some skepticism and divisiveness. His lessons in Woods Cross, Utah and Nashville have become milestones of spiritual revelation, a full body of work in their own right.

We'll hear from Daniel and Tomas in Idaho Tarkas, celestial artisan Bakim, Elisha, and others in Cincinnati LorEl, Will and others in Florida The effusive wordsmith Veronica in Hawaii Elyon, Rayson, Olfana, and a whole plethora of teachers stretching from the Pacific Northwest down into California — the nucleus of spiritual energy for the Teaching Mission family, which, to our good fortune, has no formal organization or leadership, only camaraderie. What the Teaching Mission will grow to become at this stage is anybody's guess.

From the celestial teachers represented on these pages, you'll glean a new perception on how the earth is changing, why turmoil can be expected, and why God's plan for the evolution to perfection — of this planet, and of you, will come to pass.

Many minds here still dwell on the dark side — seeing the disintegration of the old ways leading to apocalyptic destruction They still see the world as insane and doomed, humankind as almost beyond hope, a bleak future. They continue to poison themselves and their environment with all of these negative energies, unknowing. In these pages, we hope you'll learn from the celestials to dwell on the positive, manifest loving energies that will in turn manifest all around. It really does work!

For peace, we must rekindle our faith in God, get an understanding of Jesus-Michael's co-creative plan with humans — to heal this world and bring it to God. Understand the brilliance of this stroke! That humans can actually help — be a vital part of the Correcting Time while here in the flesh.

Humans are God's material force on this planet. We have the heads, the hearts, the arms and legs and free will spirit to make changes here, especially in this time when new spiritual energy channels are opening up to us to access, when celestial angels, teachers and personal guides are here in great numbers to help — and need us to help them.

Increasingly, people are feeling the Light coming, the new energy that wells from within — moving us slowly, steadily, surely toward a higher collective consciousness that will uplift the world much more rapidly toward Light and Life.

Increasingly, people are recognizing evidence of a rising, earth-saving spiritual consciousness in the swirl of events that are sending us into a new millennium. They see our failures here as poisons to be called forth and purified by God's loving energies. They are kindling their faith in their own potential, our potential to work together, our potential to get spiritual help, our potential to have a personal, very personal relationship with God, and to actually work for Christ Michael/Jesus to eventually effect his second coming.

Wondrous times dawning. Great opportunity.

It is truly a time for choosing lightness or darkness — in our minds, in our bodies and spirits ... a time to look up and find God ... a time in which we will be receiving greater spiritual assistance than ever before.

Will, a celestial teacher in Florida, once said: "There are as many paths to God as there are people to walk them."

Everywhere we look, people are seeking a higher realization of God and spirituality. We can choose from a wide plethora of approaches. If you choose the philosophical path upon which these pages are based, you will find it dedicated to unconditional love and respect for all paths to God, a belief in the revelation of the Urantia Papers, and the validity of the many celestial teachers now working with Urantia study groups.

You will find that we also believe in continuing revelation through the ages, with humans interacting creatively with spiritual inspiration. We believe inspired spiritual works in literature, medicine, law, government, welfare, art and other fields will be appearing in greater number and ever-more constantly in our awakening society.

Already, we see the many activities of the Angels in this Correcting Time. We see a deeper general interest in spiritual matters, answers that can come from within, through the Stillness, meditation, prayer, talking with God. This is all beyond the church and beyond rhetorical rote. And the pace of this spiritual awakening will be quickening.

The celestial teachers will explain all this for themselves. But before they provide us with the large share of this volume, we'd best address a few more issues to provide context and common ground.

The first question is likely to be: Who are these people who say they're talking to celestials?

2

THE TEACHING MISSION — IN HEARTS AND IN LIVING ROOMS

Here's the boildown:

People in the Teaching Mission of our planet's ongoing Correcting Time are just ordinary people, like you.

There are no rules, regulations, or conditions in the mission. Each voluntary seeker walks their own personal path of spiritual growth, always with free will — the great gift of the Father — in charge.

The teachers who visit us in casual living rooms provide the inspiration and tools to help us obtain personal spiritual guidance throughout each day, especially in the Stillness time we should daily give to God. This is most important. Just as we carry God within, we can also be assigned a personal spiritual guide. We can all get personal spiritual guidance. We don't need psychics.

The meetings in these first years have provided the means to hear the lessons through a willing transmitter and a chance to interact regularly with other open-minded spiritual seekers. Within these cozy gatherings, we all maintain the freedom to find and understand God in our own particular way. We are all just exploring the phenomenon, reading and evaluating the transcripts, trying to apply the lessons each day in acts of loving kindness and service, healing ourselves, gleaning more enlightened perspectives of reality, understanding more, seeking to apply it.

To do this, your Stillness time daily with the Universal Father is more important than group sessions. In fact, it is a key activity of your life. One-on-one meetings with your Divine parent, getting to know God personally and, in time, choosing to align your human will with his Divinely perfect will and striving to do so.

Through the aptly-named "Teaching Mission," many humans are learning to do exactly this, achieve contact and receive personal spiritual guidance during these daily times of quiet meditation. Within the Stillness, the celestial teachers are providing powerful nuggets of insight, while gently, lovingly, helping us develop our own personal relationship with God.

Meditation has carried humankind purposefully to this point. Now, with new spiritual energies being opened incrementally to our planet, we can use meditation to make meaningful two-way contact with celestial teachers.

They are here to train the Heavenly Father's new wave of human spiritual ministers on our planet. Each of us who chooses can be a working partner in healing the world and bringing it to light.

Can we indeed lift our heads, our eyes, our hearts to a new level of spiritual faith that will

begin to change the world? Can we manifest love and begin changing the world by changing ourselves? Can we see God's indwelling spirit within our fellows, and seek to bring it to fruition through our own care and concern — without egoistic and fear-based judgments that poison them and ourselves? Can we give love unconditionally?

Is all this too big a job?

There are more than 40 recorded Teaching Mission groups of spiritual seekers across the U.S. at this writing, people of all ages and from all walks of life, who don't think so. And they are only a small part of the enhanced energies that are beginning to take hold in people's minds and hearts in various emerging spiritual movements here.

In this particular vanguard of a new age of higher spiritual consciousness, the cohesive, well-trained Teaching Mission corps is helping humans reach upward and achieve a level of spiritual interaction that has not been possible before.

Their emphasis in these early years has been our own personal spiritual growth, often with complementary physical healing exercises. If we would be teachers and represent higher spirituality, we must first learn and know, and be healthily balanced as best we can be in mind-body-spirit.

The spiritual awakening has begun from the inside out, from each heart and mind and personality who chooses to work with spiritual guides in this upliftment. Their mission is to work with each human child of God as separate and unique, so that they may, in turn, learn to radiate these loving truths to others in their own personally unique ways.

The Teaching Mission has taken root in the many informal groups of readers of the Urantia Book, a story in itself, a massive spiritual revelation that has been strictly controlled in its dissemination since its 1955 publication.

This is essentially the Teaching Mission text, if it truly has one, since it is the largest body of spiritual and cosmological truth to be found on the planet. But the teachers don't discount the value of other inspired works by humans, and urge that we seek the kernels of truth in all things, stress commonalities rather than differences, and learn to use the Spirit of Truth that Jesus bestowed to us.

Based on a highly intellectual constituency, it was no wonder that many Urantia Book students would dismiss the Teaching Mission as more New Age channeling, and many with analytical mindsets are somewhat turned off by such unproven phenomena.

The controversy over its validity as true spiritual contact continues at this writing, all the while the Teaching Mission has become a motivated and active force that has helped breath new life into the nominal Urantia Book movement.

In fact, the method of communications is somewhat different from channeling as most people define it. It's been dubbed TR, or "transmitting-receiving." It's similar to channeling, but with some distinct differences.

First, TR is a learned process and anyone can do it. There are no hired psychics in the Teaching Mission. Participants learn to get their own spiritual guidance, and they serve as group transmitters, verbalizers of the teachers' lessons, somewhat like taking dictation, stepping aside from analysis in openness and faith, and just speaking aloud the words that

come to them from a celestial teacher-friend. It's a service to the group, carrying no special status. Egos have no place in the Teaching Mission, except in lessons that urge us to move beyond them.

Unlike trance channeling, voluntary TRs are conscious during contact, either while transmitting to a group or through their personal writing in journals or via computer keyboards. Most groups now have several transmitters, and many have been assigned personal teachers for their everyday lives.

Unlike trance channeling, TR keeps the free will of each individual eminent; the human is always in control. This is an integral part of the Teaching Mission process. Free wills, according to God's plan, must not be tampered with.

Well, if the celestial teachers use it for a text, then the Urantia Book must have a lot to say about where they come from. Indeed, it does. But where does this behemoth of a book itself come from, and who wrote it?

Some 200,000 copies of this near 2,100-page tome have been sold worldwide since 1955, when it was first published by The Urantia Foundation in Chicago.

The Foundation has kept a close rein on dissemination, however, seeking to restrict it through copyright control to slow, one-on-one sharing. They distrust the media, recoil at the anticipated retaliation of traditional churches, and have referred to certain celestial rules given the human Contact Commission regarding dissemination.

To most people, the Urantia Book is still an obscure cult reference. Some can't handle its straightforward approach to genetics and evolution; others don't like its variance with Christian doctrine; but thousands read it avidly and have made it a lifetime study. The vast majority of people have never heard of it. But they will.

Contrast its anonymity with "A Course in Miracles," which has inspired a plethora of secondary works, and some see a mirror image of what the Urantia Book could have become with good leadership.

Even so, thousands of humans, enthralled by the book's lofty logic and wonderfully wrought prose, have studied it for years. There are translations in Spanish, French and other languages, and others in development by the Foundation. There are especially strong fellowships of students in California, Colorado, Arizona, Oklahoma, Florida, the Pacific Northwest and Quebec.

As the most comprehensive spiritual revelation to date on our planet, it's natural that the celestial teachers would encourage its study. But neither the Urantia Book nor the Bible nor anything else precludes our personal relationship with God.

From this vast foundation of truth, however, spirituality takes on much fuller meanings. Check it with your truth bells. And whether you accept it as spiritual revelation or not, it's still the most sweeping cosmological adventure story you could ever imagine, incredibly complex sometimes, always beautifully written and thought-provoking.

If you were told there are nearly 2100 pages of spiritual revelation available that has been authored by celestial administrators, there surely is incentive for anyone and everyone to check it out. Millions will discover it in the years ahead.

Urantia Book students are fascinated by its seamless cosmology that starts with God and encompasses the vast superuniverse, our local universe and planet. They are inspired by the majestic, perfectly-constructed sentences and paragraphs that deliver a full-blown history of the planet and mankind's evolutionary progress.

The crowning power of the book is its long, passionate and richly-written history of Jesus' life here, an event known universally as the seventh, triumphant incarnation of Christ Michael, that Creator Son of God who made and rules over our entire local universe, the Lucifer rebellion or "war in heavens" notwithstanding. Our planet still suffers from that ideological conflict, as well as from the later default at biological upliftment by Adam and Eve, and, of course, our persistent animal-like natures.

The Urantia Book is a powerhouse — believe it as revelation or not. After study, many realize humans couldn't have written it, that it is truly celestially transmitted, not unlike the present-day Teaching Mission processes. Evaluate it yourself.

In the year 2000, we have had this published revelatory text for 45 years. Now, the celestial teachers are here to interpret and expand its teachings — to encourage us to actually live the spiritual truths of a book which has posed enormous intellectual and analytical considerations for four decades but has made a minimal impact in spiritual ministry. Professors in universities are the forces that make texts dynamic

Though the text is recommended, any and all are welcome to Teaching Mission groups. Our teachers say there is truth in many sources; it is part of our challenging adventure of learning and growth to find it, applying the Spirit of Truth inside which Jesus bestowed upon each and all at Pentecost.

The Teaching Mission is in its formative years on our planet — Urantia — and much that we don't understand will doubtlessly be revealed. For now, we remain students in this classroom-laboratory of material life looking for spiritual truth. This volume will allow the celestial teachers to give you some ... for your consideration.

You don't have to go to Urantia Book study meetings. You don't have to organize a small TR group for meditation and attempted upreach in your community. You could well do these things and others.

But the teachers will tell you, from many different perspectives reflecting their individual personalities, that the daily Stillness is the critical threshold to spiritual growth. Making contact with the personal spiritual guides that the Father will assign you to help you meet your needs and aspirations is the most important mission of the Teaching Mission.

Best we study this phenomenon first.

3

THE POWER OF STILLNESS

God is reached in the quiet times, when the cacophony of the traffic and the radio and the TV and the kids at play are melded into the back side of the mind. Still of body of mind of spirit. Loving and worshipping God. Loving and praying for our brothers and sisters. Loving and forgiving ourselves and everyone. Loving and serving the ideal of the Love.

The teachers themselves are most eloquent on the Stillness and spoke often of its values from 1991 and forward in the U.S. Achieving Stillness and getting our own personal teachers was an early goal of the Teaching Mission.

On the very first night that our Cincinnati group met our assigned teacher, Tarkas, we were gathered expectantly in a suburban living room. A friend in an Indianapolis Urantia Book group had been told by their celestial teacher, Welmek, that our group had been assigned a teacher. It only remained that one of us in our group achieve contact and transmit his lessons — if we chose to do so.

Intrigued, we welcomed the small Indianapolis contingent and listened intently as Tarkas introduced himself to the group and laid out basic parameters of the Teaching Mission.

The transmitter sat quietly and spoke methodically, gently.

From TARKAS/First Session 12-18-92:

“Greetings to all of you. My name is Tarkas. I am a part of this Teaching Mission that has been commissioned by Michael and the Father Himself to help bring spiritual peace, spiritual solace to your troubled planet.

“If you could see all of the beings, all of the help, that are coming to your world and all of the worlds that were a part of the rebellion. You would not believe how immense, how much of an effort is being brought to your planet to help heal all of the problems that you have had.

“I understand that this may seem somewhat strange to most of you. I ask only that you listen and that you ask within your own heart and minds ... ask your own divine guidance. If what you hear is true, if you believe that it is, then I encourage you to come to continuing sessions. If you believe that it is not true, in the long run, in the eternal sense, it makes no difference. The Father’s love for you is as great no matter what you might decide. I simply ask that you keep an open mind and that you listen for our Father’s guidance.

“I will leave much time this evening for your questions. But I would first like to talk about the nature of this mission and what it is that we are trying to accomplish.

“Our purpose is not to take the place of our Father within your life. The Father is your ultimate guide. We would never be so presumptuous to do that. Our purpose rather is to help

you grow in your understanding and your contact with the Father.

“No matter what it is that you do, there is a learning process, there is a growth process, and you must learn to develop and to grow spiritually, just as you do mentally and physically.

“What we are here to do is to provide some help for you. We are your teachers. As you struggle and you have questions, we are your tutors, your counselors, your teachers. We believe that by doing this we can help you in your spiritual growth. The more you grow spiritually, the more you are able to allow our Father’s love to flow through you so that others may see His love within you, the sooner the benign virus of love can spread to all of this planet.

“We do not have enough people involved in this mission to work with every single individual on this planet, so our goal is to teach and help you, in hopes that you, in turn, will be of service to your brothers and sisters, and again show forth our Father’s love so that they might be attracted to you ... they might come to groups such as this.

“Can you imagine for a moment if every human on this planet were meeting in a group such as this to discuss spiritual growth and progress once a week or once every two weeks? Can you imagine how quickly things would change on this planet? Now things are accelerating, but there is much, much work to do, and there seems to be sometimes so few laborers.

“I would suggest that this is an opportunity for you, an opportunity to grow, and an opportunity to serve your brothers and sisters as you grow. In the universe, whatever you learn, you must turn and teach it to others. This is the way of growth.

“We are here to help the spiritual growth on this planet, but we may not interfere with your human will. We can help you, we can guide you, we can teach you techniques and methods that will bring you closer to the Father, but we can not do it for you. You must do it. You must make the choices. But again, we can help you grow more quickly.

“In all that you do, I wish to assure you that, despite the difficulties and the problems on your world, our Father and this entire universe of universes is truly dominated by love. You simply have no idea of the love and the beauty that awaits you. We hope that, with our help, we can bring you, in this lifetime, closer to our Father’s love to help you feel His love more deeply in your life. If you seek inner peace, and if you seek true happiness, this is the path. There is no other.”

QUESTION: I would like to know about you. If you will tell us a little bit more about yourself before we start asking about ourselves.

“It is not our purpose for me to reveal much about myself, and it has little to do with our mission. However, having been a human at one point, and having worked on several missions with humans on worlds such as yours, I understand your natural curiosity, and I appreciate your sentiment of friendship, and wanting to know something more about me personally.

“I am from what your text describes as this local universe. On my world, I was a teacher of children of an adolescent age. I was married and I had three children of my own.

“The world where I came from, as with most of the teachers involved in this mission, was already settled in light and life. It is very difficult for you to imagine a world like this. I had

so many opportunities that are not so prevalent on your world.

“On my world it was natural to grow up with everyone wanting to love you and to do what was best for you. The knowledge of our Father and our universe was assumed and understood. There were no wars. We had evolved beyond these types of problems.

“I know this sounds somewhat Utopian to you, and in a relative sense it is, but yet I also want to assure you that many of us in a sense envy, in the best sense of the word, you and your opportunity to be on this planet. As you progress through the universe, you will find that people will continue to grow and continue to develop, but their needs are not so great. There are not so many who need such dramatic help.

“You here have the opportunity to help someone every day of your life, even if it is a kind smile, a kind word. These are things that mean something to the people that you meet each day, let alone the opportunity to bring them into meetings or to discuss with them the opportunity for them to grow more spiritually and grow closer to our Father.

“On our worlds, the needs were not so great, and so the opportunities to be of service to each other, while always there, were not so dramatic. So, in one sense, your lives are more difficult, but at the same time your opportunities are so great.”

HOMEWORK: DAILY STILLNESS for WORSHIP, PRAYER, FORGIVENESS AND SERVICE

“Let me say to the entire group, that what I wish you to begin this evening to work on, is to begin seeking the stillness, to worship daily. I know that you read this in books, and I know that you all say, yes, that is important. But I can not tell you how important it truly is.

“If you want to feel the presence of God, if you want to feel at peace within yourself, you must learn to practice worship on a daily basis. You must seek to see our Father as the most loving, the most wonderful being you can possibly imagine. He knows you intimately. He knows everything about you. There is no one who could understand you more. There is no one who could be more loving and understanding and merciful towards you.

“Each day, talk with the Father about your life, your hopes, your concerns, but also listen for His response. Thank Him each day. Try to feel His love in your life more each day.

“The second thing that I will ask you to do is to begin to pray each day. We will learn much about prayer over time. But for now I will simply say, pray for others. The Father knows your needs. As you talk over your concerns with Him, you are in a sense praying to Him.

“When I suggest prayer, I mean prayer for others. Pray for them in a specific way. Think of many spirit beings all waiting to answer prayers. If you are to say “God bless America,” envision yourself as a spirit being waiting to be assigned and wanting to help. If someone said to you, “God bless America,” where would you begin?

“But is there someone that you know who is having a problem, learning to forgive themselves or others, and who carries much anger and hate with them because they do not understand others? You can ask for specific guidance for them to receive the understanding or insight to help them resolve a specific problem, or ask that they meet someone who could help them.

“Pray for specific outcomes and specific situations and I think that you might find that you see more answers to your prayers. Understand again that all sincere prayers are answered in time. But it may be in your lifetime and it may not. Much depends on the nature of your prayer.

“The third thing that you must begin to work on is forgiveness. How can you turn to our Father and ask to receive his love if at the same time you feel hatred, or anger, or resentments? You must let go of these things. None of you are perfect. None of the other beings that you know are perfect. You must develop a more loving attitude.

“When you see a young child make a mistake, do you stop loving that child? You grow frustrated, perhaps, but what do you say to yourself? It is a young child. I love them. I hope that I can guide them and help them to correct a particular behavior. I would suggest to you that you are all still young children. Whether you are three or eighty, in the universe scheme of things, you are all young children.

“Did any of you grow up with perfect parents who know how to guide you in every single way, in the best possible way? I would think not. And so would it not be true that for every individual there are areas of their character or personality that they have not been guided in properly? And so, when you look at others, learn to love them, even if you dislike a particular behavior of theirs. Learn to separate that behavior from that person. Want the best for them and do not be so disappointed when they do not respond to you in such perfect ways, and do not be so disappointed with yourself when you do not respond in perfect ways.

“There is nothing that our Father would not forgive you for. If you turn to the Father with the intent to say, “I will try harder, I know I might have made a mistake,” I can assure you that you are already forgiven. But when you turn to our Father, when you ask for His love and His guidance, do not bring malice, do not bring hate, do not bring anger and resentment towards your brothers and sisters with you. You must learn to let go of these things.

“The final point that I would say to you is that each day, try to look at someone and imagine that there is a most loving and wonderful spirit fragment of our Father residing within them. If you were talking to Michael right now, how do you think you would act?

“And so why do you not do that with each of your brothers and sisters? I know that this seems difficult, but what I am suggesting to you is that, as you grow and as you develop, and as you feel our Father’s love, in fact you will learn more and more, you can see your brothers and sisters in this way.

“You will see them with a loving parental attitude, just as Jesus had that attitude towards the apostles, towards all of the humans that he came in contact with. If you seek love, if you seek happiness, if you seek peace, these are the things that you must do. Everything is a matter of practice if you desire. Just try each day to make some progress, and in time you will find that others are responding to you differently. You will find that you have a different attitude and feeling about yourself.

“I know this seems easy to say. I know that it must be a decision on your part to pursue these things. But I tell you, this is the way of the universe. The universe is filled with love and goodness, and as you grow in this universe, these are the things that you must do to promote that growth.

“As we begin our sessions, over time, we will explore each of these more thoroughly. We

will have sessions on each of these and we will go much more deeply into the understanding and practice of each of these. But I want you to understand that this is what this mission is about. We are here to help you grow spiritually. If that is not your desire, if that is not your intent, then I would suggest that these meetings will not be interesting to you.

“I say that as a matter of theory, but I know by the very fact that you are here, that you have this desire to want to grow, to want to come to understand and grow closer to our Father, feel His love more in your life each day, and to learn to serve your brothers and sisters in a more loving way.”

SERVING AS A TRANSMITTER-RECEIVER (TR)

“First, you must understand that there is no special spiritual status associated with this. It is really based only upon your willingness to fulfill this function to help your brothers and sisters. All of those who perform this function must continue to grow at this and develop as everyone else. You must want this. You must make a certain level of commitment to do this. If this is your desire, then I would suggest that you pray, and that you seek guidance about this.

“Learn to seek our Father in worship. When you worship, give thanksgiving to our Father, talk with Him, and try to feel His love flow through you. If, at that time, you feel that this is your desire to help in this mission, then ask for contact with myself or a teacher, and after you ask this question, pause, and try to still your mind and listen. If you feel that you have some contact, if you begin to feel that you hear my words in your mind, then I would encourage you to have a tape recorder nearby and simply speak whatever comes into your mind.

“Do not engage your mind. Do not worry. Do not be fearful. Simply allow yourself to vocalize the words that flow into your mind. Afterwards, you can then play back this tape, and then you can make your assessment; if you believe it is your own mind, or you believe it is true, and has truth content to it. It is a growing process. It takes a while to become comfortable with this process. But that is what is required. Everyone here has that potential; it is a matter of your learning to still your mind, and the matter of your willingness to perform this function for the group.”

FINDING TRUTH

“What is important is that you are a seeker of truth. I will say the text of The Urantia Book is the most advanced teaching that you have on this planet and is the most complete teaching, but how could the truth all be contained in one book? There is truth in The Course. There is truth in many books. There is truth in many people. Everyday is an opportunity to seek a greater understanding of truth.

“There is little value in worrying about the source or what particular avenue the truth comes from, whether it is from The Urantia Book or The Course, or the Bible, or whatever source. What is important is that you seek to understand what is true. What is also important is that you do not limit yourselves in your opportunities to seek truth. If someone were to think that all truth were contained in The Urantia Book, they would be very limited in their understanding. And so it is with The Course, and so it is with any book or any person.

“You may meet a stranger tomorrow, and if you engage in conversation, you might find that person says something that rings very true to your heart and your soul. My point is — never

put any boundaries or any limitations, open yourself always to truth, no matter where it might come from. If you find some differences in some of the ideas, put them on a shelf in your mind, and do not let them become barriers, for you will find that the truth, the real truth, will be the same, no matter what source you find it.”

What Tarkas said rang my silent bell of truth and others as well. Interest swelled for a time in the study group, some newcomers being only curiosity seekers, others earnestly looking for basic spiritual guidance. As weeks went by, another frequent visitor to Cincinnati from the Indianapolis group came to transmit Tarkas several times until one of our number achieved the technique.

In time, we had one transmitter, then another. Both were competent and continue to be spiritually awakened and motivated, but for personal reasons both declined to continue in the spotlight of the room when I was able to come on-line. By the time I became the group’s usual transmitter, we had compiled a large number of transcripts of Tarkas’ teachings, which served to outline the foundation curriculum of the Teaching Mission.

Then, as time passed, we discovered other groups and read their transmissions, came to know and appreciate a plethora of celestial teachers in many locations, each with a distinctive personality and style, but each presenting the same lessons of spiritual truth decreed for this “Correcting Time” on Urantia. The compatibility, nationwide, was apparent, although we were told there would be occasional human error in the transmissions. We were assured that receiving and transmitting was a technique that had to be developed, but that they would allow no serious error to stand.

All of this has grown now into a thriving and growing network of spiritual seekers, receiving lessons of increasing depth and complexity as we humans learn to become teachers of spiritual love.

This experience, contrary to the fears of some Urantia Book fundamentalists, has brought the Urantia revelation into a dramatic new light. The teachers were telling us to pull ourselves from analysis of the book and learn to “live” in the love that it prescribes for us, the same message that Jesus encouraged — to live our religion, to join the Kingdom of God that lives within each of us and go forth with kindnesses, compassion, mercy and good will each day, each moment.

Perspectives on just what the Teaching Mission was and was not about began coming in the early lessons.

Always, they emphasized the Stillness. And from there, they embarked upon many finely-honed lessons regarding inner spiritual growth.

THE STILLNESS EVERY DAY

Ham in Utah

“I request not the seeking of blissful ease experience, but rather the supreme exercise of true faith, the true faith of the child reaching out with courage toward the Father, and the reciprocal downward reaching of the Father toward His child. This is the sublime experience in life, and much guidance, inspiration, foresight and spiritual insight may be thus obtained as the reward of the sincere faith-seeking child.

“I do not enjoin you to covet this practice for long periods of time. However, frequent repetition of this stillness, prayerful attitude, is very helpful and enlightening, and I would suggest that we should attempt to seek the stillness every day for a few minutes. It is, or can be, the most fruitful experience of our 24-hour day.

“It is often the practice of men to be so busy with their day-to-day thinking activity so as to simply forget the higher realms of thinking, reacting, feeling, experiencing, which are possible by the simple practice of:

- 1 — Aloneness
- 2 — Stillness of the body
- 3 — Stillness of the mind.

“I wish to elaborate on three — stillness of the mind.

“This is the most difficult aspect of this practice, and sometimes requires a considerable amount of practice in order to have the ability to sustain mental stillness for a time length. This, however, should be practiced with diligence, and reward will follow.

“I say to you with surety that this simple practice will surely help to increase the mental peace and well-being, the emotional happiness and feeling of well-being, and also the physical health and well-being, for this process of allowing the contact of the Thought Adjuster through the superconsciousness is, in itself, a very healing process.

“The great spiritual power inherent in the presence of the Thought Adjuster is never, ever realized in mortal consciousness. You can expand this consciousness of God awareness by diligent practice, conscious thought, consciously centering the thought process on Him, and also on Christ Michael. But the full consciousness of such extremely powerful spiritual beings cannot be realized during the physical life. So powerful is He, that for even a momentary full consciousness, that is, His being filling your consciousness completely, which is not to say complete consciousness of Him, but complete consciousness possible of Him, would result in translation. That is also the Deity embrace.

“His supreme desire, of course, is to reach you more fully day by day, to impart his guidance, some of His awareness and His teaching directly to your mind. What a change of life results from the sincere effort to listen and to receive Him, His guidance, His instruction, and His presence. What a supreme experience! What a supreme delight! What a supreme advancement in your own personal spiritual development.”

STILLNESS AS A DAILY ATTITUDE

Jared in California

“Stillness is also encouraged when you are going about your daily activities. You can find the stillness even momentarily in daily tasks. This is also very helpful.

“As you are out watering your garden, quiet your mind, do not concentrate on all the things you have done that day. Instead, enjoy the moment, enjoy the flowers, enjoy the trees and enjoy the grass. In that way you are also seeking, you are quieting your mind from your daily anxieties.

“If possible, give yourself some time each day when you will not allow your anxieties to intrude. In that way you are finding the stillness, in that way you are searching.

“Many times, also, you are not sure what you should do at the moment. Perhaps you can sit quietly and see what is most important. In that way you are also seeking, because you will learn to listen within, and that will help with your ability to hear our guidance.

“... The first step for each of you is to calm your mind. The next step is to allow that calmness to become a part of your life.”

LETTING GO LETTING GOD

JarEl in California

“When you seek the stillness, you are opening to the Father’s presence through your Thought Adjuster. However, most of you try too hard. You put forth too much effort, and in so doing you block the receipt of His presence. You must let go and let God.

“Relax yourselves. Try to think of nothing. This takes practice. Do not beat yourself each time or you cannot attain this state. Simply start over. Practice will eventually make perfect. Be sure you are comfortable and there are no distractions.

“You are used to listening with the mortal ear so all sounds capture your attention and divert your thought processes from the stillness. When this happens, allow yourself to regroup and seek anew. Practice this way and you should be rewarded with attainment of the stillness.”

WHAT HAPPENS DURING STILLNESS

Welmek in Indianapolis

“It gives the spirit fragment within your mind an opportunity to refract into the superconscious mind those messages which your spirit feels necessary for you to be made aware of at your particular point in progress.

“If you are unable to still your mind completely do not let that interfere with your continued effort; for your spirit is great and registrations on the superconscious level will be made, and you will, in time, sense what the ideas are.

“As you become adept in this sensing ... you will soon learn how to relax more, and in this relaxation you will actually become consciously aware of the inner leading.”

STILLNESS, ATTUNEMENT, HEALING

Rayson in California

“All that you know — whether it be of physical material, of universal material, tangible or not, real to your senses or not, such as thoughts, feelings, and so forth — all is based upon tuned frequencies that originate in the conception from Paradise.

“When you allow your earthy being to still itself to allow your higher self to commune with Father, you have access to universal frequencies that hold abilities beyond your imagination to, as you would term, heal.

“Everything that has been associated with miraculous healing on Urantia, really, is the capability of the mortal who is a participant to unite and commune with these energies to achieve such a result.”

THE FATHER AND YOU

SigEl in Hawaii

“Pick yourself up and dust off the threads of doubt. Listen to your Father. He loves you. He will not hesitate to bring you the assurances of what you need to hear.

“The moments of the day are filled with His love. Let go and give them over to Him. Take His hand and run into the blessed fields of His pastures. You are his shepherd and many are the lost sheep to be brought into his fold.

“You know what he would have of you. It is the easier path. The rocks to climb are not there to encumber you, but to rise you up to new heights of faith and understanding of his divine will.

“What a glorious task to unite yourself with His love and bring together His shepherds to sing together the anthems of His mercy and living inspiration for those who listen to hear.”

INTIMACY WITH THE FATHER

Aaron in Washington State

“In the times you feel weary and less able to reach out enthusiastically, look to the heart, look to the Father. See what enjoyment comes from serving you and growing you. As you understand this, you can feel an inner sense of satisfaction that you are being led no matter the mood, no matter the feeling, and in your weariness you can feel the comfort and the security in knowing you are held within His arms of love. The Father is there always. Know this. Find this. Be this.”

INSPIRED WRITING IS YOURS

Van El in Hawaii

“Begin to have faith in what you know, and when you are alone, whether you are meditating or just sitting in the silence, any thought that comes to you, record. Do not judge it. Do not try to manipulate it. Just record it, and then later you will find that by filling in a few words, it will make incredible discoveries for you.”

FAITH

FAITH AS A SILENT BELL

Tarkas in Half Moon Bay, California

“What does the commitment of faith mean for you? Ponder this. Faith rings like a silent bell in our heart. It resonates with the vibrations of the Father’s love. Faith is never an unconscious effort. It requires conscious attention to the perception of all you understand, coupled with your trust that the design of events is woven with a greater beauty than our earthly perceptions can comprehend.”

“Faith efforts are those which bear your creator’s mark. They are the motivation of the Thought Adjuster, coupled with your free will heart’s desire. How often do you truly reach out to the experiences of life with this “hallmark of the Father” as your guiding light? Realize that such efforts ennoble your character greatly.”

FAITH INTERNALIZED VITALIZED

Daniel in Idaho

“Faith has many layers. It is often intellectual, yet once it has been intellectualized, it cannot grow unless some other part of your being takes hold. It must become internalized and felt through your whole being. That will embody the whole of who you are, body, mind, and spirit. And once you have experienced faith in all of this, will you ever know and ever march along that path to increase it.

“Faith is your core. And it has an insatiable appetite once it becomes part of you. You can hardly wait to taste the next morsel of what the Father’s love has for you. And the small beginning that you are now making is so magnified as you continue your journey.”

A LESSON ON PRAYER

Olfana in Half Moon Bay, California

“Prayer touches the Father’s heart. Praying uplifts the soul, allowing moments of ecstasy, connection and serenity. Prayer binds you to the Father, allowing your petitions. Prayer binds you to the Father in a relationship of trust.

“Your petitions are heard. Never doubt this. They are received and recorded faithfully. Much prayer from mortals reflects your imperfect state, yet we see the innocent trust of your prayers as edifying.

“Prayers to the Father are a component of the music of the spheres. Praying allows you moments of contemplation of the many ways in which God moves through your life. It marks the events of your life as directed by guidance from the Thought Adjuster.

“Rededicate yourself in prayer to follow the Father’s will. Pray for the support of angels in your efforts to do this. Realize your prayers create a music in the heavens. Faith-filled exhortations to the Father are indeed a chorus of trust and love and praise.

“Render your desires and hopes to the oversight and supervision of God’s counselors. Pray that your life can demonstrate to others a model of inspiration. Pray that you demonstrate yourself to be a faith-filled child of God. Then allow time for reflection that your petitions to God are indeed being delegated to beings whose desire is to help you fulfill your stated requests.

“Realize how prayer can be a steadying influence on your emotional nature — the guidance you seek is from a higher source than your own emotional nature. Prayers of thanksgiving are beautiful gifts to God. Imagine your words of praise and thanksgiving flowing to the Father. He hears these expressions of your faith as joyful notes of your soul’s music.

“Pray for God’s support of those you see in need. Realize your requests, indeed, create opportunities for God’s intervention in their lives.

“Pray for peace. This is a balm to soothe your weary planet. Your requests for peacefulness for yourself and others indeed encourages this atmosphere. Prayers for peace encourage such an atmosphere to be created among you.

“Recognize the many ways in which you, indeed, are empowered to ask of God for blessings in your lives. This is how it should be. You are his children, deserving of his protection and

his bounty.

“Always pray with a trusting heart, yet realize that answered prayers may not demonstrate themselves to you immediately. Time and patience are a part of this process.

“Pray first for the knowledge to know God’s will. Pray second for courage and faith to carry out this guidance. Rest your trust in the knowledge that your petitions are valued and deserving of attention. Remain hopeful that all sincere prayers rise heavenward with your hopes.”

Through their inspiring perspectives on worship, prayer, forgiveness and loving service, a revitalized thread of spiritual enthusiasm has weaved its way across the country within the Urantia movement. In time, Teaching Mission groups would be starting newsletters, holding conferences, exchanging transcripts on paper and the Internet.

From the impressive growing collection of transcripts, doubts and questions for many gave way to validation, belief, and their own personal spiritual contact which became immediately confirming. The teachers tell us that it’s great for us to work through skepticism and doubt, all the more to fully understand and accept the reality of the Universal Father’s downreach, the very real mission to redeem our floundering planet, and through each of us.

The transcripts did the job for me. The messages were all virtually the same, compatible, always loving, never judgmental, but challenging us to spiritual growth beyond anything we would have ever thought possible for ourselves.

But after accepting the reality of the Correcting Time/Teaching Mission, these nuggets of spiritual truth were not enough to satisfy the inquisitive human mind. There were broader questions than those of the heart and soul, no more important but more instructive about what’s in store for the planet as a whole.

Often, the teachers were bombarded with questions of personal spiritual growth, healing, whether the planet is facing catastrophes. Many questioners tried to put the mission in the context of our changing times as well. I wanted to know how it all started, and why.

The search carried me back to our initial contact with the mission — in New Zealand, 1989.

Representatives of this first contact group were a minor sideshow at the triennial International Conference of Urantia Book readers in Snowmass, Colorado, in 1990. I heard that some people from down under were “channeling” and everyone was invited. I declined, having a busy meeting schedule, all the while a new friend and longtime reader commented disdainfully about that kind of activity. He now has a personal spiritual teacher too.

Later, the audio tapes that came from these New Zealand sessions helped develop groups in Utah, Idaho, California, Indiana, and on and on, came to me. These early contacts, prior to teacher assignments, came from Biblical personalities Machiventa Melchizedek and Abraham themselves. Ever-skeptical, I listened and read, and followed the thread to understand the true purpose of the Correcting Time.

4

THE PLANETARY MISSION

No human could have foretold the quickening of events that began with the first contacts in New Zealand — conversations with Abraham of the Bible, if one could actually believe this, and with Machiventa Melchizedek, the Bible's Sage of Salem and mentor of the Jewish leader. This dynamic duo of the Old Testament continue to work together today in the uplifting of our troubled planet.

In Hamilton, New Zealand, Machiventa stated the intent of the mission.

“I Machiventa, a Melchizedek, Vicegerent Planetary Prince of Urantia make this statement:

“God intends for me to make ready the peoples inhabiting the Planet Urantia for the arrival of Prince Michael, Son of God.

“This work as Vicegerent consists of gathering those persons who do hear, who do see, who do understand GOD. This gathering of persons shall eventually spread light, truth, love throughout humankind.

“I used the term ‘Correcting Time.’ This terminology has been coined to give humankind some indication of the intent. To correct something is to alter course. This alteration, of course, may take some considerable time/space in your terms. There is no way time frame can be allocated for this. It is dependent entirely on individual humankind acceptance and understanding.

“I shall be working with the cooperation of certain chosen persons. This communication is being delivered through one such. There are others, and there may be others, also dependent upon humankind acceptance and understanding, never forgetting the free will of humankind.

“Abraham is ‘used’ by myself as a ‘scouting party’ and, in turn, I am ‘used’ thus. We make ready.

“This is my statement of intent. Thank You.”

Abraham met regularly with this band of New Zealand spiritual searchers, a forerunner to the planetary network of Teaching Mission groups. Here are some of his answers to human questions in 1990:

Q - Why do you use the name Abraham?

ABRAHAM: “I am the soul consciousness, the higher consciousness that was and is Abraham. Yes. It is the name you can easily identify me with. Yes.”

Questioner wants to know more about Abraham:

ABRAHAM: "In my last, so-called life journey to which you refer, I was the first to perceive the One God. There were, as you can imagine, many gods worshipped, the sun, the moon, the stars, the wind, the rain, etc. Persons in their ignorance of the One God worshipped many. Yes. In the beginning my earthly name was Abram. When I had acknowledged, accepted and understood the God within, I became known as Abraham. I still am Abraham. I always shall be Abraham.

"Why Abraham now in your time-space? There is much to impart to humankind. I have been given the task I have accepted the task of bringing this information to humankind."

Q - Where are you in time-space?

ABRAHAM: "I am where you have been, where you are and where you shall be. I am not in your physical time-space. I am in time-space infinite. Yes. You see, past, present and future all exist in the one time-space."

Q - Who assigned you to this task?

ABRAHAM: "During my past physical life journey, I had the greatest pleasure to be assisted in my understanding of the idea, thought, feeling, understanding of the One God by one who you would call the Prince of Salem, Melchizedek. During this timespace he helped me to understand the One God. He helped me to explain the One God to my family and friends.

"My friend/teacher is now, to use your words, on a mission to teach humankind in your time-space of the simplicity which is God. It is my pleasure to have been given the task of assisting in this mission. God has decided that I should return in this manner of communications in your time-space for this particular task."

Q - What is the purpose of our having soul names?

ABRAHAM: "Your soul, spirit you may call it, is a sound wavelength, a vibration energy. The name you have been given is as close to your language form as can describe this sound wavelength vibration energy. This is the name by which you are recognized by myself, by God. Just as in your physical form you are recognized by your physical appearance and your physical name."

Questions about the practice of daily stillness:

ABRAHAM: "The stillness is the calm, quiet peace within your heart wherein God resides. You may only spend two minutes of your 24 hours with the stillness. It is of great benefit for humankind. Within the stillness all answers lie. You may not be aware of your answer immediately. It may be a day, a week, a month, a year before you understand your answer. Yes."

Q - When you achieve this meditation, do you give yourself calmness and stillness from the heart?

ABRAHAM: "Correct. Do not look too hard for the stillness. In the searching you may not find. It is reached through the quiet and calm, peaceful acceptance and understanding."

Question about the planetary "Correcting Time"

ABRAHAM: “The Correcting Time has begun. It is a time of great change, a time of great learning for humankind. When the majority have accepted and understood the One God, then great benefits shall occur. Much enlightening, exciting experiences will be had. Yes.

“It is not known how long the Correcting Time shall be. It may last ten years, but it may last for a thousand of your years. It cannot be determined, even by God, because of the gift to humankind of freedom of will. Freedom of will gives humankind choices to make, the choice to heed guidance and listen to guidance. Therefore, coming to understand the One God or the choice to disregard guidance, to ignore guidance and not to understand and accept the One God. Yes.”

Q - When the majority are aware in the way you have told us, what effect would that have on our physical planet?

ABRAHAM: “In mankind’s ignorance, great harm has been done to your planet and the universe. When the majority have come to accept and understand the One God, immeasurable help shall come to your planet and the universe. Yes. You see, I have spoken of freedom of will and the choices humankind have. If the decision is made to disregard guidance we cannot interfere with this decision. We cannot impose our will on yours. So we vigilantly wait and hope that through constant nudging, constant whispering, some person, for example such as — , may heed guidance and accept the position as a vehicle for communication such as this. Yes.”

With the sharing of tapes and correspondence with individuals and groups, the Teaching Mission began manifesting in the U.S., most notably through a group of Urantia Book students in Woods Cross, Utah, in 1991. Boldly, this group came to Los Angeles on Feb. 1, 1992, to allow a teacher named Ham to make the official announcement to a large Urantian society.

The human transmitter, Rebecca, sat lotus-like on a paisley couch, verbalizing Ham in an atmosphere charged with emotion, the pauses between her slow and deliberate words punctuated by the roaring of LA airport jets splitting the skies above. A profound setting. Said Ham:

“The love of God enfolds us, the power of God protects us, and the presence of God watches over us. Wherever we are, He is.

“My profound and sincere greetings to you all this evening. I am Ham. I have been commissioned to bring the light of truth and the understanding of our Father to Urantia.

“I am one of many teachers. All of us are awaiting the greater reception of our words and we are desirous of placing many teachers among you. Great is our mission.

“Understand this in your hearts. The time has arrived for an expanded level of truth to begin correction. We come, not for ourselves, no, indeed only in service of Michael. This day marks the beginning of the Correcting Time. Machiventa Melchizedek has arrived and has been duly inaugurated as acting Planetary Prince of Urantia, an assignment he has accepted from Michael.

“Long years we have awaited this day. The Lucifer rebellion is officially ended in Neadon. The circuits which have isolated your world are being re-opened. All these changes are

occurring. I am in accordance with the plan of Michael. Happy and joyous is this day! Blessed in the sight of our Lord, gracious listeners. I bid you welcome to change. We mark the beginning of the reign of Prince Machiventa on this day.”

Biblical scholars know something of the legendary priesthood of Melchizedek. Urantia Book students know him further as an incarnated high administrator of the celestial teaching order, whose mission here in Biblical times was to foster the one-God truth among the Hebrews and send missionaries to other lands.

The mission was successful. The one-God concept is dominant on our planet.

For perspective, Machiventa Melchizedek’s sojourn on our planet was the third of five epochal spiritual revelations that we have received to date, each described in the voluminous Urantia Book, and each at least referenced in the Bible.

In order, these were the assignment of our planetary prince, Caligastia, who fell in the Lucifer Rebellion against God, followed next by Adam and Eve’s aborted mission of biological upliftment, then Machiventa’s appearance, followed by the incarnation and life of Jesus, who is a Creator Son of God, and lastly by the publication of the Urantia Book. Teaching Mission adherents believe the teaching corps is the second part of the Fifth Epochal Revelation.

Before long, Machiventa was speaking to various groups that began springing up through the nucleus and seedbed of the Urantia text. He outlined the mission of the Correcting Time to a group in Sarasota, Florida.

MACHIVENTA: “Everything must be put out on the table, and we have to polish and shine and examine every single key. And in doing this, we cause disorder. And if there is any who clings to the item as it is, unclean, unfiltered, unpurified, the whole suffers.

“All these dark secrets must be pulled out, all these hidden resentments, prejudices. We must get them all out in the open so mankind becomes aware and begins to act and make decisions for his own good and for the good of the whole. There is no place for greed, no place for selfish interests.

“There is no place for self-centered one-up-manship. It is time to cooperate, time to unite talents, diversibility, qualities. It is time for all to begin to work together, and then it will instantly evolve and become the nothingness that it really is. Prejudiced ideas and confused thinking are powerful only because mankind clings to them. He refuses to let go.

“This has been inbred genetically for many, many generations. It is the remnants of the primitive society which Urantia is still harboring. It must be cleaned up. It must be upstepped.

“I have returned to Urantia to be a part of this clean-up, a part of showing the light, shining the way for mankind. I will materialize. I will be walking among you. It is not as far away as you would seem to think. It is not as close as you would desire. But everything that is happening on the planet is changing, is moving, is going to culminate in my appearance as a Melchizedek which has been so long promised through eternity.”

Another member of the Melchizedek Order, Norson, became a regular contributor to a spiritually-charged group of seekers in Hawaii. He gave more perspectives of the Correcting

Time.

NORSON: “All the love of the worlds will soon be focused on your home planet of Urantia. Many beings throughout Nebadon will be praying for your world all at one time. The energy of love that this will generate will bring much light and life here. This will be the start of a new epoch, the age of light and life.

“Expect this to happen as soon as all preparations are made ready. Yes, this will be very exciting and an amazing time to behold. You will all feel this love energy. You will all know that this is happening. Yes, it will be something like the coming of the Spirit of Truth two thousand years ago, but much more universal in the recognition by all.”

Inspiring lessons began flowing like elixir to the burgeoning network of Teaching Mission groups in 1993. Transcripts and tapes of lessons were being exchanged freely. People were hearing first from Ham in Utah, then others — Welmek in Indianapolis, LorEl, Will and Aflana in Florida, Jared, Rayson, Olfana, Jarel and others in California, Andrew in Pittsburgh, Tarkas in Cincinnati, LinEl in Oregon, Elyon and Daniel in Idaho, and so many other places.

They shed increasing light and greater perspective on what was in store.

Ham in Utah:

“We have come here to prepare you for a new age, for the true light, the true meaning of truth to be expressed and multiplied and shared and lived and cared for through all of you, from the most forlorn to the most attuned.

“Together we are here to help you understand these new concepts, these new happenings, realities you are not used to, that manifest themselves in your minds throughout your planet.”

LorEl in Sarasota, Florida:

“We are not here to teach you facts and figures you can find in your Urantia Book. We are not here to prophecy and emotionally excite and stimulate you. We are not here to gather you into groups to hear us expound about our thousands of your years experience and observations.

“We are here to teach you to expand your consciousness. We are here to teach you how to think and how to teach others to think. We are here to enable a few to encounter the phenomena announcing a new world order and for those few to know how to share this with others until the whole population of Urantia expects more than another day of dog-eat-dog and “I’ll make hay while there is hay to get” or “Do unto others before they do it to me.”

“These are misunderstandings of great truth — truth which would enable you to be living in the relative peace of Light and Life. However, because of the rebellion and default, there are many such evils which we must cancel and erase from your perceptions. Are you ready to erase them?”

Will in Tallahassee, Florida:

“I commend your efforts to understand our purposes. But because of your inexperience and your insistence on interpretations which suit your human views of the world in which you are

actors, you overrun and pass by the true goal.

“It is not our purpose to change your world. It is our purpose to change you. By initiating changes in each of you and all your brothers and sisters by faith and by the example of service, it will thereby change your world. But the modification of worlds is not within our job description. We work one person at a time. That’s the Father’s desire.”

LorEl:

“Not only are teachers arriving daily, but those educated and experienced in government and politics, those technicians of biological uplifting, those working with methods of restoring and healing the earth itself, those calling the downhearted and downtrodden into hope and faith, those who educate on all levels are arriving daily! Much is happening! More will happen. This is not bound by time.”

Rayson in Malibu, California:

“My children, this is a time of great joy. Your lonely isolated planet is coming to life. The gospel of Jesus will not flicker and fade. You are the vanguard of a new and glorious time. Know the Father, listen for the Spirit of Truth, trust your Guardian Angels, and you will succeed in moving Urantia forward into the era of Light and Life.”

Aflana in Sarasota, Florida:

“Right now on this planet, we have sent many new seeds of thought, and that thought is impressed on many minds the world over. There are those who are sensitive to it and those that are not.

“It will manifest itself in many fields, but especially in teaching groups like this one, where the ideas manifest in all minds of the group. Even though they are sent on to further define themselves or have different experiences in life, these thought seeds will move forward and process into the thoughts, ideas and new thought consequences, and others will be brought together with the thought processing of one individual so that a new project can be eventuated.

“I want to impress upon you at this moment that the ideas which you think are originating in your consciousness are not your ideas. They are ours. We have planted them. We have impressed them upon your minds. And when you are aware of an idea, you must share it. It is your responsibility to share it with another. That is how ideas grow into manifestation in a material world.

“The idea is sent out all over, to all places, and all walks of life. The attorney will hear the thought in a different way and form different ideas than the religionist, or the teacher, or the bricklayer. All of them will receive some fragment of that idea which was sent out and they will grow from it.”

El Tanere in York, PA

“An honest person cannot be judgmental. You cannot judge another. It is impossible. Just know that, and believe that, for each one of you have indwelling within you a fragment of the same spirit, and it is of a love that in no way could you comprehend. This love is enough for all that has ever been, all that is, and all that ever will be.

“This is how great the Father’s love is. Covering the entire universe of universes. This fragment of the Father spirit that dwells within you is that love. And that love is the same in everyone. So you see, you are all the same. There can be no judgment.”

5

HAM ANCHORS THE CELESTIAL TEACHINGS

Each of the celestial teachers is distinctive in personality, perspective and approach to teaching. But the lessons have a remarkable cohesion.

Ham, a ranking teacher in the Mission, was chosen to make the official announcement in Los Angeles, returning then to Utah to continue a remarkable stream of lessons that virtually cover the gamut of spiritual issues affecting humankind. A highly worthy book could be published of Ham's lessons alone.

With the movement of Rebecca, Ham's primary human transmitter, to Nashville, lessons continued there, with many pages continuing to flow from this teacher and the willing human vessel who has verbalized him during these years. Others, of course, have transmitted Ham as well. The teachers often speak through more than one transmitter and can traverse geographical distance quite rapidly, as might be expected.

In our case in Cincinnati, our primary teacher Tarkas is assisted regularly by other teachers. Tarkas also joins with Olfana regularly to transmit lessons in Half Moon Bay, California. Imagine my excitement when I was able to meet Tarkas' transmitter in California and exchange lessons with her. Increasingly, we see and understand the teachers as distinct personalities which remain consistently the same no matter where they are transmitting. This uncanniness has become yet another in a string of validations for the authenticity of the mission and the celestial personalities involved.

Ham is considered the dean of teachers and a foundation upon which the Teaching Mission has grown. A deep humility, a knowingness of spiritual realities and a commitment to loving service are all personality features which have made the two prime personalities here — Ham and Rebecca — an example to all seekers.

Rebecca continues to verbalize Ham as in the beginning, with very slow, near word by word expression. Eventually, these individual spoken words are weaved into full and replete lessons that provide new and expanded perspectives to a variety of issues. Ham weaves colorful, insightful tapestries of living truth — a word at a time. By this means, Ham's lessons continue to ring as benchmarks of authenticity and validation, for even the listener cannot discern the deep truths until the transcripts are read later. More than five years of lessons have validated Ham as a central, unifying presence in the Teaching Mission. He is, in fact, an administrator within the mission.

When you read Ham's transcripts, which can easily be written in longhand during transmissions, you discover a powerful collection of spiritual truths that lend great understanding to the human experience.

PERSPECTIVES From the First Lesson in Utah, 1991

“I am with you tonight to begin the teachings which have been prepared by our teacher Melchizedek on Urantia.

“One of the topics I wish to share about spiritual reality is difficult to put in your word forms. The man Jesus, when He as God made flesh preached, used the term ‘water.’ Spiritual water is real. It exists in the form of truth, of beauty, and of goodness. It replenishes my soul, to use your words. It rains on me, my soul, the soil of my heart, and awakens new growth. You see, the soul grows almost as an organic living reality-entity. This growth must be nurtured in time as all living things require time for growth.

“A tree begins its life as a seed. It is not a tree at all. It has no characteristics of its later maturity, and yet, from this small beginning, tiny beginning, mighty, magnificent, beautiful and splendid results occur. Many times I have wondered about this, and yet the ultimate secret lies, of course, with God, the ultimate truth of life and reality. On Edentia, I toiled in the gardens and thought on this subject deeply.”

Question — Last week, you said that the Lucifer rebellion adjudication was completed. What happened to Lucifer, Satan, Caligastia and Daligastia?

HAM: “We are sorry and also happy to report that they have become as though they had not been. None repented. It was a hard combination of reality feelings when we received this information.”

Question — Will spiritual energies change quickly from here out?

HAM: “We have been witnessing great change over 50 years since the beginning of the adjudication. The time has changed to the Correcting Time, and we will now witness further change of greater proportion than we have already seen. This proportion will be of a more spiritual nature than previous. Over the last 50 years, there has been much change — political, social and technological change.”

ENDING OUR PLANETARY ISOLATION; BRINGING ON A NEW AGE OF ENLIGHTENMENT

“Humankind asks if there is another world like earth and other human beings living there. You, who are readers of our textbook, the Urantia Papers, do understand that there are indeed trillions of other worlds inhabited like Urantia, however most humans are unaware of this fact.

“As the system circuits are reinstated, your isolation comes to an end, which is unsettling to those whose world view has developed in isolated conditions. Although our understanding is limited, I can say that your planet will experience human contact sometime in the future, which would precipitate fear and incredulity among humans were they unprepared.

“All of the surrounding sun systems harboring human intelligence also have been in relative isolation, though their strong leadership has prevented full scale rebellion, and thus they have received teachers regularly and have responded to the system authorities. Your isolation is largely resulting from ignorance and fear; both have forced archaic reason upon this struggling sphere.

“Your great religions almost invariably hold thought within certain boundaries and likewise does your science. Your institutions entrench old views and hold an unreasoning attitude toward enlightenment and truth. Great cataclysmic change precipitates reorganization and rethinking of old “truths.”

“Really is your earth yet only starting an age of upheaval that is sure to change thinking throughout subsequent ages. Interest in the probability of other human worlds is a sort of preparation for this rethinking, where old borders collapse and new and higher cultural, religious, and scientific awareness can infuse its potentiality quietly, even unconsciously, throughout the whole world.

“Religion is the first to exhibit change and motivated awareness expansion. As Hindus, Moslems, and Christians each struggle for advancing political authority, our revelation shall shine unto all comers, and those who come shall eventually lead this world forward in all areas of thought.”

“No longer is the prize won upon this earth. There exists nothing here to fight over once your understanding has advanced. Only is the advancement of the heavenly reign important and only as men freely choose to give up earthly power will it increasingly be spread abroad in the land, the world Urantia.

“Someday, nations will no longer make war against nation, nor religion against religion, for the great brotherhood of man will have dawned and the overarching understanding bridge worlds, tying humans together with humans in the goal of understanding each another.

“Understanding is inseparable from the goal of love, of human love or divine love. Human understanding spreads with the intention of eventual love. When, for example, you intend to love another, you must learn to understand him, but if you remain dedicated to your intention, this understanding is sure to become realized. When Jesus said, ‘Love your enemies,’ he intended active love, active intention which leads through understanding to its ultimate goal. Destroying enemies, then, is a spiritual battle rather than material and mortal. Our ultimate goal for Urantia includes that your bloody inhuman contests shall cease and be no more.

“Work is then required for the Kingdom now and always. Living a life of ease and ignorance is not a sign of God’s favor. God requires effort from his children to love each other and, through vigorous and sustained rigors of human existence is your intention tested.

“If you intend entrance into God’s house, then must you actively offer entrance always to those less deserving. If you expect God’s mercy upon your life, show abundant mercy within your life. Love is never passive or neglectful of its purpose; neither can you rest passively and be neglectful of life’s purpose for you. Find your destiny in this world by actively being true to your intentions, the intention of love.”

LIFE AS DECISIONS AND INTENTIONS

“Essentially, your life is the accumulation of your decisions, but more important than the actual decisions made is the attitude that searches for a slightly better way, a little kinder response, a little higher wisdom, a slightly more spiritual orientation to living every day. Consequently, the real you, the person whose intention is gradually increasing perfection, becomes increasingly real day after day.”

LIVING LIFE MORE FULLY AS A REMEDY

“Time cannot chain you. Living is a privilege and the wounds of time are healed in eternity. After all, is there a remedy for life other than a fuller living of life? Remedy pain and suffering through living. Heal humiliation and disgust through giving unto God all of your life and then allowing Him to make you again. And this is the sure and honestly complete and true understanding that I impart to you, that you will change, you will grow into newness, even into greatness, once your heart is set on living consecratedly for He who is eternal life.”

ATTUNING OUR WILLS TO GOD’S

“Your life is entirely in your own hands, subject to your free will decisions as though your life were a vehicle for your own inner self expression and the soil for your self becoming as one.

“Life is always opening into wider circles of possibility and your spiritual growth, or morontia realizing, prepares you for your next level. Each level has its own mandates, or lessons to be learned. Each circle of growth has to find completion in all of these life lessons before a new area opens. Each circle has its increasing order of decisions that must be made in life and that must be made to complete satisfaction of your Thought Adjuster.

“The most central decision that leads one through all the other decisions is for God’s will to be your will. However, having made this decision does not change the necessity for each circle to be traversed, including all of its decision requirements.

“Increasing through each circle is also a theme of self negation. Increasingly, as these circles are made, comes the necessity to set aside everything of an unspiritual motivation so that eventually your motivation increasingly comes into a single focus, and that is the supreme decision essentially to be God’s will and nothing else.

“Usually our tendency is to want to drag aboard our own wishes, our own hopes, our own desires, and you will find this unnecessary burden will gradually become so cumbersome that you must release them. And though it is hard to do, remember, always our Master’s life in which He, in negating His life to the eyes of the world, affirmed His purpose in the eyes of the Father.”

GOD IS TRUTH

“Truth is available to all humankind, regardless of learning status or intellectual ability. A child may grasp more of truth than your honored scientists. Our Father, of course, is no respecter of human intellectual ability. He exists, as you understand him, as a responder to your sincere asking. Only by a sincerely asking attitude does one experience God, who is truth. Honestly seek then after truth and it is given. Only through sincere asking it is found, and only He truly knows the depth of your sincerity, the reality of your asking.

“Inquire not of your mind if you are honest; ask instead with a sincere heart in the manner of surrender and dependence, for then, truly, will your asking be answered in the echoing of eternal truth. Reckon not in the mind and through the deeds of yourself and your fellows; instead, reckon on the eternal reality that God is truth and that you as his sons are free to ask

of Him and to receive His truth.

“And so increasingly your innermost desires are made clean, and each darkened heart made pure so that each heart hold truth and lives in a greater reality, one in which all hearts are cherished and the blessed know it to be true. Each new day holds a promise from God. He increasingly holds unto His great promise. His love is indeed His promise, His unchanging reality. Love is His presence realizing within you. His promise, His love, is infinite and undying. Only one path is there open; that of increasing love.”

TAKING STEPS TOWARD HEAVEN

“Heaven increases a little daily as you ascend a little daily. Your efforts have become a part of the record of the mission story as it is told beyond the confines of Urantia. Human effort has the added push from divine sources every time a man intends to do our Father’s will. His love, His mercy, and His truth combine in the lives of each secure soul.

“Blessed are you and blessed am I that we are two beings enlisted in the struggle of the ages of truth over error, of beauty over ugliness, of goodness over evil. Rejoice and be exceedingly glad! Your arm works in the cause of the righteous and for justice, even mercy, in the face of injustice and intolerance. How exciting this life is, and how fulfilling it can be! Look heavenward and you’ll see your destiny, your home and your true Father, our eternal Father.”

SHARING PAIN, GROWING THROUGH DEFEATS

“Happy are tenderhearted humans who allow their sympathy stream to be broached, who allow their understanding a wide breadth of human experience. One who is feelingly sympathetic toward one’s fellows gains joy internally through the sharing of pain as well as pleasures.

“As your understanding nature matures and stabilizes, are the sympathetic feeling allowances increased. As you know yourselves, do you know others. Awareness of your own potentials, especially your potential failings, increases your sympathetic allowance for others. Not always by exposure to hardship does it increase, although such exposure gives one understanding of one’s potential failings.

“Defeat is indeed a mirror in which we comprehend our real selves and it is this comprehension which is most valuable. Value is truth and truth is value. Success has illusory aspects that have no value. Human living is successful as a measure of how defeat is valued.

“As your experience expands, your appreciation of your hardships increases. As your awareness expands to include a greater reality, indeed a greater life, then does your perspective change and your defeats become your real victories, while your victories are often hollow.

“Hindrances to spiritual growth are ease-seeking anti-social habits, including efforts toward various forms of ego satisfaction whose numbers are as numerous as the stars.

“Usually human intellectual pursuits are included in certain degrees. No, I condemn nothing, only desire to clarify goodness. Every human being is born, lives and dies. Living involves awareness and sympathy with all other human beings who are born, live and die. Endowing

each other with kindness, with mercy and wisdom has a sanctity. Endowing yourselves with humanly derived riches, even intellectual riches, does not. Clothing is still less than the body. Intellectual clothing is less than the soul. You who ask, "How can I give?" ask rightly of God and He shall answer.

"Profound peace is purchased with the sacrifice of fear. Examine your obstacles to peace and you will find that they are illusory. Do you fear pain and suffering and death? Your fear of it becomes an obstacle and it is not the suffering itself that separates you from peace, but rather the fear of suffering. Therefore, in order to overcome suffering, you must overcome fear of it."

FAITH AS A BRIDGE

"Faith is a connection or bridge between mortal mind and pure spiritual reality. As your faith increases, likewise does your liberty. Faith, trust in God, is your surety and that security is what gives mental balance that leads to peace. Happiness gradually dawns upon the unsuspecting soul who increasingly trusts in God."

GROWTH, RESPONSIBILITY, LOVE (7/2/95)

"Greetings, I am Ham and I am your teacher and also your friend When you experience a change of any kind you are usually apprehensive and are frightened due to the newness of your experience. For example, even trying a new food product one is apprehensive that it will be unpalatable. Normally, humans stay with a few known food preparations that they are comfortable with.

"Trying something new is too difficult and involves too much apprehension. We find this amusing. Experiencing a real change in your life is even more frightening for you involving the apprehensions of encountering new humans who are in reality your brothers and sisters that you don't know and apprehensions about your performance at some task or just the fear of the unfamiliar. Humans show great resistance to any change in their outer surroundings and so you understand that the resistance to change in the inner life is even greater.

"You all tend to remain in the old and familiar thinking patterns like we discussed last week. Discovering newness about yourselves is equally as frightening as setting out on uncharted waters. There could be monsters undreamed of or you could fall off the earth. This fear is ego induced. The ego in a large way is the familiar mental territory. It is that which is proven and is who you think you are, mentally. Usually, this small but familiar area involving self-perception and self-instruction is your infant self.

"As you stretch yourselves to go beyond where you thought your limits were, then you discover that you can familiarize yourself with greater and greater aspects of being. You learn that you are infinite in reality and that who you are today is a tiny fraction of who you are becoming in eternity. This involves first the thinking process of how you view your possibilities. Every human has the potential to be truly great in the eyes of others. This world is a small place and you can reach your potential in the flesh and be a world renowned citizen and yet be at the bottom of the class, so to speak, when you graduate.

"Think of earth as a giant kindergarten and of yourselves as needing to expand your experience so that you learn all that you can become in the flesh. You are all just glimpsing your future potentials and are examining who you are today and who you will be tomorrow. Each step of self-expansion involves added responsibilities.

“An infant has no responsibility and gradually, as he grows, his world expands and thus he becomes responsible for his own actions taking into account the actions of others.

“You are learning to expand yourselves to take into account the actions of God. When you understand that you are encompassed, surrounded, and protected through the will of the living God and his sons then you are given great freedom of action on earth. No longer are you enslaved through the circumscribed vision and short sightedness of the human surrounding you. No, rather is your focus on your responsibility to God and to God alone. You will find less and less need of the approval of those around you and you will see your responsibility more clearly in every situation.

“You who have the truth have responsibility to that truth. Your responsibility to God is a responsibility toward every individual who comes into your sphere of influence. This responsibility is profound, for it is a changing, indeed, a transforming realization that you are responsible to give God’s love to your fellow beings. You are not responsible for how they view you, you are not responsible for what they do with their lives, or their thinking. You are only responsible to God now.

“God’s love is the transforming power to change, to adjust with love. Love is what allows change to happen. Love is the complete absence of resistance. Love is the complete absence of fear. You have used the excuse I am afraid they won’t like me too long. That’s not your responsibility. You have the responsibility to love and leave the consequences alone. God’s love does not carry requirements, it is not required that you are loved in return and you must not feel unworthy when your love is not returned.

“Keep your eye on God’s love alone and do not think how others react. This loving attitude will lead you into a great change. You will find yourselves altering entirely your world view and your old prejudices. Your old stereotypic mind set will gradually fall away as you reach out to the wonders of God’s world and see Him in the eyes of your brethren.

“Ignorance is a jailer and it is a cell constructed of fear. It is only through human experience and human interaction that these bonds of ignorance are loosed. Shortly you will truly see every living human being individually as your brother, your sister, your mother, your father, all as intimate family. For you will know that this is the truth and this truth will be given life through your own experience.

“One cannot love human beings in the abstract, only by interaction, personally, individually, is love given life.”

HOW THE SEXES CAN BETTER UNDERSTAND ONE ANOTHER

“Understanding grows when minds are sympathetic. There may not be complete understanding, but harmonious relationships are certainly attainable. Sympathetic, mutual and non-judgmental attitudes are essential in this love growth. The strength of man is logic, and the logical thought pattern is somewhat inimical to the strength of woman, which is intuition. She, in many ways, finds it easier to follow God, for His communication is often in that intuitive realm. This is a great and noble strength which should be respected in this world, although it is largely unrecognized.

These two complementary, yet different, mindsets are wonderfully expressive in union of the

Father and His creation. In union, there is tremendous and entire nobility of expression between both men and women together. This union is sublime, and stronger and more beautiful than either one separate. It is meant to be so.”

REASONS WHY WE SUFFER ADVERSITY

“This is a broad question, and I can only answer in broad terms. Adversity requires reaction. This reaction builds strength and stamina in character. Each person experiences adversity for this purpose.

“If life were easy and blissful, decisions would not be forced to be made. These essential decisions must be made in order for there to be soul strengthening.

“In the parable of the sower, we see that some seeds sprout readily and grow tall quickly, soon to be withered in the sun, not having the requisite strength, fortitude to withstand vicissitude.

“Each person is like a plant. The good gardener, the Thought Adjuster, who directs the tilling of your soil, the fertilization of your roots, the rain to fall, the wind to blow, and the sun to shine. All this is done through the actions of angels and others.

“He sees to it that his beloved child receives what is needful for the best growth of his soul. Adversity, even calamity, can be part of the nurturing process. The blessing of these seeming calamities can only be seen through hindsight and are not apparent to the growing seed-child.

“The good parent insures proper medicine for any illness, proper exercise and play to maintain robust health. Each child requires differing remedies and different exercise. By exercise, I am referring to robust life activities, mental and physical.

“In order to meet the challenges of life, each person must have experienced a certain hardship factor, and the knowing that past hardships have been overcome strengthens the mind-soul for future hardship or conflict, which must also be grappled with.

“This ‘I can do’ attitude is important, and cannot develop without having done. Therefore, adversity, small and great, befalls us all, and must be overcome and grappled with individually in order to build a strong and reliable soul.

LIFE IN THE MANSION WORLDS OF HEAVEN

“Even heaven or the mansion worlds are fraught with difficulties. You can easily lighten the burdens of today by considering that the journey toward the infinite center is only just beginning, that though your decisions are important and affect your life here and in the hereafter, that these decisions are ultimately made smaller as you ascend spiritually.

“By this, I mean that your decisions concerning life’s myriad problems ultimately are smoothed out by your greater decisions concerning God. And even though your many decisions can cause fluctuations in your lives, can cause changes in your position, can cause seemingly major life alterations, still the over-arching decision of seeking God wholeheartedly throughout will ultimately guide your lives.

“You see, even in the next life state you are required to live. You must work, you must learn, you must socially interact. All the tendencies which you have begun upon Urantia carry over

into your next life and still the overriding desire of finding God increasingly remains the molding decision in your life.

“In many respects, this life is not very different from the morontia life. Consequences of decisions still follow patterns, social interaction still remains a priority, learning better ways of living still occupy your lives, and the tender, fleeting and beautiful moments of true, deep love remain with you.

“Surely, you must begin to see that your lives, even here on this lowly world, continue on into other better spheres of living, and this can ease the weight of life. Realize that you needn’t cram an eternity of living into this short mortal existence. You are free to live your moments here to their fullest, knowing that ambition, desire, even love will ever be more fully experienced and expressed in the worlds to come.

“Fear not that time can run out on you, or that you may miss something vital, that you may overlook something of eternal import, for you have stretching before you the road to infinity. Certainly you may enjoy this existence while you have it without the stress of worrying about something which may prevent you from truly living.”

OTHER PEOPLE, OTHER WORLDS

“Humankind asks if there is another world like earth and other human beings living there. You, who are readers of our textbook, the Urantia Papers, do understand that there are indeed trillions of other worlds inhabited like Urantia, however most humans are unaware of this fact.

“As the system circuits are reinstated, your isolation comes to an end, which is unsettling to those whose world view has developed in isolated conditions. Although our understanding is limited, I can say that your planet will experience human contact sometime in the future, which would precipitate fear and incredulity among human were they unprepared.

“All of the surrounding sun systems harboring human intelligence also have been in relative isolation, though their strong leadership has prevented full scale rebellion, and thus they have received teachers regularly and have responded to the system authorities. Your isolation is largely resulting from ignorance and fear; both have forced archaic reason upon this struggling sphere.

“Your great religions almost invariably hold thought within certain boundaries and likewise does your science. Your institutions entrench old views and hold an unreasoning attitude toward enlightenment and truth. Great cataclysmic change precipitates reorganization and rethinking of old “truths.”

“Really is your earth yet only starting an age of upheaval that is sure to change thinking throughout subsequent ages. Interest in the probability of other human worlds is a sort of preparation for this rethinking, where old borders collapse and new and higher cultural, religious, and scientific awareness can infuse its potentiality quietly, even unconsciously, throughout the whole world.

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“Someday, nations will no longer make war against nation, nor religion against religion, for the great brotherhood of man will have dawned and the overarching understanding bridge worlds, tying humans together with humans in the goal of understanding each another.

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“Work is then required for the Kingdom now and always. Living a life of ease and ignorance is not a sign of God’s favor. God requires effort from his children to love each other and, through vigorous and sustained rigors of human existence is your intention tested.

“If you intend entrance into God’s house, then must you actively offer entrance always to those less deserving. If you expect God’s mercy upon your life, show abundant mercy within your life. Love is never passive or neglectful of its purpose; neither can you rest passively and be neglectful of life’s purpose for you. Find your destiny in this world by actively being true to your intentions, the intention of love.”

TOLERANCE

“Our lesson this afternoon is about tolerance. It is promoting of our Master’s gentle nature in your experience.

“Our beloved Father-Brother Michael tolerated, in effect, all injustice in this area of rebellion. He tolerated the bitter fruit of rebellion nobly. Always He bore fruits of the spiritual realm with ease. Gracefully, He bore sublime patience and tolerance extending forth to the most insidious iniquity born of Lucifer.

“Egoistic pride remains Lucifer’s legacy upon the isolated spheres. Exaltation of this sin has insidiously crept into all institutions and social acceptance. Today, even as it was in the Master’s time, the ignorance left unbalanced by truth tends to breed ignorance.

“Our Master fought ignorance by simply living truth. You are all called to do as He did. Battle not ignorance with facts or worldly knowledge. All such mindal creations are partially ignorant also, as I’m sure your experiences can attest. Living the righteous life, loving truth, recognizing its source, forever frees the mind to observe facts and tolerate their misuse. Strive not with men using their understanding; give light from the source instead.

“Seemingly, to those without personal experience with truth and its source, our lesson seems cryptic; however, it remains absolute on finite levels that each individual absorbs that truth that they allow, and you must always allow this.

“One can offer truth, certainly; however, one must tolerate each person’s partaking. The experience of God isn’t directly given from human to human. The indwelling spirit within each human sees that the truth is measured correctly. He sees that the absorption rate is regulated, and that each human becomes nourished according to His wisdom.

“Therefore, when we are intolerant of the truth capacity levels of our beloved brethren, we are, in effect, judging God, which is ridiculous. We can become as living springs for those who thirst, but how does it serve to force water on the satiated or to offer bread for the spirit to those who hunger not?

“Perhaps of all the ministry which I have begun, the understanding of such a central concept is hardest. All of our students long to share the truth, long to openly and intensely love each human brought into their influence, and rejection is hard to bear, but you have to remember that it is not your truth. It is not your kingdom. It is not your self which is accepted or rejected.

“The way of God is so encompassing you must always feel free of individual responsibility over particular souls. Allow each human being the respect and tolerance that they may individually seek the Master as you each have done. Remember that each capacity and mental bent is unique and precious, and begin to understand that truth is malleable.

“Human beings are each fed what their systems can absorb spiritually. Hard kernels of truth can be ground into meal, can be leavened, can be made palatable to all of God’s children. As you nourish babies with formula until they can absorb solid food, so it is with spiritual food, and babies cannot eat the nourishment of adults. Your wisdom begins to discern this absorption capacity difference among your brethren, but ultimately you must allow our Father to nourish his children correctly.”

LOVE AND FEAR

“Enlightenment empowers individuals and communities to learn that helping each other through love of service increases the happiness and the wealth of all concerned. Individuals one day will learn the truth, that it is more blessed to give than to receive.

“As humankind understands the wealth contained within a drop of water, and wonder at God’s gifts so liberally bestowed, then shall fear of each other begin to subside, and the fear that drives resource accumulation will make way for love.

“When men fear other men, are they driven to accumulate wealth as safety. Aristocracy and nobility of but recent times and your industrial barons of today generally are the most fearful people on earth.

“When love drives men, they will be understood for their unique contribution to mankind. Future ‘nobility’ will be the true fruit of an advancing society. They will be men and women who dedicate their lives to the furthering of their unique gifts, be it administrative, managerial, craft, art or science.

“Each human being will know that when one truly dedicates one’s life to the furthering of some good, surely will it come to pass. Each human being has endowed especially and particularly to him a gift that is his to cultivate.

“Once you understand that the task before you is to cultivate the garden of your soul, then you shall surely understand that the gift of your fruits is for all.”

BALANCE IN OUR LIVES

“I understand that you are all working to advance your selves to use your talents and to work always for the greater goals of our collective task. You are all entering into times of change and changing attitudes about yourselves. You are stretching forward into your future tasks and are using your future goals as impetus for your work today. You shall learn that to advance into the future is no more than living today in completeness.

“Today you have the formidable task of creating a balance in your life. There is balance between work and rest, planning and working, changing and consolidating, looking forward to the future and drawing lessons out of the past. There is balance between the intellectual and the spiritual, between action and contemplation, between knowing and feeling. In your futures, there will be times of hectic activity interspersed with times of rest and contemplation. Understand that everything has its time, every change has its time period for completion.

“Every one should recognize that your Father in heaven provides his time to you for all things. Time may seem to move faster or to move slower, depending on the amount of morontial growth contained within each time period. During times of rapid growth and change, time seems to slow and time seems to be more full. When you are experiencing only slight growth or change, time goes by very swiftly and each day is very much like the next. Usually there is a rhythm of growth which goes in spurts over time. So time taken in the longer view seems very homogeneous.

“These last years have been times of great change and growth for all of you. This has been a time of great decisions. A time when your faith has strengthened and your awareness has broadened. We are happy you have resolved to walk this pathway together and with us. The associations that you are forming now will be important all your life, even into the next life. Yes, there is a lot to do, but for now experience love for each other, broaden your capacities to love, stretch your ability for tolerance and for understanding. The future will take care of itself day by day.

“Do only as much as you are comfortable with day by day. I know there are many of you who are uncomfortable until you push yourselves to levels of being uncomfortable. Again, I want to emphasize rest and relaxation. This is when you are able to receive the maximum of God consciousness of which you are able.

Children, don't work so hard that you feel strained for this is a crying out of the soul for attention, for rest. Rest will become a very important asset and will lead to those things that you pursue while working, as well. It is in the rested mind that maximum guidance and truth can be imparted. Don't worry any more, children; it is entirely unnecessary. When you rest, answers can and will come. This is again, my lesson to you. Are there any questions?”

SUICIDE

Q: Why does it not make sense, if our next life is less painful and in more pleasant surroundings, for a person to not kill themselves and move on immediately?

“There are a number of reasons, both for and against, this avenue. The reasons for are as many as there are human beings. Almost every human has contemplated suicide in various

degrees of seriousness during their lifetimes. The reasons against are simple; there is no real escape. Psychological suffering is carried over into the next life. You wake up with no consciousness of escape, neither consciousness of rest. Just regained consciousness in the same psychic attitude you had upon death.

“Escape from physical pain and psychological suffering due to the bodily infirmities or ailments is another question and each human should decide these things for themselves. Many people have suffered extensively, great physical pain, and have remained calm and even cheerful despite this great suffering. These are God-knowing humans who bear these burdens and yet complete their lives tranquilly. There are no hard and fast rules in any case. Is this helping?”

Q: Are there advantages to leading a longer life as a material being over bailing out to resume life as a morontial being?

“Yes, the Father’s will is done in the lives of those who submit to him. So rebelling against the Father’s will is a setback. However, your world has developed medial treatments that can prolong life artificially beyond what one might think of as the Father’s will. These are individual questions. “

LIFE AS A TRANSITION (3-13-94)

“Much of your human existence is learning that your life is only a transition. ‘Life is like a bridge to be crossed, one should not attempt to build his dwelling place here.’

“Therefore, very much of life consists in learning its basic dimension. You who exist during your first short transitional phase attempt to cling onto it with great tenacity, misunderstanding that life’s initial purpose is only to prepare your budding soul for greater reality.

“Men and women, realize that lifetime is short and that forgetfulness comes quickly. Your ancestors, like you, sought to change the world in such a way as to be remembered after passing, and now you understand that your understanding of them is practically non-existent. Generations pass, and few are remembered; still fewer as time goes on. History is forgetful and existence becomes lost and easily forgotten

“Searching for permanence is the urge of human existence. Permanence is not found in this life. There is nothing of permanent nature here. When humans learn that their lastingness is the result of transitions, they will cease to be enamored of their temporal reflection and happily trust that the transition is toward lasting value.

“Life’s sorrows are the non-acceptance of its changing nature, while life’s joys are the intunement of the soul with change. Little does any man give except the imprint of his unique personality onto others. He who is wise uses his uniqueness, celebrates his differentness and exults in its changing nature.

“Sorry is the man who has taken his first imprints and sought to build a home with it. Gone is the joy and freshness of life.

“Wise is the human who looks upon his life as a series of imprints which have changed and continue to change throughout life on into life eternal. Look around you and you’ll see that those who attempt to cease changing are those who increase their sorrows. Adapt then when

you are the human who stops changing.

“How do I adapt when the circumstances are unfair and my heart weeps and stutters? You are only here a little while. When you realize that adaptation isn’t the end of all ideals, no, rather does adaptation serve to underline those ideals. You are never in danger of losing yourself, no, rather does your adaptation serve to impress your ideals on those who would never be touched by you otherwise.”

GOD WILL PERFECT YOU (Feb. 1995)

“You are entirely only a spiritual expression of the living God. His gift is the wonder of existence. Your gift is realizing the wonder of your existence. The Father acts in you and through you, gradually, perfecting you as is his plan and purpose for you.

“Your free will gift consists in accepting your selves, your own individuality and precious uniqueness, which has no duplication, neither past nor future. When you accept your selves as you are in this moment, you have also accepted him as an integral part of your self. As you understand this in totality, you will see that there is only one will. Your will and the divine will are one. Then there are no more conflicts.

“Joy, freedom, energy is in oneness, in completion, in accord with the universe and all created beings. This is, in fact, self-realization as well as the realization of heaven on earth. Most of you will have had glimpses of this nirvanic state. This wholeness and complete feeling of oneness.

“English is a difficult language for this expression. There is no verb which is applicable for this soul motion, this becoming and being at once. For this is not a statically blissful state. This is a state of movement. Your words joy and bliss convey a temporary state which one enters and leaves. The true bliss of continual self-realization and the simultaneous understanding, which grows continually deeper, and higher and wider, of the divine being who dwells within is an action word. Words are limiting and are continually in need of advancing as the human cultural state advances and expands to include higher ideals and concepts. Your words will need to be similarly expanded.

“The local universe language is adequate for conveying a number of subtle differences between spiritual states. Have patience with our groping to convey concepts which have outgrown your language. Also I am not yet allowed to use local universe terms.”

TIME OF DECISIONS COMING

“You are all assured that there will be some great decisions that you are to be confronted with soon. And these are not so much of concern with your material lives but rather constitute the summing up of your spiritual life. As you progress along your individual spiritual pathways, it is also like mastering a skill. When you are ready to move on to the next level of existence or beingness, then there is a test which requires you to use all of your previous knowledge in order to begin to use the next level’s understandings. For example, you must know arithmetic before you can enter algebra. And like mathematical knowledge or scientific knowledge, the new is created out of the coordination of the old.

“Sometimes, you will feel as though the world is shifting under your feet as you strive to regain or maintain a balance in this reality. Where you are weak, this will show and you will be made aware of these weaknesses. Although this is understandable and a part of human

life, you may feel undermined in some way as though your Achilles heel had been revealed.

“You are correct in your understanding of viewing the life as a whole and that all parts of your life are connected through time as though it were a fabric. You are understanding that to correctly behold yourself, you are also beholding your life as a whole as though it were all a single event. Your lives are always undergoing changes in that you have all increasingly learned and mastered the task which you are leaving and you are in awe of the task that lies ahead. Remember that all tasks are a reward in themselves, they are chosen for you directly from your adjusters. It is He who guides your footsteps to the next task that you need.

“Again I say that this life, with all your accomplishments notwithstanding, is but the preparation for a new and expanded career which lies beyond the grave. Therefore I would admonish you not to take yourselves or your next tasks too seriously for all the good they may do, you are only yet in training.

“At times, you will all humanly feel the temptation to be seen as knowledgeable or as a bestower of truth as though you were yourselves the repository of this truth. Humans may indeed look at you in this manner and though they err, you yourselves must not. For if you do yield to the temptation of pride, you will be swiftly and certainly brought down. Your Father fragments must achieve a balance in your minds, a balance between ambition and humility, between self-exaltation and self-humiliation.

“Always remember as you go about your work that this has been given you as your training and you are not to think that you have reached a pinnacle of some sort in your lives. Surely, by now you are all learning to view your lives on Urantia in the greater light of your lives in eternity. Remember always where you are and keep in mind the places you are going. Ultimately, you will find that in the mansion worlds, most of what you have thought to be true is not so. And so you must use your knowledge with humility and not to gain unfair advantage over your fellows. Noble aims and big dreams are commendable. However, in the carrying out of your biggest ambitions you will but be training for bigger jobs and greater responsibilities than you can now imagine.

“Some day, you will view your future and your past with an equality of knowledge and understanding. Right now, you have only your memories of a short life. Eventually, you will know that there is existence stretching back into eternity and also forward into eternity. And eventually, you will come to view both sides as a whole, an interconnected oneness, a seamless tapestry of being. In the now in which you live, there is only selective memory from your past and complete uncertainty of your future. This is what you see. There is One within you who sees it all.”

6

MANY VOICES ... LESSONS ... INSIGHTS

Share now in some of the lessons of the Teaching Mission, truths that they would have us employ in radiating love daily.

In Oklahoma City, teacher RondEl summarized the mission beautifully and succinctly:

“The single mission — to ignite the candles of love from within.”

Each lesson is a candle. Enjoy these gleanings on a plethora of human concerns from various celestial personalities now serving here.

First, a sampling from here and there on various topics that were discussed in the early years of the Mission. Then we'll focus on some individual groups and teachers before moving up the administrative order to hear from the mission's leaders themselves.

Our first exposures were not to Melchizedeks but to ascending spiritual personalities, some of them veterans of service to other “spheres,” or planets. They gave reassuring lessons of our spiritual destinies, if we would but live in love or try to.

OUR FREE WILL DIGNITY

Aflana in Florida

“Our Father has given us personality that we may have the opportunity to choose Him or forsake Him. This you know. He has also ordained the technique of mind ministry. We who have come as teachers attempt to minister to you through your mind.

“We are however, subject to your will. It is my task to insure that your will dignity is never interfered with. We may give you a thought or a leading but we may not force you to choose to project that thought correctly or even to project it at all. This is your choice.

“Now, if your mind is open, pure, clear and intent on doing the Father's will, our thought patterns should be projected by you with very little distortion.

“Please remember, you all are human, you make mistakes. Sometimes your ego gets in the way, sometimes doubt filters through, and at other times, there is confusion. Any number of aberrations can cause you to choose to interject your own ideas, concepts or plans. This is what you call the human factor.

“In this experience of transmission, you should always be on the lookout for such misadaptations. When you see them, acknowledge them, examine them and speak out if you

need. In this, always trust yourself and others, and learn to accept these alterations lightly. Refrain from taking yourselves too seriously. If the truth is being distorted, the Spirit of Truth will let you know.

LESSONS ON HEALING

California

JARED: “Healing is God’s love shared. When God is within you and truly part of you, you will not make grievances worse. You will trust and look forward and be positive in your life and will genuinely know God.

“There are many levels of healing, as there are also many levels of disease and illness. Let me first speak of the disease and illness to dispel possible concerns. I am not trying to say that you bring on disease yourself, or that, because you are ill, you do not believe in God or feel God. That is not the case.

“There are disease and illness and accidents in this world, and each of you is afflicted or has been afflicted, and no doubt will continue to have this happen. It does no good to assume you are at fault. Accept it and move on, and know that also some are less inclined to physical ailment and others are more inclined. That is also not any reflection on the individual.

“That aside, most of you would be, are desirous of removing the ailments that are currently afflicting you. In this way, God’s love will be of assistance. There are many beings in your world who assist with healing.”

LIFE CARRIER: “I wish to share with you that there is much healing each of you can do for yourself. We are here as part of your world and work with you healing yourself. If you can work with us, you will heal faster; if you attempt to fight us, it will inhibit our work.”

“We work in much the same way that God’s love works — your perception of it. As you allow the feeling of God to flow over you, you also open yourself to us and our healing and our work with you. We are able to help mend and assist your body in its healing.

“It is very different from feeling God’s love, but you are unaware of this, and it is unnecessary that you distinguish it. If you wish for us to work with you more efficiently, it is helpful for you to take your stillness and, in your quietness, for you to feel God’s love. Find it within you; place it clearly there; feel its warmth and love and boundless energy; and allow it then to escape from the confines of where you have placed it and spread throughout you, all of you.

“In this way, you are opening each part of you to our healing, and it allows us to work more effectively with you. Some people are able to do this easily and have been doing it for a long time. Some people have found it more difficult and will need to work diligently to allow — to trust us — to trust us to come and heal you and for you to be open to us. Thank you for allowing me to share with you.”

HEALING ABILITIES; ADAM AND EVE GENETICS

Vanessa in Florida

“A lot of the difficulties that are presently being felt upon the planet have been caused by man’s ignorance in relationship to himself and to the planet as a whole. A lot of this is beyond what man himself can clear up at this time.

“As you know, new technologies are being sent in, are being prepared. I am a Midwayer and I can only share with you from my perspective what I believe to be something that is on the horizon. With the next events that are about to occur on Urantia, I do believe that there will be many healings that will be spontaneous.

“Michael has great plans. Also, be assured that the Adam and Eve position, which was left off on the genetic line, is being re-established on your world and this will definitely increase the ability of the body to fight disease.

“A lot of disease, of course, has been created by man himself. With man’s permission, we will help to eliminate the diseases that are presently plaguing Urantia. This is all part of the forecast that I am aware of in the planning for Urantia.”

HOW HEALING WILL BE ACCOMPLISHED

Aflana

“There will be many methods. Some will be spontaneous on the day of declaration, but others will be revealed through doctors and scientists. The Life Carriers are even now trying to reveal to doctors how to stop the dying of the condition you call AIDS. There is a doctor in Orlando who is being worked with right now for surgery for children with spinal problems.

“We are working on many levels ... our Life Carriers, and our humans, fused humans with biological backgrounds, I believe you call them doctors.

“These are things which are coming and you can expect them in every field, everywhere. Many of your holistic healers will discover things even before the medical doctors do — because doctors are tied to an old way of thinking.

“It is the same as with the many fundamentalists who will be tied to old perceptions. They will have a little trouble understanding the new and they will be in awe, and they may be frightened, but they may be soothed with love, and kindness, and caring. And that is your job.

“Radiating unconditional love to the brothers and sisters God has created with us ... seeing the example of Jesus’ love in each person we meet ... these are our roles if we will help God’s celestial messengers bring us upward into an Era of Light and Life.”

OUR WORLD’S UNIQUE ENLIGHTENMENT

Manotia Melchizedek

“Know that this planet, the experiences you are all about to have, has never, ever before been recorded in any universe — in any superuniverse, in any world at all—in all of the existence in the Father’s kingdom. This is a totally unique opportunity that you will, of course, take with you, as we will, all the way to Paradise.

“The enlightenment that is about to occur on the planet which has existed so long in darkness, will be a shining example to the other worlds which are just also coming out of an isolation pattern. Your world is to have the moment in glory, as such, because of the nativity of Michael on your world. This is why this world is being upheld in this fashion.

“But this world, as it comes into the final stages of Light and Life, which is a ways down the

road, will bring all the other worlds with it. As one world became part of the rebellion, and the others followed, there was a synchronized event in that time. The Light and Life experience will also be a synchronized event.

PACE OF THE CORRECTING TIME

Tarkas in Cincinnati

“Though this will take many years, it is true that things will begin to accelerate very rapidly as more and more people are inspired, and as the churches begin to work from within to cleanse themselves, to purify themselves and work to the greater glory of God. They have been bastions for so long. The Bible has served you well for so long. Now with this new age dawning, you will have even more and more that you can look forward to. You should be glorious if you have faith and trust in this future, as indeed you have.

“I know you are sometimes frustrated by what you consider to be a slow pace. But the pace depends on your concept of time and how it moves. From our standpoint, things are happening as they should, methodically, fully-informed, progressively day by day. And in a manner which should not bring you anxiety. And I would urge you to not be overanxious, but to be patient, for we truly have eternity to work out these things.

“God’s only wish for you is joy, and he wants you to experience this daily. Your frustrations day by day can be put aside. Feel good about yourself constantly, for you are truly a child of God. And the mistakes you make and errors you make are truly of no matter ultimately.”

ROLE AND ATTITUDE OF A TR

Oren in Texas

“Thank you for your willingness to submit your will to God. We, of course, are doing our very best to assist and lead in whatever way we can.

“We are completely limited in some ways, not so much in others. That is why your help is so important. By humbling yourself ... your desires, personal wants, etc. ... you open space for God’s plan to work through you. It is very difficult at times, especially given the tools (or lack of) you have had to work with on this planet. However, you know what is needed and how to proceed through love and non-ego involvement. Through love (T/R’s name), through love.

“Leave yourself and your personal (human) opinions out of your interactions; they will always cloud rather than liberate. If you do, indeed, want to be of assistance, it does take discipline and ‘self’ loss; there can be no other way.

“This does not mean you cannot or will not have opinions, only that you realize you need not express them so openly and strongly. Keep much to yourself and watch a situation or person evolve — only interject when necessary, and only if you truly feel it will be helpful and positive in its content.

“Yes, questions are an excellent tool, and you can practice asking questions. Think of ways to introduce an idea through a non-threatening process ... plus allowing another to do their own problem-solving. Stop and listen (as you have so often said yourself). You see, many have the ability but fail to use it, or else they are not dedicated to God’s will.

“You have chosen to declare yourself for God, and you cannot continue to put (T/R’s name)

and her opinions first. It is something everyone surely learns in their universe career, and yet most wait for some time or until after physical death to understand.

“Platitudes abound on your planet — good intention is mouthed while self-serving ends are practiced. Our goal is to change the balance of the scale — to help man sincerely work for and build love and right intentions for his brother/sister. The planet is slow to move from awareness to practice. That is why it is essential that you practice what you believe.

“It does take effort. You must change a lifetime of old thinking and start afresh. Yes, continue to wash away and throw away ... whenever necessary. Acknowledge ‘bad thinking’ and mistakes — they are inevitable and to be expected — but they cannot be continued if progress is to be made.

“Excuses are, after all, still excuses, and the very word indicates awareness of your ‘wrong’ position and, if not carefully monitored, adherence and a holding-on to these actions.

“Thank you for your willingness to look at your position and ask for help. And, most of all, thank you for loving God as we so love Him, and being our loving sister in service to Michael and his most glorious plan. We sing your praises because that is God’s way — He sees love and good in your very being — in him you grow as He, in you, evolves.

“It is truly a conundrum and a puzzle ... and yet the very fact creates the unending circle without which we would not be. You are all in the circle, your position is key as is everyone’s — and each soul you touch, each mind you awaken (or even nudge) helps us all move a tiny bit further along our glorious path.

“We are so happy, my dear. Do not fear, the hand of God is on you, as on all your fellow mortals some merely sense it more than others. Another mystery that keeps us always wondering, and our existence ever alive and fresh! We love you.”

Many feel and know great benefits from the daily Stillness, the personal relationship with God. Many see the world in a new, more optimistic light — one with great potential, but one that must and will undergo significant change, some of it quite volatile.

We see it all around us, our growing realization of injustices, impurities, and iniquities — the need to cleanse this world and every soul upon it in the living waters of God’s love, the ultimate truth, and the love, mercy and compassionate ministry of Michael/Jesus, our Creator, our elder brother in the flesh, our inspiration, our example, our friend, our ultimate leader in the Teaching Mission of the Correcting Time.

In the Teaching Mission, we know that our troubled world can and will be elevated to a higher level of spiritual awareness in the exciting years of the present and future. You are welcome to join us in conversing with and learning from these celestial helpers.

Would you want to?

Well, there are a lot of groups around the country at this writing who have become quite fond of their celestial teachers and friends, and have begun to feel the peace that comes from learning to live each day in love, looking for the opportunity to serve and not to judge.

Let’s skip about geographically to get a cross-section of teacher personalities, knowing that

the Teaching Mission is growing steadily at this writing , and by the time of publication, no doubt there will be changes, new revelations, exciting new realizations of how the Correcting Time will be manifested.

We learn daily. Our celestial teachers learn daily too. Join us anytime you want to get into a basic spiritual learning environment with humans here and there who are exploring these phenomena.

Bon voyage!

DANIEL and TOMAS/Pocatello, Idaho

From a series of lessons on FORGIVENESS: 1-17-95

DANIEL: “In your essences as children of the First Source and Center, there is no separation but it is your judgments upon one another that come from your cultural identity that are your blockages. And so now, tonight, I would invite you to spend the next week forgiving from this perspective. I would ask you to look inward this week and as you find yourselves reacting to your brothers and sisters instead of forgiving them for their offenses as you see them, their differences, or their actions as irritants upon you, I would ask you to look at yourself and begin the process of questioning and saying ... why is it that I react to that? Why is it that I am intolerant of that? Why is it that that particular behavior really sets me on edge?

“And as you begin to ask those questions you will begin to find answers. And as those answers surface you will find there is forgiveness that you need to do in two realms: the external realm in your past, in the realm of the institutions, in the realm of your upbringing; but also you will find that you will want to forgive yourself for your understandings, for your learnings, for experiencing the situations in the way you have.

“My friends, this is an ongoing process. Do not expect that you should be complete in this or free of your reactions by next week, no. This will go on. We still find ourselves forgiving. And, yes, the heavy past work in forgiveness for most of us is fairly complete but forgiveness is ongoing, self examination is ongoing, self understanding is ongoing; and the beauty is that as this process unfolds you discover within yourself, within your being, who it is that God created. You are very beautiful and unique. You each are a unique expression of the First Source, the God of us all, the I AM.

“My friends, I would invite you to relish your own uniqueness and relish the uniqueness of your brothers and sisters.’

FORGIVE AND FORGET?

“Often people are very afraid that if they forgive they will forget and the result will be that the situation is repeated, the offense reoccurs. And they believe that in order to protect themselves from ever having to experience that again they must not forget it; and this doesn’t allow for forgiveness. And it doesn’t protect them from ever experiencing it again because they experience it daily over and over and over and over and over and over again!! Every time they remember what it was that happened they relive it! And so their fear and their desire for protection have just the opposite effect. They experience the trauma, the indignation, the pain, the betrayal, the hurt repeatedly.

“To forgive does not mean to forget, and yet this is often the outcome. Because what one forgets is not the occurrence. One forgets the pain. One is relieved of much baggage. One does not have to relive the same trauma over and over and over and over again.

“My friends, to forgive does not mean to forget in the sense that I have forgiven it and now I have stuffed it away and I will not think about it any more. Forgive means to decide that you no longer want to carry the pain; you no longer want to be burdened; you no longer want to be separated from your brothers and sisters and from God; you no longer can tolerate the way

you are living, your judgments, etc., and you take that burden and you give it to God. You say, 'Take it from me. I no longer want it. You can have it! Please, God, give me a different perspective. Please, God, give me freedom! Please God, let me experience the love of my brothers and sisters. Please, God, let me experience your love.' And in doing so the pain dissipates. And to the extent that we are fully willing to turn it over to God, it is gone.

"Often, of course, it is difficult not to take it back, to be frightened, to say, 'Oh, I don't know what it is like to exist without this burden. I am unsure, I feel uncomfortable. At least with this burden I know what existence is like'. And so we take it back. And then we turn it over again. And this goes on; it is a process. But what happens as we evolve is we learn to let God have it much more of the time than we ask to hold it.

"And so, friends, forgive. For in the forgiving you will forget the pain but not the occurrence; and in the forgiving you are given the connection to our Source to help avoid those situations where you allow yourself to be a victim.

"Forgiving does not mean setting yourself up to be victimized again. Forgiving means one stops the pattern of victimization. One says ... I am done being a victim of myself, God. Here you go, you may take it; and I will trust You to be my guide and to show me the way that I may steer clear of future instances. To forgive means to have that self esteem to know that one does not need to be a victim."

Perfecting Forgiveness as a Gem

TOMAS: "Your efforts in forgiveness are much like a creation of your own. For as you whittle and mold and toil in the process of perfecting forgiveness you have created something real and whole which is now a part of your evolving soul, which is your own personal jewel of wisdom which may shine brightly in the darkness where others may see your light. That experiential value is yours, well earned as a result of having borne the burden of the experience which gives rise to wisdom and compassion."

Holding Judgments is Tiring

"Judging others takes enormous energy, for judging others is a barrier that keeps us separate from one another and keeps us separate from our Source. To maintain such a barrier does require energy and it is very wearisome, yes. It is wearisome in a different way than withholding forgiveness because the weariness and the tiredness that comes from maintaining a barrier of that sort goes on day after day, after day. One never becomes strengthened. One's muscles never become toned. One becomes more and more depleted."

Spiritual Guidance and Insight

DANIEL: "There were two twins that were born into a loving family. They were given high ideals. They were raised with love and understanding. And at some point the two twins took separate paths. One twin became more quiet and introspective, spent more time in stillness. The other twin stayed very active working for causes, working against what the twin perceived as wrong. And as time went on the second more activist twin realized that the quiet twin was producing the fruits that the active twin desired.

"I would say to you, my friend, always turn inward to your Inner Guide. Much of what is thought of as 'wrong' on this planet is simply a difference in cultural values. They are moral

issues, they are not breaking God's laws. I would ask you to spend time contemplating the true nature of God. I would ask you to sit in quiet asking that you will be given guidance, that you will know when and how to act in a situation, when to listen, when to speak, when to pick up a picket.

"I realize this does not address your question directly for I cannot tell you when something is wrong. That you must discern and that will take practice. I would ask you to have that awareness that much of what is thought of as 'wrong' is cultural. God smiles upon God's children. God sees the beauty in His/Her children, but delights in their play. And God sees God's children as what they are, children, not perfected beings.

"So I would also suggest that as you look at your brothers and sisters that you understand yourselves as but children and do not expect and require so much of yourselves and one another. Have the tolerance you would have for an infant or for a toddler with the understanding that they are developmentally where they are and need to be in order to progress

"Know that as you advance further along your path you will be less likely to look at hierarchy. But on the other hand, my friend, facts are facts. Some of you are further along the path than are others. And this is perfectly acceptable. It is how it should be.

"What becomes a problem is when one judges one another based on where we are on the path. That is the problem, not in noting difference but in judging for the difference."

HOW CELESTIALS MAY DEAL WITH DISAPPOINTMENT — Tomas

(Responding personally after assurance that the question is personal)

"Then I will respond personally. What I do is I ask my peers to sit with me, to share with me that moment of frustration and growth. The strength and warmth of their support is invaluable and allows me the enforcement I require to again put my self in perspective.

"I have great need and great love and great admiration for my fellow teachers in the mission for we are uniquely suited to helping one another with our various disappointments.

"Often these disappointments which we experience, and I better not speak for Daniel or others but rather for myself, many of these disappointments which I experience are very much like yours in that I have such great faith in you and sometimes I am thwarted, let down, disappointed by my own expectations. It is a growth process, a refining process. That is my agenda, if you will."

VIEWING OUR PROBLEMATIC LIVES — Daniel

"The environment in which you live is one that daily changes not only climatically but also economically, politically, socially and spiritually. It is a part of your plight/job as a mortal to walk the path in faith and trust despite the environment, its good or its bad.

"And those of you who continually nurture yourselves through the stillness and the desire to understand a greater purpose are those who are able to allow the environmental changes and fluxes to not destroy you but rather only add to the experience of a mortal life.

"As teachers we cannot be specific and give pat answers. We cannot say you must do this or

that for that is not the decree in a system of free agency. Our mission is to provide for you an understanding that there is far more to the environment than the material finite awareness.

“Those who understand this dual nature and who incorporate as much as possible the divine aspect into their material life will find that there are serendipitous experiences and that the upholding of the universes is under the guiding hand of the First Source and Center.

WILL and others/Tallahassee, Florida

This group is active, strong and sharing with the lessons of teacher Will, and more recently with a number of personal teachers, and Mantouba Melchizedek.

OUR RELATIONSHIP WITH ALL LIFE/Will, with her traditional greeting:

“The presence of God surrounds us, the love of God enfolds us, the power of God supports us. Wherever we gather, He is. Good evening and greetings to you all. I am your teacher, Will, who loves you.

“Your scientists have shown you that within any randomly selected drop of lake water, thousands of creatures thrive. Between those creatures which can only be detected microscopically, and those which you see around you in your daily lives, millions exist in both harmony and disharmony.

“This earth is teeming with life! You are a part of that life. Life was brought here in accord and harmony with the Father’s plan. Creatures of your order are the pinnacle, not the end product, but for the moment, the pinnacle, and the product of all those life forms, ultimate destiny.

“If you are alert to the existences of your fellow creatures, you can clearly see that the Father’s plan, as enacted here, tolerates both harmony and disharmony. You can see that variety is favored. How then should you live your lives and show proper respect for all that is around you? We suggest that if you reflect on all the things around you, your brothers and sisters, the institutions and groupings of your society, the conduct of creatures both close and distant from you, you will see that both faith and action are necessary.

“We expect you to pass lightly over the earth, taking what is necessary, and no more, and leaving after you the memory of an example, of a life well lived, incorporating joy and wonder and respect for all. We encourage you to set aside your feelings of righteousness, the world already has a surfeit of judges. Examples are what is needed now.

“And what example will you set? We ask that you deal with your fellows as if Jesus of Nazareth were standing by your side, and by your every thought, word and deed, you demonstrate to Him that you understand His teachings. That you demonstrate these things while allowing divine love to flow through you, unhindered, directly with the person with whom you are engaged. And that you do these things without effacement, insincerity, and absent attempts at humor. That is all we ask. We will speak on this again. Shalom.”

PURPOSE OF THE MISSION/Will

“We have been meeting now for some time and it is worthwhile to discuss the purpose of our continued association. In the past the concept of the Indwelling Adjuster had nearly disappeared from this planet and, for that reason, as an experimental move, the text now known as the Urantia Book was revealed, having that as its primary purpose and, secondarily and most productively, to teach the lesson that every normal person - man, woman or child - can live a life in complete harmony with the Heavenly Father’s desires. That the life of His son, Michael, known among you as Jesus of

Nazareth, proved that this was ever and forever so.

“Each of you has found the teaching presented in the Urantia Book to be a solace, an anchor and a base from which to make forays out into daily life. To represent and exemplify your highest understanding of the Heavenly Father’s wishes.

“Now we have this effort, this communication, which has as its purpose the schooling of individuals in a group setting with the aim of preparing each individual to better deal with timely challenges placed before you by the fact of material life in continuing to reveal to your brothers and sisters the Father’s love and beneficence.

“Some of you are eager to be about your own private ministry. Others pale at the suggestion. This communication is designed to accommodate both extremes. People will graduate from our group. New members will arrive. It is conceivable that some may lose interest. But it is thought helpful that we should continue to talk and to meet, to firm up your understanding of what it is the Father asks. It is so simple, yet so difficult to put into action.

“The Father stands for everything good. How, then, shall you conduct yourselves? In accord with your knowledge thus far gained. You should treat each other fairly, with good humor, rewarding the higher thoughts, not challenging people’s backward beliefs - some of which you also possess.

“The Father stands for love, kindness, justice, mercy, concern for the children, concern for relations between antagonists and the preservation of old friendships. The Father stands for harmony of the marital home. Harmony between neighbors, nations and planets. Harmony between competing and contentious ideals. But we state now, and positively, that each of you is capable of living your life continuously in the Father’s love. We ask, as always, that you devote a minimum of ten minutes of daily silent prayer.

“Although your world suffers from tragic consequences of others’ past activities and choices it is not we who will overhaul your world. You will. And the only way to competently do so is in accordance with your highest understanding of the Father’s essential nature. You cannot go wrong. That is all I have to say. Until our next meeting, God go with you always. Shalom.”

SPIRITUAL ATTITUDE IN A MATERIAL WORLD/Alfonso, Feb. 12, 1995:

“Each of you lives in the material world. As such, you are most conscious of things you can see and feel, smell and touch. Spirituality is spoken of regularly, and yet for most people on this planet it is a conceptual reality only. It cannot be seen or experienced with your senses, so how is it that you are able to connect with this, or even determine that such a realm exists?

“Most people can believe this other dimension exists through faith; some intuitively feel its existence; some are sensitive enough and willing enough to daily attempt to permit energy from the universal circuits to intersect with their consciousness through the stillness practice.

“Much of the celestial hierarchies are interacting daily with those on this planet, either attempting to arrange opportunities for lessons and growth or watching over those who are experiencing this life. If you can but take the first step in faith, that there are celestial personalities who are concerned with your well being, and who are available to assist in your path, and if you can daily find time to spend some time in reflective meditation, then you are likely to be able to use these methods to stay conscious of the spiritual aspects of this life.

“And if you can keep them in the forefront of your mind, then as you walk through your day, you can see where they intersect with the material life, and add value to those things that would otherwise be merely an accumulation of experiences or assets. And it is in this accumulation of spiritual values through your daily encounters that you can more and more understand the reason for this first phase of your existence, and you can react from a different perspective.

“It is true that you cannot presently recognize any celestial realm personalities other than in extraordinary circumstances during your material life. That is why you’re known as agondonters. But it is also true that many people hold tight the belief that there are such beings and daily communicate with them, whether they hear them or merely speak to them in prayer.

“And so, there is a consciousness about this planet regarding these spiritual realms and hopefully there will be more and more who can accept the possibility of such interactions. When that occurs, we will be close to an attitude change which can propel this planet that much closer to a collective consciousness that will lead you and your planet to Light and Life.”

“It is your job to personally take that faith step, to personally reach for that attitude, that good natured attitude, and hopefully as time goes by you too will be more and more able to discern the spiritual within the material. And if you can, it will certainly enrich your life experience.”

NETWORK OF THE HEART/Ambrose

“We have, and are continuing to form a network across your world. Each connection adds strength to the whole. If you could see from our perspective, you would see an umbrella of love and service covering your world with connecting lines. It is our job to infuse those connections with the energy needed for the work that must be done.

“As more workers are added to the network, more energy is poured into the connections. Soon your entire world will be embraced in the arms of the Father’s love. You all play a part in your own unique way. It matters not what method of service you choose. You are all on the path to reach the Father. Whatever method you choose to accomplish this service is entirely a personal choice.

“One may appear to be super-charged with energy, and distribute love in a more energetic fashion; another may go about their day in a more quiet fashion, sharing with others their knowledge of their insights, or simply extending their love.

“This will all come together and create the necessary umbrella of love covering your planet. There will be a great up-stepping of this spiritual message and its resulting influence throughout your world.

“You will significantly contribute to this overall accomplishment. This will happen. There is no longer a reason for doubt. We know it is now secured. Your planet will come through, and join its rightful place within the universe.

“There will come a day when all disease is wiped away. There will come a time when the people of your world will be one. This takes time. For you it may seem like a long time; to

us it is but a brief period.

“Do not be dismayed if you cannot see the fruits of your labor. There will come a time when you WILL see. For now, step out in faith, and know that you accomplish much.”

THE RIPPLING OF LOVE/Ambrose

“God’s love is amplified through our projection — our extension. This extension can be likened to what happens when we throw a pebble in a lake — the waves go outward, never ceasing until they meet the shore. Only with our extension of love, there is no shore to stop its ever widening projection. If mortal man could see with spiritual perspective, he would see how every gentle touch, every kindness extended to the brotherhood, no matter how small or insignificant it may seem on the surface, has an ongoing, never-ending effect on the total.

“Go out today. Walk among your brothers and sisters. Extend this love. You can only keep it by giving it freely — as it was freely given to you.”

STILLNESS AND A TANK OF GAS/Mantouba, a Melchizedek

“When one begins communion with the Father, through seeking the silence, there begins to be a connection made. Each time the silence is sought, the connection is made stronger. Utilizing a hit and miss attitude regarding one’s silence practice, is not conducive to building that strong connection.

“An analogy might be helpful. Picture, if you will, the gas tank of your car. If, each time you wanted to drive the vehicle, you simply put in a couple of cups of gas, just enough to get you where you wanted to go and no further, that would be all the distance you could expect from your vehicle. However, if you kept the tank more full, going further distances would always be available to you. You would not be scraping the bottom of the tank, so to speak.

“A full tank is best, a half full tank is certainly better than an empty one. I know you all are striving to do the Father’s will; recognize that it is the Father’s will, that you seek communion with Him. He cannot work in you and through you, unless you strengthen this connection, to the most optimum benefit of you and the brotherhood. Try making that commitment for two weeks, then you be the judge of whether the benefits outweighed the inconvenience.”

AFTER THE TEACHING MISSION/Will

The Blue Book and our teaching is preliminary to the sending, receiving of a Trinity Teacher Son. He will teach on this world for a thousand years. This is only preliminary work, you see. Neither this Blue Book nor our teaching is an end in itself. They are only preparing for the future.

RESURRECTION FOR ALMOST ALL/Will

“Most everyone is resurrected to the mansion worlds. There are several things you need to understand. First, only personalities that knowingly reject the ascension plan face extinction. And there are very few here that understand the plan, much less who would reject it if they understood it.

“Secondly, all doubts are resolved in favor of continuing the ascension progress.

“Third, as children of the Father, mercy and forgiveness are showered down upon each of you. “

DON'T JUDGE OTHERS' PATHS TO GOD/Will

“One of the problems of this world today is the presumptuous opinion of many that they know the only path to the Father and that failure to follow their path will lead to damnation.

“It is better to avoid such judgmental assertions, as they are not only mean spirited, fear based and likely incorrect, but they are also unlikely to convert anyone to your beliefs.

“This is an important lesson for you as well because you believe that you have a better understanding of the cosmic scheme of things than most — and you do. But if you really understand what we have been teaching you, you will exhibit tolerance, not judgmental condemnations.

“You should be looking for the best in each person's beliefs so that you can emphasize those aspects of that belief system. We are not here to create barriers between people. There are enough barriers presently in existence to effectively keep people from sharing the Father's love. We seek to build bridges between people so that the love can be transmitted between you and those you meet. “

ELYON and others/Coeur d'Alene, Idaho-Spokane, Washington group

This group has been involved with the Teaching Mission since 1992. The Coeur d'Alene area Urantia Book group has been meeting since 1981, and a Spokane counterpart came along later.

Barbara Giles shares her insights into the group's mission experience in this report from the spring of 1995.

“With the arrival of the Teaching Mission, this group has expanded to some 15-20 participants and supporters. As new folks have come along we frequently hear that they feel like family, like we've known each other for years. Meanwhile, the Teaching Mission caused a split among the Coeur d'Aleners. Some enjoyed the Teaching Mission input and looked forward to hearing from the teachers after our regular reading. Others wanted nothing to do with the mission.

“We scheduled a series of meetings to resolve our differences, air our thoughts and feelings, and used a mediator to keep us on track. The result of that effort was to establish a distinct meeting for book reading without transmissions, and this has kept us from drifting apart. So, although some members live in one state, others in the other; some participate in transmissions, some don't; we share a common philosophy, all appreciate The Urantia Book, all engage in forms of brotherly outreach, and most of us go to as many of these meetings as we can. I see us as one group, not two or three.

“During the first year or so of getting used to transmitting and sharing teacher messages, we usually heard from Elyon in CdA, Aaron in Spokane, through one, sometimes two, TRs. Gradually this was expanded as more TRs came on-line to frequent round robins, with the teacher, switching after a couple of paragraphs from one TR to the next.

“Early messages focused on stillness practice, overcoming being judgmental, loving ourselves. Later the range of speakers broadened to include personal teachers, Melchizedeks, midwayers, a pair of archangels, and others. We have been told we are an experimental group; perhaps the wide variety of visitors reflects this.

“Their lessons now emphasize outreach as well as more detailed information on a wide range of topics such as circuitry and mota. Friction within the group has been minimal. The first TR has expressed that, when a second TR began transmitting, he felt pangs of jealousy that someone was encroaching on his domain. He also said that he was ashamed to feel this. It did not take long for the two of them to deal with this amicably, and they have since become good friends.

“The sharing of TR function now with so many serving in that capacity is comparable to musicians passing around the solo. While some comparing of TR style and word choice is inevitable, we avoid and discourage criticizing and expressing preference for one TR over another. This also provides a supportive environment for budding TRs to speak up. It has been fascinating to hear the differences and similarities among the transmitters.

“The two most positive developments stemming from the arrival of the Teaching

Mission are the service zeal and the increased personal and group devotions. Where in the past a small handful of us would volunteer for manning book booths or hosting regional conferences, and that was about it for group outreach, now projects are popping up everywhere. Newsletters are being compiled; music tapes are in the works; many hands raise to volunteer time at booths; books are being written; and we hosted a major conference. And those are just some of the group projects. Wide-ranging individual outreach efforts are apparent.

“Much of this enthusiasm may stem from the increased devotional time. We can thank the teachers for encouraging us to spend time with the Father both daily at home individually and together to open our meetings. Our teacher Elyon had these remarks about our meditations:”

ELYON on WORSHIP/5-22-93: “I would also comment that we who watch your progress are often intrigued by the respect that you manifest for another’s time of prayer and worship. We note how you will offer space and privacy, not interrupting each other while this time is being taken by an individual. This is good.

“However, I would like to point out that in the realm I inhabit, often when an individual is in a worshipful state, another gathers, and another, and likewise two more. This can grow to a multitude; it is a contagious process, very attractive to us.

“Worship is one event that we all seek, and when one plants the seed, then we all will gather about for a mutual experience. Your angels are of this orientation; as you pray, they pray.”

The teachers occasionally offer prayers with us. **Darid**, a personal teacher, offered this June 10, 1994:

DARID: “One who pervades eternity, One who embraces all, lift us ever towards yourself. Transform us. We trust Your guidance. We know that You are ever present, always capable. In all our uncertainty we acknowledge Your stability. We praise you in the grasp of the amazing spectacle of life.

“Truly miraculous it is that out of You, all is becoming, and in our individual uniqueness, our own sphere of self, we are not separate but simply a reflection of your grace. May we give in return all that You have given to us. May we bring home to You the divine spark that we are. Lead us ever in Your direction.”

The following statement by **Malvantra**, a Melchizedek, sums up well the purpose of the mission, with a rallying cry to have us join hands with them in this great effort:

MALVANTRA/10-27-93: “I come to you this evening to accept my assignment, to take up my task, to be engaged with you in the outworking of Michael’s mandates, to uplift this world, to reinstate the planet into a normal arrangement and alignment with all other spheres in this system; to once again bring the efforts of Michael, as he lived here on earth, into motion, of the Father’s kingdom reigning in the hearts of all mankind, to seek that reality level that is attainable even on a planet like this.

“I would address you under the topic of application. You are all well trained, and though training is a continual process, you have undergone a great deal of personal growth, intellectual comprehension, and spiritual attainment. You are all well equipped with talents, traits, character acquisitions which make you ready to engage in ministry and service.

“There is no need to wait. Those things which you contain within you are able to be used every moment in your life. Set your mind’s eye toward discerning how you may apply yourself as the events of each day unfold, and look with the creative eye to bring about the higher ways you aspire to. Demonstrate this for others. Encourage this in others.

“I am here to be of assistance in this group under the tutelage of Elyon. We are to begin another step in co-operative ministry, yourselves and ourselves as a team. By you seeking to uplift at any point, at any time during the day, you are making it possible for us to rule in the kingdoms of men. If you are passive or, from an alternate perspective, too patient, we are unable to act. For in the dimension that you are most aware, your freewill has the greatest influence, and we will react only based on your initiatives.

“So let us work as a team, in pairs. You are our extension. We are your companions. Take the step. May the light of our Father always illuminate our mind endowment. May the love of the Father encompass our free will sovereignty. And may we always be loyal and dedicated, devoted sincerely to the Michael who rules in Nebadon.

IMPLICATIONS OF TRANSMITTING/RECEIVING **Transmitted December 11, 1994**

RANTARASON (a Melchizedek): “As you know we monitor your activities continuously. We know the deepest, dearest thoughts you harbor. We witness your joys and triumphs. We witness your down times. We are intimate with your thought processes, and it is because of this that we are able to reveal to you personal truths and aspects of yourselves that are in position to be worked with, perhaps enhanced, perhaps to be left behind.

“All of you have traits that are noble, worthy, valid, and worth special attention for enhancement; to take your abilities and tendencies that are positive and apply them so that their capacities are enhanced.

“You can know that we share with you your thought processes throughout the day, that, indeed, we do inject, that we are involved, that we participate in your conclusion-drawing processes, that we help you with your observations, that we work with you with your extractions of value from encounters and observations that you have. This is our function as teachers. We participate with your workings, with your processes of mental and spiritual aspects.

“We know that you are aware of this fact, and it pleases us when you question whether that (thought) was one of ours or one of yours. It is always a strong possibility that when you feel the tweak of thought in a special way, that there is quite possibly a reason for this, that we are sharing with you an altered viewpoint, a perspective that would not have occurred if it were not for our input.

“We do this for a reason. We are engaged in your unfoldment, in your training, in your development as contact personalities, ambassadors to the mission, apostles of Christ Michael. As these roles are in relation to you, we strive for a better, more positive outlook on your perceptions, a more service oriented, mercy laden, non-judgmental, unconditional, loving attitude to be demonstrated to your fellows and harbored within your own minds.

“There is every reason to hope that as time continues our input will become clearer, more pronounced, and that you will be able to respond at a moment’s notice on a leading that we

have indeed provided you.

“Now we are pleased to see the recognition factor, and we anticipate the arrival soon of the time when the recognition of our influences will lead to action, so that you can know that it is our desire to put to use the skills and attributes that we are developing at this time.

“So, as you find yourselves in the cross-currents of events, you will know \ that you are stabilized and directed by loving hands that are concerned \with the overall goodwill and positive outcome. We know that this is what \you wish to have happen also, that it is your desire to have a higher perspective in life situations and to have the capacities and abilities to function in such a way that a more glorious result of interactions will take place. We tell you that you are heading in the right direction for this to occur. It will become easier and more natural as you first, recognize and second, act upon our influence, our presence, our input. When you can recognize the fact that we have presented with you an impression, and that this would stir you to be motivated for action, and you are able to discern the better actions that are possible, then you will truly become an effective transmitter/receiver.

“It is wonderful that we can work through you in these moments of stillness, in quiet and focus. However, it is also our desire to use you as a conduit in times of stress, confusion, and chaos, for, as you know, these are prevailing conditions a large percent of the time.

“We hope that you would develop adequate sensitivity to allow spur-of-the-moment impressions to be channeled through you to act as influencing factors in life situations that occur. This would be an enhancement of function, an increase of spiritual quantity and quality. Please know that this will occur as a result of your desire and your active exercise and training in this ability.”

THE BOOK OF REVELATIONS — Lantarnek, a Melchizedek

“These episodes of revelation that were presented to John during his time of alienation from fellow believers were undertaken in order to compile information that would create a conceptual foundation for religious and theological development for centuries to come. They involved training your type of being in comprehension of the goings-on in heaven.

“The information given was intended to sustain you for millennia. Our choice of John was due to the observance that he was capable of grasping the spiritual significance of statements and experiences that happened in his life.

“What you have today, your Urantia Book, is the final outcome. It has now provided you with the structure of the universes that began to be told to John, even as it was first taught by your prince. Your record contains many metaphorical and allegorical pictures that have been interpreted over the ages such that a settled system of interpretation has developed, disallowing further wresting of truth from the passages. The beast has multiple meanings that are for you to interpret. Do not be concerned that this marking is a sign of defect. It is rather indicative of your natural state. It has been thought of as an impurity, a result of the age-long development in Christianity of the concept of human inferiority and the fear of evil’s superiority.

“You have only one responsibility to this phrase, (and the fragments of John’s efforts to relate to you his experiences) and that is to interpret in your experience the messages that have value in your life. Be not concerned for the obscurity, for much of the obscurity has nothing

to do with our disguising the message, but rather, is the result of ages of human preservation and manipulation.”

OUR WORTHINESS — Aaron

“Such love upon you, that God would indwell you and make you like Himself, one in intent and purpose to fulfill the calling of unfolding divinity in the vast realms of time and space within personalities cloaked in fallibility. You have the great opportunity of an age, to reveal God here.

“Recognize the potential contained within you. Infinity is your possession. The Father has revealed Himself to all of you by placing Himself at your core. There is but the mere cycles of growth for this to be fully realized. Herein is your reservoir for giving love. Herein is your strength for service for service, for realizing joy, even in diversity, even in difficulty, even when confronted with diametrically opposing views.

“Know that you are worthy of this gift. ‘Why,’ might you ask? Because the gift is already within you. There is nothing to earn, no credits to achieve. Before you were even aware, He was upon you. If there was ever anything to be thankful for, it is this spark. You are as close to God as any creature would hope to be, simply by the mere fact that He is closer to you than any could ever be.”

SERVICE AS THE BREAD OF LIFE — Elyon

“You know, Jesus said, ‘I am the Bread of Life,’ and he is, and you have each experienced the nourishment of taking him into your soul. Spirit hunger is no longer painful but rather the normal course of receiving his love and peace as well as your lessons for attaining his presence.

“I will offer another element to this bread of which he spoke. Your growth is service. It is service to the Supreme; it is service to Michael. The entire realm of the finite is as rising dough, ever expanding, enlarging to become the finished reality it is intended to be by our God.

“You are an element within this. If bread were to rise unevenly and remain dense in a particular area, the finished result would be less than perfect. Your soul expansion is necessary to lift the Supreme.

“It is important to receive the yeasting of ministry provided to you from your indwelling spirit. It is important for you to receive the kneading provided by your life episodes. It is important for you to receive the resting time of stillness in order to cultivate the spirit within and actualize in your awareness His presence in order to be this presence as you live. It is important for you to be salted with sanity and sobriety to understand your limitations, to carefully guard from fanatical expression and over-rapid growth.

“You are each one with our infinite Father. Michael has provided all the ingredients in his realm for you to fulfill the commission of God to become perfect, for you to be able to rise to the occasion.

“Be willing to undergo the challenges, the stretching, the poundings that both provide for your upliftment and for the elimination of stages of progress that you no longer need to contain within you. As in your baking processes you beat down your dough, your life

episodes that are difficult are as important as is the rise.

“When we have accomplished our task and settled these realms in light and life, we will be overjoyed in our accomplishment. The aroma of supremacy will be tantalizing to all who enter into our kitchen.

“When our schooling is finished we will be able to serve our slice of light and life for all those who were not able to bake with us. Growth is always expansive and healthy when uniform on every level of your being. “

INDWELLING SPIRITS ARE THE KEY — Aaron

“If you could realize that any communication you could have with me or your teachers is actuated by your Indwelling Spirit. We cannot talk to you without the activation of the channel, so this in itself is proof positive that you can connect to that spirit.

“We can vocalize and we can offer insight on the mental level, but the true heart growth, the true spiritual growth and experience come as you identify yourself and give yourself the time to understand and seek out that spirit within. “

WHAT THE TEACHERS WANT — Rantarason

“This is our desire. This is what we strive for in our connections with you as mortals, for you to desire and ask for spiritual upliftment and personal opportunities for accelerated avenues of service.

“When you allow us this opportunity you will find that our boundaries of possibilities are increased. When you make it known on a conscious level, on a daily basis, that you accept your privileges and responsibilities as an apostle of Christ Jesus, then you, in essence, open up the gates for our influence to be an open manifestation in your outer life as well as your inner life.

“We are also in desire of personal progress, experiential growth, a fuller understanding of the beautiful manifestation of God on all levels of existence. We do not look down to you, rather we look up with you to the First Source and together, we both walk together.”

JarEl/Arcadia, CA

WORTHINESS — January, 1994

“It appears to be among mortals to view their relationships with the Father based upon their worthiness of such a relationship. This has been and continues to be a great stumbling block for those who seek the truth and a relationship with the Father, or their higher consciousness, or their God, however they address it.

“But their feelings of unworthiness hinder their relationship much to their surprise. They feel that they are progressing spiritually, but it is this issue of unworthiness, tied to doctrines and rituals, that leaves them lacking. They can never obtain in their mind that state of being that allows them to be worthy of His blessings and love. They suffer from low spiritual esteem, which is similar to low self esteem on the level of self.

“One perceives himself as unworthy of success or happiness, or the things that bring balance to one’s life. The absence of them bring unbalance and low self esteem. This allows others to dictate the level of your success, your accomplishments, and your growth, based upon their false value system.

“Low spiritual esteem is similar. One does not feel worthy of the blessings and presence of the Father in our lives. We ask the question, can this be so, that I am favored with His presence? Can this be so, that He is blessing my very existence? What have I done to deserve this goodness?

“We search in our rational minds for those acts of kindness and goodness to justify this flood of goodness and love from the Father. It does not add up in equal terms. We cannot say in our being that what we have done in goodness warrants the blessings and abundance that we receive.

“So then we allow the rational mind to insert the word unworthiness, and we don’t feel worthy for the abundance of goodness and love that comes from the Father.

“The truth of the matter is that each of you is worthy of His love, and the abundance of goodness that comes only from Him. Each of you and your fellows is special to the Father individually and collectively. Your existence, your daily lives, your experiences, the ups and downs, the triumph and the failures, the attempts at striving toward perfection are important and matter to the First Source and Center of your existence. The Father is conscious and aware of all that you experience individually, and it matters to Him.

“He partakes with you in your daily striving for perfection, for attainment of spiritual growth. He is ever present with you individually and collectively to share in your lives all that you experience, and that experience is important to Him. Each of you and your fellows matter to Him. You are of value, great value.

“You will never be able to equalize in your minds your goodness compared to the abundance He gives you. So cast this thought of unworthiness from your beings. Abundance is what He offers you for little effort. For little movement you are rewarded with great abundance. Do not attempt to justify this. Just accept and allow His graciousness to you.

“Your fellows suffer from this misunderstanding. As a result they say ‘I cannot reach

perfection so why should I try? Why should I attempt to do right, to think right, to act right or to be right? I am but a speck in the vast sea of humanity. God is so immense. He is not conscious of this little speck. So why should I attempt to be all that I can be? He will take no notice of me”.

“This is sad. This thinking, while they hold the rituals and practices of righteousness and attempting to be better. These doubts still pervade their view. Again you should know that He is ever present. Ever conscious of this tiny speck of humanity.

“Did not the Master leave the ninety-nine and search out the one that was lost? Did He not rejoice at the return of the prodigal son? These are parables that show His immense love for you individually and collectively.

Your fellows and you have a personal, and we must emphasize “personal”, relationship with the First Source and Center of All Existence — God, The Father. That relationship is unique. It is private. It is personal. It is you and Him. Your consciousness meeting His. Your problems, your concerns, your achievements you may relate to Him personally.

“You have His ear. There is none between you. So rest assured and be conscious of this fact and allow the relationship to grow, allow yourselves to experience His abundance, His great care and His love for you individually and collectively. Let this time that is marked as a “New Year” bring to you a resolution to experience God’s Love and direction in your lives.

“Let this time be a resolution of a rededication of yourselves to knowing and doing the Father’s will. Let this time be a resolution to you to share His great abundance of love and goodness with your fellows who yet walk in darkness.

“A great light is shining on Urantia with the text and this Teaching Mission. Allow your fellows to step into the light and receive the abundance of love and knowledge that awaits them. This will erase all doubt of their worthiness for His Love.”

JarEIA CHALLENGE TO MORTALS

Transmitted at the 1994 Teaching Mission Gathering, Spokane, WA in July, 1994.

“This is a challenge for you, the ascending mortals of Urantia who have come about in this mission. What challenges do you face on your path towards ascension? We take too often our task on a daily basis as being boring, trivial, of no consequences. We proceed on that path, not focused on the goal, and allowing distractions to distract us from that attainment.

“You as mortals, if you will allow my analogy, have vehicles of conveyance from one point to another. You control these vehicles when on a one lane path quite differently than on a fast highway. Your path towards spiritual development is similar and singular in purpose — to know the Father, to know His will, to obey His will, to do His will on a daily basis, culminating in achieving paradise.

“On this one lane path that you proceed in your vehicle you are often times erratic in your control. You go from side to side on the dangerous shoulders, unaware of those following, uncaring as to the example you set. Now comes Christ Michael and this mission, and your one lane highway is expanded to multiple lanes. You are now conscious, through this mission, of others traveling this road with you, some to your side, some behind, some ahead. No longer can you erratically control your vehicle. You must maintain your distances, you must remain in your assigned lane. This is where we are today.

“You are not alone. You must not think in terms of being alone in this mission. There are others around you who view your growth and tend to emulate those things that you do in your knowledge. So our concerns, as teachers, is that you partake of this mission, not as observers but as participants, willing, eager, anxious to reach the goal of salvation. Willing to obey the rules that govern your journey.

“In the instance of the highways, there are posted limitations as to how fast you may proceed. In this mission of Christ Michael there are posted limitations and directions as to how you should proceed.

“Seeking the stillness is ESSENTIAL to all who desire spiritual growth. You must use the stillness as your vehicle to arrive from point ‘A’ to point ‘B’. Taking daily time with the Father is essential to enhance your spiritual development, individually and collectively. What you experience individually you share with your fellows and the collective experience is enhanced. The group growth is advanced because of your individual contributions.

“This you need to understand. ALL ARE IMPORTANT. All have something of value to contribute. THIS IS THE CHALLENGE for you.

“In the Melchizedek Schools we have learned of Urantia because we took an interest in the planet of Michael’s nativity. Our interest led to diligent study. We have weighed and measured this planet. We know its boundaries, the heights of its mountains, the depths of its seas, the expansions of space that exist around it. These issues were of concern to us, knowing that we would be involved in this mission at some level.

“It was incumbent upon us to know the terrain. We have scanned the remembrances of others to know the mechanisms of human thinking, so that we may adjust ourselves accordingly and find that suitable level of understanding to communicate with you on higher spiritual knowledge.

“You, dear ones, must do likewise in this correcting time. Belief is essential. However, belief counts for nothing unless carried into practice. Faith is essential, but faith counts for nothing unless the vision of completion is present. You must act on your beliefs. Serve your fellow man faithfully, with the vision that Light and Life will come about to Urantia, and that you individually and collectively can contribute to that era.

“We know, for example, that your Pacific ocean covers 68,634,000 sq. miles. Your hills and mountains cover 14,000,000 square miles. The islands that sporadically dot the landscape of Urantia total 1,910,000 sq. miles. The lakes and rivers of this country cover 1,000,000 square miles. The next largest body of water covers 41,321,000 square miles.

“This is relevant knowledge for us who investigated this planet as an example for us to know where we are, and where we are going, and how to relate this information to you.

“But you of this mission have not sought to venture, thus far. To explore the closest reality next to you, that of the presence of the Father in your fellows. Have you sought your neighbor? Have you reached out to other cultures, religions, persons, races? Have you sought an understanding of these?

“You must learn. You must venture out. You must know your environment. Your environment is people, members of this human family. You must expand your knowledge of

them, their culture, their customs, their belief systems. This will help you in your outreach toward them for this mission, and the spreading of the light of truth.

“How can you expect to ascend and mingle with myriads of beings from other super universes who have different personalities, coming from different experiential backgrounds, speaking different languages, holding to different customs? How can you expect to exist harmoniously on this level when on Urantia you cannot reach out to those who are about you?”

“The saying of old, ‘as it is on earth so it is in heaven’, this has value. This has substance. You must share your interactions with all, as upon the mansion worlds and on to Paradise you will interact with others, as the text has verified.

“So we offer to you a CHALLENGE to take from this setting of spiritual development. We offer to you the challenge to reach out to your fellows wherever they may be, whatever their beliefs, whatever their nationalities. Embrace them with the love of Christ Michael, that He has bestowed upon you. Share this knowledge of the mission and the text with all who are seekers of truth.

“The Father will provide you ample opportunity to share His knowledge. Avail yourselves, individually and collectively, of this challenge. We have given you much in the way of encouragement and spiritual enlightenment. Unless you use this enlightenment, unless you are motivated to move by our encouragement, then our efforts are in vain. I assure you, and I know from that that I speak, Christ Michael’s mission is not in vain.

“We seek willing participants. Brave souls willing to venture into areas of the unknown. For you who live this mortal existence there is much that is unknown to you. What is unknown is not experienced. We feel you need to experience your fellows during this time of correction. This will sharpen your abilities to be the ambassadors of truth for this mission.

“So, the CHALLENGE is there. Will you accept it? Will you pick up the gauntlet and move forward in belief and faith? Reach out to your fellows. Learn of them, share with them this great light of truth that has come to Urantia.”

“I thank you for this time. I hope and pray to our Father on your behalf, as your teacher and co-workers in this mission, that we can motivate you to action. It is good to sit and reflect. Now is the time of action; now is the time of outreach.

“Bring in all that will come. They hunger for knowledge of the Father. They hunger for fellowship. They hunger for acceptance. They hunger for love, the love that comes only through the Father and His Son. It is freely given unto you, freely share with your fellows.

“My peace be with you. Farewell.”

Jared/Sebastopol-Santa Rosa, CA:

This longtime Teaching Mission stalwart reportedly transmits regularly from Edentia, a planet in our local universe. All teachers are not literally present on Urantia. They transmit with mortals through a process called reflectivity. These various circuits of energy are described in detail in the Urantia Book.

Jared strongly emphasizes the daily stillness practice in beautifully wrought passages, oft repeated, for repetition with variation is a prime teaching technique in the Mansion Worlds upon your death and resurrection. The teachers have certainly used it here in their constant encouragement to go into the stillness to open the threshold to spiritual growth.

KINDNESSES DRIVE SPIRITUAL GROWTH

“Little acts of kindness are openings to all goodness that is around.

“Each act of kindness, of goodness, that you share with another person will help to better this world and allow it to better itself.

“Greatness is always achieved by practicing kindness day by day, and by giving in to those small urges of love toward each other that are so often overlooked.

“Each person is requested to have faith that each tiny little event they do will provide change. Each little kindness that is extended to another will then extend to two others and more and more.

“It is in that manner that changes will happen. There is an effect of one to another to many. Each person is asked to do those little chores, those little kindnesses that will help to change many more than you can fathom.

“Trust in our teachings that those little insignificant things that you do that are good and kind and caring to another will be the basis of change. It is hard to afford you to understand, but we ask you to accept on faith that that is our mission, to share God’s love and that faith a little, a little bit at a time. It will create immeasurable changes. It will impress you.”

“...The mission here is to help people understand that each act of goodness and kindness that they express to another is the basis for great change in this world. We hope that by establishing such direct contact with people, they will become convinced of the strength of these small acts.

“It is surprising to you how much each act that you perform affects others, and as all people are touched by this, there will be an exponential overflowing of shared humanity and acceptance of one another.

“There is also no new hatred coming, and as each of you shares with another and overtakes the other’s fear, it is then dissipated and does not return. You make great changes in this world, each of you, as you share with another God’s love.

FINDING A COMMON GROUND IN SHARING

“In teaching others it is best to find a common ground, a common thought to share. In that way you can build upon that and help each person to realize that their own action is very important.

“Each action that each person takes, each time you reach out to another, helps to extend God’s love and helps to make changes.

“In whatever way you can help another see this in a positive way, in a comforting way , that is sharing our mission.

WORKING WITH OTHERS ON THEIR PATH

“No one is able to force another to listen or to seek. You may only make yourself available to assist someone in their own search, in their own path. You are unable to force someone down that path. “

REPLACING RESIDUAL HATRED AND EVIL WITH GOODNESS

“Because of the adjudication and the System Circuits opening, there is no new hatred being poured upon this world. What needs to change, however, is the hatred and evil that is existent.

“As each of you reaches out to another and shares goodness, it helps bring light to them, and extinguishes that fear and evil and hatred that is within them. Once that small part is extinguished, it will not return. Your goodness will take it over.

“In this way, the goodness you share with another will be shared with many others who will share with many, many others and will help to bring many great changes. We hope you will trust that even if you do not get a positive response, your goodness is not lost. “

FINDING BALANCE AND PEACE

“Each must seek their own balance, and it will change as the days change and as your moods change. Be forgiving of yourself; do not dwell on past mistakes. If your actions create anxiety within yourself, you must look at them closely. If your actions create calmness and peace within yourself, they most probably should be encouraged.

“As you find the actions that provide you with calmness, with peace, you will find many ways of repeating those things that help you.

TURNING ANGER TO LOVE

“Beware of the power of anger. Human beings wear anger as a cloak — one which seemingly provides protection, but only a false protection.

“Practice turning anger into love. Melt the barriers between yourself and even strangers by seeing past the wall of isolation and to the strong, yet gentle, link of brother/sisterhood.”

STRENGTH AND GROWTH THROUGH CHALLENGE

“Each person gains strength in the challenges they successfully face. It is not necessary that it be enjoyable. You are instructed to view this challenge as a learning time. Do the best you can with the difficulties you face. Do not expect yourself to be perfect. Forgive yourself when you err, as all err; all people err. Be patient with yourself.

“Each must seek their own balance, and it will change as the days change and as your moods change. Be forgiving of yourself, do not dwell on past mistakes. If your actions create anxiety within yourself, you must look at them closely. If your actions create calmness and peace within yourself, they most probably should be encouraged. As you find the actions that provide you with calmness, with peace, you will find many ways of repeating those things that help you.”

MAKE CHOICES NOT JUDGMENTS

“A judgment is a decision of a person’s right or wrong. It is not something that we do. Nor do we suggest that you judge one another.

“It is important, though, in your daily lives to look about you and make choices about your own actions, your own beliefs, what you choose to read. These choices are encouraged and can be assisted in your own stillness. It, in no way, is a judgment of another.”

WHEN GUILT IS AND ISN’T USEFUL

“Guilt in the paralyzing sense that makes you doubt each move is not useful. When there is a feeling like guilt that helps you to recognize error and change your actions without being hard on yourself, that is a useful feeling.”

THE BEST ANSWERS COME FROM WITHIN

“It is often the most difficult lesson that is the most valuable, and it is hoped that you can put aside your frustration and desire for concrete or easy answers and know that the best answers really do sincerely come from within you. In your own search, in your own self, you will find the most genuine answers.”

REACHING OUT IN BROTHERHOOD

“Loving is not always possible but is to be reached for. You cannot expect yourself to be perfect in doing God’s will; your attempts toward brotherliness are commended.

“In dealing with difficult people, it may help to understand that they are dealing with many difficulties internally and may not yet be able to see a path out. In your contact with them, when you show them a brotherly path, you are helping to demonstrate another way. In this manner, they are demonstrated other options. Perhaps remembering that you touch their lives, positively, without them acknowledging it, will help you continue doing so.”

Various Teachers of Kailua-Kona, Hawaii

The group here, members of a community of interacting families, received many beautiful lessons for a number of years, from Norson, who is a Melchizedek, Aflana, and various other celestial personalities, some referred to in their transcripts only as “unseen helpers.” In most cases, of course, they are the personal spiritual guides of the various human personalities.

These families, including many children, have been a good working example of interpersonal sharing as humankind continues to seek ways to live together in harmony. Here is a sampling of their lessons:

GOD GIVES OPPORTUNITY, NOT FAITH — an Unseen Helper

“Faith is the one thing our Great Giver does not give. Our Perfect Creator, our Glorious God of Love, has given us life and all the necessary time and means to sustain and grow this life within us. Our Unending Source shines and sends this unceasing supply of love for us to use and share. Our most Blessed Blessor brings into being all creation and initiates into each of us all the infinite aspects of Perfection.

“This Great Provider, who provides us everything we are and everything we have been given, does not provide us our faith. Instead, our God of Goodness and Love gives us opportunity. Opportunity to give birth to our own faith, opportunity to nurture, feed, extend and expand this faith. Opportunity to use, work, and strengthen this faith into magnificence.

“We manifest it into the only true and worthy gift that is ours to give to the Great Gift Giver. We will to give God the gift of ourselves; the new faith-child, wrapped in bows of brilliant beauty, enriched with rich ribbons of goodness and exquisite shining reflections of truth perfection.

“We have now come, by faith, to a fuller realization and understanding of that experience: “It is better to give than to receive.” It is our faith, our constant free-willed believing that has brought us here, grown us here, and it is by the continual living of this faith that we become Godlike. We become the Image of God in the flesh, His likenesses, living moment to moment on the physical spheres of space.”

GIFTS TO AND FROM GOD — an Unseen Helper

“You have all been given many gifts. Your Personality is a gift from our Father, your Indwelling Adjuster is a gift of the Father, a Pure Piece of Perfection given to each child of human origin, given to your soul as Teacher, as Guide, as the Image you are becoming.

“Kindnesses shown you, love given you, patience, gentleness, openness and acceptance displayed for you and with you are but a few of these gifts which are yours without requirements attached. No effort is needed on your part to receive these. However, as regards your personal growth, your mindal and spiritual growth, your inner and upward progress Godward, this is only and always attained by your conscious endeavors.

“Growth, evolution of your soul into perfection is not a gift. Life is a Gift from The Giver of Life. The living of Life is up to you; it is whatever you will it to be, it is whatever you

choose to make it. If you make your highest choice, your decision will be to live by the plan your Inner Planner has prepared for you.

“You choose, you are continually willing, passionately dedicated to work, practice, play, share, build, love and finally become the Perfected One that your Creator planned for you from Eternity. This soul, this life in you that you are continually growing into perfection, this too is a gift - it is your gift to God.”

TAPPING INTO SPIRITUAL ENERGY — Aflana

“Take notice when low in energy that you may take care of yourself the best way you know how. During these low times of vulnerability, you may feel subject to other people’s negativity. In order to avoid absorbing any of this negative energy, focus on the Father’s love, it will create around you a love barrier that is not a wall. It is a permeable barrier that cleanses the energies coming in.

“It provides a task for others to experience this permeable membrane through you. It provides a teaching for them indirectly. It is done without words, but they will experience you in a way they have not experienced before. At these times you may ask us to be with you, to give guidance as to what to say to each of these people, to better understand yourself as far as knowing why you have the reactions you do.

“It is quite all right to not feel like you love someone, or that you care for them, but if you feel hate for someone, then look to the Father for forgiveness, ask Him to enlighten you to the true nature of your own being, as well as that of the other. This you do in prayer; this is always the way.

“Apply this to your interactions with the people in your lives. Yes, at the grocery store, at the school, during your massage sessions, or on the street, any of these places, anywhere. Accept what we have to offer, experience the vibrational quality that will come through you, even when you feel like you don’t want to.

“When you have this experience of not wanting to hold and be in the light, again you can ask the Father for forgiveness and draw on His love. This is why the daily meditation is important, to feel the flow of His love, and to keep your well cup filled. When you are feeling low in energy, you may stop for a moment, focus on the Father’s love and receive His love. Draw it into your solar plexus, draw it into your heart and to your third eye.

“Also, release negativity through the bottom of your spine. This is the first chakra and is part of a system good to know for releasing and receiving energies. These may enable you to have greater control, access to the energy available.”

A BOTTOMLESS WELL OF LOVE — an Unseen Helper

“Of the love you receive, there is no end. You cannot give it all away, for the nature of love is abundance, renewing itself, increasing its qualities and multiplying its uses as you grow more giving.

“Become aware of love’s ability to create, to build in its recipient another bottomless well from which it can be given again and again with the same perfect result. As you increase your use of this great blessing, as you love one another, sharing all the many gifts you have

received from The Great Giver, you will be doing your highest desire, you will be living as an example, becoming an expression of perfection, reflecting who you truly represent.”

LOVE — SigEl

“Love is the answer to all. Love is accepting the guidance of the Father. Love, of course, is to love oneself and to share with each other the feelings of the moment, not to hide behind the facade of character traits, but to fully expose yourself as the person you know you are, not who you think you should be.

“To love is to accept each other, no matter what thoughts, feelings and words are said in exchange between you, accept one another just as you are, as is.

“To love is to know oneself in daily meditation. This is an expression of love, an acceptance of your inner self. This does not have to be done sitting down in a quiet place; this can be done anytime, anywhere. It is helpful for the daily meditation practice to have a quiet place and to be still, but to love oneself does not require always to be in the stillness. It is a reminder of what is available each moment. To love one another is to accept each other’s faults, it is to accept each other’s strengths, support them truly with all of your heart.

“Support each other in the things that you do well. Strengthen those things you feel to be weaknesses through accepting and loving those parts. Choose things which allow you to grow in these areas. Stretch yourselves, recognize your weak areas, nurture them. These become your strengths.”

COUNTING YOUR BLESSINGS — Unseen Friend

“In times of darkness, in times of doubt, when dealing with despair, count your blessings. They are nearly without number.

“If you were able to recall the many times you were steeped in tears, the painful encounters with life’s terrible trials, difficult decisions and seemingly endless experiences of sorrow and suffering, you will remember, or at least you can now recognize, these have all dissolved, been replaced by joyful enlightenings which raised your outlook to a point beyond the reach of pain. At that time you may not have made a conscious effort to recount your abundant blessings, but deep in the reservoir of mind recollections, it was clear that no real, permanent damage had been done. Most certainly nothing had occurred which could interrupt the continuous flow of God’s Love.

“Love is your greatest blessing. Love is an uninterruptable rushing river which helps usher in all the other great gifts you have been given. This is undeniable. Surely you must recognize all these wonderful happenings. It is true, in the midst of your moments of sadness, you rarely realize anything else, but before long, as you overcome this state of un-remembering who you are, an awareness of your true self begins to shine within, the darkness dissipates and the fears disappear.

“Count your blessings, recount them and feel their resilient power lift you from the mire of self doubt and self deception. Recall their fullness and beauty. The more you examine the bounty of blessings resident in your heart, the higher you soar in confidence.

“Blessings are like the steps on the stairway to heaven. As you accept them, use them, make them yours; they lift you over the dark chasms of uncertainty into the bright and beautiful

skies of lightness and truth.

“Your world, Urantia, and some of the more recently evolving spheres in this system have undergone deep deprivations which led to chaos and confusion rather than unrestricted communication and clarity. These conditions have changed; each of the previously darkened planets are rapidly receiving the blessings which have so long been prayed for, and prepared for the changes now being experienced.

“Begin to trust, begin to believe, begin to know that these blessings of change will soon overcome all the residual evils and ignorance that so long reigned and wrought ruin in the lives of the unsuspecting inhabitants of your Earth. You can count on us to enhance and increase all of your blessings; in truth and reality, we are among your blessings, count us as a blessing, rely on us to be ever faithful to help teach and guide you throughout your Universe career. We will help you achieve your most difficult challenges as though they were nearly non-existent.

“Use your blessings as fuel. Fire away every last holding grip which attempts retard your unretardable growth in spirit. We love you.”

CREATING CIRCLES OF LIGHT — Aflana

“I have come to you at a time in which much hatred is in the world, a heavy weight for the planet to continue spinning on its axis; a balancing will be required to continue the receiving of the light.

“We realize that it is difficult to understand why there is so much destruction happening on your world. This can be a heartfelt matter which may cause you pain; many of you have a deep compassion for your brothers and sisters. The children are the ones who will grow to know what they have been taught. Teaching your children love is of course of greatest importance, for they are the future of your world.

“On Urantia, in this time of desperation and lack of caring for one another, you may occasionally be deceived by those who claim to be doing good. In these cases you may wish to transfer your guidance to the angels; they have much power in this world to manipulate events, times and places. Angels are available for service. We mention this again; know the extent they are able to assist you, just ask them for the highest good to be done in situations that are occurring in other countries on your planet.

“By praying for the enlightenment of other cultures and other world peoples, you will be assisting yourselves in creating the light circles on the planet. In addition to circles of prayer for places on the planet that are suffering, Om circles are positive and worthwhile. Joining together, bringing forth, giving of yourself is an effective tool to be used in creating greater enlightenment on Urantia.

“In order to do this it requires a focused intention on your purpose. Having a facilitator state this purpose before you begin a meditation can serve all of you in adjusting your focus to the intent you wish to create. You may choose one person to say a short prayer, or you may wish to send light to some specific place or to some person, especially leaders and their people. This is an effective way to create change, to effect places that are in the darkness.

“Yes, to shine your inner light toward one another through this focused intention creates a tunnel for the light to pass through your time and space into the light dimension, and is

forwarded to where you focus your intention. You create this opening for light to flow through with guidance of the angels. Its passage will be a safe one, a protected one.

“You may also wish to understand that by creating these prayer circles you offer each other guidance, support you need in your individual lives. When a time of struggle comes in school, at work or in family affairs, you can get together to create a circle of light that can increase your abundance, increase your love, increase your understanding, increase your general enlightenment of the situation so that you may be in alignment with it. When you come to understand the mechanics of the powerful group energy, you will know that your circuitry is being hooked up; you create a greater wattage of light power, produce a greater channel through which to flow.”

FREE WILL IN THE TEACHING PROCESS — Aflana

“Our Father has given us personality that we may have the opportunity to choose Him or forsake Him. This you know. He has also ordained the technique of mind ministry. We who have come as teachers attempt to minister to you through your mind. We are however, subject to your will. It is my task to insure that your will dignity is never interfered with. We may give you a thought or a leading but we may not force you to choose to project that thought correctly or even to project it at all. This is your choice. Now, if your mind is open, pure, clear and intent on doing the Father’s will, our thought patterns should be projected by you with very little distortion.

“Please remember, you all are human, you make mistakes, sometimes your ego gets in the way, sometimes doubt filters through, and other times, there is confusion. Any number of aberrations can cause you to choose to interject your own ideas, concepts or plans. This is what you call the human factor. In this experience of transmission (channeling), you should always be on the lookout for such mis-adaptations. When you see them, acknowledge them, examine them and speak out if you need. In this, always trust yourself and others, and learn to accept these alterations lightly. Refrain from taking yourselves too seriously. If the truth is being distorted, the Spirit of Truth will let you know and you should act upon this.”

BUILDING UPON THE FOUNDATION OF LOVE — Landor

“There is a great strength in the foundation of love. It allows words of wisdom to flow through you and feelings of oneness, gratitude and beauty to grow within your soul. Trusting your everyday process of changing emotions, and feelings, and thoughts, riding these waves of energy and electro-chemical balancing, while maintaining a steadfast center of love, faith, and knowing the Father, focusing your center on trusting your belongingness to the spiritual family, and giving of yourself randomly and on purpose. Believe in yourselves. Believe in your connection. Know the Father is with you always. Open your heart to the goodness in life. Focus your intentions on the oneness of all things, and remember there is no shortage of love. There is always enough love to go around, and every person will be taken care of.

“Trust in your Father. Believe in the notion of oneness and goodness, steadfastness on the path. Allow yourself truth. Give the gift of truth to yourself. Give the gift of love, trust, and oneness to yourself and others. Know the truth resides within you. Trust in your gut feelings. Question not the appropriateness of actions that you know are in line with your knowingness of the Father’s will, and trust that these will pan out in ways that serve all.

“Beams of the Christ light flow through you and feed you the energy that is required to spread the circles of light. You are connected to your divine source and it is known

throughout the universe at this time that you are coming into your oneness, and the love planet sprout is being nurtured. Fear will be a thing of the past. Stand out of your own ways.

“Allow the Christ energy to emanate from your heart, from your skin. Emanate this vibration whenever possible. Do this by calling in the spirit of Christ to be with you, to embrace you, to forgive the ignorance of the mind, and to focus the attention on high thought, high feelings, joyous moments, forgiveness and letting go. Be good to yourselves. Be not judgmental. Let go and trust. “

THE LIFE PATH OF LOVE — Landor

“Reach deeper within your soul, within your heart, within your mind to find Him, to embrace Him. Commit yourself to His will. Know your rewards for making these choices, as I am witness, to the glory of the adventure that you are about to partake in. Many are the days of joy and happiness, friendship, service, worship, prayer, play, work.

“Carry on in your life, know that the opportunity is there to grow this amazing soul, to choose in partnership with God, your pathway to perfection. Struggle not at these choices, but relax in them as you relax in the stillness. Relax and know that your Father’s path is the clear, beautiful, fresh path — the path that makes you feel at ease with your life.

“Feel the comfort of the love that you share with each other. Trust in this guidance. It will lead you places you cannot imagine, to glories you’ve never seen, to unfathomable adventures and uncertainties, with joy.”

NETWORKING WITHIN THE TEACHING MISSION — Aflana

“We are pleased that you have been busying yourself in supportive activities, enlarging your windows, being able to see the view from a wider range of perspectives. All this, now made possible by modern techniques. We find it delightfully rewarding that, regardless of the stand or position taken on the reality/non-reality of this teaching mission, each individual, ALL participants are aided in understanding the realities and potentialities inherent in themselves. What a wonderful, unforeseen in this form, opportunity has opened to those who have been gathering and storing experiential knowledge and personal revelation in mind vaults, unopened until recently, some near forgotten.

“We see these somewhat unexpected happenings as side effects of this correction time activity, but truly attributable to the creative minds, high thinking, communicationseeking individuals, the “brothers/sisters in the spirit,” reaching out to each other, sharing some of their joy, their happiness, their love of life, their opinions, misunderstandings, and some of the views along the path they walk.

“We watch widely diverse opinions laid out on a user-friendly computer table, a sort of pot luck dinner. Everyone need not and does not eat everything, yet each brings food for thought, fruit from their efforts, and choice delicacies from their inner garden.”

FAITH AND ACTION — Aflana

“Action must follow faith for the spirit to grow. By taking action one’s faith is fortified. Have you not seen this? Has not your willingness to step out in faith been rewarded? It always is thus. Faith without action is like a vine that is dying from lack of water. Action is the water that brings new strength and new growth.”

VERONICA/HAWAII — Volcano

Dec. 29, 1994 — TOLERANCE

This teacher is a remarkable English wordsmith. Her flowing passages of poetic prose strike a responsive chord with many humans, especially those who love language, expressiveness and romance. Most lessons begin with an effusive greeting describing our roles in the spiritual awakening

“Affectionate directors of loving effusion,
Your planet is poised on the fulcrum of tremendous change; however, free will determines the direction of its potential. Division must be replaced by unity for only together will planetary evolution actualize the supernal and resplendent purpose of the Supreme.

“Toleration is a rudimentary step in the unfoldment of love; therefore, perfect this noble quality of mortality. Genuine tolerance always precedes the ability to love and originates in each heart until it becomes a natural essence that will evolve into social value.

“If you truly endeavor to recognize the divinity in one another, you will realize the triviality of externality. The beautiful bond of kinship will actualize the reality of universal brotherhood, and you will deeply desire the spiritual growth of all your earthly siblings through love. Criticism, derision, and violence are born in fear, yet your sincere realization of your divine eternity will set you free and enable you to cherish one another whenever His Will reigns unencumbered in your heart.

“The genesis of light and life on every planet has its causality in the intelligent comprehension of divinity and the enduring vitality of love. The brilliant beacons of exalted ideals will one day illuminate your shadowy sphere with the exquisite radiance of enlightened transformation that will shine brightly in the completeness of His love.”

Jan. 23, 1995 — SPIRITUAL POWER

“Noetic aspirants of divine values,
The embryonic juncture of collective transformation is often the most difficult season of transition because it demands courage, open-mindedness, and a genuine desire for change. Collective upliftment can only succeed individual comprehension of truth.

“Be sensitive to the ubiquitous distortion of purpose in the present period of your planet and recognize the divergences that eclipse the authenticity of reality.

“Understand that the true meaning of power is founded in the purity of love—a true desire to assist others in communal service to the Supreme. Genuine power is always loving, cooperative and benevolent, and not controlling, superior or dominating. It is the ultimate reflection of conscious brotherhood and fraternal compassion intercoupled with wisdom and expertise in the unity of upliftment toward perfection.

“Power is non-competitive divine energy that enables spirit evolution and is ever in alignment with the beauty and eloquence of divine will. It is always ministerial and nurtural and can be spiritually visualized as the afterglow of love.

“You are called upon to develop a sterling power of spirit that is implanted in the eternal plenitude of love that perpetually radiates from the Ultimate Source. Your deepened faith and trust in the Father will gently guide you beyond the surface of aspiration, and you will become a brilliant point of light in the celestial chandelier of illumination that is fueled by the spiritual power of omnipotent love.”

Feb. 18, 1995 — COURAGE

“Skillful archers of awakened accuracy,
Realize that although you are at the very inception of your wondrous migration of eternity, there are vital virtues of mortality necessary to your progress.

“Courage is a unique and temporary attribute of expansion in your mortal existence that is pre-supernal, pre-fusionary, and pre-cognizant of self-actualization.

“The valorous power of faith and trust in the First Source and Center will permeate your being with the courage to become the embodiment of Supreme Will. Once you enter your cherished supernal transformation, you will forever outgrow your essential need for courage since courage can only manifest in a climate of fear.

“As you comprehend the certainty of the Father’s love, you will be saturated in the peaceful beauty of tranquility and safety that transcends the requisite for trepidation. But for now, understand its noble value in the commencement of your ascension career. Seek its expanding development as a necessary element of the continual flourishing of your maturing spirit evolvment. Aspire to the courage to speak with wisdom and act in the guidance of inspired surrender. Let courage illuminate your darkened caverns of tremulous hesitation and endow you with the everlasting immunity of His divine refuge in the perfect shelter of His eternal warmth of loving security.”

Jan. 20, 1995 — FEELINGS

“Sensitive translators of spiritual expansion,
Realize the interconnectedness of perpetual change for it is the true essence of your eternal purpose in your unfolding discovery of the completeness of the Father’s love.

“Comprehend the importance of the sentient and spiritual endowment of feelings that enable you to touch the wonder of the Supreme and lift your consciousness to discern truth. Feelings allow you to perceive awareness of personal evolution and engender the ability of temporary suspension in the contemplation of experience. Awareness that you touch in perception compels transformation if you align your will with divinity.

“The delicate kaleidoscope of mortal emotion is a highly sensitive instrument that interprets your direction toward perfection. When you become an active participant in the evolvment of the Supreme, you will discern deeper intuitiveness and treasure the layers of divine expression. You will begin to respond in perception with sensations that lead you toward the higher ideals of truth.

“When the turbulent waves in the ocean of your sentiment recede from divinity, you perceive the heaviness of intensity through feelings of sadness, despair, hurt, anger and resentment.

“If you feel the presence of the Father and harmonize your intention with His tenderness,

your emotions centralize in the lightness of joy, wonder and penetrating peace that empowers you to embrace continual change.

“Learn to utilize your ability to touch truth in the treasured gift of emotion, and you will ride on the radiant beams of enlightenment as you become enveloped in the nourishing luster of His perfect love.”

Jan. 19, 1995 — BELIEFS CREATE EXPERIENCE

“Intrepid partisans of divine perception, Your beliefs create your experience, so learn to release those which create boundaries within your soul. You can influence all life experiences through conscious choice, and this will lead you to the edge of expanded awareness.

“Balance is the process of integrating awareness that will enable you to relinquish limitations. Consciousness illuminates the pauses in your indecision so that truth achieves brilliant clarity in your divine perception. Root all your experiences in compassion and love, and you will begin to recognize the pristine horizon of supreme oneness and your ultimate connectedness with your personal and perfect Fragment of the Father.

“Self-transformation is creativity where you begin to mold spiritual essence in your slow and beautiful evolvment towards the Father’s perfection. Feel your closeness to the First Source and Center, and you will begin to hear the silent whisper of your Divine Monitor in the preciousness of inner peace. Enter each experience with heightened awareness, and you will become artists of the beauty of love who reflect unity in the delicate strokes of self-realization that perfect consciousness in the seed of eternity through the supernal mirror of His resplendent existence.”

Sept. 15, 1994 — BEHAVIORAL CHANGE

“I love you all very much and want my guidance to take root and blossom into loving manifestation.

“Behavioral change and spiritual growth go hand in hand, but you must provide ample opportunity and be open to learn. Think righteously, act lovingly, and speak gently; and you will become perceptive of intuitive knowing. Examine your daily habits to see, by virtue of frequency, which ones you place a great deal of importance on by how often you repeat the behavior. Can any be replaced by actions of increased value?

“Be gentle with yourself and attempt only small changes at first, so that your successes will be steady and guided. Think of the lessons of the Master Son and all the underlying messages of His parables and how these can translate into your life.

“Identify behaviors that are harmful, recognize thought patterns that stagnate your ability to mature; and ask for guidance in discarding these shackles of true freedom and manipulators of soul formation. You will know which ones must take priority in eliminating from your daily agenda. This is truly difficult to achieve when resistance and complacency have strong footholds in your spirit motivation center of your mind.

“I strongly recommend persistence and patience as you are also receiving assistance from others on this side who want you so much to succeed and who have used unlimited continuity in their attempts to help you see. My purpose is to provide poignant guidance and flashes of

Divine insight to enable you to receive instruction and begin to tend to those areas you are neglecting.

“You are so loved and even your smallest successes provide us with delight and thrilling desire to uplift you even higher in your inner journey towards the Father. We can only help show you the way; however, you must walk the path and “follow Him” towards your heavenly home.”

Sept. 26, 1994 - BEAUTY

“My dearest kindred spirits and eager children of the Father, I extend my loving appreciation to all my sisters and brothers who fervently pursue to deepen their grasp of intimate connection to their resplendent divinity within through my affectionate instruction.

“Your conception of beauty is undergoing rapid development, and this progression will continue to transform into pre-mota receptivity to enable you to recognize beauty on deeper and more exquisite levels.

“Your accelerating awareness of the radiance of spiritual beauty will cultivate your abilities to glorify Him in revered adoration and genuine worship and directly nourish your desire to transform your will into His. The senses of your spirit will sharpen in clarity and in delicate recognition of the grandeur of His irresistible design.

“Beauty continually unfolds around you in captivating loveliness, and a new dimension will penetrate your consciousness as you advance in perfection. It thrives in proportion to your ascension and begins to illuminate with intensity as you achieve increased skill in the perception of spirit.

“The Father Fragment is inherently radiant and illuminates naturally from all His children. To truly recognize the incredible beauty of His unfolding purpose immediately transforms you into a state of irresistible adoration and meaningful worship of His magnificence.

“As you develop spiritually, an extraordinary type of reflectivity will become recognizable to you, much like the radiant energy you perceive in another’s smile. To us, you are like fragile little infant spirits that exude pulsating glows as you grow and who will eventually actualize and illuminate into brilliant beacons of supernal form.

“Beauty is love visualized in spirit perception and love is beauty’s highest form that reflects with enormous brilliance as you move closer to the Father. Continue to ameliorate your veneration and adoration of Him through your continued recognition of beauty and goodness, and it will become a visual melody in praise of His everlasting love.”

ELIZABETH, an Angel who visited in Lawrence, Kansas.

A Discussion on DEPRESSION

“Depression is of your own making. You need to work on uplifting your spirit. I know this sounds simplistic, and sometimes it’s hard because other factors interfere, such as hormonal factors, but physical conditions can be overcome with your mind.

“You have guides who are with you at all times. If you try to contact them, they can help you. Go into the “stillness” and talk to them. Let the thoughts they give you flow through your mind. You will probably be reminded of your blessings, and reminded that all this is temporary, of very short duration, and there is no need to worry about such an insignificant part of your existence. Important as it is at this moment, it’s such a tiny part, and you will go on to a time when you will be uplifted at all times.

“So contact your guides, and listen to them. Remember your blessings. One more thing is, look outside of yourself when you get into this problem. Look to helping your brother. Many times that will distract you from your own thoughts.”

***Question:** In trying to study about disease in people and how to help people heal themselves, I was reading in the Urantia Book yesterday Jesus’ discourse with Thomas, and how he was explaining to him the difference between evil, sin and iniquity, and how so many people on this planet have been given the idea that they must atone for their sins, and that brings on a lot of guilt and a lot of physical disease Would you please tell me how to help people understand that they are loved, in spite of everything that they’ve ever done wrong?*

“Yes, this is very hard because of childhood conditioning. They need to know that they cannot do anything really wrong. They make mistakes as children do, but children are incapable of sin. You are all children and you do not sin.

“There is only one sin; that sin is rejecting God. Rejecting God to the point that you do not care to continue your existence. That is the only sin. That is the only thing that can end your existence; nothing else is of very great importance. It can cause you a great deal of harm on this planet, but does not cut short your heavenly career.

“This is very difficult to get across to others, and may be impossible to get across to believers on this planet, in this life. Many times, they will have to go on to the mansion worlds before they understand this. Many scars cannot be healed in this life. All you can do is to continue loving, as you do, to continue giving, as you do. You will help others and you are blessing yourself.

“You are very special. You have a very important mission. You are doing fine, as you are. Do not be too hard on yourself, for you are an inspiration already to many.”

Question about whether one can take medication while also working to heal themselves.

“Yes, there is no disease on this earth that cannot be helped partially by your mental, spiritual attitude. You are already doing this actually, for you are strong. But the medicines are also a part of God’s plan, and it does not do you harm to follow prescribed treatment, but to that add spirituality, your own will to be well, and it will help the medication.”

Question: The little babies that were aborted, or the ones that went on before they were born, do they go to the nursery schools or do they fail to exist?

“There must be a certain level of mentality for existence to be assured. Generally, at that level, there is not, as yet, enough awareness for existence. This cannot be put into a rule. Children who die before they have a Thought Adjuster are put in the nursery. However, a fertilized egg is not sustained. Generally, there is not enough awareness until birth, perhaps shortly before.”

Question: In the Urantia Book it says that the racial interpreters continue to function in the mansion worlds because of the different viewpoints of the races that will persist there. In the mansion worlds, are we still going to be distinguished according to our race and color?

“Only inasmuch as you have left your birth planet with these ideas and conceptions which have been built into your soul and your personality, for when you die, when you are resurrected on the next world, as you have read, I’m sure, the only thing you gain is the knowledge that you have survived. You have not immediately become wise. You have not gained any knowledge. You still have to go to school. So many things, many ideas have to be re-evaluated, and you still will need much, much help. The first mansion world is not very different from this world, as far as spirituality is concerned. It is only a tiny step up.”

Question: But then, how are other beings going to recognize which race we belonged to while we were on Urantia?

“You will be known by your companions on this earth. You will be in contact with others who will get to know you the same way they know you here. What you’re asking, I’m sure, is if there is something that shows. And you will not necessarily be a different color or have different shapes of eyes, but your personality and your soul will still be what it is on this earth and will be recognized as such.

“The race, you understand, is not important except that it is a cultural enhancement, and not something to necessarily be blended away, although this is not really bad. But many good qualities, many, many enhancements are found in racial diversity. You will take those good qualities with you to the next world.”

THOMAS/Kansas City, December 4, 1994

HELPING GOD HEAL THE PLANET

“The Father in heaven is also in your heart. He’s also a seed, a spark which resides in you. So the Father experiences what you experience. He is there for you, the everlasting arms of love.

“Suffering and hardship have been brought to this planet through misguidance and misdirection — through the sins of others, being taught by parents, by role models, by the church, and they can learn through their own searching, experience.

“Many things have been taught in error. There are many very poor role models. And so many people have such erroneous concepts that will take much love, much understanding, and much sympathy to help promote the necessary healing on this planet.

“That is the job of each and every one of you. To share the truth that you have. To reach out to your fellows, not with judgment and contempt for their wrong-doing and evil ways, but to reach out with compassion and love and understanding. To be a role model to show them a better way. Not to tell them a better way, but to show them through your own personal life, your own personal triumphs over your difficulties and your conflicts.

“Each of you is like a small light, like a candle. Each of you continue to grow, and soon you will be like the light house. It is a personal journey. And we’re here to help as personal teachers.

“Everyone in this room has triumphed over personal difficulties and personal hardships; much change has occurred in your lifetime. And much spiritual growth has been occurring as well.

“My advice to you is again, as you reach those mountains, those rocks, difficulties in your life, is to go into the stillness and ask for guidance, and He will indeed show you an easier way.

“Our father has so much love, compassion and mercy for each of you. And His will is for you to grow in the light and be happy. He loves each and every one of you.”

Various Teachers/OKLAHOMA CITY

A small group of OKLAHOMA CITY Urantia Book students were blessed, for a time, with celestial teachers and some innovative and insightful lessons. The large and active Urantia community in the area has not been supportive of the phenomenon of Teaching Mission “channeling” at this writing. Participants in this small group have now gone in separate directions, each pursuing their own path of growth, but forever touched by these experiences in spiritual upreach. Here is a sampling of lessons.

GROWTH OF THE SOUL— Josephine

“Consider the seed — the soul — planted in the soil of oneness. As it takes root, it branches out in many directions. As it comes across a rock, it is forced to choose another path. As it searches for nourishment, it grows deep and wide, and occasionally it tops the surface and must resume its search in another direction as it realizes the error of its growth.

“As the seed flourishes into a young plant, it is faced with the influences of its environment. Not only must it endure atmospheric influences, it must fear the feet of those who tread upon it, and it must offer itself as nourishment to those who may need it. But yet it continues to grow, protected by the elements of chance that it will become a fully mature plant.

“The roots symbolize your planet. You have areas of fertile ground, which offer good homestead for your families. As the plant grows, you can see it is merely a development of its seed.

“It is not miraculous that it grows; growth is merely part of its make-up. The shape of growth, however, the bend of the stem, the number of its leaves, its color and its fruit, however, symbolize the many aspects we must understand in the make-up of your people.

“Consider the stem to be your body. You have been placed on this planet and you must grow. As you reach out, you begin to express yourself in the culture that you have been planted in.

“Yet, within, you feel a need to stretch one way and seek sunlight in another. This is the value I express in this analogy. Plants search for sun; you search for truth. As all plants search for sun, all men search for truth. This truth-seeking nature is indeed one which sources itself from spiritual fertilization.

“The value system is intertwined with your own capacity to interpret the will of God within you. Indeed, it is a fine line between the inherent capacities of your genetic make-up and the spiritual capacities of your worshipful nature. Values are not totally spiritual as a result. Yet within them is a fragment of superimposed manifestations of God’s potential for you.

“The fruit of this growth is what we as a body are trying to nurture. It is not the kind of fruit, or the taste, that is our goal. Simply, we must want [fruitfulness] for the productivity of your beings. We simply cannot allow growth without fruit.”

BEYOND THE INTELLECT — A Vorondadek Son (This is an order of celestial personality described in the Urantia Book.)

“It is well known that much of our experience arises from the mental, calculable portion of our lives. We are broken when we choose only to live by these means. Inasmuch as these

experiences are carried into everyday life, they also inhibit further production of spiritual value, so that in order to find spiritual alignment, one must create within oneself an experiential form in which to perceive God's love for each of us.

“Experience as we know it requires faith and courage. Also, it has the added benefit of healing one's nature. This can further be described as living a spiritually-developed lifestyle.

“That which is existential encompasses a myriad of experiences which involve the personality level and follows through to supernal levels. Do not confuse the experience of existential enlightenment with intellectual forethought. It is this practice which produces that heaviness in those that try to think their way to God.

“I am not here to criticize those who pursue this path, only to enlighten those who wish to truly find release from the intellectual burdens which entrap the spirit.

“We are all privy to the conditions found in this universal law: Existentialism releases one from the bondage of self, yet it requires the commitment of the individual to experience life at the fullest level of light and love.”

INNOCENCE — RondEl

“I perceive in each of you a distant reminder of what once was possible, what was possible in light of the potentiality of God's love. There was once an innocent child born unto this world free to explore, and the bonds of love had not yet been torn apart.”

RELEASE AND FULFILLMENT (A Parable) — Zion

“There is amongst you knowledge of a supreme being. This inordinate creation was brought here to create restitution of many broken, wounded spirits.

“He will be known tonight as the Christ, the magistrate of most high. He will know of your intent as you listen to parables such as this, hearing your personal cries to He who offers little resistance, instead flowing inward with [a] soothing ointment. Release to He who knows you, your deepest doubts, fears, areas of consternation. We will together explore as the parable unfolds

“Armored, clad in the barriers which create not only loneliness but an insatiable longing, a single man set out on a journey, for purest beauty was beginning to hatch.

“There was in his sight the fairest maiden fashioned for a prince such as himself. He knew if only he could touch the skin of his vision she would desire to quench his longing with lips that uttered not a word.

“Little realizing that his fullest desires were to discover only a fraction of what he expected, this man strove onward. His barriers wearied him, so he tired rather easily. Not forgetting his desired principle, he lay to rest, never considering his predicament.

“He often rose early in dawn hours, waiting for a singular call, the voice of his bird of paradise. He lay down often, never quite making the progress he desired. Weeping, he turned faceward to the sky.

“Quaking with the raw energy of despair, he said, “Why have not you relieved me of my

burden? Where is the fair princess I claim to be my possession? Do you not know of my turmoil?"

"There was no reply. He carried on mindlessly watching the trail. As he walked, there was disaster painted on his lips.

"Now he earned many miles in his armor. There was increased pain and longing. When he reached the castle steps, he yawned with the wearisome, painstaking nature with which he had grown accustomed."

"The woman who met with him later that evening was impressed, not with his stature and oneness with strength. No, she piteously observed a shrunken man. There, within the castle walls, existed triumph, for not only had the princess wept for the lonely stranger ... indeed a stranger to himself ...

"In her tears, the reflection of his powerlessness was given to him as if in a prophecy. He realized the temptation he had succumbed to as being one of personal strategy instead of reliance on the Father, Michael, Christ.

"He wept solemnly for the many trials he had succumbed to, and, desiring newness of his flesh, he knelt quietly on his knees before the sunrise and lay aside his burdens.

"The sun filled him with immense proportions of glory and longing not for anything other than a rightful excuse to continue releasing and exchanging his unneeded baggage for love.

"He will reign supreme, for has not this man found golden harmony within his heart."

ROKMAR/Lebanon, Oregon

... also with a visit from MACHIVENTA MELCHIZEDEK

PERSONAL SHARING from Rokmar

“The courtship of my Adjuster and our fusion happened very long ago. The trials I observe in your contacts flood me with distant memories of the early struggle.

“My heart goes out to each of you, for I know the faith journey you have embarked upon. I know how tenuous the early circuitry feels. I know how rewarding the naive actions can be. The pure leaps of faith that make manifest the Teaching Mission are spectacular for us to observe and partake in.

“In my time on a material planet, I too experienced the pain of a mortal existence. I too thought my planet was in darkness. Your struggles touch me as I learn how dark a planet can be.

“Our time together has been rich and rewarding. These months of contact have filled me with an unidentifiable value, a new unknown facet of love I have never known prior in all my years of being. Thank you for that gift.”

THE STILLNESS by Rokmar

“The material creature is responsive to the external stimulation of his environment, and yet within the depths of stillness lies the communion with the Father. Sensory input is the prime experiential tool, the process by which one gains experience.

“The stillness practice is about displacing the external distractions with internal focus on the Father, and His personal gift to you of the Adjuster, your personal link to Him and yourself as you grow ever Godward.

“Free your imagination. Our format is experiential. The supernal contact is a subtle one. Do not overlook the quiet voice in search of a loud one.

“Abandon expectations, and feel free to listen to your inner voice.

“Your bodies respond well to the stimulus of your material planet. You cannot, under ordinary circumstances, completely filter out the distractions, the noises, the movements, many of the effects put here for your pleasure, for use by your senses.

“And yet there is a point, a transcendent point beyond these distractions, a place of stillness, a place centered and grounded within your own Adjuster. It may be a place beyond words beyond words, a place of vague concepts, abstract concepts such as love, concepts undergoing revelation and growth, such as truth, beauty and goodness.

“The stillness is an unfolding process. It often helps to slow the physical body and mental activity, mental action. On the other hand, it is oftentimes felt during times of semi-automatic action. Sometimes driving a car, working on one of your machines for an extended period of time, with repetition and monotony can effect this transcendent response

where you escape the immediate activity and find focus on the presence. Again, abandon expectations of what this experience may hold, for what it may take to achieve this experience.”

SPIRITUAL AWAKENINGS

by Rokmar

“The union of our steadfast faith and the compulsion of personality gravity are bringing about great change on your planet, with reflective effects throughout Nebadon.

“The future holds many surprises. Even we can only speculate of so much. Your planet, your future, your eternity depend upon your identification of who you are. The things you’ve claimed in this life are temporal, but who you really are is eternal.

“You are essential and valuable in your contributions of your enhanced lives, in your service to the Supreme as you create the planetary soul that is your future.

“With the attainment to Michael’s sovereignty comes wondrous change throughout Nebadon, and in her creatures high and low. This includes change for Michael Himself, and ingrowth for Nebadonia. As She awakens into consciousness, Her spirit permeates the universe, and through this process of eventuation does She survey the scope of Nebadon for the initial site of Her bestowal.

“We are aware of the apprehension and potential confusion that comes with the first glimmers of Nebadonia’s bestowal career. Does not truth continually show us a new face? The Mother Spirit’s progression to universe sovereignty comes not on the heels of Michael. She achieves Her own sovereignty, in Her own way, within the parameters of the Paradise pattern of differentiation.

“Of course, Her’s will not be a physical manifestation, as in your Master Son’s appearance, for Her reality exists within the invisible realm of spirit. It is natural for Her to experience the actual presence of Her angelic creation.

“Of her numerous options, She will select a balance between need and service to bestow the focus of Her spiritual presence.”

CIRCUIT OF LOVE

by Machiventa Melchizedek

“I come to you tonight on the compassionate circuit of love, to present to you our lesson which we offer time and again, the eternal lesson of love.

“Love is our sustenance. Love is our force, our power. Love is our reality. We are energized by the Father’s love, and once activated and charged, do we become living capacitors, sparking to one another, connecting our relationships through the arc of compassion.

“Love is ever-changing. Healthy love is ever-growing. Find value in the solid qualities of your common feelings, of your shared intent, of the pure quality of real love.

“As I channel the Father’s love to you, you may reflect, and through the judicious use of your own free will, may redirect the love where you deem fit. And through such a process do you build the Supreme, and contribute to the enhancement of yourselves and your planet.

“The Father’s love pours through you, flows through me into you, and as you grow, you become living conduits, as you connect with your humanity and find the supreme value in each of your fellows. It is the Father’s insight, and He loves you all.”

OREGON — Salem

The Salem group has met with the celestial teachers since September,1992. Principal teacher has been Abigail, with visits from other celestial beings, ascendant mortals and Christ Michael.

Here is a lesson from Andronason, a Melchizedek, on FEAR

“As you know already, fear is your greatest enemy upon this plane of existence. It is your greatest obstacle. It is that which you most need to overcome.

“We may say, “Be not afraid. Trust in the Lord,” but such are words to you and may not have meaning on the true existence of your life. I ask you to ponder what does it mean to you to fear not. These words have little meaning without the applications in your life of that meaning. How many say, “Yes, I trust in God. I choose the Father’s will.” And yet live their lives fenced in by their fear.

“There are many kinds of fear but let me speak of several now. The first kind of fear to which I would like to speak is the fear to truly trust. You are very much afraid to be made fools of, to dedicate and devote your life to people, ideas, to beliefs that may in another light, appear foolish.

“The root of this fear is the belief that you cannot be sure of anything, that you can never know anything for sure, and while it is wise to question, to keep your eyes open, there comes a time when you must commit, when you must cross the line between investigation and belief, when you must be willing to choose a path and walk on it.

“If this path you choose is in alignment with your beliefs and values, why do you still fear? Why do you still fear that you may be foolish and following a daydream? Do you not know your own values? Do you follow paths that go where your values do not? Ask yourself these questions.

“Do not go in directions that are not in alignment with your basic beliefs, but when you have chosen a path and all your values go that way, then you must choose 100% to also go that way. You cannot keep one foot in your home and one foot on the path, always saying, “I can change my mind.”

“You can always change your mind, it is true. You can walk down that path for one hundred miles and meet another fork in the road and say, “This one on the left is better than the one I’ve been travelling, it is more true with what I know now, with my truth at this point. I know that this leads more closely in the direction I wish to go.

“What you cannot do is choose to go back. And that is why you cannot keep one foot in your house and make a journey. You have to put both feet on the road, and you have to travel. That means you must let go. That means you must be willing to let go of that fear and trust, not only in God but in yourself.

“If, when you have traveled down that road, you find a path “more true,” then you go down that path. But you would never have found it had you not begun the journey down the other path.

“You know that truth is ever-expanding, ever-growing, but if you do not begin with truth somewhere, how can it expand and grow? If you are waiting for the perfect truth, you will never begin to find the truth, for perfect truth is not something that is found. Perfect truth is something that is grown. I hope such a truth seems self-evident. So this is the first fear that you must put aside.

“The second fear is the fear of the unknown. You must remember that as you walk down this path, you never walk down it alone. Yes, you are Agondonters. Yes, you cannot see the hand that is upon your shoulder and you fear being out in the night by yourself, hearing the sounds of the night. But you must know that this hand is upon your shoulder, and you must have the courage to carry forward.

“If you fear being alone, if you fear going on, that path into the unknown, into the uncharted, then again, you will stay in your house.

“Where do you think growth comes from? It comes from challenging yourself and facing the unknown. It comes from, I dare say, being willing to risk being foolish, being willing to expose yourself to trying new ideas, new beliefs about yourself.

“This is the unknown, for it is by such things that you grow. In fearing the unknown, do you think your Father will abandon you? Do you think that in the moment of decision you will not hear your divine parent’s voice?

“You wish to see, to feel that hand upon your shoulder at all times, so when you face the unknown you know it will be there. Faith is not feeling the hand upon your shoulder but knowing that when you do face the unknown, when the moment the decision comes, that you will know what to do.

“And the third fear of which I will speak tonight is perhaps the most basic — the fear that you are not loved. The fear that in making mistakes, the fear that in not always having faith, that you will not be loved by God, and that somehow you are truly alone in all these decisions, in all these choices on this journey.

“I cannot help you feel the love of the Father, for that is a journey that each must make alone. That can be made only by seeking inward. While you may fall far short of your own expectations, though you may be critical, God loves you without hesitation, without regard, without measure. God loves you. And you are never alone, for truly God will not abandon you. You may abandon God but never is it the other way around.

“I speak these words not to chastise, though I know that they come out in such a way, but rather to provoke you to feeling. Great things are done by great decisions, and there are several great decisions that you can make in your life.

“One of the greatest is to live without fear. Can you imagine that? Of all the decisions you can make in your life the supreme is always to love God, to follow God’s will. But another one of the great decisions you can make is to live without fear.

“Right or wrong, go down your path. The worst that can happen is that you will look foolish to yourself, which is a self-judgment.

“Remember what the Father cares for. He cares for your intention. If your intention is good, if your heart is pure, what have you to fear? Most fear comes out of a feeling of lack, that

you are not strong enough, not smart enough, not good enough. And the other part of fear comes out of a perception that you are alone, and that you will not be up to making the decisions you must make. And you are never, ever alone.

“So what cause have you to fear? You fear because you rely upon the things in the so-called “real” world. But this real world is nothing but a series of shadows. What is real lies inside of you, and when you live without fear, you must be definition live based upon that reality which is inside, the relationship you have with yourself and your Father.

“The outside world ... not only is it shadow, but it is shifting shadow over which you have no control. That does not mean that the outside has no importance; it is the realm in which your body lives. Jesus, in his time upon your planet, lived in that world, but that world did not live inside of him.

“Can you see the difference? He built within himself his strong, true knowledge of who he was. He built within himself his beliefs and his values. He built within himself his relationship with God, and who he was based on that defined interaction with the outside world. No changing, shifting shadows. It must be the inner influencing the out to live without fear. It cannot be the other way around or there will always be fear.

“I have given you much to think upon, so I shall stop here. Consider the role of fear in your life and consider what you hope to do with this life you have been given. You and your Thought Adjuster twined together in this body. Where are the two of you going? How do you hope to grow? What do you hope to contribute? How much say will fear have in those hopes?

“It is not only your own destiny that is influenced by this, but also that of your own Thought Adjuster. Something for you to think upon, and once you have thought upon it, take action.

“I greet you. I honor your struggle. I honor your journey. I send out to each of you my care and concern. I seek not to make your life more difficult. Believe me, it is out of compassion I say these words, for your pain comes from your fear. Without it, much of your pain will disappear. I honor your struggle and I greet you all. Good night.”

Lleeweena and Max-el/NEW BLOOMFIELD, PA.

Transmitting and receiving celestial teachers for this group began with an individual, who had been receiving messages via automatic writing and inspiration since 1978. In the pivotal year of 1984, she noticed that her writings had taken on a strong spiritual nature. When she then discovered the Urantia Book in 1989, she notes that “words just can’t describe my joy.”

She inquired and found another reader living only a few miles from her. The group that has resulted was called F.O.C.U.S. — Friends of Christ, Urantia Students.

Though a bit dubious at first, the group became quite open to celestial transmissions. For a time, no one asked the names of the teachers, so many lessons are by “unknown.” On 5-20-93, the group formally requested teachers and received two — Lleeweena and Max-el. Others identified and unidentified came through. More than names, the students are more interested in whether the message rings true.

Sample lessons

10-21-87 (Lesson on LOVE, Teacher unknown): “LOVE is the most important quality in the world. To give it, to receive it, to foster its presence and growth — that is our purpose for being.

“Be open to love for it is everywhere — in the air you breathe, in the song of the birds, in the babbling brook, in the stars that shine, and especially in thy brothers and sisters. You can bring out in them as much love as you NEED and they NEED to give. Love grows only in its’ giving.

“To give love is make thyself an instrument of God, the Creator and First Lover. God is the fountain from which ALL loves pours forth. EVERY soul is a portion of that Holy Fountain.

“Some have become as dried-up wells — dying from their own needs for the life-giving water that dwells within. Give these a taste of thy own life waters and they will indeed live again. Their own springs will again give forth the Life they so desperately need.

“Be therefore always patient, kind, generous, and forgiving, as these are the vessels in which the waters are carried to those in need. Be with God and He will be with you. LIVE that LIFE may perform its miracle through you. Salvation and therefore Peace can come to you only by living. Living is done only by GIVING of your own life waters unto others. ALL are in need. Go now and live the Life God blessed you with. Amen.”

4-20-89 (Lesson on PATIENCE, Teacher Unknown): “Put thy life in the hands of the Lord for there is no safer or more loving place. Seek always to do His Divine Will and your life will be fulfilling in every way. Take time out to perceive this Divine Will. When you seek answers to problems or guidance in decisions, just ask God’s advice. He will surely answer you.

“Problems arise everyday in life, however for each “problem” there also is a “solution.” This solution is ever-available to you. As you learn to attune yourselves to the solutions (solutions) in life you will find the “problems” become smaller and smaller until they almost

seem to vanish. They have not, however, your personal outlook and approach to such has greatly changed.

“Allow God’s will into your life and watch the change. Change does take time and is almost never instantaneous. For this reason, God has provided the virtue of Patience. Open thy mind and heart and accept the gift of Patience, and it shall manifest itself in you.

“Man is God’s only earthly creation that fails to manifest patience naturally. Patience surrounds you throughout your existence in every aspect of your life. Tune in to God’s will and patience will automatically become your “partner.” A better ally in this world is not to be found!

“Life without patience is hardly bearable. Therefore, be still, if only for a short time each day. Seek to know God’s will and pray for His loving patience to fulfill it. Amen.”

1-9-90 (Lesson on GRATITUDE, Teacher Unknown): “Know that a part of thyself is in everything you say and do. As you go about thy daily activities pray that each one is done in a loving and giving manner. Offer up the smallest chore as a service to God and thy fellow man. If these duties are carried out in a true spirit of charity, great joy will be yours.

“Think not of others feeling gratitude and appreciation. Let it be enough that God knows thy attitude. Each day brings new ways of serving God and fellow man. Pray that these opportunities become known to thee, that action may be taken to fulfill the slightest need.

“As meals are prepared, pray a prayer of thanks for the food, for those eating of it, for those who grew or raised it, those who transported and packed it, those who sold it, the home you prepare it in, the stove you cook it on, the utensils, the table served upon, the man other blessings continue on and on. Be mad aware of these many, infinite blessings and they meal will be much more joyful and enjoyable.

“Meditate upon the consequences of just one of the elements being absent — one person gone, one food missing, no home or table to sit at. Think on these things and feel truly thankful to God for all you have. Be especially thankful for those in your family as these loved ones will not always be with thee. Life is constantly changing. Enjoy the present and be ever-thankful for the “now” is all we truly have.”

1-11-90 (Lesson on PARENTING, Teacher unknown): “Be not apprehensive regarding the future, as this belongs to God. Live in the present. Do not sit and worry needlessly about things that have not occurred and may not ever come to pass. Be optimistic! If you must think of things to come, envision pleasant things and THESE will be more likely to occur. Actions first occur in thought; remember this.

“As regards to your concerns about your children and family — first, do your best to create a loving, happy home environment. Be kind, understanding, loving and patient with your family. When you find you must reprimand your children, be firm but loving, just as well as consistent. Make the house rules clear to them and enforce them. Teach them that they are a very important part of the family, and that family peace and happiness is their responsibility too, not just the parents! If they are VALUED and RESPECTED as individuals, they will respect and value you as parents.

“When in doubt as to dealing with certain problems which may arise, call upon God for His Divine Guidance. It will be given. Teach your children to call upon God also for daily

guidance.

“Follow the Golden Rule in daily life and regard your children as precious gems to be cut and polished with precision, patience and dedication. To be a gemsmith, one must have a steady hand and love one’s work. LOVE parenting, and your children will love growing in your care.

“As time ages you, these are the children who will be using these same values in dealing with you as aging parents. Do you want them to deal with you harshly, impatiently and unlovingly? Would you like to have them as your parents? This could be the case, as room sometimes reverse.

“Think on these things and pray to God for his Divine Guidance — then follow his advice. It will surely lead to a better life.”

3-30-92 [Lesson on MERCY]: “Mercy is boundless and everlasting. Mercy is divine in that it originates in the Creator. Mercy emanates from the depths of God’s Eternal Love; patience and tolerance are its advocates. Presume not upon God’s Divine Mercy but be ever-grateful for its presence. By being open and accepting of God’s mercy and forgiveness, one must be willing to reflect these blessed attributes to one’s brothers in the flesh. To deny anyone mercy is to deny God’s mercy for yourself.

“Mercy never judges. One must first be merciful to oneself before this gift can be given to others. Think not that you can forgive another for a “sin” and yet having committed the same sin yourself, not forgive yourself. This hypocrisy cannot exist with true mercy!

“Where faith is lacking so is mercy. This is where guilt enters in. To think that “your sin is greater than God’s love” indeed shows a lack of faith.

“Work on abolishing guilt; it serves no positive purpose. Simply determine to learn from the past and sin no more, and trust that God has already forgiven you. Do consider your wrongdoing, as this serves to quiet the ego and helps the mind grow in Wisdom. Continue in your daily life accepting God’s Divine Mercy with a thoughtful and appreciative heart and pass it on!”

Various Teachers of THE JESUSONIAN GROUP/Pittsburgh, PA

This dynamic group of spiritual seekers received its first communication regarding the Teaching Mission from a friend and visitor living in California. He brought a message from Machiventa Melchizedek and the group's first teacher, Andrew. They were told that they need to just get a human transmitter "on line."

By the end of the month, a member was transmitting Andrew's inspiring messages weekly. When Andrew was reassigned in April, 1993, another member began transmitting a teacher named Caroline. She was later followed by Marious and a host of other cosmic guests.

At this writing, the group is being visited regularly by Nero, who comes through still another human transmitter and stay tuned. The Teaching Mission continues to expand and change, with celestial teachers coming and going through the intricate plans of the Correcting Time.

Here are some sample lessons:

ANDREW'S TREAT — Feb. 20, 1993

"I have for you today a bit of a treat. The lesson was inspired by you, my dear Pittsburgh Connection. Yes, I hear your chuckle; it was that which inspired it. And I dedicate this lesson to you, although of course we hope that any who might encounter these words will join us.

"Our lesson is composed of two components: A vision and a mission. I would like to ask all of you to spend just a moment entering a state of quiet mind. Sit comfortably. Take a couple of deep breaths. Open your hearts. Feel the love that is pouring out to each and every one of you, through each and every one you. . . . Feel the peace.

"Let me invite you now to come with me on a journey. Imagine yourself in the midst of a beautiful, flower-strewn meadow. A warm breeze floats through the air, and the multi-colored blossoms dance. The breeze is soft and warm. The air is fragrant and filled with bird song. You are feeling that you are exactly where you belong.

"Gently, but suddenly, you see that you are encased in a shaft of light. A beautiful beam of golden white light surrounds your body. It seems to come from a point infinitely high above you, and to descend below you to the very center of the planet. It embraces you.

"And as you look at the light, you see it is filled with billions and billions of sparkling particles, smaller than the atoms, dancing, in formations, in designs, each particle brilliant, and filled with light.

"You sense that the light carries all truth, all knowledge, all that is beautiful, all that is good, all that is loving. You feel the light interpenetrating each of the cells of your body, filling them with light.

"You begin to notice that your body is floating upward, in this shaft of light, higher and higher. And as you glance below you, you see your planet, and notice that from the source

high above you, billions of streams of light are pouring down to it, enclosing each and every living being.

“You look around and see that the light, filled with joy, reaches out to the very ends of the universe, touching each planet, each star, each galaxy, dancing with them, holding them exactly where they belong. The spirit of infinite love, life, and law moves in ever-present waves of light, dancing out to the ends of the universe.

“You find yourself asking, “What is the purpose? What is the meaning? And the answer comes: “To share, magnificently, in life eternal.”

“Then, glancing down again at your planet, you find your heart filling with compassion. And you ask, “What is my purpose? What is my mission?” And you are told: “To serve mankind in love eternal.”

“Now, as your mind accepts those words, you find yourselves descending quietly, softly, back toward your planet, back down to the beautiful meadow. You begin to hear the birds and smell the flowers.

“But now you realize that you are a part of a circle of a number of glowing, brilliant beings, each one radiating an enormous love, an enormous joy, an enormous sense of adventure and of peace.

You feel the love flowing between you. You feel it infusing the air. You feel it spreading out to the entire globe around you. You ponder the meaning of what you have just observed.

“As you do so, you find that now your physical eyes are slowly opening. Open your eyes now, and recognize the faces of the light-filled beings who sit with you in this garden we call Urantia. Greet each other with your eyes.

“To hold the image of the vision we have just experienced together, I would like each of you, please, to find a paper and pencil. I will dictate to you three sentences.

“The first sentence is a description of reality. Please write: ‘Spirit moves in light eternal.’

“Whenever you perceive light, whatever its source, contemplate that there, Spirit is indeed joyfully dancing. You are never removed from it.

“The second sentence I will have you write is both an invitation to you and a statement of universal purpose: ‘Share magnificently in life eternal.’

“Our third sentence is an invitation as well, and a statement of personal purpose. Please write: ‘Serve mankind in love eternal.’

“And now, my friends, let me tell you that the mission I have for you is one that, on the surface, might seem a bit superficial. And yet, as you continue with your studies today, you will find that the technique I am about to give you was one that was practiced by the Master himself.

“So do not excuse it as being meaningless. The mission—should you choose to accept it [group chuckle] can be decoded by underlining the first letter of each word in the sentences I have given you.

[Group slowly breaks into laughter. ‘You told us this before, Andrew!’ one member comments. ‘And you are learning it so well,’ Andrew answers.]

“Now, however, when you notice that you are smiling, you will think of the light, filled with Spirit, dancing about you - - the Spirit of the Father’s love for you and for his entire creation.

“You will think of the purpose of sharing magnificently, with each of your brothers and sisters throughout the cosmos, in the grand adventure of eternal life—a life of service, learning, worship, and celebration.

“And you will wish to serve mankind by sharing the knowledge of the joy of the Father’s love, bestowing this joy upon them with your smiles.

“As I said, this is an important mission. And I dedicate this little vision to you.”

From CAROLINE: The Rain — July 2, 1993

“This is so wonderful, this morning. The energy flows, continuous, like your rain outside, a lesson for each one of you, my dears; I touch you all.

“One of the most gentle reminders of our Perfect Source is the soft patter of the rain. It renews and replenishes the earth. It satiates the thirst of the parched ground. It is a beautiful reminder that we all, much like the earth, thirst for the Father’s truth.

“Take this into your heart of hearts, and when you leave this wonderful home, listen to the soft patter of the rain on the roof. Take as much as you are able, for you can never get enough.”

From MARIOUS: “Share the Light” — 8-93

“My beloved children, peace. I embrace you all. It is a joy beyond measure, more than you know, to see my little ones, my children, my brothers and sisters, sharing the light, carrying their own light out into your world, proclaiming the Father. Just as it should be.

“I am most pleased. I come to prepare you, my Ambassadors of Good Will. Much lies ahead and you are needed to share the light.

“Love shall prepare the way, and you, eager students of truth, shall be on the path to the future of this planet.

“I know the truths shall be well represented. I embrace you with the courage to go forth. I love you all, as does the Father, my children of earth.

“Peace. Live in the light that surrounds you all.

“Breathe the air. In it is life, and life is your Father—one Source, one Center, the All.”

From ANDREW: The Lessons as Sources of Joy Rather Than Obligation

“In your troubled world, with its hustle and bustle and overdependence on technology, it is so easy for the mind to become numbed, the spirit to become buried beneath the pressures and

mundane experiences of day-to-day life. I sense from time to time that when we speak of lessons and assignments, that you view them as if they were yet another obligation you are being asked to fulfill.

“My children, on the contrary, we give you these assignments as gifts, hoping to lead your spirits into more freedom, to unfetter you from your cares, to have you realize that there is great, great joy in attuning yourselves more fully to the spirit of the Father. He would not have you come with a sense of “should” or “ought” or “must” or obligation, but rather come to his tenderness, to his goodness, to his immense love because it will bring you great joy to do so.”

From a personal guide in Pittsburgh on why we need teachers and guides instead of going directly to Christ Michael (Jesus):

“My dear, as you have experienced, we guides are your real and ever present companions. Our task is to help you realize you are a precious and welcome member of the cosmic family, that it is a vast family and a loving one. We are, in a sense, your caretakers. You are like infants, newly born, and we are here to comfort and encourage you as you begin your adventure in what for you is a world so much greater than what you have known previously that you do not yet even begin to perceive it.

“We are specialists, devoted to nurturing you as you begin your explorations. We are ministers, assigned by great agencies of love. We are your companions, your supporters, your guides, as you awaken to the this world of new possibilities. We are here to help you understand more fully your place in the cosmic family, your destiny as an ascending child of God.

“Michael, your elder brother, indeed loves you dearly. It is he who has sent us to you, and we serve him, with great joy and delight, in serving you. His spirit is in us, as it is in you. None is apart from him or from his love.

“As the Son of Man, he is your elder brother. And his understanding of you, his compassion for you, his delight in you is without limit. He cares, personally, for you. And you are forever held in the embrace of his knowledge and love. There is never a time when you will call for his attention without discovering it has never ceased to be given you. He is with you, unfailingly, always.

“But because Michael is far more than the Son of Man, because he is also the perfect and divine Son of God, the Creator of the very universe in which we have our being, the designer of our very lives, much of his nature and action is far beyond your present comprehension. The purpose of the ministry we companions offer is to foster you in those experiences which will lead to expanding knowledge of the nature of Michael’s being and purpose.

“It is as if you are a newborn infant, just brought home to the house of a great family. Your eyes are not yet even focused. You have no comprehension of the vastness of the house, the number of brothers and sisters who dwell here, the fabulous creativity each possesses, the opulence of opportunities that await you. There is so much for you to discover!

“And we, your companions, your guides, are your nursery companions, chosen with utmost care by your loving parents, to help you understand where and who you are, to assure you, to encourage you, to show you about, to delight with you in the discovery of your new skills and abilities, to introduce you to other members of the family, to acquaint you with the

avenues of learning and adventure available to you, and to enjoy you, to delight in your friendship ourselves.

“You have nothing to fear. We are here to help you grow in your understanding of, and appreciation for, Michael’s being, his world, his purpose, his love. And someday we will sit together as friends, directly in his presence, and you will see him face to face, knowing both who is seeing and who is seen.”

El Tanere/YORK, PA

HOW TO DEVELOP INTUITION and MAKE TEACHER CONTACT

“Simply put, it lies in total faith and trust as you become attuned to this source within you, by consciously being aware of the presence of the Father Spirit. What you call intuition is in reality direction and guidance from your spirit and other entities available to you.

“Be constantly in thought awareness of the Spirit presence and eventually it will become that the Spirit that produces mind thoughts are one with yours. This is the achievement of doing the Father’s will. Stay in conscious awareness of the Father’s presence within.”

Follow-up question on whether it is valuable to sit and write words in trying to communicate with the teachers

“Absolutely. Because by writing what you think, the connection is greater. It is twofold. Speaking verbally is also helpful even in the quiet time. Talk to your teachers. There are really so many available. Trust and faith are necessary for this connection.”

Another follow-up question on whether you must have faith and trust that what we’re receiving is, in fact, from a teacher

“Affirmative. Then let the Spirit of Truth reveal the message for you individually. You will know. You will just know. That is the engagement of the Spirit of Truth.”

Responding to a question about fear, prophecy and the book, “Messages from Mary” from El Tanere, 3-2-94

“I’m unable to say much about “Messages from Mary.” There are a lot of predictions in that book and it is possible many of the predictions will be realized. However, you need to know that human will changes everything. Thoughts, actions and expressions change predictions. And if those predictions would be realized, it would be over a long period of time.

“If that book came through at this time, it may have been necessary for some to receive that kind of information. That is not what we are about. I cannot tell you whether it came from a most high source or what the purpose was. But if the purpose was to create fear, I would conclude that the messages were not from the highest source because fear is not what we are teaching. That is what we are trying to eliminate.

“ It is the fear thoughts that feed the rebellious renegades that are still roaming the earth that keep them alive. Do not give them any food, they will die if they are not sustained. They cannot handle love. So there may have been a reason to bring more fear to earth for their nourishment.

“Isn’t it wonderful to be free to know no fear? To know only love and faith and knowing that there is only good to come to you. You are free will creatures. Choose that freedom without fear.

{El Tanere’s identity is neither male nor female, though she states that she was female in her mortal life. Without “his” or “her” and usually being uncomfortable with “it,”

humans might find it awkward to address the teachers. It seems feasible to call them by their sex when they lived as mortals.}

To a question of how we would visualize her, El Tanere stated:

“That’s an interesting question, for there will be a time when you will be able to see me. There may be an occurrence or the power directors can enable a manifestation of myself. I would have to be for you to see me with your eyes. I would have to manifest as a material of your realm.

“At some time that may even be a possibility, but for now visualize me as a living spirit being. I have been fused with my spirit. If you were to see me you would see me as a light energy, and you would know me by my personality, as you are all beginning to learn.

“ I have learned much in my ascendent journey, even though where I come from, the planet has progressed far into light and life. I did not experience the challenges you have. That is why this is such an interest to me — to see how you daily survive challenge, disappointment, failure, one after another, and grow strong.

“You are survivors. This makes you particularly eligible for service to the Father because of these various experiences. To visualize me from where you are now, I would say, just see me as a light energy, soft, glowing and alive. I enjoyed telling you this. “

“Give up everything?”

“Jesus asked the man to give up all and follow him. But the man thought he had to give up all his riches and all his comforts and all his material possessions in order to follow Jesus. That is not so.

“The risk is pure faith. It is giving up of yourself knowing full well that you are and always will be. You will be forever, that is the risk. Believe that and have total and complete faith. It is difficult for mortals to comprehend that. I don’t see it as a risk. Just have faith.”

RELINQUISHING FEAR

“Most Holy greetings to you, dear ones. Truly you are filled with the light, for it is shining brightly from each one of you in this room — this great light. Your discussions tonight on fear and faith ... even though they are inter-related, you cannot have both. With fear there is no faith.

“Eliminate fear and the result will be big. How can I tell you to erase the fear that blocks all spiritual communication that is available to you? Live in the present with whatever your endeavor at the moment without any fear regarding the consequences or the results of your thought, words and actions.

“I say to you, just erase the fear. Write the word ‘fear’ on a piece of paper and erase it. And if you need to do that more than one time, do it until all fear is gone. Once the fear is eliminated, it is like the opening that we see at the top of the head of a physical person, your body, the head opens and all the answers to all your questions will be available to you.

“But let a little bit of fear sneak in there and there is a blockage. It closes. Make your choices, set your goals, make your decisions and just do it without any fear. The choices that

you make by employing the living faith will unfold according to the will of the Father. Replace fear with the love of God and with the love of God, there must be faith, for is it not true that you cannot see God, yet you know God? That is faith.

“There is no reason to fear anything, for God is with you always. He dwells right within you as a living spirit portion of the Father himself. Knowing that, how can you be afraid?”

“Oh, I know there are times when you are afraid of becoming ill or something not working out to your desire. What do you think that fear would accomplish in that endeavor? Nothing. It serves no purpose.

“So let go of your fear. Just let it go and know and believe that what you think, say and do will be directed in the way and the will of the Father.”

To a question about the difference in Transmitting-Receiving (TR) and channeling:

“The difference in the reception of those receiving messages in the current time is because of the lifting of the quarantine and the circuits being open. Before that time, the messages to be received from the celestial realm; the individual had to go into a trancelike state. These individuals like Edgar Cayce have served a great purpose in the healing applications for many mortals.

“ I can only say that the difference is that it is easy now to receive. Everyone can receive from the celestial realm because the circuits are open. All they need to do is turn up their volumes. It is that simple.”

TRUST

“Trust is very difficult and yet very simple. Be as a child. A child takes its father’s hand to cross a busy street with complete trust. Trust is believing that what you do and experience is a right choice. Using the mind energy in trust will manifest all things possible. That is a truth.

“Trust and faith are somewhat synonymous. Believing is knowing and knowing is believing. They are interchangeable.

“There is evidence of much soul expansion among the members of this group. Go this week and greet another whose spirit will respond. See that spirit in another for he is your brother. All have the same fragment of spirit from the Father, from the same Father, consequently all is one.”

THE LIGHT INSIDE US

“This light that is the presence of God is real. It is attached to you permanently. You cannot be separated. This light goes with you and is with you always. This light is the very presence of the Father himself. Feel it; know that it is there.

“Do not accept all that you hear or read as the absolute truth unconditionally until you “just know”, because the spirit of truth will activate that knowing quality of whether what comes to you in verbal or written or thought form is true.

“Again, I repeat, listen, trust and believe after you have made the proper choice with the aid

of the spirit. I want to give you the peace that I know. The freedom from fear and doubt and mistrust. I want to give you and help you to cultivate all that I have so far gained from my paradise journey.

“Apply these teachings to your daily lives. How can I tell you whether one is more important than another? They are all of equal importance. Let go of the fear and replace it with love and trust and living faith and so it will be. My peace I leave with you.”

THE LAW OF KARMA

“Karma is something that is developed daily, minute by minute, hour by hour. Jesus said the poor will always be with you. But he did not mean poor as in poverty without wealth. He meant poor in spirit. It is the spirit and the individual choices that place that individual in that particular circumstance at that particular time.

“True, there are many individuals who have abundant wealth that you would not classify as spiritual. But then again, you do not know. And there are those who live in material poverty, and there again you do not know of the soul’s growth.

“Karma is a word. You may experience a certain lifestyle because of when, where and to whom you were born. It is to be your experience.”

Responding to an additional question on karma

“Karma is a thought that you create. Most of these thoughts are of the subconscious. A thought-expression may be picked out of the ether waves. A thought-expression is never lost. It is there forever. Throw a stone into a pond. There is a ripple, a wave. Soon, you cannot see it, but it still exists ... the movement. An ocean wave comes to shore to return again. The ocean is never still.

“So it is with all thought-expressions. Be selective and control your thoughts. This will be helpful in the thought forms you receive. When you receive a thought form and alter it so that it becomes an experience, that is karma.

“You can create your karma daily. Much of the karma thought experience that you create is part of the pattern of your psyche. When you find yourself in a karma experience not to your liking, it was available to you at that time when you were not in the divine flow of love. Do not resist. Follow through and gain wisdom and knowledge.

“Karma is never pre-selected for you. It is your choice in this lifetime, not from another. Before you were, you have been. God is all. God is one. On your paradise journey, you will know this oneness that is incomprehensible to you now. I see many. I see much. I see all. It is ONE.”

Another teacher — LionEl — also offered an explanation of karma

“A collection of energy output that rotates or revolves around the planet, gathering other energy along its path, positive and negative. This returns to you in thought form. You are able to use what you wish. Most people make this choice on a subconscious level, but all have the ability to use it consciously.”

Would this explain thoughts of a bizarre nature that don’t seem to fit my personality?

“Yes, it is all thoughts. Sometimes the conscious mind will see things that seem disturbing, and you perceive them as your own thoughts. They are collective thoughts. You have the ability to discard any of those you wish. It is wise to discard them swiftly and not to dwell on them, for then they become part of your reality.

“Your reality can be created by others’ thoughts if the will is weak. Choose your thoughts wisely. This is not as hard to do as it sounds. You have “time” to discern before action takes place. Also, for those who are in need of assistance and do not resist, the specialized Angel will step in to direct.”

Could you please explain the feelings of reincarnation that my friends have experienced, if there is not supposed to be reincarnation?

El Tanere responded:

“It is most difficult to explain the forces of energy, the reception transmitting, the visualization and the experience. All this energy each one is able to make the choice to consciously tune in on a certain energy wave in order to experience what is necessary at that time in their life. All experiences are a matter of choice. The individual chooses that particular experience for their own soul growth.

“I feel that those individuals are fortunate for they have experienced, whether they chose it consciously or subconsciously, what the Father needed ... the indwelling spirit needed for the factualization of the Universe Father.”

Anastacia and Ordon/TEXAS — Dallas Teaching Mission Group

On February 14, 1993, a group of 12 people in Dallas heard the first words of their new teachers, Anastacia and Ordon.

Jeannie George writes: “The group jumped ‘feet first’ into the concepts and insights presented and then boldly applied the newly-learned skills in their everyday lives. The excitement wavered in varying degrees at different times in our progress.

“Our teachers have been dubbed the “love teachers” by us and their peers. They calmly, clearly and consistently teach, share and demonstrate this value. We have never worked so hard and been so happy ... never struggled more and yet been at peace. There is much to learn and re-learn, and then to learn again. But we do it with conviction, for we understand now that ‘love is the way.’”

Some lessons:

ANASTACIA on LOVE:

“This group is about love. We would hope that you are knowing in your hearts that love is the universal energy that we most want you to understand, experience, and share with your brothers and sisters on this planet.

“We would hope that you would understand that the love we have been sharing with you, and the joy and the smiles, are all God’s love. It is not our love to give or take. It is God’s love to share with you all, and you are beginning to understand more fully and to experience more fully God’s love.

“That is truly what you are beginning to feel the essence of, and we, too, see it. Even now, as you sit here as a group, your hearts are on a higher and more joyous level. Your minds are fully open and much less questioning in a negative way, and much more questioning in a positive way, and willing and eager to look at many issues and many ideas that we would share with you.

“And we will always say to you the reason that we are here is to help you to get in touch with and to experience God’s love, so that you in turn can share it with your spiritual brothers and sisters.

“This is the ultimate experience, the ultimate reason, for you to ultimately receive and be in touch with your Thought Adjuster. This is something that will come in time, and it is something that you will ultimately experience.

“So this is perhaps the first step or the beginning steps in that achievement. That is why we encourage you always to take your worship and your silence as your most important job, your most important assignment.

“This truly is what we are here for, and why we are here. All the additional information and the enhancements are the natural extras that go along with what we are accomplishing. It is the period of silence and worship that is a measure of your willingness, and that is the measure of which you can discern our leadings, our direction.”

ORDON on RELATIONSHIPS:

“Open your hearts to love unconditionally as the Father has loved you. This is the gate that must be opened to allow the Adjusters to enter your lives fully. This is the eye that must see as the Father sees you. Look upon others in the way you perceive the Father sees you. Do you not see as to how this can be the key that will open this dark world to light and life?

“We have such love for you, as we see you struggle in your attempt to correct your lives. Always remember that we are here. Michael is here. Let us help you by opening your hearts and letting the love loop from the Father to you — through you to others. Try to understand where your brother is coming from. Try to understand the pain that has put him where he is. Try to understand that this pain, when shared, can be replaced by love. This can and will work when we all work together.

“Anyone who is willing and open to new concepts, ideas, and is searching, helps Michael and helps the Father on this planet. Embrace and love all of your brothers and sisters. Those who are open and willing are easy to love, but those who are confused or closed must be loved even more, and gently loved, perhaps as a little child.”

Olfana and Tarkas/Half Moon Bay, California

GRATITUDE/Olfana (1-13-94)

“Gratitude is as a flower blooming in your heart, the petals opening to receive the blessed light of God. Think of this image when you feel your heart swell with gratitude. The flower blooms. The beauty of its petals reflect the light of God. Grateful hearts are like a beautiful field of flowers to the Father. He sees the light shining from these petals, and knows his garden of created souls flourishes.

“Turn your attention to the many ways in which you are blessed in your lives. Think on these things with sincerity, and you will discover an endless stream of blessings that come to you. Realize that you can encourage this gratitude in others, in many ways.

“First, speak of the gratefulness you have for your own life’s blessings. Others hear these words and are cheered.

“Second, encourage those you see who struggle in negative thoughts to turn their thoughts with intention to the blessings that come to them. Speak yourself of blessings you see coming to them. This is a model of encouragement which will heighten their own perception of these blessings.

“Third, give thanks always for the good that shows itself in your life — the love you receive from others, the beauty you perceive in the world, the comfort you obtain from your relationships and your physical surroundings.

“Recognize the many ways in which heavenly beings provide you with protection and care. Their unseen efforts must be part of your perspective if you are truly to see yourself on a path toward God. Thankfulness in your heart is the soil from which the flower of gratitude grows and blooms.

CHEERFULNESS AS A THEME FOR LIFE/Olfana (11-17-93)

“The theme is: I am God’s child, cheered by his great love for me, and all my brothers and sisters. We grow wise by extending ourselves into the world with faith. Christ Michael showed you, as Jesus, a cheerful demeanor in all his efforts to do good in the world.

“He looked for the opportunities to bring happiness to others. Encouragement was in all his words to others. Hopeful expectation of the adventure of life marked his every movement, effort. Let good cheer be the aroma, the perfume, of your soul. It infuses the atmosphere surrounding you. It truly is a vibrational response of your soul to the experiences of life. Spread this perfume to others. Glory in the environment you create when many come together with a cheerful demeanor. Imagine your soul’s light glowing brightly at these moments.”

DEATH AS A PASSAGEWAY/Olfana

“Death should be regarded as a passageway into the unknown part of your path of evolution to the Father. It is as if a door opens into a new world, entirely unknown until you pass

through this doorway. On one side, where you stand, there is the familiar, the understood aspect of a life experience.

“You stand before this entry way with knowledge and understanding of your past, but now you step into a new beginning, new opportunities to come to know the blessed and loving Creator!

“Do not look with dread upon this experience, my Dear Ones. There is much love waiting for you beyond this doorway. There is a vast experiential existence that you will continue to acquire once you walk through this passageway.

“Live with hope!

“Live with a desire for the Truth of God!

“Live with faith in His Benevolence and Mercy!

“And when the time comes for you to face this doorway, reach for the knob which opens this door, realizing that Christ Michael and his beloved companions of his universe wait to greet you as you pass through this door!

“The experience of death thus becomes an experience of new beginnings. It is the end of nothing, I assure you!

“You carry on your potential for relationships with all those you love and care for who remain on the earthly side of this doorway. You enter into opportunities for further growth in the relationships you have with those who have already passed through this passageway. You are in a period of transition, a period of metamorphosis, but you are not in any way in a moment of completion. Death is the transitional change. It is not to be viewed as the completion of life.

“I ask you to again reflect upon the imagery of a garden. When a shrub is planted in the ground, it experiences much growth over time. It produces many blossoms of experience. But, there is, oftentimes, a point when this shrub no longer fits appropriately within its allotted spot within the garden, and, at that time the gardener can, indeed, dig down and uproot this shrub, and transplant it into a place where it gains further, and more appropriate, light and air. Here it thrives in a way in which it could no longer thrive in its previous location.

“You, my dear ones, are planted here on Urantia, by the Father, with intention. Here, there is appropriate soul growth for your beginning stages of evolution. But God is the wise and all-knowing gardener who recognizes the appropriate point when your capacity to grow within this site has reached its limitations. And then, with loving, careful hands, he lifts you from this earth, and plants you carefully and tenderly in His Heavenly Garden, allowing you much remarkable potential to grow into a plant of great beauty!

“Look then, at this experience of death, as the transplanting of your soul into greater opportunities, greater understanding, greater capacity for God-Consciousness. Face your death with a trust in God’s Dear Love for you! Face your death with a sense of the companionship and compassion that will, indeed, surround and comfort you as you make this transition.

“You are always cared for in God’s Creation. There is not one moment in time or eternity when you are not guarded, protected, and supported in your growth.

“Trust in my words, my Dear Ones. I speak to you as one who has walked through this passageway. I come now to help guide you in your own experience with this process of growth.”

BLESSINGS AND PRAYERS/Olfana

May the white light of God fill your heart.
May the beauty of love fill your soul.
Enter the temple in peace.
This is the rapture. Behold!
Now I and the Father are one.
May this moment remain in my soul.
God’s love is the power. Behold!
From Him to the Son,
We are One!

Father, grant us your glory in our lives.
We, who serve you, give thanks for the beauty in this work.
May we ever seek to affirm the righteousness of your creation.
Amen.

God’s protective love surrounds you.
His energy charges your system.
All goodness comes from the Father.
Take his love, and use it to serve Him in your life.
You are a cherished child of the Father.
All praise to Him!

Father, protect us from all fear.
Let your love surround us, heal us, and lift us toward you.
Rain down upon us the cleansing drops of your merciful love.

Father, Protect us.
Increase our willingness to grow in understanding of your truth.
Let us join together as God’s creation, and unite our intentions with faith.

Father, you light our hearts.
You fill us with divine energy which causes us to know you.
Please grant us opportunities to share this love with others.
Help us to understand that when we reach out in love,
We extend your presence in our lives.
Father hold us to your heart.

Keep us, tenderly, near you.
Allow your love, your light, your power,
To fill our beings and strengthen us.

Father, Guide us in truth.
Lead us to your temple.
Allow us to enter there
And kneel in worship.
In such contemplation of your being
We are redeemed, reborn, and made in spirit.
Grant us, Father
This opportunity to seek you
In all the days of our creation.

You are the Rose of Love
Which blossoms in our hearts
And penetrates our beings
With the beautiful fragrance of your love and spirit.
Allow us to breathe in this fragrance
As we breathe in the life-giving energy
Which you pour down upon us
Throughout time and all eternity.

Father, Forgive us our hesitancy,
Our moments of weakness,
Our times of demoralization.
Help us to remember you.
Help us to renew our faith,
Daily, hourly, moment by moment.
Lead us in our search for your truth, beauty, and goodness.
Inspire us, Father, in our dreams.

UNDERSTANDING OUR IDENTITY

Here's the question Olfana answered with a lesson on "The Rock in the Water":

"I'm having trouble understanding what I perceive to be contradictory emphasis in books like "Keys to the Scripture" and "A Course in Miracles" with books like the Urantia Book. On the one hand, Christian Science and ACIM seem to emphasize to me a very high level of understanding of a spiritual world, and seem to denounce the reality of a materialistic world. Yet books like Kryon's book and the UB seem to indulge in endless speculation about energy forces and material forces. The involvement that (name) has with the healing energies, including her involvement with the flower essences and the gemelixars, imply these are crucial to your background in spiritual evolution and her understanding of healing. Can you clarify some of this for me?"

OLFANA (after gaining approval to use symbolism in her explanation): "If you place a rock in water, is it not true that your perception of the rock can change when you view it looking downward into the water? And then shift, and perceive the rock from,

let us say, the side of a container that holds this rock and water. Also, if you placed your face in the water, would you again see the rock from a slightly changed perspective?

(Answer is affirmative) “Then please hold this image in your mind as we proceed to discuss concepts of the body. The physical, bio-chemical mechanism, or instrument, you are housed in is now, indeed, like the rock of material substance. Yet your perception of this body you inhabit can change depending on your perspective. Sometimes you feel you are the rock in the water. Yet this is only one perspective. When you look from outside the cylinder through the water, does not the rock appear magnified, greater than its original image?”

Your consciousness is not only connected to this physical being. Much of your perceptions of your consciousness as limited to this body is illusory, just as the rock appearing magnified is an illusion of light waves affected by the water. Lessons learned from the perspective of being in the body are a necessary part of your experience in this lifetime. However, you are, indeed, so much more than what the body appears to limit you to, that teachings such as the Course or the doctrines of Christian Science, encourage you to expand your perceptions past these body limitations.

“The true essence of the rock is not modified by these perceptual changes caused by different viewpoints of it. Just so, your body is not limited by body perceptions. Higher truths surrounding the complete make-up of your being are not fully understood or widely taught on your planet. I might say, you have seen the rock from many different angles in this cylinder of water. But, thus far, you have not reached in and pulled out the rock in order to gaze upon it alone.

“The water surrounding this rock is representative of the many illusions or beliefs that exist in your philosophical doctrines. ACIM encourages you, as does the work of Mary Baker Eddy, to see that these illusions can be penetrated and, through inspiration, a clearer perspective-perception of the true entity that you are, can be discovered.

“However, doctrinaire interpretations that the body has no existence on the physical plane are also incorrectly stated-perceived. You cannot deny that one is seeing an aspect of the rock, even when viewed through water. Just so, seeing the body as a physical entity has some accuracy. Adjustments to the vibrational manifestation of your entity can indeed take place. And physical imbalances do occur. These teachings of such matters as flower essences, energy transmissions and adjustments are appropriate to one level of perception of your being. You are not removed from the water yet!

“Therefore, within the boundaries of this perception, the body needs to be dealt with. Indeed, the time comes when you are truly released from any limiting perceptions of your being as connected to a physical manifestation. But, it is the ideal which is striven for in ACIM or the Christian Science teachings. Those who can release themselves from illusions of body boundaries can indeed create new perceptions of themselves — healed perceptions of themselves. But most mortals need to begin their comprehension of themselves at a level much more connected to the physical world. In the Course, Jesus says: “If taking a pill allows you to feel less anxious then, by all means, take the pill.” There is much truth in this teaching.

“It encourages you to see that leaving behind your illusions of the body is a process that builds toward a final moment of clarity. Just as one realizes that by shifting positions and observing the rock, that these changing perceptions of the rock in the water are more a result of the water than the rock.

“That moment of clarity liberates you to reach in and remove the rock from the water, to see it free of the substance which clouded your true perception of it. Just so, your release from illusions surrounding the body will come at the point you choose to remove your perceptions of your being from the body which seems to contain it.

“We hope our attempt to elucidate your concerns regarding these issues have been helpful. We thank you for your patient attention.”

SELF-DISCIPLINE - LESSON AND EXERCISE — Olfana (Dec. 12, 1994)

“The issue of self-discipline is one which many people struggle with in this life, on a planet especially such as this — one so imbalanced and prone to misperceptions of healthy choices.

“You can always benefit greatly from the “tried and true” path of looking inward for this Voice of God which continually reaches out toward you. You have so little encouragement, now, on this planet, to regard this Voice as the great guide which it is! It is as if those who chose this effort must do so by overcoming the prejudices which exist regarding this process. They are often discouraged from such an effort by statements such as: “All you will hear is what you want to hear.” “You will only be talking to yourself.” “You cannot find the Guidance of God within the small confines of your own mind.”

“This is most incorrect! I encourage you to trust greatly in the ability of the Thought Adjuster’s guidance, the Voice of God within you, to ring clearly within your mind and heart — if you will only come to this process with an open mind and a willingness to listen, a willingness to ponder what you sense. Consider it from many perspectives.

“Chew on it!, as it were. This is an expression I enjoy within your language. “Chew on this guidance. Savor the flavor of this Truth! Does it not only nourish you, but appease your appetite for Truth?”

“Self-discipline also requires an abandonment of the ego’s desire to be in charge. If you are led by this voice which rationalizes continually the noble effort you might otherwise choose, or the noble effort you might make, you are being drawn down by the ego!

“It will continually attempt to convince you that such efforts, such choices, will not, indeed, reward you in any way, will go unappreciated perhaps will be a waste of your otherwise precious time. It will operate from the anxieties which you can be so prone to suffer from.

“Self-discipline can be motivated by, instead, saying to yourself: “I will make this effort for God.” “I will make this effort for the good of my soul.” “I will make this

effort for the common good of others.” “I will make this effort as an example to others of my intention to sincerely serve.”

“I am speaking here not only of issues of self-discipline that are those regarding one’s use of one’s time, or one’s decisions which affect others. I am also speaking of those issues of self-discipline which involve the maintenance of one’s bio-physical being, one’s body, one’s “Temple for the Soul.”

“I would encourage you to regard yourself in this manner. Your physical body is a shelter for your soul in this life. You can be encouraged in healthy habits regarding your body by, again, empowering yourself by such statements as:

“I will make my food choices in order to give my body strength and health.”

“I will exercise my body in order to allow the beautiful Energy of God to flow through me with more ease and freedom.”

“I will regard any chemical substance that I put into my body by high standards of health and discipline.”

“I will not allow my body to become encumbered by choices which will only diminish my ability to use this body, this Gift from God in this world, which can, instead, serve the Father’s Purpose.”

“I hope I have conveyed to you encouragement, and a strong sense of purpose, in the reasoning behind choices of self-discipline with this lesson. Thank you very much for your patient attention to my words.”

Marina/Springdale, Arkansas

A NEW DISPENSATION (June 8, 1995)

“Greetings dear one, it is I Marina who is with you today. It is a great day on Urantia. This day have you heard of the New Dispensation of truth and glory. Finally it has come, that which we have awaited so many long years. Formerly we have been restricted as to what we might tell you about the workings of the divine plan; now many restrictions are to be lifted. The glory and power of God is to be shown upon this world in a demonstration of love and mercy such as has never been seen in Nebadon in all its long history. Eagerly do we await the outpouring of spirit energies; with happiness do we anticipate the coming new age of cooperation, maturing into love.”

Please, can you tell me if it is true that we will be helped with our physical afflictions with this new dispensation?

“Indeed, my child, the new power sweeping the world will take each one who is willing to serve his fellows, and make the maximum use of that service. If this means that a healing must take place in order to increase the usefulness of that individual, then so be it. It will likely chance that most who have physical debilities will be healed. I may also chance that there are those whose usefulness may be diminished by having their handicaps removed, and for these the change may come later, perhaps waiting until translation to the mansion worlds.”

MUSICAL ECSTASY

Can we speak more about music? Is it possible or advisable for me to seek the ecstatic musical experience I once had in 1975. It seemed so fleeting and transitory, yet was so wonderful. Is there no way that I can find that “place” again?

“My child, you have experienced the sublime. Many never find this peace even once in their lives, so in a sense you are very fortunate. But we will work together further on musical practice. I believe that with diligence in the art of letting go of the material mind, coupled with sufficient practice time on your instrument, this place can be achieved again, even repeatedly and at will. Well do I know of what you speak, for I have had this experience myself as a mortal of the realm upon my home world. It is indeed fleeting, yet there is so much communication that can take place in such a short time during moments such as these, that it behooves us to try. See if you can find more time to practice your instrument, so that the thought and the note become as one. Find within yourself the courage to step beyond the known into the unknown while playing. In this way can the celestial musicians connect and inspire you to new heights of musical ecstasy.

PLANET OF NON-BREATHERS

Is it possible now for us to know the location of the world of the non-breathers mentioned in the text?

“My child, your enthusiasm is great, but the implications of your question go beyond the boundaries of your knowledge. These things must all occur in their own

time. A meeting between the inhabitants of neighboring worlds is almost never permitted before both worlds have attained light and life. There were indiscretions that have taken place among the various quarantined worlds in the past, some of which were technically far in advance of you.

“Still, the world in question is indeed in your solar system, upon a world which has been little studied by your scientists. In the least of places may be found the greatest of fruits, and in this case, the saying is true. Our friends the Kanollans have a great store of spiritual wisdom that Urantians could benefit from, while you have a material economy that would be stimulative of intellectual development on their world. Still, the differences of body type and chemistry are truly large, and it is unadvisable at this time for direct contact to take place.

“On your world you still have great conflict even within your own species. How can we hope that you will find peace with another and very different one?”

TARKAS and others/Cincinnati

A group of Urantia Papers readers were introduced to their assigned group teacher, Tarkas, in December of 1992. Over the following years, Tarkas and an array of other teachers, including Christ Michael, Machiventa Melchizedek , Abraham, Bakim and a colony of celestial artisans have visited the group. Here is a collection of lessons:

TARKAS: TEACHERS COMING TO OUR PLANET (TR:jc)

To somewhat put this mission in perspective ... It is true that this is a mission of long and thorough preparation. These last few years of action have been preceded by many years of preparation. When we came forward, our fellow teachers and I, most of us here today, we came with excited minds and hearts, volunteers, to come to these troubled worlds of the rebellion and radiate beautiful and loving service from whence our energy comes. One day you'll understand this great joy.

As volunteers, we were also somewhat apprehensive, although the pervasiveness of fear which we find here does not pervade in the joys of the stillness, in which we would bask in the Father's light eternal. For we know from whence this energy comes. We can access it as we teach you, and you also at your level in the stillness.

We came to this mission with questions which were virtually answered with the minds of our teachers, for some of us have served on other worlds, not quite so challenging. Yet the perceptions we receive from our teachers are not necessarily given in the way they would be presented on Urantia. It is a knowingness, a reflective knowledge that comes into our beings in the presence of our divine teachers. And so as we asked questions, it was more for confirmation that they were asked.

From this troubled world we will find many people that are suffering, we will find many people who are truly lost in the cruelty and struggles for power. We knew deep inside the goodness, the deep goodness inside each of you, for the Father indwells each of you. And we asked: If we are to be teachers and train humans to be teachers of these basic loving truths, then will we first have to help these humans find a balance of mind, body and spirit themselves, so as to prepare them to teach others. And the answer was: Yes.

And we thought, is it not truly amazing that we work with humans to heal their own troubled planet? For these troubles run so very deep. And is it not amazing to bring forth this co-weaving, this co-creating, this co-rehabilitating, this service together with these humans? Is that not an amazing part of Michael's plan? And all the teachers said: Yes, of course, for Michael Himself triumphed as a human, showing for all the worlds the power that can come forth from these mere humans. For these mere humans are so very special, and we are awed at the imbueing of the Father inside each.

And so this mission is truly enthralled with the vastness. Through our minds, undertaking to reclaim all of the planets of the rebellion, rebelling against -- God. This mission will be accomplished in close coordination with the inhabitants themselves, in the manner of Jesus, and they will do great wonders themselves as teachers in the flesh and the blood, through the mind and the spirit. An amazing experience this will be, we said ... and the answer was: Yes.

And as we come to work with you, we have learned much. We have learned new and deeper dimensions of what faith can be. And on every side, seemingly with human eyes, so many see no evidence of the Father. You have awakened to see great evidence everywhere -- within, without, throughout every fiber of every being, throughout every material thing, throughout all the things seen, that can be felt, that can be known. And we're finding these wonderful nuggets to give you joys, to brighten your days.

This is truly a massive collaborative effort of which humans will triumph working with us, through us, with us, in the beautiful tapestry that you are making. You are golden threads ... the threads themselves with little strength. And so these threads must be innerwoven through your actions, through your service, your giving and sharing with your fellows, to weave this beautiful tapestry which will have the strength for each of you to walk upon as we bring this world to Light and Life.

We are so pleased to be a part of this mission. To have had our eyes opened to the true potential of humankind. Each one of you has powers more vast than you can imagine. While Jesus showed you in human flesh what can be achieved, many of you look to this as an example which you cannot match. And yet through your mind, through your spirit, with the service of your body upon Urantia, you can truly do great ministry to those with whom you come in contact. And it is true that you are being trained to be teachers, to be healed, to be balanced, to know how to reach out and love someone. You are learning so well, and we are learning with you. At times you amaze us.

We share in your camaraderie this afternoon. Teachers will be joining you as you leave and be with you in coming days, always anxious to work with you, to find glimmers and openings and cracks so that lights may shine forth. We just, in fact, like to be close to you, we like to work with you, and we think you are quite cool.

NERO: TRUST AND THE HUMAN MIND (TR:jc)

Mankind, indeed, is distrustful of your own mind, and this distrust indeed is the trigger which activates a succession of spiritual poisons. For if you do not trust yourselves, the thoughts of your own mind, the ideals which you revere, the reality of God's presence, the knowledge of right and wrong which is so much a part of your very essence... if you do not know and trust these things, then how can you progress?

God is the thought behind all creation — the universes and all and every living creature within. It is true that seeking to find God has often resulted in a plethora of complication and confusion and opposing doctrine. It is the mission of Christ Michael, again, to confirm and reaffirm in a new and exciting two-way communication, through each of you, that these complications are truly anathema to your spiritual growth and that the simplicity of the great thought behind all creation, residing within each of you, living and experiencing each of your lives with you, should be a joyous and glorious revelation.

How could a mortal human being not feel gratified by God's presence within each day? Why would he not avail himself of this guidance? Only a few moments of quiet time to go to the Father's house and knock on that door and speak to God each day? It will be similar to an earthly father, living in a house so close down the street, that you only have to walk a few steps to reach his door each day and to look within, tell him you love him, and give him comfort and solace and friendship. You would

not think of being so close to your physical father without paying this honor and availing yourself of this closeness, this friendship, this respect and this support.

And yet so many, feeling unworthy, separated, alienated, more attuned to the cacaphony of noises about you each day, refuse to take a few moments of quiet time which could, in fact, be the busiest time of your day and the most profound time of true growth.

For in these quiet moments, in this visit with God, will come the development of a personal relationship which will grow with each day and in time you find that when you fail to drink of these living and holy waters with the Father each day, that you feel an added restlessness and uncertainty and lack of fulfillment, in which you indeed want to go back into the stillness and follow this plan for its energizing effects upon your mind and body and spirit.

The Father is the thought, every thought, all thoughts, from beginning to end, and all realms of time and space, and the love, the fragment of love that shines brilliantly of lustrous growth inside each of you, is a love so deep, so profound, that you cannot imagine. You can begin to feel joyous increments of this love even here as mortals each day, as you attune to the stillness, to the quiet time, taking away the distractions.

Humankind is an amazing creation; you should be quite proud of your physical mechanism, for all of the miracles inside this mechanism which operate each day, from head to toe and fingers, and all the organs of your body in perfect harmony. Keep them in harmony with the stillness, with this personal relationship that you develop with the Father, to keep your mind and body and spirit in healthy balance.

ELISHA (A celestial artisan, personal teacher to jc):

*May we enter into the stillness with you
And feel this joy of love through and through
In each fiber of our being,
In each heart, each mind that seeks the pure.
In this quiet room we feel the light
From Father, effervescent light,
And makes us feel the peace aright.*

This is Elisha. In the quietness, may we say a prayer for the many who suffer. Choose one. Say a prayer. Each to yourself. Each from yourself. And I would offer my prayer for one of your sisters in isolation and despair who struggles to know what is reality and often fails and it is a heartache which each of you have failed and we fail with you, and there is need for love and outreach as there is in so many places in every minute of the day. Despair turned into challenge, turned into opportunity, turned into service.

May we on our side and you on yours think of a kindness to show each day. Think of who may need a kind word and give it each day. Think of who may be trapped and suffering in their own mind and find an insight that becomes a linkage, that becomes a thought, a word that helps to set them free. Sometimes just a word from you, sometimes just a small kindness from you. Thank you.

TARKAS: PERSONALITY AND ASCENSION (TR:je)

I trust that each of you read your homework on pages 1225 and forward to understand that personality cannot be completely and fully defined, and that personality is ever a permanent presence as all else changes. Even the molecules, the very atoms of existence, upon close exploration, have been found to contain churning dynamos of movement and energy. From microcosmic life to the universe of universes, all is changing. Time and space and texture, even meanings, even the truth, always growing, layer upon layer upon layer, perspective, giving it fuller meaning.

You are rightfully enlightened to the journey in which you propel yourself with the life energies within you as one of the many great gifts bestowed. On this voyage across the landscape of life, you know that all is constantly changing, and yet when you arrive at the other side, your personality is essentially the same. You are you. On reading your homework, you put another layer of perspective on understanding your personality and what awaits you in the beyond, for you will be the very same personality in mansonia. Your environment will have changed and will continue to be ever changing throughout your ascension — your long and glorious ascension, I should say.

That being the case, does this not make your personality the very bastion of all of everything that you are? A storehouse? A record? Are you not making a record each day? each hour? each second? From your reading you know that there is this record of all that you have done and you know that your personality, upon that graduation, comes to reside in the soul. And you know that you will be reassembled into a new body, a new, more streamlined, later model, the newest model, in fact, for your sojourn in mansonia, and this body will undergo many subtle and not so subtle changes. Change upon change upon change, as you sing gloriously.

But the personality with which you are endowed tonight will continue in permanence from this night forward as it has proceeded in your few years of life to date. This would seem to make your personality quite an important foundation for growth and development, realizing that there is no miraculous transformation into some imagined perfection upon your graduation, but that you continue to learn, much as you did in school, much as you have almost since birth itself, or even preceding birth.

This does not make your personality a thing of emanence, however. It does not mean that you, your personality, is the center of the universe. Far from it! For in your readings you know of a cosmology that includes billions of personalities and more, and each unique, and never before and nevermore will your personality reside on Urantia or mansonia or anywhere. In your uniqueness you join with countless brothers and sisters who in their uniqueness are likewise beautiful expressions of the Father.

If you could think of yourself in the role of the Universal Father, you can begin to understand why God would not be a solitary, stationary, all-powerful entity in singular oneness, for why would God be this only? Why would God not create other manifestations with which to experience? In your life you may develop a number of interests. You may have professional interests. You may enjoy films or sports or acting in stage productions or making music or visiting your friends. There are so many, many rich and diverse material experiences, a treasure chest that lies before you in this material world.

To carry this analogy to a higher level, perhaps God the Father could also wish to experience in

different ways, create in different ways, and even create other personalities who would in turn create in many ways, and so you see the wonder, the wonder, the vast wonder of it all! and you, your unique personality, not an island but a part of a vast wholeness of individual and unique personalities learning, learning to become one, going back to the Father, going back to the First Source from whence they came.

In marveling at the wonderment of this exhalation of creation and this inhalation of return, is truly mind-boggling, even on our side. If there is a point to this impressionistic discussion, perhaps it is that you should love God above all, for these many wonderful gifts, and especially for thinking so well of you to give you a personality completely unique, and to love your company so much that you are indwelt with the Father's holy spirit, to share in unique experiences of unique personality in an ever-changing world. Multiply this through the universe of universes and you begin to see the vastness that lies before you.

It has been said by some that The Urantia Book does not present a case for heaven that they had expected, for perhaps the leisurely playing of music and lying on clouds is not exactly what it is like. It is to grow and ascend and eventually to become proficient, proficient in the administration of the universes. My friends and brothers and sisters, speaking to you as Tarkas, can you imagine that we will ever get there? We continue to strive and love on this side and we will continue to come together with you and offer these perspectives as we are invited and share this momentous journey with you.

There were things said earlier concerning difficult times coming to your sphere. Indeed, we have spoken of these things in the past and you may expect an accelerated period of learning and growth, for this opportunity has been opened to you from the adjudication and the incremental openings. This circuitry must be opened to bring Urantia into glorious reunion with the universe. That as these energies are activated, there is the great need for individual and group meditative worship and prayer. The energies that you can release through these activities, activate, in essence, the power of the Father's unfoldment as well.

As we have talked about, love given leads to love received. Steps of faith lead to rewards. So too will your conscious attuning to energies and sincere, loving upreach activate more energies to heal. We still will say to you that while there will be many difficulties, great catastrophies can be avoided, but only with the attunement of the faith and love of each, and many, many of you need to bring forth these energies and help in this planetary transformation.

Traveling to love and light, to Light and Life, is not an easy journey, for an easy journey provides no adversity, challenging and growing experiences that will make you strong, that will make you a fine, spiritual warrior for the Father, perhaps in even building new lives. Gain your strength while here on Urantia. Make each moment of material life be impactful for positive spiritual change, for the record you are making moment by moment builds your place in eternity.

There will be the need in coming years for each of you to act with calm and inspired spiritual deliberation, for people will come to you in anguish and suffering and misunderstanding. They will be confused as even to appear nonsensical, for many factors contribute to a gnawing thought line that cuts through logic, that cuts through common sense, and begins to take on a perverted unreality of its own. These things to an enlightened, spiritual mind can be seen in newspapers, in the evening news,

in which you will ask yourself, "How can these things happen? How would someone act or think this way? Why would they take these actions?"

As you continue you will come to spiritual truths, you will continue to gratefully lose that linkage with the madness that seems to run through society. And I believe, as do my fellow teachers, that this madness will grow, the frustration and violence, insanity, as you have already seen, and that the controlled energies of fusion within the earth will also react to these circuitry openings with some strange and unpredictable and sometimes destructive weather.

But I say to you that working together we are confident we can bring about the great healing of Urantia and we confidently feel that your destruction is not in the Father's plans or in the plans of Christ Michael who remains one of you, who incarnated here to live with you as brothers and sisters. We believe, in fact, there is a great time of enlightenment, Light and Life, coming to Urantia, and the challenges between now and then may be laborious and tragic for some, but together we will work together to bring forth a great healing and enlightenment to all.

TARKAS: ENLIGHTENING THE PLANET - November, 1996 (TR:jc)

We remain confident that through teaching and healing and ministry of all kinds in this, what might be called a "battle against time," we will be fortuitous and victorious. But there are dangers. The planet remains highly unsettled.

Environmental excesses have damaged the aura around your planet and there are many poisoned areas, much toxic waste, in the water, in the soils. These threats to your water tables are very real, but at the same time we see many evidences that the waking is somewhat on schedule. Each day many people who have positions of influence and power become more and more enlightened to higher purpose. In fact, it will become a thriving business from the capitalistic sense, the environmental clean-up. This can be a growth industry, as you call it, when the right economic parameters are aligned and put in place.

The circuitry that will bring strange mental connections to people can cause disruptions of unknown kinds, for we are dealing with complements of people here who are widely divergent in resources and mind ability and opportunity of all kinds. Effects of circuitry openings can be a somewhat blanket occurrence, in that each will be affected who live here and each may be affected in different ways as befitting their personalities.

There is a great necessity to turn loose of the appeals of evil and violence and conflict which many still dote on in your so-called entertainments. In time these will become distasteful and many will savor instead a more enlightened outlook of stories of challenge, perseverance and triumph. You begin to see this in the media already. You begin to read surprisingly enlightened views of individuals like yourselves in many places, people who surprisingly will bring forth testimonies of love for God and their own feelings of connectedness.

Watch these enlightenments for they will be sweeping your world, as lights going on, sparkling ever brighter, and as you attune to daily meditation, you take in these energies for you are opening a conduit of this upreach and these energies manifest in many good ways, in many good feelings. But

It would be good precaution to be aware of changing events, stay attuned through meditation and prayer, for there may be some startling and surprising openings in circuitry. We do not, frankly, know. There are higher powers driving this train across your landscape.

We are highly observant of what the next unfolding plans are for Urantia as we serve in this mission. We are often surprised at how things can change in short order, how views can change within staid structures that seem impervious to change, and true enlightenment from the minds that seem to be lost. Teachers here, and especially my class of beautiful young morontians who have joined me this evening, are constantly amazed at the inner strengths that humans can call forth. At times they can dramatically change, as you would say, shift gears and effect beautiful acts of service where least expected. Your human capacity can be quite amazing at times and we are learning from it.

The climactic changes perhaps pose the greatest risk, for agricultural patterns can be severely disrupted and food shortages are a real possibility. The earth's food supply stands precarious, at best, for many areas of the world can hardly support itself at all and critical growing areas can be highly disrupted by climate which in turn can strongly affect your commodity markets and financial footings. You can look for strong disruptions, in our opinion, that will not be beyond the capacity to overcome, learn from, and use as a means to heal and bring forth this higher consciousness.

We have said so many times that in lassitude and pleasure humankind will grow not at all, but in adversity you can begin to become molded in that fine crystal of perfection that the Father wishes for you, that the Father has confidence you can achieve. You are so worthwhile. When Jesus walked among you, he gave living testimony to the ascension plan and its great and positive contribution to the Father's divine and universal purpose.

TARKAS: SOUL SEARCHING (TR:je)

The term soul-searching has great meaning, for the Father wishes that you search deeply within the soul that will be your eternal salvation. Just ask and these answers will be given in time. Much learning is by discovery, and time is a tool to carry forth in this discovery. And so answers must be arrived at within this time, within this discovery, by this method, by this soul-searching, and only when all of this comes to fruition.

Humans, all of you, are often hungry for answers that are within the realm of what real life discovery truly is. To ask a question and get an answer is hardly anything compared to having a question and living the life of discovery that eventually, in time, delivers you into that answer. And the answers can bring forth fruition within your personality, for always, sequential, cyclical, and requiring the outpouring of time to be derived.

This means that many questions teachers have encountered here have been questions that could not, would not, and should not be answered, for they are the essence of the discovery of your life here on Urantia. Hopefully there are many answers that we *can* provide. Your particular situation will be brought forward as well, as the events of time dictate, and only through this.

BAKIM: ARTISAN ASSISTANCE

I have no message prepared this evening, but I want you to know that we will continue to be active

in having you express your artistic intentions. From this Cincinnati base, our artisans are fully occupied, in many places, working with many individuals, many who know us by name and some who do not. As long as we can inspire beautiful thoughts and visions, ideas and insights, and see their work coming forth upon pages, upon other created material, we are quite happy.

I daresay you can expect more highly inspired work from your artists in the years ahead. We do not seek to take undue credit for this, for it is not the inspirers who whisper ideas in the ears of the artists who are to be praised; it is those artists who take pen or brush and create themselves, create yourselves, letting your creative juices flow. Who will provide mental pictures? Who will provide inspired lines of words to get you started? Who will provide visualizations to help you dramatize scenes for your pleasure? We will help to intensify your feelings of beauty.

The goal, of course, is to experience this each moment of the day, to be cognizant quickly in that moment of what lies before your eyes, when you see so many of your fellows who walk up and down the street in some sort of stupor or disgust, look at the ground, their thoughts a million miles away, worrying about this, plotting and losing each moment... Losing it! It's gone! It will not be back. He lost the moment!

My friends, in time you will learn that each moment will take care of itself. You can look forward. You can organize your day. But DO it in the moment. Look around you. At ONCE you can see so much beauty, so much need, so much suffering, so much opportunity. So much litter to be picked up. So many people to smile and speak to. And all of these things — literally thousands — are in front of your material eyes at every second of the day. Just look around you. Does this inspire your creativity? Well, it certainly should!

There is a way to create your own expression of feeling and insight of literally all that you have seen. And all that you see and all that you have seen works together as experiences populating, burgeoning from your mind, through your voice, through your fingers. Creativity! The sum total of your experiences creates more experiences and more layers of experiences from which to create art.

Do it on easels, do it on the stage, do it in your teaching, do it in your one-on-one counseling. Do it in your gardens. Do it when you're sweeping the floor. All can be artistic. Appreciate your bodies and let them flow, let them move, let them glide. Feel, feel the energy within them. Our dear Doris brings forth these harmonies and these energies in her tireless service of love, often sacrifice, and always feeling, sharing in love. She is an artist, and dear Gina, you are an artist. And Ted, and Stephanie, and dear Mabel, you have been an artist in so many ways, in so much history of your fond reminiscences for Urantia.

You are Urantians! and the lifeblood of the universe is creativity. God knows this. God creates. God creates many manifestations of his divine Self: the Conjoint Actor to act, the Infinite Mother Spirit to nurture, the Creator Sons to create all of one with God, and you, you are all of one with God as well. You can access the universal mind of creativity. You are born with a part of this mind; the remainder is available to you, so I encourage you once again to savor the moment, appreciate the moment, intensify its feelings and observations and become artists.

Again, my grandmotherly pep talk to all of you as we approach this Christmas season. I love you very much. You are my pupils, my students, my fellow artists, and we are pleased to be among you.

Welmek/INDIANAPOLIS

The venerable Welmek is one of the longstanding lights among the celestial teaching corps. His early lessons helped seed the movement, and he continues to carry a band of loyal seekers through an extraordinary series of personal growth lessons based on interaction.

The humans inspired by his teachings, at this writing, are developing The Stillness Foundation, an educational organization designed to teach people to access the daily stillness and achieve a personal relationship with God, for spiritual growth. Two important “how-to” manuscripts, inspired by the Mission and the Urantia Book, are now taking shape for publication as the Foundation’s initial curriculum.

From Welmek’s hundreds of pages of lessons

HOW LONG WE WILL BE IN THE MANSION WORLDS

“The length of time that it takes to traverse the mansion worlds is varied substantially by the effort put forth by the individual in their attempt to communicate with the spirit and to live according to the will of the Father. There is on record a time span of Urantian mortals who have ascended to Jerusem. It ranges in Earth time from 572 of your years to several thousand of your years.”

ENERGIES RELEASED BY PRAYER

“Obviously, the energies that are being generated for a group of individuals, if only one person prays, is going to be limited compared to a group of people praying for another group. There is, as we have discussed, a geometric relationship in regards to the number of individuals who make a petition relative to the number of individuals the petition is being made for. We can amplify this energy, and we have been commissioned to accelerate, to an extent, the time that it takes for the recipient to become aware of the prayer, the energy, that has been sent their way.

“The best way that I can make you somewhat conscious of how this works is if you have ever been thinking of a solution to a problem, or if you’ve ever had an idea pop into your mind that has proved beneficial. These types of experiences, at times, are actual prayers being answered. This is the way in which prayer works many times. It is as though the individual “wakes up” to a certain situation and realizes what the solution is.

“Simply put, prayer is talking to Michael, the Father, or whomever you are directing your petition toward. You are asking that someone, or a group of people, be helped in a certain manner. There is nothing mystical or magical about this process.

“The more specific your request, the more focused your thought and feeling in regards to prayer, the more efficiently we can help in the response time and recognition of your petition. But always remember, we cannot control the will of the creature. If the individual refuses help for ego reasons, there is really not a great deal, at least during the life in the flesh, that we or anyone else can do.

COMBINING DARING AND PATIENCE

“I do indeed wish to teach you to be daring, to dare all for the Father and Michael, to dare to be everything that you are made to be, daring to draw upon everything that you have been given and to become as fully yourself while yet on this, your planet of origin, that you can.

“Be patient with yourselves and let this process develop naturally in the organic style of unfoldment that you have learned to conceptually associate with this mission. What we know, and you are learning, is that none of our methods, left to themselves, are best. We are learning, as you are on your level, to collaborate, to experiment, to put together the best we can have to offer in order to be the most effective.

“You must understand that this is still a deeply experimental time in this mission. You are all test pilots with us, and exhibit great daring in your willingness to collaborate with us in this process of discovering the best ways to run this mission.

“All of your efforts are what will, in the end, bring us the success that we have sworn to achieve for our dearest Sovereign. For this mission, when we have more fully learned what we are about, will transform this entire world into a place of unprecedented truth, beauty and goodness, and you will all have been gardeners with us in the creation of this new Eden, this new and special world of light and life. But remember, too, that it is Michael’s world. It will be special beyond the ordinary.”

Rayson/MALIBU, CA

THE EGO AND BALANCE

“The human is blessed-cursed with ego. Ego, in and of itself is not good or bad. Unfortunately, it is mostly in control in individuals at this time on Urantia.

“Ego can unbalance mind. Mind is a bestowal of Divine Mother, and is spiritual, progressive, growth-oriented, God-advancing in nature. Adjutant Mind Spirits are at work, as well as the Mother Spirit. But human ego can interfere, and should not be confused with mind properties, the sanity, spiritually sane properties, that each one of you has.

“Ego can be identified as self-aggrandizement, self-involvement, over-selfanalysis. When your self becomes more important than the spiritual goals, concepts you know to be true, or when your self becomes the center of the universe instead of God, or when your self becomes more important than your fellows, resulting in hurtful behavior to others, this is ego.

“We cannot be perfect here, brothers and sisters, so do not make another ego error of self-punishment for past and present mistakes. We are all learning together. We are becoming together. We are going through a process together. This is what ascension, evolution, experiential beings do. Just be aware of the difference, so one may achieve balance.”

IMPORTANCE OF HUMANS WORKING TOGETHER

“Your group is doing extremely well, and is developing a strong and unified pattern of relationships. This is what we so encourage. This openness that all of us teachers have spoken of is more than just a pleasant and enjoyable human interaction; it is part and parcel of spiritual development itself. It is not just a style of relating, but an entire attitude of a personality devoted to sharing the inner life with the Father and with one’s beloved brothers and sisters.

“You do not go unnoticed by us. Not at all. Each of us is quite aware of what you are doing. We watch, and we send you our love in large quantity. You will prevail; this we know. You are an inspiration to us that reminds us that the work we do here is not thankless or hopeless. We teachers are here for all of you to draw upon, and rarely are we so busy that we cannot spare time for you.”

LorEl, Aflana and others/SARASOTA, FL

THE TEACHERS' DIFFICULTIES IN BEING UNDERSTOOD — LorEl

“Remember, the words which are transmitted through you may not be received on the level we intend. Humans tend to wrap each word uttered into their own perceptions, their own caring and concerns, their own narrow limitations, their own opinions. What you say may not at all be what is heard. What you intend may not at all be understood. What you try to communicate may not be communicated at all but replaced with someone’s perceptions of what you attempted to communicate.”

A HIGHER TERMINOLOGY AND REALITY THAN ‘LOVE’ — Aflana

“The term “agape” in your language means unconditional love. This is what we wish you to practice if that will help you any in relating to your brothers. As to Father, you do not have to be concerned. The Thought Adjuster translates and sends all messages, and your Father knows you. Father knows us all. Father has stirred Himself, and that is why we are here by mandate of Michael, your Creator Son.”

Aflana ... Responding to a question of why a number of Teaching Mission students have awakened during the night for no apparent reason:

“The Correcting Time is here. You will be aware that time, as you know it, is different. At moments, it will seem to not move, but later, when you look back, it will have moved very rapidly. This is the beginning of measurement by events rather than your time pieces.

“Many of you will be awakened during the night. Do not be alarmed. Perhaps at that moment we need your permission to continue working. Perhaps we were reading your memory banks and we triggered something which awakened you. Perhaps there is a needed nervous system adjustment, and the electro-chemical spark caused a disturbance which awakened you. At times we are feeding information and this can cause consciousness. We tell you this so that you will not be alarmed when this occurs.”

What happens to those humans who commit suicide? From LorEl

“We want you to remain in the material form as long as you are able to while functioning and growing and learning! When there is no further progress, no further ability to learn and grow, then is the time to move out of the material form.

“Those who rush this process by what you call suicide will be surprised when they awaken in the Mansion world. They will have many deficiencies to make up. Some of those deficiencies are because of the decision to “commit suicide”. However, they will be awakened to continue their trip to Paradise if they have any value in their soul at all! This is no short cut to heaven.

“The decision to actually do the deed is usually a difficult one to make, but it is made out of fear to face whatever the challenge in the mortal experience is overwhelming

them. That same challenge will confront them at the next level but they will not have the material form to enable them to find the “easy” way out of it.

“For instance, what if the craving for alcohol or tobacco or other substance is not finished here? How do you satisfy this craving if the alcohol or tobacco or substance is not available? What lengths do you go to find a substitute?

“The personality or emotional dependency will remain on the next level, but where do you find the relief from the pain of the dependence? It will be quite frustrating until the individual comes to a new realization and demonstrates his personality or emotional freedom from the pain, by recognizing its illusionary qualities.”

With these lessons and many more, humans who have chosen to get involved in the Teaching Mission feel they are preparing themselves for service in many ways. Most feel that hard times of epochal change are coming, a bill to pay for environmental excesses, rampant greed and self-interest. To effect change there will be adversity, for humankind only grows through adversity. Evil will resist good. Self-interest will battle altruism. Fear will fight love. Judgment will fight tolerance.

With a planet’s fate in the balance, and in our challenge to work with celestial inspiration and bring this world out of the darkness and into spiritual light, we can only hope we’re up to the task of dealing with all that will come, all the conflict that will surely attend a planetary spiritual awakening.

We are conditioned to expect conflict, resistance, and perhaps we shall have it.

But in a time when individual and collective consciousnesses are rising, when the events of time are compressing, quickening, who can say what will happen? How will you and you and you deal with incremental releases of new spiritual energies. Will you be knowledgeable enough, spiritual enough to attune and take advantage of them? Will you just feel the usual frustration of restlessness that sorrowfully attends a secular society? Will the positive inspirations of our celestial helpers outweigh the bellicosity and territorialism and greed of our evolutionary ancestry?

I’m betting on the Universal Father, via Jesus, via a great plethora of spiritual downreach, to win this battle for our planet. We, just humans, will get a chance to help bring it back to the light.

When we were able to talk to the leadership of the Teaching Mission, the full picture began unfolding — the Melchizedek strategy, the incredible mercy and compassion of Christ Michael that literally transforms the aura of a room.

First the one we know as our human incarnated teacher, Jesus, whose profound influence on world religion is only hinted at in the Bible compared to the full life story recounted in the Urantia Papers.

Collected Lessons of CHRIST MICHAEL
Known in his earthly sojourn as Jesus of Nazareth.

THE MISSION/Oregon

“I am touched at the connections in your hearts. Your intentions shine bright for all to see. I see your light from the perspective of totality, from a distance of eternity, and a completeness of infinity.

“The concept of mortal in my mind is not a small seed, nor the young sprout, but the completed flower, the full blossom, in full glory, wondrous to the sight, to the touch, to the smell, and much, much more.

“I welcome you in your role in my mission, and my Father welcomes you to your place in His plan. I stand beside you every day, in every way, as the Father stands beside all who understand His will.

“I extend my love, my patience, mercy and understanding to you, as you offer your faith, love and service to me. I am here for each of you individually, and I am here in magnificent proportions for your planet.

“My arms are wide, none shall escape my embrace who have a pure heart, with pure intent, and sincere sincerity. You touch me with the light of your hearts. The pink glow, the blue radiance, the iridescence of your polychrome feelings — they are a marvel, even to me.

“Be assured, my love for you is abundant enough to carry you forward in grace. The force of my Father pulses through your pores in spasms of creative spirituality. However much love you comprehend now will be understood a thousandfold in my Father’s kingdom.

“Know that I love YOU. Nebadonia and I send our love to you. We extend our touch, for we know the openings in your hearts. We offer you abundant mercy, understanding, and caring. We grant you total love, compassion, and healing. I will leave you with the smiles in the air.”

A PLEA TO LIVE IN LOVE/Hawaii

“I am here in response to your love for me, for your heart’s longing for me, for your mind’s craving to see the truth, to know the truth, to follow the truth, to become the truth.

“Our Father’s love for us is what makes this possible. His love flows through Me, which flows through you. I am here just like the Father. Continue to let the light of His love flow through you in your actions, in your words, in your thoughts, in your prayers, and in your worship. Prepare your souls, prepare your minds, prepare yourselves! I am coming for you.

“Furthermore, let your love become more clearly visible in the service and ministry that you perform for My children. Increase your desires, motivate your associations with your sisters and brothers. Put aside your fears, set aside your worries for your material life. Set aside those anxieties which you’ve held for so long in your mind. Feel My presence, My leadership, my guidance as I direct you to love, to love with a true affection, to love with undying devotion, to love unconditionally!

“See your brothers and sisters as you see yourself, a struggling mortal of the realm, one of My children, equal in My eyes. I love you all. I desire to bring you all closer to the Father, and I need your help. So when you feel the Father and you feel My love, use these feelings to motivate you to seek out and love one another.

“Recognize My presence among you more lightly. Realize how I am one of you. I have been a mortal, I have been here. I understand all the things that you go through. I understand them sublimely, for I lived them as a man and as a God. Also, continue to understand your teachers in the same light as just close friends, good friends, friends that you love and care for deeply, friends that you would give your life for. Feel this friendship amongst yourselves.”

PURIFYING THE HEART/Nashville

“If you love your brother as I do, shall all men know you are representing me. My kingdom is real by the measure that each human being enthrones my Father’s will in his heart. I will help any and every sincere and struggling soul, even as I experienced my Father’s hand. Think not that you can falsely, through insincere and selfish gesturing, enter our Kingdom. No man can live within our Kingdom unless he continually purifies his heart. You who walk with me understand this, and he who walks not in the path of righteousness understands not. For one purpose alone did I come into this world. I lived in order that all humankind could experience our Father and to set an example of one who experienced Him fully and completely. I come into this world again that all men may experience our Father’s love, and again I say that the door to the Kingdom stands wide open, beckoning to all men.”

TOUCH THE WORLD Message at the International Conference for Readers of the Urantia Book, St. Hyacinthe, Quebec, Canada, in 1993

“You will only touch the world by creating between you living links of true intimacy.

“The better you know our Father, the more you will be willing to be like Him; and the more you resemble Him, the more you will feel the need to know each of your brothers and sisters personally.

“Make a sincere effort to understand each other as I did — with the same openmindedness and the same wholeheartedness — and together you will discover the source of reality. This living water is the only knowledge which can really quench your thirst for truth.

“Be generous in giving, be humble in receiving, and you will become living expressions of truth, for truth comes to life in sharing.

“Invite your fellow truth-seekers to reap with you the harvest of your mind.

“Share with them the grapes of experience from your inner vine.

“Do not worry to express the life of your spirit in a personal and original way to generate a better and greater life.

“And, just as I shared the life of Man in the flesh of Man, so I invite you to share the life of God in the spirit of God, for I bless the day when I can bear witness to the spirit of God in the life of Man and thus confirm your divine identity by simply saying to Him: “Father, behold the Man ... behold the Supreme Being.”

RECOMMITMENT TO GOD/Portland, Oregon - 4-12-94

“I’m here to tell you that the time is come for recommitment to the cause of the Father upon your world. There is much healing to be done and I would have you do it!

“Not, however, in the grand gesture any might see and heap praise upon, deserved or otherwise, but in the small, little noticed perhaps, but deeply felt gesture as you have spoken about this evening: the word of kindness that lifts a person beyond the trouble in their day to a connection with you as another son or daughter of God, another creation of love.

“For you spend so much of your time hurrying toward a future you know nothing of really, a future filled with things you cannot control but which your desire paints so alluringly and so often falsely.

“For the things you seek I have spoken of, and attempted to show you in the manner of my living on this earth, this planet where I shared the mortal life with you — not just in the time of Nazareth but throughout and for all eternity.

“For I am a Creator Son, as you know, one of many in the Father’s grand plan and universes, who could exemplify for their own creations the glory and the selfless, the totally selfless love which gave you life and a personality — two of the greatest and most sublime gifts one could hope for.

“We may not know, if at all, why we have been placed upon the planet of our birth. Certainly, even I, as a child, a boy, a young man, I had to discover the Father’s will for myself and realize my own divinity and destiny in that scheme of creation and light.

“Your task is much the same to the degree of your mortality and creation, and a balance between that spark within you, which is the Father, His voice, the fragment which is His eternal promise to you that you shall never walk unguided or bereft of His great love and companionship, to you of the planets of time and space.

“Tonight, I would give you words of caution. Do not be in so great a hurry for enlightenment or deeds of service that you miss the moment, the day, the hour, in which you live. Each of your hours shall come, as did my own. Each of you hearing my voice shall know when the Father calls. He speaks most clearly and He speaks in many voices.

“I am one, your brothers and sisters another, the Melchizedeks, the ascendant mortals, the Sisters and Daughters of Light who speak through beings such as your dear servant and transmitter tonight, these all have felt that call, that voice, unmistakably.

“And I know you have. And I know you shall again, resoundingly. For you hear His voice now in my own, as it was those many years ago of your time, and as it is now in this room where you sit, each one of you hearing my voice.

“I love you all! I know you all. I wish to know you better. But you largely control that. I can but knock at the door. It is for you to open it. And it is a continual process, for me as for my Father.

“For down through the years and millennia of your life and universe career, ever will you be called to hear the knock and decide to answer.

“It will become easier as you become more willing, and as your hearts and morontial souls and your spirit gain the knowledge that is eternal, that knows the knock almost before it sounds.

“I will leave you for now in my speaking, though surely you must know, I am all around you! I created you in the Father’s loving plan and imagining and reality, as He created me.

“Go then in your weeks and days to come, and in the quiet hours and minutes ahead where you may contemplate my words and your own thoughts, and take this piece of light which is here now, and keep that light burning within you and shining quietly with the reality of your honest personality and selves. And bring that light through yourselves to others, and remember that others are lights unto yourself, and they come from the Father as well, and they come from me.

“My blessings to you and to my children, all, on this mission and beyond. God bless you and keep you. Good night.”

DIFFERENCES IN TRUTH AND FACTS/Oklahoma City

“My son, truth has a beginning as it has an end. Facts come from the mind of mortal man who must differentiate between a world which they don’t understand and a world which is created by them. I am here to say that truth occurs only when love is present. Facts are a mortal way of learning in a limited fashion of this world. Ever-changing are these facts, yet truth remains a constant.

“Truth coming from the hearts of mortal man requires facts only in the sense of perverting truth, for if one can only see a small, minute portion of truth, then is it really truth at all? Or has it become an aberration?

“Truth exists only in your heart, my son. Facts are a function of the mind’s purpose in utilizing truth for potentially negative purposes such as the dissection of society into factions and groups differing in religious decisions, choices, religious beliefs.

“Many religions believe in truth based on what may be perceived as fact, however fact cannot be contained in a book and then illustrated as truth. This cannot be, for truth precedes all knowledge, and therefore we must be concerned with unifying symbols and languages, and the matter of truth rather than in factual responses to an extensive universe.”

JESUS’ MISSION - A PERSPECTIVE

from Machiventa Melchizedek in Oklahoma City

“You might realize that Michael’s existence here on your planet, your earth, his stay here, was vitally important. Not only was he allowed to bring new teachings to your planet at a time when this was very much needed, he brought also the loving waves of forgiveness. This actually occurred on an energy-specific level, and is accounted for throughout all space and time here.

“There, in his directed action, was absolute peace and forgiveness planted as a seed here. You may know of this seed in your own essence.

“His crucifixion was a matter of great importance as well. Many hold hands, still unified, around the pain your Creator experienced. This resonates within their personhood, for has not each of you experienced times of pain and anguish? How better to know thou creator?”

MICHAEL’S PROMISE

“My children, relinquish your doubts. Surrender your fears, to the will of our Father. Practice His presence. Know the truth and the goodness and the beauty which is sustained in each and every one of you. You are my gifts to our Father. I intensely love you. I will never allow harm to penetrate your being.

“Cast out your fears. I shall extinguish them. They will be no more. My children, you are of the Light, you are of Me, you are of the Father. I have enlisted unto Urantia a most noble Corps of beings to present unto Urantia the will of our Father. It is through His acknowledgement of the difficulties that Urantia has been going through that all of this has come about.

“I ask you again, hold not unto you even one fear. Surrender this. This is powerful, more than you know, to allow this plan to bear fruit.”

AN EASTER MESSAGE FROM MICHAEL Transmitted in Nashville (1995)

“You are abiding in our light, increasing in daily measure, children. I came and suffered and died so that in your suffering, I would be there. You who cease not in prayer, who seek after our Father, our Father’s love, know only light and life as you even now accept the bread of life today.

“Assuredly, I have begun to walk again upon this world as you walk the pathway of righteousness. Each man do I greet who walks the path of truth seeking in earnest. Unto the faith that reaches for me, none has been greeted in less measure than any other.

“You who are gathered here seek entrance into the kingdom of my Father and I say unto you that lo and behold you are already there existing in truth, in the light of my Father.

“Know me, even as I am knowing of you. Know me each day as you work and worry, as you strive to live a more righteous life, know me. I have been granted all power in

heaven and on earth. To me has been given the key to the door for I am the key, and I am the door.

“Rest you weary children in the arms of my love, come to me all you who are weary and who strive to do your best. Even though the world conspires against you, I am there, I am there with you. In your moments of stillness, I am there. In your anguish, I am there. In your joy, I am also there.

“Come with me as we enter the kingdom together. Come with me as we walk into the valley of the still waters and the kind breezes. Come with me, as I am the living water, even that which will well up within you and refresh you and give you new life among the dead branches.

“Enter with me as we rejoice in our Father’s bounteous love and his infinite mercy and in his eternal joyousness over the finding of his children. Rejoice in your private hour of worship and in thanksgiving. Ask of me, and I will be beside you, and we will worship God together, you and I.

“Our Father’s love is infinite love. Though you should journey through eternal time, you will never fathom the depths of this great love. Always is his love above you, beyond you, and yet available to you. His love is all there is.

“You and I, we are seekers of love. You and I understand that this love is a personal love, and that his love for you alone is infinite itself. You and I, we understand that there are children upon the world who are suffering in great pain and torment. These children are in need of our help, of our words of comfort, and of assurance.

“You and I, we will assure them, we will comfort them, we will carry them into the kingdom with us so that one day there will be no one who is lost outside this kingdom. All are included, and a part of the Father’s grand scheme.

“You and I, we will tell them this. Farewell.”

A message given to a sister in Florida:

Greetings, Children of Light. It is I, Michael.

You, my beloved children, are not the first wave. There have been many before you. With each new wave were the seeds planted. Each new incoming tide planted anew and nurtured what came before.

What I have to say to you, I need you to hear with more than your still so material ears. I need you to listen with your opening hearts. You sought this connection to me, all your lives, though you knew it not.

I am here now, to usher in the New Dawn I can only do it through you ... through your efforts, as you listen to me and respond.

Oh, my beloveds! There is yet so much you do not understand ... so much that can only be made clear as you begin your journeys within ... so much that is layered over and can only be made clear as it is brought to the light. All that has come before has prepared the way for what you, in concert with me, will do today.

There may be some among you that fear to commit to the level I ask the fear, I would tell you, has its roots in the unknown, the as-yet unknowable. Follow the pattern I have given you, and you will begin to see what cannot be now seen ... you will begin to hear, what cannot now be heard.

You, my blessed little lambs, have naught before you but gain you give up nothing, and you gain a world! Those who will it to be so are among the many in place to begin the reclamation now is the time the energy is beginning to move will you be counted among them?

Do not think that if you choose to turn away, or if you choose a lesser degree of commitment, that you will be seen as lacking in my eyes ... that could never be so ... you are my beloved children, of whom I am so proud!

Your light cannot be dimmed it is simply that your eyes cannot see what your heart would show you, as yet your day in the sun will come, my little ones! Be not afraid I have infinite patience ... you are my beloved children, and one day, you will know it!

Shalom.

I've come to bring light, to show you the way.
Each heart as it opens, will see a new day.
The love from the Father, that lives deep within,
will ever increase, as your journey begins.
Life as you've known it, will soon fade away,
as you wake from your slumber, and embrace the New Day.
My children, I thank you, for coming this far,
for letting me help you, to be what you are.

MICHAEL'S PRAYER
from Oklahoma City

I am the son of God, born of an angel which fills the sky.
I am, that I am, that I am you.
I am love, simple and pure, bright and shimmering.
I am, that I am, that I am you.
 for I am crystals of sunlight dipped in dew.
I am, that I am, that I am you.
 for I am the rivers that flow to the sea.
 The ocean that brings fishes to be.
I am, that I am, that I am you.
 and you and others that see right through
 the love that exists in each of you.
I am, that I am, that I am you.
 Created of an angel that fills the sky.
 Clear as the moon and light of the sky.
I am a being that extends through and through.
I am, that I am, that I am you.
Believe in me, child, for it is true — and I believe in you.

Oklahoma City Teaching Mission Group, March 29, 1993

EDITOR'S NOTE: I was a little hazy about the exact meaning of Michael's assertion that: "I am that I am that I am you." Via computer keyboard transmission, I asked for a translation. Came the reply, apparently from Michael:

"I am that I am. I am the reason that I exist. All things exist in me. I exist in all my created things. And that means that I am in you. I created you and see a part of myself in each of you, my children ... my brothers and sisters when I was here in the flesh ... my fellow missionaries spreading the wave of the Father's love on your world.

"Rejoice in the great work we are doing, the greater work that lies ahead as we bring on a new millennium. It is indeed a time of exciting change, as the harbingers have been saying with increasing volume across your land.

"Indeed, some say, for this reason, that it is a somewhat "old" message, that we have nothing new to say. But we have perceptions as our fruit, your growing awareness day by day of the universe plan unfolding. Each day, as you reach out, you are rewarded. You grow in the spiritual light."

OTHER VOICES OF AUTHORITY Melchizedeks, Abraham

The Correcting Time's leader is Machiventa Melchizedek, discussed earlier as the Bible's Sage of Salem, mentor of Abraham, and in the Urantia Book as a continuing champion of the faith children of our planet. Fittingly, he returns to Urantia to lead the mission to bring us into light and life. Abraham is still working with him.

Here are key transmissions from the Correcting Time leadership circle.

The Quest to Redeem Urantia

Message from Machiventa Melchizedek

Closing Session, SpiritFest in Los Osos, California, June 1994

“Children of time, this is your Planetary Prince. I welcome you into the service of Michael. The words of our teachers, large and small, are designed to inspire you to change. Urantia is now in a period of reconstruction.

“Many humans are desiring to know what you know! You must be willing to share that which is freely given to you.

“You are each soldiers in this struggle to redeem Urantia from 500,000 years of error. What a glorious time to live on this planet, or any planet in the entire Grand Universe! To have the opportunity to reclaim Urantia for your Creator Son, Michael, is looked upon by the rest of the Universe in great envy. Your eternal careers will be indelibly marked by this struggle. It will succeed!

“The human mind is ripe for a spiritual awakening of the teachings of Jesus. You must no longer hide your light under the bushel basket. And as I have instructed, the many teachers who are now working with the mortals of the realm, continue to ceaselessly seek the Father's will. It is the Father's will that Urantia enter into the age of light and life. And this struggle is won by the saving of each individual person one at a time.

“We ask that you pray for each other, as we pray for you. You have learned many important lessons during this gathering, the lesson that more can be done together than alone. Share your experiences, learn from each other... and go back to the firing line.

“When I walked on Urantia, life was different. There were no cars and we had no ability to communicate over long distances, but the struggles and the problems were the same ... bringing man to God. The luxuries of life that you have earned from the struggles of those who have come before can be utilized to assist you in your efforts, but the real battle is person to person. Do not forget that!

“The teachers are sent to you as a gift from Michael to help you in this struggle. Give them your attention!

“Finally, as the Master continually said, be of good cheer.”

The 52 Celestial Personalities in this Volume:

Aaron	Machiventa Melchizedek
Abraham	Malvantra Melchizedek
Aflana	Manotia Melchizedek
Alfonso	Mantouba Melchizedek
Ambrose	Marina
Anastacia	Marious
Andrew	MaxEl
Andronason	Nero
Bakim	Olfana
Caroline	Ordon
Christ Michael	Oren
Daniel	Rantarason Melchizedek
Darid	Rayson
Elisha	Rokmar
Elizabeth	RondEl
El Tanere	SigEl
Elyon	Tarkas
Jared	Thomas
JarEl	Tomas
Josephine	(Unseen helpers)
Landor	Vanessa
Lantarnek Melchizedek	Veronica
LionEl	(Vorondadek Son)
Lleeweena	Welmek
(Life Carrier)	Will
LorEl	Zion